

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**December 19, 2021**

**Fourth Sunday of Advent**



## *Masses for the Week*

|                      |                                                                                                                                                                                                                     |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mon, Dec 20</b>   | 6:15— Mary Elizabeth Lord<br>8:30— Jerome Krebs+                                                                                                                                                                    |
| <b>Tues, Dec 21</b>  | 6:15— Mary Elizabeth Lord<br>8:30— John Alban+                                                                                                                                                                      |
| <b>Wed, Dec 22</b>   | 6:15— Mary Elizabeth Lord<br>8:30— Stephanie Webster+<br>12:15— Eleanor Fay Chavez+                                                                                                                                 |
| <b>Thurs, Dec 23</b> | 6:15— Mary Elizabeth Lord<br>8:30— GJ Vitale                                                                                                                                                                        |
| <b>Fri, Dec 24</b>   | 6:15— Mary Elizabeth Lord<br>8:30— Bernard Ballard+<br>4:00— Tellis Family<br>6:00— Robert Mica+<br>8:00— Jennie Lee McKenney+<br>10:00— St. Theresa Parishioners                                                   |
| <b>Sat, Dec 25</b>   | 8:00— Robert Paul Simon+<br>10:00— Patrick Scanlan+<br>Noon— Jack Fitzgibbons+                                                                                                                                      |
| <b>Sun, Dec 26</b>   | 7:30— Volunteers of Leesburg<br>Regional Catholic Charities Office<br>8:45— Ryan Cummings+<br>10:30— Deceased Members of the<br>Keane & Bianchet Families+<br>12:30— McKay Family<br>5:00— St. Theresa Parishioners |

## **Parish Mass Schedule**

|                     |                                                                  |
|---------------------|------------------------------------------------------------------|
| <b>Saturday:</b>    | 8:30am, 5:30pm Vigil Mass                                        |
| <b>Sunday:</b>      | 7:30, 8:45am & 10:30am<br>12:30 & 5:00pm                         |
| <b>Weekdays:</b>    | 6:15 and 8:30am, Monday through Friday<br>Wednesdays: 12:15pm    |
| <b>Holy Days:</b>   | As announced                                                     |
| <b>Holy Hour:</b>   | Wednesdays, 7pm                                                  |
| <b>Confessions:</b> | Saturdays, 4:00-4:45 pm;<br>during Holy Hour; and by appointment |

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Nicholas R. Barnes, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Ruth Carradini, Mark Naftzger, Ann Hannah, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Jeff Peters, Marcela Garcia, CJ Buechner, Nancye Pochick, Quinn Gorman, Michael Robertson, Nickalus Shalin, Celeste Hall, Donna Caulfield, Ethan Falciani, Mary Ann Lyons, Rosario Acot, Keith Waltower, Ben Thede, Eugene Prosack, Lynn Petrarra, John Spriggs, George Morelos, Carol Logue, MaryEllen Back, Apryl Binder, Carole Davidson, Cheryl Grieve, Rita Giunta, Maria Giunta, Danny Bessette.

**Prayers For Our Military:** Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliuini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, Greg Lee, David Lakey, Jim Murray, Keith Bittle, Michael McCurdy, Steven Digangi, Michael J. Pruden.



## DIOCESE OF ARLINGTON

## Office of the Bishop

200 North Glebe Road, Suite, Suite 914 • Arlington, Virginia 22203 • (703)841-2511 • Fax (703)524-5028

### Christmas Letter 2021

Dear Brothers and Sisters in Christ:

*Today is born our Savior, Christ the Lord (Lk 2: 11).*

How blessed are we to celebrate with profound joy the birth of Jesus, Son of God and Son of Mary and Joseph! He is "Light from Light," and for more than 2,000 years, we have walked in the light that he brought the world at his birth.

Born in the midst of darkness, Jesus' light heals the world. He calls us in turn to carry that light and, by his grace, to illuminate a world in desperate need of his compassion, love and healing. The Wise Men followed a star shining in the sky, and, because of their trust and faithfulness, they saw the face of Christ. Likewise, each time we choose to follow the Lord and share his light, he transforms us little by little, and we grow closer to the newborn King, the King of Kings.

