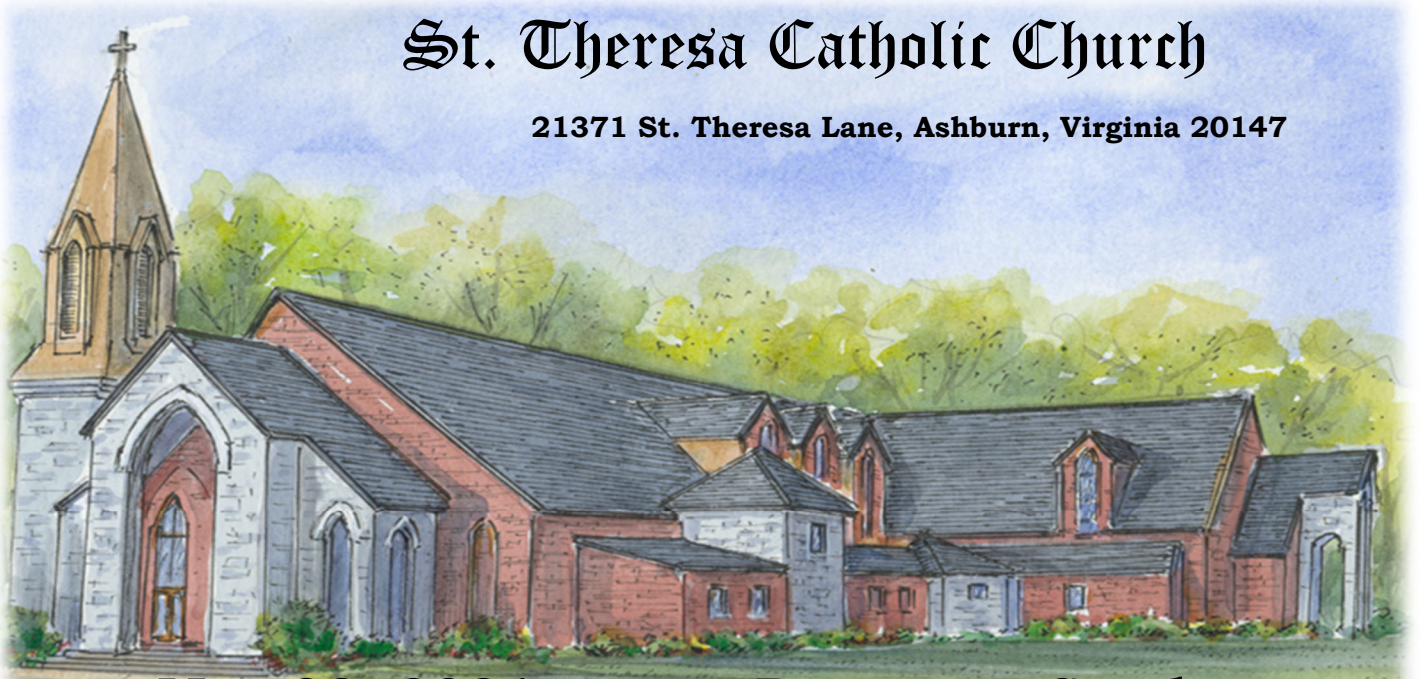


St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147



May 23, 2021

Pentecost Sunday

Masses for the Week

Mon, May 24	6:15— Mary Jane Carriere Bruns+ 8:30— Barry J. Mahoney+
Tues, May 25	6:15— John Paul Dausch 8:30— Souls in Purgatory+
Wed, May 26	6:15— A. Amal Raj Leevin Johnson and Leo Churchill+ 8:30— Ruth McNichol+ 12:15— Stan Urynowicz+
Thurs, May 27	6:15— Souls in Purgatory+ 8:30— Valerie Joan Schmude+
Fri, May 28	6:15— Jim & Dagmar Cook+ 8:30— Tony Wynne
Sat, May 29	8:30— Daisy Marvin+ 5:30— Kelsey Hackenbury+
Sun, May 30	7:30— St. Theresa Parishioners 8:45— Mark Steven Voss+ 10:30— Damiano, Rucci, Joseph & Carmela Dinatale, and Giuseppe & Piera Carnovale+ 12:30— Joseph, Carlo & Laura Maresca+ 5:00— Helen Schmude+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am (+ live stream); 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday Wednesdays: 12:15pm
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm* (New day and time)
Confessions:	Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Connie Williamson, Doug Schmude, Matthew Albert Skubie, Barbara Orandello, Jeff Peters, Kate Bresnahan, Leah Monteiro, Marcela Garcia, CJ Buechner, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Lisa Barrett-Handley, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Ben Thede, Eugene Prosack, Lynn Petrara, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette, Fred Beverly, Jesse Michl, Erick Pollock.

Prayers For Our Military: Caleb Heffern, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden, Meghan E. Fitzgerald, Bill Short, Griffin Spencer.

Why Do Catholics Genuflect?

For a cradle-Catholic, it may seem unnecessary to examine something so basic and fundamental as genuflecting, but to a non-Catholic, genuflecting is one of those oddities that leads people to ask, "Why do Catholics do that?" Interestingly enough, genuflecting is one part of the Mass that is not "Catholic" at all, in its origins.

The word "genuflect" derives from the Latin phrase *flectamus genua* ("let us bend the knee,") which is still used frequently in the Latin Mass. The practice of genuflecting, however, predates the Church by many centuries. From time immemorial, it was a common form of reverence for a subject to fall to his knees before a king, an emperor, or a pharaoh, but the characteristically Catholic practice of bending one single knee has its origin in the codes of chivalry of the