

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

July 16, 2023

Fifteenth Sunday in Ordinary Time



Masses for the Week

Mon, July 17	6:15— Joan & Bob Burton+ 8:30— Claire Carrescia 12:15— Marilyn Wilson Staveley+
Tues, July 18	6:15— Eric Reilly 8:30— John McGovern+
Wed, July 19	6:15— John & Patty Mitchell 8:30— Susan Stephen 12:15— Daniel Espinoza+
Thurs, July 20	6:15— Thomas J. Miles, Jr. 8:30— Andrew Michael Hasnauer+
Fri, July 21	6:15— Ashleigh Ralston+ 8:30— Joe Price+ and Marilyn Wilson Staveley+
Sat, July 22	8:30— Kay & Jack McLaine+ 5:30— Jean Rene Hoa Nguyen+
Sun, July 23	7:30— St. Theresa Parishioners 8:45— Stan Urynowicz+ 10:30— Joan & Ed Dudenhoefter 12:30— Deceased members of the Keane & Bianchet Families+ 5:00— Dolores Ross+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9-9:30am Saturdays, 4:00-4:45 pm; during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Catherine Feeney, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Hejnarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner.

Prayers For Our Military: Logan Ann Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Tony Mattice, David Lakey, Jim Murray.

Please Help the Little Sister of Mary Immaculate

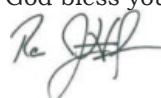
Today we will take a special collection to support the Little Sisters of Mary Immaculate of Gulu. The Diocese has selected the Little Sisters for this year's annual Mission Cooperative Plan Appeal. This annual appeal from our Diocese helps people who do not have access to basic pastoral services such as Mass, the sacraments, religious education, as well as providing the most basic needs – food, shelter, and healthcare.

Gulu is a small town in the northern part of Uganda, central Africa. The Mission of the LSMIG Sisters is dedication to bring the burning love of Jesus Christ to the most vulnerable especially women and children. Funds from the appeal will be used to support Catholic Elementary education for refugee children from the refugee camp of Bweyale in northern Uganda, with specific focus on education for child-mothers, and also Catholic outreach for refugee youths. The best way to donate to this appeal is by check. Simply make your check payable to St. Theresa, and be sure to put "MCP" in the memo line. That will make sure the funds go to the "Mission Cooperative Plan" this year. You may drop a check in the collection basket, or in the boxes by the exits of church.

To learn more about the ministry of the Little Sisters of Mary Immaculate, please go to <https://arlingtonmissions.org/mission/the-little-sisters-of-mary-immaculate-of-gulu-lsmig/>

Your gift will be a blessing to many families who benefit from this outreach.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Current Critical & Urgent Adoration Needs

Critical Need: No Adorer Scheduled

Sunday	Thursday	Friday	Saturday
2:00am	1:00am	4:00am	2:30am



Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

Sign up for one of our open Adoration Time slots – it will change your life, your family's life, and the life of our St. Theresa Parish!

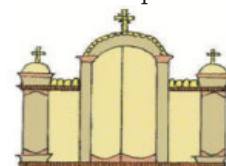
Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR www.tinyurl.com/weadore

Please visit the website to signup, or email letusa-dore@sainttheresaparish.com, or text to 703.608.4278 or 703.728.0168, or come by the parish office.

“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”– St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



Adoration of the Blessed Sacrament
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Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News



Office Hours:
Mon-Thurs. 9am-4pm; Fri. 9am-noon

REGISTER FOR
RELIGIOUS
EDUCATION

Registration for Religious Education classes is now open. Please visit the parish website for information about how to sign your children up for classes next year

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/

events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



ymoffice@sainttheresaparish.com

July

Sunday, the 23rd-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 24th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 25th-Load food for transport, 6:15-7pm

Sunday, the 30th-Upper Room Squad, 6-7:45pm

Adult Volunteers Needed - Looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.

Join the FUN -- we're hiring!

