

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147



February 12, 2023

Sixth Sunday in Ordinary Time

Masses for the Week

Mon, Feb 13	6:15— Jim Cook+ 8:30— Ashleigh Marie Ralston+ 12:15— Alfredo Gerstl+ & Vincenzo Di Francesco+
Tues, Feb 14	6:15— Scott Reece+ 8:30— Robert F. Miller, Jr.+
Wed, Feb 15	6:15— Al and Rosemary Martin+ 8:30— James McBriarty+ 12:15— Douglas Kendall+
Thurs, Feb 16	6:15— Leonard & Mary Catherine Stevens+ 8:30— Steven M. Hockenbury
Fri, Feb 17	6:15— Nader Tashakkori+ 8:30— Patricia Kollappallil
Sat, Feb 18	8:30— Elizabeth Alexander 5:30— Shiny Alexander
Sun, Feb 19	7:30— Robert Mica+ 8:45— Major General William McGrath+ 10:30— Margie Chavez 12:30— St. Theresa Parishioners 5:00— Irma Garcia De Noriega+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9-9:30am Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Prancee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner, Michael Robertson, Celeste Hall, Donna Caulfield, Ethan Falciani.

Prayers For Our Military: Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, David Lakey, Jim Murray, Keith Bittle.

I Am Embarrassed to Admit It...But I Don't Know How to Pray! (Part II)

When people tell me, "I do not know how to pray," it's often because they waste their prayer time thinking about everything except God. They dwell exclusively on themselves—their past or their future—without dwelling on the reality of God's presence in the present moment. If you're not thinking about God, prayer ceases to be prayer. When you go to pray, do you ever...

- think about past sins...without remembering God's personal forgiveness?
- think about your distractions...without drawing your mind back to God?
- think about your emotions...as if God does not already know and understand?
- think about your upcoming tasks...as if God will be absent from your side?

If you struggle with a sense of abandonment and loneliness in prayer, please read an easy, brief, life-changing book entitled *The Practice of the Presence of God* by an author named Brother Lawrence. It will help you to confront and to correct false notions of God that have kept you from drawing closer to him. In the meantime, here are a few ideas that will help you develop a living awareness of God's presence:

- Know that living in God's presence is learned behavior. You can cultivate it, but it will take time.
- God is always present and active in your life, whether you feel it or not.
- You are always tempted to live outside of the immediate moment. When you do that, you lose your sense of God's presence. Be conscious of God's reality right now.
- Distraction and failure are not problems. You can always start prayer again, immediately. Nothing has been lost.
- Your desire for God ebbs and flows. His desire for you is constant.
- Every thought, word, and action of yours is a choice that moves me a little closer to or a little farther from God. It all matters.
- Every aspect of your life is of immense and genuine interest to God. He wants to "hang out" with you at every moment. Simply let him in.

The key to remembering God's presence is to live "in the now," which is the only place he can meet you. Living in the past (with its regrets) or in the future (with its worry) is spiritual trespassing. They are God's territory. Don't live in the land of regret, remorse, hurry, and worry. Live in God's presence, and you will find that prayer is the most natural thing in the world for you.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Adult Education and Spiritual Enrichment

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for *Lectio Divina* and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. The

title of our next book is "Praying Scripture for a Change, An introduction to *Lectio Divina*" by Dr. Tim Gray. We will begin on Wednesday, February 8th. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Youth Education and News



ymoffice@sainttheresaparish.com

February

Sunday, the 12th-Upper Room Squad, 3-4:45pm (Special Super Bowl Sunday Edition)

Monday, the 13th-Prepare Parish Food Bags

Thursday, the 16th - Teen Led Bible Study-8th through 12th grade, 6-7pm

Sunday, the 19th-Upper Room Squad, 6-7:45pm

Thursday, the 23rd-Teen Led Bible Study-8th through 12th grade, 6-7pm

Sunday, the 26th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 27th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 28th-Load food for transport, 6:15-7pm

