

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

August 20, 2023

Twentieth Sunday in Ordinary Time



Masses for the Week

Mon, Aug 21	6:15— Jianna & Janinna George 8:30— Joseph, Laura, & Carlo Maresca+ 12:15— Charles Collins+
Tues, Aug 22	6:15— Joan Kendrall Kennedy+ 8:30— Teodora Hunter+
Wed, Aug 23	6:15— Allen Christensen+ 8:30— Samantha Rush 12:15— Patty Grywatch
Thurs, Aug 24	6:15— Leonard Conate+ 8:30— Souls in Purgatory+
Fri, Aug 25	6:15— Quentin Miles 8:30— Martha Krebs+
Sat, Aug 26	8:30— Nelson Family 5:30— Robert Wingblade+
Sun, Aug 27	7:30— St. Theresa Parishioners 8:45— Willa Lyon 10:30— Dr. Michael Willman+ 12:30— Margaret P. Noah+ 5:00— Patti Sinski

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Peggy Burkholder, Brenda Fitzpatrick, Jack LaFave, Catherine Feeney, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson, Matthew Albert Skubie, Barbara Orandello.

Prayers For Our Military: Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Tony Mattice, David Lakey.

The Power of Imagination

“Whatever is true, whatever is modest, whatever is just, whatever is holy, whatever is of virtue—think about these things,” (Phil 4:8).

Here’s a big spiritual idea that doesn’t get much attention—the power of your imagination, for good or for bad. C.S. Lewis once said that there is no neutral ground in the universe. Every square inch of matter, and every split second of eternity are claimed by God and counter-claimed by Satan. Imagination isn’t neutral ground either. It’s either an incalculable asset or a great hindrance on the path to heaven. An imagination purified for God’s service makes spiritual things come naturally. An uncontrolled imagination by contrast, makes a spiritual life much harder. It paints in vivid colors all the pleasures sin might provide you, and over-emphasizes the difficulty saying “yes” to God. An untamed imagination and a sad heart usually come together, as a package-deal. Here’s a few ideas to help re-direct the power of your imagination to the service of God.

Careful What You See Imagination doesn’t spring out of nothing. It retains, reproduces, and reassembles ideas in a thousand ways—and all these begin with sight. It’s why spiritual writers for centuries spoke of the custody of the eyes (custodia oculorum). We can’t always choose what we see—but we can choose whether or not to take a second look, or to dwell on an image that will not help us.

Careful What You Read Once upon a time, St. Ignatius of Loyola was laying in a hospital, and asked for something to read. He had two choices—the lives of the saints, or adventure stories. First, he chose the adventure stories. Although they were enjoyable, they left him feeling uninspired and empty. Next, he read the lives of the saints. These were not exciting, but they left him inspired to be a better person. Be careful what you read. It’s one thing to avoid reading that is obviously sinful, but we should also avoid reading what’s empty and useless. Dedicate your attention to what builds you up.

Avoid Sloth The imagination is never quiet. If we don’t keep it occupied with something good, it will find something harmful to settle on. Learn the difference between leisure and laziness.

Age Quod Agis That’s an old Latin expression that means, “Do what you’re doing.” In other words, be attentive to the duty of the moment. Isn’t it amazing how we can fritter away time, accomplish nothing, and not even enjoy ourselves in the process? Whether at work, rest, or play, choose to act deliberately. Do what you’re doing, with your whole heart. You’ll find this practice strengthens your mind against distractions too.

Deliberately Ignore Toxic Thoughts Sometimes, the only way to fight a bad imagination is to attack it directly. This is the advice of St. Teresa of Avila. Yes, you can do this! When life delivers up toxic thoughts—just refuse delivery. Choose another thought—such as a happy memory, or a pressing obligation—but fight back. Most of all, be patient with yourself. You’ll get better at this with practice.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Wanting to hear Fr. Hudgins’ homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Youth Education and News



ymoffice@sainttheresaparish.com

August

Sunday, the 20th-Upper Room Squad, 6pm-7:45pm

Tuesday, the 22nd-Prep Meeting for Confirmation Retreat Teen Leaders

Sunday, the 27th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 28th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 29th-Load food for transport, 6:15-7pm

Confirmation Retreat Information:

Registration for the Retreats for our Confirmation Candidates is open – the retreats are from 1:30pm to 8pm on

September 2nd or September 16th and will be held here at St. Theresa. Please email Paul Dwyer at ymoffice@sainttheresaparish.com with any questions.

