

Masses for the Week

Mon, Sept 25	6:15— Shaji Thomas & Shiny Shaji 8:30— Malini Premkumar 12:15— Allen Christensen+
Tues, Sept 26	6:15— Heather Miles+ 8:30— Seraphine Premkumar
Wed, Sept 27	6:15— Religious Ed Students 8:30— Mauricio Vega 12:15— Anthony Tran Nguyen+
Thurs, Sept 28	6:15— Heather Miles+ 8:30— Jack Hunter+
Fri, Sept 29	6:15— MaryAnn & Chris Pelczar & Family 8:30— Maverick Virgilio LaBarge
Sat, Sept 30	8:30— James Manalel 5:30— Catherine Feeney
Sun, Oct 1	7:30— St. Theresa Parishioners 8:45— Pat & Marion Henry+ 10:30— Kristian Sean Donovan+ 12:30— George & Anita Millar+ 5:00— Sherry Robinson

Prayers For The Sick: Erik Pollock, Michael Williamson, Peggy Burkholder, Brenda Fitzpatrick, Jack LaFave, Catherine Feeney, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale, Danny Schmude, Jess Williamson.

Parish Mass Schedule

Saturday: 8:30am, 5:30pm Vigil Mass				
Sunday:	7:30, 8:45am & 10:30am			
	12:30 & 5:00pm			
Weekdays:	6:15 and 8:30am, Monday through Friday			
	12:15pm, Mondays (except Federal Holidays)			
	and Wednesdays			
Holy Days:	As announced			
Holy Hour:	Wednesdays, 7pm			
Confessions	Confessions: Wednesdays, 9am (until line ends);			
	Holy Hour, 7pm (until line ends);			
	Saturdays, 4pm (until line ends);			
	and by appointment			
	Clergy			
Reverend Jar	everend James C. Hudgins, Pastor			
Reverend Pau	end Paul Dudzinski, Parochial Vicar			
Reverend Christopher T. Vaccaro, Parochial Vicar				
Demond John E O'Estrall Demodeial Vison				

Reverend Christopher T. Vaccaro, Parochial Vicar Reverend John F. O'Farrell, Parochial Vicar Deacon Paul C. Konold Deacon Anthony J. Renzette Deacon Matthew K. Noah

Prayers For Our Military: Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Mark Short, Jonathan Bayly, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin, Tony Mattice, David Lakey.

The Four "C's" of a Good Confession

Many people go to confession on a regular basis, and yet still make poor use of the sacrament. Does your confession include the "Four C's?" A good confession is:

Clear

It's very humbling to confess what you've done, out loud, to a priest. Your priests understand this, because we go to confession too. Nevertheless, when you confess, it's very important to be clear. That is to say, to confess your sin by name, as simply as you can. Don't speak in circumlocutions. Don't be vague or evasive. Don't say you were "inappropriate." Let your confession be crystal clear, and painfully simple. Priests have heard every sin, and you will not shock us. Furthermore, the poor priest can't remember what you said anyway. Most priests will admit that, after a while, all confessions sound the same. Even if a sin is embarrassing to admit, just name it in all simplicity. You'll leave confession with a delightfully clear conscience—and it might just save your soul.

Complete

A confession is invalid unless every mortal sin is confessed, or if a mortal sin is deliberately withheld. (Mortal sins are: serious in their subject matter, and fully consented to after a sufficient reflection.) Furthermore, to the best of your ability, you should strive to remember the number of times you committed each mortal sin. This is true only for mortal sins. You do not need to number venial sins, nor is it helpful to do so. If you forget to mention any venial sin, you may always say it at the next confession, but never be deliberately incomplete.

Concise

There's a line of people behind you waiting to get into confession, all of whom have an equal right to be there. Confession should not a be a spiritual direction or therapy session, nor should it be a private appointment with the priest. Please, just name your sins simply, and add no unnecessary details. There's no need to tell any stories to explain anything. There's no need to speak about your feelings, or temptations. Most importantly, there's no need to mention any other person's name in confession, or to mention the faults of any person other than yourself. Be self-accusing, not self-excusing. It's the best way to be concise.

Contrite

Contrition, or sorrow for sin, is the most important aspect of confession. But what many people do not realize is that contrition is not an emotion or a feeling, but a choice. Contrition means that we do not want to commit the same sin again. People often ask, "how can I be sorry for my sins if I know how weak I am, or if I know that I might fall into the same sin again?" The answer is simple. Sorrow for sin, or contrition, means that, at the moment we receive the sacrament, we do not want to sin again. It's a simple act of the will. At that moment, we wish to make a new start. It can be helpful to meditate on a crucifix, and to remember that all forgiveness comes from Christ, even when it comes to us through the ministry of a priest.

