

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

July 20, 2025

Sixteenth Sunday in Ordinary Time



## *Masses for the Week*

|                       |                                                                                                                                          |
|-----------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mon, July 21</b>   | 6:15— Thomas Miles, Jr.<br>8:30— Dana Stalcup+<br>12:15— Louis Moses+                                                                    |
| <b>Tues, July 22</b>  | 6:15— Bradley & Melinda Siler<br>8:30— Deceased Members of the<br>McLaine Family+                                                        |
| <b>Wed, July 23</b>   | 6:15— Dean Young<br>8:30— Rolando Santos+<br>12:15— Brandon Blackwood                                                                    |
| <b>Thurs, July 24</b> | 6:15— Delores Monk+<br>8:30— Martha Igantius &<br>Jerome Krebs+                                                                          |
| <b>Fri, July 25</b>   | 6:15— Neil Buettner+<br>8:30— Lekha & All Souls+                                                                                         |
| <b>Sat, July 26</b>   | 8:30— Mick Markuson<br>5:30— Celine Wong                                                                                                 |
| <b>Sun, July 27</b>   | 7:30— St. Theresa Parishioners<br>8:45— Tess Pastin+<br>10:30— Ruth Markuson<br>12:30— Jean Rene Hoo Nguyen+<br>5:00— Fr. David Hudgins+ |

## Parish Mass Schedule

|                     |                                                                                                                                    |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------|
| <b>Saturday:</b>    | 8:30am, 5:30pm Vigil Mass                                                                                                          |
| <b>Sunday:</b>      | 7:30, 8:45am & 10:30am<br>12:30 & 5:00pm                                                                                           |
| <b>Weekdays:</b>    | 6:15 and 8:30am, Monday through Friday<br>12:15pm, Mondays (except Federal Holidays)<br>and Wednesdays                             |
| <b>Holy Days:</b>   | As announced                                                                                                                       |
| <b>Holy Hour:</b>   | Wednesdays, 7pm                                                                                                                    |
| <b>Confessions:</b> | Wednesdays, 9am (until line ends);<br>Holy Hour, 7pm (until line ends);<br>Saturdays, 4pm (until line ends);<br>and by appointment |

**\*\*Federal Holidays—6:15 and 8:30am Masses only**

## Clergy

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette

**Prayers For The Sick:** Michael Tabash, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez.

**Prayers For Our Military:** Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante.

## Padre Pio's Three Steps to Judging Your Own Moral Character:

The human soul is so deep a mystery that we remain an impenetrable enigma even to those who have known us for years. Isn't it true that you've surprised even yourself with your own behavior? In the midst of such mystery, people sometimes wonder, "how can I know my real character? Despite every outward appearance, how can I know who I really am in God's sight?" Padre Pio (St. Pio of Pietrelcina) once spoke in answer to this question. He said if you wish to know the truth about your character—to know what is hidden from the eyes of the world, but seen by the eyes of God—then pay close attention to these three simple questions:

### *How Do I Treat the Weak?*

Jesus once told us, "Whatever you did for the least of my brethren, you did it to me" (Mt 25:40). Your character is not revealed in the presence of your boss, your professor, or anyone more powerful than you, but rather in how you treat those who are in any way frail or weak. Am I patient among the elderly? How do I act in the presence of small children? How do I treat those who are at my service—such as wait staff, service personnel, or checkout clerks? How do I treat any other person who cannot benefit me in any way? Observe yourself closely here. Are you understanding? Are you gentle? Are you thoughtful? Are you kind? Do you extend courtesy to others without expecting any praise or notice? According to Padre Pio, such behavior is the first sign of a soul who is close to God.

### *How Do I Respond to Adversity?*

Life is a never-ending stream of disappointments and difficulties. Some of these are petty. Others are grave. When a storm comes into your life, how do you behave? Do you shout out loud? Curse to yourself behind the wheel of a car? Lash out in a tirade of sarcasm? Or do you pray? Are you patient? Do you try to see God's hand in the difficulty? When the inevitable trials of life come, do you fall to your knees, or do you fall apart? These are the moments when your polite mask melts away, and the truth of who you are is revealed. A faithful soul is forged in the furnace of affliction. If someone turns to God in hardship—if they remain calm, rooted, and faithful—that soul is alive with God's grace. Padre Pio once said, "Pray, hope, and don't worry. Worry is useless. God is merciful and will hear your prayer."