**STCS
Extended Day Care**

Mon.- Fri., 3:00-5:30pm
(job share option)



**Great opportunity for retirees,
at-home parents, or
college students!**

**For details email
HR@sainttheresaparish.com**

Registration opens August 1 for the 13th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance! The tournament is on Monday, October 2, 2023 at Belmont Country Club in Ashburn. **This is a wonderful parish event** -- get your foursomes lined up, we're looking forward to another fantastic day of golf, food, and fundraising! Sponsors are needed; contact Regina Freschi for details,



Saint Theresa Catholic School

freschir@stsashburn.com or
703.729.3577.



Summer reading and math assignments have been posted on the school website, www.stsashburn.com, under the "Parents" tab.

Calling all St. Theresa Catholic School Alumni and Alumni Families! We would love to hear from you, and add you to our Alumni & Friends Newsletter email list. Please send your news and contact information to alumni@stsashburn.com.

STCS Alumni & Alumni Families, Send Us Your News!



Email your updates to alumni@stsashburn.com

St. Theresa Catholic School is hiring for the 2023-24 school year! STCS is accepting applications for the following positions: Lunch/Recess Monitors, Extended Day Care Staff, and Substitute Teachers. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Summer Office Hours: Beginning Wed., June 14, the school office shifts to summer hours.

Summer hours are T-W-Th from 9am-1pm, and will end the second week of August.

Parishioners & STCS Parents, **SAVE THE DATE for the 13th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance!** The tournament is on Monday, October 2, 2023 at Belmont Country Club in Ashburn. Registration opens August 1st – get your foursomes lined up, we're looking forward to another fantastic event!

Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life? We have a few openings remaining for the 2023-24 school year; please visit our website at www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotell@stsashburn.com for more information.

We're Hiring!



St. Theresa Catholic School

News from our Parish

Have a talent for floral arrangements?

The St. Theresa's Little Flower Ministry is seeking volunteers to help with the weekly floral arrangements and maintenance of flowers throughout the church. Training will be provided. If you are interested in being part of this lovely ministry or if you have any questions, please contact Irene Galieto 703.724.1324 or email L80GLFR@AOL.COM. Thank you and God Bless

2024 Mass Book

The current 2023 Mass intention book is now full. The 2024 Mass book will be available on Tuesday, August 8th. Specifics will be available in a later bulletin.

Registration Opens August 1!

St. Theresa Parish & School
13th Annual
Friends of St. Theresa School
Golf Tournament
for tuition assistance
Monday, October 2, 2023
A St. Theresa Parish tradition!



Adult Education and Spiritual Enrichment

That Man is You

That Man is You (TMIY) is a nationwide Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. It would be great to have more men of the parish take advantage of this valuable and free program. To see what others think about this program, watch the 2-minute video at: <https://youtu.be/4mT35KvINvM>. After watching, please contact Jack Hayes at

703.537.6418 or jack.hayes422@aol.com for additional information and continue to watch the bulletin for upcoming details.

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. The title of our next book is "Praying Scripture for a Change, An introduction to

Lectio Divina" by Dr. Tim Gray. We will begin on Wednesday, February 8th. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.



Knights of Columbus

Food Drive: Thank you to the parishioners, volunteers, and especially the youth group for donating food, sorting items, and transferring them to the Catholic Charities Loudoun Food Pantry in Sterling. We collected, sorted, and delivered 4,454 pounds of food in June. Your kindness and time make this program a successful one.

The next collection will take place on the weekend of July 22-23. Please pick up a blue bag on July 15-16 and return it the following week. Please, no

expired items. The pantry is unable to distribute expired items.

Since bags go quickly, the food list can be found at <https://www.st-louismartin-kofc.org/loudoun-food-pantry-2>. Thanks for your support.

Are you a parishioner in need of a home repair?

