

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

August 27, 2023

Twenty-First Sunday in Ordinary Time



## Masses for the Week

<b>Mon, Aug 28</b>	6:15— Levi Miles 8:30— Graham & Bernadette Bonner 12:15— Sadie Murphy+
<b>Tues, Aug 29</b>	6:15— Sherman Wayne Peterson+ & Brandon Scott Barkman 8:30— Edward Belet+
<b>Wed, Aug 30</b>	6:15— Gary Massar+ 8:30— Nithya Venkat 12:15— Fr. Gerald Weymes
<b>Thurs, Aug 31</b>	6:15— Religious Education Students 8:30— Dan Jeffries+
<b>Fri, Sept 1</b>	6:15— The Miles Family 8:30— Carol Krichbaum 12:15— Joseph Matt+
<b>Sat, Sept 2</b>	8:30— Anna Mathew+ 5:30— Virginia Schrader
<b>Sun, Sept 3</b>	7:30— Freya Jellish 8:45— Stan Urynowicz+ 10:30— Chris Pelczar 12:30— Gail Stalcup Varley+ 5:00— St. Theresa Parishioners

## Parish Mass Schedule

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

## Clergy

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Michael Williamson, Peggy Burkholder, Brenda Fitzpatrick, Jack LaFave, Catherine Feeney, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson.

**Prayers For Our Military:** Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Tony Mattice, David Lakey.

## A Study of the Angels, Continued: The Virtues and the Dominions

Let's continue studying about the angels. As you might recall from previous bulletin columns, there are nine "choirs" of angels in the celestial hierarchy. We're currently looking at the middle three choirs: the Dominions, the Virtues, and the Powers. There are known as the "angels of creation" because they concern themselves with the ordering of the universe. Last time, we considered the Powers. Today let's consider the Virtues and the Dominions.

The higher the object of our study, the more imperfect our knowledge becomes. Whereas we can have perfect knowledge of lower things—such as plants, animals, and minerals—the study of higher things—such as God and the angels—is shrouded in mystery, and our knowledge will always be imperfect. As a consequence, we don't know very much about these angels. The following is a summary of the traditions we've been given.

### *The Virtues*

The names of some choirs of angels seem strange to us, but do make sense upon closer examination. "Virtue" is a word most often used to refer to actions, not to living beings. However, the choir of Virtues are said to be agents of God's actions on earth and therefore act as agents of divine perfection. Perfection is part of the meaning of the word "virtue," which derives from the Latin word *virtus* meaning perfection, excellence, or courage. It is believed that the Virtues oversee the movements of planets, stars, and the forces of nature according to God's design. Other duties traditionally associated with the Virtues are the working of public signs and miracles, and the encouragement the faithful in such matters as patience and perseverance.

The choir of Virtues appears twice in scripture:

God raised Christ from the dead and made him sit at his right hand in the heavenly places, far above every Principality, Power, Virtue, and Dominion, and above every name that is named, not only in this age but also in that which is to come.  
(Eph. 1:20-21)

Jesus Christ has gone into heaven and is at the right hand of God, with angels, Powers, and Virtues subject to him. (1 Pet 3:21-22)

Artists have depicted the choir of Virtues in many different fashions. Some have shown them carrying white lilies for perfection, or red roses to symbolize Christ's passionate love. Because of their connection to God's power over the elements of nature, Virtues are also depicted holding the earth in their hands.

### *The Dominions*

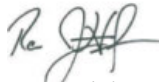
The word "Dominions" comes from the Latin word *dominus*, meaning "master" or "Lord." In fact, these angels are sometimes called "Lords," because they reveal God's majesty to other angels. The choir of Dominions appears once in the New Testament, apart from the passage from Ephesians, cited earlier.

For in him were created all things in heaven and on earth, the visible and the invisible, whether Thrones or Dominions or Principalities or Powers;  
all things were created through him and for him. (Col 1:16)

Although angels are beings of pure spirit and have no visible form, we still depict them according to familiar patterns. Dominions are depicted by the most traditional fashion: divinely beautiful human beings with a pair of feathered wings. They are distinguished from other angelic groups by wielding orbs of light, or by carrying a scroll, representing the will of God which they are tasked with sharing.

