

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

April 5, 2020 **Palm Sunday of the Passion of the Lord**

Dear Parishioners,

This Holy Week will be like none that any of us has ever experienced. That does not mean that we cannot still mark the week with a sincere resolve to keep it holy. We will have confessions during the week (unless some new restrictions are placed upon us). We will be live-streaming the sacred liturgies of the Triduum, as well. According to our current plans, the church will remain open throughout the week – with the exception of those times that we are live-streaming the liturgies.

Refer to the Confession schedule in the box to the right for the various times we will be offering the sacrament. Be aware that we are only permitted to allow ten persons in the church at a time, so you may be asked to wait outside – and you will be required to maintain proper social distancing while waiting in line inside and out.

The Holy Thursday liturgy will commence at 7:30pm. The church doors will be locked at 7:00 pm. We will reopen immediately following the Mass so that you may come and spend time with the Lord – once again, only ten persons will be allowed in the church at a given time. The Blessed Sacrament will be reposed and the church will be locked at midnight.

The liturgy of Good Friday will begin at 3:00pm. The doors of the church will be locked at 2:30pm. The Easter Vigil will begin at 8:30pm on Saturday – the doors of the church will be locked from 8:00pm. The church will reopen on Easter Sunday after the live streaming of Easter Mass at 8:45am. While the church will be open from about 10:00am, I do want to remind you we are still limited to no more than ten persons in the church at one time.

Parish Mass Schedule

Sunday: Live Stream—8:45am

(The church and the chapel remain open for prayer, limited to 10 persons at a time)

Holy Week Confessions:

Palm Sunday 7-8pm

M-T-W of Holy Week 9-10am, Noon–1pm, 7-8pm

Good Friday 9-10am, 7-8pm

Holy Saturday 9-10am

(Due to social distancing guidelines, only ten persons will be permitted in church at a given time. All persons must maintain six foot spacing waiting in line, in and outside of church. Thank you!)

Clergy

Reverend Richard M. Guest, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Having said all this, these plans could change, in which case we would update the parish website. I strongly advise those who may be at a more serious risk of infection to stay home. Certainly, if you are experiencing any symptoms of the virus, STAY HOME. Consider the safety of others. I encourage you to spend time in prayer. Read the Gospels – the Gospel of Saint John, in particular. Immerse yourself in the love of Christ – for indeed, nothing can separate us from his love! Call your loved ones and neighbors to offer them encouragement in this time when many are overcome with fear. Though our celebration may be unusual, we must still prepare to rejoice in the glory of his resurrection.

May the Good Lord keep you and your families safe from all harm, and may he bless you all with his abundant mercy!

Sincerely in Christ, Fr Guest

Youth Education and News

Youth Ministry

ymoffice@saintttheresaparish.com

URS—The High School Youth Group (9th graders - 12th grade)

Rock Squad-Middle School Youth Group (6th-8th graders)
Saturday, 6:30-8:30pm

Religious Education

Office Hours:
Mon–Thurs. 9am-4pm;
Fri. 9am-noon

—**RE classes** are canceled in person for the rest of the year. See emails from Mr. Bayne and your teachers.
—**No decision yet** being made about rescheduling **First Holy Communions**. If that changes, all First Communion families will be notified via email.
—**This Sunday's Mass** will be streamed live from St. Theresa's at 8:45am. To view the Mass at that time, please go to the following link - http://rmd.me/9966kBwUQFL
Please note that the Church itself will be closed at that time.
—**The website, Formed.org**, is a wonderful resource for families who can't attend Mass, and especially for parents to help them educate their children while they cannot attend Religious Education classes during these challenging times.

Go to Formed.org
Click "Sign-Up"
Select "I Belong to For a Parish or Organization"
Find St. Theresa Catholic Church by Zip Code "20147"
Enter your email - and you're in!!!

St. Theresa Parish VBS 2020

Has been canceled for this year. Refunds will be coming soon.

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events (i.e. fall picnic, school functions)? St. Theresa's encourages and welcomes your involvement however it requires that all volunteers be compliant. A Volunteer Welcome letter will be sent to your email address along with a link to fill out the electronic forms online. For further details please contact Connie Gilligan, Parish Child Safety Coordinator, at connie@saintttheresaparish.com or call 703.729.3714.

Volunteers will also have to register and sign up for the original VIRTUS course. Please go to www.virtus.org.

Join the STCS family -- applications for the 2020-21 school year are now being accepted! Thinking about Catholic school for your child? Our parish school offers exceptional academics and faith formation, and has been *Educating Tomorrow's Catholic Leaders* for over 25 years! To schedule a tour, please visit our website, www.stsashburn.com, or call the school office, 703.729.3577, for more information.



STCS is closed through the end of the school year. Students have transitioned to distance and eLearning.

Saint Theresa Catholic School

Parents, please continue to watch your email for updates and frequently check the school website. *Stay safe and healthy!*

Unfortunately, due to the school closure, ***Salute to Andrew Lloyd Webber* has been cancelled**. We are attempting to contact all who purchased tickets for the event. Please email your name and address to quijanoa@stsashburn.com and let us know if you would like us to process a reimbursement check, or if you prefer to simply donate your refund amount to support the arts at STCS and we will send you a letter of acknowledgement for your donation. If you are not on email, please leave a message on the school phone 703.729.3577, and we will return your call. Thank you for your support!



