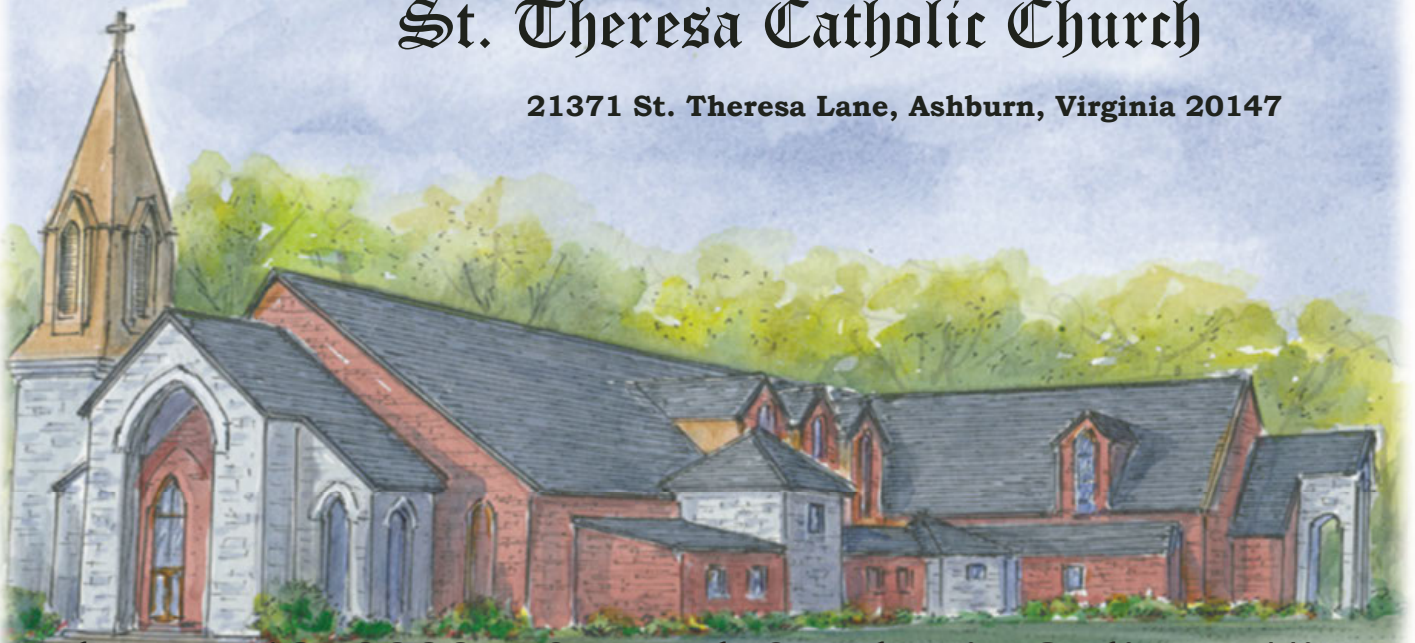


St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147



February 19, 2023 Seventh Sunday in Ordinary Time

Masses for the Week

Mon, Feb 20	6:15— Leonard & Mary Catherine Stevens+ 8:30— David Rush
Tues, Feb 21	6:15— Brian, Scott, Dean, Jimmy & Robby+ 8:30— Joseph Michael Begley+
Wed, Feb 22	6:15— Michael & Samantha Scully 8:30— Chodynietcki Family 12:15— Mr. & Mrs. Francisco Fister+ 4:30— Patrick O'Connor+ 7:30— Paul M. Eversole
Thurs, Feb 23	6:15— Mrs. Grace Bondanella+ 8:30— Mary Gralasso+
Fri, Feb 24	6:15— Don Smaltz, Sr.+ 8:30— Paz Cruz
Sat, Feb 25	8:30— Richard M. Cooley+ 5:30— Catholic Charities Food Pantry Volunteers
Sun, Feb 26	7:30— St. Theresa Parishioners 8:45— Frank & Ellen Gionfriddo+ 10:30— William Marx+ 12:30— Benito Ignecio Cruz+ 5:00— Kathleen Finn & Family

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9-9:30am Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Nicholas R. Barnes, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Prancee Hejnarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner, Michael Robertson, Celeste Hall, Donna Caulfield, Ethan Falciani.

Prayers For Our Military: Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, David Lakey, Jim Murray, Keith Bittle.