### *How Do I Act When No One Else is Watching?*

This is the greatest character test of all. When there is neither a crowd to applaud me or a mob to condemn me—when I act in secret, silence, and solitude—do I still choose the path of righteousness in God's sight? Jesus once said, "Your Father, who sees what is done in secret, will repay you" (Mt 6:6). The true character of your soul is revealed in the choices you make when only Heaven is watching. God hears the prayers we whispered in the darkness, the kindnesses we offered in private, the temptations we resisted alone. Do you want to know what your soul is made of? Pay close attention, especially to how you behave when no one else seems to be watching. All of us are sinners, but we can grow in virtue if we practice living in God's sight. Let's ask for God's grace, and the prayers of the saints to help us.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

## Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

## *How to Register to be a Parishioner of St. Theresa Catholic Church*

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

# Youth Education and News



ymoffice@sainttheresaparish.com

## July

Sun, 20th-Upper Room Squad, 6-8pm

Sun, 27th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 28th-Food Sort by Expirations Dates, 7-8:30pm

Tues, 29th-Load food for transport, 6:15-7pm

Sun, 27th-Upper Room Squad, 6-8pm

## August

Sun, 3rd-Upper Room Squad, 6-8pm

Sun, 10th-Upper Room Squad, 6-8pm

Sun, 17th-Upper Room Squad, 6-8pm

Sun, 24th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 25th - Food Sort by Expirations Dates, 7-8:30pm

Tues, 26th-Load food for transport, 6:15-7pm

Tues, 26th-Teen Leader Training for the Confirmation Retreat, 7-8:30pm

Sat, 30th-Confirmation Retreat, 1:30-8pm



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

**RE Registration is OPEN!** Please visit the parish website to complete the online form and submit payment for your children's RE classes for the 2025-26 school year. Remember to register early to take advantage of our early bird discount, as Registration fees go back to their normal rates after **July 31st**

**Certification for RE Teachers** - If you would like to develop a deeper understanding of our Catholic Faith, especially if you are or will be teaching Religious Education, please consider participating in one of the following series of Certification courses:

**Fall 2025/Winter 2026** - St. Theresa's, on Saturdays

Please contact the Office of Religious Education if you would like more information.

Adults Plan Ahead to Volunteer Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.



St. Theresa Catholic School

*Join our team!*

**STCS is accepting applications for:**

**4th Grade Teacher**

**Full-time Aide**

**Part-time Aide**

We are hiring for the 2025-26 school year! Please send your resume, cover letter, and references to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

[www.stsashburn.com](http://www.stsashburn.com)

of golf, food, and fundraising for tuition assistance! *This is the primary fundraiser for FOSTS, which provides assistance to families and students who might not otherwise have access to a Catholic education. Not a golfer? Join us for dinner!* To sponsor, golf, join us for dinner, or make a donation please scan the QR code or visit our parish website ([www.SaintTheresaParish.com](http://www.SaintTheresaParish.com)). **Sponsors are needed for the tournament** (individuals, businesses, families), please contact Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com) or 703.729.3577.

**STCS Families, we hope you're having a fantastic summer!** Summer has

a way of flying by -- don't forget to check the school website ([stsashburn.com](http://stsashburn.com), click on "Parent Links") for **Summer Reading and Math for each grade level!** Assignments are due when school begins on August 21.

**STCS Summer Office Hours:** the school office will be open Tuesday, Wednesday, and Thursday from 9:00am-1:00pm throughout the summer. *Have a wonderful and safe break!*

**Apply to STCS!** Would you like to learn more about our parish school and how Catholic education can make a difference in your child's life? Please visit our website for more information (click "Admissions") or email Admissions Director Denise Rotell, [rotelld@stsashburn.com](mailto:rotelld@stsashburn.com).

**Register today for the parish golf tournament! REGISTRATION IS NOW OPEN for the 15th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance** on Monday, October 6, 2025 at Belmont Country Club. This is a wonderful parish event – we hope you'll join us for a fantastic day



## News from our Parish

**Ashburn Catholic Young Adults**—We will meet bi-weekly on Mondays from 6:15–7:30pm this summer for faith and fellowship. Our meetings will be a Theology of the Body Formation Series on July 28 | August 11. We will meet in the Zelig Conference rooms in the Parish Admin Building.

**Red Cross Blood Drive**—Please consider supporting the American Red Cross at our next St. Theresa blood drive on Thursday, August 14th from 10am–3:15pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at [colleenhome87@gmail.com](mailto:colleenhome87@gmail.com) or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives.

**Are you interested in becoming Catholic or learning more about the Catholic faith?** Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start this fall in late October / early November.

