

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**April 23, 2023**  
**Third Sunday of Easter**



## *Masses for the Week*

|                        |                                                                                                                                                              |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mon, April 24</b>   | 6:15— Aubrey Neuhart+<br>8:30— Bill Steeper+<br>12:15— Cecilia Fallon+                                                                                       |
| <b>Tues, April 25</b>  | 6:15— Mary Alyce Bagget+<br>8:30— Kelly Eignor                                                                                                               |
| <b>Wed, April 26</b>   | 6:15— Bernadette Young+<br>8:30— LeBarge Family<br>12:15— Cecilia Fallon+                                                                                    |
| <b>Thurs, April 27</b> | 6:15— Nathaniel Cavallini+<br>8:30— Ionna Sanborn                                                                                                            |
| <b>Fri, April 28</b>   | 6:15— Dr. Leonard Conate+<br>8:30— Michael O'Malley+                                                                                                         |
| <b>Sat, April 29</b>   | 8:30— Suzanne Miles<br>5:30— David Wallace+                                                                                                                  |
| <b>Sun, April 30</b>   | 7:30— Rosemary Thomas+<br>8:45— St. Theresa Parishioners<br>10:30— Greg & Linda DiMuzio<br>and Family<br>12:30— Mullen Family<br>5:00— Sofia Espin Villegas+ |

## **Parish Mass Schedule**

|                     |                                                                                                        |
|---------------------|--------------------------------------------------------------------------------------------------------|
| <b>Saturday:</b>    | 8:30am, 5:30pm Vigil Mass                                                                              |
| <b>Sunday:</b>      | 7:30, 8:45am & 10:30am<br>12:30 & 5:00pm                                                               |
| <b>Weekdays:</b>    | 6:15 and 8:30am, Monday through Friday<br>12:15pm, Mondays (except Federal Holidays)<br>and Wednesdays |
| <b>Holy Days:</b>   | As announced                                                                                           |
| <b>Holy Hour:</b>   | Wednesdays, 7pm                                                                                        |
| <b>Confessions:</b> | Wednesdays, 9-9:30am<br>Saturdays, 4:00-4:45 pm;<br>during Holy Hour; and by appointment               |

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Nicholas R. Barnes, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heijnarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner, Michael Robertson, Celeste Hall.

**Prayers For Our Military:** Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Thomas Gleason, Tony Mattice, David Lakey, Jim Murray, Keith Bittle.

## About the Angels

We tend to forget the importance of angels, and also to over-sentimentalize them. The better we understand these beings of pure spirit, the greater our appreciation for them will be. Little by little then, let's learn some of the basics about the angels. The Catechism of the Catholic Church has much to say on angels:

The whole life of the Church benefits from the mysterious and powerful help of angels ... In her liturgy, the Church joins with the angels to adore the thrice-holy God ... From infancy to death human life is surrounded by their watchful care and intercession. "Beside each believer stands an angel as protector and shepherd leading him to life." Already here on earth the Christian life shares by faith in the blessed company of angels and men united in God (CCC 334-336)

And our Lord tells us that each of us has an angel guardian assigned to us by God.

See that you do not despise one of these little ones, for I say to you that their angels in heaven always look upon the face of my heavenly Father (Matt 18:10)

But there are many misconceptions, often from television or movies, that need correcting. Namely:

Angels have no bodies – Angels are not human and never have been human. Human beings do not become angels when they die, and angels never have to "earn their wings." Each angel is a person, (defined as an individual substance of a rational nature.) Angels are made in God's image (defined as being empowered by an intellect and a will.) But unlike ourselves, angels are persons of pure spirit, which makes them neither male or female. Since we have to envision them somehow, though, it is not wrong for us to envision them as ourselves—with either masculine or feminine qualities. It is important to remember, however, that angels transcend any such distinction.

Angels are vast in number – The prophet Daniel was granted a vision of Heaven and said of God, gloriously enthroned.

A stream of fire issued and came forth from before him; a thousand thousands served him, and ten thousand times ten thousand stood before him (Dan 7:10).

