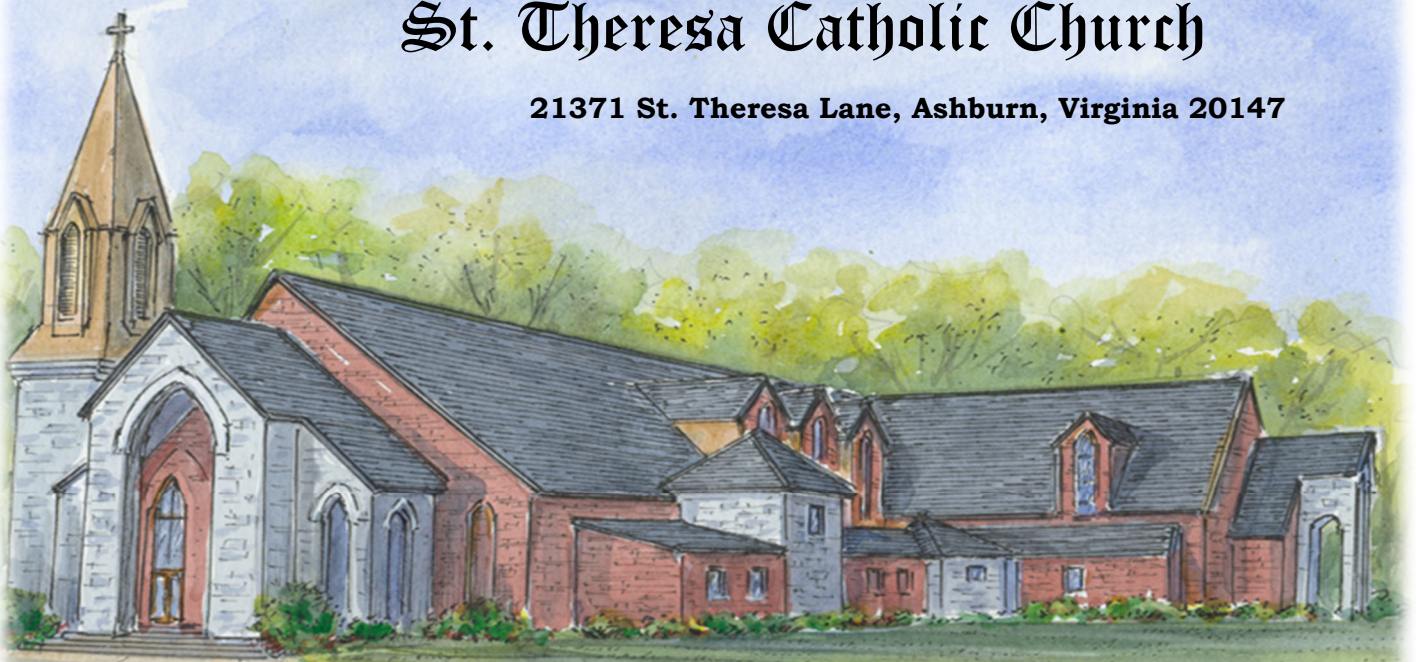


St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147



August 7, 2022 Nineteenth Sunday in Ordinary Time

Masses for the Week

Mon, Aug 8	6:15— NETS 8:30— Una Giachinta
Tues, Aug 9	6:15— Douglas & Betty Schmude+ 8:30— Brian Michael Anderson+
Wed, Aug 10	6:15— Joseph Peters 8:30— Ansel Netto+ 12:15— Chase Baron
Thurs, Aug 11	6:15— Jerome Miles+ 8:30— Religious Ed Students
Fri, Aug 12	6:15— James Thomas Muller+ 8:30— Thanh Nguyen-Mai Nguyen+
Sat, Aug 13	8:30— Barbara Jo Newport+ 5:30— Christel Frey+
Sun, Aug 14	7:30— St. Theresa Parishioners 8:45— Stan Urynowicz+ 10:30— Joseph, Laura & Carlo Maresca+ 12:30— Tess Venkat 5:00— James Sweeney+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday Wednesdays: 12:15pm
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Evan Sweeney, Helen Atallah, Nick Evers, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Ann Hannah, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner, Nancye Pochick, Michael Robertson, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Ben Thede, Eugene Prosack, Lynn Petrara, John Spriggs.