STCS Spotlight
Even though our building is closed, our teachers are teaching, our students are learning, and the school office is open for business...all via the internet! We miss our students and families and look forward to seeing everyone soon!

Want to see what's new at STCS?
Check out the STCS Facebook page (@SaintTheresaSchoolAshburn), Alumni and Friends Facebook page (@STSAshburnAlumni) and Twitter (@STSAshburnVA). Don't forget to "like" and "follow" us!

Keep up to date on our works and upcoming events – *Council website*: www.st-louismartin-kofc.org. *Facebook*: https://www.facebook.com/Council15256. *Twitter*: https://twitter.com/Council15256.

How to become a Knight. *Our next degree ceremony is March 29, 2020.* You can talk to any Knight after Sunday Mass or any time. You can also contact us and learn the great things that we do to help our parish and community at kofc15256@googlegroups.com. Application information and forms are also available outside the Adoration Chapel.

News from our Parish

Job Opening
St. Theresa School has an opening for a Middle School Social Studies teacher for the 2020-21 school year, and is accepting resumes for a Middle School Math position. Please email your resume, cover letter, and sample lesson plan to Scott Pochick, pochicks@saintttheresaparish.com.

Spiritual Recommendations for St. Theresa Parish

Let nothing disturb you,
Let nothing frighten you,
All things are passing away:
God never changes.
Patience obtains all things Whoever has God lacks nothing;
God alone suffices.
~Prayer of St. Theresa of Avila

General Advice
•Given the current circumstances, there are still good spiritual practices and disciplines that we can undertake to grow in holiness
—This is an important time to put our trust in the Lord
•Each of us still represents the Church as a Catholic. We should be good examples to others and encourage fellow Catholics to continue practicing our faith
•Offer all sacrifices and suffering during this time to the Lord for the salvation of souls
•Check in frequently with family members and friends
—Offer help to family, friends and neighbors if there is something that can be done
•Maintaining body health is consistent with our faith.
—Please exercise all due precautions and take appropriate measures to protect personal health and the health of other people.
•There are many other resources, besides what is listed here, which can also be helpful.

Schedule
•As a suggestion, set aside a specific time or times each day to say prayers or perform spiritual activities
•As best as possible, try to keep Sunday holy by doing at least some prayers and spiritual practices
•Pray each morning and evening, even short prayers
•Prayers before and after meals
•The Angelus
—A traditional prayer offered at 6am, 12Noon, and 6pm
—Could be prayed at least once per day or at any time
—https://www.ewtn.com/catholicism/devotions/angelus-383
•Practice good discipline
—Set daily goals or expectations
•Avoid squandering or merely wasting a lot of time when in its place we could do something worthwhile

Teaching on Mass attendance
•It is not a sin on anyone's part that public Masses are not being offered. When Masses are once again held publicly, no one will need to confess missing Mass as a sin during this period of time.
•While extraordinary, perhaps a good way to think about not being able to attend Mass would be akin to someone being deployed in the military. Sometimes military service personnel do not have access to a Catholic Chaplain through no fault of their own and therefore cannot attend Mass.
•All parishioners are still being prayed for by parish priests at private Masses. Even though no one is allowed to presently attend, the Masses are still being offered and provide tremendous grace to everyone.

Continue to follow the Mass
•App on phone called *ibreviary* that has daily Mass readings, Mass prayers, and the Liturgy of the Hours
—Liturgy of the Hours is the universal prayer of the Church offered throughout the world. These are prayers all priests and religious continue to offer each day.
—Anyone can say some or all of these prayers. There are five "hours" in the day. Office of Readings, Morning Prayer, Daytime Prayer (has three possible times, midmorning, midday, and midafternoon), Evening Prayer, and Night Prayer
•Magnificat. This is a print publication but can also be obtained in a digital format. It has many of the above prayers and includes reflections.
•USCCB (United States Conference of Catholic Bishops). They have access to the daily Mass readings
•Bishop Burbidge will be showing video of Sunday Mass. See the Arlington Diocese website
•EWTN. This is a Catholic cable station that shows Mass each day and has other religious programs

Spiritual Communion
•For a variety of reasons, it is not always possible to attend Mass and receive Holy Communion through no fault of a person. It does not replace going to Mass but covers circumstances like our current time.
•Many saints have undertaken this practice, and it is encouraged as a general practice in any situation. This can be prayed at any time of the day and in any place. As a devotion, it can be done every day, not just on Sundays.
•"*My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.*"

Renewed Gratitude for Mass
•This period of time offers a chance to be thankful for the great gift of Mass. Under normal circumstances, Masses in our area are made abundantly available. We can grow, during this time, in gratitude for the gift of gathering around the Lord's altar.
•While attending Mass on Sundays is an obligation (under normal conditions), it is even more so a gift that we can appreciate more deeply, especially when Masses one day resume normally.

