

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

September 3, 2023

Twenty-Second Sunday in Ordinary Time



## *Masses for the Week*

<b>Mon, Sept 4</b>	6:15— Joan & Robert Burton+ 8:30— Beth Moschetto
<b>Tues, Sept 5</b>	6:15— Nick D. Carrescia+ 8:30— James Hyep Nguyen+
<b>Wed, Sept 6</b>	6:15— Jerome & Lou Miles+ 8:30— Mia Venkat 12:15— Paul Tran+
<b>Thurs, Sept 7</b>	6:15— Marilyn Stavely+ 8:30— Steve & Bernie Smith
<b>Fri, Sept 8</b>	6:15— NETS 8:30— Hayden Baron
<b>Sat, Sept 9</b>	8:30— Jeanne Kilfeather 5:30— Deana & Jordan Grammo
<b>Sun, Sept 10</b>	7:30— St. Theresa Parishioners 8:45— Jack Hunter+ and Teodora Hunter+ 10:30— Dr. Michael Willman+ 12:30— Frank J. DeMeo+ 5:00— Sunil Tellis

## Parish Mass Schedule

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

## Clergy

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Michael Williamson, Peggy Burkholder, Brenda Fitzpatrick, Jack LaFave, Catherine Feeny, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson.

**Prayers For Our Military:** Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Tony Mattice, David Lakey.

## The Monthly Devotions of the Year—September

Each month of the year is traditionally devoted to one single aspect of our Catholic faith. September is dedicated to the Seven Sorrows of Mary, due to the Feast of Our Lady of Sorrows which falls on September 15. Here's a short prayer to help you keep this devotion, this month.

### The Seven Sorrows of Mary

#### The Prophecy of Simeon (Lk 2:34-35)

I grieve for you, O Mary, most sorrowful, in the affliction of your tender heart at the prophecy of the holy and aged Simeon. Dear Mother, by your heart so afflicted, obtain for me the virtue of humility and the gift of the holy fear of God. (Hail Mary...)

#### The Flight into Egypt (Mt 2:13-21)

I grieve for you, O Mary most sorrowful, in the anguish of your most affectionate heart during the flight into Egypt and your sojourn there. Dear Mother, by your heart so troubled, obtain for me the virtue of generosity, especially toward the poor, and the gift of piety. (Hail Mary...)

#### The Loss of Jesus for Three Days (Lk 2:41-50)

I grieve for you, O Mary most sorrowful, in those anxieties which tried your troubled heart at the loss of your dear Jesus. Dear Mother, by your heart so full of anguish, obtain for me the virtue of chastity and the gift of knowledge. (Hail Mary...)

#### Mary Sees Jesus Carry the Cross (Jn 19:17)

I grieve for you, O Mary most sorrowful, in the consternation of your heart at meeting Jesus as He carried His cross. Dear Mother, by your heart so troubled, obtain for me the virtue of patience and the gift of fortitude. (Hail Mary...)

#### The Crucifixion (Jn 19:18-30)

I grieve for you, O Mary most sorrowful, in the martyrdom which your generous heart endured in standing near Jesus in His agony. Dear Mother, by your afflicted heart, obtain for me the virtue of temperance and the gift of counsel. (Hail Mary...)

#### Jesus Taken Down from the Cross (Jn 19:39-40)

I grieve for you, O Mary most sorrowful, in the wounding of your compassionate heart, when the side of Jesus was struck by the lance before His Body was removed from the cross. Dear Mother, by your heart thus transfixed, obtain for me the virtue of fraternal charity and the gift of understanding. (Hail Mary...)

#### Jesus Laid in the Tomb (John 19:39-42)

I grieve for you, O Mary most sorrowful, for the pangs that wrenched your most loving heart at the burial of Jesus. Dear Mother, by your heart sunk in the bitterness of desolation, obtain for me the virtue of diligence and the gift of wisdom. (Hail Mary...)

Let Us Pray: Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the Hour of our death, before the throne of Your mercy, by the Blessed Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Savior of the world, Who with the Father and the Holy Spirit lives and reigns forever, and ever. Amen.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### *Upcoming Early Bulletin Deadline*

**September 24th** has an early deadline. Submissions due by **Tuesday, September 12 noon.**

# Youth Education and News



ymoffice@sainttheresaparish.com

## September

Sunday, the 10th-Upper Room Squad, 6-7:45pm

Saturday, the 16th-Confirmation Retreat, 1:30-8pm

Sunday, the 24th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 25th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 26th-Load food for transport, 6:15-7pm

### Confirmation Retreat Information:

Registration for the Retreat for our Confirmation Candidates is open – the retreat is from 1:30pm to 8pm on **September 16th** and will be held here at St. Theresa. Please email Paul Dwyer at ymoffice@sainttheresaparish.com.

