

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147



**September 5, 2021      Twenty-Third Sunday in Ordinary Time**

## *Masses for the Week*

<b>Mon, Sept 6</b>	6:15— Raymond J. Malec, Sr.+ 8:30— Laverne E. Graham+
<b>Tues, Sept 7</b>	6:15— Michael Wojnowski 8:30— Ethan Reeves
<b>Wed, Sept 8</b>	6:15— John Scully & Family 8:30— Jerome Krebs+ 12:15— Hayden Baron
<b>Thurs, Sept 9</b>	6:15— George Warfield+ 8:30— Michael Young
<b>Fri, Sept 10</b>	6:15— George Warfield+ 8:30— Sunil Tellis
<b>Sat, Sept 11</b>	8:30— Mark Reese Weldon III+ 5:30— Carmine Coniglio+
<b>Sun, Sept 12</b>	7:30— Robert Mica+ 8:45— Stan Urynowicz+ 10:30— Mariano Caceres+ 12:30— Gail Parker+ 5:00— St. Theresa Parishioners

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday Wednesdays: 12:15pm
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Nicholas R. Barnes, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Doug Schmude, Matthew Albert Skubie, Barbara Orandel-lo, Jeff Peters, Leah Monteiro, Marcela Garcia, CJ Buechner, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Ben Thede, Eugene Prosack, Lynn Petrara, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette.

**Prayers For Our Military:** Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden.

## The Mass in Slow Motion, Continued... The Eucharistic Prayer

Let's continue looking closely at the Mass, as we have in past weeks. Last time, we introduced the Eucharistic Prayers. Today, let's begin to understand the content of the Eucharistic Prayers. I forewarned you weeks ago that this subject is complex, but I will try to make it as clear as I can.

Every Eucharistic Prayer contains six elements. These elements are: the **Epiclesis**, the **Consecration**, the **Anamnesis**, the **Oblation**, the **Intercessions**, and the **Doxology**. Don't be intimidated by these unfamiliar terms. Let's understand them one at a time.

Epiclesis: This is when the priest calls on the Holy Spirit to ask that the bread and wine be consecrated and made into the Body and Blood of Christ. You'll know it's the Epiclesis when the priest holds out his hands flat over the gifts, and the altar server rings the bells.

Consecration: These are the words from the last supper, "**This is my body. This is my blood.**" At these words, bread and wine become the Body and Blood of Christ. The priest elevates the host and the chalice, and the altar server rings the bells three times.

Anamnesis: This is a Greek term that means, "remembrance." We deliberately remember Jesus' passion, death, and resurrection, just as he once commanded his apostles to do.

Oblation: This is a Latin term which means "offering." Jesus Christ himself is the offering at every Mass, by the power of the Holy Spirit. The past event of Calvary becomes (literally) a present reality for us. Together with Jesus' sacrifice, we offer ourselves to God as well.

Intercessions: There's a series of petitions in the Eucharistic Prayer to make it clear that the Eucharist is offered not just on our own, but together with the whole Church. Everyone in the Church, living and deceased, will share in the effects of Christ's redemption. This is why we pray for the living and the dead, and why we ask for the prayers of the saints.

Doxology: This is the conclusion of the Eucharistic Prayer. It's taken from Romans, 11:36. The familiar words we pray are as follows:

**Through him**: Through Christ we have access to God. "No one comes to the Father but through Me" (Jn 14:6).

**With him**: Jesus said "without me you can do nothing" (Jn 15:5). With him, our lives will glorify God on Earth. He wants us to be with him everything.

**In him**: Jesus' life and our lives are one. He the head, we the body. He is the vine, we the branches.

**In the unity of the Holy Spirit**: The Church is brought together only by the power of the Holy Spirit. That's how we are joined together as believers in offering this sacrifice.

**All glory and honor is yours...forever**: What we begin in time, we will continue in eternity. The love God shows us in Jesus, and the love we wish to show in return, has no end. In heaven we will praise and thank God for what he has done, but while we are still alive on this Earth, we can deepen that love, and strengthen it. Please be aware of the great privilege that is yours at this moment in the Mass!

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm

(9 days prior to publication)

### Weekend Adoration Will Resume Saturday, September 11th

Looking for committed adorers who can spend a grace-filled hour every week with our Lord in the Blessed Sacrament for the following critical slots. Please prayerfully consider it!