God bless you...and St. Theresa, pray for us!

Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Current Critical & Urgent Adoration Needs

Critical Need: No Adorer Scheduled			
Sunday	Thursday	Friday	
12:00am	1:00am	4:00am	
2:00am			

Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.



Sign up for one of our open Adoration Time slots – it will change your life, your family's life, and the life of our St. Theresa Parish!

Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR www.tinyurl.com/weadore

Please visit the website to signup, or email letusadore@sainttheresaparish.com, or text to 703.608.4278 or 703.728.0168, or come by the parish office.

www.sainttheresaparish.com

703.729.2287

287 Office Hrs: 9:30am-3:30pm (closed for lunch 12-1)

Youth Education and News

-Religious Education

Office Hours: Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



September

<u>Sunday, the 24th</u>-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 25th-Food Sort by Expirations Dates, 7-8:30pm

<u>Tuesday, the 26th</u>-Load food for transport, 6:15-7pm

October

Sunday, the 1st-Parish Picnic, 2-6pm

<u>Sunday, the 8th</u>-Upper Room Squad, 6-7:45pm

<u>Sunday, the 15th</u>-Upper Room Squad, 6-7:45pm

<u>Sunday, the 22nd</u>–Diocesan High School Rally, 11:15am to 8:30pm (see details below)

<u>Sunday, the 22nd</u>-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 23rd-Food Sort by Expirations Dates, 7-8:30pm

<u>Tuesday, the 24th</u>-Load food for transport, 6:15-7pm <u>Sunday, the 29th</u>-Upper Room Squad, 6-7:45pm

Teen Volunteers for the Parish Picnic – if you are a High Schooler and would like to volunteer at the Picnic email Paul Dwyer at ymoffice@sainttheresaparish.com. Come out and have fun with the Soccer Challenge, Nine Square, Gagaball, etc – help our younger kids in the Parish to have a great time. Or go directly to the Signup Genius using this link: https://tinyurl.com/STPicnic2023 This is great for volunteer hours.

High School RALLY

Bishop Burbidge invites all teens of the Diocese to join him on Sunday, October 22nd, at RALLY 20223! This annual event is an opportunity for the young Church in the Diocese to gather to celebrate, pray, and learn the Catholic faith. RALLY includes Mass with Bishop Burbidge, Eucharistic Adoration, inspirational speakers and entertainers, breakout sessions, inflatable games, music, and much more! Open to any high school aged youth wanting to attend, at any stage in their faith journey. We will leave from St. Theresa at 11:15am and return at 8:30pm - we will provide the transportation. Please go to https:// tinyurl.com/HSRally2023 for details and to register.



STCS families, we can't wait to see you this week! Please mark your calendars for the following events, and watch for details in the Thursday Thunder email newsletter: **Friday, September 29**—

Early Dismissal; Celebrate St. Therese's Feast Day (Oct. 1)



Monday, October 2— Friends of St. Theresa School (FOSTS) golf tournament

Wednesday, October 4— Feast of St. Francis of Assisi school assembly; celebrate the Feast of Our Lady of the Rosary (Oct. 7) with the World Mission Rosary

Friday, October 6—

All-school Mass

Golf slots are nearly filled, but Sponsors are still needed! There are several levels available for families, individuals, and businesses! This is a wonderful Parish event – with

proceeds going to tuition assistance for St. Theresa School families who experience a financial hardship. **Not a golfer?** Join us for dinner! For details, please scan the QR code, visit our parish website

(www.SaintTheresaParish.com), or contact Regina Freschi, freschir@stsashburn.com, 703.729.3577. Thank you for your support!

Please re-link your Harris Teeter cards with St. Theresa Catholic School (STCS)! Parents, grand-

parents, alumni, parishioners, & friends, don't forget that you need to re-link your Harris Teeter card each year. Visit www.harristeeter.com/ together-in-education and use code #5887. You can also stop at the customer service desk in-store for help. We are grateful for your support!

St. Theresa Catholic School is hiring for the 2023-24 school year!

STCS is accepting applications for the following part-time positions: Extended Day Care Staff, Lunch/Recess Monitors, and Substitute Teachers. To apply, please send your resume, cover letter, and references to HR@sainttheresaparish.com.