### St. Theresa CYO Thunder Runners

**Registration:** St. Theresa Thunder Runners, Track & Field and Cross-Country program is open to parishioners in grades 4th - 8th. The season will begin September 5th and end November 10th. Practices will be held Tuesdays and Fridays on the school track from 3-4:45pm. Cost of the program is \$78 per child. Registration will open on August 31, 2023 at 7pm. The first 50 registrations will be accepted – so it is first come, first served. All levels of runners welcome! All athletes MUST be registered in both the Track & Field database and the Cross Country database in order to participate in the program. Coaches will work with the runners to determine what programs / disciplines they will participate in as the season progresses. Please contact Amanda Todd at mander118@yahoo.com if you have any questions.

You can register at <https://reg.sportspilot.com/106557>



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

**Registration for Religious Education classes** is open. Visit the parish website to sign up for classes next year.

### Classroom Aides Needed

Please contact the Office of Religious Education at reoffice@sainttheresaparish.com for more information.

### Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs / events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.



**STCS families, we can't wait to see you this week!** Please mark your calendars for the following events, and watch for details in the Thursday Thunder email newsletter:

**Monday, September 4—**

No School, Labor Day

**Friday, September 8—**

First day of Band

**Friday, September 15—**

Middle School Dance



**Wednesday, September 20—**

Battle of the Books, first meeting

**Friday, September 29—**

Early Dismissal

**Sponsors & Golfers needed! Register now for the 13th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance!**

The tournament is on Monday, October 2, 2023 at Belmont Country Club in Ashburn. **This is a wonderful parish event** – with proceeds going to tuition assistance for St. Theresa School families who experience a financial hardship. Not a golfer? Join us for dinner! For details on golf and sponsorship levels, please scan the QR code, visit our parish website ([www.SaintTheresaParish.com](http://www.SaintTheresaParish.com)), or contact Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com), 703.729.3577. Thank you for your support!

**St. Theresa Catholic School is hiring for the 2023-24 school year!**

STCS is accepting applications for the following part-time positions: Extended Day Care Staff, Lunch/Recess Monitors, and Substitute Teachers. To apply, please send your resume, cover letter, and references to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).

**Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life?** We have a few openings remaining for the 2023-24 school year; please visit our website at [www.stsashburn.com](http://www.stsashburn.com) (click "Admissions") or email Admissions Director Denise Rotell, [rotelld@stsashburn.com](mailto:rotelld@stsashburn.com) for more information.



## News from our Parish

### Join us for a new year of Walking With Purpose - women's and middle school girls' Bible studies!

Walking With Purpose is a Catholic women's ministry that develops Bible studies to reach women and middle school girls. Our small groups from St. Theresa's (which meet weekly September - May in the homes of leaders) combine personal study with small group discussion, linking our everyday challenges to the solutions given to us through the teachings of Christ and the Catholic Church. Blaze is the Walking With Purpose ministry for middle school girls. The mission of BLAZE is to use Scripture to speak God's truth into the hearts of young girls (you can learn more about the BLAZE ministry at [walkingwithpurpose.com/blaze](http://walkingwithpurpose.com/blaze)). The adult groups will meet weekly beginning the week of Sept. 26th. BLAZE will meet weekly for twenty weeks starting in October. Registration is now open (go to St. Theresa's website and under "Activities", click on "Women's Bible Study-Walking With Purpose". If you desire to grow in your faith—in a supportive community of Catholic women (or girls)—Walking With Purpose is for you! All women are welcome to join us for our Kick Off Mass and Wine Social - Thursday, **September 14th**, beginning with Mass @ 7pm followed by a casual reception in the Atrium at 8pm. This is a wonderful opportunity to see what our program is all about, meet other women, and connect with your small group! We look forward to seeing you soon! Questions? Email us at [sttheresawwp@gmail.com](mailto:sttheresawwp@gmail.com)

### Young at Heart Club (Men and Women 55+)

Welcome back! Wednesday, Sept. 20, 2023 in the Admin. Bldg. after 12:15 Mass. Bring your brown-bag lunch; the Club will provide beverages and Ice Cream Sundaes with your favorite fixings. We're looking forward to having Fr. Vaccaro as our guest speaker. We will also collect \$ for the Oct. 18 luncheon. New friends are welcome! Please let us know you are coming - Freddie 703.615.5715 or Grace 410.967.8888

### Are you interested in becoming Catholic or learning more about the Catholic faith?

Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start on Tuesday, **October 10th**. Note that the first three classes are on Tuesday with the remaining classes being on Monday up to the Easter Vigil. Then after Easter Sunday, the remaining four classes will go back to Tuesday.