If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at:

<https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

<https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



News Around the Diocese

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

Day of Prayer and Healing After Abortion Care for Women—After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, **July 29** and Saturday, **September 30, 2023**. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Seniors Silent Retreat—Isn't it a challenge, living in the midst of our 'throwaway culture,' for those who are 'full of years,' to understand our place in the world -- and in our Church? Join Fr. John Riley, Spiritual Director at San Damiano, from Friday-Sunday, **July 21-23, 2023**, as we search the Scriptures, pray with Jesus in the Gospels, and consider the Crosses and the Consolations of Old Age. Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

St. Catherine of Siena Women's Silent Retreat—Join Fr. James Hudgins, Pastor at St. Theresa Catholic Church, to read and rest, think and pray with Jesus and Catherine from Friday-Sunday, **August 11-13** at the San Damiano Spiritual Life Center in White Post, VA. Saint Catherine is one of the four women who are identified as a Doctor of the Church. A mystic and crusader, she composed over 400 letters, her Dialog, and prayers. Retreat cost is \$285 and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

Sundays with the Sisters

Witness the joy of our religious sisters during the Sundays with the Sisters Rejoice Tour 2023! The tour showcases the religious women of our diocese who, like Mary, rejoice in the Lord by their daily surrender. The next stop on the tour is with the Poor Sisters of St. Joseph (Spanish, July 23), the Poor Clares (September 24), and the Adorers of the Holy Cross (English and Vietnamese, October 22). For single women ages 18-50. RSVP by the Monday before each event to vocations@arlingtondiocese.org. More info at ArlingtonDiocese.org/RejoiceTour.

Events at Our Lady of Bethesda Retreat Center. Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website www.ourladyofbethesda.org for more info and to register for the following:

Three to Get Married Marriage Prep Aug 24-27, Sep 28-Oct 1

The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited.

Experience the Week-Long Spiritual Exercises this Summer!

For Men: July 24-31

The Week-Long Spiritual Exercises are for those well familiar with mental

prayer, silence, and the Ignatian Spiritual Exercises. This year, the Exercises will be based on the extensive writings of Pope Benedict XVI to deepen our reflection on the perennial themes of St. Ignatius' Spiritual Exercises. This week-long format allows more time for personal prayer. A trained spiritual director will be available for the daily colloquy to help you detect and understand the movements of the Holy Spirit in your soul. \$675 p/p

Plan to Take a Personal "Retreat" Day this Summer

Aug 25

Are your days overcrowded, jam-packed, and busy, busy, busy? Take a break this summer and enjoy your very own personal retreat at Our Lady of Bethesda Retreat Center. During your personal retreat, from 9am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus lunch; so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$100 per person. Advance Registration is required

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop: Oct 14-15, 2023

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! Please note: This is NOT an overnight program. Cost: \$480 per couple. Seating will be limited.

Travel to the Holy Land with Our Lady of Bethesda!

Deadline to Book coming soon!

Explore the Holy Land and experience the places where Christ lived! Our Lady of Bethesda will host a pilgrimage to the Holy Land this fall: Sept 3-12 (\$3465 per person) Prices are all-inclusive LAND ONLY, based on double occupancy. Find more details at www.ourladyofbethesda.org or contact Pilgrimage Coordinator: Cristina Talent at ctalent@ourladyofbethesda.org or 301.365.0612.

News Around the Diocese Continued

Marriage Encounter

Longest Married Couple Project. Do you know a couple who's relationship has stood the test of time? Why not nominate them for Virginia or the country's longest married couple! They do not need to be Catholic to be considered. Make your nomination today at: <https://wwme.org/community/sponsored-events/longest-married-couple/>. Nominations open through September 15th.

"I Place Much of My Hope for the Future in Marriage Encounter". (Pope John Paul II) The Worldwide Marriage Encounter Weekend centers entirely on your relationship. It is a positive, simple, common sense, private experience between you and your spouse, that revitalizes marriage by helping you to see again those loving qualities in each other that you may be taking for granted.

For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Only 25 couples per weekend so register soon! Feel free to contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are the remaining local experiences for 2023: September 22-24 2023 - Crowne Plaza Hotel, Herndon VA; November 17-19 2023 - Holiday Inn, Virginia Beach VA

Guadalupe Free Clinic Golf Classic

Register now for the 8th annual Guadalupe Free Clinic Golf Classic coming up on September 8, 2023 at Old Hickory Golf Club, 11921 Chanceford Drive, Woodbridge, VA. Here is the link--> <https://guadalupefreeclinic.org/golf-classic> Sponsorships are also very welcomed so please see the web site for the types available and sign up!! With your support, we can continue to make this an annual event that will bring the community together as well as raise funds for this important organization every year.