#### Critical Need - No Adorer for this hour

Saturday	Sunday	Monday	Tuesday
2.30 AM	1.30 AM	2.30 AM	2.00 AM
6.30 PM	2.30 AM		
11.30 PM			

**NOTE: We have a very active group of adoration substitutes. The Adoration Schedule online system allows users to cancel commitments from time to time to allow for vacation, sickness or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.**

To sign up for critical and other vacant adoration slots, please go to <http://sainttheresa.letusadore.com>

# Youth Education and News



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

**RE Volunteers Needed**—Teachers, Aides, and Support Volunteers. Our RE Program requires about 140 volunteers. Contact the RE Office for more info if you are able to volunteer.

**Registration for Religious Education classes is now open.** Please visit the parish website for information about how to sign your children up for classes this coming year. The Late Fee went into effect August 1st.

**Adults Plan Ahead to Volunteer**  
Want to volunteer at the many St. Theresa's children based programs/events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at

connie@sainttheresaparish.com or call 703.729.3714. Volunteers will have to register and sign up for the original VIRTUS course, [www.virtus.org](http://www.virtus.org).



ymoffice@sainttheresaparish.com

## Upcoming Youth Group Events:

### September:

Saturday, the 11th—Confirmation Retreat, 1:30-8pm (need to be pre-registered)

Sunday, the 12th—Upper Room Squad – High School Youth Group, 6-7:45pm

Saturday, the 25th—Rock Squad—Middle School Youth Group led by High Schoolers. 3-4:45pm

Sunday, the 26th—Parish Food Transport & Sort after 8:45am & 5pm Masses (about an hour)

### Monday, the 27th—

Complete the Food Sort, 7pm Louis Martin Room, (about 1.5 hours)

### Wednesday, the 29th—

Load Donated Food for transport to Food Pantry, 6:30-7pm

**Adult Volunteers Needed** - Youth Ministry is looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. We have all sorts of roles and we know we can find a great fit for anyone willing to answer the call to work with our Youth. Saint JPII instructed our youth, "young people, do not be afraid to be holy!". We would love for you to join us as we walk alongside the amazing young people of our Parish family. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus – Protecting God's Children). Please contact Paul Dwyer for details at [ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com).



What a great start to the school year!



**Sponsors & Golfers needed! Registration is now OPEN for the 11th Annual Friends of St. Theresa School (FOSTS) Golf Tournament on**



## Saint Theresa Catholic School

Monday, October 4, 2021 at Belmont Country Club! Proceeds from the tournament provide tuition assistance for St. Theresa School students whose families experience a financial hardship. Join us for this St. Theresa parish-school tradition, *it's FORE the kids!* **Register to golf and sponsor on the parish website, [www.sainttheresaparish.com](http://www.sainttheresaparish.com)**, or call 703.729.3577 for details.

STCS Parents, see the **Thursday Thunder Newsletter** for information on important dates and events like these:

- **Monday, September 6:** No School, Labor Day
- **Wednesday, September 8:** Middle School Back-to-School Night
- **Thursday, September 9:** Elementary Back-to-School Night

**Join our team! St. Theresa Catholic School is accepting applications** for a Director of Admissions, Substitute

Teachers, Middle School Counselor (part or full-time), and Middle School Math Teacher (part-time, for Math Enrichment. To apply, please send your resume, cover letter, and references (for teaching positions, also include sample lesson plans) to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).

**Shop and earn rewards for STCS -- EVERYONE can sign up! We are grateful for your support!**

• When you shop on **Amazon**, please use Amazon Smile, and they'll donate a portion of your purchase to our school. Go to [www.amazon.com](http://www.amazon.com) and choose "St Theresa Parish School" (Note: there's no period after "St") from the list of charitable organizations. Don't forget to sign into Amazon Smile each time you shop!

• Link your **Harris Teeter VIC** card with St. Theresa Catholic School at, [www.harristeeter.com/together-in-education](http://www.harristeeter.com/together-in-education), using St. Theresa School code # 5887, or visit the in-store customer service desk.

## News from our Parish

### Latin Mass

The September Latin Mass will be held at 8:30am, September 11th.

