

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

December 17, 2023
Third Sunday of Advent



Masses for the Week

Mon, Dec 18	6:15— John William Meng+ 8:30— Fr. Daniel Spychala 12:15— Josefa & Hernando Villarraga+
Tues, Dec 19	6:15— Scott Bush+ 8:30— Marilyn Stavelly+
Wed, Dec 20	6:15— Mr. Joseph Anthony Tulloch 8:30— The Lyle Tulloch Families L &+ 12:15— Amy Delaney
Thurs, Dec 21	6:15— Jeffrey Welch+ 8:30— Allen Christensen+
Fri, Dec 22	6:15— Francis Tabash+ 8:30— Kim Mares
Sat, Dec 23	8:30— Joseph Michael Begley+ 5:30— The RE Program
Sun, Dec 24	7:30— Frances-Maria Pilaro+ 8:45— St. Theresa Parishioners 10:30— McKay Family
Christmas Vigil	4:00— Elizabeth & Francis McAndrew and Family+ 6:00— Susanne King+ & Robert Mica+ 8:00— Kathleen A. & John J. McLaine & Family+ 10:00— St. Theresa Parishioners

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Jack LaFave, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjar-ean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale.

Prayers For Our Military: Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes.

A Season in Two

Did you know Advent is the only season of the year with two distinct parts? Unlike Lent or Easter, Advent has a first section (from the first Sunday of Advent until December 16) and a second section (December 17 – 24). In the first part of Advent, we focus on the coming of Christ at the end of time. In the second part, which begins today, we focus on the coming of Christ as a child in Bethlehem. Here's an interesting tidbit about this focus taken from the Evening Prayer the Church offers in these last seven days.

Everyone knows the Advent hymn, "O Come, O Come Emmanuel." The seven verses of this hymn come from the seven titles of the Messiah from the book of the prophet Isaiah: Wisdom of God, Lord of Might, King of the Nations, Key of David, Dayspring, Root of Jesse, and Emmanuel. These seven titles are also used at Vespers (the Evening Prayer of the Liturgy of the Hours) each evening here in the last week of Advent.

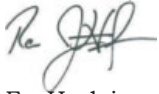
Each evening, from December 17 – 24, the Church uses a different title as an antiphon. These are known as the "O Antiphons." In an ancient tradition of uncertain origin, Benedictine monks carefully arranged these seven antiphons for a definite purpose. If one starts with the last title and takes the first letter of each, they form a message. The titles (in Latin) are: *Emmanuel*, *Radix Jesse* (Root of Jesse), *Oriens* (Dayspring), *Clavis David* (Key of David), *Rex Gentium* (King of the Nations), *Adonai* (Lord), *Sapientia* (Wisdom),

The first letter of each title creates an acrostic which is complete on the evening of December 23rd. The letters spell *Ero cras* which, in Latin, means "Tomorrow, I will come." This beautiful tradition culminates four weeks of prayer and preparation for the Christmas season.

What Time is Midnight Mass?

Christmas Eve is funny this year, since Christmas falls on a Monday. Yes, both Sunday and Christmas Day are obligatory, and our Sunday schedule will be odd. We have our ordinary slate of morning Masses, (7:30am; 8:45am; 10:30am) but there will be no 12:30pm Mass on Sunday, December 24. Why no 12:30pm Mass? Because Christmas Eve Masses begin that very afternoon. On Christmas Eve, our schedule will be as it always has—4:00pm, 6:00pm, 8:00pm, and 10:00pm. (What time is Midnight Mass? At St. Theresa, it's 10:00pm!) Christmas Day will also follow the usual Christmas Day schedule—8:00pm, 10:00am, and 12:00pm. I hope you have a prayerful and holy final week of Advent. For all who are traveling, I offer my prayers for your safety, and wish you a beautiful and holy Christmas.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Current Critical Adoration Needs

Critical Need

Saturday

3:00am



Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.

Sign up for one of our open Adoration Time slots – it will change your life, your family's life, and the life of our St. Theresa Parish!

Visit the Parish website to access the Saint Theresa Parish Adoration Scheduler, or use this short web address:

OR www.tinyurl.com/weadore

Please visit the website to signup, or email letusadore@sainttheresaparish.com, or text to 703.608.4278 or 703.728.0168, or come by the parish office.