### Cub Scout Pack 997 (sponsored by St.



Theresa Parish) welcomes new Cub Scouts for the 2023-2024 school year! We have an exciting and engaging program planned for the upcoming year. We are open to boys in grades K through 5; Scouts need not be students at St. Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held on Wednesday, September 13 at 6:30 PM in the STCS cafeteria. Interested families should send an email to [pack997leaders@googlegroups.com](mailto:pack997leaders@googlegroups.com) for more information.

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The tournament is on Monday, October 2, 2023 at Belmont Country Club in Ashburn. **This is a wonderful parish event** – with proceeds going to tuition assistance for St. Theresa School families who experience a financial hardship. Not a golfer? Join us for dinner! For details on golf and sponsorship levels, please scan the QR code, visit our parish website ([www.SaintTheresaParish.com](http://www.SaintTheresaParish.com)), or contact Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com), 703.729.3577. Thank you for your support!

### St. Theresa Catholic School is hiring for the 2023-24 school year!

STCS is accepting applications for the following part-time positions: Extended Day Care Staff, Lunch/Recess Monitors, and Substitute Teachers. To apply, please send your resume, cover letter, and references to [HR@sainttheresaparish.com](mailto:HR@sainttheresaparish.com).

### RE Classroom Aides Needed

Please contact Religious Education at [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com) for more information.



## Friends of St. Theresa School (FOSTS)

### 13th Annual Golf Tournament for tuition assistance

**Monday, October 2, 2023**

Belmont Country Club

#### To golf & sponsor:

Scan the QR code, visit the parish website ([SaintTheresaParish.com](http://SaintTheresaParish.com)), or call 703/729-3577

Tournament Sponsors needed -- several levels available for businesses or individuals!



*A St. Theresa parish tradition!*

### Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

## News from our Parish– Continued

**Donut Sunday!** Please join us after 7:30am, 8:45am, 10:30am Mass for Donuts and Fellowship. Please mark your calendars: September 3rd | October 15th | November 19th | December 10th | December 24th

We are in need of donations and volunteers. Please sign up, if you can. <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint> Please contact Angela Haberland at [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com) or 703.407.1204 with any questions.

**Co-Coordinator for Donut Sunday!** Want to be a part of something fun! Looking for a Co-Coordinator for Donut Sunday. Please contact Angela Haberland @ [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com).

**St Zelig Moms Group** Moms of the parish are invited to join the St. Zelig Moms Group. We have playdates and social events for Catholic fellowship. Please contact [christinenkids@gmail.com](mailto:christinenkids@gmail.com) for more information.

**Calling all homeschoolers** We are trying to form a St. Theresa's homeschooling group. If you would like to be added to our contact list, please email [christinenkids@gmail.com](mailto:christinenkids@gmail.com).

### Parish Social Events Coming Soon

Donut Sunday –  
September 3rd  
Pancake Breakfast –  
September 10th

## Adult Education and Spiritual Enrichment

### Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Over the summer we are watching The Wild Goose Series with Fr. Dave Pivonka on discovering a deeper relationship with the Holy Spirit. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

### Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

**Looking to learn more about your faith?** This Fall we will be offering five different classes.

### The Bible Timeline

The Bible Timeline is a Catholic Bible

study that can help anyone to make sense of the Bible and experience the life-changing power of God's Word. This is a great class foundational class!

Tuesdays 7-8:30pm. In-Person. Starts Nov. 7th. Contact Deacon Noah at [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com)

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Brett at [bret-tastengako@gmail.com](mailto:bret-tastengako@gmail.com)

### The Gospel of Matthew

Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today.

Tuesdays 8-9pm. Zoom. Starts Oct 3rd. Contact: Andy at [johnson.andrew7003@gmail.com](mailto:johnson.andrew7003@gmail.com)

### Acts: The Spread of the Kingdom

The Compelling Story of the First Christians, Acts: The Spread of the Kingdom, traces how the gospel witness spread outward in waves from Jerusalem, and reveals how the seeds of Church structure and authority took root.

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Mark at [marksca-lion20@gmail.com](mailto:marksca-lion20@gmail.com)

Wednesdays 7-8pm. In-Person. Starts Oct. 4th. Contact: Linda at [Immetz3@msn.com](mailto:Immetz3@msn.com)

### Biblical Walk Through the Mass

A Biblical Walk Through the Mass explores the extraordinary biblical roots of the Liturgy and reveals what it all means and why it all matters.

