

Dear Brothers and Sisters

My name is Fr. James Hudgins, and I'm happy to be with you here at St. Theresa as your new pastor! Please allow me a moment to introduce myself.

I was ordained a priest for our Diocese in May, 1998. For the past twenty-two years, I have served at Queen of Apostles in Alexandria (1998-2002), All Saints in Manassas (2002-2006), St. Luke in McLean (2006-2007), as chaplain of Bishop O'Connell High School in Arlington (2007-2011), and for the past nine years, as pastor of St. Jude in Fredericksburg.

I have one older brother, David, who is a priest of the Diocese of Lansing, Michigan, and currently serves as Judicial Vicar for that Diocese. I have one younger sister, Nancy, who is a stay-at-home mom in Charlotte, NC, with her two little children, Curtis and Lucy. Originally, I am from Billings, Montana where I lived until I was ten years old. My father was an ophthalmologist. Sadly, he died of lymphoma when I was only three years old, leaving my mother to raise three children, alone. For economic reasons, our family moved from Montana to Virginia in 1980. I attended St. Agnes grade school, Bishop O'Connell High School, and Dartmouth College, where I majored in history. I studied theology at St. Charles Borromeo Seminary in Philadelphia, specializing in moral theology and ecclesiastical architecture.

In 2002, my mother remarried at St. Agnes in Arlington, at a wedding presided over by my brother and myself. Mom is doing well, and still lives in her home in Arlington. My brother and I also presided over the wedding of my little sister, Nancy.

Some hobbies I enjoy are fitness (daily), and music (I dabble in piano and guitar). I also love anything at all "outdoorsy." (The Big Sky country never really left me!) My spirituality is decidedly Carmelite, so I ought to fit in well here at St. Theresa. I draw my greatest inspiration from the writings of St. Teresa of Avila, St. John of the Cross, and St. Therese of Lisieux. I've had a lifelong devotion to the Eucharist, the rosary, and the Blessed Virgin Mary, and I am guided always by faithfulness to the Magisterium of the Church, and obedience to our diocesan Bishop.

Parish Mass Schedule

Saturday:	8:30am 5:30pm Vigil Mass
Sunday:	7:30am, 8:45am 10:30am (and live stream); 12:30 and 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday Wednesdays: 12:15pm
Holy Days:	As announced
Holy Hour:	Thursdays, 8:00pm
Confessions:	Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Due to social distancing guidelines, only 50% church capacity will be allowed during Masses. All persons must maintain social distancing spacing inside the church. Thank you!

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette

I hope you had a chance to express your gratitude to Fr. Guest for the tireless work he has done here for the past eighteen years. I'm looking forward to getting to know you all. Please pray for me, as your new priest, and I will always pray for you. Together, let us grow in faithfulness to Christ, hope in His providence, and love for one another.

God bless you…and St. Theresa, pray for us!

Fr. Hudgins

Youth Education and News

Office Hours:
Mon–Thurs. 9am-4pm;
Fri. 9am-noon

RE registration is open. Please go to saintttheresaparish.com, click on "Faith" and scroll down to Religious Education K-8
—**This Sunday's Mass** will be streamed live from St. Theresa's at 10:30am, see the parish website.
—**The website, Formed.org**, is a wonderful resource for families who can't attend Mass. Go to Formed.org, Click "Sign-Up" Select "I Belong to For a Parish or Organization" Find St. Theresa Catholic Church by Zip Code Enter your email - and you're in!!!

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events (i.e. fall picnic, school functions)? St. Theresa's encourages and welcomes your involvement however it requires that all volunteers be compliant. A Volunteer Welcome letter will be sent to your email address along with a link to fill out the electronic forms online. For further details please contact Connie Gilligan, Parish Child Safety Coordinator, at connie@saintttheresaparish.com or call 703.729.3714.

Volunteers will also have to register and sign up for the original VIRTUS course. Please go to www.virtus.org.

