

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**October 29, 2023**  
**Thirtieth Sunday in Ordinary Time**



## *Masses for the Week*

<b>Mon, Oct 30</b>	6:15— Cecilia Martin OCDS 8:30— Lekha & Lahn Nguyen+ 12:15— Office Staff of St. Theresa
<b>Tues, Oct 31</b>	6:15— Joseph & Adrienne DiTommaso+ 8:30— Diana Peters 5:30— Elaine Marshall
<b>Wed, Nov 1</b>	6:15— St. Theresa Parishioners 8:30— Stan Urynowicz+ 12:15— Fred & Marianne Wall 4:30— Leonard Conte+ & Jack & Teadora Hunter+ 7:30— Deceased Legionaires+
<b>Thurs, Nov 2</b>	6:15— ASN 8:30— Elizabeth & Francis McAndrew+
<b>Fri, Nov 3</b>	6:15— ASN 8:30— John J. & Kathleen McLaine+ 12:15— Daniel Matthews+
<b>Sat, Nov 4</b>	8:30— ASN 5:30— Earl & Amanda Wong
<b>Sun, Nov 5</b>	7:30— ASN 8:45— Wall & Mimica Families+ 10:30— Current & Deceased Members of Legion of Mary 12:30— Joseph Tesoriere+ 5:00— St. Theresa Parishioners

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Steve Smith, Philip Carrescia, Erik Pollock, Michael Williamson, Brenda Fitzpatrick, Jack LaFave, Catherine Feeney, Barney Smith, Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Prancee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Evan Sweeney, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale.

**Prayers For Our Military:** Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes, David and Katherine Bergeron, Christopher Martin.

## What Can We Do About Sadness?

There's nothing wrong with you, just for feeling sad. Even the saints had sad days, believe it or not. Some days, we can't manage to overcome an inner torpor which weighs us down on us and makes it difficult to interact with others. Is there anything we can do to overcome sorrow and recover our smile? Here are five "remedies for sadness" taken from St. Thomas Aquinas.

**Have an Edible Treat:** I'm no M.D., but I think chocolate might be an antidepressant. The first remedy for sadness is to head to the refrigerator, or maybe the 7-Eleven, and get something you like. This might seem shallow, but it's hard to refute. There's abundant evidence to prove it—a little edible treat can really boost your mood. The Gospels narrate how our Lord took part in banquets and feasts, both before and after his Resurrection, and showed us that joy and a treat go together harmoniously. Just remember to take it all in moderation. I can confirm from firsthand experience that even a bad day ends well with a frosted cookie.

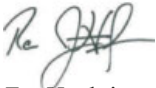
**Go Ahead and Cry:** St. Thomas says that hurtful things hurt even more if we keep them bottled up, because the soul is more focused on them. However, if a hurt is allowed to escape, our focus is dispersed, and sorrow is lessened. That's why deep sadness has to be vented. Weeping is nature's way of letting it out. The shortest verse in the Bible is John 11:35, "Jesus wept." If it's good for Jesus, it's good for you too. As Pope Francis recently said, "There are certain truths in life can only be seen with eyes cleansed by tears."

**Talk It Out:** You know this one from experience. When we are sad, we see everything from our own point of view only. All reality appears monochrome grey. We forget that our perception is only a faint sliver of reality. Opening your heart to a friend, even with just a simple phone call, is enough to change your entire outlook. They say that the definition of a friend is "someone who knows all about you, but still loves you anyway." Talking with a friend is one of the fastest ways to see beyond yourself, and get a handle on your sorrow.

**Get Outdoors:** God's creation in nature is sometimes called the "Fifth Gospel"—a beautiful message for you, written by the hand of God himself. St. Thomas tells us that God is the "fulgor veritatis"—the splendor of the truth. That's why an effective balm against sadness is to meet the splendor of the Creator in the beauty of his creation. Get beyond the sound of traffic. Listen to the rhythm of the ocean. Hear the songs of the birds. Rediscover just how refreshing is the scent of clean air. Gaze up at the majesty of the skies, and remember...God is bigger than your sadness. Stick close to him, and he will prove it to you.