High Middle Ages. In the royal courts of Europe, upon entering into the presence of a king, a knight was expected to remove his sword from its sheath, turn its tip to the floor and with his hand resting on the hilt, bend a single knee to the ground. This chivalric gesture became a symbol of loyalty, reverence, and trust. Since no soldier can defend himself while on his knees, it placed the knight at the king's mercy.

Can you see how this gesture led to genuflection at church? If a knight showed such reverence and trust for an earthly king, how much more should he do so for Jesus, the King of Kings. We express our loyalty, reverence, and trust in God each time we genuflect. That's why genuflecting has become a popular expression of love for Jesus, truly present in the Blessed Sacrament, as well as a visible reminder of this presence to all the faithful.

Genuflecting in church thus arose from the popular devotion of the people. It gradually replaced the profound bow from the waist, which preceded it, and which still remains normative in the liturgical practice of the Eastern Rites. Not until 1502 does genuflection appear as a rubric in any church missal. While always popular among the people, it became required for the priest at several places in the Mass.

This month, St. Theresa celebrates First Communion for all our second-grade and religious education students. I hope the witness of so many young people receiving Christ in the Eucharist should help us deepen our own reverence for the Blessed Sacrament. I hope this quick look at genuflection will help you as well.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Current Vacant Adoration Slots

"What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer."— St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

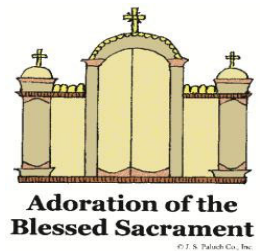
As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.

Adoration Chapel Update

Adoration is open on a limited basis (Monday 9am-Friday 9pm).

Please see below for vacant slots:

Mon	Tues	Wed	Thurs	Fri
11:30pm	12:30am	12:30am	1:30am	1:30am
	1:30am	2:30am	2:30am	2:30am
	2:30am	3:30am	3:30am	3:30am
	3:30am	7:00pm		



Please Pray for the Recently Deceased

Leonard Mello, Thomas Forde and Ronald Panaggio

Youth Education and News



ymoffice@sainttheresaparish.com

A **weekly Monday Night** gathering for High Schoolers is being held in the outside school courtyard from 7 to 8:15pm - all High Schoolers are encouraged to join.