As we reflect on the challenges we have experienced this past year, we should consider whether we journey through our circumstances like the Wise Men, journeying closer to God in trust. This Christmas season, reflect on the word Emmanuel, which means "God with us." No matter our challenges and experiences, God is with us and wants to accompany us on our earthly journey.

Throughout this Christmas season and into the coming year, we have a unique opportunity to welcome Christ into our lives more deeply. In anticipation of our Golden Jubilee in 2024, I have called for two preparatory years in advance. The first year, which began on November 21, is devoted to the Eucharist. I encourage you to participate in one of the many 40 Hours Eucharistic devotions taking place throughout the Diocese this Christmas season. In adoration of Our Lord, we remember that he truly is with us- he is Emmanuel.

At this time of great joy and celebration, let us ask Our Lord to help us grow in love of him and of our neighbor and to trust in him just as the Wise Men trusted in him. He is our Light, our God.

Please be assured of my prayers for you, and may the peace and abundant blessings that only Jesus can give be yours at Christmas, throughout the New Year, and always.

Sincerely in Christ,

Most Reverend Michael F. Burbidge  
Bishop of Arlington

### ***Advent Confessions and Christmas Mass Schedule***

#### ***Confessions:***

Monday & Tuesday, Dec 20-21, 7pm until the line runs out  
Wednesday, Dec 22, during Holy Hour

#### ***Christmas Masses***

Vigil Masses, Friday, Dec 24  
4, 6, 8 and 10pm

Christmas Day, Saturday, Dec 25  
8 and 10am and 12 noon

***\*No Confessions or 5:30pm Mass***



# Youth Education and News



Office Hours:  
Mon-Thurs. 9am-4pm; Fri. 9am-noon

## Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.



[ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com)

## Upcoming Youth Group Events:

### December:

Sunday, the 19th– Upper Room Squad  
– High School Youth Group, 6-7:45pm

**Adult Volunteers Needed** - Youth Ministry is looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. Saint JPII instructed our youth, "young people, do not be afraid to be holy!". We would love for you to join us as we walk alongside the amazing young people of our Parish family. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus - Protecting God's Children). Contact Paul Dwyer, [ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com).



**STCS**  
**Choir & Student**  
**Council performed**  
**for the parish**  
**Festival of Trees**



STCS Parents, see the **Thursday Thunder Newsletter** for information on important dates and events like these:



Saint Theresa Catholic School

- **December 20-December 31** – Christmas Break
- **Monday, January 3** – Students return from break
- **Monday, January 17** – No School, Martin Luther King, Jr. Day

**Learn more about our wonderful Parish school and how Catholic education can make a difference in your child's life!** For information on the 2022-23 admissions process, visit our website, [www.stsashburn.com](http://www.stsashburn.com) (click "Admissions") or email Admissions Director Denise Rotell, [rotell@stsashburn.com](mailto:rotell@stsashburn.com).

**Shop for Christmas and Support STCS!** When you shop on Amazon, please use AmazonSmile – they'll give back a portion of your purchase to STCS. Go to [www.AmazonSmile.com](http://www.AmazonSmile.com) and choose "St Theresa Parish School" from the list of charities (NOTE: no period after 'St'). At Harris Teeter, link your VIC card to STCS with code #5887 at the customer service desk or online. *Thank you for your support!*

## STCS is accepting applications for Substitute Teachers and Extended Day Care staff .

To apply, please send your resume, cover letter, and references to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).

**The St. Theresa Catholic School (STCS) Thunder Appeal, "Focus on Faculty," is underway – can you help with an end-of-year gift?** This year's Appeal will raise funds to support our wonderful faculty by updating their laptops & technology, providing additional professional development opportunities, and bridging the gap between the actual cost to educate each student and what we charge in tuition. Your gift of any size will impact our faculty and students every day, and is much appreciated! For details contact Advancement Director Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com). **Thank you for your support of STCS and Catholic education!**



# Adult Education and Spiritual Enrichment

## Women's Discipleship Group

Meets every Wednesday Morning from 9:30-10:30am for Lectio Divina and from 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a

spiritual book selected by our spiritual director Deacon Matthew Noah.