### Young at Heart

Wed. Sept. 15th, after attending the 12:15pm Mass we will meet in the Adm. Bldg. Bring your own lunch. We will have a "make your own Sundae" and cookies for dessert Social, provided by our Club. We will have coffee, tea and water too. Attend to learn about our plans for upcoming meetings. NEW people are ALWAYS welcome. Please RSVP to Grace Breighner. e-mail [gracejb18@aol.com](mailto:gracejb18@aol.com) or phone 703.729.7044.

**Are you registered to vote at your current address?** Will you be 18 on November 2nd or have you moved within the state since the last election? If you have moved into the state, you must register to vote in Virginia. A voter registration crew will be available after masses the weekend of **September 18th and 19th** and they will help you register to vote! It is your right as an American to vote!

### Discovery Weekend

An open invitation to all adults. Together, let us enrich our relationship with God and have a renewed understanding and response to God's call. Sponsored by Missionary Families of Christ (MFC) St. Theresa. To be held **Sep 25-26**, 1:30-5pm in St. Theresa's Zelig rooms. No fees required. For

more info, contact Nonoy Cardenas, 202.560.2885; [ffcardenas@gmail.com](mailto:ffcardenas@gmail.com) or Jerry Osmena, 571.723.6754; [mfc.virginia.us@gmail.com](mailto:mfc.virginia.us@gmail.com). You can also register directly at <https://discoveryweekend-mfcva.eventbrite.com>.

### Is Mary Calling You to Her Legion?

We are busy visiting, helping, and praying with parishioners and neighbors. But we need more helping hands! There are three Legion of Mary groups that meet at different times. Come to a meeting—check the website for days and time, or call Christine Wilson: 571.274.6923.

### We're Hiring!

St. Theresa Catholic School is accepting applications for a Director of Admissions, Substitute Teachers, Middle School Counselor (part or full-time), and Middle School Math Teacher (part-time, for Math Enrichment. To apply, please send your resume, cover letter, and references (for teaching positions, also include sample lesson plans) to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).

### Cub Scouts

Cub Scout Pack 997 (sponsored by St. Theresa Parish) welcomes new Cub Scouts for the 21-22 school year! We have an exciting and engaging program planned. We are open to boys in grades K through 5; Scouts need not be students at St. Theresa School. A Join Scouting Night will be Sept 15 at

7pm, in the school cafeteria. Email [pack997leaders@googlegroups.com](mailto:pack997leaders@googlegroups.com) for more information

### The Chosen

Come see Season 1 of the hit TV show and internet sensation "The Chosen" on Thursdays at 7:30pm in the Zelig Room through September 23rd. Deacon Noah will be your host for this video series.

### Annual Parish Golf Tourney

Sponsors & Golfers needed! Registration is now OPEN for the 11th Annual Friends of St. Theresa School (FOSTS) Golf Tournament on Monday, October 4, 2021 at Belmont Country Club! Proceeds from the tournament provide tuition assistance for St. Theresa School students whose families experience a financial hardship. Join us for this St. Theresa parish-school tradition, it's FORE the kids! Register to golf and sponsor on the parish website, [www.sainttheresaparish.com](http://www.sainttheresaparish.com), or call 703.729.3577 for details.

**Financial Peace University** (Dave Ramsey) - begins (virtually) September 30 thru December 2nd at 7pm (every Thurs). Visit [fpu.com/1139296](http://fpu.com/1139296) to sign up for my class and start your 14-day free trial. Cost (\$129) includes all you need for 1 year. Questions, contact Deborah at [deborahaleben@gmail.com](mailto:deborahaleben@gmail.com) or 703.217.4583. If returning for refresher classes, contact me.

## Adult Education and Spiritual Enrichment

### Walking With Purpose

Join us for a new year of Walking With Purpose - women's (and new this year: middle school girls') Bible studies! For those who desire to grow in faith—in a supportive community of Catholic women (or girls)

These Bible studies combine personal study with small group discussion, linking our everyday challenges to the solutions given to us through the teachings of Christ and the Catholic Church. *Blaze* is the Walking With Purpose ministry for tween/teen girls. The mission of *Blaze* is to use Scripture to speak God's truth into the hearts of young girls: visit [walking-withpurpose.com/blaze](http://walking-withpurpose.com/blaze). The adult small groups will meet starting the week of Sept. 20th. *Blaze* will meet on Sunday evenings for twenty weeks starting in October. Registration is

open (St. Theresa's website: "Activities", "Women's Bible Study-Walking With Purpose". Questions? [sttheresawwp@gmail.com](mailto:sttheresawwp@gmail.com). All are welcome to join us for our Kick Off Mass and Wine Social - Monday, September 13th. Mass at 7pm followed by a reception in the Atrium at 8pm.