Teen Volunteers for the Retreat – if you are a High Schooler entering 10th through 12th grade and would like to volunteer at the Confirmation Retreat just email Paul Dwyer at ymoffice@sainttheresaparish.com This is your chance to share your Faith and to welcome incoming Freshman to your High School – you will run a small group and we try to connect group leaders with confirmation candidates from the same school. This is great for volunteer hours.

Adult Volunteers Needed - Looking for sincere, motivated, and willing adults who would like to help out with our Parish youth. All volunteers need to be compliant - having a background

clearance check and having completed a mandatory Child Protection Course (Virtus). Contact Paul Dwyer, ymoffice@sainttheresaparish.com.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Registration for Religious Education classes is open. Visit the parish website to sign up for classes next year.

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Welcome back,
STCS
students & families!

Monday, Aug. 21
Meet Your Teacher
Used Uniform Sale

Wednesday, Aug. 23
First Day of School

See your Thursday Thunder email for details!



Friday, August 25—

All-school Mass

Wednesday, August 30—

Middle School Back-to-School Night

Thursday, August 31—

Elementary Back-to-School Night

Friday, September 1—

Early Dismissal

Monday, September 4—

No School, Labor Day

The School Office has shifted from “summer” hours and is now open Monday-Friday, 7:30am-3:30pm, for the 2023-24 academic year.

Please re-link your Harris Teeter cards with St. Theresa Catholic School (STCS)! Parents, grandparents, alumni, parishioners, & friends, don't forget that each summer you need to re-link your Harris Teeter card. Visit www.harristeeter.com/together-in-education and use code #5887. You can also stop at the customer service desk in-store for help. We are grateful for your support!

REGISTRATION IS NOW OPEN for the 13th Annual Friends of St. Theresa School (FOSTS) Golf

Tournament for tuition assistance!

The tournament is on Monday, October 2, 2023 at Belmont Country Club in Ashburn. **This is a wonderful parish event** -- get your foursomes lined up, we're looking forward to another fantastic day of golf, food, and fundraising! Not a golfer? Join us for dinner! For details on golf and sponsorship levels, please scan the QR code or visit our parish website (www.SaintTheresaParish.com). **Sponsors are needed for the tournament** (individuals, businesses, families) please contact Regina Freschi for details, freschir@stsashburn.com or 703.729.3577.

St. Theresa Catholic School is hiring for the 2023-24 school year!

STCS is accepting applications for the following part-time positions: Extended Day Care Staff, Lunch/Recess Monitors, and Substitute Teachers. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Friends of St. Theresa School (FOSTS)
13th Annual Golf Tournament for tuition assistance
Monday, October 2, 2023

STCS families, we can't wait to see you this week! Please mark your calendars for the following Back-to-School events, and watch for details in the Thursday Thunder email newsletter:

Monday, August 21—

Meet Your Teacher Day; Used Uniform Sale; Middle School Parents Meeting

Wednesday, August 23—

Students' First Day of School

News from our Parish

Are you interested in becoming Catholic or learning more about the Catholic faith? Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start on Tuesday, October 10th. Note that the first three classes are on Tuesday with the remaining classes being on Monday up to the Easter Vigil. Then after Easter Sunday, the remaining four classes will go back to Tuesday.



Cub Scout Pack 997 (sponsored by St Theresa Parish) welcomes new Cub Scouts for the 2023-2024 school year! We have an exciting and engaging program planned for the upcoming year. We are open to boys in grades K through 5; Scouts need not be students at St Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held in September; date TBA. Interested families should send an email to pack997leaders@googlegroups.com for more information.