A hundred million angels were only the angels Daniel could see, and it is really just another way of saying that their number is beyond counting. It's been said that when our Lord called himself the Good Shepherd, who left 99 sheep to search for one who was lost, that the number "99" represented the angels left behind in heaven, while the "one lost" represented the human race. St. Anselm imagined that angels may therefore outnumber human persons by a rate of 99 to 1! God seems to like angels very much! We will continue this subject intermittently in the weeks to come.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

### Sunday's Readings

#### First Reading:

"This man, delivered up by the set plan and foreknowledge of God, you killed, using lawless men to crucify him. But God raised him up, releasing him from the throes of death, because it was impossible for him to be held by it." (Acts 2:23-24)

#### Psalm:

Lord, you will show us the path of life. (Ps 16)

#### Second Reading:

Conduct yourselves with reverence during the time of your sojourning, realizing that you were ransomed from your futile conduct, handed on by your ancestors, not with perishable things like silver or gold but with the precious blood of Christ as of a spotless unblemished lamb. (1 Pt 1:17-19)

#### Gospel:

And it happened that, while he was with them at table, he took bread,

said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. (Lk 24:30-31)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.  
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# Youth Education and News



ymoffice@sainttheresaparish.com

## April

Sunday, the 23rd-Parish Food Drive  
(after 8:45am Mass & 5pm Mass)

Monday, the 24th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 25th-Load food for transport, 6:15-7pm

Thursday, the 27th-Bible Timeline for Teens w/ Deacon Noah-5-6:30pm

Sunday, the 30th-Upper Room Squad, 6-7:45pm

## May

Thursday, the 4th-Bible Timeline for Teens w/ Deacon Noah-5-6:30pm

Sunday, the 7th-Upper Room Squad, 6-7:45pm

Thursday, the 11th-Bible Timeline for Teens w/ Deacon Noah-5-6:30pm

Sunday, the 14th-Upper Room Squad, 6-7:45pm

**Adult Volunteers Needed** - We are looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

## Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



STCS Parents, please read the **Thursday Thunder** email every week for important information and dates, including:

**Monday, April 24—**

D.A.R.E. Graduation

**Friday, April 28—**

All-school Mass followed by Rosary; Band Concert

**Saturday, April 29—**

First Holy Communion  
(STCS 2nd Grade)



**Thursday, May 4—**

Spring Book Fair (thru April 10)

**Friday, May 5—**

Early dismissal;  
Annual PTO Auction

**St. Theresa Catholic School is hiring for the 2023-24 school year!**

STCS is accepting applications for the following positions: Elementary Teacher, Middle School Language Arts Teacher, Resource Teacher, Lunch/ Recess Monitors, and Extended Day Care Staff. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.



**Thank You Sponsors!** The St. Theresa Catholic School PTO Auction, **"Hold Your Horses - A Derby Experience"** is on May 5, and we could not do it without the help of our wonderful sponsors! Thank you to our **"Night of Event"** Sponsors: **NOVA Pediatric Dentistry & Orthodontics; Knights of Columbus Abbate Agency/Benny**

**Perez; PJI Law; Quoin Pharmaceuticals; The Salvetti Law Group; and OrthoVirginia/Dr. Mook & Dr. Switaj.** We are truly grateful for your support!

**Calling all St. Theresa Catholic School Alumni & Alumni Families!**

We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to alumni@stsashburn.com.



**Interested in exploring a Catholic education for your child?** Applications are now open for St. Theresa Catholic School's 2023-24 school year.

Learn more about our wonderful Parish school and how Catholic education can make a difference in your child's life! For information on the 2023-24 admissions process, visit our website, www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotelld@stsashburn.com.

## News from our Parish

### SAINT THERESA CATHOLIC SCHOOL Hiring Extended Day Care Staff

- Fun Work Environment
- Flexible PT hours
- Mon-Fri 2:30-5:30 or combination
- Summer & Holidays off
- Competitive Pay



**Start August 2023**

**For more information email: [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com)**

**Red Cross Blood Drive** – Please consider supporting the American Red Cross at our next St. Theresa blood drive on FRIDAY, May 5th, from 10am -3:30pm. (Please note this drive is NOT on a Saturday). As always, your help will save lives!

To register online: Please go to <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=StTheresaChurch>. If you have ANY difficulty, please e-mail Colleen Dwyer at [colleen-home87@gmail.com](mailto:colleen-home87@gmail.com) or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives. Thank you!!

#### **St. Theresa Catholic School is hiring for the 2023-24 school year!**

STCS is accepting applications for the following positions: Elementary Teacher, Middle School Language Arts Teacher, Resource Teacher, Lunch/ Recess Monitors, and Extended Day Care Staff. To apply, please send your resume, cover letter, and references to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).