**Festival of Trees**—This year our beloved Divine Mercy Outreach Festival of Trees will be on **December 6 & 7**. This year's festival promises to be better than ever with the venue moving back to the gym, cookies, punch and even singing. Plan to join this amazing gathering for fellowship, fun, and a great cause. It's time to get the creative juices flowing and think about donating a themed tree, wreath or basket to FOT. Cookie donations are also needed—everyone loves Christmas cookies! Last year's Festival of Trees raised \$23,600. For more information check out the DMO Festival of trees on our parish website: [sainttheresaparish.com/divine-mercy/divine-mercy-outreach/festival-of-trees/](http://sainttheresaparish.com/divine-mercy/divine-mercy-outreach/festival-of-trees/)

Contact Cathy Branly for tree/wreath donations, or to volunteer: [cathysews@yahoo.com](mailto:cathysews@yahoo.com)  
Contact Danielle Zuccaro for cookie donations: [danielle.a.zuccaro@gmail.com](mailto:danielle.a.zuccaro@gmail.com)

**Registration is NOW OPEN!**

### Friends of St. Theresa School (FOSTS)



### 15th Annual Golf Tournament for tuition assistance

Monday, October 6, 2025 | Belmont CC

To sponsor, golf, join us for dinner, or make a donation scan the QR code or visit our Parish website, [SaintTheresaParish.com](http://SaintTheresaParish.com)



**A St. Theresa Parish tradition!**

## Donut Sunday Program Art Contest @ Saint Theresa



### Art Contest | Drawing of Mother Mary

Drawing must be completed by August 29th and dropped off at  
Saint Theresa Parish Office 21370 St Theresa Lane, Ashburn, VA 20147  
Parish Office Hours: M-F: 9:30am–3:30pm (closed for lunch 12–1)

### Rules:

8 ½ x 11 Sheet | Name & Age and Parent Contact on back  
Must be a hand drawn picture of Mother Mary | Only 1 submission per person

### Age Groups:

up to 5 years old  
6 – 10 years old  
10 – 16 years old  
16 – 24 years old

### New Age Groups Added:

25 – 44 years old  
45 and over

**Winners will be announced on September 7<sup>th</sup> by email.**

(6) 1<sup>st</sup> Place Awards | Winners will get a \$25 Gift Card & Trophy

### Questions?

Contact: Angela Haberland @ [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com) | 703.407.1204



### Legion of Mary

Want to deepen your faith, build community, increase your relationship with our

Lord, and serve others? Want to be part of something bigger than yourself? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:00pm. Stop by the Saint Martin room and learn more about it.

### Home Enthronement of the Sacred Heart

Our Lord revealed that wherever the image of His Sacred Heart is exposed and given special honor, great blessings, and graces would abound. One way to accomplish this goal is to do a formal enthronement of the Sacred Heart in your home. The enthronement is a ceremony where Jesus is invited into your home and is given authority over your family/household. Please email [sttheresalegionof-mary@gmail.com](mailto:sttheresalegionof-mary@gmail.com) to schedule one.

### Prayer Request - Are you in need of prayer?

Do you need the power of prayer to support you? Join your fellow parishioners in our prayer emails. This is a prayer network maintained by the Legion of Mary. You can enroll in the prayer email here: [legionofmarysttheresa@gmail.com](mailto:legionofmarysttheresa@gmail.com) We are all on this journey together. Let us be together by praying together for one another!



### Knights of Columbus

**Are you a parishioner in need of a home repair?** If you need help in completing a home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! We do not do outdoor yard or gardening work. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

### Call for Handyman Crew Volunteers:

Are you available to volunteer as a handyman for those in need? The volunteers of the St. Louis Martin Council of the Knights of Columbus are available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. As a volunteer, you will have the opportunity to work alongside brother knights in support of a worthy cause. What do you get in return? A smile and a thank you from the people you helped. Learn more here: <https://www.st-louismartin-kofc.org/handy-man-services>.

[www.st-louismartin-kofc.org/handy-man-services](https://www.st-louismartin-kofc.org/handy-man-services).

**Food Drive:** Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. We collected, sorted, and delivered 4,559 pounds of food. Your contributions and effort make this important program very successful.

Please keep up the generosity by taking a bag (or a flyer if bags are unavailable) on your way out and return it next weekend (July 26-27) with items on the attached flyer. Please, no expired items. The pantry is unable to distribute expired items. Thank you for your help and generosity.

