

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

December 4, 2022
Second Sunday of Advent



Masses for the Week

Mon, Dec 5	6:15—Carolyn Shippee+ 8:30—Eileen Shanley 12:15—Elie Torres Garcia+
Tues, Dec 6	6:15—Brenda Escobar, OCDS 8:30—Mary Briant+
Wed, Dec 7	6:15—Religious Ed Students 8:30—Jen Lausten 12:15—Frank & Margaret Tesoriere+ 7:30—Michele Reilly
Thurs, Dec 8	6:15—Fr. Christopher Vaccaro 8:30—Ferdinand Tinio+ 12:15—Rev. Paul M. Eversole 4:30—The Nelson Family 7:30—St. Theresa Parishioners
Fri, Dec 9	6:15—Doug Schmude+ 8:30—Joseph Pietrucha+
Sat, Dec 10	8:30—Dagmar Cook+ 5:30—Michael Scully
Sun, Dec 11	7:30—Cuti Family+ 8:45—St. Theresa Parishioners 10:30—Joseph, Laura & Carlo Maresca+ 12:30—Maureen Jacob+ 5:00—Frances Maria Pilaro+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9-9:30am Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Nick Evers, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Nancy Pochick, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner, Nancy Pochick, Michael Robertson, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons.

Prayers For Our Military: Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy.

I Confess...that I'm Afraid of Confession!

It's ok to admit it. The Sacrament of Penance, (commonly known as confession) scares people. I would love to help you get past those fears and to appreciate this great sacrament, so let's first shed light on the problem. Do any of these thoughts seem familiar to you?

- It's been years since my last confession, and I'm embarrassed to admit it...
- I don't remember how to go to confession, and I'm afraid I'll do it wrong...
- I had a bad experience with another priest, and I don't want to go through that again...
- I'm afraid the priest will judge me...
- I'm don't know what to confess...
- I'm afraid the priest will remember what I confessed, and I will feel ashamed the next time I see him...

Before mentioning anything else, please know that the priest himself understands what it is like to go to confession. He knows what it's like to set aside precious time on a free Saturday afternoon. He knows what it's like to drive across town to church. He knows what it's like to wait in a long line; and he knows what it's like to confess his sins out loud to another priest. He knows, because he has been doing it for years. Knowing what it is like to be a good penitent is the first quality of a good confessor. Personally, I believe that the only priests who cause terrible experiences for others in confession are those who never go to confession themselves.

If you could know what it's like on the priest's side of the screen, you would not have any anxiety at all. With an easy "Q and A" format, let me share a little of my experience with you here.

Q: Does the priest judge me when I confess something terrible?

A: No, he does not. In fact, the worse your sins, and the more honestly admit them, the better a person he thinks you are. Sincerely. It tells him you are honest, strong, sincere, accountable—and that you care more about what God thinks of you than about what the priest thinks of you.

Q: What will happen if I go into confession, but I don't know what to "do" in there?

A: Every week, without fail, the priest hears confessions from people who do not know what to do, or who have been away from the sacrament for a long time. The priest will guide you through it one step at a time. It is never a problem.

Q: Will the priest remember what I said and think badly of me the next time I see him?

A: No. He probably will not remember even that you went to confession to him at all. Please understand that sins all sound the same after awhile, and that it is nearly impossible to remember what anyone said. Can you imagine spilling a can of alphabet soup and trying to remember all the letters? It's kind of like that.

Q: Will the priest think badly of me if I have been away from confession for a very long time?

A: No, he will not. In fact, the longer you have been away from confession, the happier the priest will be that you came. *"I solemnly assure you, there is more joy in heaven over one sinner who repents than over 99 righteous people who have no need of repentance"* (Lk 15:7). The priest feels the exact same way.

Let's continue talking about confession in the upcoming weeks. Until then...
God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Upcoming Early Bulletin Deadlines

Due to the upcoming Christmas and New Year's Holidays, here are the early bulletin deadlines:

December 18 bulletin deadline—due by **Monday, December 5** noon

December 25 bulletin deadline—due by **Monday, December 12** noon

January 1 bulletin deadline—due by **Monday, December 19** noon

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News



ymoffice@sainttheresaparish.com

December

Sunday, the 4th-Upper Room Squad, 6-7:45pm

Wednesday, the 7th-Diocesan Work-Camp Interest Meeting, 7pm

Thursday, the 8th-Teen Led Bible Study – 8th-12th grade, 6-7pm

Sunday, the 11th-Upper Room Squad, 6-7:45pm

Thursday, the 15th-Teen Led Bible Study – 8th-12th grade, 6-7pm

Saturday, the 17th-Rock Squad, the Middle School Youth Group, 3-4:45pm

Sunday, the 18th-Upper Room Squad, 6-7:45pm

Thursday, the 22nd-Teen Led Bible Study – 8th-12th grade, 6-7pm

Adult Volunteers Needed - We are looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

We celebrated the blessing of our new play area!



