

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147



September 12, 2021

Twenty-Fourth Sunday in Ordinary Time

Masses for the Week

| | |
|-----------------------|---|
| Mon, Sept 13 | 6:15— Laverne Elizabeth Graham+ 8:30— Mary Catherine Stevens+ |
| Tues, Sept 14 | 6:15— Justin Alexander 8:30— Gerry Walsh+ |
| Wed, Sept 15 | 6:15— Lou Miles 8:30— Clara Ayrrer+ 12:15— Charles Eby+ |
| Thurs, Sept 16 | 6:15— Kathleen Guthrie+ 8:30— Cipriano Ejorcadas+ |
| Fri, Sept 17 | 6:15— Michael Wojnowski+ 8:30— Joseph, Carlo & Laura Maresca+ |
| Sat, Sept 18 | 8:30— Carola KHA for all souls+ 5:30— John C. Glass+ |
| Sun, Sept 19 | 7:30— St. Theresa Parishioners 8:45— Dennis Gehley+ 10:30— Gary Grimes+ 12:30— Timothy Wayne Sos+ 5:00— Ellen W. Fagan+ |

Parish Mass Schedule

| | |
|---------------------|--|
| Saturday: | 8:30am, 5:30pm Vigil Mass |
| Sunday: | 7:30, 8:45am & 10:30am 12:30 & 5:00pm |
| Weekdays: | 6:15 and 8:30am, Monday through Friday Wednesdays: 12:15pm |
| Holy Days: | As announced |
| Holy Hour: | Wednesdays, 7pm |
| Confessions: | Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment |

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Doug Schmude, Matthew Albert Skubie, Barbara Orandel-lo, Jeff Peters, Leah Monteiro, Marcela Garcia, CJ Buechner, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Ben Thede, Eugene Prosack, Lynn Petrara, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette.

Prayers For Our Military: Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden.

The Mass in Slow Motion, Continued... The Eucharistic Prayer, Summarized

Let's continue looking closely at the Mass, as we have in past weeks. Last time, we took a close look at the Eucharistic Prayer, introducing some important but technical terms. You'll need to reference last week's column to make the most of this one, because today, I would like to use those terms to help give you the "big picture" of what the Eucharistic Prayer is.

There are some things in life too beautiful to be forgotten. Nearly always, these are sacrifices made in love for another person, often to the point of death. Consider the love with which we celebrate each Mothers' Day or Fathers' Day, to honor those who gave us life, and raised us at the cost of their own sacrifice. Consider the near-religious reverence with which we celebrate Memorial Day, remembering the life sacrifice of so many soldiers in the service of our country.

But the greatest and most beautiful sacrifice in all of human history, by far, is the sacrifice of Jesus Christ on Calvary for the salvation of the world. In fact, the sacrifice of Christ is so great, that it is the standard by which all other acts of love are measured. We honor soldiers, and other heroes who gave their lives to save others precisely because their love was something like the love of God himself, which Jesus showed for us on the cross. Calvary is a sacrifice so beautiful, so transformative to recall, that God willed not merely that we remember it, but that we literally participate in it. The Eucharistic Prayer is the means by which we do so.

Now, let's use some terms from last week's bulletin column to help make that point clear. First, we can't make Jesus' sacrifice present by our own will alone. We need God's power to do that. This happens at the **Epiclesis**, by which the priest (who acts in the person of Jesus himself) calls down Holy Spirit onto the bread and wine present at the altar. Next, the **Consecration** makes Jesus literally present for us. We do not merely "remember him," however. That's why in the **Anamnesis**, we state that we are present at Jesus' sacrifice on Calvary right now, although through sacramental signs. We have the privilege of knowing that Jesus' death is not a meaningless suffering, but rather, that one suffering which gives true meaning to all others. That's why we join our sufferings to his (the **Oblation**) not just for ourselves and our dearest personal intentions, but for all the living and the dead throughout the world (the **Intercessions**). Finally, we give thanks and praise to God not only for what he has done in the past, but for what he is doing right now. In Christ, nothing is lost, but rather every sadness and suffering is redeemed, sanctified, and resurrected. This is a prayer of praise and gratitude that we could literally offer to God for all eternity, and we begin to do so right now, at this Mass (the **Doxology**). I hope that helps explain the meaning and purpose of the mysterious words of the Eucharistic Prayer.