NOTE: Since bags go quickly, the food list can be found at <https://www.st-louismartin-kofc.org/loudoun-food-pantry-2> or scan here:



### Interested in Becoming a Foster Parent in Loudoun County?

Loudoun County's Department of Family Services is looking for 15 more families to add to their list of approved foster families. Interested in learning more? The County is hosting monthly virtual foster care information sessions this summer:

Tuesday, August 12, 2025, 12-1pm.

Attendance is free, but registration is required. Visit <https://www.loudoun.gov/1004/Foster-Care-Adoption> for more information on foster care and ways that you can get involved to make a difference in our community.

**Interested in Joining?** Guided by principles of charity, unity and fellowship, the Knights of Columbus work to strengthen our parish, our families and our community. FAQ: <https://www.st-louismartin-kofc.org/faqs>. To be contacted, please scan the following QR code.



## Adult Education and Spiritual Enrichment

**Women's Discipleship Group**—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus for the Lectio Divina prayer is the Mass reading for the upcoming Sunday. We are currently reading the book, "Jesus and the Jewish Roots of Mary" by Brant Pitre.

Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

**That Man is You (TMIY)**—Are you looking to strengthen your faith & family and meet other Catholic men at St Theresa's? The TMIY group still

meets Saturday mornings during the summer for inspirational videos and fellowship. Use the QR Code below or contact Jack Hayes at 703.537.6418 or [jack.hayes422aol.com](mailto:jack.hayes422aol.com) for more information.



## News from the Diocese

**Attention Class of 2025!** The Associates of St. John Bosco (ASJB), a Catholic non-profit in Northern Virginia, founded by Fr. Christopher Vaccaro, will be hosting five free College Nights this summer for graduated seniors heading to college this fall.

2025 College Night Dates & Locations  
**July 22** - Basilica of St. Mary (Alexandria); **July 29** - St. Mary of the Immaculate Conception (Fredericksburg)

These events help rising college freshmen network with other Catholics heading to college, and give students the tools to navigate the transition from high school to college, keeping their Catholic faith strong. Students hear from upperclassmen who give their personal testimonies about how they transitioned to college and maintained a strong faith life. Students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a pizza dinner, too. Registration is FREE! For dates, locations, and more information, please visit: [www.asjb.org/student-registration](http://www.asjb.org/student-registration). Each night is capped at 50 students, so early registration is encouraged.

### For Rising 8th Graders- Pre-HSPT Testing at JP (Potomac Shores, VA)!

—Do you have a rising 8th grader who is interested in John Paul? You are invited to a Practice High School Placement Test on Tuesday, August 5th! The official HSPT is a required piece of the John Paul Application. Taking a Pre-HSPT is a great way for students to feel confident and prepared for taking the official HSPT this fall! Use this link to Register: <https://saintjohnpaul.mypaysimple.com/s/8th-grade-test-prep>

### JP Summer Camps - Sign Up Today!

—Saint John Paul the Great Catholic High School's summer camp registration is open! Check out our robust camp offerings and sign up today! For rising 2nd to 9th graders, JP summer camps are a great way to spend your summer! John Paul offers both Athletic and Enrichment Camps and its premier day camp, Camp Quintessential. Go to <https://www.jpthegreat.org/apps/pages/>

summeractivities to learn more about what JP is offering!

**Join Us for Summer Camps at St. Paul VI Catholic High School!**—St. Paul VI Catholic High School is excited to offer a variety of engaging summer camps for students entering grades 2 through 9! This summer, we are hosting camps in band, baseball, basketball, cheer, football, field hockey, lacrosse, soccer, theatre, and more — all conveniently located on our beautiful Chantilly campus at 42341 Braddock Road, Chantilly, VA. Led by our dedicated faculty, staff, and head coaches, these camps provide a fantastic opportunity for students to grow, learn, and have fun in a supportive and faith-filled environment. For more information and to register, visit: [www.paulvi.net/summercamps](http://www.paulvi.net/summercamps).

**Attention Rising 8th graders**—Take the Practice Version of the High School Placement Test (Pre-HSPT) at St. Paul VI Catholic High School. Monday, **July 28**, 2025 from 9am-noon; Monday, **August 11**, 2025 from 9am-noon. St. Paul VI Catholic High School, 42341 Braddock Road, Chantilly, VA 20152. Optional Parent Info Session: 11:30 a.m. in the PVI Theatre. Includes details about Paul VI and the admissions process. Please Note: The Pre-HSPT is not used for admissions but is a helpful preparation tool. Accommodations are not available for the Pre-HSPT. If you have any questions or to register, please email the PVI Office of Enrollment Management at [admissions@paulvi.net](mailto:admissions@paulvi.net).