News from our Parish

October Baptism Class

The October class is being moved to **October 12**. Please make note of this date change.

Annual Pet Blessing

We will have our annual pet blessing for St Francis Day, **Wednesday, Oct 4**, at 6:20pm.

Our Parish Choirs

New members welcome! Contact us at music@sainttheresaparish.com. <u>Children's Choir</u>: Rehearses on Tuesdays from 3:30-4:30 beginning Tuesday, September 12. <u>Youth Choir</u>: Rehearses on Saturdays from 4:00-5:00. This choir will learn more challenging music and learn to serve as cantor.

Parish 10:30am Choir always welcomes new members. We are especially in need of more men singers and "that man is YOU". This choir rehearses on Tuesday evenings at 7pm.

Are you interested in becoming Catholic or learning more about the Catholic faith? Are you missing Sacraments? RCIA registration for this year is now online. Please go to https://sainttheresaparish.com/ activity/rcia/ to register today. Classes start on Tuesday, October 10th. Note that the first three classes are on Tuesday with the remaining classes being on Monday up to the Easter Vigil. Then after Easter Sunday, the remaining four classes will go back to Tuesday.

Festival of Trees Dec 2nd & 3rd

Mary Sinnott and her elves are working hard to put together another Festival of Trees. The Festival of Trees is a raffle of 3-to-4-foot themed decorated Christmas Trees, wreaths, and gift baskets. This event is fun for all. The proceeds from the event helps families in need through Divine Mercy Outreach. Please consider donating a decorated tree, wreath or basket. Please contact Marianne Guidos at dmoutreach@sainttheresaparish.com or 703.729.2334 if you have questions or would like to donate. See parish website for more information also.

Women's Workshop: All women are invited to Made for More: A Workshop for Women on the Journey of the Beloved on Saturday, **October 7th**, 9am-12:30pm in the St. Theresa Parish Center in Ashburn, Virginia. Do you long for greater peace and joy? Do you ever feel like the promises of God just aren't for you? Join workshop leader & award-winning author Elizabeth Leon for a morning of prayer, hope, & restoration. Drawing from scripture and Catholic teaching, we will discover how our brokenness can lead to healing, claim God's promises, and identify barriers to letting ourselves receive Christ's love. Featured in the Arlington Catholic Herald! \$25 cost includes workshop materials and refreshments. Register at www.JourneyoftheBeloved.com

Questions? Contact Elizabeth Leon 703.283.4053 or onegratefulgirl@verizon.net

Co-Coordinator for Donut Sunday!

Want to be a part of something fun! Looking for a Co-Coordinator for Donut Sunday. Please contact Angela Haberland @ angela.haberland@gmail.com.

St Zelie Moms Group

Moms of the parish are invited to join the St. Zelie Moms Group. We have playdates and social events for Catholic fellowship. Please contact christinenkids@gmail.com for more information.

Calling all homeschoolers

We are trying to form a St. Theresa's homeschooling group. If you would like to be added to our contact list, please email christinenkids@gmail.com.

Christmas ornaments in Septem-

ber?! Our annual Parish-School White House Christmas Ornament Sale is coming soon! Orders will be" Pre-Sale Only" again this year. We'll begin taking orders at the beginning of October, and hope to receive the ornaments by Thanksgiving.

Golf slots are nearly filled, but Sponsors are still needed! There are several levels available for families, individuals, and businesses! This is a wonderful Parish event – with proceeds going to tuition assistance for St. Theresa School families who experience a

financial hardship. **Not a golfer? Join us for dinner!** For details, please scan the QR code, visit our parish website

(www.SaintTheresaParish.com), or contact Regina Freschi,

freschir@stsashburn.com, 703.729.3577. *Thank you for your support!*

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RE Classroom Aides Needed

Please contact Religious Education at reoffice@sainttheresaparish.com for more information.

Padre Pio Prayer Group

St. Pio of Pietrelcina (Padre Pio) is known for his gift of healing. When you become a child of Padre Pio, he also takes into his prayers your entire family. Won't you join us on the first Friday of every month as we pray the rosary and ask Padre Pio to be your helper in heaven. Pray, hope, and don't worry....First Fridays at 6:30 pm. Our next meeting will be October 6th. St Theresa School in the Saint Louis Martin Room. Questions, contact Mirella 703.463.0847.