One Holy Hour/One Priest/Each Week/One Heart of Prayer

Where would we be without our priests? It is a privilege to pray for our priests. Seven Sisters Apostolate has a mission for women of the parish to pray for individual priests offering a Holy Hour every day for a specific priest. We invite women to discern to pray for our priests. Interested in this mission or need more info? Contact Kelly Rush @kelly4vt@gmail.com. Can also visit sevensistersapostolate.org to learn more.

St. Theresa Catholic School
Join our team!

We are looking for faith-filled, energetic, and dynamic educators and staff to join our school family for the 2023-24 school year!

We are accepting applications for the following part-time positions:

**Extended Day Care Staff
Lunch/Recess Monitors
Substitute Teachers**

Please send your resume, cover letter, and references to HR@sainttheresaparish.com

2024 Mass Intention Book

is now open. Due to the high demand this year, and our book filling up so quickly, we are going to only open the book for January -1 through June 30, 2024 right now. The second half will be opened later in the year. For those requesting multiple Masses for the year, **you can request 2 per week and can only come into the office to request them on Tuesdays and Thursdays.**

Annual Parish Golf Tourney Sponsors & Golfers needed!

Registration is now OPEN for the 13th Annual Friends of St. Theresa School (FOSTS) Golf Tournament on

Monday, October 2, 2023 at Belmont Country Club!

Proceeds from the tournament provide tuition assistance for St. Theresa School students whose families experience a financial hardship. Join us for this St. Theresa parish-school tradition, it's FORE the kids! Not a golfer? Join us for dinner! For details on golf and sponsorship levels (for individuals, businesses, & families), please scan the QR code, visit our parish website (www.SaintTheresaParish.com), or contact Regina Freschi, freschir@stsashburn.com or 703.729.3577.

Friends of St. Theresa School (FOSTS)
13th Annual Golf Tournament for tuition assistance

*Religious
Education
Teachers and
Volunteers
Needed*

Called to Teach? -

Have you ever wondered whether you should teach CCD, or felt something pulling at you to do it? If so, we invite you to embrace the call of the catechist, and share the joy of a relationship with Christ with the young people of our parish this coming school year.

Called to Volunteer?

Do you want to help but unsure about teaching? We are also in need of volunteers as hall monitors, coordinators, etc.

Please contact the Office of Religious Education at reoffice@sainttheresaparish.com for more information.

Adult Education and Spiritual Enrichment

That Man is You

All men who have registered, or are interested in the program, please join us on Wednesday, August 23 at 7:00 PM for a brief presentation and social hour in the Zelig room of the Parish school building. Wives are welcome - the program is much more fruitful when your wives understand and support the program. Please RSVP to Jack Hayes at 703.537-6418 or jack.hayes422@aol.com. Please continue to watch the bulletin for upcoming details.

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Over the summer we are watching The Wild Goose Series with Fr. Dave Pivonka on discovering a deeper relationship with the Holy Spirit. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any

Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

Looking to learn more about your faith? This Fall we will be offering five different classes.

The Bible Timeline

The Bible Timeline is a Catholic Bible study that can help anyone to make sense of the Bible and experience the life-changing power of God's Word. This is a great class foundational class!

Tuesdays 7-8:30pm. In-Person. Starts Nov. 7th. Contact Deacon Noah at dcnnoah@saintthereseparish.com

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Brett at bret-tastengako@gmail.com

The Gospel of Matthew

Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today.

Tuesdays 8-9pm. Zoom. Starts Oct 3rd. Contact: Andy at johnson.andrew7003@gmail.com

Acts: The Spread of the Kingdom

The Compelling Story of the First Christians, Acts: The Spread of the Kingdom, traces how the gospel wit-

ness spread outward in waves from Jerusalem, and reveals how the seeds of Church structure and authority took root.

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Mark at markscal-lion20@gmail.com

Wednesdays 7-8pm. In-Person. Starts Oct. 4th. Contact: Linda at lmmetz3@msn.com

Biblical Walk Through the Mass

A Biblical Walk Through the Mass explores the extraordinary biblical roots of the Liturgy and reveals what it all means and why it all matters.