#### **The Bible Timeline for TEENS with Deacon Noah**

The 'Venture: The Bible Timeline for High School' by Ascension Press & Mark Hart is a Bible Timeline study that can help teenagers to make sense of the Bible and experience the life-changing power of God's Word.

A quote from Mark Hart – "I created 'Venture: The Bible Timeline for High School' to help teenagers all over the world learn about the Bible. With resources like this, teenagers encounter a love for Scripture that they will carry

with them into their college years and beyond."

Every Thursday 5-6:30pm, Started April 20th and continues through Thursday, June 8th – (8 Sessions). There is a \$20 fee for study materials. Contact: Paul Dwyer, [ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com) or Deacon Noah, [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com) for information on how to signup!!!! Or use this QR Code to access the Signup Genius or this link [www.tinyurl.com/bible4teens](http://www.tinyurl.com/bible4teens):

## Adult Education and Spiritual Enrichment

#### **Women's Discipleship Group**

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. The title of our next book is "Praying Scripture for a Change, An introduction to Lectio Divina" by Dr. Tim Gray. We will begin on Wednesday, February

8th. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

#### **That Man Is You: A Parish program for Catholic Men:**

Don't miss out! We're planning next year's program – please let us know what you are looking for in a Catholic men's program: discussion topics, convenient meeting times... Send your ideas to Jack Hayes

at: [jack.hayes422@aol.com](mailto:jack.hayes422@aol.com), Ralph Leon at: [dralphfp@yahoo.com](mailto:dralphfp@yahoo.com), or Tony Gizzi at: [aggizzi@gmail.com](mailto:aggizzi@gmail.com).

#### **Interested in learning about the Legion of Mary?**

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

### *How to Register to be a Parishioner of St. Theresa Catholic Church*

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

## News Around the Diocese

### Attention Class of 2023 Seniors!

The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes:

2023 College Night Dates & Locations:  
June 28th - St. Mark's (Vienna); July 5th - St. Michael's (Annandale); July 12th - Holy Trinity (Gainesville)  
\*NEW\*; July 19th - Basilica of St. Mary (Alexandria); July 26th - Holy Cross Academy (Stafford)

College Nights help rising college freshmen and transfer students network with other Catholics heading to college, and give students the tools to navigate the often difficult transition of faith life in college. Students hear from upperclassmen who give their personal testimonies about how they transitioned to college and maintained a strong faith life. There are small groups divided by students' universities and students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a free pizza dinner, too. Please encourage your student to sign up! There will be five nights across the Diocese and all nights will begin at 7pm. For more information, please visit [www.asjb.org](http://www.asjb.org). Registration is limited to 50 students per night.

### A Jubilee Journey with Mary

Did you know there are 11 churches in the Diocese of Arlington which are named for Our Lady? During this second year of preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to focus upon Mary and her role in pointing us to Jesus. To this end, Bishop Burbidge has invited all of us to visit as many of those 11 churches as possible and spend time in prayer at each! Visit [www.arlingtondiocese.org/jubileejourney/](http://www.arlingtondiocese.org/jubileejourney/) for more information about this Jubilee Journey with Mary! We hope that this initiative encourages you to grow in your understanding of Mary and your devotion to her!

### Quo Vadis and FIAT Camps Registration Lottery

Quo Vadis Days and FIAT Camps are great opportunities for Catholic high school students (current freshmen through seniors) to have fun while deepening their faith and exploring

their vocations. Quo Vadis (for boys) is staffed by Arlington seminarians, priests and religious, and runs from Sunday-Thursday, **July 9-13**. FIAT (for girls) is staffed by religious sisters and runs from Sunday-Thursday, July 16-20. Both are held at Mount St. Mary's Seminary in Emmitsburg, MD. The registration lottery will be open the month of March. See the videos and photos from past years, get more information and register for the lottery at [ArlingtonDiocese.org/QuoVadis](http://ArlingtonDiocese.org/QuoVadis) or [ArlingtonDiocese.org/FIAT](http://ArlingtonDiocese.org/FIAT).

### Practice High School Placement Test & Parent How to High School:

Sat, **May 6, 2023** (8:30-11:45 am)  
John Paul is hosting the Pre-High School Placement Test (Pre-HSPT) for current 7th graders. The Pre-HSPT is optional, and is a practice test intended to help students become more familiar with the different sections of the HSPT under timed conditions. The practice test is designed to give the student an idea of how the exam will be administered and what to expect on the actual day of testing during the student's 8th grade year. Parents are invited to stay for Parent How to High School - a workshop on preparing your student for high school. To register: <https://forms.gle/gtLeSru8zebN1AEW9>

To pay: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration>

Please reach out by email or phone at [admissions@jpthegreat.org](mailto:admissions@jpthegreat.org) and/or 703.445.0246 with any questions.