Upper Room Squad for High Schoolers—Sunday • May 23rd, from 3-4:30pm All High Schoolers are encouraged to join

For all events:

URS and Rock Squad will be all outside so it is weather dependent. All are encouraged to join - masks are welcome - just contact Paul Dwyer at ymoffice@sainttheresaparish.com

To participate in Upper Room Squad & Rock Squad all attending will need to download the 'Arlington Diocese Waiver to Participate in Youth Ministry' from the Youth Ministry page on the Parish Website. Please print out the form, sign it, and hand it in or scan

and email. This needs to be done before participating.

In-Line Hockey? Is your Middle Schooler/High Schooler interested in participating in a 'just for fun' in-line hockey gathering at Trailside Park? We would gather once every two weeks, sometime in the afternoon, during the summer months. Please use the QR Code below to access our simple interest survey. The details are still being worked out but we would meet at the park, play for an hour, and then gather near the rink and talk for 15 minutes about a faith topic for that day. We will not be providing personal equipment. There will be a small fee to cover the rink rental. This will not be about teaching in-line hockey or skating / game techniques - this is more a time to play, have fun, and show how participating in sports can glorify God. Please contact Paul Dwyer at ymoffice@sainttheresaparish.com if you have any questions.



Office Hours:
Mon-Thurs. 9am-4pm;
Fri. 9am-noon

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events (i.e. fall picnic, school functions)? St. Theresa's encourages and welcomes your involvement however it requires that all volunteers be compliant. A Volunteer Welcome letter will be sent to your email address along with a link to fill out the electronic forms online. For further details please contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Volunteers will also have to register and sign up for the original VIRTUS course. Please go to www.virtus.org.



STCS Parents, mark your calendars for these upcoming events, and watch your email for details:



Saint Theresa Catholic School

Thursday, May 27: Band Concert
Friday, May 28: Field Day; Half-day
Monday, May 31: No School, Memorial Day

Join our joyful team! St. Theresa Catholic School is accepting applications for a Middle School Counselor, Middle School Math Teacher (part-time), Extended Day Care Director, Instructional Aide, Resource Aide, and Substitute Teachers. To apply, please send your resume, cover letter, and references (for teaching positions, also include sample lesson plans) to HR@sainttheresaparish.com.

Thank you to our wonderful Sponsors, who helped make the STCS Annual Auction such a success!
Auction Night Level: **Ashburn Asphalt, C2 Operations, Hope Faster, NOVA Pediatric Dentistry & Orthodontics; Maureen & Tim Prince**, Diamond Level: **OrthoVirginia/Dr. Mook & Dr. Switaj**; Gold Level: **Kevin & Kelly Campbell, Randy & Patricia**

Mook, The Abbate Agency, Truist, Carr Maloney PC/Mr. Glaws, Legacy Law Centers, Quoin Pharmaceuticals, Salvetti Law Group; Silver Level:

Northern Virginia Orthodontics, Southwest Distribution, Inc.; Bronze Level: **Alison Harris Burke Realtor, Ben Heisler Homes, Dr. Jabs Cosmetic Surgery Associates, Parallel Wine Bistro;** Jackpot Level: **Christopher & Laura Alloway, Ashburn Pediatrics, Dan & Julie Bailey, Erlinda Dickerson, Jackie Lawlor Realty, Metro Building, Teresa & Robert Niffenegger, Mrs. O'Malley, Pediatric Dentistry South Riding, Valerie Pineo Realtor, Christina Smaltz;** In-kind: **Chariots for Hire.**

Got Box Tops? STCS is having an end-of-year **Box Tops** collection **May 24-28**. Please drop them in the boxes at church, or in the collection bin in the school vestibule. Thank you for supporting STCS!



News from our Parish

Latin Mass, Saturday May 29

This Saturday, May 29, the 8:30am Mass will be offered in Latin in the Extraordinary Form.

