

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

July 9, 2023

Fourteenth Sunday in Ordinary Time



Masses for the Week

Mon, July 10	6:15— George Neumayr+ 8:30— Le Kha & All Souls+ 12:15— Marilyn Wilson Staveley+
Tues, July 11	6:15— Jerome+ & Lou Miles 8:30— Jason & Carolyn Ott
Wed, July 12	6:15— David McAllister+ 8:30— Vicky Ellis 12:15— Joseph Michael Begley+
Thurs, July 13	6:15— Ann & Leon Plesnar+ 8:30— Robin Giroux+
Fri, July 14	6:15— Robert Burton+ 8:30— David & Estela Scully+
Sat, July 15	8:30— Ron & Beverly Wiblemo+ 5:30— Maureen O'Connor
Sun, July 16	7:30— St. Theresa Parishioners 8:45— Thanh & Mai Nguyen 10:30— Maria Teresa Murray 12:30— Robin Stanley+ 5:00— Marilyn Wilson Staveley+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9-9:30am Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Catherine Feeney, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner.

Prayers For Our Military: Logan Ann Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Tony Mattice, David Lakey, Jim Murray.

The Monthly Devotions of the Year

Did you know that each month of the year is traditionally devoted to one single aspect of our Catholic faith? July is traditionally dedicated to the Precious Blood of Christ, and so this week, I offer you the Litany of the Precious Blood. Please let this become part of your prayer life this month. The words in bold print are to be repeated after each line, like a response.

The Litany of the Precious Blood of Christ

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God, the Father of Heaven, **have mercy on us.**

God the Son, Redeemer of the world, **have mercy on us.**

God, the Holy Spirit, **have mercy on us.**

Holy Trinity, One God, **have mercy on us.**

Blood of Christ, only-begotten Son
of the Eternal Father, **save us.** (Repeated after each line)
Blood of Christ, Incarnate Word of God,
Blood of Christ, of the New and Eternal Testament,
Blood of Christ, falling upon the earth in the Agony,
Blood of Christ, shed profusely in the Scourging,
Blood of Christ, flowing forth in the Crowning with Thorns,
Blood of Christ, poured out on the Cross,
Blood of Christ, price of our salvation,
Blood of Christ, without which there is no forgiveness,
Blood of Christ, Eucharistic drink and refreshment of souls,
Blood of Christ, stream of mercy,
Blood of Christ, victor over demons,
Blood of Christ, courage of martyrs,
Blood of Christ, strength of confessors,
Blood of Christ, bringing forth virgins,
Blood of Christ, help of those in peril,
Blood of Christ, relief of the burdened,
Blood of Christ, solace in sorrow,
Blood of Christ, hope of the penitent,
Blood of Christ, consolation of the dying,
Blood of Christ, peace and tenderness of hearts,
Blood of Christ, pledge of Eternal Life,
Blood of Christ, freeing souls from purgatory,
Blood of Christ, most worthy of all glory and honor,

Lamb of God, Who takes away the sins of the world,
Spare us, O Lord.

Lamb of God, Who takes away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, Who takes away the sins of the world,
Have mercy on us.

V. You have redeemed us, O Lord, in your Blood.

R. And made us, for our God, a kingdom.

Let us pray:

Almighty and eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his blood, grant, we pray, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in heaven. Through Christ our Lord. Amen.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Youth Education and News



Office Hours:
Mon-Thurs. 9am-4pm; Fri. 9am-noon



Registration for Religious Education classes is now open. Please visit the parish website for information about how to sign your children up for classes next year

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For

details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



ymoffice@sainttheresaparish.com

July

Sunday, the 9th-Upper Room Squad, 6-7:45pm

Monday, the 10th-Parish Food Drive Bag Prep

Sunday, the 23rd-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 24th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 25th-Load food for transport, 6:15-7pm

Sunday, the 30th-Upper Room Squad, 6-7:45pm

Adult Volunteers Needed - Looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.

Susan Fash Bateman Memorial Scholarship & Christian Service Awards STCS 2022-2023

This year's recipient of the Susan Fash Bateman Memorial Scholarship:
Jack M.



Christian Service Awards:
4th - Michaela O., Rhett F.
5th - Chase B., Gia Z.
6th - Jack M., Katherine T.
7th - Adelaide M., Dylan E.