Get Ready for Lent!

It is crazy how time flies, but Lent is almost here, and Ash Wednesday is only three days away. Since the time is short, let's review two basics of Lenten penance in the Church: meatless Fridays, and special days of fasting. Please remember that both these penances are very important. To ignore or dismiss them out of hand is a serious sin.

"Meatless Fridays" are formally known as "Lenten abstinence," and are a penance the entire Church does together on all Fridays in Lent. Fridays are always special days of penance in commemoration of Christ's sacrifice on Good Friday, and are all the more so during Lent. Recall that seafood is not considered to be meat. (As a side note, and a mere curiosity, no amphibious animal is considered to be "meat" either—such as frogs, turtles, or alligators.) Strictly speaking, the requirement for abstinence applies only to those aged 14 and over.

Only two days of the year does the Church ask us to fast: Ash Wednesday and Good Friday. The minimum definition of "fasting" is to eat only one full (meatless) meal, with two smaller meals to help maintain your strength. The smaller meals together should not equal another full meal, and one should not snack in between meals. Strictly speaking, the requirement to fast applies only to those between the ages of 18 and 60.

When I say "strictly speaking," I mean to say it is the bare minimum. Christ calls us to love, and "love" never means doing the bare minimum. Love gives from the heart. That's why I believe that children under 14 and persons over 60 ought to fast and abstain with the rest of the Church unless they know it would harm their health. I fasted on Ash Wednesday and Good Friday from as early as I can remember, and no one ever had to call an ambulance! Just use common sense and your best judgment—but let your judgment be informed by love.

There are deeper questions though. Why do we fast? What good does it do? And why abstain from meat? What's the purpose? These are fair questions that deserve complete answers, so I would like to address them in upcoming bulletin columns. Lent is the most spiritually fruitful season of the year—spiritual boot camp to train you for the battle of Christian living. I will do my best to help you understand all that we do in Lent, so we can emerge from our 40 days stronger, better, and holier than we are today.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Parish Lenten Activities

Ash Wednesday Mass Times

6:15 & 8:30am, 12:15, 4:30 & 7:30pm

Daily Mass Times

6:15 & 8:30am

12:15pm Mondays & Wednesdays

Confession Times

Wednesdays 9-9:30am

Wednesdays during Holy Hour (7-8pm)

Saturdays 4-4:45 pm

Beginning March 1st

Wednesdays 6:30-8pm

(during Holy Hour)

Vespers & Stations of the Cross

Every Friday during Lent: Vespers at 7:15 pm & Stations of the Cross at 7:30

First Friday Mass Times – March 3

6:15 & 8:30am and 12:15pm

Pancake Breakfast – March 12

After 7:30, 8:45 & 10:30 am Masses

Parish Morning of Recollection – March 18

9am – 11:30am

Lenten Dinners 6 – 7:10pm in School Cafeteria

Feb. 24 – provided by Legion of Mary

March 3 – provided by Women of the Parish

March 10 – No Lenten Dinner due to Consignment Sale

March 17 – provided by Parish/RE/School Offices

March 24 – provided by Walking with Purpose

March 31 – KOC Fish Fry Dinner – NO LENTEN DINNER

*Donations will be given to charity

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Youth Education and News



ymoffice@sainttheresaparish.com

February

Sunday, the 19th-Upper Room Squad, 6-7:45pm

Thursday, the 23rd-Teen Led Bible Study-8th through 12th grade, 6-7pm

Sunday, the 26th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 27th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 28th-Load food for transport, 6:15-7pm

Adult Volunteers Needed - We are looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.



Office Hours:
Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



STCS Parents, please read the **Thursday Thunder** email every week for important information and dates, including:

Monday, Feb. 20—
No school, Presidents Day
Wednesday, Feb. 22—
Ash Wednesday



Monday, Feb. 27—
Thunder Readers Week begins
Thursday, March 9—
End of second trimester
Friday, March 10—
No school,
Teacher Development Day

We're hiring for the 2023-24 school year! St. Theresa Catholic School is accepting applications for the following positions: Elementary Teacher, Teacher Aides, Lunch/Recess Monitors, and Extended Day Care Staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.



THANK YOU to our parents, grandparents, parishioners, and alumni families who supported the St. Theresa Catholic School Thunder Appeal! Because of your kindness and generosity, we surpassed our \$55,000 fundraising goal! Your support makes

a difference to our students and faculty, and we are truly grateful!