Parish Social Events Coming Soon

Church Picnic – October 1st

Friends of St. Theresa School Golf Tournament – **October 2nd**

Knights of Columbus Pancake Breakfast – **October 8th**

Donut Sunday – October 15th



News from our Parish- Continued



The largest, non-profit children's consignment sale in Loudoun County

takes place **on Saturday, September 30, 2023**. Admission is FREE. Little Flower Consignments offers new and gently used baby and children's clothing, accessories, toys, books, videos, games, baby gear, furniture, maternity, and much more. All proceeds are donated back to the community via our charity, Divine Mercy Outreach and we accept credit cards, checks, and cash. Expecting parents can shop early at 7:30am on Saturday with preregistration on our website. We invite teachers, military, first responders, and healthcare workers to shop our pre-sale on Saturday starting at 8:00am. Children are not allowed at the pre-sale, except for infants in carriers. The sale is open to the public, 9am-12pm with a half-price sale from 12:30–2pm at St. Theresa's Catholic School in Ashburn VA. We always welcome new consignors and volunteers! Visit www.lfcsale.org for details.

OSAIC VIRGINIA Baby Bottle Campaign

THANK YOU for bringing hope to moms and babies across Northern Virginia. Forget to stop by last week? You can still make an impact by donating online!



Adult Education and Spiritual Enrichment

That Man is You (TMIY)

That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. We are into a new TMIY year that includes several new participants. It's not too late to become part of our group strengthening faith and fatherhood. Please join us Saturday September 30th at 630am for fellowship and coffee, followed by the start of the program at 7am. We will meet in the Parish building across from the Church. Please contact Jack Hayes at 703.537.6418 or

jack.hayes422@aol.com for additional information and continue to watch the bulletin for upcoming details.

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Over the summer we are watching The Wild Goose Series with Fr. Dave Pivonka on discovering a deeper relationship with the Holy Spirit. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

Looking to learn more about your faith? This Fall we will be offering five different classes.

The Bible Timeline

The Bible Timeline is a Catholic Bible study that can help anyone to make sense of the Bible and experience the life-changing power of God's Word. This is a great class foundational class!

<u>Tuesdays 7-8:30pm.</u> In-Person. Starts Nov. 7th. Contact Deacon Noah at dcnnoah@sainttheresaparish.com

<u>Wednesdays 7-8pm</u>. Zoom. Starts Oct. 4th. Contact: Brett at brettastengako@gmail.com

The Gospel of Matthew

Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today.

<u>Tuesdays 8-9pm</u>. Zoom. Starts Oct 3rd. Contact: Andy at johnson.andrew7003@gmail.com

Acts: The Spread of the Kingdom The Compelling Story of the First Christians, Acts: The Spread of the Kingdom, traces how the gospel witness spread outward in waves from Jerusalem, and reveals how the seeds of Church structure and authority took root.

an the QR Code

to give online

<u>Wednesdays 7-8pm</u>. Zoom. Starts Oct. 4th. Contact: Mark at markscallion20@gmail.com

<u>Wednesdays 7-8pm</u>. In-Person. Starts Oct. 4th. Contact: Linda at lmmetz3@msn.com

Biblical Walk Through the Mass

A Biblical Walk Through the Mass explores the extraordinary biblical roots of the Liturgy and reveals what it all means and why it all matters.

<u>Thursdays 7-8pm</u>. In-Person. Starts Oct. 5th. Contact: Viki at vc_hughes@hotmail.com

Prophets

The Prophets: Messengers of God's Mercy examines who the prophets were, their role during their time, and the meaning of their messages for our own time.

<u>Wednesdays 7-8pm</u>. Zoom. Starts Oct. 4th. Contact: Andy at johnson.andrew7003@gmail.com

Additional class details, sign-ups, and ordering information can be found at: CatholicEducationForAdults.org

www.sainttheresaparish.com

703.729.2287

Parish Office Hrs: 9:30am-3:30pm (closed for lunch 12-1)



Knights of Columbus

New Knights: Congratulations and a warm welcome to Frank Hanna who transferred to our Council last month. We look forward to Frank's fraternity and involvement in our Council activities.

Saint Theresa Picnic: Save the date for our parish picnic this fall on Sunday 1 October.

Knights of Columbus Soccer Challenge: Boys and girls, ages 9-14, are invited to participate in Council's Soccer challenge (15 penalty kicks). Points will be awarded depending upon the area of the goal through which the ball passes. The contest will be held on Sunday, October 1, 2023 during the Parish Picnic at the Soccer field. Reg-

istration from 2:00 pm until 2:30 pm. Competition starts at 2:35 pm.

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and transferring 4,365 pounds of food for the Catholic Charities Loudoun Food Pantry in Sterling in August.