Mrs. Susan F. Bateman was a beloved, long-time STCS Kindergarten teacher. The Memorial Scholarship & Awards honor Susan and her devotion to Catholic education & STCS.



Summer reading and math assignments have been posted on the school website, www.stsashburn.com, under the "Parents" tab.

NEW STCS Families, please join us for the New Family Icebreaker on Thursday, July 13 in the school cafeteria! The sign-up link was sent to your email in June. If you have any questions, please call the school office at 703.729.3577. We hope to see you there!



Saint Theresa Catholic School

STCS Parents, school supply kit orders are due July 11! STCS is partnering again with Sprout School Supplies to make your back-to-school easy! Please visit www.SproutSupplies.com and use our school code, STCS001. Orders close on July 11, 2023.

Calling all St. Theresa Catholic School Alumni and Alumni Families! We would love to hear from you, and add you to our Alumni & Friends Newsletter email list. Please send your news and contact information to alumni@stsashburn.com.

STCS Alumni & Alumni Families, Send Us Your News!



Email your updates to alumni@stsashburn.com

St. Theresa Catholic School is hiring for the 2023-24 school year! STCS is accepting applications for the following positions: Lunch/Recess Monitors, Extended Day Care Staff, and Substitute Teachers. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Summer Office Hours: Beginning Wed., June 14, the school office shifts to summer hours.

Summer hours are T-W-Th from 9am-1pm, and will end the second week of August.

Parishioners & STCS Parents, **SAVE THE DATE for the 13th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance!** The tournament is on Monday, October 2, 2023 at Belmont Country Club in Ashburn. Registration opens August 1st - get your foursomes lined up, we're looking forward to another fantastic event!

Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life? We have a few openings remaining for the 2023-24 school year; please visit our website at www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotell@stsashburn.com for more information.

We're Hiring!



St. Theresa Catholic School

News from our Parish

Announcing Two Parish-Wide Events:

Fr. Hudgins would like to offer all parishioners the opportunity to prepare and partake of two important spiritual events after all Masses on **August 13**, Total Consecration to Jesus through Mary and formal investiture in the Brown Scapular.

Total Consecration to Jesus through Mary - Preparation will begin **July 12th** using Fr. Gaitley's 33 Days to Morning Glory magazine. Look for the Legion of Mary table in the Narthex on **July 2 and July 9** to pick up your preparation booklet. For those who have done the Consecration before, it is an opportunity to renew.

Brown Scapular Enrollment - Enrollment in the Brown Scapular is after each Mass on **August 13th**. If you have previously been formally enrolled, re-enrollment is not required. Read more about these events on the parish website

2024 Mass Book

The current 2023 Mass intention book is now full. The 2024 Mass book will

be available on Tuesday, August 8th. Specifics will be available in a later bulletin.



The poster features a green chalkboard background with a wooden ledge at the bottom. On the left is a circular logo with a cross, a star, and a dove. The text on the board reads: "St. Theresa Catholic School" in white, "Join our team!" in yellow cursive, "We are looking for faith-filled, energetic, and dynamic educators and staff to join our school family for the 2023-24 school year!" in white, "STCS is accepting applications for:" in white, "Extended Day Care Staff", "Lunch/Recess Monitors", and "Substitute Teachers" in white, and "Please send your resume, cover letter, and references to HR@sainttheresaparish.com" in white.

Adult Education and Spiritual Enrichment

That Man is You

That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. It would be great to have more men of the parish take advantage of this valuable and free program. To see what others think about this program, watch the 2-minute video at: <https://youtu.be/4mT35Kv1NvM>. After watching, please contact Jack Hayes at

703.537.6418 or jack.hayes422@aol.com for additional information and continue to watch the bulletin for upcoming details.

