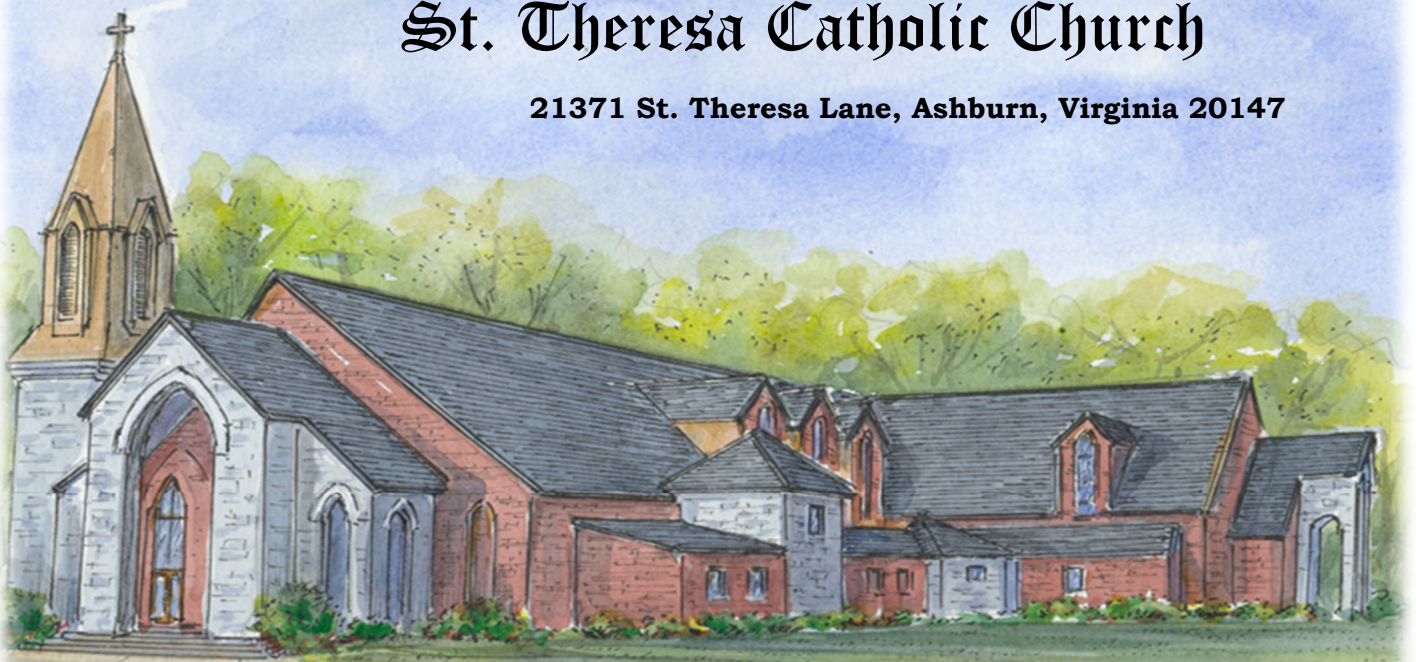


St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147



November 7, 2021

Thirty-Second Sunday in Ordinary Time

Masses for the Week

Mon, Nov 8	6:15— All Souls Novena 8:30— Philip Carrescia
Tues, Nov 9	6:15— All Souls Novena 8:30— Jennifer & Gabriella Tellis
Wed, Nov 10	6:15— Heidi Miles 8:30— All Souls Novena 12:15— Joseph & Edna Pietrucha+
Thurs, Nov 11	6:15— Robert Burton+ 8:30— Linda & Gred DiMuzio and Family
Fri, Nov 12	6:15— Alyce Miles+ 8:30— Joseph Carrescia+
Sat, Nov 13	8:30— All Souls 5:30— Robert Mica+
Sun, Nov 14	7:30— Patricia E. Carey+ 8:45— Michael Demski+ 10:30— Deceased Members of the Bianchet & Keane Families+ 12:30— St. Theresa Parishioners 5:00— Joseph Tesoriere+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday Wednesdays: 12:15pm
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Ann Hannah, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Doug Schmude, Matthew Albert Skubie, Barbara Orandello, Jeff Peters, Leah Monteiro, Marcela Garcia, CJ Buechner, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Ben Thede, Eugene Prosack, Lynn Petrarra, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette.