Reading Scripture
•In addition to the daily Mass readings, read passages from the Gospel about Jesus healing the sick. It was an extremely important part of His public ministry.
•The Gospel of Matthew is full of accounts where Jesus healed countless individuals.
•James 5:14-15

Continue Lenten Practices
•We can continue whatever Lenten practices we set out to do at the start of Lent. Some of them might no longer be possible. However, we also have the chance to do something else that is now possible.
•No meat on Fridays
•Fasting on Good Friday (April 10)

(Continued on next page)

News from our Parish Continued

Stations of the Cross
•This practice is traditionally done on Fridays during Lent but can be done anytime. It can be prayed as a family or as an individual at home.
•This is the version that we pray as a parish https://www.ecatholic2000.com/liguori/stations/cross.shtml
•The version for children that we pray with the school and RE children https://www.amazon.com/Cross-Children-Joseph-Picture-Books/dp/089942497X
•Another version that can be ordered —*Stations of the Cross--in my pocket.* By the daughters of St. Paul
•Formed (see below under digital formats) and other websites have possible versions of the Stations of the Cross to pray

Rosary and Chaplet of Divine Mercy
•The rosary is a powerful prayer that can be prayed as individuals or in small groups.
—There is a strong tradition of praying to Mary for protection and help in grave times of need
•Chaplet of Divine Mercy
—https://www.ewtn.com/catholicism/devotions/chaplet-13364
•Other prayers for protection
—St. Michael the Archangel
—https://www.ourcatholicprayers.com/prayers-for-protection.html

Praying Act of Contrition
•This can be done every day to ask for the forgiveness of our sins, especially in circumstances where confession is not possible
•*O my God, I am heartily sorry for having offended you. And I detest all my sins because of your just punishments. But most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve with the help of your grace to sin no more and to avoid the near occasion of sin. Amen.*

How to baptize in case of emergency
•In the event that a person is in danger of death and requires Baptism, even though the normal minister of Baptism is a bishop, priest, or deacon, any person who has reached the age of reason (age 7) can baptize someone.
•Pour water three times saying, *"Name (person being baptized), I baptize you in the name of the Father and of the Son and of the Holy Spirit."*

Renew our Baptismal Promises
•*I renew my baptismal vows, I renounce Satan and all his works and all his promises. I take Jesus Christ for my model and guide and I promise to be faithful to Him unto the end of my life. Amen.*

Spiritual Reading, Videos, and Digital Formats
•Books and other resources available from Dynamic Catholic (website)
•Wordonfire.org
—See Resources where they have videos and books to read
•Formed.org
—St. Theresa Parish has a subscription made available to all parishioners. Sign in using our parish zip code (20147).

Guidance for families with children preparing for first Holy Communion and Confirmation
•First Confessions were already completed for those preparing for first Holy Communion
•Keep up current studies from school and RE classes
•First Holy Communion
—Continue to teach children how to properly receive Holy Communion, what the Eucharist is, the Body, Blood, Soul and Divinity of Jesus Christ, and why it is sacred
—There are many good resources on Formed, Dynamic Catholic, and Word on Fire to consider
•Confirmation
—Besides the above suggestions, there is a prep-sheet, under Religious Education and Confirmation, on the parish website to continue to study for the eventual confirmation interview with one of the priests

Feast Days, Holy Week, and Easter
•Lent has two feast days that we ought to celebrate or remember with some greater appreciation.
—Solemnity of St. Joseph—March 19
—Solemnity of the Annunciation of the Lord—March 25
Lenten practices are dispensed on these two solemnities
•Holy Week—Palm Sunday April 5, Holy Thursday April 9, Good Friday April 10, Easter Sunday April 12



Five Simple Ways to Celebrate Holy Week at Home

Create a simple prayer space in your home, and gather there to pray during the week.

Palm Sunday: At your regular Mass time, read the first Palm Sunday Gospel (Mt 21:1–11) and meditate on or discuss what Jesus might be thinking as he enters Jerusalem for the last time.

Holy Thursday: Bake bread for sharing at dinner; make a ritual of stripping the dinner table of all cloths and decorations after dinner.

Good Friday: Pray the Stations of the Cross at 3 p.m.

Holy Saturday: In the morning, read Psalm 64 and break your Good Friday fast solemnly with a simple meal.

Easter Sunday: Dress up the dinner table again. Include candles and crosses, so that the candy baskets aren't the only festive items present. Sing Alleluia and read the Easter Gospel (Matthew 28:1-10) with solemnity and joy.

Look online for other suggestions for celebrating Holy Week at home, to deepen and enrich your experience at this time of social isolation.

Copyright © J. S. Paluch Co.

News from the Diocese

Live stream Masses, prayer guides and more!

(source: https://www.arlingtondiocese.org/covid19resources/

As you all know, public celebrations of the Mass are not taking place in the Diocese of Arlington until further notice. Bishop Burbidge has also dispensed all the faithful of the Diocese from the obligation to attend Sunday Mass and holy days of obligation while public Masses are suspended.

There are, however, many ways in which you can grow in faith during this challenging time as the coronavirus spreads. Many parishes are facilitating a live stream or recording of daily and Sunday Mass. Some priests are offering spiritual reflections on social media.

Especially on Sundays and Holy Days of Obligation, the faithful are encouraged to devote time to prayer, observe Mass on television or the internet, and pray the Rosary, along with other devotions.