Prayers For Our Military: Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi.

"I Believe in the Resurrection of the Body"

Every uncritical reflection on the nature of the afterlife assumes that the souls of the deceased are forever immaterial, and that we will spend the rest of eternity as pure spirits. This may be a common idea, but it is not a Christian idea. We believe in the "resurrection of the body"—that somehow, in a moment following the Last Judgment at the end of all time, every person who has ever lived will imitate Jesus, who rose from the dead in a mysterious, but decidedly physical, body. What will that body be like? We cannot know for certain, since we have very little evidence to go by, (the only resurrected bodies are those of Jesus and the Blessed Virgin Mary) but there are a few qualities about the resurrected body that we can glean from the scriptures.

St. Paul once wrote, "He will change our lowly body to conform with his glorified Body by the power that enables him also to bring all things into subjection to himself" (Phil 3:19). Your current "lowly" body—frail, vulnerable, prone to illness—will be changed. It will somehow reflect the resurrected body of Christ we read about in the Gospels. Traditionally, there are seven qualities of Jesus' resurrected body which, in some mysterious fashion, will become ours as well.

Identity: The very same body that falls in death will rise to be glorified. In other words, you will be "you," and not someone else. This is why we speak of a "resurrected" body, and not an "exchanged" body. However, the "you" of the resurrected body will be the ideal that God always intended, in his will to create you.

Integrity: After the resurrection, Jesus did the very same things as before. He ate, drank, walked, talked, and otherwise naturally interacted with people. This indicates that the resurrected body will rise, whole and complete.

Quality: In an age of gender confusion, it's important to note that God created us male and female. The resurrected "you" will be a man or a woman. Many passages in the New Testament lead us to believe that the apparent age of your resurrected body will be the same as Christ's—somewhere from 30-33 years old. Again, this is speculative, but St. Paul hints strongly at it, as do many of the saints, including St. Augustine and St. Thomas Aquinas.

Impassibility: The resurrected body can't be injured, or killed. Scripture states this clearly—see 1 Cor 15:52-53, and Rev 21:4.

Subtlety: "Subtlety" means that the resurrected body will conform perfectly to the powers of the soul. Right now, your body acts as though it has a will of its own. Anyone who wakes up early in the morning knows what that feels like! In the resurrection, the body and the soul will work together harmoniously.

Agility: The resurrected body will have complete freedom of movement. Before his resurrection, Jesus had to take long journeys, and was bound by space and time. After his resurrection, Jesus was able to appear and disappear at will, despite such obstacles as walls, locked doors, or vast distances. As it was with Jesus, so it will be for us, in the resurrected body.

Clarity: Some of us have souls that are beautiful, charitable, and Christlike. Others have souls which are cold, sour, and selfish. Right now, we can't see the difference just by looking. But in the resurrected body, we will see immediately the beauty of someone's soul, because the soul will be visible, not hidden. Furthermore, there will be a radiant, luminous quality to the resurrected body—see Matthew 13:43, Wisdom 3:7, or 1 Cor 15:43.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Adult Education and Spiritual Enrichment

Women's Discipleship Group

Meets every Wednesday Morning from 9:30-10:30am for Lectio Divina and from 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah.

Parish women of all ages are cordially invited to explore a spiritual relationship with Jesus through Lectio Divina and our current book of inspirational reflection.

For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

Youth Education and News



ymoffice@sainttheresaparish.com

August:

Sunday, the 7th—Upper Room Squad – High School Youth Group, 6-7:45pm

Monday, the 8th—Prepare bags for the Parish Food Drive, 7pm Louis Martin Room, (about 1 hour)

Sunday, the 21st—Parish Food Transport & Sort after 8:45am & 5pm Masses (about an hour)

Monday, the 22nd—Complete Food Sort, 7pm Louis Martin Room, (about 1.5 hours)

Tuesday, the 23rd – Load Donated Food for transport to Food Pantry, 6:15-6:45pm (about 30 minutes)

Sunday, the 28th—Upper Room Squad – High School Youth Group, 6-7:45pm

Monday, the 29th—Teen Leader Training for Confirmation Retreats, 7-8pm

Adult Volunteers Needed - We are looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.