Jesus once told us, "You know how the rulers of the Gentiles lord it over them, and how their great ones make their authority over them felt. It shall not be so among you." Similarly, the choir of Dominions reminds us that only those who obey God are fit to rule others.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### **Wanting to hear Fr. Hudgins' homilies?**

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

# Youth Education and News



ymoffice@sainttheresaparish.com

## August

Sunday, the 27th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 28th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 29th-Load food for transport, 6:15-7pm

## September

Saturday, the 2nd-Confirmation Retreat, 1:30-8pm

Sunday, the 10th-Upper Room Squad, 6-7:45pm

Saturday, the 16th-Confirmation Retreat, 1:30-8pm

Sunday, the 24th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 25th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 26th-Load food for transport, 6:15-7pm

**Confirmation Retreat Information:** Registration for the Retreats for our Confirmation Candidates is open – the

retreats are from 1:30pm to 8pm on **September 2nd or September 16th** and will be held here at St. Theresa. Please email Paul Dwyer at ymoffice@sainttheresaparish.com.

**Teen Volunteers for the Retreat** – if you are a High Schooler entering 10th through 12th grade and would like to volunteer at the Confirmation Retreat just email Paul Dwyer at ymoffice@sainttheresaparish.com This is your chance to share your Faith and to welcome incoming Freshman to your High School – you will run a small group and we try to connect group leaders with confirmation candidates from the same school. This is great for volunteer hours.

**St. Theresa CYO Thunder Runners Registration:** St. Theresa Thunder Runners, Track & Field and Cross-Country program is open to parishioners in grades 4th - 8th. The season will begin September 5th and end November 10th. Practices will be held Tuesdays and Fridays on the school track from 3-4:45pm. Cost of the program is \$78 per child. Registration will open on August 31, 2023 at 7pm. The first 50 registrations will be accepted – so it is first come, first served. All levels of runners welcome!

All athletes **MUST** be registered in both the Track & Field database and the Cross Country database in order to participate in the program. Coaches will work with the runners to determine what programs / disciplines they will participate in as the season progresses. Please contact Amanda Todd at mander118@yahoo.com if you have any questions.

You can register at <https://reg.sportspilot.com/106557>



Office Hours:  
Mon-Thurs. 9am-4pm; Fri. 9am-noon

**Registration for Religious Education classes** is open. Visit the parish website to sign up for classes next year.

**Adults Plan Ahead to Volunteer**  
Want to volunteer at the many St. Theresa's children based programs / events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.

God bless all students & teachers as they start the new year!



Saint Theresa Catholic School



**STCS families, we can't wait to see you this week!** Please mark your calendars for the following Back-to-School events, and watch for details in the Thursday Thunder email newsletter:

**Wednesday, August 30**—  
Middle School Back-to-School Night

**Thursday, August 31**—  
Elementary Back-to-School Night

**Friday, September 1**—  
Early Dismissal

**Monday, September 4**—  
No School, Labor Day

**Friday, September 15**—  
Middle School Dance

**Please re-link your Harris Teeter cards with St. Theresa Catholic School (STCS)!** Parents, grandparents, alumni, parishioners, & friends, don't forget that each summer you

need to re-link your Harris Teeter card. Visit [www.harristeeter.com/together-in-education](http://www.harristeeter.com/together-in-education) and use code #5887. You can also stop at the customer service desk in-store for help. We are grateful for your support!

**St. Theresa Catholic School is hiring for the 2023-24 school year!** STCS is accepting applications for the following part-time positions: Extended Day Care Staff, Lunch/Recess Monitors, and Substitute Teachers. To apply, please send your resume, cover letter, and references to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).

**Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life?** We have a few openings remaining for the 2023-24 school year; please visit our website at [www.stsashburn.com](http://www.stsashburn.com) (click "Admissions") or email Admissions Director Denise Rotell, [rotelld@stsashburn.com](mailto:rotelld@stsashburn.com) for more information.