Here is a list of resources you may want to consider: All links can be found on the following website: https://www.arlingtondiocese.org/covid19resources/)

Online Mass
Bishop Burbidge Live Stream | Sunday Noon Mass at St. James
Wed. 12:05pm Mass at Cathedral

Vatican News Live Stream of Pope Francis' Masses (Daily in Italian with English subtitles)

EWTN Daily Mass (Daily)

Basilica of the National Shrine of the Immaculate Conception (Sunday only)

Publisher Resources:
The following publishers have generously made their resources available to support prayer during these difficult days. We thank them for their generosity and pastoral concern.
Liturgical Press: Give Us This Day
Magnificat: English. |Spanish

U.S. Conference of Catholic Bishops (USCCB):
Daily Readings: English | Spanish
Daily Readings Audio
Video Reflection

Prayer to Jesus for Healing and Guidance
Jesus, Son of God.
you were sent by the Father
to bear our weakness;
be with us in this time of crisis.

Merciful Savior,
heal and comfort the sick,
so that, with health restored,
they may give you praise.

Divine Physician,
accompany our caregivers
so that, serving with patience,
they may heal wisely.

Eternal Wisdom,
guide our leaders
so that, seeking remedies,
they may follow your light.

Christ, the Anointed,
protect us in body and spirit,
so that, freed from harm,
we may be delivered from all affliction.

Who live and reign with God the Father
in the unity of the Holy Spirit,
one God, forever and ever.

Amen.

Clean Out Your Garage and Donate a Bike!
Help provide transportation for those without a car! We need adult bikes in working order that will be used to help individuals travel to and from work. These bikes will be given to individuals in our Welcome Home Re-entry Program. Please email mchavez@ccda.net if you would like to donate your bike! Drop off location is Catholic Charities Arlington Office (200 N. Glebe Rd.).

Donate Your Used Car to Catholic Charities and Help a Family Become Self-Reliant!
If you are thinking of replacing your old car with something new, please consider donating your old car to Catholic Charities. We take used vehicles and give them directly to families in desperate need of transportation. We accept nonworking cars to fund our volunteer programs. We handle all the paperwork. You receive an IRS donation receipt. To donate, email Cars@ccda.net or call 703.841.3898.

Marriage Encounter
The Lord, God is my help. Let God help your marriage to be the Sacrament He intended. Strengthen, renew, and rekindle your marriage sacrament by attending a Worldwide Marriage Encounter Weekend on Sep 18-20, 2020 in Fairfax, VA and Sep 11-13, 2020 in College Park, MD. Early sign up is recommended. For more information visit our website at: Renew-Marriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703.646.1521.

Catholic Charities Assistance Needed
Catholic Charities relies on volunteers who can safely serve those in need Catholic Charities is in urgent need of volunteers to safely serve those in need, as well as its need for financial and material assistance. If you are healthy and do not belong to a group considered *vulnerable, please consider our volunteering opportunities with limited interaction with the public.

St. Lucy Food Project:
—Christ House Food Pantry —pack boxes and help distribute to clients. Help needed Wednesdays and Thursdays. Contact Sr. Annie at Aniliza.juan@ccda.net.
—Leesburg Regional Office food pantry—stock shelves and pack bags. Help needed Mondays-Thursdays. Contact Joanne Abbate at joanne.abbate@ccda.net.
—Loaves & Fishes food pantry, Front Royal —pack bags to distribute to clients. Help needed Tuesdays, Wednesdays, Thursdays and Fridays. Contact Jeanne Jackson at jean.jackson@ccda.net.
—St. Lucy Food Project Manassas warehouse—sort food, pack boxes, load trucks. Contact Elizabeth Gibbons at Elizabeth.gibbons@ccda.net.

Mother of Mercy Free Medical Clinic, Manassas
—Medical providers, including doctors, nurse practitioners, and physician assistants, needed who are willing to do telemedicine and nurses who specialize in obstetrics. Contact alexandra.luevano@ccda.net or call 703.335.2779 ext. 15.
—Data entry volunteers to help establish Mother of Mercy Free Medical Clinic, Woodbridge, which is set to open April 20. Contact alexandra.luevano@ccda.net or call 703.335.2779 ext. 15.

Parish Offices

Secretary:	Peggy Sullivan, 703.729.2287
Secretary:	Christine Young, 703.729.2287
Business Manager:	Scott Pochick, 703.729.2287
Facilities Coordinator:	703.729.2287
Outreach Coordinator:	Marianne Guidos, 703.729.2334
Website:	www.saintttheresaparish.com
Email:	office@saintttheresaparish.com
Fax:	703.729.9036

Religious Education Offices

Director:	Larry Bayne, 703.729.3714
Youth Activities:	Paul Dwyer, 703.729.0426
Secretary:	Connie Gilligan, 703.729.3714
Secretary:	Myriam Perez, 703.729.3714
Email:	reoffice@saintttheresaparish.com
Fax:	703.729.9036

School Offices

Principal:	Erin O'Malley, 703.729.3577
Secretary:	Deena Lanier, 703.729.3577
Website:	www.stsashburn.com
Email:	schooloffice@stsashburn.com
Fax:	703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Masses for the Week

Mon, April 6	Miles Family, Souls in Purgatory+, Frances Maria Pilaro+
Tues, April 7	Joseph Karbowski+, Joseph, Carlo and Laura Maresca+, Elizabeth Basco+
Wed, April 8	Mary Anuw+, Julie Donofrio, Robert Curl, III+
Thurs, April 9	Gregory Heller+
Fri, April 10	No Masses
Sat, April 11	St. Theresa Parishioners
Sun, April 12	Ed Gould+, Josephine Piscitelli+, Tellis Family, Dolores Caresa+, Jere Dolan+

Prayers For The Sick: Marcela Garcia, CJ Buechner, Rosemarie Setzer, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Lisa Barrett-Handley, Mary Marsh, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Chris Handley, Ben Thede, Eugene Prosack, Lynn Petrara, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette, Fred Beverly, Jesse Michl, Erick Pollock, Jillian Reilly, Laurie Gessaman, Jordan Windsor, Tony Rodrigues, Stephane Papi.

