

Masses for the Week

Mon, July 24 6:15— Cathleen Troisi+

8:30— Ignatius Krebes+ 12:15— Patricia Murray+

Tues, July 25 6:15— Donald J. Smaltz, Sr.+

8:30- Rolando C. Santos++

Wed, July 26 6:15— Joseph Marx+

8:30— Paul & Ruth McNichol+

12:15— Alan Premkumar

Thurs, July 27 6:15— Nicholas Troutman+

8:30— Nick Mell

Fri, July 28 6:15— Nancy McGreal+

8:30— Maria C. Reilly

Sat, July 29 8:30— Dylan Ricciardella+

5:30— Antoine Tu Nguyen+

Sun, July 30 7:30— St. Theresa Parishioners

8:45— Barbara O'Brien+

10:30- Elizabeth & Sean Huster

12:30- Dana Lund+

5:00— Dennis & Ann Walsh+

Parish Mass Schedule

Saturday: 8:30am, 5:30pm Vigil Mass

Sunday: 7:30, 8:45am & 10:30am

12:30 & 5:00pm

Weekdays: 6:15 and 8:30am, Monday through Friday

12:15pm, Mondays (except Federal Holidays)

and Wednesdays

Holy Days: As announced

Confessions:

Holy Hour: Wednesdays, 7pm

Wednesdays, 9-9:30am Saturdays, 4:00-4:45 pm;

during Holy Hour; and by appointment

Clergy

Reverend James C. Hudgins, Pastor

Reverend Paul Dudzinski, Parochial Vicar

Reverend Christopher T. Vaccaro, Parochial Vicar

Reverend John F. O'Farrell, Parochial Vicar

Deacon Paul C. Konold

Deacon Anthony J. Renzette

Deacon Matthew K. Noah

Prayers For The Sick: Jack LaFave, Catherine Feeney, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello, Marcela Garcia, CJ Buechner.

Prayers For Our Military: Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Tony Mattice, David Lakey.

Scattered Thoughts

- The one pointing the finger usually has the dirtiest hand.
- Pay close attention to how someone speaks to you about other people. That's how they'll speak to other people about you.
- Consider how hard it is to change yourself and you'll understand what little chance you have trying to change someone else.
- Slander when they say behind your back what they would never say to your face. Flattery when they say to your face what they would never say behind your back.
- When it's not in God's time, you can't force it. When it is God's time, you can't stop it.
- Sinners judge other sinners for sinning differently than they do.
- No matter what we accomplish, the graves dug for each of us at the end of our lives are all the same. Stay humble.
- Don't accept criticism from people you would never go to for advice.
- The path to heaven is a daily cross. No one ever ascended to heaven by way of ease. We know where the easy path leads.
- Don't worry about dying. You will live forever. All you have to worry about is—location, location, location.
- Those who leave everything in God's hands will eventually see God's hand in everything.
- Ever since the days of Adam, man has been hiding from God and saying, "God is hard to find."
- Jesus promised his disciples three things—that they would be completely fearless, absurdly happy, and constantly in trouble.
- God does not grant great gifts without great trials.
- To have a right to do something is not at all the same as to be right in doing it.
- The difference between happiness and unhappiness often depends on whether you take things for granted or take them with gratitude.
- If you do not live what you believe, you will end up believing what you live.
- Civilization is always in danger when those who have never learned to obey are given the power to command.
- Most people commit the same mistake with God that they do with their friends—they do all the talking.
- It is impossible to lose your footing when you're on your knees.

God bless you, and St. Theresa, pray for us!

Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News

¶Youth Ministry

ymoffice@sainttheresaparish.com

July

Monday, the 24th-Food Sort by Expirations Dates, 7-8:30pm

<u>Tuesday</u>, the <u>25th</u>-Load food for transport, 6:15-7pm

Sunday, the 30th-Upper Room Squad, 6-7:45pm

August

Sunday, the 6th-Upper Room Squad, 6-7:45pm

Sunday, the 13th-Upper Room Squad, 6-7:45pm

Monday, the 14th-Parish Food Drive Bag Prep

Sunday, the 20th-Upper Room Squad, 6pm-7:45pm

<u>Tuesday, the 22nd</u>–Prep Meeting for Confirmation Retreat Teen Leaders

Sunday, the 27th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 28th-Food Sort by Expirations Dates, 7-8:30pm

<u>Tuesday, the 29th</u>-Load food for transport, 6:15-7pm

Confirmation Retreat Information:

Registration for the Retreats for our Confirmation Candidates is open – the retreats are from 1:30pm to 8pm on **September 2nd or September 16th** and will be held here at St. Theresa. Please email Paul Dwyer at ymoffice@sainttheresaparish.com with any questions.