## News from our Parish

### Join us for a new year of Walking With Purpose - women's and middle school girls' Bible studies!

Walking With Purpose is a Catholic women's ministry that develops Bible studies to reach women and middle school girls. Our small groups from St. Theresa's (which meet weekly September - May in the homes of leaders) combine personal study with small group discussion, linking our everyday challenges to the solutions given to us through the teachings of Christ and the Catholic Church. Blaze is the Walking With Purpose ministry for middle school girls. The mission of BLAZE is to use Scripture to speak God's truth into the hearts of young girls (you can learn more about the BLAZE ministry at [walkingwithpurpose.com/blaze](http://walkingwithpurpose.com/blaze)). The adult groups will meet weekly beginning the week of Sept. 26th. BLAZE will meet weekly for twenty weeks starting in October. Registration is now open (go to St. Theresa's website and under "Activities", click on "Women's Bible Study-Walking With Purpose". If you desire to grow in your faith—in a supportive community of Catholic women (or girls)—Walking With Purpose is for you! All women are welcome to join us for our Kick Off Mass and Wine Social - Thursday, **September 15th**, beginning with Mass @ 7pm followed by a casual reception in the Atrium at 8pm. This is a wonderful opportunity to see what our program is all about, meet other women, and connect with your small group! We look forward to seeing you soon! Questions? Email us at [sttheresawwp@gmail.com](mailto:sttheresawwp@gmail.com)

### Young at Heart

Join us Wednesday, **Sept. 20, 2023** for our meeting in the Admin. Bldg. after 12:15 Mass. This will be a bring-your-own-lunch event, and the Club will provide ice cream sundaes with all the fixings. Fr. Vaccaro will be our guest speaker, so plan to attend. Questions? Call Freddie 703.615.5715 or [wallflower64@gmail.com](mailto:wallflower64@gmail.com)

**Are you interested in becoming Catholic or learning more about the Catholic faith?** Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start on Tuesday, October 10th. Note that the first three classes are on Tuesday with the remaining classes being on Monday up to the Easter Vigil. Then after Easter Sunday, the remaining four classes will go back to Tuesday.



### Cub Scout Pack 997

(sponsored by St Theresa Parish) welcomes new Cub Scouts for the 2023-2024 school year! We have an exciting and engaging program planned for the upcoming year. We are open to boys in grades K through 5; Scouts need not be students at St Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held in September; date TBA. Interested families should send an email to [pack997leaders@googlegroups.com](mailto:pack997leaders@googlegroups.com) for more information.

### One Holy Hour/One Priest/Each Week/One Heart of Prayer

Where would we be without our priests? It is a privilege to pray for our priests. Seven Sisters Apostolate has a mission for women of the parish to pray for individual priests offering a Holy Hour every day for a specific priest. We invite women to discern to pray for our priests. Interested in this mission or need more info? Contact Kelly Rush [@kelly4vt@gmail.com](mailto:@kelly4vt@gmail.com). Can also visit [sevensistersapostolate.org](http://sevensistersapostolate.org) to learn more.

### 2024 Mass Intention Book

is now open. Due to the high demand this year, and our book filling up so quickly, we are going to only open the book for January -1 through June 30, 2024 right now. The second half will be opened later in the year. For those requesting multiple Masses for the year, **you can request 2 per week and can only come into the office to request them on Tuesdays and Thursdays.**

**Donut Sunday!** Please join us after 7:30am, 8:45am, 10:30am mass for Donuts and Fellowship. Please mark your calendars: September 3rd | October 15th | November 19th | December 10th | December 24th

We are in need of donations and volunteers. Please sign up, if you can. <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint> Please contact Angela Haberland at [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com) or 703.407.1204 with any questions.



### Called to Teach? -

Have you ever wondered whether you should teach CCD, or felt something pulling at you to do it? If so, we invite you to embrace the call of the catechist, and share the joy of a relationship with Christ with the young people of our parish this coming school year.

### Called to Volunteer?

Do you want to help but unsure about teaching? We are also in need of volunteers as hall monitors, coordinators, etc.