Adult Volunteers Needed - We are looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



STCS Parents, please read the **Thursday Thunder** email every week for important information and dates, including:

Monday, Feb. 13—

No school, Bishop's Holiday; Kindness Week begins



Tuesday, Feb. 14—

Dress-out day for Youth vs. Hunger

Monday, Feb. 20—

No school, Presidents Day

Wednesday, Feb. 22—

Ash Wednesday

Monday, Feb. 27—

Thunder Readers Week begins

We're hiring for the 2023-24 school year! St. Theresa Catholic School is accepting applications for the following positions: Elementary Teacher, Teacher Aides, Lunch/Recess Monitors, and Extended Day Care Staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.



THANK YOU to our parents, grandparents, parishioners, and alumni families who supported the St. Theresa Catholic School Thunder Appeal! Because of your kindness and generosity, we surpassed our \$55,000 fundraising goal! *Your support makes*

a difference to our students and faculty, and we are truly grateful!

Calling all St. Theresa Catholic School Alumni & Alumni Families! We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to alumni@stsashburn.com.



Interested in exploring a Catholic education for your child? Applications are now open for St. Theresa Catholic School's 2023-24 school year. Learn more about our wonderful Parish school and how Catholic education can make a difference in your child's life! For information on the 2023-24 admissions process, visit our website, www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotelld@stsashburn.com.

News from our Parish

NVJCYO Volleyball Registration is now open—The St. Theresa CYO Volleyball program follows the guidelines established by the NVJCYO. It is open to all female students currently enrolled in St. Theresa School in grades 3-8 or the St. Theresa Church Religious Education program in grades 3-8. The program is always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. Registration for the 2023 season opens on February 6th, 2023. You can register at <https://reg.sportspilot.com/106557>

Registration will close on March 3rd, 2023. Cost is \$55 to join a team. Practices should begin in early March – by then teams should be formed (enough players registered and a coach identified). Your child's coach will contact you with specifics. Practice times are determined by gym space availability and the coach's availability. Practices are generally 60 minutes, twice a week. Games should begin March 26th and run through mid May. Matches are played at gyms throughout the Diocese of Arlington - venues are determined based on availability. Shirts will be provided and are covered as part of the fee. If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at cyo@sainttheresaparish.com.

Young At Heart Club (Men and Women 55 and over)
Wednesday, February 15, 2023. Meeting in the Admin Bldg. across from the church after 12:15 Mass. Bring your own lunch, desserts will be provided by our Club. Our activity will be a talk by Fr. John, our newest Parochial Vicar. Contact Freddie, wallflower64@gmail.com or 703.625.5715 for more information. NEW people are ALWAYS welcome to join us!

Lenten Soup Suppers
Our 2023 Parish Friday Lenten Soup Suppers will start on Friday **February 24 and run through Friday March 31**. They will be in the School Cafeteria from 6-7:15pm. All Parishioners are invited to a meatless meal of Soups, Sandwiches and delicious

dishes sponsored by different Parish groups. Meals are free. All donations will benefit the Poor and Needy. Look forward to seeing you.

That Man Is You

TMIY is back this week with an incredible story from just a regular guy in the pew! He could be you or he could be the man sitting next to you. He could be your friend, neighbor or co-worker. There is no doubt - he is out there right now in need of the Lord and a band of brothers! Please come join us Saturday morning, February 12, 6:30-8am, in St Theresa School. For more information, contact Ralph Leon at: dralphfp@yahoo.com or Tony Gizzi at: aggizzi@gmail.com.

Assistive Listening Devices Update

The assistive listening system in the church has been enhanced for improved amplification. The system is accessed by checking out from the ushers compatible headphones (or an earpiece) and a receiver, which amplifies the voices heard over the sound system. A neck loop is also available for people using hearing aids or cochlear implants containing the telecoil (t-coil) function. See an usher before Mass for more information.