Thursdays 7-8pm. In-Person. Starts Oct. 5th. Contact: Viki at vc_hughes@hotmail.com

Prophets

The Prophets: Messengers of God's Mercy examines who the prophets were, their role during their time, and the meaning of their messages for our own time.

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Andy at johnson.andrew7003@gmail.com

Additional class details, sign-ups, and ordering information can be found at: CatholicEducationForAdults.org

News Around the Diocese

Events at Our Lady of Bethesda Retreat Center.

Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website

www.ourladyofbethesda.org for more info and to register for the following:

Plan to Take a Personal "Retreat" Day this Summer

Sept 9, Oct 13, Nov 17

Are your days overcrowded, jam-packed, and busy, busy, busy? Take a break this summer and enjoy your very own personal retreat at Our Lady of Bethesda Retreat Center. During your personal retreat, from 9am-4pm, an experienced retreat director will guide you to a place of rest with Christ. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus lunch; so you will be nourished

and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$100 per person. Advance Registration is required

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop: Oct 14-15, 2023

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! Please note: This is NOT an overnight program. Cost: \$480 per couple. Seating will be limited.

Three to Get Married Marriage Prep

Sep 28-Oct 1, Nov 16-19, Dec 14-17
The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage prepa-

ration course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited.

Silent Retreat Weekend for Women Oct 6-8, 2023

Are you looking to deepen your understanding and connection with God? Look no further than a retreat at Our Lady of Bethesda Retreat Center. Our retreat weekends are based on the Spiritual Exercises crafted by St. Ignatius and offer a unique opportunity to cultivate a deeper understanding of yourself, your relationship with God, and the world around you. Explore your mission in life and Experience Christ's Presence in the Silence of a retreat! Registration is required. Cost: \$300 per person

News Around the Diocese Continued

Retreat for Adult Children of Divorce—This weekend retreat focuses on discovering our identity as children of God, although it also focuses on overcoming the effects of parental divorce, forgiving our parents, and connecting with others from this background. The weekend includes presentations, small groups sharing, adoration, spiritual direction, and Mass. This three-day retreat is the center piece of youth ministry. The 2023 Arlington retreat will take place from **Friday, September 8- Sunday, September 10, 2023** at San Damiano Spiritual Life Center. Cost: \$375 through August 14, 2023, and \$425 after August 14, 2023. Register at www.arlingtondiocese.org/healingretreat/

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

Day of Prayer and Healing After Abortion Care for Women—After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, **September 30, 2023**. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please con-

tact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Guadalupe Free Clinic Golf Classic
Register now for the 8th annual Guadalupe Free Clinic Golf Classic coming up on September 8, 2023 at Old Hickory Golf Club, 11921 Chanceford Drive, Woodbridge, VA. Here is the link--> <https://guadalupefreeclinic.org/golf-classic>
Sponsorships are also very welcomed so please see the web site for the types available and sign up!! With your support, we can continue to make this an annual event that will bring the community together as well as raise funds for this important organization every year.

The Golf Classic supports The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, and a donor-supported, volunteer-staffed free health clinic that serves the indigent, working poor and uninsured residents of Colonial Beach and Westmoreland County, VA. Founded by Diocesan Priest Father Jerome Magat in 2005, the clinic is committed to providing free high-quality primary medical care, referrals to medical specialists, and medication to hundreds of needy people every year. More information can be found here --> <https://guadalupefreeclinic.org>

Test Prep Workshop & Practice High School Placement Test: Saturday, October 21, 2023 (9am-1pm) John Paul is hosting two Test Prep Workshops that will conclude with taking the Pre-High School Placement Test (Pre-HSPT). Participants will learn test taking strategies that they will be able to implement on a practice test upon conclusion of the workshop. Lunch is included. To Register for any of John Paul's 2023 Pre-HSPT offerings, please use the links below: To register: <https://forms.gle/gtLeSru8zebN1AEW9> To pay: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration> Please reach out by email or phone at admissions@jpthegreat.org and/or 703.445.0246 with any questions.