St. Theresa Catholic School



Saint Theresa Catholic School

important information and dates, including:

Monday, Dec. 5—

Catholic Charities *We Care Week*

Tuesday, Dec. 6—

St. Nicholas feast day

Thursday, Dec. 8—

Feast of the Immaculate Conception, all-school Mass

Friday, Dec. 9—

Dress-out day for Catholic Charities

The St. Theresa Catholic School

Book Fair is open through Wednesday, **December 7!** Students will visit the Fair during the school day; parents are welcome to shop on school days right after dismissal. *Stop by and stock up on books for Christmas!*

St. Theresa Catholic School's 2022 Thunder Appeal, "Our Mission Matters" is now underway – please consider a gift to our parish school!

Your support will impact our students every day by helping to upgrade build-

ing security, add



educate each student. Donate online by scanning the QR code or visiting

our website, www.stsashburn.com. You may also mail a check to St. Theresa Catholic School ("Thunder Appeal" in the memo line). For more information, please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577. *We are grateful for your support!*

Shop for Christmas and Support STCS!

When you shop on Amazon, please use AmazonSmile – they'll give back a portion of your purchase to STCS. Go to www.AmazonSmile.com and choose "St Theresa Parish School" from the list of charities (NOTE: no period after 'St'). At Harris Teeter, link your VIC card to STCS with code #5887 at the customer service desk or online. *Thank you for your support!*

Calling all St. Theresa Catholic School Alumni & Alumni Families!

We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to alumni@stsashburn.com.



First STCS graduating class, 1996



Calling all St. Theresa Catholic School

ALUMNI!

We'd love to hear from you!

Send your updates to alumni@stsashburn.com

STCS registration for NEW families for the 2023-24 school year opens on January 4. If you would like information on admissions for the 2023-24 school year, please visit our website, www.stsashburn.com (click 'Admissions'), or contact Admissions Director Denise Rotell, rotelld@stsashburn.com.

STCS Parents, please read the **Thursday Thunder** email every week for

News from our Parish

WorkCamp 2023 Information Meeting

An informational meeting for parents of teens wishing to participate in WorkCamp 2023 will be held on Wednesday, **Dec. 7, 7:30pm** in the St. Louis Martin conference room. This meeting is open to all parents of high school aged teens who are interested in learning more about WorkCamp. To RSVP for the meeting, please email Deacon Renzette - workcamp@sainttheresaparish.com.

VIRTUS Course

St. Theresa will be hosting a VIRTUS course here on Saturday, December 10th at 9am. Please go to www.virtus.org to register and sign up today.

Festival of Trees: This Weekend!

Join us for this exciting, festive event and hopefully win a tree, wreath or gift basket. Come and see the beautifully decorated



trees, wreaths and gift baskets. Raffle tickets available at the event. Proceeds from the event help families in need through Divine Mercy Outreach.

St. Theresa Catholic School's 2022 Thunder Appeal, "Our Mission Matters" is now underway – can you



help with an end-of-year gift? Your support will impact our students every day by helping to upgrade building security, add outdoor learning spaces, expand faith formation opportunities, and help bridge the gap between our tuition revenue and the actual cost to educate each student. Donate online by scanning the QR code or visiting our website, www.stsashburn.com. You may also mail a check to St. Theresa Catholic School ("Thunder Appeal" in the memo line). For more information, please contact Regina Freschi,

freschir@stsashburn.com or 703.729.3577. *We are grateful for your support!*

Young at Heart Club Men and Women (55 and over)

December 14th Christmas Party. We meet in the Admin. Bldg across from the church after 12:15pm Mass. Club will provide a Free Lunch for paid 2022 members which will be 2 slices of pizza, tossed salad, wine, soda, eggnog, coffee, tea and water. For non-members the charge will be \$10. Each person please bring a small amount of Christmas cookies, cupcakes, brownies etc, to share on our dessert table. We will have a Christmas gift exchange, if you would like to participate, please bring a wrapped gift valued at \$10. Must RSVP by **December 11th** by email to Grace Breighner, gracejb18@aol.com or call 703.729.7044. New people are ALWAYS welcome to join us!

Current Vacant Adoration Slots

Critical Need

No Adorer Scheduled	Sunday	1:00am & 3:30am
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Urgent Need

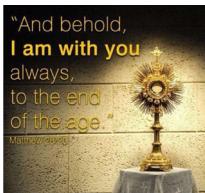
No Adorer for First Half Hour	Sunday 1:30pm Monday 4:30am Friday 4:00am & 7:30am
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Second Adorer Needed

One Adorer already for these time slots but need one more Adorer.

