

# St. Theresa Catholic Church

**21371 St. Theresa Lane, Ashburn, Virginia 20147**

# June 7, 2020 The Most Holy Trinity

*Dear Parishioners,*

*We are planning a busy week at Saint Theresa. This week a number of our children will be receiving our Lord in Holy Communion for the very first time. Special Masses are scheduled for Monday, Tuesday, and Wednesday at 4:30pm; two Masses will be celebrated Saturday -- at 10am and again at 1pm. Please keep these children in prayer as they continue preparations for this most important encounter with our Eucharistic Lord. (Please note that due to the size of the First Communion Class, we are only able to allow invited guests to these Masses this week.) Some of the children's families may have opted for postponing reception of First Holy Communion until such a time they feel more comfortable with the pandemic situation. That said, you may see more First Communions later in the summer.*

*On Thursday we will be live-streaming the 8:30am Mass via the school Facebook page. This will mark the end of the school year -- and a very unusual one at that! On Friday, we will celebrate a special Mass to mark the Graduation of Saint Theresa Catholic School's Class of 2020. We are very proud of this class and wish them Godspeed as they leave us. Friday evening we will celebrate the Rites of Christian Initiation for those who had been preparing to be received into the Church at the Easter Vigil. Please keep our graduates and our catechumens and candidates in your prayer intentions, as well.*

*Cards for our Father's Day novena are available at the side doors -- in the back of church during the week. To enroll in the novena, you may use the envelope in your monthly packet, or one of the envelopes with the cards. Nine Masses will be offered for those enrolled beginning on Father's Day, June 21st.*

## COVID-19 Phase 1 Parish Mass Schedule

| | |
|---|---|
| **Sunday:** | 7:30, 8:45,<br>10:30am (and live stream);<br>12:30 and 5:00pm |
| **Confessions:** | Thursdays, 8-9pm<br>Saturdays, 4:00-4:45 pm; |

*Due to social distancing guidelines, only 50% church capacity will be allowed during Masses. All persons must maintain social distancing spacing inside the church. Thank you!*

## Clergy

Reverend Richard M. Guest, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette

*God bless you!* Fr Guest

**www.saintheresaparish.com** **703.729.2287** **Office Hrs: 9:30am-3:30pm**

# Youth Education and News

Office Hours:
Mon–Thurs. 9am-4pm;
Fri. 9am-noon

**First Holy Communion Masses**
—**June, 8th, 9th and 10th**, 4:30pm
—**June 13th**, 10am and 1pm
—Those families that are delaying FHC can notify the RE office when there child receives FHC with the date and with what Priest.
—**This Sunday's Mass** will be streamed live from St. Theresa's at 10:30am. To view the Mass go to the parish website.
—**The website, Formed.org**, is a wonderful resource for families who can't attend Mass, and especially for parents to help them educate their children while they cannot attend Religious Education classes during these challenging times.

Go to Formed.org, Click "Sign-Up"
Select "I Belong to For a Parish or Organization" Find St. Theresa Catholic Church by Zip Code "20147"
Enter your email - and you're in!!!

**Adults Plan Ahead to Volunteer**
Want to volunteer at the many St. Theresa's children based programs/ events (i.e. fall picnic, school functions)? St. Theresa's encourages and welcomes your involvement however it requires that all volunteers be compliant. A Volunteer Welcome letter will be sent to your email address along with a link to fill out the electronic forms online. For further details please contact Connie Gilligan, Parish Child Safety Coordinator, at connie@saintttheresaparish.com or call 703.729.3714.

Volunteers will also have to register and sign up for the original VIRTUS course. Please go to www.virtus.org.

ymoffice@saintttheresaparish.com

URS—The High School Youth Group (9th graders - 12th grade)

Weekly zoom calls for High Schoolers are being held - all High Schoolers are encouraged to join in - just contact Paul Dwyer at ymoffice@saintttheresaparish.com for more information.