Prayers For Our Military: Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden.

The Mass in Slow Motion, Continued... The Reception of the Eucharist, or Communion

Let's continue looking closely at the Mass, as we have in past weeks. Last time, we looked at the Agnus Dei. This week, let's look at the source and summit of the entire Mass and Christian life, the Eucharist. Since the Eucharist is such an enormous subject, and far too vast to cover in a bulletin column, I would like to limit this week's message to a simple presentation of the most basic guidelines for Catholics who wish to receive the Eucharist.

Keep the Eucharistic Fast: According to Canon 919 of the Code of Canon Law, we are supposed to abstain from any food or drink, with the exception of water and medicine, for at least one hour before receiving the Eucharist. This fast does not apply to the sick in hospitals or homes, or to those who care for them. (These may receive the Eucharist whenever the priest, deacon, or minister is able to come.) Why is there a Eucharistic Fast? The oldest written records of the Eucharistic Fast date to the fourth century, and even those records are predated by an ancient unwritten tradition. The Church has always understood that receiving the Eucharist is the most sacred moment of our lives, and calls for a heightened awareness to assist our deliberate and prayerful reception. Abstaining from food and drink has always been understood as an effective way to help foster this awareness, and to receive Christ with as much prayer attention as possible.

Be Free from Mortal Sin: As I mentioned in the bulletin last week, one must not receive the Eucharist in a state of serious sin. The Code of Canon Law states this better than I can:

A person who is conscious of grave sin is not to . . . receive the body of the Lord without previous sacramental confession unless there is a grave reason and there is no opportunity to confess; in this case the person is to remember the obligation to make an act of perfect contrition which includes the resolution of confessing as soon as possible. (CIC 916)

Jesus said, "if you love me, keep my commandments" (Jn 14:15). Just as any two people must first reconcile with one another before they can celebrate and rejoice together, so we too must reconcile with Jesus before we can be one with him in the Eucharist. The ordinary means to do that, with regard to serious sin, is the Sacrament of Penance, or confession.

Does It Matter If I Receive in the Hand, or On the Tongue? The Latin Rite of the Catholic Church at this time in history allows communion to be received either way, and leaves the decision of receiving in the hand or on the tongue to the discretion of the individual. (As a priest who has distributed communion countless thousands of times, across many decades, I request only two things. If receiving in the hand—please raise your hands close enough to the priest to allow him to reach you. If receiving on the tongue—please extend your tongue a little, please stand still, and please don't bite!)

How Many Times A Day Can I Receive Communion? Twice per day, if you attend Mass both times.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Adult Education and Spiritual Enrichment

Men's Bible Study

The new year of the Men's Bible Study began Tuesday, Nov 2. @ 7:30pm. Study sessions will be held in the St. Louis Room in the parish office building. All men of the parish (18+) are welcome to join. No previous experience is necessary — only a desire to read and discuss Scripture with other

men. For additional details please see the parish website or contact Deacon Renzette, deacon@renzette.org.

Women's Discipleship Group

Meets every Wednesday morning from 10:30-11:30am on Zoom for Lectio Divina. Our focus is the scriptural readings for the upcoming Sunday

celebration of the Mass.

Parish women of all ages are cordially invited to explore a spiritual relationship with Jesus through the practice of Lectio Divina and spiritual readings.

For more information, contact Flo Rid-dock at 719.671.5610 or friddoc@gmail.com.