Thursdays 7-8pm. In-Person. Starts Oct. 5th. Contact: Viki at [vc\\_hughes@hotmail.com](mailto:vc_hughes@hotmail.com)

### Prophets

The Prophets: Messengers of God's Mercy examines who the prophets were, their role during their time, and the meaning of their messages for our own time.

Wednesdays 7-8pm. Zoom. Starts Oct. 4th. Contact: Andy at [johnson.andrew7003@gmail.com](mailto:johnson.andrew7003@gmail.com)

Additional class details, sign-ups, and ordering information can be found at: [CatholicEducationForAdults.org](http://CatholicEducationForAdults.org)

## How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.



## Knights of Columbus

**Saint Theresa Picnic:** Save the date for our parish picnic this fall on Sunday 1 October.

**Knights of Columbus Soccer Challenge:** Boys and girls, ages 9-14, are invited to participate in Council's Soccer challenge (15 penalty kicks). Points will be awarded depending upon the area of the goal through which the ball passes. The contest will be held on Sunday, October 1, 2023 during the Parish Picnic at the Soccer field. Registration from 2:00 pm until 2:30 pm. Competition starts at 2:35 pm.

**Pancake Breakfast:** Our first Pancake Breakfast of the new school year will be next Sunday, September 10, in the Saint Theresa School cafeteria. Stop by after the morning Masses for a hearty breakfast of pancakes (plain, chocolate chip and blueberry), scrambled eggs, sausage, tater tots, along with coffee, juice, and Dunkin' Munchkins! Donations will benefit the Military Archdiocese.

**KOVAR:** Our next KOVAR collection will be after all Masses, Sunday September 16th and 17th. Volunteers to help with collection are needed. Please continue to support KOVAR. Your generous donations are appreciated.

**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

**Call for Handyman Crew Volunteers:** Are you available to volunteer as a handyman for those in need? The volunteers of the St. Louis Martin Council of the Knights of Columbus are available to complete small home repairs for the benefit of those in need who are physically incapable of per-

forming the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. As a volunteer, you will have the opportunity to work alongside brother knights in support of a worthy cause. What do you get in return? A smile and a thank you from the people you helped. Learn more here: <https://www.st-louismartin-kofc.org/handy-man-services>.

**Catholic men:** Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



## Current Critical & Urgent Adoration Needs

### Critical Need: No Adorer Scheduled

Sunday	Thursday	Friday
12:00am	1:00am	4:00am
2:00am		



**Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

**Sign up for one of our open Adoration Time slots – it will change your life, your family's life, and the life of our St. Theresa Parish!**

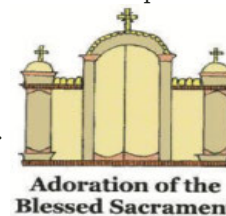
Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR [www.tinyurl.com/weadore](http://www.tinyurl.com/weadore)

Please visit the website to signup, or email [letusadore@sainttheresaparish.com](mailto:letusadore@sainttheresaparish.com), or text to 703.608.4278 or 703.728.0168, or come by the parish office.

**“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”**– St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



## News Around the Diocese

**Calling all Young Adults!** Join the Associates of St. John Bosco for food, fellowship, and an opportunity to support young people at our 4th annual Bosco BBQ on Thursday, **September 7th** at 6:30pm in Alexandria! The Associates of St. John Bosco is a Catholic, Northern-Virginia based nonprofit that aims to bridge the gap of faith for students after they graduate high school and before they enter college. Come learn how you can help the next generation of college students by supporting our mission! For more details and to register, visit [asjb.org/boscobbq](http://asjb.org/boscobbq).

### **Mass for Marriage Jubilarians**

Celebrating A Golden or Silver Wedding Anniversary This Year? Were you married in 1973 or 1998? Then join Bishop Michael Burbidge for the 2023 Mass for Jubilarians to be celebrated on Sunday, **October 15, 2023**, at 3 p.m. at St. Agnes Catholic Church in Arlington, VA. Contact your parish office to register no later than Monday, October 2, 2023. For more info, visit [www.arlingtondiocese.org/MJM](http://www.arlingtondiocese.org/MJM).