If you can sign up for one of these available slots, it would be greatly appreciated.
To sign up, go to:
<http://sainttheresa.letusadore.com>

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
12:30am	12:30am	12:00am	12:00am	12:00am	12:30am	12:30am	12:00am
1:30am	1:30am	1:00am	1:00am	1:00am	2:30am	1:30am	1:00am
3:00am	3:00am	3:00am	2:00am	2:00am	3:30am	2:30am	2:30am
4:00am	4:00am	4:00am	3:00am	3:00am	8:00am	3:30am	3:30am
6:30am	6:30am	11:30am	4:30am	4:00am	3:00pm	7:30am	4:30am
10:30am	10:30am	12:30pm	8:30am	12:30pm	4:00pm	11:00am	10:00am
12:30pm	12:30pm	9:30pm	9:30am	5:30pm	8:30pm	12:00pm	11:00am
2:00pm	2:00pm		11:00am	7:00pm	11:30pm	4:00pm	12:00pm
5:00pm	5:00pm		1:00pm	8:00pm		5:30pm	1:00pm
8:00pm	8:00pm		8:30pm	11:30pm		6:30pm	2:00pm
11:00pm	11:00pm		10:30pm			10:00pm	3:00pm
						11:00pm	4:00pm
							5:00pm
							6:00pm
							7:00pm
							8:00pm
							9:00pm
							10:00pm
							11:30pm



Note: We have a very active group of adoration substitutes. The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage

Adult Education and Spiritual Enrichment

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. The

title of our next book is "A Biblical Walk Through The Mass" by Dr. Edward Sri.

Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

News Around the Diocese

Advent Morning of Prayer for Men

December 10, 2022 - 9 am - Noon
Bishop Emeritus Paul S. Loverde,
Director and Celebrant. St. Joseph's
Parish Hall, Herndon. 8-9 am Mass, 9
-9:30 am Breakfast/gathering in the
Parish Hall, 9:30-12:00 Mini Retreat
on Men's Spirituality. RSVP to Mary
Kirby by December 8th at mkir-
by@sjcherndon.org or 703.880.4302.

Job Vacancies

St. Paul VI Catholic High School,
Chantilly, VA, is a caring Catholic
community where we inspire the ex-
traordinary in one another. Please re-
view the list of employment opportuni-
ties to see if you or someone you know
might be a good fit. Please visit the
employment page at [www.paulvi.net/
about/employment](http://www.paulvi.net/about/employment). If you are inter-
ested in a position, email a resume,
cover letter, and three professional
references to Human Resources at
resume@paulvi.net.

Teaching Positions: AP Physics Teach-
er (Half Time), AP Psychology Classes
Substitute Teacher, Theatre Classes

Substitute Teacher, School Counselor
(Full Time)

Staff Positions: Assistant Evening Se-
curity Officer, Bus Driver (Part Time)
Cook (Part Time), Facilities/
Maintenance Technician, Website and
Digital Marketing Specialist (Part
Time)

Coaching Positions: Assistant Baseball
Coach

Assisi, Rome Pilgrimage and other Franciscan Sites

St. Joseph's Church, the Franciscan
University of Steubenville and 206
Tours are teaming up to offer a pil-
grimage to Rome & Assisi and other
Franciscan holy sites from April 18-
27, 2023. Fr. Matt will be the spiritu-
al director and the Pilgrimage promis-
es to be both a Spirit-filled and joyful
experience. Please find more infor-
mation on-line at: [https://
www.pilgrimages.com/frussick/](https://www.pilgrimages.com/frussick/). The
last day to sign up is February 18,
2023. Full payment for all pilgrims is
due that day. Note well: "For this pil-
grimage you must be fit enough to

walk multiple miles a day and be in
good health."

Separated or Divorced?—St. John's
Separated and Divorced Ministry in-
vites all separated or divorced Catho-
lics to their meetings every third
Thursday of the month, 7:30pm at St.
John's in Leesburg. Email separat-
ed.divorced@stjohnleesburg.com for
more information.

**Do you love someone with a drug or
alcohol problem?**—The Nar-Anon is a
worldwide fellowship for those affected
by a friend's or family member's addic-
tion. As a twelve-step program, we
offer our help by sharing our experi-
ence, strength, and hope. Please join
us for an evening of support and re-
covery; you're only a stranger until
you walk through the door. For more
information, contact Deacon Noah at
dcnoah@sainttheresaparish.com.
Weekly meetings are held at: 2nd &
4th Mondays, 7-8pm @ Cascades Li-
brary; 1st, 3rd & 5th Mondays, 7-8pm
via Zoom; Thursdays, 7-8pm @
Leesburg Presbyterian Church.



