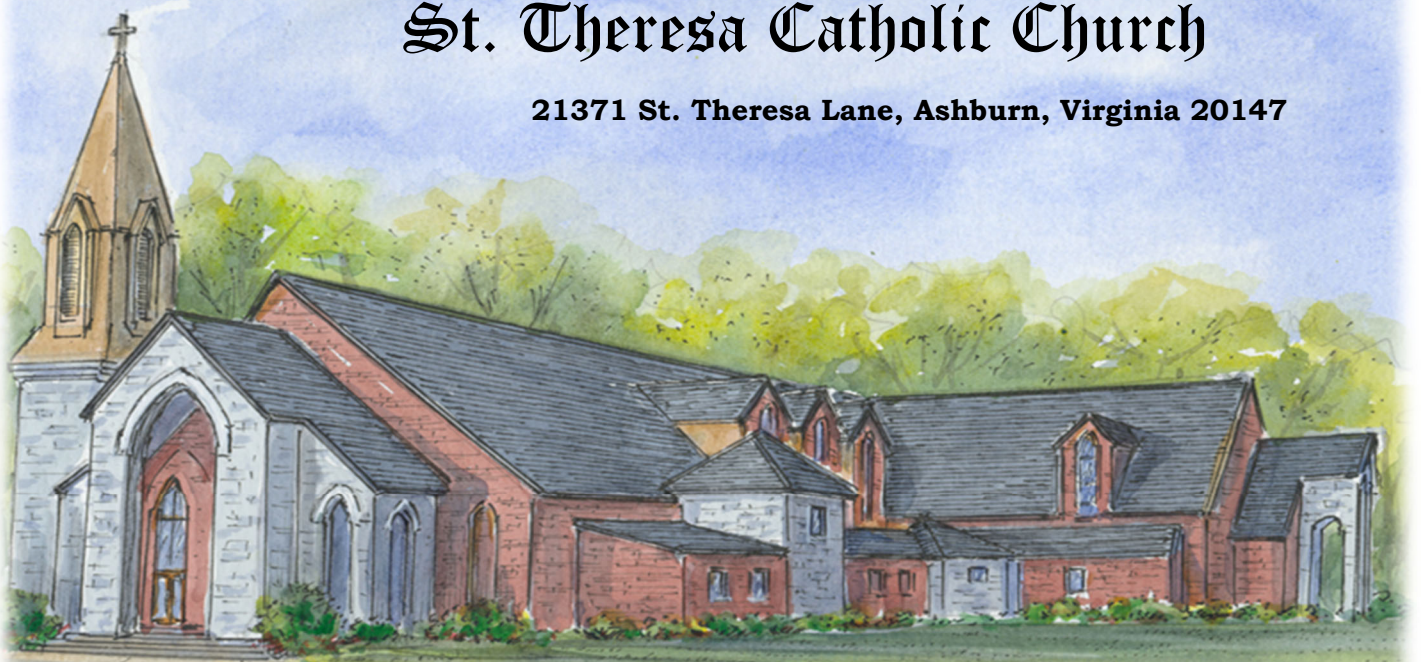


# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147



**May 16, 2021**

**The Ascension of the Lord**

## *Masses for the Week*

<b>Mon, May 17</b>	6:15— Mother's Day Novena 8:30— James Perry+
<b>Tues, May 18</b>	6:15— Azucena & Rodolfo Garcia+ 8:30— Jacob & Mary Mravcak+
<b>Wed, May 19</b>	6:15— Danielle Hickey 8:30— Marvin Fooks 12:15— Stan Urynowicz+
<b>Thurs, May 20</b>	6:15— Aidan Byrne 8:30— Sosamma Chacko+
<b>Fri, May 21</b>	6:15— David Adolph Cubarney+ 8:30— Fr. Richard Guest
<b>Sat, May 22</b>	8:30— Mary Jane Ballard+ 5:30— Earl Wong
<b>Sun, May 23</b>	7:30— Matilda Moloczniak+ 8:45— Gerry Walsh+ 10:30— Deceased Members of the Keane & Bianchet Families+ 12:30— Frank J. DeMeo+ 5:00— St. Theresa Parishioners