Parish women of all ages are cordially invited to explore a spiritual relationship with Jesus through Lectio Divina

and our current book of inspirational reflection.

For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

## News from our Parish

**Knights of Columbus Pancakes with Santa**— St. Louis Martin Council 15256 of the Knights of Columbus invite ALL to attend **Pancakes with Santa** after the 7:30am, 8:45am and 10:30am Masses on Sunday, Dec. 19th, in the St. Theresa School cafeteria. SANTA will be there from 9am-Noon. Come and grab a picture and have a Merry Christmas!



### **Festival of Trees Committee Thanks You!**

The 2021 Festival of the Trees concluded on Sunday December 5th. There were

55 happy winners of wonderful, themed trees, wreaths, and baskets. The festival committee wants to thank the families that donated the beautiful items for the raffle. The event raised over \$16,000 for Divine Mercy Outreach. The Festival of Trees Committee is indebted to the volunteers for the event. Special thanks to the Wong Family, Bozik Family, Cantwell Family, Branly Family, Oliver Family, Sinnott Family, Mary Maguire, Jane Lovelace, Katie McDonald, Tyler Henricks, and Ana Quijano and the St. Theresa School Choir and Student Council. Our deep appreciation to Cary Cusumano (St Nick), the Knights of Columbus, Marianne Guidos, Paul Dwyer, and Loan Jella, as well as the parish office staff. The committee is grateful for the support of Father Hudgins, Father Barnes, Father

Dudzinski, and the Deacons Konold, Renzette, and Noah. We wish you many blessings this Christmas Season. Looking to participate next year, contact Mary Sinnott via Email-[allthesinnotts@verizon.net](mailto:allthesinnotts@verizon.net).

### **Ushers Needed**

Would you like to serve the Church as an usher? St. Theresa's Usher Ministry is looking for volunteers. Join this ministry, where you can share in the gifts of hospitality and in serving this faith filled community of fellowship and family. We are excited and grateful to welcome you, both men and women, especially during this Advent season! Contact [StTheresaUshers@gmail.com](mailto:StTheresaUshers@gmail.com) if you are interested.

### **Interested in learning about the Legion of Mary?**

Three Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; Friday 10am, or Saturday 9:15am.

### **Text to Give—Faith Direct**

During Advent we prepare our minds and hearts for the real meaning of Christmas, the birth of our Savior and Lord, Jesus Christ. It is likely that we will be busy with family gatherings, perhaps even a trip out of town where you will miss Mass at St. Theresa's. That's where eGiving with Faith Direct

can help simplify your life. By supporting St. Theresa, both you and our parish can save some time and peace of mind this holiday season.

Signing up is easy! Visit [faith.direct/VA14](http://faith.direct/VA14) or text the word **ENROLL** to **703.991.2964** or a dollar amount for a Christmas gift or end of year contribution. God bless your generosity!

### **Thunder Appeal Underway!**

**The St. Theresa Catholic School (STCS) Thunder Appeal, "Focus on Faculty," is underway – can you help with an end-of-year gift?** This year's Appeal will raise funds to support our wonderful faculty by updating their laptops & technology, providing additional professional development opportunities, and bridging the gap between the actual cost to educate each student and what we charge in tuition. Your gift of any size will impact our faculty and students every day, and is much appreciated! For details contact Advancement Director Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com). **Thank you for your support of STCS and Catholic education!**

### **We're Hiring**

St. Theresa Catholic School is accepting applications for Substitute Teachers and Extended Day Care staff. To apply, please send your resume, cover letter, and references to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).



### **Knights of Columbus**

**Pancake Breakfast:** Our next pancake breakfast will be our annual Breakfast with Santa on December 19. Come by and enjoy a breakfast of pancakes, scrambled eggs, sausage and hashbrowns and/or tater tots! Proceeds will go to the Loudoun Abused Women's Shelter (LAWS).