Please contact the Office of Religious Education at [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com) for more information.

# Adult Education and Spiritual Enrichment

## Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Over the summer we are watching The Wild Goose Series with Fr. Dave Pivonka on discovering a deeper relationship with the Holy Spirit. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

## Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

**Looking to learn more about your faith?** This Fall we will be offering five different classes.

## The Bible Timeline

The Bible Timeline is a Catholic Bible

study that can help anyone to make sense of the Bible and experience the life-changing power of God's Word. This is a great class foundational class!

Tuesdays 7-8:30pm. In-Person. Starts Nov. 7th. Contact Deacon Noah at dcnnoah@sainttheresaparish.com

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Brett at bret-tastengako@gmail.com

## The Gospel of Matthew

Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today.

Tuesdays 8-9pm. Zoom. Starts Oct 3rd. Contact: Andy at johnson.andrew7003@gmail.com

## Acts: The Spread of the Kingdom

The Compelling Story of the First Christians, Acts: The Spread of the Kingdom, traces how the gospel witness spread outward in waves from Jerusalem, and reveals how the seeds of Church structure and authority took root.

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Mark at markscal-lion20@gmail.com

Wednesdays 7-8pm. In-Person. Starts Oct. 4th. Contact: Linda at lmmetz3@msn.com

## Biblical Walk Through the Mass

A Biblical Walk Through the Mass explores the extraordinary biblical roots of the Liturgy and reveals what it all means and why it all matters.

Thursdays 7-8pm. In-Person. Starts Oct. 5th. Contact: Viki at vc\_hughes@hotmail.com

## Prophets

The Prophets: Messengers of God's Mercy examines who the prophets were, their role during their time, and the meaning of their messages for our own time.

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Andy at johnson.andrew7003@gmail.com

Additional class details, sign-ups, and ordering information can be found at: CatholicEducationForAdults.org

## Current Critical & Urgent Adoration Needs

### Critical Need: No Adorer Scheduled

Sunday	Thursday	Friday
12:00am	1:00am	4:00am
2:00am		



**Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

**Sign up for one of our open Adoration Time slots – it will change your life, your family's life, and the life of our St. Theresa Parish!**

Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR [www.tinyurl.com/weadore](http://www.tinyurl.com/weadore)

Please visit the website to sign up, or email [letusa-dore@sainttheresaparish.com](mailto:letusa-dore@sainttheresaparish.com), or text to 703.608.4278 or 703.728.0168, or come by the parish office.

## How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.



# Friends of St. Theresa School (FOSTS)

## 13th Annual Golf Tournament for Tuition Assistance

**Monday, October 2, 2023**

Belmont Country Club | Ashburn, VA

10:15am - Registration/Boxed Lunch/Warm Up

12:00pm - Shotgun Start

5:00pm - Dinner, Awards, & Silent Auction

Please join us for golf, food, and fundraising at the annual St. Theresa parish event to provide tuition assistance to families and students who might not otherwise have access to Catholic education! FOSTS was established in 2006, and has awarded over \$450,000 and assisted nearly 300 students. Your support is needed, and much appreciated!

**Scan the QR code, register online at [SaintTheresaParish.com](http://SaintTheresaParish.com), or mail this form to:**

FOSTS, c/o St. Theresa Catholic Church, 21370 St. Theresa Ln., Ashburn, VA 20147 (Checks payable to "FOSTS").

**\$190 per Golfer/ \$760 per Foursome**

*Includes golf fees, official tournament shirt, lunch, practice facilities, contests, and dinner!*

Golfer #1 Name: \_\_\_\_\_ Email: \_\_\_\_\_

Quarter-zip size: S M L XL XXL XXXL

Golfer #2 Name: \_\_\_\_\_ Email: \_\_\_\_\_

Quarter-zip size: S M L XL XXL XXXL

Golfer #3 Name: \_\_\_\_\_ Email: \_\_\_\_\_

Quarter-zip size: S M L XL XXL XXXL

Golfer #4 Name: \_\_\_\_\_ Email: \_\_\_\_\_

Quarter-zip size: S M L XL XXL XXXL

Scan to  
register now!



