

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

## August 13, 2023

## Nineteenth Sunday in Ordinary Time



### *Masses for the Week*

<b>Mon, Aug 14</b>	6:15— Joe Price+ 8:30— Theresa Roth 12:15— Mark Frattarola+ 7:30— Allen Christensen+
<b>Tues, Aug 15</b>	6:15— St. Theresa Parishioners 8:30— John Shanley, Jr.+ 12:15— Anne Elizabeth Tulloch 4:30— Susan Stephen 7:30— Bernice Marchetti+
<b>Wed, Aug 16</b>	6:15— Alice Guest+ 8:30— Capurro Siblings 12:15— Salo Guillermo Korn+
<b>Thurs, Aug 17</b>	6:15— Siegfried Schoepf+ 8:30— Stan Urynowicz+
<b>Fri, Aug 18</b>	6:15— NETS 8:30— John Joseph Shanley+
<b>Sat, Aug 19</b>	8:30— Brian Rosati+ 5:30— Ben Guthrie+
<b>Sun, Aug 20</b>	7:30— Dylan, Tawny & Logan Haberland 8:45— John Joseph Shanley+ 10:30— David Lanham+ 12:30— Anthony Grimaldi+ 5:00— St. Theresa Parishioners

### **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

### **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Peggy Burkholder, Brenda Fitzpatrick, Jack LaFave, Catherine Feeney, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello.

**Prayers For Our Military:** Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Tony Mattice, David Lakey.

## The Hardest to Tame is the Tongue

Why is it so easy to speak words we later regret? Why is it so hard to control the tongue? It's because the heart is a very difficult thing to change. Jesus said, "out of the heart's abundance, the mouth speaks," (Lk 6:45).

Four Scriptures to tame the tongue:

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rescuer and my rock, (Ps 19:14).

Keep my tongue from evil, and my lips from speaking deceit, (Ps 34:13).

Say only the good things men need to hear, things that will really help them, (Eph 4:29).

Set a guard over my mouth, O Lord. Keep watch over the door of my lips, (Ps 141:3).

The Nine Sins of the tongue:

**Lying** – Jesus once said that Satan is the Father of lies, and lying is his native speech. Two simple words to live by—speak truth! Never speak a falsehood with the intent of deceiving someone else.

**Flattery** – Flattery is the exaggeration of the good qualities of another in order to ingratiate ourselves to them. God hates flattery, (Ps 12:3). Never praise someone else, except in sincerity and self-forgetfulness.

**Bragging** - Everyone hates a braggart. Not only does the braggart learn nothing from others, he usually appears ignorant, despite what he thinks of himself. "The wise man does not make a show of his knowledge, but fools broadcast their ignorance," (Prov 12:23).

**Imprudent Words** - Proverbs 10:19 says that the prudent hold their tongues. Do not spread confidential information, except when absolutely necessary. James 1:19 tells us to be quick to listen, slow to speak, and slow to anger.

**Prejudiced Words** – Just as St. James tells us never to speak without listening, so too must we be careful to speak from prejudice, that is to say, to speak without thinking. Tradition sometimes calls this the fault of being "quick of tongue."

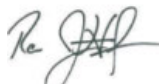
**Deliberate Provocation** – To speak in an overly opinionated way is a veiled personal attack. It provokes anger, division, and hurt. "A fool finds no pleasure in understanding, but delights in airing his own opinions," (Prov 18:2).

**Backbiting** – A backbiter is the one who speaks against another in his absence, injuring another's reputation through detraction. Never repeat gossip. If you hear something unsavory from another, let those words die with you.

**Cursing** – To curse is to wish harm upon another—often that they be damned, and often invoking the name of God to do so. Let's bless those who curse us, just as Jesus taught.

**Silence** – Failure to speak when we ought, such as to warn someone of danger—including sin—is also a misuse of speech. Let's pray that no one would say of us what Isaiah said of the Israelites, "Israel's watchmen are blind. They are like dumb dogs that cannot bark," (Is 56:10).