**The Associates of St. John Bosco** is pleased to offer three \$4,000 scholarships and one \$6,000 scholarship (the Vincent T. Vaccaro Education Scholarship) to undergraduate students who demonstrate an intense desire to live out their faith on their college campus and who seek to serve the Church in some capacity after graduation. Freshman scholarship funding may continue into the next three years if certain criteria are met and, if funding is available, for potentially \$14,000 to \$20,000 in total scholarship funding! **Please apply by May 22** at [asjb.org/scholarship-program](http://asjb.org/scholarship-program)

### Saint John Paul the Great Catholic High School Speaker Series

Join us on Tuesday, **April 25th** from

5:30 – 7pm in Aquinas Hall for our first Speaker Series Night! The evening will include wine and light hors d'oeuvres followed by a talk on Saint John Paul II's Theology of Work by Head of School Sister Mary Veronica, O.P. Bring a friend and introduce them to the JP Business Network, a professional network of business owners and representatives supporting JP. RSVP at this link: [https://www.jpthegreat.org/apps/form/form.SAIJPTGCH.tvWpvVx.SI\\_](https://www.jpthegreat.org/apps/form/form.SAIJPTGCH.tvWpvVx.SI_). We hope to see you there!

### Young Adult Retreat

Young adults from 20-35 are invited to join Fr. Christopher Christensen, pastor of St. Rita Catholic Church in Alexandria, for a spring retreat **Friday-Sunday, May 12-14** at San Damiano Spiritual Life Center. Learn to place your burdens at the foot of the Cross, spending time with St. Francis of Assisi, St. Clare, and Our Lady of Fatima and meditating on Poverty, Humility, and Charity. Cost: \$285. For more information contact: [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org) or call 540.868.9220.

"Go into the whole world and proclaim the Gospel to every creature." Is God inviting you to live the gift and mystery of being sent as priest, sister or brother to proclaim the truth of Jesus Christ? Contact Fr. Michael Isenberg, Vocations Director, at 703.841.2514 or email: [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).

### John Paul the Great Summer Camps

JP Summer Camps registration is now open! Sign your elementary and middle school-age children up for a variety of athletic and enrichment camps during the summer months. For registration and more details, please visit: <https://www.jpthegreat.org/apps/pages/summeractivities>

### St. Paul VI Summer Camps and Clinics

St. Paul VI Catholic High School is hosting a variety of camps and clinics this summer, including theatre, band, basketball, football, volleyball, and much more. All will take place on our new campus at 42341 Braddock Rd. Chantilly, VA. Visit [www.paulvi.net/student-life/summer-camps](http://www.paulvi.net/student-life/summer-camps) for details and to register.

## News Around the Diocese Continued

### **Fun Run / Walk fundraiser for Divine Mercy Care and Tepeyac Family Center**

St. John the Apostle Catholic Church in Leesburg will be hosting a Fun Run / Walk fundraiser for Divine Mercy Care and Tepeyac Family Center on Saturday, **May 13, 2023**. Registration begins at 8:30 am and the walk / run starts at 10 am. Entertainment includes a DJ, Kids Zone with crafts, snacks and drinks. The cost is \$20 per person or \$40 per family. For more information, email Alejandra Dove at: [maduarte18@gmail.com](mailto:maduarte18@gmail.com)

### **Weekend Discernment Retreat for Women**

Could Christ be calling you to the religious life? Take a step to find out. The annual diocesan discernment retreat for single women who feel called to a religious vocation is Friday-Sunday, **June 16-18**. Sister Maria Gonzalo, OCSO, from Our Lady of Angels Monastery in Crozet, VA, will lead the retreat this year. It will also include tools to aid your prayer and discernment, as well as opportunities for prayer, confession, spiritual direction, and Q&A with the sisters. Cost is \$100 (financial assistance is available). For more information or to register, contact Fr. Michael Isenberg at [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org). Space is limited; deadline to register is Monday June 5.