Help strengthen our faithful priests by praying and fasting for them this year!

*The Seven Sisters Apostolate is a call for women to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of our parish priests. It is a "holy wasting" or "lavishing of prayer" for their deeper conformity to Christ. Each woman commits to a Holy Hour on a distinct day of the week, thus covering a complete week. The Holy Hour is ideally prayed in the presence of the Blessed Sacrament, either in an Adoration Chapel or in front of a Tabernacle. We are seeking women to offer a weekly Holy Hour for a specific priest.

*Fasting Brothers: Each man will prayerfully discern the unique type of fasting he will offer and commits to fast a designated day of the week (excepting Sunday). We are seeking groups of men to offer various forms of

fasting to augment the prayer efforts of our Seven Sisters group.

We ask for a one-year commitment, which can begin at any time, and is renewable each May. If you are interested in committing to this apostolate, or simply wish to learn more, please contact Kelly Rush at Kelly4VT@gmail.com, or visit <https://sevensistersapostolate.org>.

You(th) vs Hunger—Thank you for all of your support. We are still in need of \$5,500 in order to pack 100,000 meals on March 18. Scan the QR code below to donate to You(th) vs Hunger via the St. Theresa website. Sign ups will open Sunday, February 19 at 9pm. Check <https://youthvshunger.wordpress.com/> for more information and the sign up link on February 19.



Also, it has been such a pleasure and honor to help St. Theresa pack meals these past 8 years. This will be our 7th event, after which our total meals packed over 8 years will be over 740,000 meals. I think it is time for me to step down. I would love to support someone as they take the lead for You(th) vs Hunger at St. Theresa after this year's event. If you are interested in seeing the program continue and would like to take the reins, please contact me at rmrevelle@gmail.com God bless all of you. Rachel Revelle

St. Theresa Catholic School is hiring for the 2023-24 school year!

STCS is accepting applications for the following positions: Elementary Teacher, Teacher Aides, Lunch/Recess Monitors, and Extended Day Care Staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

CubScout Pack 997 is celebrating 25 years of service to our wonderful Parish. The Pack is planning a celebration to honor those who have helped the Pack get to this point, and we are asking past leaders to send an email to Michael Joyce at michaeljoyce@hotmail.com for more information.



Knights of Columbus

Pancake Breakfast on Sunday February 12, 2023: Stop by after the morning Masses and enjoy a delicious breakfast of pancakes (regular and chocolate chip), scrambled eggs, sausage and potatoes, along with coffee, orange juice and assorted Dunkin' Munchkins! Profits will benefit the St. Theresa School Thunder Appeal. To find out more about Thunder Appeal or to make a direct donation use this QR code:



Food Drive: St. Theresa's parishioners donated 4,889 lbs. of food in January. Thank you for your generosity and kindness. Your actions and the volunteers from the Knights of Columbus and Youth Group make this program successful.

The February collection will take place on February 25-26. Please pick up a blue bag on February 18-19 and bring it back the following week. If you missed picking up a blue bag, grocery

bags and cash donations are accepted. Thanks for your support!

District 18 Free Throw Challenge:

The Knights will be hosting the District 18 Free Throw Challenge on February 20th (President's Day) at the St. Theresa School gym. First place winners from the Council Free Throw Contest held on Jan 16th are invited to compete. Registration and warm-up from 9:00-9:30a. The competition will go from 9:35-11:30a. More information can be found on the Knights Website.

Aid and Support After Pregnancy (ASAP)

is a Knights of Columbus program to raise funds to support maternity and pregnancy centers in Loudoun County. Thank you to all who have donated. If you would like to donate, visit <https://tinyurl.com/knights4life>. See QR code below. Your donations will support pregnancy resource centers and in turn pregnant women and their pre-born babies. Thank you for all of the support you have shown to date!



Are you a parishioner in need of a home repair?