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

# Youth Education and News



ymoffice@sainttheresaparish.com

## August

Sunday, the 13th-Upper Room Squad, 6-7:45pm

Monday, the 14th-Parish Food Drive Bag Prep

Sunday, the 20th-Upper Room Squad, 6pm-7:45pm

Tuesday, the 22nd-Prep Meeting for Confirmation Retreat Teen Leaders

Sunday, the 27th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 28th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 29th-Load food for transport, 6:15-7pm

**Confirmation Retreat Information:** Registration for the Retreats for our

Confirmation Candidates is open – the retreats are from 1:30pm to 8pm on **September 2nd or September 16th** and will be held here at St. Theresa. Please email Paul Dwyer at ymoffice@sainttheresaparish.com with any questions.

**Teen Volunteers for the Retreat** – if you are a High Schooler entering 10th through 12th grade and would like to volunteer at the Confirmation Retreat just email Paul Dwyer at ymoffice@sainttheresaparish.com This is your chance to share your Faith and to welcome incoming Freshman to your High School – you will run a small group and we try to connect group leaders with confirmation candidates from the same school. This is great for volunteer hours.

**Adult Volunteers Needed** - Looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background

clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

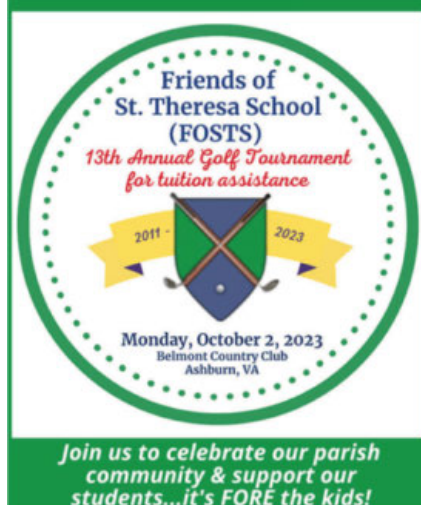
**Registration for Religious Education classes** is open. Visit the parish website to sign up for classes next year.

## Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

## Registration Now OPEN!

To golf & sponsor visit [www.SaintTheresaParish.com](http://www.SaintTheresaParish.com) or scan the QR code:



**St. Theresa Catholic School is hiring for the 2023-24 school year!** STCS is accepting applications for the following part-time positions: First



Grade Instructional Aide, Lunch/ Recess Monitors, Extended Day Care Staff, and Substitute Teachers. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

**STCS families**, Please mark your calendars for the following Back-to-School events, and watch for details in Mrs. O'Malley's upcoming email on August 7.

**New Family Orientation Dates (sign-up for one): Thursday, August 10 or Tuesday, August 15 Monday, August 21:**

Meet Your Teacher Day;  
Used Uniform Sale; Middle School Parents Meeting

**Wednesday, August 23:**

Students' First Day of School

**Friday, August 25:**

All-school Mass

**Summer Office Hours: Summer hours are T-W-Th from 9am-1pm**, and will end the second week of August.



**Summer reading and math assignments** have been posted on the school website, [www.stsashburn.com](http://www.stsashburn.com), under the "Parents" tab.

**Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life?** We have a few openings remaining for the 2023-24 school year; please visit our website at [www.stsashburn.com](http://www.stsashburn.com) (click "Admissions") or email Admissions Director Denise Rotell, rotelld@stsashburn.com for more information.

**Calling all St. Theresa Catholic School Alumni and Alumni Families!** We would love to hear from you, and add you to our Alumni & Friends Newsletter email list. Please send your news and contact information to



## News from our Parish

### Total Consecration to Jesus through Mary and Brown Scapular Enrollment—August 13

Fr. Hudgins will lead Total Consecration to Jesus through Mary and formal investiture in the Brown Scapular after all Masses.

Look for the Legion of Mary table in the Narthex on August 13, 2023 to pick up the consecration prayer. For those who have done the Consecration before, it is an opportunity to renew.

**Brown Scapular Enrollment** – If you have previously been formally enrolled, re-enrollment is not required.

### Are you interested in becoming Catholic or learning more about the Catholic faith?

Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start on Tuesday, October 10th. Note that the first three classes are on Tuesday with the remaining classes being on Monday up to the Easter Vigil. Then after Easter Sunday, the remaining four classes will go back to Tuesday.