St. Theresa Usher Ministry

Is recruiting ushers to assist at all Masses! This is a wonderful opportunity to serve the Church and community. Greeting parishioners and visitors, assisting those in need, gathering collections, and more ways to share your talents and hospitality with the parish! All are welcome! If you are interested, please contact Sophia Malakooti at sttheresaushers@gmail.com. We look forward to having you join us!

We're Hiring

St. Theresa Catholic School is accepting applications for a Middle School Counselor, Middle School Math Teacher (part-time), Extended Day Care Director, Instructional Aide, Resource Aide, and Substitute Teachers. To apply, please send your resume, cover letter, and references (for teaching positions, also include sample lesson plans) to HR@sainttheresaparish.com.

Monthly Rosary to End the Pandemic

Please join us on the first Sunday of

each month as we pray the rosary as a parish community, for the end of the Covid-19 pandemic. This entirely online event can be joined through our "Google Meets" meeting at the following link <https://meet.google.com/tin-xztd-btz>. The rosary will start at 7pm with the online venue opening 15 minutes earlier. We will be accepting donations during each session for a particular pandemic related cause. The next sessions are June 6, July 4, Aug 1, Sep 5, Oct 3, Nov 7, and Dec 5, Please share any special intentions or comments in the chat during the event.

Young Adults – looking for a faith group connection?

Check out the 'Frassati Young Adults (Western Loudoun)' This is a vibrant and quickly expanding group for Catholic young adults who are in western Loudoun County and want to hang out & grow in their faith!! Anyone college age through 35 is welcome: For **Facebook**: <https://www.facebook.com/groups/279968990108068> or the **FaceBook group** (Frassati Young Adults (Western Loudoun)) For **Instagram**: [@frassati.loco](https://www.instagram.com/frassati.loco)

For **Reminds** about events: Send this text "@locoyo" to 81010 to receive updates on events!

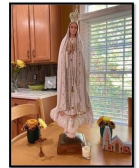
For **Email**: Contact Sabrina McCormack at sabrina.maeve@gmail.com

Arlington Diocese Young Adult Ministry:

This is a connection to Diocesan wide Young Adult Ministry events – including retreats, talks, musical events, praise & worship adoration, 'theology on tap' speakers, and much more. They have a bi-weekly newsletter, Facebook, Instagram, and Diocesan website that can all be found at this link: <https://www.arlingtondiocese.org/youngadults/>

Sign up to Receive Mary

Would your family like to host the Pilgrim Virgin Statue? The Legion of Mary invites you to sign up on the parish website. What a beautiful way to grow closer to our Blessed Mother.



Knights of Columbus

Food Drive: The May food drive is taking place this weekend (May 22-23). No worries if you were unable to pick up a blue bag last week, you can still donate by bringing in unexpired items in grocery bags or make a cash or gift card donation by the 5 pm mass on May 23. Thanks for your ongoing support! Learn more about our food donation program here: <https://www.st-louismartin-kofc.org//st-lucy-project-food-drive>. **Or scan here:**



Interested in learning more about the Knights of Columbus? Read-up on our most Frequently Asked Questions at <https://www.st-louismartin-kofc.org/faqs>. **Or scan:**



Why become a Knight? We challenge the world's status quo with the Good News of Jesus Christ. We share His unlimited Love and unfathomable Mercy with everyone. We support our Church, help our local community, and defend all life, especially those most vulnerable. We encourage each brother knight to grow in their Faith. We aspire to become better husbands, fathers, sons, and brothers. We want to be like Jesus. We want to bring the entire world to Our Heavenly Father.

Despite a pandemic, we have donated over \$5,000 to the parish's ministry to the less fortunate. We helped renovate Serenity House, the first shelter in Loudoun County for women recovering from drug and alcohol dependency. We have also collected over 30,000 lbs. of food for the Leesburg Food Pantry this past year. That is

over \$45,000 worth of food. And that is just the beginning. **Join here:** <https://www.kofc.org/secure/en/join/join-the-knights.html>

Or scan:



If you have any additional questions, contact our Grand Knight directly at gk15256@vakofc.org.