Upcoming Early Bulletin Deadlines

Due to the upcoming Christmas and New Year's Holidays, here are the early bulletin deadlines:

December 24 bulletin--was due by Monday, **December 11**, 2pm

December 31 bulletin--due by Monday, **December 18**, 2pm

Youth Education and News



ymoffice@sainttheresaparish.com

January

Sunday, the 7th-Upper Room Squad, 6-8pm

Sunday, the 14th-Upper Room Squad, 6-8pm

Sunday, the 21st-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 22nd-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 23rd-Load food for transport, 6:15-7pm

Sunday, the 28th-Upper Room Squad, 6-8pm

February

Friday, the 2nd to 4th – Mount 2000 Retreat, Emmitsburg, MD - Hosted by the Seminarians of Mt. St. Mary's

Mount2000 - A Retreat for High School Students led by Seminarians MOUNT2000 is a yearly retreat hosted by Mount Saint Mary's Seminary for 1000+ high school teens. Offers youth an environment to encounter Jesus who is ALIVE and ACTIVE in our day with the Father and the Holy Spirit. Mass, Eucharistic Adoration, Confession, engaging speakers, spirit filled musicians, and breakout sessions led by the seminarians are offered. Held at Mount St. Mary's University Friday, February 2nd to Sunday, February 4, 2024. We depart early Friday afternoon and return Sunday afternoon. Please go to this link for more details and to grab a spot:

<https://tinyurl.com/STCCMount2000>

Email Paul Dwyer at ymoffice@sainttheresaparish.com with any questions.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



Can you help? St. Theresa Catholic School's Thunder Appeal – Anchored in Faith is now underway! Your tax-deductible gift will impact students and faculty every day, and



help us grow in our mission of Educating Tomorrow's Catholic Leaders. Scan the QR code or visit our website, www.stsashburn.com to make a gift online, or mail a check to St. Theresa Catholic School ("Thunder Appeal" in the memo). For more information, please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577. Thank you for your support!



Apply to St. Theresa Catholic School! Saint Theresa Catholic School will begin accepting applications for new families beginning January 3, 2024. Please visit our website for more information and to apply. <https://www.stsashburn.com>

STCS families, we can't wait to see you this week! Please mark your calendars for the following events, and watch for details in the **Thursday Thunder** email newsletter:

Monday, December 18—
Christmas Break
Wednesday, January 3—
Students return

Calling all St. Theresa Catholic School Alumni & Alumni Families! We would love to hear from you, and add you to our Alumni & Friends Newsletter email list. Please send your news and contact information to alumni@stsashburn.com




News from our Parish

Baptism Class Time Change:

Make note, the baptism class is moving to **7pm starting January 4, 2024**.

Save the date- Chili cook off **Feb 10, 2024** - all proceeds benefit Workcamp. Stay tuned!



2023 Thunder Appeal
Anchored in Faith

Curriculum & Classroom Resources | Faith Formation Opportunities | Recruit & Retain Outstanding Faculty | Campus Improvements | Bridge the Gap Between Tuition Revenue and the Cost to Educate Each Student

Can you help with an End-of-Year gift?

Considering End-of-Year Giving? St. Theresa Catholic School's Thunder Appeal – Anchored in Faith is now underway -- please consider supporting our parish school! Since our opening in 1994, STCS has been blessed to be part of such a vibrant parish community. Your tax-deductible gift will impact our students and faculty every day, and help us grow in our mission of Educating Tomorrow's Catholic Leaders. Scan the QR code or visit our website, www.stsashburn.com to make a gift online, or mail a check to St. Theresa Catholic School ("Thunder Appeal" in the memo). For more information, please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577. *We are grateful for your support!*

Ornaments for sale! We have a few White House Christmas ornaments left for sale – but they're going fast! Please email Regina Freschi for availability, freschir@stsashburn.com, or call the school office at 703.729.3577. The ornaments are \$27/each, with proceeds benefitting the Friends of St. Theresa School tuition assistance program.