**A Hot Bath and a Good Night's Sleep:** The fifth remedy against sadness isn't something you'd expect from a 13th century theologian, but St. Thomas actually states that cleanliness followed by a good night's sleep is a great antidote to sadness. "The body and soul are so closely united that together they form a single person, and the malady of one can be the malady of both," he writes. Put it all behind you, and start again tomorrow. Those are just a few words of advice from St. Thomas Aquinas, whose wisdom is just as true today as it ever was.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

## Current Critical Adoration Needs

### Critical Need: No Adorer Scheduled

Sunday	Thursday	Friday
12:00am	1:00am	4:00am
2:00am		



**Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

**Sign up for one of our open Adoration Time slots – it will change your life, your family's life, and the life of our St. Theresa Parish!**

Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR [www.tinyurl.com/weadore](http://www.tinyurl.com/weadore)

Please visit the website to signup, or email [letusadore@sainttheresaparish.com](mailto:letusadore@sainttheresaparish.com), or text to 703.608.4278 or 703.728.0168, or come by the parish office.



# Youth Education and News



ymoffice@sainttheresaparish.com

## October

Sunday, the 29th-Upper Room Squad, 6-7:45pm

## November

Sunday, the 5th-Upper Room Squad, 6-7:45pm

Sunday, the 12th-Upper Room Squad, 6-7:45pm

Sunday, the 19th-Upper Room Squad, 6-7:45pm

Sunday, the 26th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 27th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 28th-Load food for transport, 6:15-7pm

## December

Saturday, December 2nd-CYO Basketball Games begin

Sunday, the 3rd-Upper Room Squad, 6-7:45pm

Sunday, the 10th-Upper Room Squad, 6-7:45pm

Sunday, the 17th-Upper Room Squad, 6-7:45pm

## Mount2000 - A Retreat for High School Students led by Seminarians

MOUNT2000 is a yearly retreat hosted by Mount Saint Mary's Seminary for 1000+ high school teens. Offers youth an environment to encounter Jesus who is ALIVE and ACTIVE in our day with the Father and the Holy Spirit. Mass, Eucharistic Adoration, Confession, engaging speakers, spirit filled musicians, and breakout sessions led by the seminarians are offered. Held at Mount St. Mary's University Friday, February 2nd to Sunday, February 4,

2024. We depart early Friday afternoon and return Sunday afternoon. Please go to this link for more details and to grab a spot:

<https://tinyurl.com/STCCMount2000>

Email Paul Dwyer at [ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com) with any questions.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

## Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.



Our Middle School Art Elective Enjoyed Painting with the Parish Young at Heart Club!

**Veterans, please join us! The 8:30am Mass on Friday, November 10** will include a special tribute to Veterans hosted by the STCS 5th Grade class. A light reception in the school gym will follow. All veterans, military on active duty, and members



of the intelligence services are invited to attend and encouraged to wear their uniforms

**STCS families, we can't wait to see you this week!** Please mark your calendars for the following events, and watch for details in the **Thursday Thunder** email newsletter:

**Tuesday, October 31**—

Fall Festival; Early Dismissal

**Wednesday, November 1**—

All Saints Day; All-school Mass & Rosary

**Thursday, November 2**—

Early Dismissal; Parent-Teacher Conferences

**Friday, November 3**—

No School, Parent-Teacher Conferences

**Monday, November 6**—

Vocation Awareness Week

**Friday, November 10**—

Veterans Day Observance Mass & reception

**Sunday, November 12**—

STCS Open House (1:45pm)

**Sale ends this Tuesday! Our annual Parish-School White House Christmas Ornament Sale is** "Pre-Sale On-

ly" again this year. To place your order online please scan the QR code or visit our parish website, [www.SaintTheresParish.com](http://www.SaintTheresParish.com) to download a

paper form and pay by check. The deadline to order is October 31; ornaments will be available for pickup in mid-November.