If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects can involve carpentry plumbing, electrical, painting, and/or the installation of a new appliance. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

<https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



Current Vacant Adoration Slots

Urgent Need	Sunday	4:30am
No Adorer	Monday	4:30am
Scheduled	Friday	4:00am

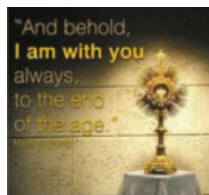
Critical Need	Sunday	2:00am
No Adorer for	Tuesday	3:30am
First Half Hour	Wednesday	3:30am
	Saturday	2:30am

Second Adorer Needed

One Adorer already for these time slots but need one more Adorer.

If you can sign up for one of these available slots, it would be greatly appreciated.

To sign up, go to:
<http://sainttheresa.letusadore.com>



	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	12:30am	12:00am	12:00am	12:00am	12:30am	12:30am	12:00am
	1:30am	1:00am	1:00am	1:00am	2:30am	1:30am	1:00am
	2:30am	2:00am	2:00am	2:00am	3:30am	2:30am	2:30am
	4:00am	3:00am	3:00am	3:00am	4:30am	3:30am	3:30am
	6:30am	4:00am	11:00am	4:00am	8:00am	5:00am	4:30am
	8:30am	5:30am	2:00pm	11:00am	10:30am	7:30am	5:30am
	9:30am	7:00am	6:00pm	12:30pm	1:30pm	11:00am	10:00am
	10:30am	12:30pm	8:30pm	4:30pm	2:30pm	12:00pm	12:00pm
	12:30pm	2:30pm	10:30pm	11:30pm	3:30pm	5:30pm	1:00pm
	2:00pm	3:30pm			4:30pm	6:30pm	2:00pm
	5:00pm	8:00pm			8:30pm	10:00pm	3:00pm
	8:00pm	9:00pm			11:30pm	11:00pm	4:00pm
	11:00pm	10:00pm					5:00pm
							6:00pm
							7:00pm
							8:00pm
							9:00pm
							10:00pm
							11:30pm

Note: We have a very active group of adoration substitutes. The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

News Around the Diocese

2023 Bishop's Lenten Appeal (BLA):

"My soul rejoices in the Lord." This weekend each household is asked to make a BLA pledge or gift. This appeal provides an opportunity to unite as a Catholic family to support programs, ministries and services helping tens of thousands of people. After reflecting upon God's blessings to you, please consider a BLA pledge. You may complete a pledge card at Mass, mail in your pledge, go online to www.arlingtondiocese.org/BLA or scan the QR code below to make a gift.



Annual Men's Conference

"My Soul Rejoices in the Lord" -- Saturday, **March 4, 2023** from 8:30am-2:30pm at St. Joseph Catholic Church, 750 Peachtree Street, Herndon. Join Catholic men from around the Diocese for a day of prayer, fellowship and reflection. Keynotes include: Fr. Thomas Petri, OP, President of the Pontifical Faculty of the Immaculate Conception and prolific writer; and Tim Staples, Convert Apologist at Catholic Answers and author of *Behold Your Mother*. Sign-in begins at 7:30am with confessions, coffee and pastries. Mass will be celebrated by Bishop Michael Burbidge at 11:15am \$65 until February 1; \$80 after. Register at familylife@arlingtondiocese.org/men.

Annual Women's Conference - Love Rejoices in Truth

Join women from around the diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer. Come and hear Nikki Kingsley's remarkable conversion story. Hear how she, a devout Muslim, was guided by the voice of the Blessed Virgin Mary that would eventually lead her to Jesus and into the Catholic Church on **Saturday, March 11** from 8:30am-2:30pm Sign-in begins at 7:30am with confession, coffee and pastries. Mass will be celebrated by Bishop Michael Burbidge at 11:15am St. Joseph Catholic Church 750 Peachtree Street, Herndon, VA. \$65 until February 1st; \$80 after For inquiries, please email familylife@arlingtondiocese.org/women or call 703.841.2550.