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am (+ live stream); 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday Wednesdays: 12:15pm
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	<b>Wednesdays, 7pm*</b> <b>(New day and time)</b>
<b>Confessions:</b>	Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Nicholas R. Barnes, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Connie Williamson, Doug Schmude, Matthew Albert Skubie, Barbara Orandello, Jeff Peters, Kate Bresnahan, Leah Monteiro, Marcela Garcia, CJ Buechner, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Lisa Barrett-Handley, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Ben Thede, Eugene Prosack, Lynn Petrara, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette, Fred Beverly, Jesse Michl, Erick Pollock.

**Prayers For Our Military:** Caleb Heffern, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden, Meghan E. Fitzgerald, Bill Short, Griffin Spencer.

## Towards A Better Understanding of the Homily (Part II)

Last week, we took a look at what a homily is supposed to be. This week, let's complete the subject of the homily by answering some of the most common questions about it.

### Who can preach a homily at Mass?

The homilist must be a bishop, priest, or deacon. Although many of the laity are quite learned in theological matters and skilled at public speaking, we believe that during the homily, something is operative beyond the level of mere human skill and knowledge. The sacrament of Holy Orders actually confers a grace on the recipient to speak on behalf of the Church for the benefit of all the faithful. It is by this grace that the faithful are helped most.

### Can you ever skip the homily?

Not on Sundays and holy days of obligation. On these days, the homily is a required part of the Mass. On weekdays the homily is optional, but recommended, especially on the weekdays of Advent, Lent, and Easter.

### Is there a difference between a "homily" and a "sermon?"

As I mentioned last week, a "homily" tries to explain the readings, or the prayers of the Mass, and make them relevant for the present day. A "sermon" by contrast is a religious speech on a subject not necessarily related to the readings. A "sermon" may set aside the readings, feast days, or the prayers of the Mass to talk about any given subject. A "homily" does not do this.

### Is it hard to preach a homily?

To answer simply "yes" would be an understatement. The homily is without question the most difficult part of preparing for the Mass. For this priest, at least, preaching a homily is an extraordinarily heavy burden. Consider for a moment what he must do—he must preach a life-changing message (or at least try) to a diverse audience of all imaginable ages, dispositions, education levels, and needs. He must be succinct, pithy, and engaging. He must do this from scripture passages written up to 3,000 years ago in an entirely different language and culture, that people have heard many, many times before. And must do this every week, week in and week out, without losing his train of thought in the midst of indescribably challenging distractions—both visible and audible. Yes, it is very hard to preach a homily.

### How long does it take to write a homily?

If all goes according to plan, it takes this priest six to eight hours to write a ten-minute homily, although like most things in life, things very rarely happen according to plan.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

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## Pro-Life Corner

### Baby Bottle Collection Today

Today we are collecting Baby Bottles after all the masses for Mosaic-Virginia. Thank you for supporting this worthwhile cause. All bottles should be returned to the baskets in the narthex of the church. God bless you! Once again, if you weren't able to give in person please visit [www.mosaic-virginia.org/bbc](http://www.mosaic-virginia.org/bbc), click "Give" and then choose "St. Theresa Parish".



### Day of Healing and Prayer

Post-Abortion Healing Retreats for Women in English and Spanish: An Entering Canaan Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, September 25, 2021. Come begin your healing journey and experience God's hope and mercy. You are not alone. There is hope. There is healing. For more information and confidential registration, please contact Project Rachel Ministry 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

### Entrando en Canaan un Día de

Oración y Sanación para mujeres que han experimentado el aborto provocado; se llevará a cabo el sábado 25 de septiembre del 2021. Venga a comenzar su viaje de curación y experimente la esperanza y la misericordia de Dios. No está sola. Hay esperanza. Hay curación. Para obtener más información y registro confidencial, comuníquese con el Ministerio de Proyecto Raquel y contacte a Maria Luisa al 703.841.2504.