Prayers For Our Military: Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Brian Reese, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden, Meghan E. Fitzgerald, Bill Short, Griffin Spencer, Peter Santini, Eric Curcio, Steven Curcio, Matthew Slaughter, Joseph Alexander, Christopher Sheehan.

St. Theresa Catholic Church
DIVINE MERCY OUTREACH

Learn more, visit
www.saintttheresaparish.com

Ways to Help

Some have asked what they can do or how to help so I want to let folks know of ways they can help during this difficult time we are all experiencing. Here are a few ways to help.

Assisting Catholic Charities:

•Another alternative. Shop Amazon https://www.amazon.com/gp/registry/wishlist/O36HJ5Y74CBH/ref=bnav_topnav_lists_2

•Checks and gift cards should be sent to Catholic Charities, 316 E. Market Street, Leesburg, VA 20176

•Consider volunteering (anyone 18 years of age or older) at the Catholic Charities pantry to package up bags of food to be donated to families. They have established a "no-contact distribution system so that clients and volunteers do not interface except over a table. The clients drive up, present their ID, and they give them prepackaged bags of food based on the family size. They need help in packaging these bags -- if you or any family member can give a few hours, it would be greatly appreciated. **Please send contact information to Christina Harrington at Christina.harrington@ccda.net**. She will contact you to arrange a mutually agreeable time and day(s). Most of their current volunteers are in the highest risk groups and are taking a hiatus from the pantry.

Assisting at the parish level:

•Consider **online donations** to assist families who have already been impacted and need help with rent and utilities. It is come to my attention that although utilities aren't being cut off the late fees are still being applied. www.saintttheresaparish.com under DONATE. Your donation makes a big difference in another's life!

•**Donations of non-perishable food items and paper products** can be dropped off inside the first door to the admin/school building. Indicate DMO on the bag. Cooking oil, white rice, spaghetti sauce, pancake mix/ Bisquick and syrup, canned fruits and vegetables, toilet paper, paper towels, dish soap, diapers size 1.

Friends in Need- Another way to help this Lent:
Provides meals on a short term basis for those families or individuals in the parish who are unable to cook for themselves due to illness or a medical situation in the immediate family, arrival of a new baby…Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one are in need of help with meals.

Please support this fundraiser as we need proceeds from this more now than ever!

Car Raffle
All Saints Church (Manassas, VA) has invited our parishioners to participate again in their 5-car raffle. Prizes include five 2020 vehicles from Koons of Manassas (Honda Civic, Buick Encore, GMC Canyon Truck, Honda CRV Sport Utility and Honda Odyssey Van). One $5.00 ticket offers the purchaser a chance to win all five vehicles plus $20,000 in cash prizes. Divine Mercy Outreach receives proceeds from what is sold through our church. Last year $38,000. was raised to help the less fortunate in Loudoun County. Drawing is on April 25th. All ticket stubs must be returned to All Saints and be post marked April 21st for guaranteed entry. Questions? Contact Loan Jella at dmoassistant@saintttheresaparish.com

SERVING THE COMMUNITY FOR 40 YEARS
JOHN NUGENT & SONS
HEATING • COOLING • PLUMBING • ELECTRIC • GENERATORS
Family owned and operated since 1975!
Call 703-688-2178
to request service ANYTIME am or pm!
www.nugentsons.com

heaven can't wait
Serra for Priestly Vocations

catholicmatch® Virginia
CatholicMatch.com/myVA

SPECIAL PROGRAMMING!
Enlighten your Holy Week
Listen day by day and reflect on the journey to the Easter celebration.
Schedule at RelevantRadio.com/Easter
relevant radio 1260AM

If You Live Alone You Need MDMedAlert!
✔Ambulance
✔Police ✔Fire
✔Friends/Family
24 Hour Protection at HOME and AWAY!
FREE Shipping
FREE Activation
NO Long Term Contracts
Solutions as Low as $19.95 a month
"I have peace of mind... Mom remains independent."
CALL NOW! 800.809.3352
MDMedAlert
Safe-Guarding America's Seniors Nationwide!
GPS Tracking w/Fall Detection
Nationwide, No Land Line Needed
EASY Set-up, NO Contract
24/7 365 Monitoring in the USA
As Shown GPS, Lowest Price Guaranteed!
This Button SAVES Lives!

Get this weekly bulletin delivered by email - for FREE!
Sign up here:
https://www.jspaluch.com/BulletinSubscribe.aspx
Courtesy of J.S. Paluch Company, Inc.