Father/Daughter Dance

The Knights of Columbus St. Louis Martin Council is hosting a Father Daughter Dance on **February 9th, 2024** that is open to all St. Theresa Parish and School families to attend. The event will be held on February 9th from 7-9pm in the St. Theresa Catholic School Gymnasium. There will be

a live DJ, Photo Booth, Raffle Prizes, Snacks, and Drinks.

\$25 per father and daughter duo, \$10 for each additional daughter. Raffle tickets for prizes will be one for \$10 three for \$25 for three. Proceeds go to Divine Mercy Outreach.

Tickets will be limited to gym capacity. Online ticket purchase is available through the St Louis Martin KoC Council website or using this QR code. Any remaining tickets will be sold onsite.




Saint Theresa Catholic School

2024 ADMISSIONS

Application window for new families opens on
January 3, 2024
"Educating Tomorrow's Catholic Leaders"

For more Information:
www.stsashburn.com
703-729-3577

Welcome Students!

Parish Advent Offerings

Additional Confession Times

Wednesdays 9am
Mon., Wed. & Thurs. Dec. 18, 20 & 21: 7pm until the line runs out



Christmas Mass Schedule

****Dec. 24: no 12:30pm Mass for the 4th Sunday of Advent****



Sunday, Dec. 24:
Vigil Mass:
4, 6, 8 & 10pm



Monday, Dec. 25:
8 & 10am & 12pm

Solemnity of Mary, Holy Mother of God

Sunday, Dec. 31

Vigil Mass: 5:00pm

Monday, Jan. 1:

6:15, 8:30 & 10:30am, 12:00



Adult Education and Spiritual Enrichment

Looking to learn more about your faith? This Spring we will be offering two new classes:

Exodus - When God called Israel out of slavery in Egypt to a life of freedom as his people, it was the defining moment in Israel's history. Learn the keys to authentic freedom and how a proper understanding of the Exodus can illuminate one's understanding of the Christian Faith.

Thursdays 7-8pm. Zoom. Ten sessions. Starts Feb. 15th. Cost: \$30 plus S&H.

Contact: Maria at maria_basu@yahoo.com

No Greater Love - Biblical Walk Through Christ's Passion

No Greater Love is a biblical pilgrimage that reveals Christ's amazing love for us. You will walk step-by-step with Jesus from the garden of Gethsemane to Mount Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbol-

ism, and historical context shed light on the mystery of Christ's suffering and death.

Thursdays 7-8pm. In-Person. Five sessions. Starts Feb. 15th. Cost: \$27 plus S&H.

Contact: Viki at vc_hughes@hotmail.com

That Man is You (TMIY)

That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. We are closing out the fall session discussing the critical roles we play as Christian fathers, confronting the challenges of the modern world. Our spring session starts on Saturday 20 January Saturday at 630am for fellowship, video and, and discussion (6:30-8am) in the Parish building across from the Church. Please contact Jack Hayes at 703.537.6418 or

jack.hayes422@aol.com for additional information.

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting October 11th, we will be reading the book, "Four Witnesses: The Early Church In Her Own Words. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.



Knights of Columbus

KOVAR: Last month our generous parishioners donated over \$3000 to KOVAR! This Virginia Knights of Columbus charity provides assistance through grants and home loans to special needs organizations. These organizations provide support to persons with intellectual disabilities. Thank you for your generosity.

Sweats for Vets: We have collected a good number of Sweats for Vets with the generosity of St. Theresa Parishioners. There is still time to donate a few more. We also would appreciate volunteers to assist with wrapping on 12/26/23 and delivery to Veterans Administration Medical Center (VAMC) in Martinsburg on January 20th at 10:30. See the Knights upcoming events web page (<https://www.st-louismartin-kofc.org/upcomingevents>) for details.

Father Daughter Dance: The Knights of Columbus St. Louis Martin Council is hosting a Father Daughter Dance on February 9th, 2024 from 7-9pm open to all St. Theresa Parish and School families. The event will be held in the St. Theresa Catholic School Gymnasium with a live DJ, Photo Booth, Raffle Prizes, Snacks, and Drinks. The price is \$25 per father and daughter duo, \$10 for each additional daughter. Raffle tickets for prizes will be one for \$10 three for \$25. Proceeds go to Divine Mercy Outreach. See the Knights upcoming events web page (<https://www.st-louismartin-kofc.org/upcomingevents>) for details.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here

to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men.

Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

<https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

News Around the Diocese

Your Gift to Catholic Charities is Greatly Appreciated!—Thank you for your generous support of Catholic Charities of the Diocese of Arlington in last weekend's Parish Christmas Collection. With your donation, you are helping to serve the poor, protect the vulnerable, and welcome the newcomer - right here in our diocese.

If you have not made a gift yet, you may do still contribute to this week's collection by making your check payable to the parish and noting Catholic Charities on the memo line. You may also donate online at [ccda.net/ Christmas](http://ccda.net/Christmas).

"Rejoice always. Pray without ceasing. Give thanks in all circumstances, for this is the will of God for you in Christ Jesus." I Thessalonians 5:16 - 18 This scripture reading sums up Stewardship. "Rejoice always" means place your trust in God; He will provide all that you need. "Pray constantly" means prayer should be a running conversation with God throughout the whole day, every day. "Give thanks in all circumstances" means even in bad situations, thank God. Suffering a little bit helps build empathy for others in similar situations and shows our dependence on God.

Advent Resources!—This Advent, prepare your hearts for Christ's Nativity with 2minutes2virtue (2m2v) and Searching for More (SFM)! Stay tuned for short and inspiring video reflections led by our diocesan priests and lay faithful during each week of Advent. Stay up-to-date on new releases by subscribing to the diocesan email newsletter, the diocesan YouTube channel. You can also find 2m2v and SFM wherever you subscribe to podcast. You can also find the videos on Instagram, Facebook and Twitter as they release. Receive the weekly 2m2v challenge straight to your phone by texting "2m2v" to 84576, and join our public Facebook Group for further inspiration!

Catholic Preschool Open House—Are you looking for a half-day Catholic Preschool for your 2 ½ to 4-year-old child with a nurturing environment where Catholic values are taught and

integrated into the daily life of the students?

St. John Neumann Catholic Preschool in Reston will be hosting an Open House and tours during Catholic Schools Week for the 2024-2025 school year on Monday and Wednesday, **January 29th or 31st** at 10:30am. (Please meet in the church narthex—just outside our parish office.) We also have openings for the current school year! Please call 703-860-6158 or visit saintjn.org/preschool for more information.

Catholic Distance University's Lifelong Learning Continuing Education

program will offer its popular three-week online Apologetics seminars throughout 2024 and 2025. Upcoming seminars include:

Proclaiming the Reality of God: Compelling Evidence of God's Existence (January 15-February 5, 2024)
Making the Case for Christ (April 5-May 6, 2024)

Why Would a Loving God Allow Evil, Pain, and Suffering? (June 16-July 8, 2024)

To register for these seminars and any of CDUs many online independent study courses, visit <https://www.pathlms.com/cdu>. Individuals who complete all six Apologetics seminars will qualify for the Diocese of Arlington specialized catechetical certification in Apologetics (CDU's Basic Certificate in Apologetics). To qualify for the diocesan subsidized pricing (\$45 for independent study courses and \$65 for online seminary), catechists and others involved in ministry should use the Diocese of Arlington access code: CDU15ARLINGTON
Contact continuingeducation@cdu.edu.

Quo Vadis Seminary Visit for High School Boys—Ever wondered what college seminary is like? Join Fr. Isenberg and Quo Vadis on **January 27, 2024**, to experience it firsthand on a visit to St. John Paul II Seminary in Washington, D.C. Meet the seminarians and their formators, see where they live, pray, eat and study, celebrate Mass together and tour parts of Catholic University where they have classes. Dads are welcome but not

required. **Deadline to submit registration form is January 18.** Visit www.ArlingtonDiocese.org/QuoVadis or contact the Office of Vocations, vocations@arlingtondiocese.org or 703.841.2514. Quo Vadis events are for high school boys interested in growing in their spiritual life and exploring their vocations.

Simbang Gabi—Please join us in celebrating Simbang Gabi across the Diocese from **December 15-24**. Please visit here for more information and full schedule: www.arlingtondiocese.org/simbanggabi/

2023 Bethlehem Walk - A Living Nativity—Travel back in time to the City of Bethlehem for a free family event. A living nativity returns to Holy Trinity Catholic Church, 8213 Linton Hall Road, Gainesville, on Thursday and Friday, **December 21-22 from 5-8pm**.