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. The title of our next book is "Praying Scripture for a Change, An introduction to

Lectio Divina" by Dr. Tim Gray. We will begin on Wednesday, February 8th. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

News Around the Diocese

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

Day of Prayer and Healing After Abortion Care for Women—After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, **July 29** and Saturday, **September 30, 2023**. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Sermon on the Mount Men's Silent Retreat—All Diocesan men are invited to join Fr. William Saunders from Friday-Sunday, **July 14-16** at the San Damiano Spiritual Life Center in White Post, VA to explore the Sermon on the Mount beginning with personal self-examination through the Beatitudes, living the fullness of the moral life facing the challenges of today, and spiritual strengthening through prayer, fasting, and almsgiving. Retreat cost is \$285, and financial assistance may be available. For more info or to register, contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Seniors Silent Retreat—Isn't it a challenge, living in the midst of our 'throwaway culture,' for those who are 'full of years,' to understand our place in the world -- and in our Church? Join Fr. John Riley, Spiritual Director at San Damiano, from Friday-Sunday, **July 21-23, 2023**, as we search the Scriptures, pray with Jesus in the Gospels, and consider the Crosses and the Consolations of Old Age. Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

St. Catherine of Siena Women's Silent Retreat—Join Fr. James Hudgins, Pastor at St. Theresa Catholic Church, to read and rest, think and pray with Jesus and Catherine from Friday-Sunday, **August 11-13** at the San Damiano Spiritual Life Center in White Post, VA. Saint Catherine is one of the four women who are identified as a Doctor of the Church. A mystic and crusader, she composed over 400 letters, her Dialog, and prayers. Retreat cost is \$285 and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Events at Our Lady of Bethesda Retreat Center. Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website www.ourladyofbethesda.org for more info and to register for the following:

Three to Get Married Marriage Prep Jul 13-16, Aug 24-27, Sep 28-Oct 1 The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited.

Experience the Week-Long Spiritual Exercises this Summer! For Men: July 24-31 The Week-Long Spiritual Exercises are for those well familiar with mental

prayer, silence, and the Ignatian Spiritual Exercises. This year, the Exercises will be based on the extensive writings of Pope Benedict XVI to deepen our reflection on the perennial themes of St. Ignatius' Spiritual Exercises. This week-long format allows more time for personal prayer. A trained spiritual director will be available for the daily colloquy to help you detect and understand the movements of the Holy Spirit in your soul. \$675 p/p

Plan to Take a Personal "Retreat" Day this Summer

Jul 14, Aug 25

Are your days overcrowded, jam-packed, and busy, busy, busy? Take a break this summer and enjoy your very own personal retreat at Our Lady of Bethesda Retreat Center. During your personal retreat, from 9am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus lunch; so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$100 per person. Advance Registration is required

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop: Oct 14-15, 2023

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! Please note: This is NOT an overnight program. Cost: \$480 per couple. Seating will be limited.

Travel to the Holy Land with Our Lady of Bethesda!

Deadline to Book coming soon! Explore the Holy Land and experience the places where Christ lived! Our Lady of Bethesda will host a pilgrimage to the Holy Land this fall: Sept 3-12 (\$3465 per person) Prices are all-inclusive LAND ONLY, based on double occupancy. Find more details at www.ourladyofbethesda.org or contact Pilgrimage Coordinator: Cristina Talent at ctalent@ourladyofbethesda.org or 301.365.0612.

News Around the Diocese Continued

Marriage Encounter

Longest Married Couple Project. Do you know a couple who's relationship has stood the test of time? Why not nominate them for Virginia or the country's longest married couple! They do not need to be Catholic to be considered. Make your nomination today at: <https://wwme.org/community/sponsored-events/longest-married-couple/>. Nominations open through September 15th.

"I Place Much of My Hope for the Future in Marriage Encounter". (Pope John Paul II) The Worldwide Marriage Encounter Weekend centers entirely on your relationship. It is a positive, simple, common sense, private experience between you and your spouse, that revitalizes marriage by helping you to see again those loving qualities in each other that you may be taking for granted.

For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Only 25 couples per weekend so register soon! Feel free to contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are the remaining local experiences for 2023: September 22-24 2023 - Crowne Plaza Hotel, Herndon VA; November 17-19 2023 - Holiday Inn, Virginia Beach VA

Guadalupe Free Clinic Golf Classic

Register now for the 8th annual Guadalupe Free Clinic Golf Classic coming up on September 8, 2023 at Old Hickory Golf Club, 11921 Chanceford Drive, Woodbridge, VA. Here is the link--> <https://guadalupefreeclinic.org/golf-classic> Sponsorships are also very welcomed so please see the web site for the types available and sign up!! With your support, we can continue to make this an annual event that will bring the community together as well as raise funds for this important organization every year.