Catholic Cruises and Tours
(CST 2117990-70)
Catholic Cruises and Tours and The Apostleship of the Sea of the United States of America
Take your FAITH ON A JOURNEY.
Catholic Cruises/Tours to Worldwide Destinations
Call us today at 860-399-1785 or email
eileen@CatholicCruisesandTours.com
www.CatholicCruisesandTours.com

Cholina Donovan,
REALTOR®
RESULTS THAT MOVE YOU!
703.727.2845
Call or Text
Because your next chapter awaits...
cholina.donovan@pearsonsmithrealty.com
Pearson Smith Realty
43777 Central Station Dr.
Ashburn, VA 20147

PURPOSEFUL LIVING
Whether you're looking for Independent Living, Assisted Living or *Inspiritás* - Memory Care, Ashleigh at Lansdowne is committed to taking senior living to the next level.
Call (703) 345-6912 for more information, and to schedule a personal tour.
ASHLEIGH at Lansdowne
INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE
44124 WOODRIDGE PARKWAY · LANSDOWNE, VA 20176 · (703) 345-6912
WWW.RUI.NET/ASHLEIGH · @ASHLEIGHATLANSDOWNE
A RETIREMENT UNLIMITED, INC. COMMUNITY · FAMILY-OWNED & OPERATED IN VIRGINIA FOR MORE THAN 30 YEARS

Dominion Law Group

Anna M. Freska
Attorney
Wills, Trusts, Probate
Tel: (571) 918-0616
20 W. Market St., Leesburg VA
www.DominionLawGroup.net

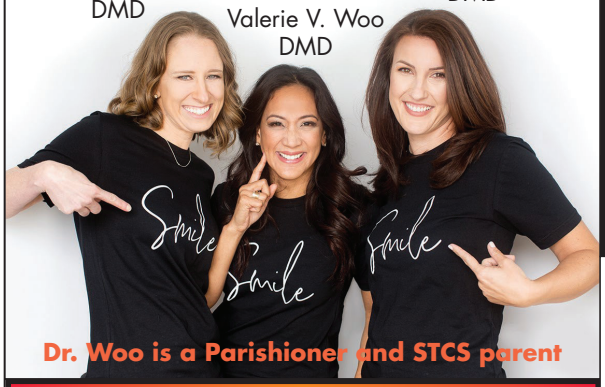



Medical Alert Plus System
Perfect for when you're around the house
- Home temperature monitoring
- 24/7 professional monitoring
- Fall detection pendant†
- No landline required
- No long-term contracts


On-The-Go System
Perfect for when you're out and about
- GPS location capabilities
- 24/7 professional monitoring
- Fall detection pendant†
- No landline required
- No long-term contracts

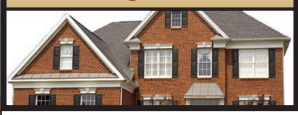
Call 833-238-3586 today
Get a $50 credit* + a FREE* gift with any Medical Alert System purchase
ADT Medical Alert

NOVA
PEDIATRIC DENTISTRY & ORTHODONTICS
BRINGING SMILES TOGETHER
www.NOVAsmilestogether.com
(703) 729-7005
Courtney J. Ulrich DMD
Valerie V. Woo DMD
Courtney R. Marzban DMD



Dr. Woo is a Parishioner and STCS parent

DRYHOME
Roofing & Siding, Inc.
ROOFING • SIDING
GUTTERS
WINDOWS & DOORS
Fully Licensed, Bonded & Insured
FREE Estimate on Repair & Replacement
703-230-ROOF 7663
www.dryhome.com




Dr. Fadi Hasan


Dr. Jean-Claude Kharmouche


Dr. Justin Hardison

NOVA PERIO SPECIALISTS
Periodontics & Dental Implants
Board Certified Specialist • Over 20 Years Experience
STERLING
21165 Whitfield Pl.
Suite #107
GAINESVILLE
7915 Lake Manassas Dr.
Suite #207
LEESBURG
2 Cardinal Park Dr.
SE #102B
703.444.4377
www.perioperio.com
Sterling | Gainesville | Leesburg

ONE PARISH
Grow in your faith, find a Mass, and connect with your Catholic Community with OneParish!
Download on the App Store
GET IT ON Google play



Download Our Free App or Visit **MY.ONEPARISH.COM**

Protecting ***Seniors*** *Nationwide*
24SEVEN
Medical Alert System



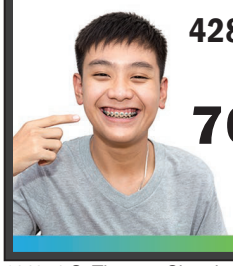
$29.95/Mo. *billed quarterly*
- *One Free Month*
- *No Long-Term Contract*
- *Price Guarantee*
- *Easy Self Installation*

Call Today! *Toll Free 1.877.801.8608*

obSc american
BRACES & SMILE CENTER
2018 WASHINGTONIAN TOP DENTIST
2018 NorthernVirginia MAGAZINE TOP DENTIST



www.braces4yourlife.com
Braces for Children, Teens & Adults
TMJ Treatment • Invisalign
Schedule a Complimentary Consultation
Accepting All Major Dental Insurance



42882 Truro Parish Dr. #210
Ashburn, VA 20148
703.726.6561
invisalign®

YOU CAN DO SOMETHING ABOUT
SEX TRAFFICKING, PORNOGRAPHY, AND
TECH OR ENTERTAINMENT COMPANIES
PROMOTING SEXUALLY EXPLOITIVE MESSAGES

For more information contact:
The National Center on Sexual Exploitation:
440 1st Street NW, Suite 840, Washington, DC 20001
Email: public@ncose.com **www.EndSexualExploitation.org**

Is this film suitable for my children?
Reviews and ratings
of an extensive list of movies,
both current and archived is available at:
http://www.usccb.org/movies/
This service is provided by the U.S. Catholic Bishops' Office of Film and Broadcasting