Youth Ministry

ymoffice@saintttheresaparish.com

URS—The High School Youth Group (9th graders - 12th grade)

Weekly zoom calls for High Schoolers are being held - all High Schoolers are encouraged to join in - just contact Paul Dwyer at ymoffice@saintttheresaparish.com

Attention Class of 2020
The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes:

St. Mark - Vienna: **July 9**
St. Mary - Alexandria: **July 22**
St. Mary - Fredericksburg: **July 29**

College Nights are free to all students and provide resources and support for keeping your Catholic faith when entering college this fall. Catholic student representatives from various private and public schools will be on hand to share their experiences of being a Catholic college student. To register for one of the College Nights and for additional information, visit our website at www.asjb.org. Registration is limited to 50 students per night. ** Our College Nights will be held according to all Virginia Covid-19 Guidelines for social distancing and group size.

Welcome, Father Hudgins! The Administration, Faculty, Staff, and Families of STCS are excited to welcome you to our wonderful parish school!

St. Theresa Catholic School Summer Office Hours are Tuesday, Wednesday, and Thursday, 9am – 12pm. For admissions information please email Admissions Director Donna McDonald, mcdonaldd@stsashburn.com.

Congratulations to our school and parish Second Graders, who received their First Holy Communion! Facemasks and social distancing could not put a damper on this blessed and joyful occasion! God bless you always!



Saint Theresa Catholic School



Now enrolling! The Saint Theresa Catholic School (STCS) community is thriving, and applications for the 2020-21 school year are now being accepted. *Won't you join us?* While we cannot be together at this time, the STCS community is together in spirit! Our students and teachers transitioned to distance learning on March 16, and our school continues to fully operate via the internet. STCS offers exceptional academics and faith formation, and has been *Educating Tomorrow's Catholic Leaders* for over 25 years! To learn more, take a virtual tour, or to schedule a virtual meeting, email Admissions Director Donna McDonald, mcdonaldd@stsashburn.com, or leave a voicemail at the school office, 703.729.3577.

STCS Alumni – are you graduating this year or have news to share? Please let us know by emailing freschir@stsashburn.com (parents, please send us your children's updates). Connect with us and see what's new on social media! Visit the STCS Facebook page (@SaintTheresaSchoolAshburn), the Alumni and Friends Facebook page (@STSAshburnAlumni), and Twitter (@STSAshburnVA). Don't forget to "like" and "follow" us!

News from our Parish

Job Openings
St. Theresa Catholic School is accepting applications for a part-time school nurse and for positions in our cafeteria and Extended Day Program. Please email your resume and cover letter to Scott Pochick, HR@saintttheresaparish.com.

Online FPU Course
Tell your money where to go instead of wondering where it went! Join our virtual Financial Peace University class and learn to make a budget you'll actually stick to. We meet online. Visit fpu.com/1119942 to sign up for the class and start your 14-day free trial of Financial Peace! Class started June 29 and runs through August 24 on Monday at 7:30 pm The cost is $129 which includes access to online resources, workbooks, and templates for 1 year. Contact Deborah at debatmarykay@gmail.com or 703.217.4583 for questions.

Weekly Bible Study on the Psalms
In Psalms – The School of Prayer, an eleven-part Bible study, discover how these sacred hymns become our heartfelt response to God's loving and wondrous deeds.

This weekly study will begin online Thursday June 23 from 7-8pm. For more information go to: https://saintttheresaparish.com/activity/ and select Psalms Class or contact Linda DiMuzio at lpdimuzio@gmail.com. To register and order workbook online go to ascensionpress.com.

Teaching on Mass attendance
•While extraordinary, perhaps a good way to think about not being able to attend Mass would be akin to someone being deployed in the military. Sometimes military service personnel do not have access to a Catholic Chaplain through no fault of their own and therefore cannot attend Mass.
•All parishioners are still being prayed for by parish priests at private Masses. Even though no one is allowed to presently attend, the Masses are still being offered and provide tremendous grace to everyone.