Rock Squad-Middle School Youth Group
(6th-8th graders)
Saturday, 6:30-8:30pm




**Congratulations to the STCS Class of 2020!** You are an extraordinary and resilient class, and we will miss you! God bless you on your journey, and we hope you'll visit us often! Members of our graduating class will be attending St. Paul VI Catholic High School and several Loudoun County Public High Schools.

**Congratulations, prayers, and best wishes to parishioners, STCS alumni, and all those graduating this spring!** "*Dear young people, let yourselves be taken over by the light of Christ, and spread that light wherever you are.*" -*Saint Pope John Paul II*

**STCS Parents**, please see your Thursday Thunder for information and updates on end-of-year celebrations and procedures.

**STCS Alumni – are you graduating this year or have news to share?** Please let us know by emailing freschir@stsashburn.com (parents, please send us your children's updates). Connect with us and see what's new on social media! Visit the STCS Facebook page (@SaintTheresaSchoolAshburn), the Alumni and Friends Facebook page (@STSAshburnAlumni), and Twitter (@STSAshburnVA). Don't forget to "like" and "follow" us!

Saint Theresa Catholic School




**The Saint Theresa Catholic School (STCS) community is thriving, and applications for the 2020-21 school year are now being accepted. *Won't you join us?*** While we cannot be together at this time, the STCS community is together in spirit! Our students and teachers transitioned to distance learning on March 16, and our school continues to fully operate via the internet. STCS offers exceptional academics and faith formation and has been *Educating Tomorrow's Catholic Leaders* for over 25 years! To learn more or to schedule a virtual meeting, email Admissions Director Donna McDonald, mcdonaldd@stsashburn.com, or leave a voicemail at 703.729.3577.

**It's been Updated!** Interested in supporting local businesses? Check out our NEW directory of STCS Parent-Owned Businesses! You'll find a bit of everything here: Health & Wellness, Home & Auto, Restaurants, and Services. Visit www.stsashburn.com, click the Covid-19 Update button. Thank you for your support!




Unfortunately, due to the school closure, ***Salute to Andrew Lloyd Webber* has been cancelled**. We have attempted to contact all who purchased tickets for the event. If you have not heard from us, please call the school phone 703.729.3577, and we will return your call. Thank you for your support!

# News from our Parish

**Farewell Reception**
A reception is planned in honor of Father Guest on Sunday June 21st after the 12:30pm Mass to thank Father for his 18 years of faithful and loving service to our Parish and to congratulate Father in his new assignment as he continues to follow Jesus' call. Contact Anh Wong at wong.anh@gmail.com for questions or additional information.

**Job Openings**
St. Theresa Catholic School is accepting applications for a part-time school nurse and for positions in our cafeteria and Extended Day Program. Please email your resume and cover letter to Scott Pochick, HR@saintttheresaparish.com.

## Spiritual Recommendations for St. Theresa Parish

Let nothing disturb you,
Let nothing frighten you,
All things are passing away:
God never changes.
Patience obtains all things Whoever has God lacks nothing;
God alone suffices.
~Prayer of St. Theresa of Avila

**Teaching on Mass attendance**
•It is not a sin on anyone's part that public Masses are not being offered. When Masses are once again held publicly, no one will need to confess missing Mass as a sin during this period of time.
•While extraordinary, perhaps a good way to think about not being able to attend Mass would be akin to someone being deployed in the military. Sometimes military service personnel do not have access to a Catholic Chaplain through no fault of their own and therefore cannot attend Mass.
•All parishioners are still being prayed for by parish priests at private Masses. Even though no one is allowed to presently attend, the Masses are still being offered and provide tremendous grace to everyone.