Come Pray for Vocations—All are invited to join the St. Thérèse Vocation Society for their annual Morning of Reflection on Saturday February 10, 2024, from 8:30am- 12pm at Blessed Sacrament Catholic Church in Alexandria. The day will include continental breakfast, spiritual conference, Mass and Holy Hour. Fr. Peter St. George is our speaker. There is no cost but please RSVP with the Office of Vocations by February 5, 2024, at 703.841.2514 or vocations@arlingtondiocese.org. The St. Thérèse Vocation Society was formed to pray for and encourage vocations to the priesthood and consecrated life.

Day of Prayer and Healing—After Abortion Retreats: A Day of Prayer and Healing for women who have experienced abortion will be held on Saturday, **February 10, 2024**. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

News Around the Diocese Continued

Marriage Retreat!—By offering Married Couples the beautiful experience of a Worldwide Marriage Encounter Weekend, the Catholic Church is affirming and supporting you in your chosen vocation – Marriage. Take advantage of this great gift to enhance your relationship and enjoy a love-filled weekend away together. For more info or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are a few upcoming experiences: January 26-28, 2024 - Myrtle Beach, SC; March 1-3, 2024 - College Park, MD; April 12-14, 2024 - Herndon, VA

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

Three to Get Married Marriage Prep in 2023—Jan 18-20 / Feb 22-25 (virtual)
A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an

intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Find more info on the website ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD.

Advent Mini-Retreats for Women—
Evening: **Dec 20**, 6-9pm
Morning: **Dec 21**, 9:15am - 12:15pm
Ladies, we invite you to join us for our Advent Mini-Retreats specially designed for women. Take a break from the hustle and bustle of the holiday season to relax, rejuvenate and connect with other amazing women. Cost is \$25 per person. Advance Registration is required. Babysitting will be available during the morning retreat and must be reserved in advance. Visit our website to register www.ourladyofbethesda.org. Hosted by the Women of Regnum Christi. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Don't miss out on this opportunity to unwind and recharge before the new year. See you there!

**New Years Retreat for Men—
Jan 6-7, 2024**

Experience the essentials of the Spiritual Exercises in this abbreviated one-night retreat!
Start the new year off right with a Retreat! Experience the essentials of the Spiritual Exercises in this abbreviated one-night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Additionally, you will have plenty of free time to explore the beautiful natural surroundings of the retreat center and spend time in personal reflection. Registration is required. Cost: \$150 per person. Find more in-

formation and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Miracles Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

What Made Me, Me? Workshop Series—Next Session: Jan 11, 7-8:30pm
Why do people do what they do? Deepen your own self-awareness and discover the psychological and spiritual narrative of your life. Learn how your childhood has helped shape who you are today. This new workshop series will lead you through the psychological and spiritual development of a person during each stage of life. Over the course of these workshops, you will see how each stage of development – from Early Childhood through Adolescence -- shaped the person you are today. Presented by Dr. Kathleen Musslewhite, Executive Director of the Alpha Omega Clinic, remaining sessions in the series: Thursday Evenings: Jan 11, Feb 8; each session duration: 7-8:30pm. The cost for each session is \$60 per person. Come to all or some. This program is a collaboration of Our Lady of Bethesda Retreat Center with the Alpha Omega Clinic, both located at 7007 Bradley Blvd., Bethesda, MD 20817. Find more information and links to register on our website: www.ourladyofbethesda.org



There is an urgent need for car donations to help needy families in the Northern Virginia area. Cars are re-conditioned and given directly to low-income families, including single parents, domestic violence victims, and Afghan refugees.
The Car Ministry, 929 W Broad Street, STE 205, Falls Church, Virginia 22046, 703.237.8479, Website: www.carministry.org, Email: donate@carministry.org

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Parish Offices

Secretary: Kelly Cosenke, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Furniture Ministry Coordinator still needed.

— We need your help. Our furniture ministry needs a coordinator or two. This includes picking up donated tables and chairs and small dressers and delivering them to families in need. If you are interested in this ministry, please contact Marianne Guidos at 703.729.2334 or dmoutreach@sainttheresaparish.com.