The Golf Classic supports The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, and a donor-supported, volunteer-staffed free health clinic that serves the indigent, working poor and uninsured res-

idents of Colonial Beach and Westmoreland County, VA. Founded by Diocesan Priest Father Jerome Magat in 2005, the clinic is committed to providing free high-quality primary medical care, referrals to medical specialists, and medication to hundreds of needy people every year. More information can be found here --> <https://guadalupefreeclinic.org>

Attention Class of 2023 Seniors!

The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes:

2023 College Night Dates & Locations: July 12th - Holy Trinity (Gainesville) *NEW*; July 19th - Basilica of St. Mary (Alexandria); July 26th - Holy Cross Academy (Stafford) College Nights help rising college freshmen and transfer students network with other Catholics heading to college, and give students the tools to navigate the often difficult transition of faith life in college. Students hear from upperclassmen who give their personal testimonies about how they transitioned to college and maintained a strong faith life. There are small groups divided by students' universities and students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a free pizza dinner, too. Please encourage your student to sign up! There will be five nights across the Diocese and all nights will begin at 7pm. For more information, please visit www.asjb.org. Registration is limited to 50 students per night.

"You are in the spirit, since the Spirit of God dwells in you." Is the Holy Spirit leading you or someone you know to serve Christ and His Church as a priest or in the consecrated life? If you are discerning your vocation, contact Fr. Michael Isenberg, Vocations Director, at 703.841.2514 or email: vocations@arlingtondiocese.org.

Test Prep Workshop & Practice High School Placement Test: Wednesday, August 9, 2023 or Saturday, October 21, 2023 (9am-1pm) John Paul is hosting two Test Prep Workshops that will conclude with taking the Pre-High

School Placement Test (Pre-HSPT). Participants will learn test taking strategies that they will be able to implement on a practice test upon conclusion of the workshop. Lunch is included. To Register for any of John Paul's 2023 Pre-HSPT offerings, please use the links below: To register: <https://forms.gle/gtLeSru8zebN1AEW9> To pay: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration> Please reach out by email or phone at admissions@jpthegreat.org and/or 703.445.0246 with any questions.

John Paul the Great Summer Camps

JP Summer Camps registration is now open! Sign your elementary and middle school-age children up for a variety of athletic and enrichment camps during the summer months. For registration and more details, please visit: <https://www.jpthegreat.org/apps/pages/summeractivities>

St. Paul VI Summer Camps and Clinics

—PVI Catholic High School is hosting a variety of camps and clinics this summer, including theatre, band, basketball, football, volleyball, and much more. All will take place on our new campus at 42341 Braddock Rd. Chantilly, VA. Visit www.paulvi.net/student-life/summer-camps for details and to register.

Visit St. Paul VI School

Are you a lifelong learner who is passionate about Catholic education and works to inspire others to be extraordinary? St. Paul VI Catholic High School in Chantilly is busy making plans for next school year. God might be calling you to visit www.paulvi.net/about/employment to see positions that are available.

Thursday Night Gatherings at GMU CCM

All current college students and high school students (class of 2023) are invited to join the Catholic Patriots of George Mason University every Thursday in the months of June and July from 7-9pm at the Chapel for faith, fun, and fellowship. 4515 Roberts Road, Fairfax, VA. Follow us on Instagram @catholic.patriot or go to gmuccm.org for more information. We hope to see you there!



Knights of Columbus

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men.

Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most FAQ at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more

information or to be contacted by our Membership Committee scan the following QR code.



Current Critical & Urgent Adoration Needs

Critical Need: No Adorer Scheduled

Sunday	Thursday	Friday	Saturday
2:00am	1:00am	4:00am	2:30am



Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

Sign up for one of our open Adoration Time slots – it will change your life, your family’s life, and the life of our St. Theresa Parish!

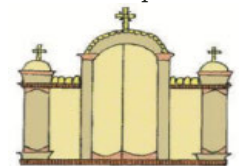
Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR www.tinyurl.com/weadore

Please visit the website to sign up, or email letusa-dore@sainttheresaparish.com, or text to 703.608.4278 or 703.728.0168, or come by the parish office.

“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”– St. Mother Theresa Won’t you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



Adoration of the Blessed Sacrament

Sunday’s Readings

First Reading:

See, your king shall come to you; a just savior is he, meek, and riding on an ass, on a colt, the foal of an ass. (Zec 9:9)

Psalm:

I will praise your name for ever, my king and my God. (Ps 145)
Or Alleluia.