Touch a Life, Forever.
Serra for Priestly Vocations

Broadlands *family* Dentistry

43150 Broadlands Center Plaza #158, Ashburn, VA 20148
(Located in the shopping center next to the church)

smile freely

Victor Han, DDS
703.726.1600
www.broadlandsfamilydentistry.com



DULLES BARBER SHOP

Ashburn Farm Center
(Corner of Claiborne Pkwy. /Ashburn Farm Pkwy.)
703.858.0101
43330 Junction Plaza, Ste. #134
Ashburn, VA 20147

One Loudoun, 20365 Exchange Street, Phenix Salon Suites, Suite 114, Ashburn, Virginia 20147

Dotty Goggin *Hair Stylist & Make-Up Artist*
Entire Family Hair Care • Bridal Hair & Make-Up
Hair Design by Dot
703-473-4814 • HairDesignbyDot@gmail.com



CHESTNUT GROVE CEMETERY



831 Dranesville Road, Herndon VA 20170
703-435-3480

A Traditional Cemetery Serving Northern Virginia Since 1872
Family Sites, Estate Lots, Mausoleum Columbarium and Cremation Gardens
Memorial Design and Sales
chestnutgrove@herndon-va.gov

John Verfurth, CFP®
VWG Wealth Management
Managing Director, Partner | Hightower
1919 Gallows Road, Suite 330 Vienna, VA 22182
(T) 571.406.4701 (F) 703.373.2806
jverfurth@hightoweradvisors.com



parishioner

HIGHTOWER VWG Wealth Management

Securities offered through HighTower Securities, LLC member FINRA/SIPC. HighTower Advisors, LLC is a SEC registered investment advisor.

Please Patronize

The Sponsors Who Appear On This Bulletin. It Is Through Their Support That This Bulletin Is Made Possible. Business Owners Interested In Advertising Please Call

J.S. Paluch
1-800-945-6629

✂ Please Cut Out This "Thank You Ad" and Present It The Next Time You *Patronize One of Our Advertisers*

Thank You

Thank you for advertising in our church bulletin.
I am patronizing your business because of it!



FAMILY EYE CARE
Dr. Thomas P. Finley • Optometrist
Eye Examinations • Contact Lenses • Pediatric Vision
Fashion Eyewear • Laser Vision Correction
709 Pine St., Herndon (703) 471-7810

St. Joseph's Roofing, Inc.

703-716-7663 ROOFING • WINDOWS • GUTTERS • SIDING www.SJRoof.com

ADAMS-GREEN Funeral Home

Funeral & Cremation Services
Crematory on Premises
Family Owned & Operated Since 1885



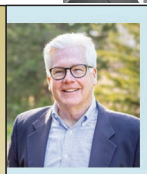
Chris Adams • Owner/Funeral Director
(703) 437-1764 • (703) 471-4090
www.adamsgreen.com
721 Elden Street • Herndon, VA



WISDOM TEETH & DENTAL IMPLANTS & COSMETIC FACIAL SURGERY

WASHINGTONIAN TOP ORAL & FACIAL SURGEON

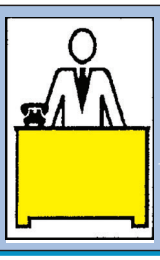
CRAIG VIGLIANTE, MD, DMD
BOARD CERTIFIED ORAL & FACIAL SURGEON
PARISHIONER **703-723-5366**
www.PotomacSurgicalArts.com



JIM SINNOTT
Realtor Licensed in Virginia
Keller Williams Realty
c. 703.717.8527
o. 703.430.9008
Jim.sinnott@fulcrumpg.com
www.jimsinnott.kwrealty.com

Fulcrum PROPERTIES GROUP

Your trusted home and real estate resource
Parishioner, member: St. Louis Martin, Council Knights of Columbus, Thomas J. Cunningham Division - Ancient Order of Hiberrians



Your ad could be in this space!

IPS CENTER
FOR PSYCHOLOGICAL SERVICES
AT DIVINE MERCY UNIVERSITY
Psychotherapy | Assessment | Consultations
www.ipscenter.org | Arlington, VA
Phone: **703.418.2111** | Fax: 703.416.8588

Paragon home care

TRUSTED SENIOR CARE SERVICES
PROVIDING A HELPING HAND AT HOME

- Personal Care Services
- Companion and Respite Care
- Live-Ins • Meal Preparation
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured

Arlington Diocese Member Owned & Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950



FINDaPARISH.com

The Most Complete Online National Directory of Catholic Parishes

CHECK IT OUT TODAY!

Stream Valley Veterinary Hospital

As Professionals, we will provide you with or advise you about the finest and most up-to-date veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY
703-723-1017
streamvalleyvet.com • ***Parishioners***

Vocations Don't Just Happen:
Ask Somebody.
Serra for Priestly and Religious Vocations

WHY IS IT
A man wakes up after sleeping
under an ADVERTISED blanket
on an ADVERTISED mattress
and pulls off ADVERTISED pajamas
bathes in an ADVERTISED shower
shaves with an ADVERTISED razor
brushes his teeth
with ADVERTISED toothpaste
washes with ADVERTISED soap
puts on ADVERTISED clothes
drinks a cup
of ADVERTISED coffee
drives to work
in an ADVERTISED car
and then . . . .
refuses to ADVERTISE
believing it doesn't pay.
Later if business is poor
he ADVERTISES it for sale.
WHY IS IT?