There is nothing in life sadder or more tragic than wasted suffering. But Jesus made all suffering meaningful by his death and resurrection. The Mass allows us not only to remember it, but to join with him in offering it. To be united with Christ in everything, both in life and in death—this is the meaning of "redemption." Jesus passed through his consecration on the cross that we might now pass through ours in the Mass. Let's pray with all our heart that we may do so, worthily and well.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm
(9 days prior to publication)

Weekend Adoration Resumed Saturday, September 11th

Looking for committed adorers who can spend a grace-filled hour every week with our Lord in the Blessed Sacrament for the following critical slots. Please prayerfully consider it!

Critical Need - No Adorer for this hour

| Saturday | Sunday | Monday |
|----------|---------|---------|
| 2.30 AM | 1.30 AM | 2.30 AM |
| | 2.30 AM | |

NOTE: We have a very active group of adoration substitutes. The Adoration Schedule online system allows users to cancel commitments from time to time to allow for vacation, sickness or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

To sign up for critical and other vacant adoration slots, please go to <http://sainttheresa.letusadore.com>

Youth Education and News



Office Hours:
Mon-Thurs. 9am-4pm; Fri. 9am-noon

RE Volunteers Needed—Teachers, Aides, and Support Volunteers. Our RE Program requires about 140 volunteers. Contact the RE Office for more info if you are able to volunteer.

Registration for Religious Education classes is now open. Please visit the parish website for information about how to sign your children up for classes this coming year. The Late Fee went into effect August 1st.

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at

connie@sainttheresaparish.com or call 703.729.3714. Volunteers will have to register and sign up for the original VIRTUS course, www.virtus.org.



ymoffice@sainttheresaparish.com

Upcoming Youth Group Events:

September:

Sunday, the 12th—
Upper Room Squad – High School Youth Group, 6-7:45pm

Saturday, the 25th—
Rock Squad–Middle School Youth Group led by High Schoolers. 3-4:45pm

Sunday, the 26th—
Parish Food Transport & Sort after 8:45am & 5pm Masses (about an hour)

Monday, the 27th—
Complete the Food Sort, 7pm Louis Martin Room, (about 1.5 hours)

Wednesday, the 29th—
Load Donated Food for transport to Food Pantry, 6:30-7pm

Adult Volunteers Needed - Youth Ministry is looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. We have all sorts of roles and we know we can find a great fit for anyone willing to answer the call to work with our Youth. Saint JPII instructed our youth, "young people, do not be afraid to be holy!". We would love for you to join us as we walk alongside the amazing young people of our Parish family. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus – Protecting God's Children). Please contact Paul Dwyer for details at ymoffice@sainttheresaparish.com.



*8th Grade Art Elective
sketching our
beautiful Church!*



Sponsorship deadline is nearing – several levels available for families & businesses! Get your foursome together & register NOW for the



Saint Theresa Catholic School

11th Annual Friends of St. Theresa School (FOSTS) Golf Tournament on Monday, October 4, 2021 at Belmont Country Club! Proceeds from the tournament provide tuition assistance for St. Theresa School students whose families experience a financial hardship. Join us for this St. Theresa parish-school tradition, *it's FORE the kids!* **Register to golf and sponsor on the parish website, www.sainttheresaparish.com, or call 703.729.3577 for details.**

STCS Parents, see the **Thursday Thunder Newsletter** for information on important dates and events like these:

- Thursday, September 16:** Lebanese Taverna Pre-order Dinner pick-up
- Friday, September 17:** Band meeting for parents
- Friday, October 1:** Half-day for students
- Friday, October 1:** PTO Family Movie Night

Join our team! St. Theresa Catholic School is accepting applications

for a Director of Admissions, Substitute Teachers, Middle School Counselor (part or full-time), and Middle School Math Teacher (part-time, for Math Enrichment). To apply, please send your resume, cover letter, and references (for teaching positions, also include sample lesson plans) to HR@sainttheresaparish.com.