Second Reading:

For if you live according to the flesh, you will die, but if by the Spirit you put to death the deeds of the body, you will live. (Rom 8:13)

Gospel:

Take my yoke upon you and learn from me, for I am meek and humble of heart;

and you will find rest for yourselves. (Mt 11:29)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD .
The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

©LPI

Wanting to hear Fr. Hudgins’ homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Parish Offices

Secretary: Kelly Cosenke, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

St. Theresa Catholic Church Food Programs has been selected again by the Store Leadership Team at Giant Food. This means that we will receive \$1 from every \$2.50 reusable Community Bag sold during the month of July 2023 at: **Giant Food 43330 Junction Plaza, Ashburn VA** (Please consider purchasing a bag if you are in need of one.)

Festival of Trees- Dec 2nd & 3rd

Just a reminder to start thinking about tree themes for those who would like to donate a 4ft pre-lit Christmas tree, decorated wreath or gift basket. If you already know your theme or want to reserve it, please email Marianne Guidos @ dmoutreach@sainttheresaparish.com. We are also in need of a co-coordinator for the event. Please let me know if you are interested.

Items needed for our parish pantry

Your help is needed. At times we have families or individuals with urgent food/toiletry needs. We are low on or out of the following items: rice, canned chili or hearty canned stew, hearty soups, canned fruit, taco pack-

ets or kits, pasta sauce, nuts, granola bars, pre-packaged items for the homeless, fruit snacks, adult toothpaste, hand sanitizer, men's & women's deodorant and laundry soap. Please drop off items at the parish office if possible. We are in need of reusable bags too. Thank you!

The Visitation Ministry —Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furni-

ture@sainttheresaparish.com if you want to help or if you have these items to donate.

Monetary Donations—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

Please do not leave clothing at church. We are not accepting clothing donations.

SERVING THE COMMUNITY FOR 40 YEARS

FAMILY OWNED & OPERATED SINCE 1975

JOHN NUGENT & SONS

HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS



Your comfort is our concern

Call **703-356-7499** to request service **ANYTIME** am or pm!



GREEN SUN, INC.
Parishioner

Let us do the work! 703.327.7018

Modern Landscape Design Service and Landscape Maintenance

Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living

Visit our Photo Gallery at
www.greensuninc.com/photogallery

DRYHOME
Roofing & Siding, Inc.

**ROOFING
SIDING
GUTTERS
WINDOWS
& DOORS**

Fully Licensed,
Bonded & Insured

**FREE Estimates on
Repair & Replacement**

703-230-ROOF
7663

www.dryhome.com

HOW WILL YOU BE REMEMBERED?

Full Service Facility • Pre-Planning
Traditional Burial Services • On-site Cremation Services
Receptions • Monument Sales & Installation

www.loudounfuneralchapel.com

158 Catoctin Circle, SE • Leesburg, VA 20175
703-777-6000

WE APPRECIATE OUR ADVERTISERS!

They allow us to print this bulletin. Thank you!

Curtis Tutoring of Loudoun VA, LLC

Michelle Marie Curtis
Teacher & St. Francis de Sales Parishioner
703-625-8481

"Tell me and I forget, teach me and I may remember, involve me and I learn"
— Benjamin Franklin
michellecurtis.teacher@gmail.com

ASHBURN ASPHALT LLC

For Driveway Paving, Private Road Paving, Sealcoating, Resurfacing and More

State of the art full-service paving company to manage your paving products from concept to completion
Residential & Commercial • Best Quality Services & Experienced Employees
A QUALITY PRODUCT AT A REASONABLE PRICE!

CALL ADAM ~ PARISHIONER
571.722.6323 • ashburnasphalt.com



PURPOSEFUL LIVING

Whether your'e looking for Independent Living, Assisted Living or Inspiritas - Memory Care, Ashleigh at Lansdowne is committed to taking senior living to the next level.

Call (703) 345-6912 for more information, and to schedule a personal tour.



INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

4124 WOODRIDGE PARKWAY • LANSDOWNE, VA 20176 • (703) 345-6912

WWW.RUI.NET/ASHLEIGH • @ASHLEIGHATLANSDOWNE

A RETIREMENT UNLIMITED, INC. COMMUNITY • FAMILY-OWNED & OPERATED IN VIRGINIA FOR MORE THAN 30 YEARS



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

NOVA

PEDIATRIC DENTISTRY
& ORTHODONTICS

BRINGING SMILES TOGETHER



Dr. Matt

Dr. Lydia

Dr. Val

Dr. Courtney

(703) 729-7005

www.novapdo.com

Dr. Val

Parishioner *and* STCS Parent

P & D PLUMBING

No job too small or too big, we do it all!