Keep up to date on our charitable works and upcoming events: *Council website:* www.st-louismartin-kofc.org. *Facebook:* <https://www.facebook.com/Council15256>. *Twitter:* <https://twitter.com/Council15256>.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

www.sainttheresaparish.com

703.729.2287

News from the Diocese

Weekend Discernment Retreat for Women Could Christ be calling you to the religious life? Take a step to find out. The annual diocesan discernment retreat for single women who feel called to a religious vocation is Friday-Sunday, **June 18-20**. The Dominican Sisters of St. Cecilia will be leading the retreat this year, which will aim to help you know yourself and discover the amazing woman God has created you to be. It will also include tools to aid your prayer and discernment, as well as opportunities for prayer, confession, spiritual direction and Q&A with the sisters. Cost is \$60 (financial assistance is available). For more info or to register, contact Fr. Michael Isenberg at vocations@arlingtondiocese.org. Space is limited; **deadline to register is Friday June 4**.

Watch the Livestream of the Ordination to the Priesthood

On Saturday June 5, Bishop Burbidge will ordain Deacons Jonathan Fioramonti, John Paul Heisler, Jonathan Smith and Joe Townsend to the priesthood for our diocese. All are invited to participate in the beauty and transcendence of the Ordination Mass via livestream and pray for these new priests. (Unfortunately the Mass is closed to the public due to COVID-19 restrictions.) Rosary: 10:30am; Mass 11am. www.ArlingtonDiocese.org for the latest information, or the Arlington Diocese YouTube Channel to watch the ceremony.

Summer Fun, Faith, Food in the Park

A Call to Leadership, **Sat., May 29, 2021, 9am-5pm**. Sponsored by the Legion of Mary at Holy Trinity Jubilee Park Inc. located at 4407 Aldie Road, Catharpin, VA 20143. Open to all Catholics ages 19-39. Join us for an exciting day with Holy Mass, Benediction, Confession, uplifting talks, two hours of exciting ropes & obstacle games, bonfire, and group discussion activities. The speakers are: Fr. Francis Peffley and Fr. Joseph Farrell. The fee of \$35 includes food, fun activities, faith-filled talks, ropes activities, group sharing, and other religious activities. Mark your calendar and register before May 15, 2021. For registration or to inquire about the retreat, call Dr. Seggy Acosta at 703.392.6420, Maureen Earner 703.622.9293. You may visit www.holytrinityjubileepark for registration forms. See you there!

T.E.A.M. Retreat: Inflaming the Faith Among Teens

Saturday, June 12, 2021, 9am-5pm
The Teenage Enrichment for the Apostles of Mary (T.E.A.M. Retreat) is sponsored by the Legion of Mary to be held at Holy Trinity Jubilee Park Inc. located at 4407 Aldie Road, Catharpin, Virginia 20143. It is open to all Catholics from ages 12 - 18. Come and join us for an exciting day with Holy Mass, Benediction, Confession, Eucharistic Procession, uplifting talks, skits, and three hours of exciting activities. The speakers are: Rev. John Melmer and Rev. Peter McShurley
The fee, which includes lunch and refreshments, is \$30 per person, \$50 per family of 2 or more children, and \$35 for late registration after May 30. Bring a mask, water, rosary and bug spray. Participants will have opportunities to meet new friends, have fun, learn strong Catholic values, and more particularly, be drawn closer to God. Mark your calendar and register early. To obtain registration forms or to inquire about the retreat, call Dr. Seggy Acosta at 703.392.6420, Dr. Christine Wilson at 571.274.6923. Scholarships are available based on financial needs. You may visit www.holytrinityjubileepark for registration forms. See you there!