Help Low Income Students Receive a Catholic Education and receive most of your donation

back through tax savings! (without having to itemize)

The Virginia Education Improvement Scholarships Tax Credit Program will award a 65% state tax credit for donations made to the **Diocese of Arlington Scholarship Foundation, (DASF)**, which provide scholarships for low-income students new to our diocesan Catholic Schools. **You do not have to itemize in order to use the 65% tax credit!** Donations must be preauthorized in advance. Please see the insert in the bulletin or call Jeanne Combos at 703.841.2764 (or email DASF@arlingtondiocese.org), or go online for more details and to download the preauthorization request form at: <https://www.arlingtondiocese.org/Scholarship-Foundation/>

Diocesan Pilgrimage to Emmitsburg
Join Bishop Michael F. Burbidge and our diocesan family on a pilgrimage to the National Shrine of Saint Elizabeth Ann Seton and the National Shrine Grotto of Our Lady of Lourdes, Emmitsburg, MD, on Saturday, October 7 (Feast of Our Lady of the Rosary), from 9 a.m. - 3 p.m. The day will feature a talk on Saint Elizabeth Ann Seton, Mass, procession to the Grotto cave with recitation of the Holy Rosary and Eucharistic Adoration. The two shrines within this pilgrimage are at separate locations and require a 6-minute drive. Transportation to Emmitsburg is not provided, but some parishes are coordinating buses. Please contact your parish for possible travel arrangements. For more information please visit: <https://www.arlingtondiocese.org/pilgrimage-emmitsburg/>



There is an urgent need for car donations to help needy families in the Northern Virginia area. Cars are reconditioned and given directly to low-income families, including single parents, domestic violence victims, and Afghan refugees. The Car Ministry, 929 W Broad Street, STE 205, Falls Church, VA 22046, 703.237.8479. Website: www.carministry.org; Email: donate@carministry.org

More News Around the Diocese

Calling all Young Adults! Join the Associates of St. John Bosco for food, fellowship, and an opportunity to support young people at our 4th annual Bosco BBQ on Thursday, September 7th at 6:30pm in Alexandria! The Associates of St. John Bosco is a Catholic, Northern-Virginia based nonprofit that aims to bridge the gap of faith for students after they graduate high

school and before they enter college. Come learn how you can help the next generation of college students by supporting our mission! For more details and to register, visit asjb.org/boscobbq.

Mass for Marriage Jubilarians
Celebrating A Golden or Silver Wedding Anniversary This Year? Were you

married in 1973 or 1998? Then join Bishop Michael Burbidge for the 2023 Mass for Jubilarians to be celebrated on Sunday, October 15, 2023, at 3 p.m. at St. Agnes Catholic Church in Arlington, VA. Contact your parish office to register no later than Monday, October 2, 2023. For more info, visit www.arlingtondiocese.org/MJM.



Knights of Columbus

Saint Theresa Picnic: Save the date for our parish picnic this fall on Sunday 1 October.

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating 5,130 pounds of food and sorting and transferring them to the Catholic Charities Loudoun Food Pantry in Sterling.

The next collection will take place on the weekend of August 26-27. Please pick up a blue bag on August 19-20

and return it the following week. Please, no expired items. The pantry is unable to distribute expired items. Thanks for your support.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: [https://www.st-](https://www.st-louismartin-kofc.org/handy-man-services)

[louismartin-kofc.org/handy-man-services](https://www.st-louismartin-kofc.org/handy-man-services).

Catholic men: Interested in learning more about the Knights of Columbus? See our most FAQ at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



Current Critical & Urgent Adoration Needs

Critical Need: No Adorer Scheduled

Sunday	Thursday	Friday
12:00am	1:00am	4:00am
2:00am		



Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

Sign up for one of our open Adoration Time slots – it will change your life, your family’s life, and the life of our St. Theresa Parish!

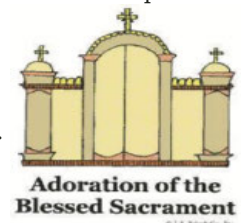
Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR www.tinyurl.com/weadore

Please visit the website to signup, or email letusa-dore@sainttheresaparish.com, or text to 703.608.4278 or 703.728.0168, or come by the parish office.

