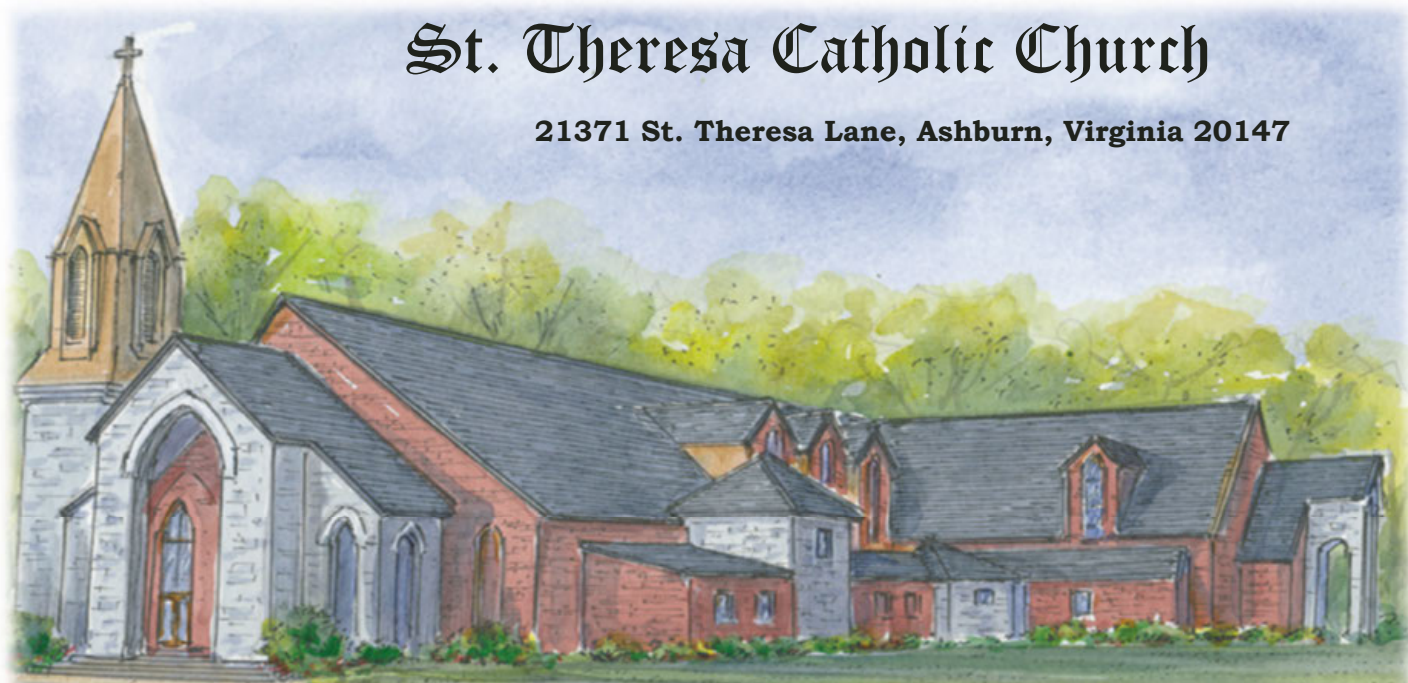




St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

February 26, 2023

First Sunday of Lent

Masses for the Week

Mon, Feb 27	6:15— Mary Elizabeth Friedrichs+ 8:30— Aley Manalel 12:15— Elsa Llinas+
Tues, Feb 28	6:15— Steven Gosline+ 8:30— Edna Benis+
Wed, March 1	6:15— Jerome Miles+ 8:30— Thomas V. Sisti, Sr.+ 12:15— Bernice H Kilday+
Thurs, March 2	6:15— Richard Helfrich+ 8:30— Joseph Wynne+
Fri, March 3	6:15— Ida Hanson+ 8:30— Chacko Mattathic Parambil+ 12:15— Mario C. Lirag+
Sat, March 4	8:30— Stan Urynowicz+ 5:30— Donald R. Kenney, Sr.+
Sun, March 5	7:30— St. Theresa Parishioners 8:45— Thanh Nguyen 10:30— Joseph, Laura, & Carlo Maresca+ 12:30— Douglas Kendall+ 5:00— Connor O'Neill+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9-9:30am Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
 Reverend Paul Dudzinski, Parochial Vicar
 Reverend Nicholas R. Barnes, Parochial Vicar
 Reverend John F. O'Farrell, Parochial Vicar
 Deacon Paul C. Konold
 Deacon Anthony J. Renzette
 Deacon Matthew K. Noah

Prayers For The Sick: Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner, Michael Robertson, Celeste Hall, Donna Caulfield, Ethan Falciani.

Prayers For Our Military: Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, David Lakey, Jim Murray, Keith Bittle.

Why Fast?

If ever there were a misunderstood Lenten practice, it would be fasting. People ask, “*Why fast? What good does it do? Shouldn’t we ‘fast’ from unkindness instead? Fasting is so ‘negative.’ We should spend our energy doing something ‘positive.’*” Allow me to respond with a hypothetical scenario. Imagine you’re the coach of a basketball team. You’re working out and running drills, when suddenly a player asks you, “*Why are we running drills? Why are we working out? Shouldn’t we focus on scoring points instead? Isn’t that what matters?*” Of course, but how do we put points on the board? By practicing the basics until they become second nature. That’s what allows us to play our best.