### Please Pray for the Recently Deceased

Leonard Mello and Thomas Forde

# Youth Education and News



ymoffice@sainttheresaparish.com

A **weekly Monday Night** gathering for High Schoolers is being held in the outside school courtyard from 7 to 8:15pm - all High Schoolers are encouraged to join.

**Upper Room Squad for High Schoolers**—Sunday • May 16th • May 23rd, from 3-4:30pm All High Schoolers are encouraged to join

### For all events:

URS and Rock Squad will be all outside so it is weather dependent. All are encouraged to join - masks are welcome - just contact Paul Dwyer at ymoffice@sainttheresaparish.com

To participate in Upper Room Squad & Rock Squad all attending will need to download the 'Arlington Diocese Waiver to Participate in Youth Ministry' from the Youth Ministry page on the Parish Website. Please print out the form, sign it, and hand it in or scan

and email. This needs to be done before participating.

**In-Line Hockey?** Is your Middle Schooler/High Schooler interested in participating in a 'just for fun' in-line hockey gathering at Trailside Park? We would gather once every two weeks, sometime in the afternoon, during the summer months. Please use the QR Code below to access our simple interest survey. The details are still being worked out but we would meet at the park, play for an hour, and then gather near the rink and talk for 15 minutes about a faith topic for that day. We will not be providing personal equipment. There will be a small fee to cover the rink rental. This will not be about teaching in-line hockey or skating / game techniques - this is more a time to play, have fun, and show how participating in sports can glorify God. Please contact Paul Dwyer at ymoffice@sainttheresaparish.com if you have any questions.



Office Hours:  
Mon-Thurs. 9am-4pm;  
Fri. 9am-noon

### Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events (i.e. fall picnic, school functions)? St. Theresa's encourages and welcomes your involvement however it requires that all volunteers be compliant. A Volunteer Welcome letter will be sent to your email address along with a link to fill out the electronic forms online. For further details please contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Volunteers will also have to register and sign up for the original VIRTUS course. Please go to [www.virtus.org](http://www.virtus.org).

## STCS May Crowning



Saint Theresa Catholic School

**STCS Parents**, mark your calendars for these upcoming events, and watch your email for details:

**Friday, May 21:** No School  
**Saturday, May 22:** STCS Annual Auction (in-person & virtual)  
**Thursday, May 27:** Band Concert

**Join our joyful team!** St. Theresa Catholic School is accepting applications for a Middle School Counselor (part-time), Middle School Math Teacher (part-time), Extended Day Care Director, Instructional Aide, Resource Aide, and Substitute Teachers. To apply, please send your resume, cover letter, and references (for teaching positions, also include sample lesson plans) to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).

### The Auction is next Saturday, May 22!

A limited number of in-person tickets have sold out, but we invite STCS families, parishioners and friends to join us for a fun and interactive evening from the comfort of your home on Saturday, May 22! Purchase a virtual ticket and view all of the incredible auction items (trips, experiences, dining, & more!) on the school website ("Support STCS"/Auction)...and get ready for a fantastic evening to support our school

**Got Box Tops?** STCS is having an end-of-year Box Tops collection **May 24-28**. Please drop them in the boxes at church, or in the collection bin in the school vestibule. Thank you for supporting STCS!



[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

703.729.2287

## News from our Parish

### Altar Boy Training

Two opportunities For **New Servers**:  
Wednesday May 19 at 4pm  
Saturday May 22 at 10am

For **Experienced servers** who want a refresher  
Friday May 21 at 4pm

Email Fr. Barnes at  
frbarnes@saintthereseparish.com to sign up

### St. Theresa Usher Ministry

Is recruiting ushers to assist at all Masses! This is a wonderful opportunity to serve the Church and community. Greeting parishioners and visitors, assisting those in need, gathering collections, and more ways to share your talents and hospitality with the parish! All are welcome! If you are interested, please contact Sophia Malakooti at sttheresaushers@gmail.com. We look forward to having you join us!