“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”– St. Mother Theresa Won’t you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



Parish Offices

Secretary: Kelly Cosenke, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Priscilla Keller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Save the date: Fall Consignment Sale Sept 30th

www.littleflowerconsignments.org. Sign up to consign, volunteer or learn more about the sale! Children's clothing, books, toys, baby equipment and much more. Consider consigning your items as you clean out your closets. Don't want to consign? Consider donating your items directly. Divine Mercy Outreach receives 100% of the proceeds from donated items to help families in need. Contact Elisa Mitchell at eagmitchell@gmail.com

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames.

Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com if you want to help or if you have these items to donate.

New Bed Pillows needed

Our Bed Ministry is in need of new bed pillows to help families in need. Please drop off in the Outreach boxes or at the parish office. Thank you!

Bed Ministry—Volunteer for the Bed

Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too!

Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need.

Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Friends in Need

Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

Monetary Donations—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, or by mail or drop off to the parish office. Please

indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

The Visitation Ministry

Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at clewis825@gmail.com.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

Please do not leave clothing at church. We are not accepting clothing donations.

SERVING THE COMMUNITY FOR 40 YEARS

FAMILY OWNED & OPERATED SINCE 1975

JOHN NUGENT & SONS

HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS



Your comfort is our concern

Call **703-356-7499** to request service **ANYTIME** am or pm!



GREEN SUN, INC.
Parishioner

Let us do the work! 703.327.7018

Modern Landscape Design Service and Landscape Maintenance

Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living

Visit our Photo Gallery at
www.greensuninc.com/photogallery

DRYHOME
Roofing & Siding, Inc.

**ROOFING
SIDING
GUTTERS
WINDOWS
& DOORS**

Fully Licensed,
Bonded & Insured

**FREE Estimates on
Repair & Replacement**

703-230-ROOF
7663

www.dryhome.com

HOW WILL YOU BE REMEMBERED?

Full Service Facility • Pre-Planning
Traditional Burial Services • On-site Cremation Services
Receptions • Monument Sales & Installation

www.loudounfuneralchapel.com

158 Catoctin Circle, SE • Leesburg, VA 20175
703-777-6000

WE APPRECIATE OUR ADVERTISERS!

They allow us to print this bulletin. Thank you!

Curtis Tutoring of Loudoun VA, LLC

Michelle Marie Curtis
Teacher & St. Francis de Sales Parishioner
703-625-8481

"Tell me and I forget, teach me and I may remember, involve me and I learn"
— Benjamin Franklin
michellecurtis.teacher@gmail.com

ASHBURN ASPHALT LLC

For Driveway Paving, Private Road Paving, Sealcoating, Resurfacing and More

State of the art full-service paving company to manage your paving products from concept to completion
Residential & Commercial • Best Quality Services & Experienced Employees
A QUALITY PRODUCT AT A REASONABLE PRICE!

CALL ADAM ~ PARISHIONER
571.722.6323 • ashburnasphalt.com



PURPOSEFUL LIVING

Whether your'e looking for Independent Living, Assisted Living or Inspiritas - Memory Care, Ashleigh at Lansdowne is committed to taking senior living to the next level.

Call (703) 345-6912 for more information, and to schedule a personal tour.



INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

4124 WOODRIDGE PARKWAY • LANSDOWNE, VA 20176 • (703) 345-6912

WWW.RUI.NET/ASHLEIGH • @ASHLEIGHATLANSDOWNE

A RETIREMENT UNLIMITED, INC. COMMUNITY • FAMILY-OWNED & OPERATED IN VIRGINIA FOR MORE THAN 30 YEARS



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

NOVA

PEDIATRIC DENTISTRY
& ORTHODONTICS

BRINGING SMILES TOGETHER



Dr. Matt

Dr. Lydia

Dr. Val

Dr. Courtney

(703) 729-7005

www.novapdo.com

Dr. Val

Parishioner *and* STCS Parent

P & D PLUMBING

No job too small or too big, we do it all!