**Help Wanted** - Do you love children and want to do something meaningful to help others grow closer to Christ? We have the perfect position for you! The St. Theresa Walking With Purpose Women's Bible Study program is looking for adult childcare providers who can commit to working two hours (9:15 - 11:15) on Thursday mornings (starting Sept. 28 - early May) to provide supervision for a group of young children in the basement of an Ashburn home while moms meet upstairs in the home for Bible study. \$20/hour. Please contact us at [sttheresawwp@gmail.com](mailto:sttheresawwp@gmail.com) if you're interested.

**Cub Scout Pack 997** (sponsored by St Theresa Parish) welcomes new Cub Scouts for the 2023-2024 school year! We have an exciting and engaging program planned for the upcoming year. We are open to boys in grades K through 5; Scouts



St. Theresa Catholic School  
*Join our team!*

We are looking for faith-filled, energetic, and dynamic educators and staff to join our school family for the 2023-24 school year!

We are accepting applications for the following part-time positions:

First Grade Aide  
Extended Day Care Staff  
Lunch/Recess Monitors

Please send your resume, cover letter, and references to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com)

need not be students at St Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held in September; date TBA. Interested families should send an email to [pack997leaders@googlegroups.com](mailto:pack997leaders@googlegroups.com) for more information.

### One Holy Hour/One Priest/Each Week/One Heart of Prayer

Where would we be without our priests? It is a privilege to pray for our priests. Seven Sisters Apostolate has a mission for women of the parish to pray for individual priests offering a Holy Hour every day for a specific priest. We invite women to discern to pray for our priests. Interested in this mission or need more info? Contact Kelly Rush [@kelly4vt@gmail.com](mailto:kelly4vt@gmail.com). Can also visit [sevensistersapostolate.org](http://sevensistersapostolate.org) to learn more.

### 2024 Mass Intention Book

is now open. Due to the high demand this year, and our book filling up so quickly, we are going to only open the book for January -1 through June 30, 2024 right now. The second half will be opened later in the year. For those requesting multiple Masses for the year, **you can request 2 per week and only on Tuesdays and Thursdays.**

### REGISTRATION IS NOW OPEN for the 13th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance!

The tournament is on Monday, October 2, 2023 at Belmont Country Club in Ashburn. **This is a wonderful parish event** -- get your foursomes lined up, we're looking forward to another fantastic day of golf, food, and fundraising! Not a golfer? Join us for dinner! For details on golf and sponsorship levels, please scan the QR code or visit our parish website ([www.SaintTheresaParish.com](http://www.SaintTheresaParish.com)). **Sponsors are needed for the tournament** (individuals, businesses, families), please contact Regina Freschi for details, [freschir@stsashburn.com](mailto:freschir@stsashburn.com) or 703.729.3577.



Peter said to him in reply,  
“Lord, if it is you, command me to come to you on the water.” He said, “Come.”  
Peter got out of the boat and began to walk on the water toward Jesus.

2(Mt 14:28-29)



### **Called to Teach? -**

Have you ever wondered whether you should teach CCD, or felt something pulling at you to do it? If so, we invite you to embrace the call of the catechist, and share the joy of a relationship with Christ with the young people of our parish this coming school year.

### **Called to Volunteer?**

Do you want to help but unsure about teaching? We are also in need of volunteers as hall monitors, coordinators, etc.

Please contact the Office of Religious Education at [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com) for more information.

## **Adult Education and Spiritual Enrichment**

### **That Man is You**

That Man is You (TMIY) is a nationwide Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. It would be great to have more men of the parish take advantage of this valuable and free program. Please contact Jack Hayes at 703.537.6418 or [jack.hayes422@aol.com](mailto:jack.hayes422@aol.com) for additional

information and continue to watch the bulletin for upcoming details.

### **Women's Discipleship Group**

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Over the summer we are watching The Wild Goose Series with Fr. Dave Pivonka on

discovering a deeper relationship with the Holy Spirit. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

### **Interested in learning about the Legion of Mary?**

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

## **News Around the Diocese**

**Events at Our Lady of Bethesda Retreat Center.** Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) for more info and to register for the following:

### **Plan to Take a Personal "Retreat" Day this Summer**

Aug 25, Sept 9, Oct 13  
Are your days overcrowded, jam-packed, and busy, busy, busy? Take a break this summer and enjoy your very own personal retreat at Our Lady of Bethesda Retreat Center. During your personal retreat, from 9am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus lunch; so you will be nourished

and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$100 per person. Advance Registration is required

### **Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop:** Oct 14-15, 2023

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! Please note: This is NOT an overnight program. Cost: \$480 per couple. Seating will be limited.