**18th Annual Pops Camp**  
For rising 5th-9th graders

**Monday - Friday, August 4-8, 2025**  
**Friday - 11 a.m. concert/polluck**

For rising 5th - 9th strings and band students with at least one year of instruction.

- Pops \$150: 9:45 a.m. - 12:15 p.m. Daily itinerary includes full group and sectional rehearsals plus snack.
- Jazz Studies \$50: 8:30-9:30 a.m. Quite popular secondary offering that introduces improvisational techniques while preparing music for concert.

Register using the QR code.  
Questions? Contact Mrs. Jan Siegfried at [jsiegfried@paulvi.net](mailto:jsiegfried@paulvi.net)

St. Paul VI Catholic High School  
42341 Braddock Rd. Chantilly, VA 20152

**Three to Get Married Marriage Prep in 2025—Aug 21-24; Sept 18-21; Dec 11-14** The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$398 per couple. [ourladyofbethesda.org](http://ourladyofbethesda.org). Bethesda, MD.

**Balance Work & Prayer! Super Spirits & Service Retreat Weekend—Aug 8-10** (Free to attend\*). Are you a man looking for more effective ways to balance work and prayer in your life? Look no further! Our Super Spirits & Service Retreat Weekend is just what you need! We are thrilled to invite you to a transformative retreat experience that combines prayer, physical activity, and inspirational preaching. Led by one of our premier retreat masters, Fr. Robert Presutti, LC, this retreat offers a unique opportunity to deepen your spiritual practice while also participating in critical improvement projects at the Our Lady of Bethesda Retreat Center. But it's not all work and no play - you will also get to enjoy lively fellowship with some great guys! Best of all, it's \*free to attend! All we ask is for your sweat equity on projects around the retreat center. Don't miss out on this chance to renew your spirit and make a positive impact - sign up for our retreat today. Find more information and links to register on the website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, A Place to Encounter Christ! 7007 Bradley Blvd., Bethesda, MD 20817.

**Holy Year of Hope Hotline**—As we journey through this Holy Year of Hope, we invite you to be a beacon of light and encouragement. Call on the Holy Year Hope Hotline 703.778.9100 and share your personal messages and stories of hope. Your words may be featured in the Walk Humbly Podcasts throughout the year—uplifting others in both joyful moments and challenging times. By sharing your story, you're offering a gift to the community—a reminder that no one is alone, and that hope lives in all of us. Let's inspire one another with hope.

## News Around the Diocese Continued

**Personal Retreat Day—August 8,** 9am-4pm. Step away from the busyness of daily life and spend a day in quiet prayer and reflection at Our Lady of Bethesda Retreat Center. The Personal Retreat Day on Friday, August 8 offers the perfect opportunity to rest in God's presence, seek clarity, and renew your spirit in a peaceful, sacred setting. Our experienced team will guide you through this meaningful day and help you connect with God in a deeper way. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus lunch; so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$108 per person, if registered by Jul 25th. Advance Registration is required. So don't wait, sign up now and take this opportunity to spend some time alone with the Lord. Visit our website to register and to find more dates at [ourladyofbethesda.org](http://ourladyofbethesda.org). Or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

**Summer Retreat Weekend—Aug 15-17, 2025.** This Summer, you are invited to step away from the busyness of daily life and enter into a deeper encounter with Christ. Our Lady of Bethesda Retreat Center is offering the Summer Spiritual Exercises Retreat led by Fr. Robert Presutti, LC. This silent retreat, based on the time-tested methods of St. Ignatius of Loyola, will provide the perfect setting for prayer, reflection, and renewal. The weekend is designed for both men and women seeking to deepen their faith and reconnect with their spiritual journey. Plus! You can take advantage of the early-bird pricing, now available until Friday, July 25! Cost to attend: \$368 per person, EARLY-BIRD RATE: \$318 per person. For a more flexible, self-directed experience, the Private Retreat Option will be available during this weekend. Find more details on our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Don't miss this opportunity to invest in your spiritual renewal and reconnect with God.

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catho-

lics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**How Can We Grow Closer to Jesus While living in the Secular World?**—If you are seeking to grow deeper in love with Jesus, you are invited to attend an informative session about Lay Communities: Dominican, Franciscan, Carmelite, Benedictine and Youth Apostles. There will be two sessions: 10am and again at 7pm. You may attend either one to hear short presentations from members of each Community. There will be time to ask questions and to speak with their members. This informational opportunity is intended to help you discern whether you may be called to this way of life. There is no obligation or pressure to join! **Save the Date! Monday, September 8, 2025** at St. John the Apostle, 101 Oakcrest Manor Drive, Leesburg.