### **Retreat for Adult Children of**

**Divorce**—This weekend retreat focuses on discovering our identity as children of God, although it also focuses on overcoming the effects of parental divorce, forgiving our parents, and connecting with others from this background. The weekend includes presentations, small groups sharing, adoration, spiritual direction, and Mass. This three-day retreat is the center piece of youth ministry. The 2023 Arlington retreat will take place from **Friday, September 8- Sunday, September 10, 2023** at San Damiano Spiritual Life Center. Cost: \$425 Register at [www.arlingtondiocese.org/healingretreat/](http://www.arlingtondiocese.org/healingretreat/)

### **National Day of Remembrance for**

**Aborted Children**—Join St. John the Apostle Parish for the annual National Day of Remembrance for Aborted Children. Saturday, September 9th following the 8am Mass. The Knights will lead us from the Narthex to the Columbarium, Father Kelly will lead us in prayer, for this very special memorial remembering these babies. Ellen and Megan Gannon will be our featured speakers!

**Separated or Divorced?**—St. John's Separated and Divorced Ministry in-

vites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

### **Do you love someone with a drug or**

**alcohol problem?**—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@saintthereseparish.com](mailto:dcnnoah@saintthereseparish.com). Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

### **Day of Prayer and Healing After**

**Abortion Care for Women**—After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, **September 30, 2023**. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

### **Back to School Kickoff: Our Lady's Nativity Celebration**

Calling all homeschoolers to the annual 'Back to School' Homeschool Mass and Marian birthday celebration! You are cordially invited to mass and a park playdate to follow. Come meet other Catholic homeschoolers on Friday, September 8. Bring friends! For event details & to RSVP, see: [www.mayflowerhomeschoolers.org/2323/events/events\\_view?public=0&eventid=3281735](http://www.mayflowerhomeschoolers.org/2323/events/events_view?public=0&eventid=3281735)

### **CALLED: A Conference for Young**

**Adults**—Bishop Burbidge invites all young adults (ages 19 to 35, single and married) from parishes across the Diocese of Arlington to join him at CALLED: A Conference for Young Adults. Saturday, September 23, 2-

9:15pm, for the annual Mass for Young Adults, an inspirational keynote from Mr. Sam Goodwin, breakout sessions, dinner, prayer, live music, vendors, ministry booths, and plenty of social time! We are excited to offer complimentary childcare for this conference! Invite your friends! To register: [https://secure4.arlingtondiocese.org/Young\\_Adult\\_Conference/Register.aspx](https://secure4.arlingtondiocese.org/Young_Adult_Conference/Register.aspx)

### **Save A Soul Through Catholic Radio – It May Be Your Own!**

—Guadalupe Radio Network (GRN) // WMET 1160 AM & 103.1 FM (Falls Church, Va.), EWTN's largest radio affiliate network, holds its Fall 2023 Shareathon Sept. 12-15th. The aim: to keep Catholic radio on air, and to honor the Holy Eucharist, theming this effort "Source & Summit." Catholic radio is 100% listener supported. If just six parishioners in each of the parishes in the DC-MD-VA region WMET serves donated \$1/day all year, every year, Catholic programming would be fully funded! How? Visit [grnonline.com](http://grnonline.com) to learn more, or tune in that week, calling 800.476.3311 to make a pledge of support.

### **Events at Our Lady of Bethesda**

**Retreat Center.** Located at 7007 Bradley Blvd, Bethesda, MD 20817. Visit our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) for more info and to register for the following:

### **Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop:** Oct 14-15, 2023

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! Please note: This is NOT an overnight program. Cost: \$480 per couple. Seating will be limited.

### **Three to Get Married Marriage Prep**

Sep 28-Oct 1, Nov 16-19, Dec 14-17 The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited.

## Parish Offices

Secretary: Kelly Cosenke, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

### Save the date: Fall Consignment Sale Sept 30th

[www.littleflowerconsignments.org](http://www.littleflowerconsignments.org). Sign up to consign, volunteer or learn more about the sale! Children's clothing, books, toys, baby equipment and much more. Consider consigning your items as you clean out your closets. Don't want to consign? Consider donating your items directly. Divine Mercy Outreach receives 100% of the proceeds from donated items to help families in need. Contact Elisa Mitchell at [eagmitchell@gmail.com](mailto:eagmitchell@gmail.com)

### Pantry Needs

Your help is needed. At times we have families or individuals with urgent food/toiletry needs. We are low on or out of the following items: shampoo, body wash for men and women, women's deodorant, tissues, laundry soap, canned green beans & corn. Mark Parish pantry and please drop off items at the parish office if possible. God bless you.

**Furniture Ministry**—accepting kitchen tables & chairs, small dressers and metal bed frames.

Please contact our furniture coordina-

tor, Una Giachinta at 571.217.7551 or [furniture@sainttheresaparish.com](mailto:furniture@sainttheresaparish.com) if you want to help or if you have these items to donate.

**Bed Ministry**—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too!

Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need.

Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

### Friends in Need

Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabili-

ties, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

### The Visitation Ministry

Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).*



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