### **Travel to the Holy Land with Our Lady of Bethesda!**

Deadline to Book coming soon!  
Explore the Holy Land and experience the places where Christ lived! Our Lady of Bethesda will host a pilgrimage

to the Holy Land this fall: Sept 3-12 (\$3465 per person) Prices are all-inclusive LAND ONLY, based on double occupancy. Find more details at [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or contact Pilgrimage Coordinator: Cristina Talient at [ctalient@ourladyofbethesda.org](mailto:ctalient@ourladyofbethesda.org) or 301.365.0612.

### **Three to Get Married Marriage Prep**

Aug 24-27, Sep 28-Oct 1, Nov 16-19  
The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited.

## News Around the Diocese Continued

**Retreat for Adult Children of Divorce**—This weekend retreat focuses on discovering our identity as children of God, although it also focuses on overcoming the effects of parental divorce, forgiving our parents, and connecting with others from this background. The weekend includes presentations, small groups sharing, adoration, spiritual direction, and Mass. This three-day retreat is the center piece of youth ministry. The 2023 Arlington retreat will take place from **Friday, September 8- Sunday, September 10, 2023** at San Damiano Spiritual Life Center. Cost: \$375 through August 14, 2023, and \$425 after August 14, 2023. Register at [www.arlingtondiocese.org/healingretreat/](http://www.arlingtondiocese.org/healingretreat/)

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**Do you love someone with a drug or alcohol problem?**—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com). Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

**Day of Prayer and Healing After Abortion Care for Women**—After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, **September 30, 2023**. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please con-

tact Project Rachel Ministry: 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

**Guadalupe Free Clinic Golf Classic**  
Register now for the 8th annual Guadalupe Free Clinic Golf Classic coming up on September 8, 2023 at Old Hickory Golf Club, 11921 Chanceford Drive, Woodbridge, VA. Here is the link--> <https://guadalupefreeclinic.org/golf-classic>  
Sponsorships are also very welcomed so please see the web site for the types available and sign up!! With your support, we can continue to make this an annual event that will bring the community together as well as raise funds for this important organization every year.

The Golf Classic supports The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, and a donor-supported, volunteer-staffed free health clinic that serves the indigent, working poor and uninsured residents of Colonial Beach and Westmoreland County, VA. Founded by Diocesan Priest Father Jerome Magat in 2005, the clinic is committed to providing free high-quality primary medical care, referrals to medical specialists, and medication to hundreds of needy people every year. More information can be found here --> <https://guadalupefreeclinic.org>

**Test Prep Workshop & Practice High School Placement Test:** Saturday, October 21, 2023 (9am-1pm) John Paul is hosting two Test Prep Workshops that will conclude with taking the Pre-High School Placement Test (Pre-HSPT). Participants will learn test taking strategies that they will be able to implement on a practice test upon conclusion of the workshop. Lunch is included. To Register for any of John Paul's 2023 Pre-HSPT offerings, please use the links below: To register: <https://forms.gle/gtLeSru8zebN1AEW9> To pay: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration> Please reach out by email or phone at [admissions@jpthegreat.org](mailto:admissions@jpthegreat.org) and/or 703.445.0246 with any questions.

**Now Hiring at St. Paul VI School**  
Are you a lifelong learner who is passionate about Catholic education and

works to inspire others to be extraordinary? St. Paul VI Catholic High School in Chantilly is busy making plans for next school year. God might be calling you to visit [www.paulvi.net/about/employment](http://www.paulvi.net/about/employment) to see positions that are available.