The goal of every Christian life is to live each moment in perfect charity. What holds us back? What prevents us from acting as we ought? In a word—it’s selfishness, or ego. Ignorance is not our weakness—most of us already know right from wrong—our weakness lies in the will. Selfishness, or ego, inclines us to choose wrongly, even when we know better. The reason for doing penance, especially fasting, is to weaken the power the ego has over us.

Pope Benedict said that the ego is like a wild horse. It runs wherever it wills, and is very difficult to tame. Self-denial, especially fasting, is an effective tool to bring it under control, and this frees us to do the good we ought. The famous Trappist monk, Thomas Merton, once wrote that we fast because our deepest “hunger” is for God, but that “hunger” is drowned out by the clamor of more immediate bodily hungers. These hungers, Merton wrote, behave like a small child—immediate, persistent, and demanding attention. Physical hungers will dominate your life if you do not work to keep them quiet. Fasting disciplines these hungers, and allows our best self to emerge. Unless you fast, you might never realize how “hungry” you are for God.

This is the reason people “give up” unhealthy food for Lent. It’s because control of your eating is a very effective way to gain control over every bodily desire, including anger, sloth, envy, greed—and especially lust. This is not my own opinion. It’s ancient spiritual wisdom, and the unanimous voice of centuries of saints and spiritual authors. I can’t offer specific advice on how to fast. In a parish this size, there are too many variant needs and physical conditions to consider. Rather, I simply want to explain why fasting matters. I trust you can find a way to apply the self-denial of fasting into your own life.

Why do we fast? Because it frees us from lower passions and desires. We fast because it’s an admission ticket to the life of charity. Lent is passing quickly. Let’s make the most of it, beginning today.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Parish Lenten Activities

Daily Mass Times

6:15 & 8:30am
12:15pm Mondays & Wednesdays

Confession Times

Wednesdays 9-9:30am
Wednesdays during Holy Hour (7-8pm)
Saturdays 4-4:45 pm
Beginning March 1st
Wednesdays 6:30-8pm
(during Holy Hour)