Shop and earn rewards for STCS -- EVERYONE can sign up! We are grateful for your support!

•When you shop on **Amazon**, please use Amazon Smile, and they'll donate a portion of your purchase to our school. Go to www.amazon.com, and choose "St Theresa Parish School" (Note: there's no period after "St") from the list of charitable organizations. Don't forget to sign into Amazon Smile each time you shop!

•Link your **Harris Teeter VIC** card with St. Theresa Catholic School at, www.harristeeter.com/together-in-education, using St. Theresa School code # 5887, or visit the in-store customer service desk.

News from our Parish

Young at Heart—Wed, Sept 15

Meet in the admin bldg after the 12:15pm Mass. Bring your own lunch. Make your own Sundae and cookies for dessert, provided by our Club. Learn about our plans for upcoming meetings. NEW people are ALWAYS welcome. RSVP to Grace Breighner. e-mail gracejb18@aol.com or phone 703.729.7044.

Are you registered to vote at your current address?

Will you be 18 on November 2nd or have you moved within or into the state since the last election? A voter registration crew will be available after masses the weekend of **September 18th and 19th** and they will help you register to vote! It is your right as an American to vote!

Discovery Weekend: Sep 25-26, 1:30-5pm, St. Theresa Zelig Rooms

An open invitation to all adults. Together, let us enrich our relationship with God and have a renewed response to God's call. Sponsored by Missionary Families of Christ (MFC). No fees. Contact Nonoy Cardenas, 202.560.2885; ffcardenasj@gmail.com or Jerry Osmena, 571.723.6754; mfc.virginia.us@gmail.com. Or, register at <https://discoveryweekend-mfcva.eventbrite.com>.

Is Mary Calling You to Her Legion?

We are busy visiting, helping, and praying with parishioners and neighbors, but we need more helping hands! Three Legion of Mary groups meet at different times. Come to a meeting—check the website for days and time, or call Christine Wilson: 571.274.6923.

We're Hiring!

St. Theresa Catholic School is accepting applications for a Director of Admissions, Substitute Teachers, Middle School Counselor (part or full-time), and Middle School Math Teacher (part-time), for Math Enrichment. To apply, please send your resume, cover letter, and references (for teaching positions, also include sample lesson plans) to HR@sainttheresaparish.com.

Cub Scouts

Cub Scout Pack 997 (sponsored by St. Theresa Parish) welcomes new Scouts for the school year! We have an exciting and engaging program planned. Open to boys grades K thru 5; Scouts need not be students at St. Theresa School. A Join Scouting Night: Sept 15, 7pm, in the school cafeteria. Email pack997leaders@googlegroups.com for more information.

The Chosen

Come see Season 1 of the hit TV show and internet sensation "The Chosen" on Thursdays at 7:30pm in the Zelig Room through September 23rd. Deacon Noah will be your host.

Annual Parish Golf Tourney

Sponsorship deadline is nearing -- several levels available for families & businesses! Get your foursome together & register NOW for the 11th Annual Friends of St. Theresa School (FOSTS) Golf Tournament on Monday, October 4, 2021 at Belmont Country Club! Proceeds from the tournament provide tuition assistance for St. Theresa School students whose families experience a financial hardship. Join us for this St. Theresa parish-school tradi-

tion, it's FORE the kids! Register to golf and sponsor on the parish website, www.sainttheresaparish.com, or call 703.729.3577 for details.

Financial Peace University (Dave Ramsey) - begins (virtually) Sept 30-Dec 2nd at 7pm (every Thurs). Visit fpu.com/1139296 to sign up for my class and start your 14-day free trial. Cost (\$129) includes all you need for 1 year. Questions, contact Deborah at deborahaleben@gmail.com or 703.217.4583. If returning for refresher classes, contact me.

Music Ministry Updates

The St. Theresa Parish Choir (currently for the 10:30am Sunday Mass) is open to new and returning members. Rehearsals begin on Tuesday, September 14, 7pm.