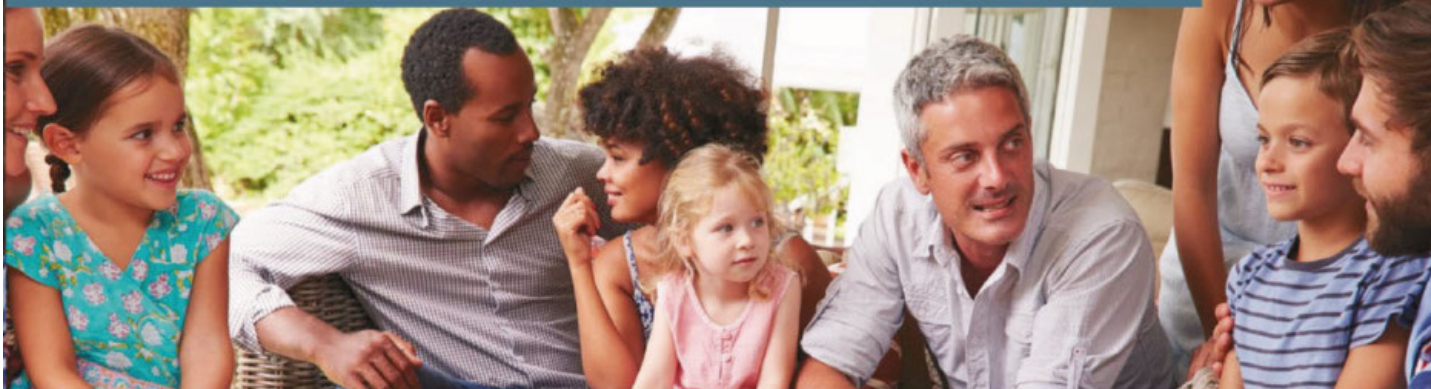
Proceeds benefit the Friends of St. Theresa tuition assistance program. Email [freschir@stsashburn.com](mailto:freschir@stsashburn.com) with any questions.

## STCS Open House - Register Now!

Would you like to learn more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life? Please join us on Sunday, **November 12, 1:45-3:30pm** (presentation at 2pm) for our annual Open House! Scan the QR code to register now. For admissions details, please visit our website at [www.stsashburn.com](http://www.stsashburn.com) (click "Admissions") or email Admissions Director Denise Rotell, [rotelld@stsashburn.com](mailto:rotelld@stsashburn.com).



# TRINITY HOUSE COMMUNITY GATHERINGS



**YOU'RE INVITED – KIDS TOO!** Meet up with other families for fellowship & support in building a faith-filled home!

**SAVE THE DATES  
2023-2024**

**FAITH LIFE  
Sat., Nov. 18**

**PERSON &  
RELATIONSHIPS  
Sat., Jan. 20**

**HOUSEHOLD  
ECONOMY  
Sat., Feb. 24**

**FAMILY CULTURE  
Sat., Mar. 16**

**HOSPITALITY  
& SERVICE  
Sat., May 18**

**St. Theresa Parish**  
21370 St. Theresa Lane, Ashburn, VA  
in the School Cafeteria

**6:30 pm: Dinner & Fellowship**

**7-7:45pm: Parent Presentation & Small Groups Discussion** while Virtus-trained volunteers supervise kids

**7:45-8:30pm: Fellowship & Dessert**

Free event for the whole family!  
Please bring a drink (juice, soda, beer, wine) or dessert – or both! – to share.



< RSVP For The Next  
THC Gathering at St.Theresa



Learn More at  
[TrinityHouseCommunity.org](https://TrinityHouseCommunity.org) >



## News from our Parish

### Registration for New Altar Boys

Registration is now open for boys (4th grade and older) who are interested in becoming Altar Boys to serve at Mass and liturgies in the parish. Training for new altar boys takes place over four (4) sessions spread over several months. The initial training sessions will be held as follows:

Session 1: Sat., Nov. 4-10- 11:30am  
Session 2: Sat., Dec. 9-10- 11:30am

To register for the training sessions or for more information, please contact Deacon Renzette, [deacon@renzette.org](mailto:deacon@renzette.org).

**Veterans Day Observance Mass: the 8:30am Mass on Friday, November 10th** will include a special tribute to Veterans. All veterans, military on active duty, and members of the intelligence services are invited to attend. A light reception for veterans and their families will follow in the school gym. This event is sponsored by St. Theresa Catholic School's 5th Grade Class. Veterans and active-duty military are encouraged to wear their uniforms. If you have not attended in the past, it is a beautiful opportunity to recognize those that serve(d) our country. We hope you'll join us!



