

## KEEPING IN BALANCE WEDNESDAY PM

LOCATION: TIME: 7:30 PM - 9:00 PM

MATERIALS: THE BIBLE AND KEEPING IN BALANCE STUDY GUIDE

Kick-off Event	9/11	St. Theresa Church
Session One	9/26	Lesson 1: Connect Coffee Talk: Getting a Grip Through Authenticity
Session Two	10/3	Lesson 2: Balance Through Authenticity
Session Three	10/10	Lesson 3: Balance Through Priorities
Session Four	10/17	Lesson 4: Balancing Expectations
Session Five	10/24	Lesson 5: Connect Coffee Talk: Getting a Grip in Our Relationships
PM Speaker Series	11/7	Cafeteria - St. Theresa - 7:30 PM - 9:00 PM - Please RSVP
AM Speaker Series	11/8	Zellie Room - St. Theresa's - 9:30 AM - 11:00 AM - Please RSVP
Session Six	11/14	Lesson 6: Balance in Relationships
Session Seven	11/28	Lesson 7: Balance Through Worship
Session Eight	12/5	Lesson 8: Balancing in Your Schedule
Session Nine	12/12	Lesson 9: Balance Through Rest
Christmas Party	12/19	Small groups celebrate with a party, gift exchange, etc.
Session Ten	1/9	Lesson 10: Connect Coffee Talk: Getting a Grip Through Rest
Session Eleven	1/16	Lesson 11: Balance Through Service
Session Twelve	1/23	Lesson 12: Balance Through Contentment
Session Thirteen	1/30	Lesson 13: Balance Through Simplicity
Session Fourteen	2/6	Lesson 14: Connect Coffee Talk: Getting a Grip Through Simplicity
Session Fifteen	2/13	Lesson 15: Balancing Our Cravings



## walking with purpose

	2/20	Make up day if needed or informal meeting if desired
Session Sixteen	2/27	Lesson 16: Balance Through Self-Discipline
PM Speaker Series	3/5	Cafeteria - St. Theresa - 7:30 PM - 9:00 PM - Please RSVP
AM Speaker Series	3/7	Zellie Room - St. Theresa's - 9:30 AM - 11:00 AM - Please RSVP
Session Seventeen	3/13	Lesson 17: Balance Through Surrender
Session Eighteen	3/20	Lesson 18: Connect Coffee Talk: Getting a Grip When It All Falls Apart
Session Nineteen	3/27	Lesson 19: Balance Between Mediocrity and Perfectionism
Session Twenty	4/3	Lesson 20: Balance in Our Thought Life
Session Twenty-one	4/10	Lesson 21: Balance Through Engaging Culture
Session Twenty-two	5/1	Lesson 22: Connect Coffee Talk: Getting a Grip in Culture
Final Event	5/7	Cafeteria - St. Theresa - 7:30 PM - 9:00 PM - Please RSVP



		WWP Evening Speaker Series
PM Speaker Series	11/8	St. Theresa Cafeteria - (7:30pm - 9:00pm)
Christmas Party	1/12	Zellie Martin Room - St. Theresa - (7:30pm - 9:00pm)
PM Speaker Series	2/13	Zellie Martin Room - St. Theresa - (7:30pm -9:00pm)
PM Speaker Series	5/1	St. Theresa Cafeteria - (7:30pm - 9:00pm)