### We're Hiring

St. Theresa Catholic School is accepting applications for a Middle School Counselor (part-time), Middle School Math Teacher (part-time), Extended

Day Care Director, Instructional Aide, Resource Aide, and Substitute Teachers. To apply, please send your resume, cover letter, and references (for teaching positions, also include sample lesson plans) to  
HR@saintthereseparish.com.

### Young at Heart (55+ Older)

Finally, after such a long time, we are going to have a social meeting outside in St. Theresa's Courtyard (located between the Adm. Bldg. and School Front entrance) on Tuesday May 18th from 11:30am to 1:30pm. RAIN dates Wed. May 19th or Thursday May 20th.

Please bring your own lunch. Our Club will provide bottles of water and individually wrapped desserts. It will be FUN to catch up with each other. Not a member, no worries please come as everyone is welcome to attend. There will NOT be a charge for this meeting. Questions, contact Grace Breighner e-mail gracejb18@aol.com or call Grace 703.729.7044.

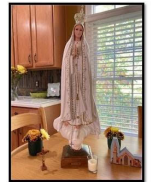
### Monthly Rosary to End the Pandemic

Please join us on the first Sunday of each month as we pray the rosary as a

parish community, for the end of the Covid-19 pandemic. This entirely online event can be joined through our "Google Meets" meeting at the following link <https://meet.google.com/tinxztd-btz>. The rosary will start at 7pm with the online venue opening 15 minutes earlier. We will be accepting donations during each session for a particular pandemic related cause. The next sessions are June 6, July 4, Aug 1, Sep 5, Oct 3, Nov 7, and Dec 5. Please share any special intentions or comments in the chat during the event.

### Sign up to Receive Mary

Would your family like to host the Pilgrim Virgin Statue?  
The Legion of Mary invites you to sign up on the parish website. What a beautiful way to grow closer to our Blessed Mother.



### Latin Mass

The next Latin Mass will be Saturday, May 29th, 8:30am



### Knights of Columbus

**Food Drive:** St. Theresa's parishioners donated 4,781 lbs. of food in March. Thank you for your generosity and kindness. Your actions and the volunteers from the Knights of Columbus and Youth Group make this program successful.

The collection for the month of May will take place on the weekend of May 22-23. Please pick up a blue bag next weekend (May 15-16) and return it with your donation on May 22-23. If a blue bag is unavailable, take a flyer. Grocery bags, cash donations as well as gift cards are accepted. Thanks for your support! Learn more about our food donation program here: <https://www.st-louismartin-kofc.org//st-lucy-project-food-drive>. **Or scan here:**



**Interested in learning more about the Knights of Columbus?** Read-up on our most Frequently Asked Questions at <https://www.st-louismartin-kofc.org/faqs>. **Or scan:**



**Why become a Knight?** We challenge the world's status quo with the Good News of Jesus Christ. We share His unlimited Love and unfathomable Mercy with everyone. We support our Church, help our local community, and defend all life, especially those most vulnerable. We encourage each brother knight to grow in their Faith. We aspire to become better husbands, fathers, sons, and brothers. We want to be like Jesus. We want to bring the entire world to Our Heavenly Father.

Despite a pandemic, we have donated over \$5,000 to the parish's ministry to

the less fortunate. We helped renovate Serenity House, the first shelter in Loudoun County for women recovering from drug and alcohol dependency. We have also collected over 30,000 lbs. of food for the Leesburg Food Pantry this past year. That is over \$45,000 worth of food. And that is just the beginning. **Join here:** <https://www.kofc.org/secure/en/join/join-the-knights.html>

**Or scan:**



If you have any additional questions, contact our Grand Knight directly at [gk15256@vakofc.org](mailto:gk15256@vakofc.org).

**Keep up to date on our charitable works and upcoming events:** *Council website:* [www.st-louismartin-kofc.org](http://www.st-louismartin-kofc.org). *Facebook:* <https://www.facebook.com/Council15256>. *Twitter:* <https://twitter.com/Council15256>.

## Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

# News from the Diocese

## Scholarship Opportunities

The Associates of St. John Bosco offers scholarships to undergraduate students who demonstrate an intense desire to serve the Church in some capacity after graduation. They are pleased to offer three scholarships in the amount of \$3,500 and one scholarship, the Vincent T. Vaccaro Education Scholarship, in the amount of \$5,000 to a student who will be engaged in education or work with young adults after college. The application is **due May 18th**. For more information, please visit: <https://www.asjb.org/scholarship-program>

## Weekend Discernment Retreat for Women

Could Christ be calling you to the religious life? Take a step to find out. The annual diocesan discernment retreat for single women who feel called to a religious vocation is Friday-Sunday, **June 18-20**. The Dominican Sisters of St. Cecilia will be leading the retreat this year, which will aim to help you know yourself and discover the amazing woman God has created you to be. It will also include tools to aid your prayer and discernment, as well as opportunities for prayer, confession, spiritual direction and Q&A with the sisters. Cost is \$60 (financial assistance is available). For more info or to register, contact Fr. Michael Isenberg at [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org). Space is limited; **deadline to register is Friday June 4**.

## Summer Fun, Faith, Food in the Park

A Call to Leadership, **Sat., May 29, 2021, 9am-5pm**. Sponsored by the Legion of Mary to be held at Holy Trinity Jubilee Park Inc. located at 4407 Aldie Road, Catharpin, Virginia 20143. Open to all Catholics ages 19-39. Join us for an exciting day with Holy Mass, Benediction, Confession, uplifting talks, two hours of exciting ropes & obstacle games, bonfire, and group discussion activities. The speakers are: Fr. Francis Peffley and Fr. Joseph Farrell. The fee of \$35 includes food, fun activities, faith-filled talks, ropes activities, group sharing, and other religious activities. Mark your calendar and register before May 15, 2021. For registration forms or to inquire about the retreat, call Dr. Seggy Acosta at 703.392.6420, Maureen Earner 703.622.9293. You may visit [www.holytrinityjubileepark](http://www.holytrinityjubileepark) for registration forms. See you there!

## T.E.A.M. Retreat: Inflaming the Faith Among Teens

**Saturday, June 12, 2021, 9am-5pm**  
The Teenage Enrichment for the Apostles of Mary (T.E.A.M. Retreat) is sponsored by the Legion of Mary to be held at Holy Trinity Jubilee Park Inc. located at 4407 Aldie Road, Catharpin, Virginia 20143. It is open to all Catholics from ages 12 - 18. Come and join us for an exciting day with Holy Mass, Benediction, Confession, Eucharistic Procession, uplifting talks, skits, and three hours of exciting activities. The speakers are: Rev. John Melmer and Rev. Peter McShurley  
The fee, which includes lunch and refreshments, is \$30 per person, \$50 per family of 2 or more children, and \$35 for late registration after May 30. Bring a mask, water, rosary and bug spray. Participants will have opportunities to meet new friends, have fun, learn strong Catholic values, and more particularly, be drawn closer to God. Mark your calendar and register early. To obtain registration forms or to inquire about the retreat, call Dr. Seggy Acosta at 703.392.6420, Dr. Christine Wilson at 571.274.6923. Scholarships are available based on financial needs. You may visit [www.holytrinityjubileepark](http://www.holytrinityjubileepark) for registration forms. See you there!

**An Entering Canaan Day of Prayer & Healing** for women who have experienced abortion will be held **September 25, 2021, 9 am to 5 pm**. Come begin your healing journey and experience God's hope and mercy. You are not alone. There is hope. For more info and confidential registration, please contact Project Rachel Ministry: 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

## Upcoming Events at Our Lady of Bethesda Retreat Center

**Three to Get Married Marriage Prep**  
Jun 24-27 (Virtual Only)  
Jun 10-13 (In-Person Only)  
The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$315 per couple. Space will be limited and these weekends fill up quickly.

## Take a Personal "Retreat" Day

Jun 11, Jul 23 (In-Person Only)  
Are your days overcrowded, jam-packed, and busy, busy, busy? Jesus tells you to "Come away with me..." to Our Lady of Bethesda Retreat Center where your very own personal retreat awaits. During your personal retreat, from 8:30am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus continental breakfast and lunch, so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$120 per person. Registration is required.