Teen Volunteers for the Retreat – if you are a High Schooler entering 10th through 12th grade and would like to volunteer at the Confirmation Retreat just email Paul Dwyer at ymoffice@sainttheresaparish.com This is your chance to share your Faith and to welcome incoming Freshman to your High School – you will run a small group and we try to connect group leaders with confirmation candidates from the same school. This is great for volunteer hours.

Adult Volunteers Needed - Looking

for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Registration for Religious Education classes is now open. Visit the parish website to sign your children up for classes next year

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



Calling all St. Theresa Catholic School Alumni and Alumni Families! We would love to hear from you, and add you to our Alumni & Friends Newsletter email list. Please send your news and contact information to alumni@stsashburn.com.



Summer Office Hours: Summer hours are T-W-Th from 9am-1pm, and will end the second week of August.



Summer reading and math assignments have been posted on the school website, www.stsashburn.com, under

the "Parents" tab.

Registration opens August 1 for the 13th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance! The tournament is on Monday, October 2, 2023 at Belmont Country Club in Ashburn. This is a wonderful parish event --



get your foursomes lined up, we're looking forward to another fantastic day of golf, food, and fundraising! Sponsors are needed; contact Regina Freschi for

details, freschir@stsashburn.com or 703.729.3577.

St. Theresa Catholic School is hiring for the 2023-24 school



year! STCS is accepting applications for

the following positions: Lunch/Recess Monitors, Extended Day Care Staff, and Substitute Teachers. To apply, please send your resume, cover letter, and references to

HR@sainttheresaparish.com.

Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life? We

have a few openings remaining for the 2023-24 school year; please visit our website at www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell,

rotelld@stsashburn.com for more information.

News from our Parish

Have a talent for floral arrangements?

The St. Theresa's Little Flower Ministry is seeking volunteers to help with the weekly floral arrangements and maintenance of flowers throughout the church. Training will be provided. If you are interested in being part of this lovely ministry or if you have any questions, please contact Irene Galioto 703.724.1324 or email L80GLFR@AOL.COM. Thank you and God Bless

2024 Mass Book

The current 2023 Mass intention book is now full. The 2024 Mass book will be available on Tuesday, August 8th. Specifics will be available in a later bulletin.



Adult Education and Spiritual Enrichment

That Man is You

That Man is You (TMIY) is a nation-wide Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish. To see what others think about this program, watch the 2-minute video at: https://youtu.be/4mT35KvlNvM. We are planning to start our 2023-24 TMIY program on Sept 16 -- you can register after all Masses August 5/6. If you have any questions, please contact Jack Hayes at 703.537.6418 or jack.hayes422@aol.com for additional

information and continue to watch the bulletin for upcoming details.

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Over the summer we are watching The Wild Goose Series with Fr. Dave Pivonka on discovering a deeper relationship with the Holy Spirit. Parish women of all

ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

News Around the Diocese

Events at Our Lady of Bethesda Retreat Center. Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website

www.ourladyofbethesda.org for more info and to register for the following:

Plan to Take a Personal "Retreat" Day this Summer

Aug 25

Are your days overcrowded, jampacked, and busy, busy, busy? Take a break this summer and enjoy your very own personal retreat at Our Lady of Bethesda Retreat Center. During your personal retreat, from 9am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus lunch; so you will be nourished

and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$100 per person. Advance Registration is required

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop: Oct 14-15, 2023

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! Please note: This is NOT an overnight program. Cost: \$480 per couple. Seating will be limited.

Travel to the Holy Land with Our Lady of Bethesda!

Deadline to Book coming soon! Explore the Holy Land and experience the places where Christ lived! Our Lady of Bethesda will host a pilgrimage to the Holy Land this fall: Sept 3-12 (\$3465 per person) Prices are allinclusive LAND ONLY, based on double occupancy. Find more details at www.ourladyofbethesda.org or contact Pilgrimage Coordinator: Cristina Tallent at ctallent@ourladyofbethesda.org or 301.365.0612.

Three to Get Married Marriage Prep

Aug 24-27, Sep 28-Oct 1
The Three to Get Married Marriage
Preparation Program is a Catholic PreCana program for seriously dating and
engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings
of the Catholic Church. Convenient
one-weekend schedule. FOCCUS administration is included. \$375 per
couple. Space will be limited.

News Around the Diocese Continued

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

Day of Prayer and Healing After Abortion Care for Women—After

Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, **July 29** and Saturday, **September 30**, 2023. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

St. Catherine of Siena Women's Silent Retreat-Join Fr. James Hudgins, Pastor at St. Theresa Catholic Church, to read and rest, think and pray with Jesus and Catherine from Friday-Sunday, August 11-13 at the San Damiano Spiritual Life Center in White Post, VA. Saint Catherine is one of the four women who are identified as a Doctor of the Church. A mystic and crusader, she composed over 400 letters, her Dialog, and prayers. Retreat cost is \$285 and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at

mark.maines@arlington diocese.org.