Youth Education and News



ymoffice@sainttheresaparish.com

Upcoming Youth Group Events:

November:

Sunday, the 7th – Upper Room Squad High School Youth Group, 6-7:45pm

Saturday, the 20th – Rock Squad– Middle School Youth Group led by High Schoolers. 2-3:45pm
Sunday, the 28th– Parish Food Transport & Sort after 8:45am & 5pm Masses (about an hour)

Monday, the 29th– Complete the Food Sort, 7pm Louis Martin Room, (about 1.5 hours)

Tuesday, the 30th– Load Donated Food for transport to Food Pantry, 6:30-7pm

Adult Volunteers Needed - Youth Ministry is looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. We have all sorts of roles and we know we can find a great fit for anyone willing to answer the call to work with our Youth. Saint JPPI instructed our youth, "young people, do not be afraid to be holy!". We would love for you to join us as we walk alongside the amazing young people of our Parish family. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course

(Virtus – Protecting God's Children). Please contact Paul Dwyer for details at ymoffice@sainttheresaparish.com.



Office Hours:

Mon–Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



Learn more about our wonderful Parish school and how Catholic education can make a difference in your child's life! Please join us for our **Open House on Sunday, November 14**, to see the St. Theresa Catholic School difference! Presentation at 2:00pm followed by tours. For information on our admissions process, visit our website,



www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotellid@stsashburn.com. *We hope to see you November 14!*

STCS Parents, see the **Thursday Thunder Newsletter** for information on important dates and events like these:

- November 7-14:**
Vocations Awareness Week activities
- Thursday, November 11:**
Half-day; Parent-Teacher conferences; Veteran's Day activities;
PTO Movie Night
- Friday, November 12:**
No school;
Parent-Teacher conferences
- Sunday, November 14:**
STCS Open House;
Discover Catholic Schools Week

•**Wednesday, November 24- Tuesday, November 30:**
Thanksgiving Break

Shopping early for the holidays?

Don't forget to use Amazon Smile (search for "**St (no period) Theresa Parish School**"), and link your Harris Teeter card with our school's code, 5887. *Thank you for supporting STCS!*

STCS is accepting applications for Substitute Teachers and Extended Day Care staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.



Upcoming Early Bulletin Deadlines

November 28th bulletin submissions due by 12pm Tuesday November 16
December 19th bulletin submissions due by 12pm Tuesday December 7
December 26th bulletin submissions due by 12pm Monday December 13
January 2, 2022 bulletin submissions due by 12pm Monday December 20

News from our Parish

Advent Calendar and Candle Sale!

Prepare for the coming of Christ with your family, and support our teens going to Diocesan WorkCamp, by participating in our Advent Calendar and Candle Sale! The Youth Ministry office will be selling boxed sets of Advent candles as well as chocolate and paper Advent calendars after all Masses on November 13/14 and 20/21. Thank you for your support!

STCS Open House

Learn more about our wonderful Parish school and how Catholic education can make a difference in your child's life! Please join us for our Open House on Sunday, November 14, to see the St. Theresa Catholic School difference! Presentation at 2:00pm followed by tours. For information on our admissions process, visit our website, www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotell@stsashburn.com. We hope to see you November 14!

Young at Heart Club

Men and Women (55 and over)
WEDNESDAY, NOV 17th – Thanksgiving Meal and Social. We meet in the admin building after attending 12:15 Mass. Everyone brings a dish to share. If you do not want to bring an item, you can pay \$5.00 to help cover the cost of the ham and turkey. Entertainment by St. Theresa School Students out in the courtyard. **RSVP BY SUNDAY NOV. 14th** by emailing Grace Breighner at gracejb18@aol.com

or call 703.729,7044. New people are Always welcome to join us!!!

In-House Basketball League

St. Theresa's in-house basketball league for children in Kindergarten thru 3rd grade is open for registration for the 2020/21 season. The league is open to St. Theresa Parishioners and St. Theresa school students. Registration will close on 14 November (or sooner if the league reaches capacity). See the Parish website under Activities/In-house Basketball for details. Contact Rusty Byrne via e-mail at stsk3basketball@gmail.com if any questions.

Is Mary Calling You to Her Legion?

We are busy visiting, helping, and praying with parishioners and neighbors, but we need more helping hands! Three Legion of Mary groups meet at different times. Come to a meeting—check the website for days and time, or call Christine Wilson: 571.274.6923.