Continue to follow the Mass
•App on phone called *ibreviary* that has daily Mass readings, Mass prayers, and the Liturgy of the Hours
—Liturgy of the Hours is the universal prayer of the Church offered throughout the world. These are prayers all priests and religious continue to offer each day.
—Anyone can say some or all of these prayers. There are five "hours" in the day. Office of Readings, Morning Prayer, Daytime Prayer (has three possible times, midmorning, midday, and midafternoon), Evening Prayer, and Night Prayer
•Magnificat. This is a print publication but can also be obtained in a digital format. It has many of the above prayers and includes reflections.
•USCCB (United States Conference of Catholic Bishops). They have access to the daily Mass readings
•Bishop Burbidge will be showing video of Sunday Mass. See the Arlington Diocese website
•EWTN. This is a Catholic cable station that shows Mass each day and has other religious programs

Spiritual Communion
•For a variety of reasons, it is not always possible to attend Mass and receive Holy Communion through no fault of a person. It does not replace going to Mass but covers circumstances like our current time.
•Many saints have undertaken this practice, and it is encouraged as a general practice in any situation. This can be prayed at any time of the day and in any place. As a devotion, it can be done every day, not just Sundays.
•"My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen."

Renewed Gratitude for Mass
•This period of time offers a chance to be thankful for the great gift of Mass. Under normal circumstances, Masses in our area are made abundantly available. We can grow, during this time, in gratitude for the gift of gathering around the Lord's altar.
•While attending Mass on Sundays is an obligation (under normal conditions), it is even more so a gift that we can appreciate more deeply, especially when Masses resume normally.

Reading Scripture
•In addition to the daily Mass readings, read passages from the Gospel about Jesus healing the sick. It was an extremely important part of His public ministry.
•The Gospel of Matthew is full of accounts where Jesus healed countless individuals.
•James 5:14-15

Rosary and Chaplet of Divine Mercy
•The rosary is a powerful prayer that can be prayed as individuals or in small groups.
—There is a strong tradition of praying to Mary for protection and help in grave times of need
•Chaplet of Divine Mercy
—https://www.ewtn.com/catholicism/devotions/chaplet-13364
•Other prayers for protection
—St. Michael the Archangel
—https://www.ourcatholicprayers.com/prayers-for-protection.html

Praying Act of Contrition
•This can be done every day to ask for the forgiveness of our sins, especially in circumstances where confession is not possible
•*O my God, I am heartily sorry for having offended you. And I detest all my sins because of your just punishments. But most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve with the help of your grace to sin no more and to avoid the near occasion of sin. Amen.*

Adoration Chapel Update
Adoration is open on a limited basis (Monday-Friday, 9am-9pm).
Please refer to the Parish website for the update.



Parish Offices

Secretary:	Peggy Sullivan, 703.729.2287
Secretary:	Christine Young, 703.729.2287
Business Manager:	Scott Pochick, 703.729.2287
Facilities Coordinator:	Tom Balint, 703.729.2287
Outreach Coordinator:	Marianne Guidos, 703.729.2334
Website:	www.saintttheresaparish.com
Email:	office@saintttheresaparish.com
Fax:	703.729.9036

Religious Education Offices

Director:	Larry Bayne, 703.729.3714
Youth Activities:	Paul Dwyer, 703.729.0426
Secretary:	Connie Gilligan, 703.729.3714
Secretary:	Myriam Perez, 703.729.3714
Email:	reoffice@saintttheresaparish.com
Fax:	703.729.9036

School Offices

Principal:	Erin O'Malley, 703.729.3577
Admin Asst:	Deena Lanier, 703.729.3577
Receptionist:	Kelly Cosenke, 703.729.3577
Website:	www.stsashburn.com
Email:	schooloffice@stsashburn.com
Fax:	703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.

Keep up to date on our works and upcoming events – *Council website*: www.st-louismartin-kofc.org. *Facebook*: https://www.facebook.com/Council15256. *Twitter*: https://twitter.com/Council15256.

How to become a Knight. *Our next degree ceremony is March 29, 2020.* You can talk to any Knight after Sunday Mass or any time. You can also contact us and learn the great things that we do to help our parish and community at kofc15256@googlegroups.com. Application info and forms are also available outside the Adoration Chapel.