School Alumni & Alumni Families! We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to alumni@stsashburn.com.



Interested in exploring a Catholic education for your child? Applications are now open for St. Theresa Catholic School's 2023-24 school year. Learn more about our wonderful Parish school and how Catholic education can make a difference in your child's life! For information on the 2023-24 admissions process, visit our website, www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotelld@stsashburn.com.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

www.sainttheresaparish.com

703.729.2287

Parish Office Hrs: 9:30am-3:30pm (closed for lunch 12-1)

News from our Parish

NVJCYO Volleyball Registration is now open— The St. Theresa CYO Volleyball program follows the guidelines established by the NVJCYO. It is open to all female students currently enrolled in St. Theresa School in grades 3-8 or the St. Theresa Church Religious Education program in grades 3-8. The program is always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. Registration for the 2023 season opened on February 6th, 2023. You can register at <https://reg.sportspilot.com/106557>

Registration will close on March 3rd, 2023. Cost is \$55 to join a team. Practices should begin in early March – by then teams should be formed (enough players registered and a coach identified). Your child's coach will contact you with specifics. Practice times are determined by gym space availability and the coach's availability. Practices are generally 60 minutes, twice a week. Games should begin March 26th and run through mid May. Matches are played at gyms throughout the Diocese of Arlington - venues are determined based on availability. Shirts will be provided and are covered as part of the fee. If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at cyo@sainttheresaparish.com.

Lenten Soup Suppers

Come and enjoy our Parish 2023 first Lenten Soup Supper this coming Friday, February 24. It will be hosted by members of the Legion of Mary in the School Cafeteria from 6 to 7:15pm. Everyone is invited. Come meet your fellow Parishioners, make new friends and give alms to the Poor.

That Man Is You

Scripture clearly lays out a superhighway leading to hell and a narrow gate leading to Heaven. The good news is that Christ gives a crystal-clear outline, roadmap and pathway to Heaven. The promises of Heaven are laid out so beautifully and it's his great desire, his good pleasure to give you this kingdom. Nonetheless, he also counters this teaching with a gut check of what happens when we do not follow his ways. The pathway is clear. The choice is ours. Join us at TMIY Saturday morning at 6:30am to find out more. Contact Ralph Leon at: dralphfp@yahoo.com or Tony Gizzi at: aggizzi@gmail.com for more information.

Assistive Listening Devices Update

The assistive listening system in the church has been enhanced for improved amplification. The system is accessed by checking out from the ushers compatible headphones (or an earpiece) and a receiver, which amplifies the voices heard over the sound system. A neck loop is also available for people using hearing aids or cochlear implants containing the telecoil (t-coil) function. See an usher before Mass for more information.

Help strengthen our faithful priests by praying and fasting for them this year!

*The Seven Sisters Apostolate is a call for women to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of our parish priests. It is a "holy wasting" or "lavishing of prayer" for their deeper conformity to Christ. Each woman commits to a Holy Hour on a distinct day of the week, thus covering a complete week. The Holy Hour is ideally prayed in the presence of the Blessed Sacrament,

either in an Adoration Chapel or in front of a Tabernacle. We are seeking women to offer a weekly Holy Hour for a specific priest.

*Fasting Brothers: Each man will prayerfully discern the unique type of fasting he will offer and commits to fast a designated day of the week (excepting Sunday). We are seeking groups of men to offer various forms of fasting to augment the prayer efforts of our Seven Sisters group.

We ask for a one-year commitment, which can begin at any time, and is renewable each May. If you are interested in committing to this apostolate, or simply wish to learn more, please contact Kelly Rush at Kelly4VT@gmail.com, or visit <https://sevensistersapostolate.org>.

St. Theresa Catholic School is hiring for the 2023-24 school year!

STCS is accepting applications for the following positions: Elementary Teacher, Teacher Aides, Lunch/Recess Monitors, and Extended Day Care Staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Cub Scout Pack 997 is celebrating 25 years of service to our wonderful Parish. The Pack is planning a celebration to honor those who have helped the Pack get to this point, and we are asking past leaders to send an email to Michael Joyce at michaelrjoyce@hotmail.com for more information.

You(th) vs Hunger sign ups open THIS SUNDAY!