**"Mary Went in Haste": A Marian Symposium**—Please join as a diocesan family as we honor the Blessed Virgin in Year Two of our Golden Jubilee, "My Soul Rejoices in the Lord." The Most Reverend Timothy P. Broglio, Archbishop for the Military Services USA, and President of the United States Conference of Catholic Bishops (USCCB), will be the guest speaker at "Mary Went in Haste": A Marian Symposium on **Saturday, April 29**, at St. Bernadette Catholic Church in Springfield. The day will start with Mass at 9am, followed by a coffee break, a talk and Q and A session at 10:30am and conclude with the recitation of the Rosary. We look forward to seeing you there!

**Married Couples.** It has been said that the greatest gift you can give your children is two parents very much in love with each other. Polish up this

gift and put a bow on it at a Worldwide Marriage Encounter Weekend. You deserve the best and your children need to see you reaching for it. For more information or to register, go to [WWME.org](http://WWME.org), click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions. Upcoming dates: September 22-24 2023 - Crowne Plaza Hotel, Herndon VA

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**Do you love someone with a drug or alcohol problem?**—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com). Weekly meetings are held at: 2nd & 4th Mondays, 7-8pm @ Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm @ Leesburg Presbyterian Church.

**Events at Our Lady of Bethesda Retreat Center.** Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) for more info and to register for the following:

**Three to Get Married Marriage Prep** May 11-14, Jun 8-11

The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited.

### **Marriage Retreat~ Back to Basics June 16-17**

Refresh your marriage by going Back to Basics! This Marriage Renewal Retreat weekend is the signature marriage retreat of Our Lady of Bethesda Retreat Center and covers many of the topics presented in their highly acclaimed marriage prep program. You will learn practical tips and advice from our team of Catholic priests and married couples. You will experience a mixture of talks, questionnaires, time for personal reflection (individually and with your spouse); celebration of the Saturday Vigil Mass, and time for Confession and Renewal of Wedding Vows are all included. This is a two-day retreat, but you do not stay overnight. Retreat schedule~ Fri: 7-9:30pm, Sat: 8:30am-6:30pm. There will also be time to socialize with the other participants, but this program is about the couple, and no one will be put on the spot to share with the group. Cost to attend: \$335 per couple; EARLY-BIRD RATE: \$225

### **Experience the Week-Long Spiritual Exercises this Summer!**

For Women: July 11-18;

For Men: July 24-31

The Week-Long Spiritual Exercises are for those well familiar with mental prayer, silence, and the Ignatian Spiritual Exercises. This year, the Exercises will be based on the extensive writings of Pope Benedict XVI to deepen our reflection on the perennial themes of St. Ignatius' Spiritual Exercises. This week-long format allows more time for personal prayer. With longer periods of silence, you are challenged to stretch your soul, thus engaging in deeper intimacy with God. A trained spiritual director will be available for the daily colloquy to help you detect and understand the movements of the Holy Spirit in your soul. Cost: \$675 per person.

We also have monthly

#### **Mini-Retreats for Women:**

Evening: Apr 26, 6-9pm

Morning: Apr 27, 9:15am-12:15pm

and

#### **Evenings of Reflection for Men:**

May 3, 7-9pm. Visit us at

[www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301.365.0612.



## Knights of Columbus

**Food Drive:** Last month the generous parishioners donated 5,258 pounds of food. Thanks to the parishioners, volunteers, and especially the youth group for donating food, sorting items, and transferring them to the Catholic Charities Loudoun Food Pantry in Sterling. Your kindness and time make this program a successful one.

The next collection will take place this weekend (April 22-23). If you missed picking up a blue bag, grocery bags and cash donations are accepted. Thanks for your support.

**KOVAR:** Thank you to all who generously supported the recent Palm Sunday Mass KOVAR collection. We had a very successful drive and collected

over \$4400. KOVAR is a Virginia Knights of Columbus charity that provides assistance to people with intellectual disabilities.

**Aid and Support After Pregnancy** (ASAP) is a Knights of Columbus program to raise funds to support maternity and pregnancy centers in Loudoun County. Your generous support allowed us to donate \$2000 each to Birthright of Loudoun County and Tepeyac, Divine Mercy Care. Thank you to all who have donated. If you would like to donate, visit <https://tinyurl.com/knights4life>. See QR code below. Your donations will support pregnancy resource centers and in turn pregnant women and their pre-born babies. Thank you for all of the support you have shown to date!