Guadalupe Free Clinic Golf Classic

Register now for the 8th annual Guadalupe Free Clinic Golf Classic coming up on September 8, 2023 at Old Hickory Golf Club, 11921 Chanceford Drive, Woodbridge, VA. Here is the link--> https://

guadalupefreeclinic.org/golf-classic Sponsorships are also very welcomed so please see the web site for the types available and sign up!! With your support, we can continue to make this an annual event that will bring the community together as well as raise funds for this important organization every year.

The Golf Classic supports The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, and a donor-supported, volunteer-staffed free health clinic that serves the indigent, working poor and uninsured residents of Colonial Beach and Westmoreland County, VA. Founded by Diocesan Priest Father Jerome Magat in 2005, the clinic is committed to providing free high-quality primary medical care, referrals to medical specialists, and medication to hundreds of needy people every year. More information can be found here --> https:// guadalupefreeclinic.org

Test Prep Workshop & Practice High School Placement Test: Wednesday, August 9, 2023 or Saturday, October 21, 2023 (9am-1pm) John Paul is hosting two Test Prep Workshops that will conclude with taking the Pre-High School Placement Test (Pre-HSPT). Participants will learn test taking strategies that they will be able to implement on a practice test upon conclusion of the workshop. Lunch is included. To Register for any of John Paul's 2023 Pre-HSPT offerings, please use the links below: To register: https://forms.gle/ gtLeSru8zebN1AEW9 To pay: https:// saintjohnpaul.mypaysimple.com/s/

saintjohnpaul.mypaysimple.com/s/middle-school-event-registration
Please reach out by email or phone at admissions@jpthegreat.org and/or 703.445.0246 with any questions.

John Paul the Great Summer Camps

JP Summer Camps registration is now open! Sign your elementary and middle school-age children up for a variety of athletic and enrichment camps during the summer months. For registration and more details, please visit: https://www.jpthegreat.org/apps/pages/summeractivities

St. Paul VI Summer Camps and

Clinics—PVI Catholic High School is hosting a variety of camps and clinics this summer, including theatre, band, basketball, football, volleyball, and much more. All will take place on our new campus at 42341 Braddock Rd. Chantilly, VA. Visit www.paulvi.net/student-life/summer-camps for details and to register.

Now Hiring at St. Paul VI School

Are you a lifelong learner who is passionate about Catholic education and works to inspire others to be extraordinary? St. Paul VI Catholic High School in Chantilly is busy making plans for next school year. God might be calling you to visit www.paulvi.net/about/employment to see positions that are available.

Thursday Night Gatherings at GMU CCM

All current college students and high school students (class of 2023) are invited to join the Catholic Patriots of George Mason University every Thursday in the month of July from 7-9pm at the Chapel for faith, fun, and fellowship. 4515 Roberts Road, Fairfax, VA. Follow us on Instagram catholic.patriot or go to gmuccm.org for more information.

Attention Class of 2023 Seniors!

The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes: **July 26th** - Holy Cross Academy (Stafford)

College Nights help rising college freshmen and transfer students network with other Catholics heading to college, and give students the tools to navigate the often difficult transition of faith life in college. Students hear from upperclassmen who give their personal testimonies about how they transitioned to college and maintained a strong faith life. There are small groups divided by students' universities and students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a free pizza dinner, too. Please encourage your student to sign up! There will be five nights across the Diocese and all nights will begin at 7pm. For more information, please visit www.asjb.org. Registration is limited to 50 students per night.

Weekly Prayer

Sunday's Readings

First Reading:

And you taught your people, by these deeds, that those who are just must be kind; and you gave your children good ground for hope that you would permit repentance for their sins. (Wis 12:19)

Psalm:

Lord, you are good and forgiving. (Ps 86)

Second Reading:

The Spirit comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit himself intercedes with inexpressible groanings. (Rom 8:26)

Gospel:

"'Let them grow together until harvest; then at harvest time I will say to the harvesters, 'First collect the weeds and tie them in bundles for burning;

but gather the wheat into my barn." (Mt 13:30)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Live The Liturgy Inspiration of the Week

When the disciples cannot understand something, they approach Jesus, and beseech him to explain. Let us be this forthcoming when we are discerning the will of God or struggling with a decision. Let us ask him to explain in words we can understand.

Observances for the week of July 23, 2023

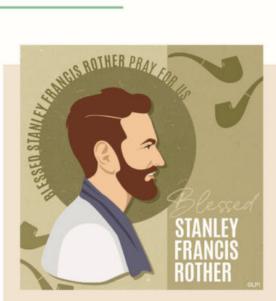
Sunday: 16th Sunday in Ordinary Time
Monday: St. Sharbel Makhlūf, Priest

Tuesday: St. James, Apostle

Wednesday: Sts. Joachim and Anne, Parents of the

Blessed Virgin Mary

Saturday: Sts. Martha, Mary and Lazarus
Next Sunday: 17th Sunday in Ordinary Time



Saint of the week

Blessed Stanley Francis Rother spent most of his priestly life serving the Tz'utujil people of Southwest Guatemala, whom he loved. He was shot and killed by non-native guerilla forces in their attempt to terrorize the community. He is the first U.S.-born beatified martyr.