An Entering Canaan Day of Prayer & Healing

for women who have experienced abortion will be held **September 25, 2021, 9 am to 5 pm**. Come begin your healing journey and experience God's hope and mercy. You are not alone. There is hope. For more info and confidential registration, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Marriage Encounter

Jesus came and stood in their midst and said to them, "Peace be with you." Learn how to bring the peace of Christ into your relationship by attending the Worldwide Marriage Encounter weekend on **Sep 24-26, 2021** in Warrenton, VA and **Jul 16-18, 2021** in Beaufort, SC. Early sign up is recommended. For more information visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703.646.1521.

Upcoming Events at Our Lady of Bethesda Retreat Center

Three to Get Married Marriage Prep

Jun 24-27 (Virtual Only)
Jun 10-13 (In-Person Only)
The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$315 per couple. Space will be limited and these weekends fill up quickly.

Take a Personal "Retreat" Day

Jun 11, Jul 23 (In-Person Only)
Are your days overcrowded, jam-packed, and busy, busy, busy? Jesus tells you to "Come away with me..." to Our Lady of Bethesda Retreat Center where your very own personal retreat awaits. During your personal retreat, from 8:30am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus continental breakfast and lunch, so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$120 per person. Registration is required.

Men's Silent Retreat Weekend

June 4-6, 2021
Limited attendance and other safety precautions are in place to maintain a safe and healthy environment. Are you longing for silence and solitude during these troubled times? Explore your mission in life and Experience His Presence in the Silence! This weekend silent retreat will focus on the first stage of St. Ignatius' spiritual exercises dedicated to the principal and foundation of our lives in God. You will learn how to grow in your mental prayer, as well as how to discern the movements of the Holy Spirit in your life. Cost is \$250 per person.

Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. See our website for more details about measures to limit exposure to illness, details about the program and links to register: www.ourladyofbethesda.org

Parish Offices

Secretary: Christine Young, 703.729.2287
Secretary: Kelly Cosenke, 703.729.2287
Business Manager: Scott Pochick, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Food & other items needed

We are in need of food items for our DMO parish pantry to help families with emergency food needs: Hearty soups and canned stew, canned veggies & fruit, cereal, granola/protein bars, breakfast bars, Bisquick/pancake mix, syrup, peanut butter & jelly, cooking oil, nuts. Also: laundry soap, dishwasher and dish soap.

Consignment Sale-June 18 & 19th

The Little Flower Consignment sale is back. Consign, volunteer, donate and/or shop! All proceeds go to Divine Mercy Outreach to help families in need. Shopping Reservations required.

Consign gently used children's clothing (infant to teens), maternity clothing, baby gear, shoes, toys, games, DVDs, books and more. Earn 50-70% of your sales. For more information go to www.littleflowerconsignments.org If you do not want to consign but would like to donate- Donations of toys, children's books or baby items (only items in good condition accepted), please do not leave items at church- contact Elisa Mitchell at

703.786.5252 or
eagmitchell@gmail.com

Or if you have children's clothes to donate, contact Carina Rodriguez
worldtraveler25@hotmail.com.

Monetary Donations. Your donations make a difference in the lives of struggling families. We receive requests from organizations working with Veterans, families who are suffering financially due to COVID 19, those who have a medical emergency, disability, or other emergencies that need help.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Furniture Ministry—accepting kitchen tables & chairs and smaller dressers only. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com if you want to help or if you have these items to donate.

The Visitation Ministry—

Homebound or want to volunteer to visit the homebound? We have wonderful parishioners who would love to call and visit you by phone if you are not comfortable with a home visit at this time! If you need help with an errand or would like someone to pray with you, let us know. We are also looking to add to our list of volunteers to make visits. Please contact Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Items needed for Backpack Buddies

Provides weekend meals for low-income students in local schools. In need of these items: Shelf-stable white milk drink boxes (Horizon brand or Wegmans brand is best) and Hormel Compleat meals. Please place items in the Daily Bread/Backpack Buddies box at church. Questions? Contact Beth Renzette at 703.507.8575 or bd@renzette.org

Looking for ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. You will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com

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 Email: public@ncose.com www.EndSexualExploitation.org




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