You(th) vs Hunger sign ups open this Sunday, February 19 at 9pm. Check <https://youthvshunger.wordpress.com/> for sign up link

Adult Education and Spiritual Enrichment

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. The

title of our next book is "Praying Scripture for a Change, An introduction to Lectio Divina" by Dr. Tim Gray. We will begin on Wednesday, February 8th. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.



Knights of Columbus

Food Drive: St. Theresa's parishioners donated 4,889 lbs. of food in January. Thank you for your generosity and kindness. Your actions and the volunteers from the Knights of Columbus and Youth Group make this program successful.

The February collection will take place on February 25-26. Please pick up a blue bag on February 18-19 and bring it back the following week. If you missed picking up a blue bag, grocery bags and cash donations are accepted. Thanks for your support!

District 18 Free Throw Challenge:

The Knights will be hosting the District 18 Free Throw Challenge on February 20th (President's Day) at the St. Theresa School gym. First place winners from the Council Free Throw Contest held on Jan 16th are invited

to compete. Registration and warm-up from 9:00-9:30a. The competition will go from 9:35-11:30a. More information can be found on the Knights Website.

Aid and Support After Pregnancy (ASAP)

is a Knights of Columbus program to raise funds to support maternity and pregnancy centers in Loudoun County. Thank you to all who have donated. If you would like to donate, visit <https://tinyurl.com/knights4life>. See QR code below. Your donations will support pregnancy resource centers and in turn pregnant women and their pre-born babies. Thank you for all of the support you have shown to date!



Are you a parishioner in need of a home repair?

If you need help in completing a small home repair that you cannot complete yourself or that

may cause you financial hardship, we are here to help! Projects can involve carpentry plumbing, electrical, painting, and/or the installation of a new appliance. Please submit your request on our website at: <https://www.st-louis martin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

<https://www.st-louis martin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”– St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.

Current Vacant Adoration Slots

Critical Need

No Adorer
Scheduled

Tuesday 3:30am

Urgent Need

No Adorer for
First Half Hour

Monday 5:00am

Second Adorer Needed

One Adorer already for these time slots but need one more Adorer.

If you can sign up for one of these available slots, it would be greatly appreciated.

To sign up, go to:
<http://sainttheresa.letusadore.com>



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
12:30am	12:00am	12:00am	12:00am	12:30am	12:30am	12:00am
1:30am	1:00am	1:00am	1:00am	2:30am	1:30am	1:00am
2:30am	2:00am	2:00am	2:00am	3:30am	2:30am	2:30am
4:30am	3:00am	3:00am	3:00am	4:30am	3:30am	3:30am
6:30am	4:00am	4:00am	4:00am	1:30pm	7:30am	4:30am
8:30am	12:30pm	6:00pm	11:00am	2:30pm	11:00am	5:30am
9:30am	2:30pm	8:30pm	12:30pm	3:30pm	12:00pm	10:00am
10:30am	3:30pm	10:30pm	4:30pm	4:30pm	5:30pm	12:00pm
12:30pm	8:00pm		11:30pm	11:30pm	6:30pm	2:00pm
2:00pm	9:00pm				10:00pm	3:00pm
3:00pm	10:00pm				11:00pm	4:00pm
4:00p,						5:00pm
5:00pm						6:00pm
8:00pm						7:00pm
11:00pm						8:00pm
						9:00pm
						10:00pm
						11:30pm

Note: We have a very active group of adoration substitutes. The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness or other possibilities that may prevent attendance. In those instances, substitute adorers will pro-

News Around the Diocese

2023 Bishop's Lenten Appeal (BLA):

"My soul rejoices in the Lord." This weekend each household is asked to make a BLA pledge or gift. This appeal provides an opportunity to unite as a Catholic family to support programs, ministries and services helping tens of thousands of people. After reflecting upon God's blessings to you, please consider a BLA pledge. You may complete a pledge card at Mass, mail in your pledge, go online to www.arlingtondiocese.org/BLA or scan the QR code below to make a gift.



Annual Men's Conference

"My Soul Rejoices in the Lord" -- Saturday, **March 4, 2023** from 8:30am-2:30pm at St. Joseph Catholic Church, 750 Peachtree Street, Herndon. Join Catholic men from around the Diocese for a day of prayer, fellowship and reflection. Keynotes include: Fr. Thomas Petri, OP, President of the Pontifical Faculty of the Immaculate Conception and prolific writer; and Tim Staples, Convert Apologist at Catholic Answers and author of *Behold Your Mother*. Sign-in begins at 7:30am with confessions, coffee and pastries. Mass will be celebrated by Bishop Michael Burbidge at 11:15am \$65 until February 1; \$80 after. Register at familylife@arlingtondiocese.org/men.