The next collection will take place on the weekend of September 23-24. Please pick up a blue bag on September 16-17 and return it the following week. Please, no expired items. The pantry is unable to distribute expired items. Thanks for your support.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete your-

self or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: https://www.stlouismartin-kofc.org/handy-manservices.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

https://www.st-louismartin-kofc.org/ faqs or to submit a

request for more information or to be contacted by our Membership Committee scan the following QR code.



News Around the Diocese

Election Day: November 7, 2023 An Important Date for Virginians Did vou know...

1. The entire VA General Assembly is up for election. All 140 Senate and House of Delegate Seats will be voted

on this NOVEMBER 2. New district boundaries have been drawn for both the House and Senate in Virginia.

3. 30% of the House of Delegates and 25% of the Senate will be NEW to the General Assembly after the election 4. You can find out what your new districts are, who is running for election and who is endorsing the candidates at www.VoteValuesVA.com

 Early Voting began September 22, 2023
October 16 is the LAST DAY to register to vote or update an existing registration.



Mass for Marriage Jubilarians

Celebrating A Golden or Silver Wedding Anniversary This Year? Were you married in 1973 or 1998? Then join Bishop Michael Burbidge for the 2023 Mass for Jubilarians to be celebrated on Sunday, **October 15, 2023**, at 3 p.m. at St. Agnes Catholic Church in Arlington, VA. Contact your parish office to register no later than Monday, October 2, 2023. For more info, visit www.arlingtondiocese.org/MJM.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

Day of Prayer and Healing After

Abortion Care for Women—After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be on Saturday, September 30, 2023. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model. There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

The 31st International Week of Prayer and Fasting coalition, in collaboration with the Legion of Mary, Marian Fathers, and others are asking members of parishes to unite for nine days of prayer and fasting from October 20-28, 2023.

The Closing day of the International Week of Prayer and Fasting will be held in-person on Saturday October 28, from 8:30am to 4:00pm at the Basilica of the Shrine of the Immaculate Conception in Washington, DC, with Eucharistic Adoration, Mass at 12 noon, the Rosary, and guest speakers throughout the day. Registration is required for the Virtual Conference and watch FREE on Day of Presentation at www.iwopf.org or call 888.478.PRAY.

House of Mercy Food Truck Festival

At House of Mercy, 8170 Flannery Ct, Manassas, VA 20109 Sat., September 30th 11am- 3pm. Live music, food trucks, entertainment, beer garden, to help fundraise for the House of Mercy Food Pantry and programs! Fun for all ages! Tickets available at www.houseofmercyva.org

More News Around the Diocese

The Associates of St. John Bosco invites you to the 7th Annual Bosco Benefit on Thursday, **October 5**, **2023.** Join in an evening of good food, fellowship, and giving in support of the programs of the Associates of St. John Bosco, whose mission it is to help college students to keep their Catholic faith during college. Keynote speaker is Sr. Deirdre Byrne, a sister, surgeon, and retired US Army Colonel. For ticket and sponsorship information, please visit: www.asjb.org/ boscobenefit. RSVP deadline: September 28.

Life Chain is Coming—Our Annual Life Chain, where we join with 1800 locations in standing for Life, is October 1 from 2-3:30pm. We will congregate adjacent to St John the Apostle on King Street in Leesburg and with your participation stretch from Ida Lee Park to the Courthouse. Please bring a loving Pro-Life sign or use one provided by organizers. Hundreds of us will stand as witnesses to the value of life from conception to natural death. This is a family-friendly event and a fun way to express our faith and values. We get really nice feedback every year from participants who find it rewarding so please give it a shot. Questions? Contact Matt Zolbe at matt.zolbe@gmail.com or text him at 646.271.5094.

PVI Hiring—Are you a lifelong learner who is passionate about Catholic education and works to inspire others to be extraordinary? St. Paul VI Catholic High School in Chantilly is busy making plans for next school year. God might be calling you to visit www.paulvi.net/employment to see positions that are available.

Adult Bioethics Sessions

All community members are invited to join Sister Malia Grace in six, 90minute sessions discussing the Dignity of the Human Person. In these six sessions, Sister Malia Grace will present an overview of the first Bioethics course offered at Saint John Paul the Great High School. This course -- The Human Person: A Philosophical Perspective -- is designed to present St. Thomas Aquinas' philosophical understanding of the human person, which gives the basis for understanding human dignity. Topics covered include the relationship of the human body and soul, the distinguishing powers of the human soul and its nature as both a spiritual and immortal entity, and finally, the nature of human love, marriage and human sexuality. To register, please use this link: https:// forms.gle/WFRjsKXqpq5mCmns7 Sessions will be held on Tuesday evenings from 7-8:30pm at Saint John Paul the Great Catholic High School in

St. Thomas Aquinas Hall. You are welcome to attend all sessions, or as many as your schedule allows. The sessions build upon each other, yet each topic is also its own class.