Vocational Discernment Retreat for Men

Could Christ be calling you to the priesthood? Take a step to find out. Attend the weekend discernment retreat for men (ages 18-50) Friday-Sunday, **February 24-26, 2023**. This is a great opportunity for prayer and discernment, confession, and talking with priests and seminarians. Cost is \$100 and includes overnights and all meals. Retreat starts Friday at 6:30pm and concludes Sunday after lunch. For more information or to register, contact Fr. Michael Isenberg at 703.841.2514 or vocations@arlingtondiocese.org. Deadline to register is Monday February 13. There is a similar retreat for women June 16-18.

Finding Jesus as Men After Christ's Own Heart Silent Retreat

In these calamitous times... "we need a few good men"... and more than a few! With faith and family and life and love being "re-defined" by our culture of confusion, only Jesus Christ will help us to "stand fast... even at the risk of being heroes." Fr. John Riley will lead a retreat at San Damiano, our Arlington Diocesan Retreat Center in White Post, Virginia from Friday-Sunday, **March 17-19**. As a "Band of Brothers" we will gather at Christ's feet; single men, husbands, fathers... and a priest, to listen and seek Jesus in deep, quiet prayer. Daily Mass and confessions are on the docket, with spiritual conferences, adoration, and quiet time. For further information visit www.arlingtondiocese.org/retreat-events. To register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Sorrowful Mysteries Silent Retreat for Women

As we prepare for Holy Week, join Fr. Noah Morey for a walk through of the Sorrowful Mysteries with a glimpse of the joy and glory on Sunday as we celebrate the Annunciation -- for Our Lady of Sorrows is also the cause of our joy. Retreat dates are Friday-Sunday, **March 24-26**. For further information visit our web page (www.arlingtondiocese.org/retreat-events). To register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Marriage Encounter

"Therefore, if you bring your gift to the

altar, and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift." Learn the tools of forgiveness and healing on the next Worldwide Marriage Encounter Experience on Mar 31-Apr 2, 2023 in Herndon, VA and Sep 22-24, 2023 in Herndon, VA. Early sign up is recommended. For info visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703.646.1521.

Day of Prayer and Healing After Abortion Retreat for Women

After Abortion Retreat: A Day of Prayer and Healing for women who have experienced abortion will be on Saturday, **March 25, 2023**. This group healing event is held in a private and peaceful setting, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Live Jesus

Saturday, **March 18, 2023** from 8am to 12:30pm at St. Paul VI Catholic High School, Chantilly, VA Looking for a way to enhance your Lenten experience? Live Jesus is a morning of reflection, fellowship and prayer based upon the spirituality of the "Gentleman Saint," St. Francis de Sales. This year's theme is Be At Peace. Keynote Speaker: Brother Mickey McGrath, OSFS, Artist, Author, Storyteller & Retreat Director. Live Jesus is an opportunity in Lent to reflect on the many paths to peace. Don't miss the opportunity to gather in prayer and fellowship with other Catholics in the DMV to reflect on God's gifts. Online registration is required: www.oblates.org and click on the Live Jesus icon.

Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox. Sign up here: arlingtondiocese.org/email.

News Around the Diocese Continued

Special Healing Mass

Parents and families struggling with the loss of a child are invited to a special healing Mass at Our Lady of Hope in Potomac Falls on Friday, **February 17, 2023**, at 5pm. Parents who have had children who have predeceased them are welcome to attend. A dinner reception will follow Mass in the Parish Hall. Kindly RSVP to olohwomens-group@gmail.com.