**Help Low Income Students Receive a Catholic Education and receive most of your donation back through tax savings! (without having to itemize)**

The Virginia Education Improvement Scholarships Tax Credit Program will award a 65% state tax credit for donations made to the **Diocese of Arlington Scholarship Foundation, (DASF)**, which provide scholarships for low-income students new to our diocesan Catholic Schools. **You do not have to itemize in order to use the 65% tax credit!** Donations must be preauthorized in advance. Please see the insert in the bulletin or call Jeanne Combos at 703.841.2764 (or email [DASF@arlingtondiocese.org](mailto:DASF@arlingtondiocese.org)), or go online for more details and to download the preauthorization request form at: <https://www.arlingtondiocese.org/Scholarship-Foundation/>



There is an urgent need for car donations to help needy families in the Northern Virginia area. Cars are reconditioned and given directly to low-income families, including single parents, domestic violence victims, and Afghan refugees. The Car Ministry, 929 W Broad Street, STE 205, Falls Church, VA 22046, 703.237.8479. Website: [www.carministry.org](http://www.carministry.org); Email: [donate@carministry.org](mailto:donate@carministry.org)

**Mass for Marriage Jubilarians**  
Celebrating A Golden or Silver Wedding Anniversary This Year? Were you married in 1973 or 1998? Then join Bishop Michael Burbidge for the 2023 Mass for Jubilarians to be celebrated on Sunday, October 15, 2023, at 3 p.m. at St. Agnes Catholic Church in Arlington, VA. Contact your parish office to register no later than Monday, October 2, 2023. For more info, visit [www.arlingtondiocese.org/MJM](http://www.arlingtondiocese.org/MJM).



## Knights of Columbus

**Saint Theresa Picnic:** Save the date for our parish picnic this fall on Sunday 1 October.

**Food Drive:** Many thanks to the parishioners, volunteers, youth group, and Knights for donating 5,130 pounds of food and sorting and transferring them to the Catholic Charities Loudoun Food Pantry in Sterling.

The next collection will take place on the weekend of August 26-27. Please pick up a blue bag on August 19-20

and return it the following week. Please, no expired items. The pantry is unable to distribute expired items. Thanks for your support.

**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: [https://www.st-](https://www.st-louismartin-kofc.org/handy-man-services)

[louismartin-kofc.org/handy-man-services](https://www.st-louismartin-kofc.org/handy-man-services).

**Catholic men:** Interested in learning more about the Knights of Columbus? See our most FAQ at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



## Current Critical & Urgent Adoration Needs

### Critical Need: No Adorer Scheduled

Sunday	Thursday	Friday
12:00am	1:00am	4:00am
2:00am		



**Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

**Sign up for one of our open Adoration Time slots – it will change your life, your family’s life, and the life of our St. Theresa Parish!**

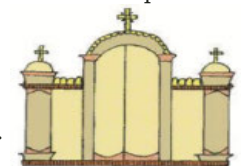
Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR [www.tinyurl.com/weadore](http://www.tinyurl.com/weadore)

Please visit the website to signup, or email [letusa-dore@sainttheresaparish.com](mailto:letusa-dore@sainttheresaparish.com), or text to 703.608.4278 or 703.728.0168, or come by the parish office.

**“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”**– St. Mother Theresa Won’t you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



**Adoration of the Blessed Sacrament**  
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## How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

## Parish Offices

Secretary: Kelly Cosenke, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Priscilla Keller, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

### Save the date: Fall Consignment Sale Sept 30th

[www.littleflowerconsignments.org](http://www.littleflowerconsignments.org). Sign up to consign, volunteer or learn more about the sale! Children's clothing, books, toys, baby equipment and much more. Consider consigning your items as you clean out your closets. Don't want to consign? Consider donating your items directly. Divine Mercy Outreach receives 100% of the proceeds from donated items to help families in need. Contact Elisa Mitchell at [eagmitchell@gmail.com](mailto:eagmitchell@gmail.com)

### Items needed for our parish pantry

Your help is needed. At times we have families or individuals with urgent food/toiletry needs. We are low on or out of the following items: oatmeal, cereal, cooking oil, Bisquick/pancake mix, pre-packaged items for the homeless, laundry & dish soap. Please drop off items at the parish office if possible. Thank you to all who have dropped off some items! God bless you.

**Furniture Ministry**—accepting kitchen tables & chairs, small dressers and metal bed frames.

Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or [furniture@sainttheresaparish.com](mailto:furniture@sainttheresaparish.com) if you want to help or if you have these items to donate.

### New Bed Pillows needed

Our Bed Ministry is in need of new bed pillows to help families in need. Please drop off in the Outreach boxes or at the parish office. Thank you!

**Bed Ministry**—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too!

Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need.

Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

### Friends in Need

Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make

meals or if you or a loved one need of help with meals

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities.* If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).

Please do not leave clothing at church. We are not accepting clothing donations.



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