Vespers & Stations of the Cross

Every Friday during Lent:
Vespers at 7:15 pm &
Stations of the Cross at 7:30

First Friday Mass Times – March 3

6:15 & 8:30am and 12:15pm

Pancake Breakfast – March 12

After 7:30, 8:45 & 10:30 am Masses

Parish Morning of Recollection – March 18

9am – 11:30am

Lenten Dinners 6 – 7:10pm in School Cafeteria

March 3 – provided by Women of
the Parish

March 10 – No Lenten Dinner due to
Consignment Sale

March 17 – provided by Parish/RE/
School Offices

March 24 – provided by Walking
with Purpose

March 31 – KOC Fish Fry Dinner –
NO LENTEN DINNER

*Donations will be given to charity

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Youth Education and News



ymoffice@sainttheresaparish.com

February

Sunday, the 26th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 27th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 28th-Load food for transport, 6:15-7pm



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Adult Volunteers Needed - We are looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.

Middle School Architecture Elective

Designing - Sketching - Building

STCS Parents, please read the **Thursday Thunder** email every week for important information and dates, including:

Monday, Feb. 27—
Thunder Readers Week begins



Thursday, March 9—
End of second trimester
Friday, March 10—
No school,
Teacher Development Day
Friday, March 17—
Early dismissal
Saturday, March 18—
Youth vs. Hunger

Calling all St. Theresa Catholic School Alumni & Alumni Families!
We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to alumni@stsashburn.com.

Interested in exploring a Catholic education for your child? Applications are now open for St. Theresa Catholic School's 2023-24 school year.

Learn more about our wonderful Parish school and how Catholic education can make a difference in your child's life! For information on the 2023-24 admissions process, visit our website, www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotell@stsashburn.com.

We're hiring for the 2023-24 school year! St. Theresa Catholic School is accepting applications for the following positions: Elementary Teacher, Teacher Aides, Lunch/Recess Monitors, and Extended Day Care Staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Mrs. Griffin's 8th Grade 1999-2000

Calling all St. Theresa Catholic School ALUMNI!
Send us your news!
Email updates to alumni@stsashburn.com

THANK YOU to our parents, grandparents, parishioners, and alumni families who supported the St. Theresa Catholic School Thunder Appeal! Because of your kindness and generosity, we surpassed our \$55,000 fundraising goal! *Your support makes a difference to our students and faculty, and we are truly grateful!*

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

News from our Parish

NVJCYO Volleyball Registration is now open— The St. Theresa CYO Volleyball program follows the guidelines established by the NVJCYO. It is open to all female students currently enrolled in St. Theresa School in grades 3-8 or the St. Theresa Church Religious Education program in grades 3-8. The program is always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. You can register at <https://reg.sportspilot.com/106557>

Registration will close on March 3rd, 2023. Cost is \$55 to join a team. Practices begin early March – by then teams should be formed (enough players registered and a coach identified). Your child's coach will contact you with specifics. Practice times are determined by gym space availability and the coach's availability. Practices are generally 60 minutes, twice a week. Games should begin March 26th and run through mid May. Matches are played at gyms throughout the Diocese of Arlington - venues are determined based on availability. Shirts will be provided and are covered as part of the fee. If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at cyo@sainttheresaparish.com.

Lenten Soup Suppers

You are invited to join the Ladies of the Parish at our next Lenten Soup Supper on Friday March 3rd in the School Cafeteria from 6-7:15pm. Come enjoy a meatless meal of Soups, Sandwiches and delicious dishes and give alms to the Poor. Meals are free. All donations will benefit the Poor and Needy. Our heartfelt thanks to members of the Legion of Mary for hosting our first 2023 Soup Supper. Looking forward to seeing all of you this Friday.

That Man Is You

A Parish program for Catholic Men. Next Saturday: The Church struggled for centuries to understand the "kingdom of God." St. Augustine gave the "classic" answer in his masterpiece, The City of God. This is not abstract theology only relevant to Rome! It relates to us today ... and not just for our culture but within each of our hearts. There exists a struggle between two loves. Join us at TMIY Saturday morning at 6:30am to find out more. Contact Ralph Leon at: dralphfp@yahoo.com or Tony Gizzi at: aggizzi@gmail.com for more information.