### Women's Discipleship Group

Meets every Wednesday morning from 10:30 - 11:30am on Zoom for Lectio Divina. Our focus is the scriptural readings for the upcoming Sunday celebration of the Mass.

Parish women of all ages are cordially invited to explore a spiritual relationship with Jesus through the practice of Lectio Divina and spiritual readings. The Scripture readings treat the Bible as a text to be examined, and also as the living Word of God spoken to us.

Lectio Divina is a slow, quiet, and thoughtful encounter with Scripture. Reading and responding to the biblical passage provides time and space for God's Word to move from our lips, into our minds, and finally into our hearts. We met in the St. Louis Martin Conference Room in the parish office building until the Covid 19 pandemic March 2020. Since then, we have continued to meet virtually Zoom and will continue this format until we are able to resume the in person meetings in the parish office building.

We invite you to pray and grow spiritually with us and experience the joy that comes from growing your relationship with Jesus our Savior. For more information, contact Flo Riddock at 719.671.5610 or [friddoc@gmail.com](mailto:friddoc@gmail.com).

# More Adult Education and Spiritual Enrichment

## The Bible Timeline

The Bible Timeline is a Catholic Bible study that can help anyone to make sense of the Bible and experience the life-changing power of God's Word. This is a great class foundational class!

Wednesdays 7-8 pm. Zoom. Starts Oct 6. Contact: Mark Scallion at markscallion20@gmail.com

Thursdays 10-11am. In-Person. Starts Oct 7. Contact Deacon Noah at dcnoah@sainttheresaparish.com

Thursdays 7-8pm. In-Person. Starts Oct 7. Contact Deacon Noah at dcnoah@sainttheresaparish.com

## The Gospel of Matthew

Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today.

Wednesdays 7-8pm. Zoom. Starts Oct

6. Contact: Andy Johnson at johnson.andrew7003@gmail.com

## The Four Books of Moses

Exodus, Leviticus, Numbers, and Deuteronomy are the backbone of the "Law" contained in the Torah, the Jewish Scriptures. This study examines the origins of the Mosaic ritual law, the codification of the natural moral law in the Ten Commandments, and the adventures of the Israelites from Egypt to the Promised Land. (Catholic Way Bible Study)

Thursdays 7-8pm. Zoom. Starts Oct 7. Contact Maria Basu at maria\_basu@yahoo.com

## The Book of Revelation

The Book of Revelation is one of the most misunderstood books of the Bible. It's not about date setting or trying to identify current events, rather it illustrates the judgments brought on by humanity's disobedience to God's

laws and His great mercy and love for us in spite of our rebellion. (Catholic Way Bible Study)

Thursdays 7-8pm. Zoom. Starts Oct 7. Contact Linda DiMuzio at lpdimuzio@gmail.com

Additional information is on the St. Theresa website under Faith->Adult Faith Formation.

## Attention Men of St. Theresa Parish

Are you looking to deepen your relationship with God? Be a better husband? Become a more loving father? Build friendships with other like-minded men? And seek to be the best man you can be?

If so, join That Man is You every Saturday morning, Starting on September 11, from 6:30 to 8am in Zelig Rooms 1 and 2. Please go to the Activities tab on the St Theresa website and scroll down to TMIY to submit your email to register.



## Knights of Columbus

### A welcome to new brother Knights:

Congratulations and a warm welcome to the following new brother Knights, and a brother Knight who transferred to our Council. All completed their 3rd Degree Exemplification, on Aug. 25th, 2021.

New brothers:

Steven Boodhoosky, Michael Lang, Daniel Redmond

Transferring brother:  
Eugene Rainville

**The 2021 Virginia March for Life will be on Friday, September 17th in Richmond.** The Virginia Knights of Columbus will be the marshals. Interested Knights can sign up using this link to the Sign Up Genius page, <https://tinyurl.com/KofC2021VAMFL>. The meet up location in Richmond will be emailed and will meet at 8:30am. The other need is for Brother Knights, their families, and their friends to attend. More info can be found at <https://marchforlife.org/virginia-march-for-life/>

**Food Drive:** Thanks to our parishion-

ers, volunteers, and especially the youth group for donating food, sorting items, and transferring them to the Catholic Charities Loudoun Food Pantry in Sterling. Your kindness and time make this program successful!