The tournament is Scramble format. Any golfer without a foursome will be paired up to complete a team.  
**Upon arrival, please check in - mulligans and 50/50 chances will be available for purchase!**

### Won't you consider being a Sponsor?

SPONSORSHIPS WITH GOLF		
Sponsor Level	Cost	Includes
<b>Tournament Headline Sponsor</b> (1 available)	<b>\$5000</b> <i>(Tax deductible: \$3500)</i>	Golf fees/carts/lunch/dinner for <b>TWO</b> foursomes (8 players), Premium name recognition at facility, on gift bag & dinner tables (along with Banquet Sponsor), in promotional materials & Parish/School social media, church bulletin, website & school newsletter
<b>Putting Contest Sponsor</b> (1 available)	<b>\$3000</b> <i>(Tax deductible: \$2250)</i>	Golf fees/carts/lunch/dinner for <b>ONE</b> foursome, exclusive name recognition at putting green (primary contest area), in promotional materials & Parish/School social media, church bulletin, website & school newsletter
<b>Lunch Sponsor</b> (1 available)	<b>\$2250</b> <i>(Tax deductible: \$1500)</i>	Golf fees/carts/lunch/dinner for <b>ONE</b> foursome, exclusive name recognition at lunch station, in promotional materials & Parish/School social media, church bulletin, website & school newsletter
<b>Platinum Sponsor</b>	<b>\$1500</b> <i>(Tax deductible: \$750)</i>	Golf fees/carts/lunch/dinner for <b>ONE</b> foursome in tournament, special name recognition at driving range, on social media & event website

SPONSORSHIPS WITHOUT GOLF		
Sponsor Level	Cost	Includes
<b>Banquet Sponsor</b> (1 available)	<b>\$3000</b> <i>(Tax deductible: \$2840)</i>	Premium name recognition on dinner tables (along with Headline Sponsor) and in promotional materials; 4 dinner tickets; Parish/School social media, church bulletin, website & school newsletter
<b>Silent Auction Sponsor</b> (1 available)	<b>\$2500</b> <i>(fully tax deductible)</i>	Exclusive name recognition at silent auction tables and in promotional materials & on Parish/School social media, church bulletin, website & school newsletter
<b>Beverage Cart Sponsor</b> (2 available)	<b>\$2000</b> <i>(fully tax deductible)</i>	Large signage on a beverage cart and in promotional materials & on Parish/School social media, church bulletin, website & school newsletter
<b>Gold Sponsor</b>	<b>\$500</b> <i>(fully tax deductible)</i>	Contest hole sponsorship/large sign for Longest Drive/Closest to Pin holes. Name recognition at hole, on social media & website
<b>Hole Sponsor</b>	<b>\$250</b> <i>(fully tax deductible)</i>	Name recognition at tee or green, on social media & website.

Sponsor Name (to appear on signs/marketing): \_\_\_\_\_

Contact Name: \_\_\_\_\_

Contact Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Level of Sponsorship: \_\_\_Headline \_\_\_Putting Contest \_\_\_Lunch \_\_\_Platinum \_\_\_Banquet \_\_\_Auction \_\_\_Bev. Cart \_\_\_Gold \_\_\_Hole

**To ensure proper recognition, sponsorships must be received by September 20, 2023.**

Businesses & individuals are invited to sponsor online or by mail (address above). **If you have a branded item you'd like to include in the tournament gift bag or would like to learn about other Sponsorship opportunities, please contact Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com) or 703/729-3577.**





## Knights of Columbus

**Saint Theresa Picnic:** Save the date for our parish picnic this fall on Sunday 1 October.

**Food Drive:** Many thanks to the parishioners, volunteers, youth group, and Knights for donating 5,130 pounds of food and sorting and transferring them to the Catholic Charities Loudoun Food Pantry in Sterling.

The next collection will take place on the weekend of August 26-27. Please pick up a blue bag on August 19-20

and return it the following week. Please, no expired items. The pantry is unable to distribute expired items. Thanks for your support.