Assistive Listening Devices Update

The assistive listening system in the church has been enhanced for improved amplification. The system is accessed by checking out from the ushers compatible headphones (or an earpiece) and a receiver, which amplifies the voices heard over the sound system. A neck loop is also available for people using hearing aids or cochlear implants containing the telecoil (t-coil) function. See an usher before Mass for more information.

Help strengthen our faithful priests by praying and fasting for them this year!

*The Seven Sisters Apostolate is a call for women to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of our parish priests. It is a "holy wasting" or "lavishing of prayer" for their deeper conformity to Christ. Each woman commits to a Holy Hour on a distinct day of the week, thus covering a complete week. The Holy Hour is ideally prayed in the presence of the Blessed Sacrament, either in an Adoration Chapel or in front of a Tabernacle. We are seeking women to offer a weekly Holy Hour for a specific priest.

*Fasting Brothers: Each man will prayerfully discern the unique type of fasting he will offer and commits to fast a designated day of the week (excepting Sunday). We are seeking groups of men to offer various forms of fasting to augment the prayer efforts of our Seven Sisters group.

We ask for a one-year commitment, which can begin at any time, and is renewable each May. If you are interested in committing to this apostolate, or simply wish to learn more, please contact Kelly Rush at Kelly4VT@gmail.com, or visit <https://sevensistersapostolate.org>.

St. Theresa Catholic School is hiring for the 2023-24 school year!

STCS is accepting applications for the following positions: Elementary Teacher, Teacher Aides, Lunch/Recess Monitors, and Extended Day Care Staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Young at Heart Club

(Men and Women 55 and over) Wednesday, March 15, 2023. Meeting in the Admin. Bldg. across from the church after 12:15 Mass. Wear Green to celebrate St. Patrick and lunch will focus on corned beef sandwiches with plenty of sides and green-frosted cupcakes. Game day of trivia. \$5 for members, \$10 for nonmembers, RSPV to Freddie, wallflower64@gmail.com or 703.625.5715 for more information. NEW people are ALWAYS welcome to join us!

You(th) vs Hunger sign ups open THIS SUNDAY!

You(th) vs Hunger sign ups opened February 19. Check <https://youthvshunger.wordpress.com/> for sign up link

Adult Education and Spiritual Enrichment

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. The

title of our next book is "Praying Scripture for a Change, An introduction to Lectio Divina" by Dr. Tim Gray. We will begin on Wednesday, February 8th. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.



Knights of Columbus

Food Drive: The February collection will take place on this weekend (February 25-26). If you missed picking up a blue bag, grocery bags and cash donations are accepted until today's 5pm mass. Thanks for your support!

Lenten Retreat: We are planning a retreat for the morning of Saturday 3/18/23 after the 8:30am mass in the church. Everyone is invited.

Aid and Support After Pregnancy (ASAP) is a Knights of Columbus program to raise funds to support maternity and pregnancy centers in Loudoun County. Your generous support allowed us to donate \$2000

each to Birthright of Loudoun County and Tepeyac, Divine Mercy Care. Thank you to all who have donated. If you would like to donate, visit <https://tinyurl.com/knights4life>. See QR code below. Your donations will support pregnancy resource centers and in turn pregnant women and their pre-born babies. Thank you for all of the support you have shown to date!



Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects can involve carpentry plumbing, electrical, paint-

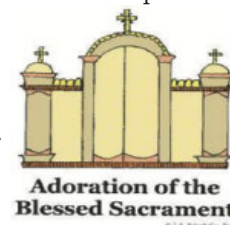
ing, and/or the installation of a new appliance. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



"What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer."— St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



Current Vacant Adoration Slots

Critical Need

No Adorer
Scheduled

Tuesday 3:30am

Urgent Need

No Adorer for
First Half Hour

Monday 5:00am

Second Adorer Needed

One Adorer already for these time slots but need one more Adorer.