Knights of Columbus

**Breakfast with Santa, Sunday De-
cember 4:** Our annual Breakfast with
Santa will be held on Sunday Decem-
ber 4 in the St. Theresa School cafete-
ria. Bring the kids to say hello to San-
ta and enjoy a great breakfast of pan-
cakes, scrambled eggs, sausage, and
tater tots! Donations after expenses
will go to the Virginia Special Olym-
pics.

Virtual Rosary: The Knights of Co-
lumbus St. Louis Martin Council in-
vites the entire St. Theresa Parish to
join us virtually for our monthly Ro-
sary, which will be streamed live from
our Church, on the St. Theresa Face-
book site - [https://
www.facebook.com/
sainttheresaashburn/](https://www.facebook.com/sainttheresaashburn/). Our next Ro-
sary will begin promptly at 7:00 pm on
Monday, December 5, 2022. The
monthly Rosary will typically be held
on the first Monday of each month.
We look forward to sharing this prayer
time with you.

Sweats for Vets program 2022: Our
annual Sweats for Vets program is
here! Please consider purchasing and

donating a set (or two, or more) of
sweat suits that will benefit veterans
at the Veterans Administration Medi-
cal Center in Martinsville, West Virgin-
ia. Please deposit your donations in
the marked collection boxes in the
Narthex or Parish Office hallway. The
sweats will also be on the "Light up
Someone's Christmas" program this
year as a donation item.

Monetary donations are also wel-
comed. These extra funds go toward
helping Veterans participate in various
beneficial programs such as horse-
back riding, a fishing day trip, taking
in a local play, a bus ride to a unique
historic location, or simply going apple
picking. The Sweats for Vets program
is a wonderful way to show our Veter-
ans that people still care about them.
If you have any questions about the
program, please contact Joe Potak,
PGK (ajpotak@yahoo.com). Thanks for
your support!

**Are you a parishioner in need of a
home repair?** If you need help in
completing a small home repair that
you cannot complete yourself or that
may cause you financial hardship, we
are here to help! Projects can involve

carpentry plumbing, electrical, paint-
ing, and/or the installation of a new
appliance. Please submit your request
on our website at: [https://www.st-
louis martin-kofc.org/handy-man-
services](https://www.st-louis martin-kofc.org/handy-man-services).

**Aid and Support After Pregnancy
(ASAP)** is a Knights of Columbus pro-
gram to raise funds to support mater-
nity and pregnancy centers in
Loudoun County. Thank you to all
who have donated. If you would like
to donate, visit [https://tinyurl.com/
knights4life](https://tinyurl.com/knights4life). See QR code below. Your
donations will support pregnancy re-
source centers and in
turn pregnant women
and their pre-born
babies. Thank you for
all of the support you
have shown to date!



Interested in learning more about the
Knights of Columbus? See our most
Frequently Asked Questions at
[https://www.st-louis martin-kofc.org/
faqs](https://www.st-louis martin-kofc.org/faqs).

Parish Offices

Secretary: Christine Young, 703.729.2287
Secretary: Kelly Cosenke, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Festival of Trees Dec 3rd & 4th.

Join us today for this exciting, festive event and hopefully win a tree, wreath or gift basket. Come and see the beautifully decorated trees, wreaths and gift baskets. Raffle tickets available at the event. Proceeds from the event help families in need through Divine Mercy Outreach.

Light Up Someone's Christmas.

Thank you to all who are participated. God bless you! If you forgot to bring your bulb back we are still accepting items. Please drop off to the parish office. If you missed participating but would still like help someone in need this Christmas, monetary donations can be made online at the parish website under "Donate".

Monetary Donations—Your donations make a difference in the lives of struggling families! There are struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the

check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com if you want to help or if you have these items to donate.

The Feed the Hungry of Loudoun County works with the Salvation Army to help feed the hungry.

Currently we distribute at two low income apartment complexes and a senior center. While the Salvation Army canteen is out every Saturday, St Theresa does the third Saturday of each month. Interested in help making sandwiches and buying fruit or water or anyone who would like to know more or would like be placed on our notification list, please contact Tim Bowen, tjbowl1@verizon.net or cell 703.244.4494. Thank you to all those who help us feed the hungry.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful

parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com

Bed Ministry—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too! It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

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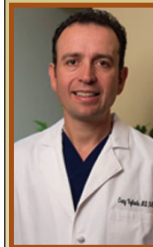
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