**Assistive Listening Devices.** Did you know one out of every 8 adults in the U. S. has some difficulty hearing even when using a hearing aid? That means that on any given weekend, hundreds of our congregation are missing much of what is being said at Mass. To help them, St. Theresa's has an assistive listening system in the church that can be accessed by wearing compatible headphones (or an ear-piece) with a receiver that amplifies the voices heard over the sound system. A neck loop is also available for people who have hearing aids or cochlear implants with the telecoil (t-coil) function. These assisted listening devices can be checked out from an usher before Mass. Talk with an usher for more information.

### In-House Basketball: K-3

St. Theresa's in-house basketball league for children in Kindergarten thru 3rd grade is open for registration

for the 2023/24 season. The league is open to St. Theresa Parishioners and St. Theresa school students. Registration will close on 5 November (or sooner if the league reaches capacity). See the Parish website under Activities/In-house Basketball for details. Contact Rusty Byrne via e-mail at [stsk3basketball@gmail.com](mailto:stsk3basketball@gmail.com) if any questions.

### Saint Theresa Donut Program

We are in need of donations and volunteers for November 19th, December 10th and December 24th. Please sign up, if you can <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint> This program can't run without volunteers and donations. Thank you and God Bless. Any questions, please contact Angela Haberland, [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com) or 703.407.1204



### What are the Crosses outside?

The Crosses outside the church are a Memorial for the Unborn. They serve as a reminder for us to pray for an end to abortion and to pray for those mothers and families hurt by abortion. The most recent data from the Guttmacher Institute says that in 2020 there were 930,160 abortions in the US. So, each cross (of which there are 300) represents about 8.5 babies aborted every day in the USA. For help and healing after an abortion, contact Project Rachel at <https://hopeafterabortion.com/>. If you are pregnant and need support, contact the Gabriel Project at <https://helpforpregnantwomen.org/> or 703.841.3810.

### St Zelig Moms Group

Moms of the parish are invited to join the St. Zelig Moms Group. We have playdates and social events for Catholic fellowship. Please contact [christinenkids@gmail.com](mailto:christinenkids@gmail.com) for more information.

### Calling all homeschoolers

We are trying to form a St. Theresa's homeschooling group. If you would like to be added to our contact list, please email [christinenkids@gmail.com](mailto:christinenkids@gmail.com).

### Padre Pio Prayer Group

St. Pio of Pietrelcina (Padre Pio) is known for his gift of healing. When you become a child of Padre Pio, he also takes into his prayers your entire

family. Won't you join us on the first Friday of every month as we pray the rosary and ask Padre Pio to be your helper in heaven. Pray, hope, and don't worry....November we will be meeting on **November 10** at 6:30 pm. St Theresa School in the Saint Louis Martin Room. Questions, contact Mirella McAleer 703.463.0847.

### Our Parish Choirs

New members welcome! Contact us at [music@sainttheresaparish.com](mailto:music@sainttheresaparish.com)

Children's Choir: Rehearses on Tuesdays from 3:30-4:30.

Youth Choir: Rehearses on Saturdays from 4:00-5:00. This choir will learn more challenging music and learn to serve as cantor.

Parish 10:30 AM Choir always welcomes new members. We especially are in need of more men singers and "that man is YOU". This choir rehearses on Tuesday evenings from 7:00-9:00.

## Parish Social Events Coming Soon

KofC Pancake Breakfast—  
**November 12th**

Donut Sunday—  
**November 19th**

**Sale Ends Tuesday, October 31! Our annual Parish-School White House Christmas Ornament Sale is now open!** Orders will be "Pre-Sale Only" again this year. To place your order online please scan the QR code or visit our parish website, [www.SaintTheresParish.com](http://www.SaintTheresParish.com). If you prefer to pay by check, order forms are available in the Church and School Offices. **The deadline to order is October 31;** ornaments will be available for pickup in mid-November. Proceeds benefit the Friends of St. Theresa School tuition assistance program. Call Regina Freschi with any questions, 703.729.3577.