**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: [https://www.st-](https://www.st-louismartin-kofc.org/handy-man-services)

[louismartin-kofc.org/handy-man-services](https://www.st-louismartin-kofc.org/handy-man-services).

**Catholic men:** Interested in learning more about the Knights of Columbus? See our most FAQ at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



## News Around the Diocese

**Calling all Young Adults!** Join the Associates of St. John Bosco for food, fellowship, and an opportunity to support young people at our 4th annual Bosco BBQ on Thursday, September 7th at 6:30pm in Alexandria! The Associates of St. John Bosco is a Catholic, Northern-Virginia based nonprofit that aims to bridge the gap of faith for students after they graduate high school and before they enter college. Come learn how you can help the next generation of college students by supporting our mission! For more details and to register, visit [asjb.org/boscobbq](http://asjb.org/boscobbq).

**Mass for Marriage Jubilarians** Celebrating A Golden or Silver Wedding Anniversary This Year? Were you married in 1973 or 1998? Then join Bishop Michael Burbidge for the 2023 Mass for Jubilarians to be celebrated on Sunday, October 15, 2023, at 3 p.m. at St. Agnes Catholic Church in Arlington, VA. Contact your parish office to register no later than Monday, October 2, 2023. For more info, visit [www.arlingtondiocese.org/MJM](http://www.arlingtondiocese.org/MJM).

**Retreat for Adult Children of Divorce**—This weekend retreat focuses on discovering our identity as children of God, although it also focuses on overcoming the effects of parental divorce, forgiving our parents, and connecting with others from this background. The weekend includes presentations, small groups sharing, adoration, spiritual direction, and Mass. This three-day retreat is the center piece of youth ministry. The 2023 Arlington retreat will take place from

**Friday, September 8- Sunday, September 10, 2023** at San Damiano Spiritual Life Center. Cost: \$425 after August 14, 2023. Register at [www.arlingtondiocese.org/healingretreat/](http://www.arlingtondiocese.org/healingretreat/)

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**Do you love someone with a drug or alcohol problem?**—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com). Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

**Day of Prayer and Healing After Abortion Care for Women**—After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, **September 30, 2023**. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Ca-

naan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

**Events at Our Lady of Bethesda Retreat Center.** Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) for more info and to register for the following:

**Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop:** Oct 14-15, 2023  
A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! Please note: This is NOT an overnight program. Cost: \$480 per couple. Seating will be limited.

**Three to Get Married Marriage Prep** Sep 28-Oct 1, Nov 16-19, Dec 14-17  
The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited.

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Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

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## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

### New Bedding Needed

Our Bed Ministry is in need of new full size and queen size mattress pads and new bed pillows to help families in need. Please drop off in the Outreach boxes or at the parish office. Thank you!

### Save the date: Fall Consignment Sale Sept 30th

[www.littleflowerconsignments.org](http://www.littleflowerconsignments.org). Sign up to consign, volunteer or learn more about the sale! Children's clothing, books, toys, baby equipment and much more. Consider consigning your items as you clean out your closets. Don't want to consign? Consider donating your items directly. Divine Mercy Outreach receives 100% of the proceeds from donated items to help families in need. Contact Elisa Mitchell at [egmitchell@gmail.com](mailto:egmitchell@gmail.com)

### Pantry Needs

Your help is needed. At times we have families or individuals with urgent food/toiletry needs. We are low on or out of the following items: shampoo, body wash for men and women, women's deodorant, tissues, dish soap, chili powder and sloppy joe mix pack-

ets, taco kits, canned green beans, corn and tomatoes, pre-packaged items for the homeless: individual trail mix snacks, instant noodle cups, snack sized chips & crackers. Mark Parish pantry and please drop off items at the parish office if possible.

**Furniture Ministry**—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or [furniture@sainttheresaparish.com](mailto:furniture@sainttheresaparish.com) if you want to help or if you have these items to donate.

**Bed Ministry**—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too!

Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need.

Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

### Friends in Need

Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new

baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).*



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