Monetary Donations—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, by mail or

drop off to the parish office. Indicate DMO in the memo of the check or on the envelope. To donate online—<http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Bed Ministry—volunteers with trucks or Large SUVs needed especially! Consider taking a short time out of your day to bring some light into another's life. Extra helpers needed to bring new beds and bedding from our storage to families moving out of the shelters and other families in need. Interested, contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to

volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry

Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

Please do not leave clothing at church. We are not accepting clothing donations.

Please note: Parish Offices will be closed Monday and Tuesday, December 25th & 26th for Christmas and Monday, January 1st for New Year's

SERVING THE COMMUNITY FOR 40 YEARS

FAMILY OWNED & OPERATED SINCE 1975

JOHN NUGENT & SONS

HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS



Your comfort is our concern

Call **703-356-7499** to request
service **ANYTIME** am or pm!



Broadlands family Dentistry

43150 Broadlands Center, Plaza #158,
Ashburn, VA 20148

(Located in the shopping center next to the church)

*smile
freely*

Victor Han, DDS
703.726.1600

www.broadlandsfamilydentistry.com



**ROOFING
SIDING**

GUTTERS

**WINDOWS
& DOORS**

Fully Licensed,
Bonded & Insured

**FREE Estimates on
Repair & Replacement**

703-230-ROOF
7 6 6 3

www.dryhome.com



GREEN SUN, INC.

Parishioner

Let us do the work! 703.327.7018

*Modern Landscape Design Service
and Landscape Maintenance*

Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living

Visit our Photo Gallery at

www.greensuninc.com/photogallery



**SHANNON &
WRIGHT LLP**

338 E. Market Street • Leesburg, VA



- Wills, Estates & Trusts
- Tax Planning & Tax Services
- Business Transactions
- Employment Law
- Real Estate & Land Use
- Litigation

571.620.1930 • www.shannonwright.law

WHICH SIDE OF THE RETIREMENT MOUNTAIN ARE YOU ON?

Are you 55 years old or older and thinking about retirement? Get a second opinion on your retirement plan!

Scan the QR code to schedule your complimentary appointment with Abich Financial Services!



OUR TEAM

Parishioners Patrick Volk
and Ruben Devia, CFP®
Abraham Abich, CFP®
Eian Lomash, CRPC®
Birds Horton, CRPC®



Abich
FINANCIAL SERVICES

E: Info@AbichFinancial.com

P: (571) 577-9968

W: www.AbichFinancial.com

A: 20135 Lakeview Center Plaza
Suite 110
Ashburn, VA 20147

Investment advisory services offered through Abich Financial Wealth Management, LLC, a registered investment adviser firm. Insurance and annuities offered through Abich Financial Services Inc. VA Insurance License #127820.

DISCOVER YOUR BEST SMILE WITH THE #1 INVISALIGN® PROVIDER IN THE NATION

MOST INVISALIGN PATIENTS TREATED SUCCESSFULLY NATIONWIDE
OUR OFFER FOR ST. THERESA'S FAMILIES

\$800 OFF

FULL TREATMENT



Scan to schedule your
complimentary consultation

DR. ZACH CASAGRANDE | DR. ELVI BARCOMA | DR. DANIELLE ROBB
DR. JESSICA ITANI | DR. SONNY SONG | DR. KIANOUSH TARI



Northern virginia
orthodontics

ASHBURN | RESTON | ONE LOUDOUN
TYSONS | PURCELLVILLE | ARLINGTON

Offer valid for new patients and full treatment only. Cannot be combined with any other discounts or promotions. Offer not valid on Smile Express treatment. Offer expires 4/30/24. Smile Directs Orthodontics of Virginia, P.C., Gregory D. Stappert, DDS.



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

NOVA

PEDIATRIC DENTISTRY
& ORTHODONTICS
BRINGING SMILES TOGETHER



Dr. Matt

Dr. Maria

Dr. Val

Dr. Courtney

Dr. Lydia

(703) 729-7005

www.novapdo.com

Dr. Val

Parishioner and STCS Parent



WISDOM TEETH • DENTAL IMPLANTS
COSMETIC FACIAL SURGERY

Washingtonian Top Oral & Facial Surgeon

Craig Vigliante, MD, DMD

Board Certified Oral & Facial Surgeon

703-723-5366

www.PotomacSurgicalArts.com

PARISHIONER



Cabinet Showplace

Fine Cabinetry for the Entire Home

210 North 21 Street, Unit E • Purcellville, VA 20132

540.338.9661

cabinetshowplace.com



**P & D
PLUMBING**

No job too small or too big, we do it all!