## Men's Silent Retreat Weekend

June 4-6, 2021  
Limited attendance and other safety precautions are in place to maintain a safe and healthy environment. Are you longing for silence and solitude during these troubled times? Explore your mission in life and Experience His Presence in the Silence! This weekend silent retreat will focus on the first stage of St. Ignatius' spiritual exercises dedicated to the principal and foundation of our lives in God. You will learn how to grow in your mental prayer, as well as how to discern the movements of the Holy Spirit in your life. Cost is \$250 per person.

## Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop

May 22-23, 2021 (In-Person Only)  
A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! The expert speaker team includes Catholic psychologists, therapists, and priests who will offer their expertise and experience, plus they will be on hand the entire weekend to offer individual consultation, upon request. Please note: This is NOT an overnight program. Cost: \$400 per couple.

Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. See our website for more details about measures to limit exposure to illness, details about the program and links to register:  
[www.ourladyofbethesda.org](http://www.ourladyofbethesda.org)

## Parish Offices

Secretary: Christine Young, 703.729.2287  
Secretary: Kelly Cosenke, 703.729.2287  
Business Manager: Scott Pochick, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Priscilla Keller, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

### Car Raffle—Thank you!

Many thanks to all who participated in the car raffle. We received \$39,000.00 in proceeds to help families in need. God bless you! The winners list can be found on the [www.allsaintsvachurch.org](http://www.allsaintsvachurch.org) website.

### Little Flower Consignment sale is Back!

-June 18 & 19th  
Consign, volunteer, donate and/or shop! All proceeds go to Divine Mercy Outreach to help families in need. Shopping Reservations required.

Consign gently used children's clothing (infant to teens), maternity clothing, baby gear, shoes, toys, games, DVDs, books and more. Earn 50-70% of your sales. For more information go to [www.littleflowerconsignments.org](http://www.littleflowerconsignments.org)

If you do not want to consign but would like to donate- Donations of toys, children's books or baby items (only items in good condition accepted), please do not leave items at church- contact Elisa Mitchell at 703-786-5252 or [eagmitchell@gmail.com](mailto:eagmitchell@gmail.com) Or if you have children's clothes to donate, contact Carina Rodriguez [worldtraveler25@hotmail.com](mailto:worldtraveler25@hotmail.com).

**Monetary Donations.** Your donations make a difference in the lives of struggling families. We receive requests from organizations working with Veterans, families who are suffering financially due to COVID 19, those who have a medical emergency, disability, or other emergencies that need help.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

### The Visitation Ministry

HOMEBOUND or want to volunteer to visit the homebound? We have wonderful parishioners who would love to call and visit you by phone if you are not comfortable with a home visit at this time! If you need help with an errand or would like someone to pray with you, let us know. We are also looking to add to our list of volunteers to make visits. Please contact Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Items needed for Backpack Buddies**  
Backpack Buddies provides weekend

meals for low- income students in local schools. They are in need of these items: Shelf-stable white milk drink boxes (Horizon brand or Wegmans brand is best) and Hormel Compleat meals. If you can help, please place them in the Daily Bread/ Backpack Buddies box at church. Questions? Contact Beth Renzette at 703.507.8575 or [bd@renzette.org](mailto:bd@renzette.org)

### Friends in Need

Provides meals on a short term basis for those families or individuals in the parish who are unable to cook for themselves due to illness or a medical situation in the immediate family, arrival of a new baby...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one are in need of help with meals.

**Looking for ways help?** Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. You will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)

Please do not leave clothing at church.

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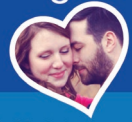
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**The National Center on Sexual Exploitation:**

440 1st Street NW, Suite 840, Washington, DC 20001

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## heaven can't wait

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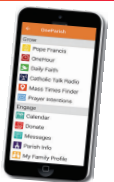
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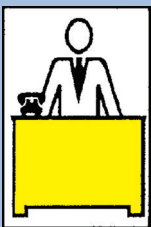


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