If you can sign up for one of these available slots, it would be greatly appreciated. To sign up, go to: <http://sainttheresa.letusadore.com>



	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
12:30am	12:30am	12:00am	12:00am	12:00am	12:30am	12:30am	12:00am
1:30am	1:30am	1:00am	1:00am	1:00am	2:30am	1:30am	1:00am
2:30am	2:30am	2:00am	2:00am	2:00am	3:30am	2:30am	2:30am
4:30am	4:30am	3:00am	3:00am	3:00am	4:30am	3:30am	3:30am
6:30am	6:30am	4:00am	4:00am	4:00am	1:30pm	7:30am	4:30am
8:30am	8:30am	12:30pm	6:00pm	11:00am	2:30pm	11:00am	5:30am
9:30am	9:30am	2:30pm	8:30pm	12:30pm	3:30pm	12:00pm	10:00am
10:30am	10:30am	3:30pm	10:30pm	4:30pm	4:30pm	5:30pm	12:00pm
12:30pm	12:30pm	8:00pm		11:30pm	11:30pm	6:30pm	2:00pm
2:00pm	2:00pm	9:00pm				10:00pm	3:00pm
3:00pm	3:00pm	10:00pm				11:00pm	4:00pm
4:00p,	4:00p,						5:00pm
5:00pm	5:00pm						6:00pm
8:00pm	8:00pm						7:00pm
11:00pm	11:00pm						8:00pm
							9:00pm
							10:00pm
							11:30pm

Note: We have a very active group of adoration substitutes. The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness or other possibilities that may prevent attendance. In those instances, substitute adorers will pro-

News Around the Diocese

2023 Bishop's Lenten Appeal (BLA):

The 2023 BLA is underway! The BLA theme this year is "My soul rejoices in the Lord," which is shared with the second preparatory year of the Diocesan Jubilee. After reflecting upon the blessings God has given you, please prayerfully consider a pledge. The BLA funds programs and ministries that serve thousands of people in our diocese. Through the inspiration of the BLA theme, let us joyfully make a pledge to support God's Kingdom in our diocese! You make a gift at: www.arlingtondiocese.org/BLA or scan the QR code below:



Annual Men's Conference

"My Soul Rejoices in the Lord" -- Sat., **March 4, 2023**, 8:30am- 2:30pm at St. Joseph Catholic Church, 750 Peachtree Street, Herndon. Join Catholic men from around the Diocese for a day of prayer, fellowship and reflection. Keynotes include: Fr. Thomas Petri, OP, President of the Pontifical Faculty of the Immaculate Conception and prolific writer; and Tim Staples, Convert Apologist at Catholic Answers and author of Behold Your Mother. Sign-in begins at 7:30am with confessions, coffee and pastries. Mass will be celebrated by Bishop Michael Burbidge at 11:15am \$80. Register at familylife@arlingtondiocese.org/men.

Annual Women's Conference - Love Rejoices in Truth

Join women from around the diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer. Come and hear Nikki Kingsley's remarkable conversion story. Hear how she, a devout Muslim, was guided by the voice of the Blessed Virgin Mary that would eventually lead her to Jesus and into the Catholic Church on **Saturday, March 11** from 8:30am-2:30pm Sign-in begins at 7:30am with confession, coffee and pastries. Mass will be celebrated by Bishop Michael Burbidge at 11:15am St. Joseph Catholic Church 750 Peachtree Street, Herndon, VA. \$80 For inquiries, please email fam-

lylife@arlingtondiocese.org/women or call 703.841.2550.