The Laetare Benefit Supporting the Cloistered Nuns of St. Dominic's Monastery on Sunday, March 19, 2023

The Most Rev. Michael F. Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St. Dominic's Monastery. The Laetare Benefit is our annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA in the Diocese of Arlington. As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and are building a Chapel at the Monastery. Please show your support and join us for a reception, dinner, raffle, and auction which will be held on Sunday, March 19, 2023 from 5:00 pm to 8:00 pm at the Westwood Country Club, 800 Maple Avenue East, Vienna, Virginia. Seating is limited. RSVP by March 1, 2023. Tickets are \$200 each and table sponsorships are available, starting at \$2,000 for 10. Please send a check payable to Friends of St. Dominic's Monastery, 524 N. Pitt Street, Alexandria, VA 22314, or to purchase tickets online through Faith Direct, please point your camera at the QR code and click to be taken to the registration page or visit <https://forms.ministryforms.net/viewForm.aspx?formId=6b435666-9d01-45a3-a805-101015e8e5f6>. For more info, please contact: friendsofstdominicsmonastery@gmail.com



Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until

you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held at: 2nd & 4th Mondays, 7-8pm @ Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm @ Leesburg Presbyterian Church.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

St. John Paul the Great Open House

Join us for Saint John Paul the Great Catholic High School's Preview Open House on Thursday March 9 from 4-5:30pm! Learn what JP has to offer your child - robust academic programs including STEM, DE courses and Bioethics, vibrant student life and House System, competitive athletics, faith community steeped in the Dominican tradition, and more! Preview Open House is a great event for all ages, but especially students in grades 4-7. To learn more and RSVP in advance, please visit: https://jpthegreat.schooladminonline.com/portal/new_inquiry.

John Paul is still accepting applications for the 2023-2024 school year! For more information and to apply please visit: https://www.jpthegreat.org/apps/pages/how_to_apply.

Shadow a Wolf for a Day! Now - May 2023

Shadow Days at John Paul have begun for this year! Do you have an 8th-10th grader who is interested in seeing what it is like to be a JP student? Sign them up for a Shadow Day visit! For registration and more details, please visit: https://jpthegreat.schooladminonline.com/portal/new_inquiry

Super Science Saturday

Calling all middle school scientists! JP's Science Department and National Science Honor Society members will host a fun-filled day for middle school students to explore the sciences in JP's collegiate-style labs on Saturday, March 4 from 9am-12pm. This event is open to 6-8th graders. For registra-

tion and more details, please visit: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration>.

Events at Our Lady of Bethesda Retreat Center. Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website

www.ourladyofbethesda.org for more info and to register for the following:

Three to Get Married Marriage Prep Mar 9-12, Mar 23-26—2023

The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today!

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop

Feb 18-19, 2023

Make your marriage thrive, not just survive! A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. The expert speaker team includes Catholic psychologists, therapists, and priests who will offer their expertise and experience, plus they will be on hand the entire weekend to offer individual consultation, upon request. Please note: This is NOT an overnight program. Cost: \$480 per couple. Seating will be limited to facilitate social distancing.

Silent Retreat Weekends in Lent

For Women: Mar 3-5, Mar 30-Apr 2
For Men: Mar 16-19

Lent is right around the corner. Plan now! Explore your mission in life and Experience Christ's Presence in the Silence of a retreat! These retreats are based on the Spiritual Exercises of St. Ignatius of Loyola. Registration is required. Cost: \$300 per person for 2-night retreat; \$400 per person for 3-night retreat. Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, A Place to Encounter Christ! 7007 Bradley Blvd., Bethesda, MD 20817. Plan your next retreat today!

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Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Car Raffle Fundraiser—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2023 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next few weeks. Please consider selling/purchasing the tickets mailed to you. \$34,000 was raised to help families in need through Divine Mercy Outreach last year because of your participation in this raffle last year. Please help us to make this another success.

Save the Date—Spring Consignment Sale is March 11, 2023
www.littleflowerconsignments.org

Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager!

It's rewarding to assist families in need. Consider taking a short time

out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Monetary Donations—Your donations make a difference in the lives of struggling families! There are struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com

if you want to help or if you have these items to donate.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

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