Results for the month of August will be posted in next week's bulletin.

The next collection will take place the weekend of September 25-26. Please pick up a blue bag on September 18 or 19 and bring it back the following weekend. Thanks for your support!

**Pancake Breakfast:** On Sunday September 12th, the Knights will be hosting the first pancake breakfast at St. Theresa since February of 2020! Come and enjoy breakfast in the school cafeteria with your families and fellow parishioners. We will be serving scrambled eggs, pancakes, sausage, and donuts, along with coffee and juice after the 7:30 to 10:30am masses. Proceeds will go toward a cash donation in support of our seminarians.

**Council Meeting:** Our next business meeting will be on Mon. September 13th. We will begin with a Rosary (all parishioners invited for this) at 7pm in

the Church. Business meeting follows in the Zelig room at 7:30pm with social time.

## Call for Handyman Crew Volunteers:

Are you available to volunteer as a handyman for those in need? This crew is available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. Learn more here: <https://www.st-louismartin-kofc.org/handyman-services>. **Parishioners in need:** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, please submit your request to the Handyman Crew at: [jwilliamsinnott@gmail.com](mailto:jwilliamsinnott@gmail.com). Please include a brief description of what is needed and a contact number for us to reach you.

**Interested in learning more about the Knights of Columbus?** Find our Frequently Asked Questions: <https://www.st-louismartin-kofc.org/faqs>.

## Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

## Parish Offices

Secretary: Christine Young, 703.729.2287  
Secretary: Kelly Cosenke, 703.729.2287  
Business Manager: Scott Pochick, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Priscilla Keller, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

**Monetary Donations** Your donations make a difference in the lives of struggling families! They are individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Mark your calendar- the next Consignment Sale date is Oct 2nd!**

The June sale brought in \$16,865. Many thanks!

For more information about consigning or volunteering go to [www.littleflowerconsignments.org](http://www.littleflowerconsignments.org)

Don't want to consign but have baby or children's items to donate? 100% of the proceeds from these items go directly to Divine Mercy Outreach. We accept children's clothing in good condition, books, toys (No broken parts or missing pieces), DVDs/games, and baby items. Contact Elisa Mitchell [eagmitchell@gmail.com](mailto:eagmitchell@gmail.com)

**Volunteers for the Bed Ministry** - volunteers with trucks needed especially! It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Furniture Ministry**—accepting kitchen tables & chairs and smaller dressers only Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or [furniture@sainttheresaparish.com](mailto:furniture@sainttheresaparish.com) if you want to help or donate.

**The Visitation Ministry**—Homebound or want to volunteer to visit the homebound? We have won-

derful parishioners who would love to call and visit you by phone if you are not comfortable with a home visit at this time! If you need help with an errand or would like someone to pray with you, let us know. We are also looking to add to our list of volunteers to make visits. Please contact Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

### Friends in Need

Provides meals on a short term basis for those families or individuals in the parish who are unable to cook for themselves due to illness or a medical situation in the immediate family, arrival of a new baby...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one are in need of help with meals.

Looking for ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. You will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)

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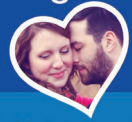
## Is this film suitable for my children?

Reviews and ratings of an extensive list of movies, both current and archived is available at:

<http://www.usccb.org/movies/>

This service is provided by the U.S. Catholic Bishops' Office of Film and Broadcasting

catholicmatch Virginia



[CatholicMatch.com/myVA](http://CatholicMatch.com/myVA)



## Touch a Life, Forever.

Serra for Priestly Vocations

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For more information contact:  
**The National Center on Sexual Exploitation:**  
440 1st Street NW, Suite 840, Washington, DC 20001  
Email: [public@ncose.com](mailto:public@ncose.com) [www.EndSexualExploitation.org](http://www.EndSexualExploitation.org)



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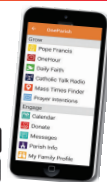
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