**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we

are here to help! Projects can involve carpentry plumbing, electrical, painting, and/or the installation of a new appliance. Please submit your request at: <https://www.st-louismartin-kofc.org/handy-man-services>.

### **Call for Handyman Crew Volunteers:**

Are you available to volunteer as a handyman for those in need? The volunteers of the St. Louis Martin Council of the Knights of Columbus are available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the

hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. As a volunteer, you will have the opportunity to work alongside brother knights in support of a worthy cause. What do you get in return? A smile and a thank you from the people you helped. Learn more here: <https://www.st-louismartin-kofc.org/handy-man-services>.

**Interested in learning more about the Knights of Columbus?** Find our Frequently Asked Questions: <https://www.st-louismartin-kofc.org/faqs>.

### **Wanting to hear Fr. Hudgins' homilies?**

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

## Current Vacant Adoration Slots

### Critical Need

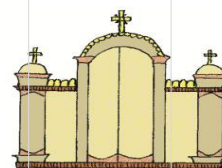
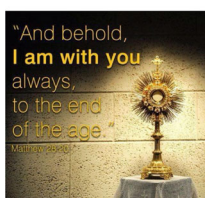
|           |          |         |
|-----------|----------|---------|
| No Adorer | Saturday | 2:30am  |
| Scheduled | Monday   | 12:30pm |

### Urgent Need

|                 |         |        |
|-----------------|---------|--------|
| No Adorer for   | Tuesday | 2:30am |
| First Half Hour | Friday  | 5:00am |

|                                                                   | Sat                                                                                                                                                                                             | Sun                                                                                                                                                                       | Mon                                                                                                           | Tues                                                                                                        | Wed                                                                                                 | Thurs                                                                                              | Fri                                                                                                                                         |
|-------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| One Adorer already for these time slots but need one more Adorer. | 12:00am<br>1:00am<br>2:00am<br>3:00am<br>4:00am<br>7:00am<br>8:00am<br>9:30am<br>10:30am<br>11:30am<br>12:30pm<br>1:30pm<br>2:30pm<br>5:00pm<br>6:00pm<br>7:00pm<br>8:00pm<br>9:00pm<br>10:00pm | 12:00am<br>1:00am<br>2:00am<br>3:00am<br>4:00am<br>5:00am<br>6:00am<br>7:30am<br>8:30am<br>9:30am<br>11:00am<br>1:00pm<br>2:00pm<br>3:00pm<br>5:00pm<br>6:00pm<br>11:00pm | 12:00am<br>1:00am<br>2:00am<br>3:00am<br>4:00am<br>5:30am<br>7:00am<br>12:00pm<br>1:00pm<br>5:00pm<br>10:30pm | 1:00am<br>2:00am<br>3:30am<br>5:00am<br>6:00am<br>7:00am<br>8:30am<br>9:30am<br>11:30am<br>4:00pm<br>7:00pm | 12:30am<br>1:30am<br>2:30am<br>3:30am<br>4:30am<br>7:30am<br>1:00pm<br>6:30pm<br>10:00pm<br>11:30pm | 12:30am<br>1:30am<br>2:30am<br>3:30am<br>7:30am<br>1:00pm<br>3:30pm<br>6:00pm<br>7:00pm<br>11:30pm | 12:30am<br>1:30am<br>2:30am<br>3:30am<br>5:00am<br>8:00am<br>2:30pm<br>3:30pm<br>5:00pm<br>6:00pm<br>7:30pm<br>8:30pm<br>10:00pm<br>11:00pm |

If you can sign up for one of these available slots, it would be greatly appreciated. To sign up, go to:  
http://  
sainttheresa.letusadore.com



Adoration of the Blessed Sacrament

## News from the Diocese

### Marriage Encounter

*Blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me?* Ask Mary to intercede for your marriage. The next Worldwide Marriage Encounter: Feb 7-28, 2022 in Chantilly, VA and Jan 5-Feb 2, 2022 in Virtual 3RE, MD. For more info: RenewMarriage-VANorth.org or applications@renewmarriage-vanorth.org or 703.646.1521.