Annual Women's Conference - Love Rejoices in Truth

Join women from around the diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer. Come and hear Nikki Kingsley's remarkable conversion story. Hear how she, a devout Muslim, was guided by the voice of the Blessed Virgin Mary that would eventually lead her to Jesus and into the Catholic Church on **Saturday, March 11** from 8:30am-2:30pm Sign-in begins at 7:30am with confession, coffee and pastries. Mass will be celebrated by Bishop Michael Burbidge at 11:15am St. Joseph Catholic Church 750 Peachtree Street, Herndon, VA. \$65 until February 1st; \$80 after For inquiries, please email familylife@arlingtondiocese.org/women or call 703.841.2550.

Vocational Discernment Retreat for Men

Could Christ be calling you to the priesthood? Take a step to find out. Attend the weekend discernment retreat for men (ages 18-50) Friday-Sunday, **February 24-26, 2023**. This is a great opportunity for prayer and discernment, confession, and talking with priests and seminarians. Cost is \$100 and includes overnights and all meals. Retreat starts Friday at 6:30pm and concludes Sunday after lunch. For more information or to register, contact Fr. Michael Isenberg at 703.841.2514 or vocations@arlingtondiocese.org. Deadline to register is Monday February 13. There is a similar retreat for women June 16-18.

Finding Jesus as Men After Christ's Own Heart Silent Retreat

In these calamitous times... "we need a few good men"... and more than a few! With faith and family and life and love being "re-defined" by our culture of confusion, only Jesus Christ will help us to "stand fast... even at the risk of being heroes." Fr. John Riley will lead a retreat at San Damiano, our Arlington Diocesan Retreat Center in White Post, Virginia from Friday-Sunday, **March 17-19**. As a "Band of Brothers" we will gather at Christ's feet; single men, husbands, fathers... and a priest, to listen and seek Jesus in deep, quiet prayer. Daily Mass and confessions are on the docket, with spiritual conferences, adoration, and quiet time. For further information visit www.arlingtondiocese.org/retreat-events. To register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Sorrowful Mysteries Silent Retreat for Women

As we prepare for Holy Week, join Fr. Noah Morey for a walk through of the Sorrowful Mysteries with a glimpse of the joy and glory on Sunday as we celebrate the Annunciation -- for Our Lady of Sorrows is also the cause of our joy. Retreat dates are Friday-Sunday, **March 24-26**. For further information visit our web page (www.arlingtondiocese.org/retreat-events). To register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Marriage Encounter

"So be perfect, just as your heavenly Father is perfect." Encourage the Holy Spirit to perfect your marriage by taking part in a Worldwide Marriage Encounter Experience on Mar 31-Apr 2, 2023 in Herndon, VA and Sep 22-24, 2023 in Herndon, VA. Early sign up is recommended. For more information visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703.646.1521.

Day of Prayer and Healing After Abortion Retreat for Women

After Abortion Retreat: A Day of Prayer and Healing for women who have experienced abortion will be on Saturday, **March 25, 2023**. This group healing event is held in a private and peaceful setting, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Live Jesus

Saturday, **March 18, 2023** from 8am to 12:30pm at St. Paul VI Catholic High School, Chantilly, VA Looking for a way to enhance your Lenten experience? Live Jesus is a morning of reflection, fellowship and prayer based upon the spirituality of the "Gentleman Saint," St. Francis de Sales. This year's theme is Be At Peace. Keynote Speaker: Brother Mickey McGrath, OSFS, Artist, Author, Storyteller & Retreat Director. Live Jesus is an opportunity in Lent to reflect on the many paths to peace. Don't miss the opportunity to gather in prayer and fellowship with other Catholics in the DMV to reflect on God's gifts. Online registration is required: www.oblates.org and click on the Live Jesus icon.

Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox. Sign up here: arlingtondiocese.org/email.

News Around the Diocese Continued

The Laetare Benefit Supporting the Cloistered Nuns of St. Dominic's Monastery on Sunday, March 19, 2023

The Most Rev. Michael F. Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St.