A smaller, auditioned Schola Cantorum is also open to those who read music and have some vocal training or experience such as high school or college choir. The schola will focus on more advanced music, but combine with the Parish Choir.

The Little Flower Girls' Choir, a new choir for teen girls ages 13 and up, will begin rehearsing on Saturday, September 18, 3:45pm.

Stay tuned for a children's choir beginning in a month or two!

Interested or have any questions? Contact Anne Miller, choir director, or Matt Ho, music director, at music@sainttheresaparish.com.

News from the Diocese

National Day of Remembrance for Aborted Children

Come join St. John the Apostle Parishioners as we honor the children who did not have a chance to live out their

lives. Saturday, September 18th is the National Day of Remembrance for Aborted Children. Our Memorial will be held after the 9am Mass in St. John the Apostle Cemetery, by the large

Mother Mary Statue. Father Thomas will preside. We will walk over together after Mass. More info at <https://nationaldayofremembrance.org> or contact Kathleen: kzolbe@verizon.net

Adult Education and Spiritual Enrichment

Walking With Purpose

Join us for a new year of Walking With Purpose - women's (and new this year: middle school girls') Bible studies! For those who desire to grow in faith—in a supportive community of Catholic women (or girls)

The adult small groups will meet starting the week of Sept. 20th. *Blaze* will meet on Sunday evenings for twenty weeks starting in October. Registration is open (St. Theresa's website: "Activities", "Women's Bible Study-

Walking With Purpose". Questions? sttheresawwp@gmail.com. All are welcome to join us for our Kick Off Mass and Wine Social - Monday, September 13th. Mass at 7pm followed by a reception in the Atrium at 8pm.

More Adult Education and Spiritual Enrichment

The Bible Timeline

The Bible Timeline is a Catholic Bible study that can help anyone to make sense of the Bible and experience the life-changing power of God's Word. Great foundational class!

Wednesdays 7-8 pm. Zoom. Starts Oct 6. Contact: Mark Scallion at markscallion20@gmail.com

Thursdays 10-11am. In-Person. Starts Oct 7. Contact Deacon Noah at dcnoah@sainttheresaparish.com

Thursdays 7:30-8:30pm. In-Person. Starts Oct 7. Contact Deacon Noah at dcnoah@sainttheresaparish.com

The Gospel of Matthew

Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today.

Wednesdays 7-8pm. Zoom. Starts Oct 6. Contact: Andy Johnson at johnson.andrew7003@gmail.com

The Four Books of Moses

Exodus, Leviticus, Numbers, and Deuteronomy are the backbone of the

"Law" contained in the Torah, the Jewish Scriptures. This study examines the origins of the Mosaic ritual law, the codification of the natural moral law in the Ten Commandments, and the adventures of the Israelites from Egypt to the Promised Land. (Catholic Way Bible Study)

Thursdays 7-8pm. Zoom. Starts Oct 7. Contact Maria Basu at maria_basu@yahoo.com

The Book of Revelation

The Book of Revelation is one of the most misunderstood books of the Bible. It's not about date setting or trying to identify current events, rather it illustrates the judgments brought on by humanity's disobedience to God's laws and His great mercy and love for us in spite of our rebellion. (Catholic Way Bible Study)

Thursdays 7-8pm. Zoom. Starts Oct 7. Contact Linda DiMuzio at lpdimuzio@gmail.com

Additional information is on the St. Theresa website under Faith->Adult Faith Formation.

Attention Men of St. Theresa Parish

Are you looking to deepen your relationship with God? Be a better husband? Become a more loving father? Build friendships with other like-minded men? And seek to be the best man you can be? Join That Man is You every Saturday morning, 6:30 to 8am in Zelig Rooms 1 and 2. Please go to the Activities tab on the St Theresa website and scroll down to TMIY to submit your email to register.

Women's Discipleship Group

Meets every Wednesday morning from 10:30-11:30am on Zoom for Lectio Divina. Our focus is the scriptural readings for the upcoming Sunday celebration of the Mass.

Parish women of all ages are cordially invited to explore a spiritual relationship with Jesus through the practice of Lectio Divina and spiritual readings.