### Opportunities at Our Lady of Bethesda Retreat Center

#### Three to Get Married Marriage Prep

In-Person: Jan 20-23, Feb 10-13, Mar 10-13, Mar 24-27  
Virtual Only: Apr 21-24

The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$315 per couple. Space will be limited,

#### Take a Personal "Retreat" Day

Jan 21, Feb 18, Mar 11

Are your days overcrowded, jam-packed, and busy, busy, busy? Jesus

tells you to "Come away with me..." to Our Lady of Bethesda Retreat Center where your very own personal retreat awaits. During your personal retreat, from 8:30am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus continental breakfast and lunch, so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$120 per person. Advance Registration is required.

#### Women's Mini Retreat

Evening: Jan 26, 6-9pm

Morning: Jan 27, 9:30am - Noon

Join us for a Mini-Retreat in December. Each Mini-Retreat (evening or morning) includes: Mass, adoration, directed meditation, a practical talk, and time for personal reflection, and a meal. Cost is \$20 per person. Advance Registration is required. Babysitting will be available for the Morning Mini-Retreat.

#### Men's Evenings of Reflections

Jan 6, Feb 3

Join us for a new series of Monthly Reflections for Men that will highlight everyday tips for transforming your

relationship with God and your Family. Each evening includes: Mass, dinner, directed meditation, a practical talk, and time for personal reflection plus the opportunity for Confession. Cost is \$20 per person, per session. Advance Registration is required. SERIES REGISTRATION: For a limited time, register for all 3 reflections for only \$45 per person.

#### For all the above:

Visit our website to register ourladyof-bethesda.org. Or call 301.365.0612. 7007 Bradley Blvd., Bethesda, MD 20817.

### EnCourage: Help for the parents of children experiencing sexual identity confusion

The Diocese of Arlington is starting a support group for the parents of children aged 22 and younger who are reporting gender dysphoria or have embraced a "trans" or "non-binary" identity. The group is part of the EnCourage apostolate. Facilitated by psychologist Dr. Frank Moncher and Fr. Stephen Schultz, the group will meet in person monthly.

Please email

encourage@arlingtondiocese.org or call 571.732.1011 to speak with Fr. Schultz and get information about the meetings.

## Parish Offices

Secretary: Christine Young, 703.729.2287  
Secretary: Kelly Cosenke, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Priscilla Keller, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class, preferably before the child's birth. The classes are held the first Thursday of each month at 7:30pm in the Louis Martin Conference Room in the Administration Bldg. After you attend the class, you may schedule your child for the Sacrament of Baptism (Sundays 1:30pm). Date is confirmed once all paperwork is received in the office. Forms can be found on the Parish website under Faith, Sacraments, Baptism.

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

### Friends in Need

Provides meals on a short term basis for those families or individuals in the parish who are unable to cook for themselves due to illness or a medical situation in the immediate family, arrival of a new baby...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one are in need of help with meals.

### The Visitation Ministry—

Homebound or want to volunteer to visit the homebound? We have wonderful parishioners who would love to call and visit you by phone if you are not comfortable with a home visit at this time! If you need help with an errand or would like someone to pray with you, let us know. We are also looking to add to our list of volunteers to make visits. Please contact Clau-

dia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Furniture Ministry**—accepting kitchen tables & chairs, smaller dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or [furniture@sainttheresaparish.com](mailto:furniture@sainttheresaparish.com) if you want to help or if you have these items to donate.

### Monetary Donations

Your donations make a difference in the lives of struggling families! There are struggling individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to

others by helping them in their time of need.

**Volunteers for the Bed Ministry** – volunteers with trucks or Large SUVs needed especially! It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

Looking for ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. You will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)

Please do not leave clothing at church. We are not accepting clothing donations.

## Upcoming Early Bulletin Deadline

**January 2, 2022** bulletin submissions due by 12pm Monday December 20

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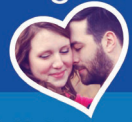
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of an extensive list of movies,  
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**The National Center on Sexual Exploitation:**

440 1st Street NW, Suite 840, Washington, DC 20001

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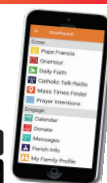
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