# Adult Education and Spiritual Enrichment

## That Man is You (TMIY)

That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. During our October 14th meeting we reviewed steadfast leadership for men, examining the stories of King Solomon and Mother Theresa of Calcutta. During the group discussions we discussed our fundamental purpose as men and how to implement these important examples. It's not too late to become part of our group strengthening faith and fatherhood. Please join us Saturday Novem-

ber 4th at 630 A.M for fellowship and coffee, followed by the start of the program at 7 AM. We will meet in the Parish building across from the Church. Please contact Jack Hayes at 703.537.6418 or jack.hayes422@aol.com for additional information and continue to watch the bulletin for upcoming details.

## Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Start-

ing October 11th, we will be reading the book, "Four Witnesses: The Early Church In Her Own Words. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

## Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

## Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)



## Knights of Columbus

### Are you a parishioner in need of a home repair?

If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.



**KOVAR:** KOVAR is a Virginia Knights of Columbus charity. It works to provide assistance

through grants and home loans to tax exempt organizations. These organizations give training and assistance to persons with intellectual disabilities. We need your help through donations to fund this vital charity. We will be collecting at all Masses November 18th and 19th or use QR code below. Thank you for your generosity in giving to KOVAR.



**Catholic men:** Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

<https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



## Upcoming Early Bulletin Deadlines

**November 19 bulletin**--due by Tuesday, November 7th, 2pm

**November 26 bulletin**--due by Monday, November 13, 2pm

## How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

## News Around the Diocese

**Annual Mass in Commemoration of All the Faithful Departed** (All Souls' Day)—The Mass in Commemoration of All the Faithful Departed (All Souls' Day) will be held on **Thursday, November 2** at 11am at Fairfax Memorial Park, 9900 Braddock Road, Fairfax. The Most Rev. Michael F. Burbidge, Bishop of Arlington, will be the principal celebrant and homilist. Included in this beautiful liturgy will be the traditional blessing of the gravesites of deceased priests. Please join us as we pray for our loved ones who have gone on to their eternal reward. Rain Site: Holy Spirit Catholic Church, 8800 Braddock Road, Annandale.

**Ladies: Discover the Gifts You Have Been Given**—You are invited to a GIVEN Gathering event on Saturday, **November 11** from 9am-4pm at Saint Thomas à Becket Catholic Church, 1421 Wiehle Ave, Reston. The event, hosted by the Diocese of Arlington's Office of Marriage, Family and Respect Life and created by The GIVEN Institute, is designed to inspire you to receive the gift you are, to realize the gifts you have been given, and respond with the gift that only you can give. The event includes talks by Sister Mary Gabriel, SV, Mary Lenaburg and Katie Weiss as well as opportunities for Mass, Confession and Adoration. Coffee, light pastries available in the morning and lunch provided in the afternoon. Cost is \$55. To learn more and to register visit <https://giveninstitute.com/arlington-given-gathering/>.

**Solemnity of Christ the King**—Bishop Burbidge cordially invites you to join him for the celebration of Solemn Vespers with Exposition and Benediction of the Blessed Sacrament on Sunday, **November 26, 2023**, the Solemnity of Christ the King, as he inaugurates the Diocesan Golden Jubilee Year. Solemn Vespers will be held at 5pm at Saint Raymond of Peñafort in Springfield. RSVP to [events@arlingtondiocese.org](mailto:events@arlingtondiocese.org).

**Advent Retreat Weekend for Women Dec 1-3, 2023**—Are you looking to deepen your understanding and connection with God? Look no further than a retreat at Our Lady of Bethesda Retreat Center. Our retreat weekends are based on the Spiritual Exercises

crafted by St. Ignatius and offer a unique opportunity to cultivate a deeper understanding of yourself, your relationship with God, and the world around you. Explore your mission in life and Experience Christ's Presence in the Silence of a retreat! Registration is required. Cost: \$300 per person. Find more information and links to register on the website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, A Place to Encounter Christ! 7007 Bradley Blvd., Bethesda, MD 20817. Plan your next retreat today!