Prayer

O God, fount of all holiness, make us each walk worthily in our vocation, through the intercession of Your Saints, on whom You bestowed a great variety of graces on earth.

Having graced Your Church with the life of Your priest and martyr, Blessed Stanley Rother, grant that by his intercession this humble flock may reach where the brave shepherd has gone. Grant that Your Church may proclaim him a saint living in Your presence and interceding for us.

Through Christ our Lord.

(Prayer Source: https://archokc.org/ prayers-for-blessed-stanley-rother)

Knights of Columbus

Food Drive: Thank you to the parishioners, volunteers, and especially the youth group for donating food, sorting items, and transferring them to the Catholic Charities Loudoun Food Pantry in Sterling. We collected, sorted, and delivered 4,454 pounds of food in June. Your kindness and time make this program a successful one.

The next collection will take place on the weekend of July 22-23. If you missed picking up a blue bag, grocery bags and cash donations are accepted. the food list can be found at https://

www.st-louismartin-kofc.org/loudoun- louismartin-kofc.org/handy-manfood-pantry-2 or scan

here:

Please, no expired items. The pantry is unable to distribute expired items. Thanks for your support.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: https://www.stservices.

Catholic men: Interested in learning more about the Knights of Columbus? See our most FAO at:

https://www.st-louismartin-kofc.org/ faqs or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



Current Critical & Urgent Adoration Needs

Critical Need: No Adorer Scheduled			
Sunday	Thursday	Friday	Saturday
2:00am	1:00am	4:00am	2:30am

Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

Sign up for one of our open Adoration Time slots - it will change your life, your family's life, and the life of our St. Theresa Parish!

Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR www.tinyurl.com/weadore

Please visit the website to signup, or email letusadore@sainttheresaparish.com, or text to 703.608.4278 or 703.728.0168, or come by the parish office.

"What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer."- St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: http://sainttheresa.letusadore.com

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week.

Please consider spending one hour with the Lord. It will be the best time you will spend on earth.

Adoration of the **Blessed Sacrament**

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will In order to register, come to the parish office Monday need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

Friday 9:30am - 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Parish Offices

Secretary: Kelly Cosenke, 703.729.2287 Office Manager: Christine Young, 703.729.2287 Angelita Lupetaliaami, 703.729.2287 Business Manager: Tom Balint, 703.729.2287 Facilities Coordinator: Outreach Coordinator: Marianne Guidos, 703.729.2334 Website: www.sainttheresaparish.com Email: office@sainttheresaparish.com Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com

Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

100.123.0000

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit www.saintttheresaparish.com

St. Theresa Catholic Church Food Programs has been selected again by the Store Leadership Team at Giant Food. This means that we will receive \$1 from every \$2.50 reusable Community Bag sold during the month of July 2023 at: Giant Food 43330 Junction Plaza, Ashburn VA

(Please consider purchasing a bag if you are in need of one.)

New Bed Pillows needed

Our Bed Ministry is in need of new bed pillows to help families in need. Please drop off in the Outreach boxes or at the parish office. Thank you!

Items needed for our parish pantry

Your help is needed. At times we have families or individuals with urgent food/toiletry needs. We are low on or out of the following items: canned chili or hearty canned stew, oatmeal, tuna, hearty soups, taco packets or kits, pasta sauce, nuts, pre-packaged items for the homeless, adult toothpaste, hand sanitizer, men's & women's deodorant and laundry soap. Please drop off items at the parish

office if possible. We are in need of reusable bags too. Thank you!

The Visitation Ministry —Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Friends in Need—Provides meals on a short- term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com if you want to help or if you have these items to donate.

Monetary Donations—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website http://www.sainttheresaparish.com and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or

dmoutreach@sainttheresaparish.com.

Please do not leave clothing at church. We are not accepting clothing donations.

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SIDING

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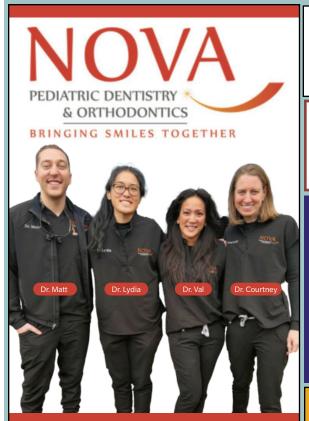
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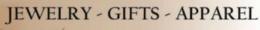




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