703-939-4473

LICENSED & INSURED

www.PandPlumbing.com

**SUMMIT ROOFING
CONTRACTORS INC.**

WE OFFER
FINANCING

NEW ROOFS • RE-ROOFS • TEAR OFFS • SIDING • SHINGLES
REPLACEMENT WINDOWS • ROOF REPAIRS • ALUMINUM GUTTERS

703-368-7483 • summitroofing.com
13042 HANSEN FARM ROAD • MANASSAS, VA 20109



Paragon Assisted Living
Potomac House Communities

Call Us to Schedule a Tour: 571-378-0295
www.paragonassistedliving.com

We welcome residents into warm home settings, care for them with respect and devotion, and ensure their days are filled with hope, purpose and joy.

Trusted Senior Care Provider
at Your Home...or Ours!



ALWAYS HIRING GREAT CAREGIVERS

Paragon
FOSTER CARE

An established, premier home care provider awarded the "Best of Home Care"
Award for the highest customer satisfaction ratings based on blind survey of clients
Call Us For A Free Assessment Today (703) 942-8950 • www.paragonhomecare.com

**DOMINION
LAW GROUP, LLP**

Jonathan Laramie, Attorney

Wills, Trusts, Probate

Tel: (703) 865-2525

www.DominionLawGroup.net

The life you lead is reflected in the life you leave.



Comprehensive Estate Planning

571-777-1000

www.legacylawcenters.com

Sam Mansoor, ESQ
STCS Parent and Parishioner

**Aren't You Tired Of
Repairing Old
Asphalt Cracks?**

**Please Let Us Provide
A Professional
Installation**

(New Asphalt Overlays)

(And Also New Asphalt Replacements)



Paul J. : 703-582-9712
PaulWithFrontier@gmail.com

Luke J. : 540-322-6509
FrontierAsphaltServices@gmail.com

Look At Our Website!
www.FrontierAsphaltServices.com

**20%
OFF**
Call Us
NOW!

**AG
ADAMS-GREEN
FUNERAL HOME & CREMATORY**

Family Owned & Operated Since 1885 • Serving Northern Virginia

- Crematory on premises
- Military, out of town & international arrangements
- Pre-planning available
- Out of state burial
- Chapel for all faiths
- Convenient parking

The personal and professional service you deserve during a difficult time in a home like atmosphere.

721 Elden Street • Herndon, VA 20170
703-437-1764 • 703-471-4090
www.adamsgreen.com

BILL KEATLEY
Manager
KATHRYN ADAMS
Owner



**Dr. Jean-Claude
Kharmouche**

PERIO SPECIALISTS
Periodontics & Dental Implants

**Board Certified Specialist
Over 25 Years Experience**

STERLING
21165 Whitfield Pl. • Suite #107

ALDIE
24585 Stone Carver Dr. • Suite #100

LEESBURG
2 Cardinal Park Dr. • SE #102B

703.444.4377

www.perioperio.com

Sterling | Aldie | Leesburg



HOW WILL YOU BE REMEMBERED?

Full Service Facility • Pre-Planning
Traditional Burial Services • On-site Cremation Services
Receptions • Monument Sales & Installation

www.loudounfuneralchapel.com



158 Catoctin Circle, SE • Leesburg, VA 20175
703-777-6000



TRUSTED
SENIOR CARE
SERVICES
PROVIDING
A HELPING
HAND AT HOME

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

Arlington Diocese
Member Owned
& Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950



PURPOSEFUL LIVING

Whether you're looking for Independent Living, Assisted Living or Inspiritas - Memory Care, Ashleigh at Lansdowne is committed to taking senior living to the next level.

Call (703) 345-6912 for more information, and to schedule a personal tour.