We're Hiring

St. Theresa Catholic School is accepting applications for Substitute Teachers and Extended Day Care staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Cub Scout Pack 997 (sponsored by St. Theresa Parish) welcomes new Cub Scouts! We offer our Scouts and their families an exciting and engaging program. We are open to boys in grades K

through 5; Scouts need not be students at St. Theresa School. Interested families should send an email to pack997leaders@googlegroups.com for more information.

The Seven Sisters Apostolate is a call for women to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of our parish priests. It is a "holy wasting" or "lavishing of prayer" for their deeper conformity to Christ. Each woman commits to a Holy Hour on a distinct day of the week, thus covering a complete week. The Holy Hour is ideally prayed in the presence of the Blessed Sacrament, either in an Adoration Chapel or in front of a Tabernacle. We are seeking groups of women to offer a weekly Holy Hour for a specific priest.

Fasting Brothers: Each man will prayerfully discern the unique type of fasting he will offer and commits to fast a designated day of the week (excepting Sunday). We are seeking groups of men to offer various forms of fasting to augment the prayer efforts of our Seven Sisters group.

We ask for a one-year commitment, which can begin at any time, and is renewable each May. If you are interested in committing to this apostolate, or simply wish to learn more, please contact Kelly Rush at Kelly4VT@gmail.com, or visit <https://sevensistersapostolate.org>.

News from the Diocese

2021 Divine Mercy Care Gala

Divine Mercy Care, a non-profit umbrella organization that serves those in need while advancing pro-life health care, is hosting an in-person gala on Nov. 10. This fundraiser will help to provide charity care for Tepeyac OB/GYN patients giving them the best modern medicine with the healing presence of Jesus Christ.

Wednesday, November 10
Top of the Town, Arlington, VA
6pm Cocktails - 7pm Dinner
Limited seating so buy your tickets today! Order tickets at <https://bit.ly/dmccgal> or call 703.934.5222

Worldwide Marriage Encounter

Do we put our trust in God and allow him to be Lord in every area of our life like the widow did? Sign up today to attend one of the next Worldwide Marriage Encounter Experiences on Jan 28-30, 2022 in North Myrtle Beach, SC and Jun 24-26, 2022 in Beaufort, SC. Early sign up is recommended. For more information visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703.646.1521.

PVI Sip and Shop - November 17

Please join us at St. Paul VI Catholic High School for our fifth annual Sip and Shop on Wednesday, November 17 from 6-8 p.m. hosted by our PPO. Get a jump start on your holiday shopping with vendors featuring hand-made crafts, jewelry and cookies to your favorites Pampered Chef, Discovery Toys and 31 bags. Advent wreaths and White House Ornaments will be available. Please join us for an evening of fellowship, shopping and supporting local businesses!

Current Vacant Adoration Slots

Critical Need

No Adorer	Saturday	2:30am
Scheduled	Sunday	4:30am

Urgent Need

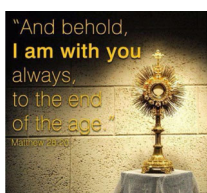
No Adorer for	Saturday	11:30pm
First Half Hour	Tuesday	2:30am

One Adorer already for these time slots but need one more Adorer.

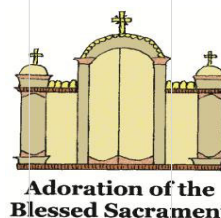
If you can sign up for one of these available slots, it would be greatly appreciated.

To sign up, go to:

<http://sainttheresa.letusadore.com>



	Sat	Sun	Mon	Tues	Wed	Thurs	Fri
12:00am	12:00am	12:00am	12:00am	1:00am	12:30am	12:30am	12:30am
1:00am	1:00am	1:00am	1:00am	2:00am	1:30am	1:30am	1:30am
2:00am	2:00am	2:00am	2:00am	3:30am	2:30am	2:30am	2:30am
3:00am	3:00am	3:00am	3:00am	5:00am	3:30am	3:30am	3:30am
4:00am	4:00am	4:00am	4:00am	6:00am	4:30am	7:30am	5:00am
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8:00pm	9:00pm						
9:00pm	10:00pm						