703-939-4473

LICENSED & INSURED

www.PandDplumbing.com



Jonathan Laramie, Attorney

Wills, Trusts, Probate

Tel: (703) 865-2525

www.DominionLawGroup.net

IMMIGRATION LAWYERS

GREEN CARDS

WORK VISAS

COMPLEX CASES

Free 30 min Consultation

Call 866-982-1669

info@donaldgrosslaw.com

www.DonaldGrossLaw.com

SHORT STAFFED?

Place an ad here to find new local talent for your business.



CALL 800-477-4574



Dr. Jean-Claude
Kharmouche



Board Certified Specialist
Over 25 Years Experience

STERLING
21165 Whitfield Pl. • Suite #107

ALDIE
24585 Stone Carver Dr. • Suite #100

LEESBURG
2 Cardinal Park Dr. • SE #102B

703.444.4377

www.perioperio.com

Sterling | Aldie | Leesburg

SUPPORT OUR ADVERTISERS!

**Aren't You Tired Of
Repairing Old
Asphalt Cracks?**
Please Let Us Provide
**A Professional
Installation**
(New Asphalt Overlays)
(And Also New Asphalt Replacements)



Paul J. : 703-582-9712
PaulWithFrontier@gmail.com

Luke J. : 540-322-6509
FrontierAsphaltServices@gmail.com

Look At Our Website!
www.FrontierAsphaltServices.com

**20%
OFF**
Call Us
NOW!

LET'S GROW YOUR BUSINESS

Place Your Ad Here
and Support Our Parish!

CONTACT ME
Jim Marcinkiewicz

jmarcinkiewicz@4LPi.com
(800) 477-4574 x6417



SUPPORT
OUR PARISH

**WE APPRECIATE OUR
ADVERTISERS!**

They allow us to print
this bulletin. Thank you!



St. Joseph's Roofing, Inc.

ROOFING • WINDOWS • GUTTERS • SIDING

703-716-7663

www.SJRoof.com



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

Broadlands family Dentistry

43150 Broadlands Center, Plaza #158,
Ashburn, VA 20148
(Located in the shopping center next to the church)

*smile
freely*

Victor Han, DDS
703.726.1600

www.broadlandsfamilydentistry.com



POTOMAC SERVICE CLEAN MAID SERVICE

FREE ESTIMATES • FAMILY OWNED & OPERATED
\$20.00 OFF 2ND CLEANING WITH THIS AD
~ Licensed • Bonded • Insured ~
(703) 435-0409 SINCE 1989 (703) 725-7371

Bilstad's
THIS AD GOOD FOR A
10% DISCOUNT
VALID 30 DAYS FROM
DATE ON BULLETIN
PARISHIONER
20937 Ashburn Rd. Ste. 150 • Ashburn, VA
703.483.2417 | bilstadsbeignets.com

Holding Hands Home Care

Companionship • Homemaking
Personal Care • Movement Disorder Care
Respite Care • Dementia Care
www.holding-handshomecare.com
leeanne.philbin@holdinghandshc.com

Contact Lee Anne Philbin at 571-545-3555

Place Your Ad Here and Support our Parish!
Instantly create and purchase an ad with
AD CREATOR STUDIO

4lpi.com/adcreator

SHORT STAFFED?

Place an ad here to find new local talent for your business.



CALL 800-477-4574

POTOMAC SURGICAL ARTS, P.C.

WISDOM TEETH • DENTAL IMPLANTS
COSMETIC FACIAL SURGERY

Washingtonian Top Oral & Facial Surgeon



Craig Vigliante, MD, DMD

Board Certified Oral & Facial Surgeon

703-723-5366

www.PotomacSurgicalArts.com

PARISHIONER

LET'S GROW YOUR BUSINESS

Place Your Ad Here and Support Our Parish!