**Married Couples—"I Place Much of My Hope for the Future in Marriage Encounter".** (Pope Saint John Paul II) Your honeymoon was a special time. Wherever you went, the things you saw and did were secondary. Just being together was most important. The Worldwide Marriage Encounter Weekend has the same focus. The weekend centers entirely on your relationship. It is a positive, simple common sense, private experience between you and your spouse, that revitalizes marriage by helping you to see again those loving qualities in each other that you may be taking for granted. Upcoming experience are: September 12-14, 2025 - Richmond VA; October 24-26, 2025- Jessup MD; November 7-9, 2025- Rehoboth Beach DE; February 13-15, 2026 - Waynesboro VA; March 6-8, 2026 - Hampton VA. For more information please call 757.690.1369 or to register, go to [WWME.org](http://WWME.org), click "Apply" and search for your desired location

**Monthly 2025-2026 Catholic Homeschool Clubs!**—Looking for fun social activities for all of your homeschooled kids in the same time & place? Look no further! Mayflower Homeschoolers offers a Clubs Day for all ages on 3rd Fridays of the school year! St. Bosco Coed Teen Games Club~Little Flowers Girls Club~Blue Knights Boys

Club~St. Nicholas Coed PreK&K Club. For details about clubs & our other weekly events, go to [www.mayflowerhomeschoolers.org](http://www.mayflowerhomeschoolers.org).

**Men's Bootcamp Weekend Retreat Sep 26-28, 2025**—Join us for a dynamic weekend retreat designed specifically for men! The Men's Bootcamp Weekend Retreat combines the structure of the Spiritual Exercises with engaging breakout groups and powerful talks tailored to strengthen your faith, leadership, and brotherhood. While not a silent retreat, the schedule will include time for personal reflection, prayer, and discussion. Step away from the noise of daily life and invest in your spiritual growth. You can take advantage of the early-bird pricing by registering soon! Cost to attend: \$368 per person, EARLY-BIRD RATE: \$318 per person. Find more details on our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Don't miss this opportunity to invest in your spiritual renewal and reconnect with God.

**After Abortion Retreats**—A Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, September 27, 2025. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org)

**Retiros después de Aborto Provocado**—Un Día de Oración y Sanación para mujeres que han experimentado un aborto provocado tomara acabo el sábado, 27 de septiembre del 2025. Estos eventos de sanación en grupo se hacen en un ambiente privado y tranquilo, en inglés y español, basado en el modelo Entering Canaan (2 retiros separados en 1 ubicación). Habrá una oportunidad de oír de participantes pasados y otras que han encontrado la sanación. No estás sola. Toma el primer paso. Para preguntas confidenciales, llame al Proyecto Raquel: 703.841.2504 o [info@ayudadespuesdelaborto.org](mailto:info@ayudadespuesdelaborto.org).

## Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Danny Costa, 703.729.3577  
Assistant Principal: Audrey Allman, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

## RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

### New bedding & pillows needed

Our Bed Ministry has ongoing requests to help families moving from the shelter. The families we assist are committed to starting over and moving forward. This makes a difference to them. We are in need of Twin XL bedding. Consider donating new twin XL size bedding in a bag. (Comforter, sheets and pillow case). Drop off to the parish office or place in the Outreach boxes at church. New bed pillows needed as well. Or consider donating an Amazon or Walmart gift card to help us purchase the needed items.

### Save the Date: Festival of Trees Dec 6th & 7th *More info coming soon!*

### Fall Consignment sale Sept 27th.

For more information go to [www.littleflowerconsignments.org](http://www.littleflowerconsignments.org)  
Proceeds help families in need through Divine Mercy Outreach.

Don't want to consign but have items to donate? Contact Jean Nowakowski at [john.jean90@verizon.net](mailto:john.jean90@verizon.net)

**Did you know?** 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling

families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others in their time of need.

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703-585-5435 to volunteer or if you or a loved one need of help with meals.

**The Visitation Ministry**—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to

volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Bed Ministry**—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! We have had an increase in bed requests.

It's rewarding to assist families in need. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

### Do you have furniture items to donate?

Consider donating to help those in need that are moving out of shelters. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or [mebroderick1@gmail.com](mailto:mebroderick1@gmail.com)

**Looking for more ways help?** Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)