The Golf Classic supports The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, and a donor-supported, volunteer-staffed free health clinic that serves the indigent, working poor and uninsured residents of Colonial Beach and Westmoreland County, VA. Founded by

Diocesan Priest Father Jerome Magat in 2005, the clinic is committed to providing free high-quality primary medical care, referrals to medical specialists, and medication to hundreds of needy people every year. More information can be found here --> <https://guadalupefreeclinic.org>

Attention Class of 2023 Seniors!

The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes:

2023 College Night Dates & Locations: *NEW*; July 19th - Basilica of St. Mary (Alexandria); July 26th - Holy Cross Academy (Stafford) College Nights help rising college freshmen and transfer students network with other Catholics heading to college, and give students the tools to navigate the often difficult transition of faith life in college. Students hear from upperclassmen who give their personal testimonies about how they transitioned to college and maintained a strong faith life. There are small groups divided by students' universities and students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a free pizza dinner, too. Please encourage your student to sign up! There will be five nights across the Diocese and all nights will begin at 7pm. For more information, please visit www.asjb.org. Registration is limited to 50 students per night.

"You are in the spirit, since the Spirit of God dwells in you." Is the Holy Spirit leading you or someone you know to serve Christ and His Church as a priest or in the consecrated life? If you are discerning your vocation, contact Fr. Michael Isenberg, Vocations Director, at 703.841.2514 or email: vocations@arlingtondiocese.org.

Test Prep Workshop & Practice High School Placement Test:

Wednesday, August 9, 2023 or Saturday, October 21, 2023 (9am-1pm) John Paul is hosting two Test Prep Workshops that will conclude with taking the Pre-High School Placement Test (Pre-HSPT). Participants will learn test taking strategies that they will be able to implement on a practice test upon con-

clusion of the workshop. Lunch is included. To Register for any of John Paul's 2023 Pre-HSPT offerings, please use the links below: To register: <https://forms.gle/gtLeSru8zebN1AEW9> To pay: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration> Please reach out by email or phone at admissions@jpthegreat.org and/or 703.445.0246 with any questions.

John Paul the Great Summer Camps

JP Summer Camps registration is now open! Sign your elementary and middle school-age children up for a variety of athletic and enrichment camps during the summer months. For registration and more details, please visit: <https://www.jpthegreat.org/apps/pages/summeractivities>

16th Annual Pops Camp at Paul VI -

What do light-hearted rehearsals, a watermelon seed-spittin' contest and superhero costume competitions have in common? The 16th Annual Pops Camp! Mornings from August 7-11, 6th-9th graders instrumentalists can have fun, practice, and learn at St. Paul VI Catholic High School in Chantilly. An optional jazz unit is also offered. Professional musicians and high school mentors guide campers on pop selections for last-day concert for family and friends. Here is the link to register <https://www.paulvi.net/summercamps>

Visit St. Paul VI School

Are you a lifelong learner who is passionate about Catholic education and works to inspire others to be extraordinary? St. Paul VI Catholic High School in Chantilly is busy making plans for next school year. God might be calling you to visit www.paulvi.net/about/employment to see positions that are available.

Thursday Night Gatherings at GMU CCM

All current college students and high school students (class of 2023) are invited to join the Catholic Patriots of George Mason University every Thursday in the months of June and July from 7-9pm at the Chapel for faith, fun, and fellowship. 4515 Roberts Road, Fairfax, VA. Follow us on Instagram @catholic.patriot or go to gmuccm.org for more information. We hope to see you there!

More News Around the Diocese

"Whoever has ears ought to hear." Is the Lord inviting you to know, love and serve Him more closely in the priesthood or consecrated life? Contact Fr. Michael Isenberg, Vocations Director, at 703.841.2514 or email: vocations@arlingtondiocese.org.

Day of Prayer and Healing After Abortion Care for Women

After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, July 29 and Saturday, September 30, 2023. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or in-
fo@helpafterabortion.org.