Office Hours:

Mon–Thurs. 9am–4pm; Fri. 9am–noon

The Religious Education Program is in need of teachers on the following days for the following grades this coming school year:

Monday Afternoons, 4:30pm - 1st and 2nd grade

Tuesday Afternoons, 4:30pm - 4th, 6th, and 7th grade

Wednesday Afternoons, 4:30pm -

7th grade

Wednesday Evenings, 6:15pm - 1st and 5th grade

Please contact the RE Office right away if you would be able to assist.

Registration for Religious Education classes is now open. Please visit the parish website for information about how to sign your children up for classes next year.

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

**REGISTER NOW
to golf & sponsor!**

**12th Annual
St. Theresa Parish & School
Friends of St. Theresa
Golf Tournament
for tuition assistance**

**Monday, October 3, 2022
Belmont Country Club**



Scan to register now
or visit

www.sainttheresaparish.com

A St. Theresa Parish tradition!



Saint Theresa Catholic School

STCS Parents, mark your calendars: Monday, August 22 is Meet Your Teacher Day and PTO's Used Uniform Sale! Look for details in the August 11 **Thursday Thunder** email from Mrs. O'Malley.

St. Theresa Catholic School Office summer hours are: Tuesday, Wednesday, and Thursday, 9am – 1pm.

St. Theresa Catholic School (STCS) has space available in a few grades for the 2022-23 school year. For more information visit our website, www.stsashburn.com, (click

'Admissions') or email Admissions Director Denise Rotell, rotell@stsashburn.com.

St. Theresa Catholic School is accepting applications for a **Extended Day Care Staff, Cafeteria Staff, and Substitute Teachers.** To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.



Attention Women of the Parish

"Using Your Feminine Genius to Find Jesus in Prayer" A Morning of Reflection for women Saturday, August 13 in the Church, hosted by Fr Jack Riley. The talk begins at 9:30am. See insert flyer and website for details.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

News from our Parish

Reminder Two Parish-Wide Events:

Two important spiritual events after all Masses on August 14: Total Consecration to Jesus through Mary (from the readings of Fr. Gaitley's 33 Days to Morning Glory magazine) and formal investiture in the Brown Scapular. For those who have done the Consecration before, it is an opportunity to renew.

Brown Scapular Enrollment – Enrollment in the Brown Scapular is after each Mass on August 14th. If you have previously been formally enrolled, re enrollment is not required.

Read more about these events on the parish website.

St. Zelig Moms Group

Mothers of the parish, we invite you to join the St. Zelig Moms Group! We are a group of women that share our Catholic faith who come together to share the joys and crosses of motherhood. Moms to children of all ages are welcome to participate. Children are welcome, too! Please see our facebook group, St. Zelig Moms Group at St. Theresa Parish, for a current list of events or contact Kaylene O'Day at kaylene.oday@gmail.com to receive weekly emails.

Red Cross Blood Drive – Please consider supporting the American Red Cross at our next St. Theresa blood drive on THURSDAY, August 11th, from 10am - 3:30pm. (Please note this drive is NOT on a Saturday). As always, your help will save lives! To register online: [https://www.redcrossblood.org/give.html/drive-results?](https://www.redcrossblood.org/give.html/drive-results?zipSponsor=StTheresaChurch)

If you have ANY difficulty, e-mail Colleen Dwyer at colleenhome87@gmail.com or call 703.969.3667 & she will register you. The Red Cross is extremely grateful to St. Theresa parishioners for their continued support in these blood drives.

We're Hiring

St. Theresa Catholic School is accepting applications for a **Extended Day Care Staff, Cafeteria Staff, and Substitute Teachers**. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Cub Scout Pack 997 (sponsored by St. Theresa Parish) welcomes new Cub Scouts for the 2022-2023 school year! We have an exciting and engaging program planned. We are open to boys in grades K through 5; Scouts need not be students at St. Theresa School. A Join Scouting Night will be held in

September. Interested families should send an email to pack997leaders@googlegroups.com for more information

New Mass and Confessions coming in September!