Dominic's Monastery. The Laetare Benefit is our annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA in the Diocese of Arlington. As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and are building a Chapel at the Monastery. Please show your support and join us for a reception, dinner, raffle, and auction which will be held on Sunday, March 19, 2023 from 5:00 pm to 8:00 pm at the Westwood Country Club, 800 Maple Avenue East, Vienna, Virginia. Seating is limited. RSVP by March 1, 2023. Tickets are \$200 each and table sponsorships are available, starting at \$2,000 for 10. Please send a check payable to Friends of St. Dominic's Monastery, 524 N. Pitt Street, Alexandria, VA 22314, or to purchase tickets online through Faith Direct, please point your camera at the QR code and click to be taken to the registration page or visit <https://forms.ministryforms.net/viewForm.aspx?formId=6b435666-9d01-45a3-a805-101015e8e5f6>



For more info, please contact: friendsofstdominicsmonastery@gmail.com

The Senior Group at Christ the Redeemer is hosting a FREE St. Patrick's Day Concert featuring CTR's own Tam and his "mostly Irish" band Wed., March 15th at 12pm. Bring your own lunch. We will serve cookies and drinks. Questions: Contact Joan Ashdown at Jashdown710@hotmail.com

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more

information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held at: 2nd & 4th Mondays, 7-8pm @ Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm @ Leesburg Presbyterian Church.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Gifts for Seminarian Education Endowment Fund (SEEF)

Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. Please give generously! To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203. Contact John French at john.french@arlingtondiocese.org or 703.841.3819 with questions.

St. John Paul the Great Open House

Join us for Saint John Paul the Great Catholic High School's Preview Open House on Thursday March 9 from 4-5:30pm! Learn what JP has to offer your child - robust academic programs including STEM, DE courses and Bioethics, vibrant student life and House System, competitive athletics, faith community steeped in the Dominican tradition, and more! Preview Open House is a great event for all ages, but especially students in grades 4-7. To learn more and RSVP in advance, please visit: https://jpthegreat.schooladminonline.com/portal/new_inquiry.

John Paul is still accepting applications for the 2023-2024 school year! For more information and to apply please visit: https://www.jpthegreat.org/apps/pages/how_to_apply.

Shadow a Wolf for a Day! Now - May 2023

Shadow Days at John Paul have be-

gun for this year! Do you have an 8th-10th grader who is interested in seeing what it is like to be a JP student? Sign them up for a Shadow Day visit! For registration and more details, please visit: https://jpthegreat.schooladminonline.com/portal/new_inquiry

Super Science Saturday

Calling all middle school scientists! JP's Science Department and National Science Honor Society members will host a fun-filled day for middle school students to explore the sciences in JP's collegiate-style labs on Saturday, March 4 from 9am-12pm. This event is open to 6-8th graders. For registration and more details, please visit: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration>.

Events at Our Lady of Bethesda Retreat Center. Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website www.ourladyofbethesda.org for more info and to register for the following:

Three to Get Married Marriage Prep Mar 9-12, Mar 23-26—2023

The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today!

Silent Retreat Weekends in Lent

For Women: Mar 3-5, Mar 30-Apr 2
For Men: Mar 16-19

Lent is right around the corner. Plan now! Explore your mission in life and Experience Christ's Presence in the Silence of a retreat! These retreats are based on the Spiritual Exercises of St. Ignatius of Loyola. Registration is required. Cost: \$300 per person for 2-night retreat; \$400 per person for 3-night retreat. Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, A Place to Encounter Christ! 7007 Bradley Blvd., Bethesda, MD 20817. Plan your next retreat today!

Parish Offices

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Secretary: Kelly Cosenke, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

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Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

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Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Car Raffle Fundraiser—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2023 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next few weeks. Please consider selling/purchasing the tickets mailed to you. \$34,000 was raised to help families in need through Divine Mercy Outreach last year because of your participation in this raffle last year. Please help us to make this another success.

Save the Date- Spring Consignment Sale is March 11, 2023
www.littleflowerconsignments.org

Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager!

It's rewarding to assist families in need. Consider taking a short time

out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Monetary Donations—Your donations make a difference in the lives of struggling families! There are struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com

if you want to help or if you have these items to donate.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

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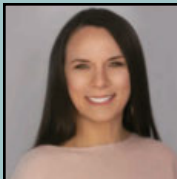
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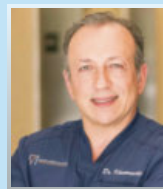
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