**National Eucharistic Congress 2024 - Registration is Open**  
<https://sainttheresaparish.com/wp-content/uploads/NEC-Diocese-of-Arlington-Brochure.pdf>

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**Do you love someone with a drug or alcohol problem?**—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com). Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

**St. John Prep Open House**—You are invited to attend an open house at Saint John's Catholic Prep located in historic Buckeystown, MD on Sunday, **November 5th** from 12-2:30pm. The open house is a wonderful way for prospective students and their families to experience the school's community, meet students, faculty, and staff and learn more about a faith-based, college prep education. There will be tours of the campus as well as information about financial assistance. We will be

offering Mass at 11am, before the program starts. Saint John's is a Catholic, coeducational, college preparatory high school located at 3989 Buckeystown Pike in Buckeystown, Maryland. Prospective families can register at <https://www.saintjohnsprep.org/admissions/visit>

For more information about admissions or the open house, please call the school at 301.662.4210 or e-mail [mjames@saintjohnsprep.org](mailto:mjames@saintjohnsprep.org).

**John Paul Open House**— on **Nov. 5th**—Getting ready for high school? Join us at John Paul for our Open House on Sunday, November 5th from 1-4pm! Learn more about our rigorous college-preparatory curriculum, competitive athletics, inspiring visual and performing arts, and abundant extracurricular opportunities! We look forward to introducing you to our unique Bioethics program as well as our beloved House System and robust Special Services! Meet students, faculty, and coaches to learn more about the programs you love. RSVP at [jpthegreat.org](http://jpthegreat.org)!

**How to High School - January 6th**  
JP's hit readiness and skills workshop is back! Open to all 7th & 8th graders, How to High School will be held on Saturday, January 6th from 12-4pm! Register at [jpthegreat.org](http://jpthegreat.org) under Upcoming Events on the Admissions tab!

**Volunteer Teachers Needed!** Help teach adult refugees and immigrants in your community! Education and Workforce Development of Catholic Charities, Diocese of Arlington is seeking teachers and co-teachers for ESOL (English to Speakers of Other Languages), Citizenship, GED, Computer Literacy and ESOL for Childcare. We are accepting volunteers for in-person classes and online! In person classes are Tuesdays and Thursdays, 7-9pm, at 46833 Harry Byrd Hwy, Sterling, VA 20164. More in-person classes are held in Manassas, Springfield, and Falls Church. We provide training, curriculum, and resources. No second language necessary! If interested, call the Education and Workforce Development office at 571.208.1572, email us at [ewd@ccda.net](mailto:ewd@ccda.net).



## Parish Offices

Secretary: Kelly Cosenke, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: www.sainttheresaparish.com  
Email: office@sainttheresaparish.com  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: reoffice@sainttheresaparish.com  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
Website: www.stsashburn.com  
Email: schooloffice@stsashburn.com  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7:30pm in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
www.sainttheresaparish.com

### Furniture Ministry Coordinator

**needed**—Many thanks to Una Giachinta who has been coordinating the Furniture Ministry for many, many years. She needs to step down and is looking for someone to take it over. God bless you Una! This includes picking up donated tables and chairs and small dressers and delivering them to families in need. If you are interested in this ministry, please contact Marianne Guidos at 703.729.2334 or dmoutreach@sainttheresaparish.com.

**Festival of Trees 2023**—We still need about 10 trees. Please consider donating a decorated & themed 4ft trees, wreaths or basket for the Festival. More than one family or groups can donate a tree... together. Proceeds from this fun, festive event go to help families in need through Divine Mercy Outreach.

See more information about the Festival of Trees on the parish website under Outreach- Festival of Trees. Last

year we raised over \$21,600. from this beautiful, fun family event. Please contact Marianne Guidos if you would like to donate dmoutreach@sainttheresaparish.com or 703.729.2334 . Questions about the Festival of Trees please contact the co-chairs Mary Sinnott at allthesinnotts@verizon.net or Angela Haberland at angela.haberland@gmail.com

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Bed Ministry**—Volunteer for the Bed Ministry -volunteers with trucks or Large SUVs needed especially! Great

to do this with your teenager too!

Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

### Friends in Need

Provides meals on a short- term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.*



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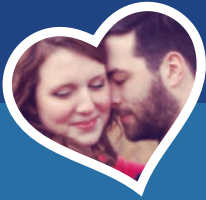
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