Effective September 1, there will be a 12:15pm Mass offered on Mondays (except Federal holidays), additional Confessions Wednesdays, 9-9:30am and First Friday 7:30pm Mass is moving to 12:15pm.

Register NOW for our Parish golf tournament! The 12th Annual Friends of St. Theresa Golf Tournament for tuition assistance is on Monday, October 3, 2022 at Belmont Country Club. This event is a treasured parish tradition – *you don't want to miss it!* **Sponsors & golfers are needed – register EARLY as we expect another great turnout!** Scan the QR code or visit the parish website, www.sainttheresaparish.com, for details.



Current Vacant Adoration Slots

Critical Need—No Adorer Scheduled

Urgent Need—No Adorer For First Half Hour

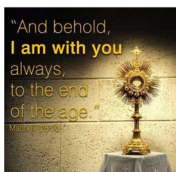
Second Adorer Needed

One Adorer already for these time slots but need one more Adorer.

If you can sign up for one of these available slots, it would be greatly appreciated.

To sign up, go to:

<http://sainttheresa.letusadore.com>



	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	12:00am	1:00am	12:00am	12:30am	12:30am	12:30am	1:00am
	1:00am	2:00am	1:00am	1:00am	1:30am	1:00am	2:00am
	2:00am	3:00am	2:00am	1:30am	3:00am	1:30am	2:30am
	3:00am	4:00am	3:00am	2:30am	5:00am	2:30am	3:30am
	4:00am	7:00am	3:30am	3:30am	8:00am	3:30am	4:30am
	5:00am	9:00am	4:30am	8:00am	1:00pm	5:00am	7:00am
	6:00am	10:30am	8:30am	9:00am	2:30pm	6:00am	9:00am
	7:00am	11:30am	9:30am	10:00am	3:00pm	8:00am	10:00am
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	1:00pm					8:30pm	3:00pm
	2:00pm					11:00pm	4:00pm
	8:00pm						5:00pm
	9:00pm						6:00pm
	10:00pm						7:00pm
	11:00pm						8:00pm
							9:00pm
							10:00pm

Note: We have a very active group of adoration substitutes. The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage



Knights of Columbus

Adorers Needed: Adoration is a sign of devotion to and worship of Jesus Christ, who is present in body, blood, soul, and divinity, under the appearance of the consecrated host. Interested in spending some more time with our Lord? Consider signing up for some time in our and experience the true peace and solace of being with our Lord in adoration. To sign up, go to: <https://sainttheresa.letusadore.com/hello/>. Or scan:



Support Ukraine: The KofC Ukraine Solidarity Fund is accepting donations that will help provide shelter, food, medical supplies, clothing, etc., to the besieged people of Ukraine. You can make your check out to "Knights of Columbus Charities, Inc." and write

"Ukraine Solidarity Fund" in the memo line. Mail your check to: Knights of Columbus Charities, Inc., P.O. Box 1966, New Haven, CT, 06510-1966. Or use the link below to donate online. <https://www.kofc.org/secure/en/donate/ukraine.html>

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects can involve carpentry plumbing, electrical, painting, and/or the installation of a new appliance. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Call for Handyman Crew Volunteers: Are you available to volunteer as a handyman for those in need? The volunteers of the St. Louis Martin Coun-

cil of the Knights of Columbus are available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. As a volunteer, you will have the opportunity to work alongside brother knights in support of a worthy cause. What do you get in return? A smile and a thank you from the people you helped. Learn more here: <https://www.st-louismartin-kofc.org/handy-man-services>.

Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at <https://www.st-louismartin-kofc.org/faqs>. Read the latest issue (June 2022) of our Council's Quarterly Newsletter by scanning here:



News Around the Diocese

Make a Gift for Seminarian Education

When you donate to the Seminarian Education Endowment Fund (SEEF), your gift will support seminarian expenses such as tuition, room, board and books, which average over \$45,000 per seminarian, per year. To give online, visit www.arlingtondiocese.org/donate_SEEF or mail a check payable to the Foundation for CDA-SEEF to 200 N. Glebe Road, Suite 811, Arlington, VA 22203. Thank you.