**Continue to follow the Mass**
•App on phone called *ibreviary* that has daily Mass readings, Mass prayers, and the Liturgy of the Hours
—Liturgy of the Hours is the universal prayer of the Church offered throughout the world. These are prayers all priests and religious continue to offer each day.
—Anyone can say some or all of these prayers. There are five "hours" in the day. Office of Readings, Morning Prayer, Daytime Prayer (has three possible times, midmorning, midday, and midafternoon), Evening Prayer, and Night Prayer
•Magnificat. This is a print publication but can also be obtained in a digital format. It has many of the above prayers and includes reflections.
•USCCB (United States Conference of Catholic Bishops). They have access to the daily Mass readings
•Bishop Burbidge will be showing video of Sunday Mass. See the Arlington Diocese website
•EWTN. This is a Catholic cable station that shows Mass each day and has other religious programs

**Spiritual Communion**
•For a variety of reasons, it is not always possible to attend Mass and receive Holy Communion through no fault of a person. It does not replace going to Mass but covers circumstances like our current time.
•Many saints have undertaken this practice, and it is encouraged as a general practice in any situation. This can be prayed at any time of the day and in any place. As a devotion, it can be done every day, not just on Sundays.
•"My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen."

**Renewed Gratitude for Mass**
•This period of time offers a chance to be thankful for the great gift of Mass. Under normal circumstances, Masses in our area are made abundantly available. We can grow, during this time, in gratitude for the gift of gathering around the Lord's altar.
•While attending Mass on Sundays is an obligation (under normal conditions), it is even more so a gift that we can appreciate more deeply, especially when Masses resume normally.

**Reading Scripture**
•In addition to the daily Mass readings, read passages from the Gospel about Jesus healing the sick. It was an extremely important part of His public ministry.
•The Gospel of Matthew is full of accounts where Jesus healed countless individuals.
•James 5:14-15

**Rosary and Chaplet of Divine Mercy**
•The rosary is a powerful prayer that can be prayed as individuals or in small groups.
—There is a strong tradition of praying to Mary for protection and help in grave times of need
•Chaplet of Divine Mercy
—https://www.ewtn.com/catholicism/devotions/chaplet-13364
•Other prayers for protection
—St. Michael the Archangel
—https://www.ourcatholicprayers.com/prayers-for-protection.html

**Praying Act of Contrition**
•This can be done every day to ask for the forgiveness of our sins, especially in circumstances where confession is not possible
•*O my God, I am heartily sorry for having offended you. And I detest all my sins because of your just punishments. But most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve with the help of your grace to sin no more and to avoid the near occasion of sin. Amen.*

**Spiritual Reading, Videos, and Digital Formats**
•Books and other resources available from Dynamic Catholic (website)
•Wordonfire.org
—See Resources where they have videos and books to read
•Formed.org
—St. Theresa Parish has a subscription made available to all parishioners. Sign in using our parish zip code (20147).

### Parish Offices

| | |
|---|---|
| Secretary: | Peggy Sullivan, 703.729.2287 |
| Secretary: | Christine Young, 703.729.2287 |
| Business Manager: | Scott Pochick, 703.729.2287 |
| Facilities Coordinator: | Tom Balint, 703.729.2287 |
| Outreach Coordinator: | Marianne Guidos, 703.729.2334 |
| Website: | www.saintttheresaparish.com |
| Email: | office@saintttheresaparish.com |
| Fax: | 703.729.9036 |

### Religious Education Offices

| | |
|---|---|
| Director: | Larry Bayne, 703.729.3714 |
| Youth Activities: | Paul Dwyer, 703.729.0426 |
| Secretary: | Connie Gilligan, 703.729.3714 |
| Secretary: | Myriam Perez, 703.729.3714 |
| Email: | reoffice@saintttheresaparish.com |
| Fax: | 703.729.9036 |

### School Offices

| | |
|---|---|
| Principal: | Erin O'Malley, 703.729.3577 |
| Secretary: | Deena Lanier, 703.729.3577 |
| Website: | www.stsashburn.com |
| Email: | schooloffice@stsashburn.com |
| Fax: | 703.729.8068 |

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.