Knights of Columbus

KofC Degree Ceremony: Monday, 15 November 2021: Saint Louis Martin Council is hosting a degree ceremony in St. Theresa Church at 7:30 PM on 15 November. Ceremony participants, Council Knights, family members and guests are invited to observe this 40-minute ceremony. Participants, new Council members and existing members (wanting to advance to third degree) should confirm their attendance ahead of time by contacting the Council Chancellor at kofc15256@googlegroups.com

Pancake Breakfast: A big Thank you to our parishioners for the donations collected at the October 17 Pancake Breakfast. These donations will support persecuted Christians in the Middle East. Our next Pancake Breakfast will be on November 14 and proceeds will go to the Military Archdiocese.

Food Drive: Our final collection of the year will take place on the weekend of November 27-28. Please pick up a blue bag on November 20-21 and bring it back the following week. Thanks for your support!

Council Business Meeting: The next business meeting will be on Monday, November 8 in the Zellie Room at 7:30 pm. We will pray the Rosary at 7:00 pm in the Church.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Please submit your request to the following email address: jwilliamsinnott@gmail.com. Please include a brief description of what is needed and a contact number for us to reach you.

Call for Handyman Crew Volunteers:

Are you available to volunteer as a handyman for those in need? The volunteers of the St. Louis Martin Council of the Knights of Columbus are available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. As a volunteer, you will have the opportunity to work alongside brother knights in support of a worthy cause. What do you get in return? A smile and a thank you from the people you helped. Learn more here: <https://www.st-louismartin-kofc.org/handyman-services>.

Interested in learning more about the Knights of Columbus? Find our Frequently Asked Questions: <https://www.st-louismartin-kofc.org/faqs>.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Parish Offices

Secretary: Christine Young, 703.729.2287
Secretary: Kelly Cosenke, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Light Up Someone's Christmas begins

Please take a bulb(s) from the trees at church and return the items the weekends of Nov 13th & 14th and Nov 20th & 21st to help families in need and other organizations assisting those in need this Christmas. Follow instructions on the bulbs. Questions, call 703-729-2334. Please do not leave items at church during the week due to theft. Drop off to parish office during the week if needed.

Festival of Trees Dec 4th & 5th

Tickets will be sold after the masses Nov 13th & 14th and Nov 20 & 21st. Receive extra FREE tickets at the pre-sale. Tickets can also be purchased online starting Nov 13th.

Office Pantry items

We are in need of items to help families with emergencies. (No used items please). Hearty canned soups and stews, spaghetti sauce, oatmeal, nuts, protein and granola bars, laundry soap, dishwasher soap, shampoo and women's hygiene products. Please drop them off in the Daily bread box near the outreach boxes at church.

Furniture Ministry—accepting kitchen tables & chairs, smaller dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com if you want to help or if you have these items to donate.

Monetary Donations

Just this week we purchased close to \$5000 worth of beds to help children and adults in need of bed. Your donations make a difference in the lives of struggling families! There are struggling individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Volunteers for the Bed Ministry – volunteers with trucks or Large SUVs needed especially! It's rewarding to assist families in need. Consider tak-

ing a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

The Visitation Ministry—

Homebound or want to volunteer to visit the homebound? We have wonderful parishioners who would love to call and visit you by phone if you are not comfortable with a home visit at this time! If you need help with an errand or would like someone to pray with you, let us know. We are also looking to add to our list of volunteers to make visits. Please contact Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Looking for ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. You will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.

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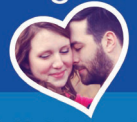
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Courtney J. Ullrich
DMD

Valerie V. Woo
DMD



Dr. Woo is a Parishioner and STCS parent

Is this film suitable for my children?

Reviews and ratings
of an extensive list of movies,
both current and archived is available at:

<http://www.usccb.org/movies/>

This service is provided by the
U.S. Catholic Bishops' Office of Film and Broadcasting



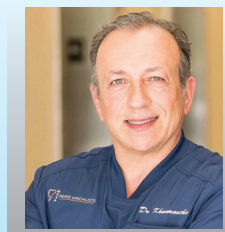
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Encourage.
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space!

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