Chuong C. Phan, D.D.S., FAGD
Anna V. Abel, D.D.S.

Voted Top Dentists by NOVA Magazine
After a Decade Providing Dental Care in Sterling
Now Introducing New Office for Your Convenience:



Loudoun Dental Arts, PLLC
44121 Harry Byrd Highway, Suite 160
Ashburn, VA 20147
(703) 858.7777
*Please bring this ad we will donate $50 to St. Theresa Church when you become our NEW patient**
**Limited time offer*

Complete Health Dentistry
Ann N. Hebda D.D.S.
Dental care for the Entire Family



St. Theresa Parishioner

Dr. Ann N. Hebda
www.drannhebda.com
703-723-9788
20600 Gordon Park Square, Suite 190
Ashburn, VA 20147

BEGLIS LAW
Wills & Trusts
James P. Beglis, Esquire
21 N. King St., Leesburg, VA
www.beglislaw.com 703-771-8700

P & D Plumbing
No job too small or too big, we do it all!
703-939-4473
Licensed & Insured
www.panddplumbing.com

MCLOUGHLIN & SOMMER TEAM
-Service you deserve, Realtors you can trust-
Deb McLoughlin
C: 571-421-6530
Roe Sommer
C:703-919-7012
O: 703-726-3909
Weichert Realtors
Loudoun County



Forever Lolita LLC
Look better. Feel better.
www.foreverlolita.com • www.rose.flp.com
571.215.9239 • rose@foreverlolita.com
Percentage of sales go to St. Theresa Church.
FOREVER

"Loudoun's Oldest Family-Owned & Operated Funeral Home"
COLONIAL FUNERAL HOME of Leesburg



Greg & Suzanne Walley, Owners
201 Edward Ferry Road NE, Leesburg, Virginia 20176
703-777-1414
www.colonialfuneralhome.com
• Burial • Cremation • Veterans Funerals • Preplanning

BONEFISH GRILL
ASHBURN • 703-723-8246
15 % Off with this ad
Martini Mondays $7 Martinis
Hooked on Tuesdays
3 Course Meal Starting at $16.90
• SAT & SUN BRUNCH •

Consider Remembering Your Parish in Your Will.
For further information, please call the Parish Office.

Westlake Legal Group
"We plan to win, because we plan to win"
Family Law & Adoption
Criminal Law • Personal Injury
Bankruptcy • Civil Law
Call for a Free 15 minute Consultation 703.406.7616
www.WestLakeLegal.com
46175 Westlake Drive, #320, Potomac Falls, VA 20165



Paul Martin
Associate Broker
Nalan Martin
Real Estate Agent
Parishioners!
703-298-6502
www.MartinTeamVA.com
paul.martin@pearsonsmithrealty.com

MARTIN TEAM VA
RELAX, WE'VE GOT THIS!
FIVE STAR SERVICE!
43777 Central Station Dr
Suite 390
Ashburn, VA 20147
571-386-1075
PEARSON SMITH REALTY

BROADLANDS FAMILY PRACTICE
Providing Comprehensive Health Care for the Whole Family
Board Certified Family Practitioners
Pediatrics • Adolescent Health
Well-Woman Care • Adult & Geriatric Care



Jennifer S. Wilder, MD, Jeffrey A. Cohn, MD
K. Michael Rodriguez, MD
703.726.0003 | broadlandsfamilypractice.com
20905 Professional Plaza, Suite 330 | Ashburn, VA 20147

POTOMAC SERVICLEAN MAID SERVICE
FREE ESTIMATES • FAMILY OWNED & OPERATED
$20.00 OFF 2ND CLEANING WITH THIS AD
~ Licensed • Bonded • Insured ~
(703) 435-0409 SINCE 1989 (703) 725-7371

St. Theresa's parishioner and school parent
COSTA
FAMILY & COSMETIC DENTISTRY
CostaSmiles.com
EARLY & LATE APPOINTMENTS AVAILABLE.
ASHBURN: 703.542.7000 GREAT FALLS: 703.757.0833



Loudoun FUNERAL CHAPEL & CREMATORY
Our family serving yours since 1978
158 Catoctin Circle, SE

HOW WILL YOU BE REMEMBERED?
■ Full Service Facility
■ Pre-Planning
■ Traditional Burial Services
■ On-site Cremation Services
■ Receptions
■ Monument Sales & Installation
158 Catoctin Circle, SE, Leesburg, VA 20175
www.loudounfuneralchapel.com ■ 703-777-6000

JACK LAWLOR REALTY CO.
Since 1984
4½ % COMMISSION
FULL SERVICE
703-726-9444

WASHINGTONIAN TOP ORTHODONTIST // #2 INVISALIGN PROVIDER NATIONWIDE // MOST INVISALIGN PATIENTS TREATED IN VA!



PARISHIONERS & PROUD SUPPORTERS OF CATHOLIC EDUCATION
northern virginia orthodontics
DR. ZACH CASAGRANDE DR. ELVI BARCOMA
DR. DANIELLE ROBB DR. DAVID COLE
ASHBURN & RESTON // 703.996.4439 // NVORTHODONTICS.COM
Discount for St. Theresa Families