Finding Jesus as Men After Christ's Own Heart Silent Retreat

In these calamitous times... "we need a few good men"... and more than a few! With faith and family and life and love being "re-defined" by our culture of confusion, only Jesus Christ will help us to "stand fast... even at the risk of being heroes." Fr. John Riley will lead a retreat at San Damiano, our Arlington Diocesan Retreat Center in White Post, Virginia from Friday-Sunday, **March 17-19**. As a "Band of Brothers" we will gather at Christ's feet; single men, husbands, fathers... and a priest, to listen and seek Jesus in deep, quiet prayer. Daily Mass and confessions are on the docket, with spiritual conferences, adoration, and quiet time. For further information visit www.arlingtondiocese.org/retreat-events. To register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Sorrowful Mysteries Silent Retreat for Women

As we prepare for Holy Week, join Fr. Noah Morey for a walk through of the Sorrowful Mysteries with a glimpse of the joy and glory on Sunday as we celebrate the Annunciation -- for Our Lady of Sorrows is also the cause of our joy. Retreat dates are Friday-Sunday, **March 24-26**. For further information visit our web page (www.arlingtondiocese.org/retreat-events). To register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Marriage Encounter

Does your Marriage need a boost? A Worldwide Marriage Encounter Experience will help you enjoy life with a new closeness to each other and God. You don't need it - you DESERVE a Marriage Encounter Experience! For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Upcoming dates: March 31 - April 2 2023 - Crowne Plaza Hotel, Herndon VA. Only 10 openings remaining! September 22-24 2023 - Crowne Plaza Hotel, Herndon VA

Day of Prayer and Healing After Abortion Retreat for Women

After Abortion Retreat: A Day of Prayer and Healing for women who have experienced abortion will be on Saturday, **March 25, 2023**. This group healing event is held in a private and peaceful setting, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Live Jesus

Saturday, **March 18, 2023** from 8am to 12:30pm at St. Paul VI Catholic High School, Chantilly, VA Looking for a way to enhance your Lenten experience? Live Jesus is a morning of reflection, fellowship and prayer based upon the spirituality of the "Gentleman Saint," St. Francis de Sales. This year's theme is Be At Peace. Keynote Speaker: Brother Mickey McGrath, OSFS, Artist, Author, Storyteller & Retreat Director. Live Jesus is an opportunity in Lent to reflect on the many paths to peace. Don't miss the opportunity to gather in prayer and fellowship with other Catholics in the DMV to reflect on God's gifts. Online registration is required: www.oblates.org and click on the Live Jesus icon.

Quo Vadis and FIAT Camps Registration Lottery

Quo Vadis Days and FIAT Camps are great opportunities for Catholic high school students (current freshmen through seniors) to have fun while deepening their faith and exploring their vocations. Quo Vadis (for boys) is staffed by Arlington seminarians, priests and religious, and runs from Sunday-Thursday, July 9-13. FIAT (for girls) is staffed by religious sisters and runs from Sunday-Thursday, July 16-20. Both are held at Mount St. Mary's Seminary in Emmitsburg, MD. The registration lottery will be open the month of March. See the videos and photos from past years, get more information and register for the lottery at ArlingtonDiocese.org/QuoVadis or ArlingtonDiocese.org/FIAT.

News Around the Diocese Continued

The Laetare Benefit Supporting the Cloistered Nuns of St. Dominic's Monastery on Sunday, March 19, 2023

The Most Rev. Michael F. Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St.

Dominic's Monastery. The Laetare Benefit is our annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA in the Diocese of Arlington. As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and are building a Chapel at the Monastery. Please show your support and join us for a reception, dinner, raffle, and auction which will be held on Sunday, March 19, 2023 from 5:00 pm to 8:00 pm at the Westwood Country Club, 800 Maple Avenue East, Vienna, Virginia. Seating is limited. RSVP by March 1, 2023. Tickets are \$200 each and table sponsorships are available, starting at \$2,000 for 10. Please send a check payable to Friends of St. Dominic's Monastery, 524 N. Pitt Street, Alexandria, VA 22314, or to purchase tickets online through Faith Direct, please point your camera at the QR code and click to be taken to the registration page or visit <https://forms.ministryforms.net/viewForm.aspx?formId=6b435666-9d01-45a3-a805-101015e8e5f6>