703-939-4473

LICENSED & INSURED

www.PandDplumbing.com



Jonathan Laramie, Attorney

Wills, Trusts, Probate

Tel: (703) 865-2525

www.DominionLawGroup.net

IMMIGRATION LAWYERS

GREEN CARDS

WORK VISAS

COMPLEX CASES

Free 30 min Consultation

Call 866-982-1669

info@donaldgrosslaw.com

www.DonaldGrossLaw.com

SHORT STAFFED?

Place an ad here to find new local talent for your business.



CALL 800-477-4574



Dr. Jean-Claude
Kharmouche



Board Certified Specialist
Over 25 Years Experience

STERLING

21165 Whitfield Pl. • Suite #107

ALDIE

24585 Stone Carver Dr. • Suite #100

LEESBURG

2 Cardinal Park Dr. • SE #102B

703.444.4377

www.perioperio.com

Sterling | Aldie | Leesburg

SUPPORT OUR ADVERTISERS!

**Aren't You Tired Of
Repairing Old
Asphalt Cracks?**

**Please Let Us Provide
A Professional
Installation**

(New Asphalt Overlays)

(And Also New Asphalt Replacements)



Paul J. : 703-582-9712
PaulWithFrontier@gmail.com

Luke J. : 540-322-6509
FrontierAsphaltServices@gmail.com

Look At Our Website!
www.FrontierAsphaltServices.com

**20%
OFF**
Call Us
NOW!

LET'S GROW YOUR BUSINESS

Place Your Ad Here
and Support Our Parish!

CONTACT ME
Jim Marcinkiewicz

jmarcinkiewicz@4LPi.com
(800) 477-4574 x6417



SUPPORT
OUR PARISH

**WE APPRECIATE OUR
ADVERTISERS!**

They allow us to print
this bulletin. Thank you!



St. Joseph's Roofing, Inc.

ROOFING • WINDOWS • GUTTERS • SIDING

703-716-7663

www.SJRoof.com



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

Broadlands family Dentistry

43150 Broadlands Center, Plaza #158,
Ashburn, VA 20148
(Located in the shopping center next to the church)

*smile
freely*

**Victor Han, DDS
703.726.1600**

www.broadlandsfamilydentistry.com



POTOMAC SERVICE/ CLEAN MAID SERVICE

FREE ESTIMATES • FAMILY OWNED & OPERATED
\$20.00 OFF 2ND CLEANING WITH THIS AD
~ Licensed • Bonded • Insured ~
(703) 435-0409 SINCE 1989 (703) 725-7371

Bilstad's
THIS AD GOOD FOR A
10% DISCOUNT
VALID 30 DAYS FROM
DATE ON BULLETIN
PARISHIONER
20937 Ashburn Rd. Ste. 150 • Ashburn, VA
703.483.2417 | bilstadsbeignets.com

Holding Hands Home Care

Companionship • Homemaking
Personal Care • Movement Disorder Care
Respite Care • Dementia Care
www.holding-handshomecare.com
leeanne.philbin@holdinghandshc.com

Contact Lee Anne Philbin at 571-545-3555

Place Your Ad Here and Support our Parish!
Instantly create and purchase an ad with
AD CREATOR STUDIO

4lpi.com/adcreator

SHORT STAFFED?

Place an ad here to find new local talent for your business.



CALL 800-477-4574

POTOMAC SURGICAL ARTS, P.C.

WISDOM TEETH • DENTAL IMPLANTS
COSMETIC FACIAL SURGERY

Washingtonian Top Oral & Facial Surgeon



Craig Vigliante, MD, DMD

Board Certified Oral & Facial Surgeon

703-723-5366

www.PotomacSurgicalArts.com

PARISHIONER

LET'S GROW YOUR BUSINESS

Place Your Ad Here and Support Our Parish!

CONTACT ME Jim Marcinkiewicz

jmarcinkiewicz@4LPi.com • (800) 477-4574 x6417

FREE AD DESIGN
with purchase of this space
CALL 800-477-4574



AG ADAMS-GREEN FUNERAL HOME & CREMATORY
Family Owned & Operated Since 1885 • Serving Northern Virginia

- Crematory on premises
- Military, out of town & international arrangements
- Pre-planning available
- Out of state burial
- Chapel for all faiths
- Convenient parking

The personal and professional service you deserve during a difficult time in a home like atmosphere.