News from the Diocese

Attention Class of 2020
The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes:

St. Mark - Vienna: **July 9**
St. Mary - Alexandria: **July 22**
St. Mary - Fredericksburg: **July 29**

College Nights are free to all students and provide resources and support for keeping your Catholic faith when entering college this fall. Catholic student representatives from George Mason, UVA, the University of Mary Washington, William & Mary, Virginia Tech, and other private and public schools will be on hand to share their experiences of being a Catholic college student. This is an excellent opportunity to network with other Catholic students and to receive resources for the transition to college only a few months away. The Nights begin at 7:00 PM, and students are encouraged to wear their college t-shirt to the event! To register for one of the College Nights and for additional information, visit our website at www.asjb.org. Registration is limited to 50 students per night. ** Our College Nights will be held according to all Virginia Covid-19 Guidelines for social distancing and group size.

WMET 'Fishers of Men' Dinner Will Honor Bishop Burbidge
Guadalupe Radio Network, working with the Diocese of Arlington, has announced **Thursday, August 20, 2020**, as the new date for its 'Fishers of Men' Dinner. The network will host this event aligned with all civil and diocesan health protocols. At Belle Haven Country Club in Alexandria, WMET will honor Bishop Michael F. Burbidge for his works of evangelization. Fr. Hezekias Carnazzo, founder of the Institute of Catholic Culture and the 2012 'Fishers of Men' Award Winner, will be keynote speaker. The annual dinner supports WMET 1160 AM & 103.1 FM (Falls Church), in the Guadalupe Radio Network, Radio for Your Soul! The 10-year-old Catholic radio station, the first in the National Capital Region, draws people closer to Christ and His Church by providing hope, inspiration, and the true teachings of our Faith, wherever the listener is on his or her journey. WMET's signal reaches 6.5 million souls in four (arch)dioceses. Guadalupe Radio Network also is celebrating its 20th anniversary as a network; it is EWTN's largest radio affiliate. To learn more about the dinner, call 877.646.1160 or visit GRNonline.com; click on the "Events" tab for details.

Leesburg Food Pantry Help Needed
Our Leesburg Regional Office Food Pantry is extending its hours. Help is needed: 1st and 3rd Saturdays, 9am-12:30pm. Email mchavez@ccda.net if interested.

(Continued on next page)

More News from the Diocese

Live stream Masses, prayer guides and more!

(source: https://www.arlingtondiocese.org/covid19resources/

Bishop Burbidge has dispensed all the faithful of the Diocese from the obligation to attend Sunday Mass and holy days of obligation during this time.

Governor Northam's plan for Phase 2, allows for churches to operate at a maximum of 50% capacity. Reinstituting the public celebration of the Mass at each parish depends on proper social distancing and the ability of parish clergy and staff to safely accommodate parishioners. This ability may vary from one parish to another.

Especially on Sundays and Holy Days of Obligation, the faithful are encouraged to devote time to prayer, observe Mass on television or the internet, and pray the Rosary, along with other devotions.

Here is a list of resources you may want to consider: All links can be found on the following website: https://www.arlingtondiocese.org/covid19resources/

Online Mass
Check here for Arlington Diocese Mass schedules during this time https://www.arlingtondiocese.org/covid19resources/

Vatican News Live Stream of Pope Francis' Masses (Daily in Italian with English subtitles)

EWTN Daily Mass (Daily)

Publisher Resources:
The following publishers have generously made their resources available to support prayer during these difficult days. We thank them for their generosity and pastoral concern. Liturgical Press: Give Us This Day Magnificat: English. |Spanish

Marriage Encounter
Set off your own fireworks by giving your spouse the gift of a Worldwide Marriage Encounter Weekend! The next Worldwide Marriage Encounter Weekend on Sep 18-20, 2020 in Fairfax, VA and Sep 11-13, 2020 in College Park, MD. Early sign up is recommended. For more information visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703.646.1521.

Run, Walk, Cheer, Donate and Pray to Support Our Seminarians
Race season is getting underway, is so is this campaign to support our future priests of our diocese in the Race for Seminarians campaign. Runners and walkers of all levels can get sponsored for their races; cheer squads can encourage them as they log the miles, donors can pledge to support specific runners, and prayer warriors can back up their efforts. Visit ArlingtonDiocese.org/Run to learn about all these options and start building your team today!