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**Keep up to date on our works and upcoming events** – *Council website*: www.st-louismartin-kofc.org. *Facebook*: https://www.facebook.com/Council15256. *Twitter*: https://twitter.com/Council15256.

**How to become a Knight.** *Our next degree ceremony is March 29, 2020.* You can talk to any Knight after Sunday Mass or any time. You can also contact us and learn the great things that we do to help our parish and community at kofc15256@googlegroups.com. Application info and forms are also available outside the Adoration Chapel.

# News from the Diocese

**Bless a mom in need by sending needed supplies!**
**Or pay tribute to your own mother by letting her know you made a gift in her honor.**
**#SpecialDelivery Campaign** to help support pregnancy centers and other pregnancy help organizations during the COVID-19 crisis. This list is targeting organizations in the Northern Virginia area hit by COVID-19.
We are asking that you send Amazon packages straight to the centers in need so they can better serve their clients! Many of these centers, at great danger to themselves, are still meeting with clients. We need to show them some support!
Thank you for your past involvement in pro-life initiatives. This special campaign is the non-political, non-controversial side of the pro-life movement, helping with direct services and care.

Just visit planva.org/virginia-coronavirus-aid/
and click on the organization nearest you or browse the wish lists and find an item that means the most to you to send!

**Attention Class of 2020**
The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes:

St. Mark - Vienna: **July 9**
St. Mary - Alexandria: **July 22**
St. Mary - Fredericksburg: **July 29**

College Nights are free to all students and provide resources and support for keeping your Catholic faith when entering college this fall. Catholic student representatives from George Mason, UVA, the University of Mary Washington, William & Mary, Virginia Tech, and other private and public schools will be on hand to share their experiences of being a Catholic college student. This is an excellent opportunity to network with other Catholic students and to receive resources for the transition to college only a few months away. The Nights begin at 7:00 PM, and students are encouraged to wear their college t-shirt to the event! To register for one of the College Nights and for additional information, visit our website at www.asjb.org. Registration is limited to 50 students per night. ** Our College Nights will be held according to all Virginia Covid-19 Guidelines for social distancing and group size.

**Leesburg Food Pantry Help Needed**
Our Leesburg Regional Office Food Pantry is extending its hours. Help is needed: 1st and 3rd Saturdays, 9am-12:30pm. Email mchavez@ccda.net if interested.

**(Continued on next page)**

# More News from the Diocese

## Live stream Masses, prayer guides and more!

(source: https://www.arlingtondiocese.org/covid19resources/

Bishop Burbidge has dispensed all the faithful of the Diocese from the obligation to attend Sunday Mass and holy days of obligation during this time.

Governor Northam's plan for Phase 1, allows for churches to operate at a maximum of 50% capacity. Reinstituting the public celebration of the Mass at each parish depends on proper social distancing and the ability of parish clergy and staff to safely accommodate parishioners. This ability may vary from one parish to another.

Especially on Sundays and Holy Days of Obligation, the faithful are encouraged to devote time to prayer, observe Mass on television or the internet, and pray the Rosary, along with other devotions.

Here is a list of resources you may want to consider: All links can be found on the following website: https://www.arlingtondiocese.org/covid19resources/

**Online Mass**
Check here for Arlington Diocese Mass schedules during this time https://www.arlingtondiocese.org/covid19resources/

Vatican News Live Stream of Pope Francis' Masses (Daily in Italian with English subtitles)

EWTN Daily Mass (Daily)

**Publisher Resources**:
The following publishers have generously made their resources available to support prayer during these difficult days. We thank them for their generosity and pastoral concern.
Liturgical Press: Give Us This Day Magnificat: English. |Spanish