We invite you to pray and grow spiritually with us and experience the joy that comes from growing your relationship with Jesus our Savior. For more information, contact Flo Rid-dock at 719.671.5610 or friddoc@gmail.com.



Knights of Columbus

The 2021 Virginia March for Life will be on Friday, September 17th in Richmond. Brother Knights, their families, and their friends are needed to attend. More info can be found at <https://marchforlife.org/virginia-march-for-life/>

KOVAR Collection: On September 18-19, the Knights will be collecting donations for KOVAR following all masses. KOVAR is a Virginia Knights of Columbus Charity that provides financial assistance to people with Intellectual disabilities. This past year, KOVAR awarded a grant to the Special Olympics of Virginia in the amount of \$448,597.

Food Drive: For the month of August, the K of C collected and delivered 4,477 pounds of food to the Catholic Charities Loudoun Food Pantry in Sterling! Many thanks to the volun-

teers, youth group, and Knights who helped categorizing, sorting, loading, and bringing the items to the pantry. If you missed August, September is around the corner. September food drive dates: 13 (prep bags), 18-19 (pick up bags), 25-26 (return bags and categorize items), 27 (sort items by expiration date), 28 (move bags). You are always invited and welcomed to volunteer to continue to make this program successful!

The St. Theresa Parish Picnic: Our annual Parish Picnic will be held on Sunday, October 3rd from 1:30-4pm. It will be a 'Tailgating' theme this year! The knights will grill hamburgers and hotdogs and host a beer garden. Bring a side dish to share, lawn chairs, tents, and park your favorite tailgating vehicle down by the playground! The Knights will host games for the kids (and perhaps the adults!).

Call for Handyman Crew Volunteers: Are you available to volunteer as a

handyman for those in need? This crew is available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. Learn more here: <https://www.st-louismartin-kofc.org/handyman-services>. **Parishioners in need:** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, please submit your request to the Handyman Crew at: jwilliamsinnott@gmail.com. Please include a brief description of what is needed and a contact number for us to reach you.

Interested in learning more about the Knights of Columbus? Find our Frequently Asked Questions: <https://www.st-louismartin-kofc.org/faqs>.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Parish Offices

Secretary: Christine Young, 703.729.2287
Secretary: Kelly Cosenke, 703.729.2287
Business Manager: Scott Pochick, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Mark your calendar- the next Little Flower Consignment Sale date is Oct 2nd! For more information about consigning or volunteering go to www.littleflowerconsignments.org

Don't want to consign but have baby or children's items to donate?

100% of the proceeds from these items go directly to Divine Mercy Outreach. We accept children's clothing in good condition, books, toys (No broken parts or missing pieces), DVDs/games, and baby items. Contact Michelle Curtis for children's clothing donations at michelle.schex7@gmail.com and Elisa Mitchell eagmitchell@gmail.com for all other items that aren't clothing.

Monetary Donations Your donations make a difference in the lives of struggling families! They are individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Volunteers for the Bed Ministry – volunteers with trucks needed especially! It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Furniture Ministry—accepting kitchen tables & chairs and smaller dressers only Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com if you want to help or donate.

The Visitation Ministry—Homebound or want to volunteer to

visit the homebound? We have wonderful parishioners who would love to call and visit you by phone if you are not comfortable with a home visit at this time! If you need help with an errand or would like someone to pray with you, let us know. We are also looking to add to our list of volunteers to make visits. Please contact Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Friends in Need

Provides meals on a short term basis for those families or individuals in the parish who are unable to cook for themselves due to illness or a medical situation in the immediate family, arrival of a new baby...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one are in need of help with meals.

Looking for ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. You will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com

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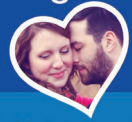
Is this film suitable for my children?

Reviews and ratings of an extensive list of movies, both current and archived is available at:

<http://www.usccb.org/movies/>

This service is provided by the U.S. Catholic Bishops' Office of Film and Broadcasting

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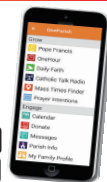
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Courtney J. Ulrich
DMD

Valerie V. Woo
DMD



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