St. Lucy Food Project:
—Christ House Food Pantry —pack boxes and help distribute to clients. Help needed Wednesdays and Thursdays. Contact Sr. Annie at Aniliza.juan@ccda.net.
—Leesburg Regional Office food pantry—stock shelves and pack bags. Help needed Mondays-Thursdays. Contact Joanne Abbate at joanne.abbate@ccda.net.
—Loaves & Fishes food pantry, Front Royal —pack bags to distribute to clients. Help needed Tuesdays, Wednesdays, Thursdays and Fridays. Contact Jeanne Jackson at jean.jackson@ccda.net.
—St. Lucy Food Project Manassas warehouse—sort food, pack boxes, load trucks. Contact Elizabeth Gibbons at Elizabeth.gibbons@ccda.net.

Catholic Charities Seeks Medical Volunteers for Free Clinic
Catholic Charities has opened a second free medical clinic for poor, uninsured and under-insured adults Woodbridge and needs volunteer medical professionals and other volunteers to operate the clinic. The Mother of Mercy Free Medical Clinic is located at 13900 Church Hill, Woodbridge. Catholic Charities opened the first Mother of Mercy clinic in Manassas in 2017. Volunteer nurses and doctors, including internists, cardiologists, gynecologists and other specialists, nutritionists, physical therapists and others are needed. To volunteer contact Alexandra Luevano at 703.335.2779 ext. 15 or alexandra.luevano@ccda.net.

Retreat for Adult Children of Divorce
Recovering Origins is a unique healing retreat for adult children of divorce. Retreatants will discover their identity as children of God. The retreat will include presentations, adoration, confession, small group sharing, and daily Mass. Retreatants will receive insight into dealing with the earthly realities of their parents' divorce. Whether you have struggled with this issue for a long time or have tried not to think about it, we invite you to join us on retreat this summer. The retreat will be held from Friday, August 21 (6 p.m.)-Sunday, August 23 (1:30 p.m.) at San Damiano Spiritual Life Center in White Post, VA. Register at www.arlingtondiocese.org/recoveringorigins. Cost is $350 before July 31. Late registration is $400.

Living Nazareth High School Now Enrolling
Living Nazareth High School, located in Berryville, is currently accepting student applications for the 2020-2021 academic year. We are a Catholic co-educational high school employing a contemplative model to offer a rigorous classical education entirely faithful to the Magisterium of the Catholic Church. Regular spiritual direction, daily Mass, an academic year structured around the Liturgical Calendar, and a family-centered weekly schedule are simply a few of the distinguishing features of our model. We invite families to visit our website, www.LivingNazareth.org, to learn more. To receive an application or request more information please email LivingNazareth@gmail.com.

"The contemplative model employed by Living Nazareth High School places necessary emphasis on the interior life of the young person as a keystone of the formation process. Without such life, nurtured and sustained by dedicated times of prayer, spiritual direction, and the Sacraments, any other efforts on behalf of human life are impossible."
- Fr. Shenan Boquet, President of Human Life International

Masses for the Week

Mon, July 6	6:15—Dolores Bejarano+ 8:30—Eleanor M. Ebert+
Tues, July 7	6:15—Erin Byrne 8:30—Ruth & William DiMuzio+
Wed, July 8	6:15—Nelson Family 8:30—Leonard Stevens+ 12:15—Michael A. Miranda+
Thurs, July 9	6:15—Peggy Walker+ 8:30— Kelsey Farmer Hockenbury
Fri, July 10	6:15—Thomas R. Lynn+ 8:30—Grace Joy Benteler+
Sat, July 11	8:30—Benedict Pio+ 5:30—Margaret Vincent Gravette+
Sun, July 12	7:30—Robert J. Mica+ 8:45—St. Theresa Parishioners 10:30—Robert Burton+ 12:30—RE Students 5:00—Isabelita Jison+

Prayers For The Sick: Gene Epperly, Leah Monteiro, Marcela Garcia, CJ Buechner, Rosemarie Setzer, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Lisa Barrett-Handley, Mary Marsh, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Chris Handley, Ben Thede, Eugene Prosack, Lynn Petrara, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette, Fred Beverly, Jesse Michl, Erick Pollock, Jillian Reilly, Laurie Gessaman, Jordan Windsor, Tony Rodrigues, Stephane Papi.