721 Elden Street • Herndon, VA 20170
703-437-1764 • 703-471-4090
www.adamsgreen.com

BILL KEATLEY Manager
KATHRYN ADAMS Owner

Paragon home care

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

TRUSTED SENIOR CARE SERVICES PROVIDING A HELPING HAND AT HOME

Arlington Diocese Member Owned & Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950

COSTA DENTISTRY

ST. THERESA PARISHIONER & SCHOOL PARENT
VOTED NORTHERN VIRGINIA'S TOP DENTIST EIGHT YEARS IN A ROW

703-542-7000 • COSTASMILES.COM
ALWAYS ACCEPTING NEW PATIENTS
BRAMBLETON | GREAT FALLS



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

"Loudoun's Oldest Family-Owned & Operated Funeral Home"



Greg & Suzanne Walley, Owners

201 Edward Ferry Road NE,
Leesburg, Virginia 20176

703-777-1414

www.colonialfuneralhome.com

- Burial • Cremation
- Veterans Funerals • Preplanning

Westlake Legal Group

"We plan to win, because we plan to win"



Family Law & Adoption
Criminal Law • Personal Injury
Bankruptcy • Civil Law

703.406.7616 ~ WestLakeLegal.com

46175 Westlake Drive, #320, Potomac Falls, VA 20165

Stream Valley Veterinary Hospital

As Professionals, we will provide you with or advise you about the finest and most up-to-date veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY

703-723-1017

streamvalleyvet.com • Parishioners

Complete Health Dentistry
Ann N. Hebda D.D.S.

Dental care for the
Entire Family



St. Theresa Parishioner

Dr. Ann N. Hebda

www.drannhebda.com

703-723-9788

20600 Gordon Park Square, Suite 190
Ashburn, VA 20147



We welcome residents into warm home settings, care for them with respect and devotion, and ensure their days are filled with hope, purpose and joy.

Call Us to Schedule a Tour: 571-378-0295
www.paragonassistedliving.com

Trusted Senior Care Provider
at Your Home...or Ours!



ALWAYS HIRING GREAT CAREGIVERS

An established, premier home care provider awarded the "Best of Home Care"
Award for the highest customer satisfaction ratings based on blind survey of clients
Call Us For A Free Assessment Today (703) 942-8950 - www.paragonhomecare.com



LEGACY

LAW CENTERS

571-777-1000

Comprehensive
Estate Planning
Wills • Trusts
Medical Directives



Sam Mansoor, ESQ.
PARISHIONER



JEWELRY - GIFTS - APPAREL

KETTERMAN'S

always...

IN-HOUSE JEWELRY REPAIR & DESIGN

Celebrating, Preserving and Making Memories
From our family to yours since 1951

212 Catocin Circle, SE, Leesburg, VA

always@kettermans.com . 703.777.0033 . www.kettermans.com



Veteran Family Owned
Since 1984

4 1/2 %

COMMISSION

FULL

SERVICE

703-726-9444

DISCOVER YOUR BEST SMILE WITH THE #1 INVISALIGN® PROVIDER IN THE NATION

MOST INVISALIGN PATIENTS TREATED SUCCESSFULLY NATIONWIDE
OUR OFFER FOR ST. THERESA'S FAMILIES

\$800 OFF

FULL TREATMENT



Scan to schedule your
complimentary consultation

DR. ZACH CASAGRANDE | DR. ELVI BARCOMA | DR. DANIELLE ROBB
DR. JESSICA ITANI | DR. SONNY SONG | DR. KIANOUSH TARI



ASHBURN | RESTON | ONE LOUDOUN
TYSONS | PURCELLVILLE | ARLINGTON

Offer valid for new patients and full treatment only. Cannot be combined with any other discounts or promotions. Offer void on State Expense treatment. Offer expires 6/30/24. State Expense Orthodontics, LP Virginia, P.C. | Leesburg VA, VA



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000