ASHLEIGH
at Lansdowne

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

4124 WOODRIDGE PARKWAY • LANSDOWNE, VA 20176 • (703) 345-6912
WWW.RUI.NET/ASHLEIGH • [f @ASHLEIGHATLANSDOWNE](https://www.facebook.com/ASHLEIGHATLANSDOWNE)

A RETIREMENT UNLIMITED, INC. COMMUNITY • FAMILY-OWNED & OPERATED IN VIRGINIA FOR MORE THAN 30 YEARS



COSTA
DENTISTRY

ST. THERESA PARISHONER & SCHOOL PARENT

VOTED NORTHERN VIRGINIA'S TOP
DENTIST EIGHT YEARS IN A ROW

703-542-7000 • COSTASMILES.COM

ALWAYS ACCEPTING NEW PATIENTS

BRAMBLETON | GREAT FALLS



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

"Loudoun's Oldest Family-Owned & Operated Funeral Home"



Greg & Suzanne Walley, Owners

201 Edward Ferry Road NE,
Leesburg, Virginia 20176

703-777-1414

www.colonialfuneralhome.com

- Burial • Cremation
- Veterans Funerals • Preplanning

Westlake Legal Group

"We plan to win, because we plan to win"



Family Law & Adoption

Criminal Law • Personal Injury

Bankruptcy • Civil Law

703.406.7616 ~ WestLakeLegal.com

46175 Westlake Drive, #320, Potomac Falls, VA 20165

Stream Valley Veterinary Hospital

As Professionals, we will provide you with or advise you
about the finest and most up-to-date
veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY

703-723-1017

streamvalleyvet.com • Parishioners

Complete Health Dentistry
Ann N. Hebda D.D.S.

Dental care for the
Entire Family



St. Theresa Parishioner

Dr. Ann N. Hebda

www.drannhebda.com

703-723-9788

20600 Gordon Park Square, Suite 190
Ashburn, VA 20147

ASHBURN ASPHALT LLC

For Driveway Paving, Private Road
Paving, Sealcoating, Resurfacing and More

State of the art full-service paving company to manage
your paving products from concept to completion
Residential & Commercial • Best Quality Services & Experienced Employees
A QUALITY PRODUCT AT A REASONABLE PRICE!

CALL ADAM ~ PARISHIONER
571.722.6323 • ashburnasphalt.com



LEGACY
LAW CENTERS
571-777-1000

Comprehensive
Estate Planning
Wills • Trusts
Medical Directives



Sam Mansoor, ESQ.
PARISHIONER



Bilstad's BURGERS

THIS AD GOOD FOR A
10% DISCOUNT
VALID 30 DAYS FROM
DATE ON BULLETIN

PARISHIONER

20937 Ashburn Rd. Ste. 150 • Ashburn, VA
703.483.2417 | bilstadsburgers.com



St. Joseph's Roofing, Inc.

ROOFING • WINDOWS • GUTTERS • SIDING

703-716-7663

www.SJRoof.com

POTOMAC SERVICLEAN MAID SERVICE

FREE ESTIMATES
FAMILY OWNED & OPERATED

\$20.00 OFF
2ND CLEANING
WITH THIS AD

~ Licensed • Bonded • Insured ~
(703) 435-0409 • (703) 725-7371
SINCE 1989



Veteran Family Owned
Since 1984

4 1/2 %

COMMISSION

FULL

SERVICE

703-726-9444

Diocesan Member

ALL ABOUT FENCES LLC

"Large enough to serve, small enough to care"

- Free Estimates
- 100% Financing Plans Available
- Your Trusted Fence Provider For Loudoun County And Surrounding Areas
- Family-Owned
- Professionally Operated

703-887-0927

allaboutfencesllc.com



JEWELRY - GIFTS - APPAREL

KETTERMAN'S
always...

IN-HOUSE JEWELRY REPAIR & DESIGN

Celebrating, Preserving and Making Memories
From our family to yours since 1951

212 Catoctin Circle, SE, Leesburg, VA

always@kettermans.com • 703.777.0033 • www.kettermans.com

Holding Hands Home Care

Companionship • Homemaking

Personal Care • Movement Disorder Care

Respite Care • Dementia Care

www.holdinghandshomecare.com

leeanne.philbin@holdinghandshc.com

Contact Lee Anne Philbin at 571-545-3555



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000