Celebrating A Golden or Silver Wedding Anniversary This Year?

Were you married in 1972 or 1997? Then join Bishop Michael F. Burbidge for the 2022 Mass for Jubilarians to be celebrated on Sunday, October 16th at 3pm at the Cathedral of St. Thomas More in Arlington, VA. Contact the parish office to register no later than October 3rd. For more info, visit www.arlingtondiocese.org/MJM.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics in the area to their meetings every third Thursday of the month at 7:30pm at St. John's in Leesburg. Please email separated@stjohnleesburg.com for more information.

National Conference for Single Catholics

September 16th-18th, 2022 - join hundreds of single Catholics from across the country (and beyond!) at the 21st National Conference for Single Catholics at the Westfields Marriott in Chantilly, VA (DC Metro Area). The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, opportunities for confession, fellowship, food and more. Register between July 5th and July 25th with this promo code (PARISH22) to get \$100 off the general admission! Discount limited to the first 50 people nationwide to use this code. Visit www.NationalCatholicSingles.com for more information and to register. (Can't find your question answered on the website? Call 512.766.5798.)

Three to Get Married Marriage Prep Aug 11-14

This Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. An intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS is included. \$315 per couple. Space is limited and it fills up quickly! Find more info on the website ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD.

Silent Retreat Weekends

Men: Aug 19-21

We encourage you to spend a summer weekend growing in your faith and become spiritually stronger. Explore your mission in life and experience His Presence in the silence! Retreats are based on the Spiritual Exercises of St. Ignatius of Loyola. Cost: \$250 per person. Info and links to register on the website www.ourladyofbethesda.org.

Understanding Anxiety & Stress in a Post-Pandemic World—Workshop Series: Starts September 8, 2022

Learn how to feel stronger and healthier in a post-pandemic world by attending this upcoming series of workshops presenting talks and time to practice learning a new technique experientially. Presented by Dr. Kathleen Musslewhite, Executive Director of the Alpha Omega Clinic, the series will run monthly on Thursday evenings: Sep 8, Oct 13, Nov 10, Jan 12, Feb 9, Mar 2; each session duration: 7:00-8:30pm. The cost for each session is \$60 per person, or sign up for the entire series for \$300 per person. Come to all or some. This program is a collaboration of Our Lady of Bethesda Retreat Center with the Alpha Omega Clinic, both located at 7007 Bradley Blvd., Bethesda, MD 20817. Find more information and links to register on our website: www.ourladyofbethesda.org

Parish Offices

Secretary: Christine Young, 703.729.2287
Secretary: Kelly Cosenke, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Little Flower Consignment Sale on Sept 24th. Mark your calendar! Consign, volunteer, shop or donate items. Proceeds go to families in need through Divine Mercy Outreach. Go to www.littleflowerconsignments.org for more information.

The Visitation Ministry HOMEBOUND or want to volunteer to visit the homebound? We have wonderful parishioners who would love to call and visit you by phone if you are not comfortable with a home visit at this time! If you need help with an errand or would like someone to pray with you, let us know. We are also looking to add to our list of volunteers to make visits. Please contact Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Friends in Need

Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or

703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

Bed Ministry Needs

If you can help, we are in need of new mattress pads- all sizes and queen size comforters to help families in need. Please drop off or ship to the parish office. Thank you to those who have donated items! You are making a difference! God bless you.

Bed Ministry

Volunteer for the Bed Ministry - volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too!

It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Monetary Donations—Your donations make a difference in the lives of struggling families! There are struggling veterans, individuals and fami-

lies due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. These donations also help to purchase beds and cribs for families in need. We just ordered \$5900 worth of beds to help families in need.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.

www.sainttheresaparish.com

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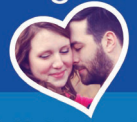
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The National Center on Sexual Exploitation:

440 1st Street NW, Suite 840, Washington, DC 20001

Email: public@ncose.com www.EndSexualExploitation.org



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