Un Día de Oración y Sanación para Mujeres

Un Día de Oración y Sanación para mujeres que han experimentado un aborto provocado será el sábado, 29 de julio y el sábado, 30 de septiembre del 2023. Estos eventos de sanación en grupo se hacen en un ambiente privado y tranquilo, en inglés y español, basado en el modelo "Entrando a Cana". Habrá una oportunidad de oír de participantes pasados y otras que

han encontrado la sanación. No estás sola. Toma el primer paso. Para preguntas confidenciales, llame al Proyecto Raquel: 703.841.2504 o info@helpafterabortion.org.

Gifts for Seminarian Education Endowment Fund (SEEF)

Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. Please give generously! To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203. Contact John French at john.french@arlingtondiocese.org or 703.841.3819 with questions.

"The seed sown among thorns is the one who hears the word but then the cares of the world and the lure of riches choke the word and it bears no fruit." - Matthew 13:22

Does the lure of riches and material goods choke God out of your life? Are you so caught up in earthly activities that you have no time for God? Gratitude and generosity are virtues that we should strive to do on a daily basis. Every decision we make either takes us one step closer to God or one step further away. What we receive at Mass

every Sunday should be shared with others all the other days of the week as well.

A Jubilee Journey with Mary

Did you know there are 11 churches in the Diocese of Arlington which are named for Our Lady? During this second year of preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to focus upon Mary and her role in pointing us to Jesus. To this end, Bishop Burbidge has invited all of us to visit as many of those 11 churches as possible and spend time in prayer at each! Visit www.arlingtondiocese.org/jubileejourney/ for more information about this Jubilee Journey with Mary! We hope that this initiative encourages you to grow in your understanding of Mary and your devotion to her!

Praise and Worship Holy Hour for Healing and Conversion

Join us for praise and worship on Tuesday, August 8, at St. Leo the Great Catholic Church in Fairfax from 7:30-8:30 p.m. Father Joseph Moschetto will lead us in prayer along with musician, Valerie & Rocco Repetski. Our special intention is for the conversion and healing in families. The Sacrament of Reconciliation will be available. All are welcome. Please bring a friend.

Sunday's Readings

First Reading:

The rain and snow come down and do not return there till they have watered the earth, making it fertile and fruitful. (Is 55:10)

Psalm:

The seed that falls on good ground will yield a fruitful harvest. (Ps 65)

Second Reading:

I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us. For creation awaits with eager expectation the revelation of the children of God. (Rom 8:18-19)

Gospel:

And he spoke to them at length in parables, saying:
"A sower went out to sow. (Mt 13:3)

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Weekly Observances

Sunday: 15th Sunday in Ordinary Time

Monday: Monday of the 15th Week in Ordinary Time

Tuesday: St. Camillus de Lellis, Priest

Wednesday: Wednesday of the 15th Week in Ordinary Time

Thursday: St. Apollinaris, Bishop and Martyr

Friday: St. Lawrence of Brindisi, Priest and Doctor of the Church

Saturday: St. Mary Magdalene

Next Sunday: 16th Sunday in Ordinary Time

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Parish Offices

Secretary: Kelly Cosenke, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

St. Theresa Catholic Church Food Programs has been selected again by the Store Leadership Team at Giant Food. This means that we will receive \$1 from every \$2.50 reusable Community Bag sold during the month of July 2023 at: **Giant Food 43330 Junction Plaza, Ashburn VA** (Please consider purchasing a bag if you are in need of one.)

New Bed Pillows needed

Our Bed Ministry is in need of new bed pillows to help families in need. Please drop off in the Outreach boxes or at the parish office. Thank you!

Items needed for our parish pantry

Your help is needed. At times we have families or individuals with urgent food/toiletry needs. We are low on or out of the following items: canned chili or hearty canned stew, oatmeal, tuna, hearty soups, taco packets or kits, pasta sauce, nuts, pre-packaged items for the homeless, adult toothpaste, hand sanitizer, men's & women's deodorant and laundry soap. Please drop off items at the parish

office if possible. We are in need of reusable bags too. Thank you!

The Visitation Ministry —Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com if you want to help or if you have these items to donate.

Monetary Donations—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

Please do not leave clothing at church. We are not accepting clothing donations.

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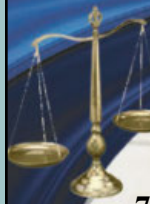
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