**Virtual Praise and Worship Holy Hour**
Join us for live streaming of Praise and Worship Holy Hour from Saint Leo the Great Catholic Church in Fairfax, VA. This month we will be featuring Catholic musician Sara Prince with Deacon Marques Silva as homilist. Please join us to pray for the special intention of healing and conversion in families and for an end to Covid-19 crisis.
FOR LIVE ADORATION from Saint Leo the Great on Tuesday, June 9: https://www.youtube.com/channel/UCoGr0W4778Nadt6vmAIhhow

For Facebook Event Page on Tuesday, June 9:
https://www.facebook.com/events/695050407981606/

**Marriage Encounter**
*"God so loved the world that he gave his only Son, so that everyone who believes in him might not* perish but might have eternal life." Let God amplify the love in your marriage on the next Worldwide Marriage Encounter Weekend on Sep 18-20, 2020 in Fairfax, VA and Sep 11-13, 2020 in College Park, MD. Early sign up is recommended. For more information visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703.646.1521.

**Catholic Charities Assistance Needed**
Catholic Charities relies on volunteers who can safely serve those in need Catholic Charities is in urgent need of volunteers to safely serve those in need, as well as its need for financial and material assistance. If you are healthy and do not belong to a group considered *vulnerable, please consider our volunteering opportunities with limited interaction with the public.

**St. Lucy Food Project:**
—Christ House Food Pantry —pack boxes and help distribute to clients. Help needed Wednesdays and Thursdays. Contact Sr. Annie at Aniliza.juan@ccda.net.
—Leesburg Regional Office food pantry—stock shelves and pack bags. Help needed Mondays-Thursdays. Contact Joanne Abbate at joanne.abbate@ccda.net.
—Loaves & Fishes food pantry, Front Royal —pack bags to distribute to clients. Help needed Tuesdays, Wednesdays, Thursdays and Fridays. Contact Jeanne Jackson at jean.jackson@ccda.net.
—St. Lucy Food Project Manassas warehouse—sort food, pack boxes, load trucks. Contact Elizabeth Gibbons at Elizabeth.gibbons@ccda.net.

**Catholic Charities Seeks Medical Volunteers for Free Clinic**
Catholic Charities has opened a second free medical clinic for poor, uninsured and under-insured adults Woodbridge and needs volunteer medical professionals and other volunteers to operate the clinic. The Mother of Mercy Free Medical Clinic is located at 13900 Church Hill, Woodbridge. Catholic Charities opened the first Mother of Mercy clinic in Manassas in 2017. Volunteer nurses and doctors, including internists, cardiologists, gynecologists and other specialists, nutritionists, physical therapists and others are needed. To volunteer contact Alexandra Luevano at 703.335.2779 ext. 15 or alexandra.luevano@ccda.net.

**Run, Walk, Cheer, Donate and Pray to Support Our Seminarians**
Race season is getting underway, is so is this campaign to support our future priests of our diocese in the Race for Seminarians campaign. Runners and walkers of all levels can get sponsored for their races; cheer squads can encourage them as they log the miles, donors can pledge to support specific runners, and prayer warriors can back up their efforts. Visit ArlingtonDiocese.org/Run to learn about all these options and start building your team today!

**Mental Health Counselors Urgently Needed**
Are you a mental health professional with a heart for serving the poor? Catholic Charities, Diocese of Arlington, Mother of Mercy Free Medical Clinic in Manassas has a dire need for volunteer Professional Mental Health counselors. We need licensed professionals who can assist the men and women who come to our clinic experiencing trauma and other mental health challenges. Please consider joining our dedicated volunteer professionals by providing free mental health counseling at our Manassas Clinic. Learn more about our clinic at ccda.net. Please contact Director of Volunteers, Debra Beard at debra.beard@ccda.net or 703.841.3838 for detailed information.