For more info, please contact: friendsofstdominicsmonastery@gmail.com

The Senior Group at Christ the Redeemer is hosting a FREE St. Patrick's Day Concert featuring CTR's own Tam and his "mostly Irish" band Wed., **March 15th** at 12pm. Bring your own lunch. We will serve cookies and drinks. Questions: Contact Joan Ashdown at Jashdown710@hotmail.com

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more

information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held at: 2nd & 4th Mondays, 7-8pm @ Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm @ Leesburg Presbyterian Church.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Gifts for Seminarian Education Endowment Fund (SEEF)

Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. Please give generously! To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203. Contact John French at john.french@arlingtondiocese.org or 703.841.3819 with questions.

St. John Paul the Great Open House

Join us for Saint John Paul the Great Catholic High School's Preview Open House on **Thursday March 9** from 4-5:30pm! Learn what JP has to offer your child - robust academic programs including STEM, DE courses and Bioethics, vibrant student life and House System, competitive athletics, faith community steeped in the Dominican tradition, and more! Preview Open House is a great event for all ages, but especially students in grades 4-7. To learn more and RSVP in advance, please visit: https://jpthegreat.schooladminonline.com/portal/new_inquiry.

John Paul is still accepting applications for the 2023-2024 school year! For more information and to apply please visit: https://www.jpthegreat.org/apps/pages/how_to_apply.

Shadow a Wolf for a Day! Now - May 2023

Shadow Days at John Paul have be-

gun for this year! Do you have an 8th-10th grader who is interested in seeing what it is like to be a JP student? Sign them up for a Shadow Day visit! For registration and more details, please visit: https://jpthegreat.schooladminonline.com/portal/new_inquiry

Super Science Saturday

Calling all middle school scientists! JP's Science Department and National Science Honor Society members will host a fun-filled day for middle school students to explore the sciences in JP's collegiate-style labs on Saturday, **March 4** from 9am-12pm. This event is open to 6-8th graders. For registration and more details, please visit: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration>.

Events at Our Lady of Bethesda Retreat Center. Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website www.ourladyofbethesda.org for more info and to register for the following:

Three to Get Married Marriage Prep Mar 9-12, Mar 23-26—2023

The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today!

Silent Retreat Weekends in Lent

For Women: Mar 3-5, Mar 30-Apr 2
For Men: Mar 16-19

Lent is right around the corner. Plan now! Explore your mission in life and Experience Christ's Presence in the Silence of a retreat! These retreats are based on the Spiritual Exercises of St. Ignatius of Loyola. Registration is required. Cost: \$300 per person for 2-night retreat; \$400 per person for 3-night retreat. Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, A Place to Encounter Christ! 7007 Bradley Blvd., Bethesda, MD 20817. Plan your next retreat today!

Parish Offices

Secretary: Christine Young, 703.729.2287
Secretary: Kelly Cosenke, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

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Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Car Raffle Fundraiser—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2023 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next few weeks. Please consider selling/purchasing the tickets mailed to you. \$34,000 was raised to help families in need through Divine Mercy Outreach last year because of your participation in this raffle last year. Please help us to make this another success.

Save the Date—Spring Consignment Sale is March 11, 2023
www.littleflowerconsignments.org

Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager!

It's rewarding to assist families in need. Consider taking a short time

out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Monetary Donations—Your donations make a difference in the lives of struggling families! There are struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com

if you want to help or if you have these items to donate.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

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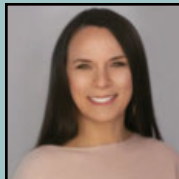
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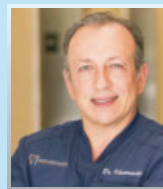
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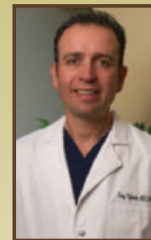
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