Prayers For Our Military: John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Brian Reese, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden, Meghan E. Fitzgerald, Bill Short, Griffin Spencer, Peter Santini, Eric Curcio, Steven Curcio, Matthew Slaughter.

St. Theresa Catholic Church
DIVINE MERCY OUTREACH

Learn more, visit
www.saintttheresaparish.com

Bed Ministry- Thank you
Many thanks to Karen Daniel who has been coordinating the Bed Ministry for many years. Karen has been such a blessing but has moved out of state. We will miss her very much.

Bed Ministry- Coordinator Needed
We are looking for help for Una Giachinta (furniture coordinator) who is helping out with the bed ministry during this time. The coordinator of the bed ministry makes sure the storage unit is stock with beds/bedding, orders the beds as needed and meets the delivery truck when the store brings the beds to the unit. The coordinator also receives bed requests from Divine Mercy Outreach and puts out a request to the bed ministry volunteers to see who can deliver the beds/bedding. If you are interested in co-coordinating this ministry or would like to find out more information, please contact Marianne Guidos at dmountreach@saintthersaparish.com or 571.332.6533.

Monetary Donations
Your donations help us to continue to make a difference in the lives of those who are suffering from an emergency financial crisis: especially those suffering from the impact of COVID 19, those who are disabled, suffer from unexpected medical expenses, unexpected job loss, abuse situations…The funds also help us to purchase beds for out bed ministry. No donation is too small. Even a dollar makes a difference. You can donate by giving online or mail or drop off to the parish office or placing in our lock boxes at church! Go to the parish website http://www.saintttheresaparish.com and click on Donate tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need. Many thanks to all who have been donating already. God bless you!

Outreach Pantry
We have families that come into the parish office who are in need of emergency food assistance as well as toiletry, cleaning items and diapers and wipes. You can help by donating any of the following: liquid dish soap, bathroom cleaning products, diapers size 5 & 6 and wipes. Items can be dropped in the outreach boxes. Currently we are stocked on food items. Thank you!

Volunteers needed for Holy Haulers Ministry
We receive many calls from folks who want to donate furniture. Una Giachinta has been coordinating this ministry and needs help. Please consider offering your time and strength to assist Una and the families in need. You can make a huge difference in someone's life just by offering a couple of hours a month.

Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@saintttheresaparish.com if you can help.

Friends in Need
Provides meals on a short term basis for those families or individuals in the parish who are unable to cook for themselves due to illness or a medical situation in the immediate family, arrival of a new baby…Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one are in need of help with meals.

Looking for ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@saintttheresaparish.com www.womengivingback.org

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on an ADVERTISED mattress
and pulls off ADVERTISED pajamas
bathes in an ADVERTISED shower
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brushes his teeth
with ADVERTISED toothpaste
washes with ADVERTISED soap
puts on ADVERTISED clothes
drinks a cup
of ADVERTISED coffee
drives to work
in an ADVERTISED car
and then . . . .
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believing it doesn't pay.
Later if business is poor
he ADVERTISES it for sale.
WHY IS IT?



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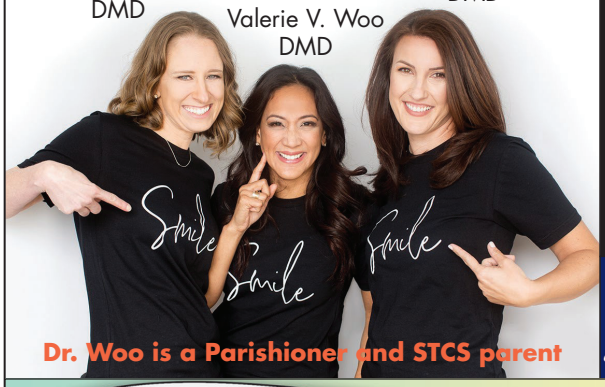


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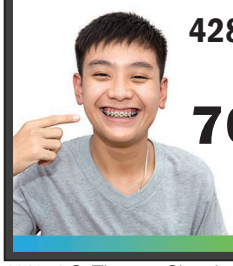
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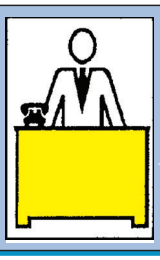
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