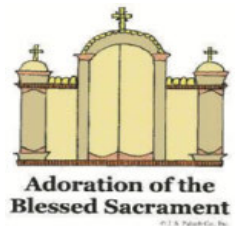
**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects can involve carpentry plumbing, electrical, painting, and/or the installation of a new appliance. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

**Catholic men:** Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



**“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”– St. Mother Theresa** Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel?

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth. To sign up, go to: <http://sainttheresa.letusadore.com>



## Current Vacant Adoration Slots

### Critical Need

**No Adorer Scheduled Tuesday 3:30am**

### Urgent Need

**No Adorer for First Half Hour Monday 5:00am**

### Second Adorer Needed

One Adorer already for these time slots but need one more Adorer.

If you can sign up for one of these available slots, it would be greatly appreciated. To sign up, go to: <http://sainttheresa.letusadore.com>



|         | Sun     | Mon     | Tues    | Wed     | Thurs   | Fri     | Sat     |
|---------|---------|---------|---------|---------|---------|---------|---------|
| 12:30am | 12:30am | 12:00am | 12:00am | 12:00am | 12:30am | 12:30am | 12:00am |
| 1:30am  | 1:30am  | 1:00am  | 1:00am  | 1:00am  | 2:30am  | 1:30am  | 1:00am  |
| 2:30am  | 2:30am  | 2:00am  | 2:00am  | 2:00am  | 3:30am  | 2:30am  | 2:30am  |
| 4:30am  | 4:30am  | 3:00am  | 3:00am  | 3:00am  | 4:30am  | 3:30am  | 3:30am  |
| 6:30am  | 6:30am  | 4:00am  | 4:00am  | 4:00am  | 1:30pm  | 7:30am  | 4:30am  |
| 8:30am  | 8:30am  | 12:30pm | 6:00pm  | 11:00am | 2:30pm  | 11:00am | 5:30am  |
| 9:30am  | 9:30am  | 2:30pm  | 8:30pm  | 12:30pm | 3:30pm  | 12:00pm | 10:00am |
| 10:30am | 10:30am | 3:30pm  | 10:30pm | 4:30pm  | 4:30pm  | 5:30pm  | 12:00pm |
| 12:30pm | 12:30pm | 8:00pm  |         | 11:30pm | 11:30pm | 6:30pm  | 2:00pm  |
| 2:00pm  | 2:00pm  | 9:00pm  |         |         |         | 10:00pm | 3:00pm  |
| 3:00pm  | 3:00pm  | 10:00pm |         |         |         | 11:00pm | 4:00pm  |
| 4:00p,  | 4:00p,  |         |         |         |         |         | 5:00pm  |
| 5:00pm  | 5:00pm  |         |         |         |         |         | 6:00pm  |
| 8:00pm  | 8:00pm  |         |         |         |         |         | 7:00pm  |
| 11:00pm | 11:00pm |         |         |         |         |         | 8:00pm  |
|         |         |         |         |         |         |         | 9:00pm  |
|         |         |         |         |         |         |         | 10:00pm |
|         |         |         |         |         |         |         | 11:30pm |

**Note:** We have a very active group of adoration substitutes. The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness or other possibilities that may prevent attendance. In those instances, substitute adorers will pro-

## Parish Offices

Secretary: Christine Young, 703.729.2287  
Secretary: Kelly Cosenke, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Priscilla Keller, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

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## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

### Car Raffle—Last reminder!

Thanks to all who purchased and sold tickets and those who donated to Divine Mercy Outreach in lieu of purchasing tickets. God bless you! The final deadline for ticket return is April 25th. (Must be postmark by April 25th for guaranteed entry) Please note that raffle tickets must be returned to All Saints. Please mail directly to All Saints in the envelope provided. Please make your check payable to All Saints. Drawing is April 29th, 2023.

### New Bed Pillows

We are in need of new bed pillows for our Bed Ministry to help families moving out of the shelter. Please drop off to the parish office or in the outreach boxes at church.

**Bed Ministry**—Volunteer for the Bed Ministry-volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager!

It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra

helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Furniture Ministry**—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or [furniture@sainttheresaparish.com](mailto:furniture@sainttheresaparish.com) if you want to help or if you have these items to donate.

**The Visitation Ministry**—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities.* If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).

Please do not leave clothing at church. We are not accepting clothing donations.

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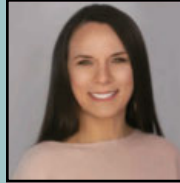
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