September 26th -- From Love to Desire to Joy: The Role of Emotion in the Moral Life

October 3rd -- The Rational Powers of the Human Soul

October 10th -- The Nature of Human Love

October 17th -- Marriage & Human Sexuality

Bishop O'Connell High School Open House

Sunday, Oct. 1, 1-3 p.m. Bishop O'Connell High School is hosting an Open House on Sunday, Oct. 1 between 1:00 and 3:00 PM. where families are invited to learn more about the Catholic high school experience. Find out how the school's Catholic mission is integrated across the curriculum, visit science and engineering labs, meet teachers, administrators and coaches, and chat with current students. For more information, visit www.bishopoconnell.org or call 703.237.1433. Bishop O'Connell High School is located at 6600 Little Falls Road in Arlington.



INDIANAPOLIS JULY 17 - 21, 2024 Diocese of Arlington

CATHOLIC DIOCESE OF ARLINGTON

We are inviting you to participate in this pivotal moment in the Church! Join our diocese at the National Eucharistic Congress and draw into a deeper intimacy with our Lord. Scan the QR Code at the right for more information.



Wanting to hear Fr. Hudgins' homilies? You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Parish Offices

Secretary: Office Manager: Business Manager: Facilities Coordinator: Outreach Coordinator: Website: Email: Fax:

Religious Education Offices

Director: Youth Activities: Secretary: Secretary: Email: Fax:

School Offices

Principal:

Assistant Principal: Admin Asst: Receptionist: Website: Email: Fax: Angelita Lupetaliaami, 703.729.2287 Tom Balint, 703.729.2287 Marianne Guidos, 703.729.2334 www.sainttheresaparish.com office@sainttheresaparish.com 703.729.9036 Diffices Larry Bayne, 703.729.3714

Kelly Cosenke, 703.729.2287

Christine Young, 703.729.2287

Paul Dwyer, 703.729.0426 Connie Gilligan, 703.729.3714 Myriam Perez, 703.729.3714 reoffice@sainttheresaparish.com 703.729.9036

Erin O'Malley, 703.729.3577 Danny Costa, 703.729.3577 Lisa Ralston, 703.729.3577 Denise Oriti, 703.729.3577 www.stsashburn.com schooloffice@stsashburn.com 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Bap-

tism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.

St. Theresa Catholic Church DIVINE MERCY OUTREACH

Learn more, visit www.saintttheresaparish.com

Festival of Trees 2023

We are taking sign ups for decorated & themed 4ft trees, wreaths and basket donations for the Festival. More than one family or groups can donate a tree... together. Proceeds from this event go to help families in need through Divine Mercy Outreach. See more information about the Festival of Trees on the parish website under Outreach- Festival of Trees. Last year we raised over \$21,000. from this beautiful, fun family event. Contact Marianne Guidos if you would like to donate or if you have any questions, dmoutreach@sainttheresaparish.com or 703.729.2334.

Save the date: Fall Consignment Sale Sept 30th

www.littleflowerconsignments.org. Sign up to consign, volunteer or learn more about the sale! Children's clothing, books, toys, baby equipment and much more. Consider consigning your items as you clean out your closets. Don't forget to shop the sale and tell your friends!

Don't want to consign? Consider donating your items directly. Divine Mercy Outreach receives 100% of the proceeds from donated items to help families in need. Contact Elisa Mitchell at eagmitchell@gmail.com

Monetary Donations-Did you know that in August we assisted families in need with over \$18,000 in assistance and 7 beds! 6 were veterans. Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website http:// www.sainttheresaparish.com and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Furniture Ministry—accepting kitchen tables & chairs, small dressers and metal bed frames. Please contact our furniture coordinator, Una Giachinta at 571.217.7551 or furniture@sainttheresaparish.com if you want to help or if you have these items to donate.

Bed Ministry—Volunteer for the Bed

Ministry –volunteers with trucks or Large SUVS needed especially! Great to do this with your teenager too!

Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need.

Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Friends in Need

Provides meals on a short- term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or

dmoutreach@sainttheresaparish.com.





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