# Masses for the Week

| | |
|---|---|
| **Mon, June 8** | 6:15—Gerald Leonard+<br>8:30—Souls in Purgatory+ |
| **Tues, June 9** | 6:15—Miles Family<br>8:30—Claudia Cox |
| **Wed, June 10** | 6:15—Merlin Beil+<br>8:30—Kathleen McLaine+<br>12:15—Benjamin Wallace+ |
| **Thurs, June 11** | 6:15—Dolores Cioffi+<br>8:30—Antoine Joseph Tham Nguyen+ |
| **Fri, June 12** | 6:15—Jim Edward Wehmeyer+,<br>8:30—Frank Kegel+ |
| **Sat, June 13** | 8:30—NETS+<br>5:30—Robert J. Mica+ |
| **Sun, June 14** | 7:30—Dee Ceresa+<br>8:45—Joseph, Carlo, & Laura Maresca+<br>10:30—Deceased Members of the O'Brien & O'Keefe Families+<br>12:30—St. Theresa Parishioners<br>5:00—Atticus A. Miranda |

Pray for ...

**Prayers For The Sick**: Leah Monteiro, Marcela Garcia, CJ Buechner, Rosemarie Setzer, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Lisa Barrett-Handley, Mary Marsh, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Chris Handley, Ben Thede, Eugene Prosack, Lynn Petrara, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette, Fred Beverly, Jesse Michl, Erick Pollock, Jillian Reilly, Laurie Gessaman, Jordan Windsor, Tony Rodrigues, Stephane Papi.

**Prayers For Our Military:** John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Brian Reese, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden, Meghan E. Fitzgerald, Bill Short, Griffin Spencer, Peter Santini, Eric Curcio, Steven Curcio, Matthew Slaughter.

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St. Theresa Catholic Church
DIVINE MERCY OUTREACH

Learn more, visit
www.saintttheresaparish.com

Thank you to all those who participated in the raffle or sent donations in lieu of the car raffle. Our proceeds this year were **$32,000**. These funds are very important as the consignment sale was canceled this spring due to COVID. We certainly miss those proceeds, especially with all the needs out there.

Thank you to all those who are dropping off food donations and making monetary donations online or mailing them to the office. Every bit counts!

Your funds are going to good use. This is just a brief update to let you know how outreach is reaching out. We've assisted with over $40,000 in rent and utilities since January. (We are also assisting Catholic Charities and Loudoun Cares who are distributing a grant and need further assistance to help families and individuals with rent.) Our bed ministry has been working to make sure families have beds to sleep on. Our costs this year have been over $13,000. not including cribs or bedding.

Thank you for making a difference in lives of those in our community. Just to share- there have been many tears of joy and appreciation from families. They are so thankful.

## You Can Help- Give hope to others

Donations for outreach accepted online at the parish website
www.saintttheresaparish.com under "Donate"
or you can mail donations to the parish office.
Please put to the attention of Divine Mercy Outreach.
Thank you. God bless you and stay safe!






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**WHY IS IT?**



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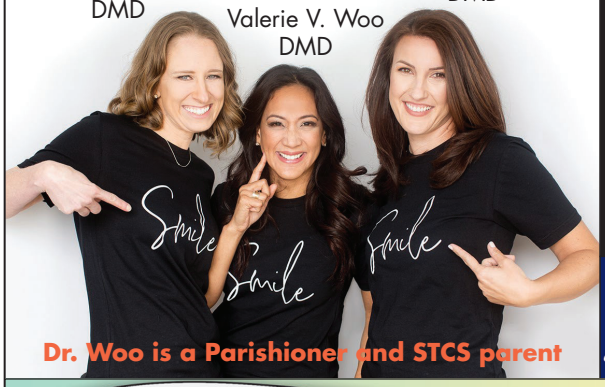



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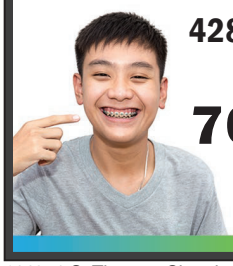
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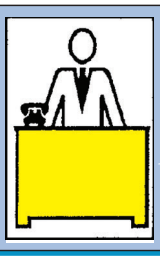
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