CONTACT ME Jim Marcinkiewicz

jmarcinkiewicz@4LPi.com • (800) 477-4574 x6417

FREE AD DESIGN
with purchase of this space
CALL 800-477-4574



AG ADAMS-GREEN FUNERAL HOME & CREMATORY
Family Owned & Operated Since 1885 • Serving Northern Virginia



- Crematory on premises
- Military, out of town & international arrangements
- Pre-planning available
- Out of state burial
- Chapel for all faiths
- Convenient parking

The personal and professional service you deserve during a difficult time in a home like atmosphere.

721 Elden Street • Herndon, VA 20170
703-437-1764 • 703-471-4090
www.adamsgreen.com

BILL KEATLEY Manager
KATHRYN ADAMS Owner

Paragon home care

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

TRUSTED SENIOR CARE SERVICES PROVIDING A HELPING HAND AT HOME

Arlington Diocese Member Owned & Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950

COSTA DENTISTRY

ST. THERESA PARISHIONER & SCHOOL PARENT
VOTED NORTHERN VIRGINIA'S TOP DENTIST EIGHT YEARS IN A ROW

703-542-7000 • COSTASMILES.COM
ALWAYS ACCEPTING NEW PATIENTS
BRAMBLETON | GREAT FALLS





For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

"Loudoun's Oldest Family-Owned & Operated Funeral Home"



Greg & Suzanne Walley, Owners

201 Edward Ferry Road NE,
Leesburg, Virginia 20176

703-777-1414

www.colonialfuneralhome.com

- Burial • Cremation
- Veterans Funerals • Preplanning

Westlake Legal Group

"We plan to win, because we plan to win"



Family Law & Adoption
Criminal Law • Personal Injury
Bankruptcy • Civil Law

703.406.7616 ~ WestLakeLegal.com

46175 Westlake Drive, #320, Potomac Falls, VA 20165

Stream Valley Veterinary Hospital

As Professionals, we will provide you with or advise you about the finest and most up-to-date veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY
703-723-1017

streamvalleyvet.com • Parishioners

Complete Health Dentistry
Ann N. Hebda D.D.S.

Dental care for the
Entire Family



St. Theresa Parishioner

Dr. Ann N. Hebda

www.drannhebda.com

703-723-9788

20600 Gordon Park Square, Suite 190
Ashburn, VA 20147



We welcome residents into warm home settings, care for them with respect and devotion, and ensure their days are filled with hope, purpose and joy.

Call Us to Schedule a Tour: 571-378-0295
www.paragonassistedliving.com

Trusted Senior Care Provider
at Your Home...or Ours!



ALWAYS HIRING GREAT CAREGIVERS

An established, premier home care provider awarded the "Best of Home Care"
Award for the highest customer satisfaction ratings based on blind survey of clients
Call Us For A Free Assessment Today (703) 942-8950 - www.paragonhomecare.com



LEGACY
LAW CENTERS
571-777-1000

Comprehensive
Estate Planning
Wills • Trusts
Medical Directives



Sam Mansoor, ESQ.
PARISHIONER



JEWELRY - GIFTS - APPAREL

KETTERMAN'S
always...

IN-HOUSE JEWELRY REPAIR & DESIGN

Celebrating, Preserving and Making Memories
From our family to yours since 1951

212 Catoctin Circle, SE, Leesburg, VA

always@kettermans.com . 703.777.0033 . www.kettermans.com



Veteran Family Owned
Since 1984

4 1/2 %

COMMISSION
FULL
SERVICE

703-726-9444

DISCOVER YOUR BEST SMILE WITH THE #1 INVISALIGN® PROVIDER IN THE NATION

MOST INVISALIGN PATIENTS TREATED SUCCESSFULLY NATIONWIDE
OUR OFFER FOR ST. THERESA'S FAMILIES

\$800 OFF

FULL TREATMENT



Scan to schedule your
complimentary consultation

DR. ZACH CASAGRANDE | DR. ELVI BARCOMA | DR. DANIELLE ROBB
DR. JESSICA ITANI | DR. SONNY SONG | DR. KIANOUSH TARI



northern virginia
orthodontics

ASHBURN | RESTON | ONE LOUDOUN
TYSONS | PURCELLVILLE | ARLINGTON

Offer valid for new patients and full treatment only. Cannot be combined with any other discounts or promotions. Offer may vary on State Express treatment. Offer expires 6/30/24. Smile Direct Care, Orthodontics of Virginia, P.C., Chesapeake Orthodontics, OAG



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000