

Saturday:

Masses for the Week

Mon, Jan 1	6:15— Robert Badovinac 8:30— Mrs. Paulin Saunders 10:30— Mary Ryan Noon— Go Chu+	Sunday: 7:30, 8:45am & 10:30am 12:30 & 5:00pm Weekdays: 6:15 and 8:30am, Monday through Friday
Tues, Jan 2	6:15— Barry J. Maloney+ 8:30— Cue Huynh & All Souls+	12:15pm, Mondays (except Federal Holidays) and Wednesdays
Wed, Jan 3	6:15— Marie Gilbert+ 8:30— Antonio Feleo, Sr.+ 12:15— Elenore Byrne+	 Holy Days: As announced Holy Hour: Wednesdays, 7pm Confessions: Wednesdays, 9am (until line ends);
Thurs, Jan 4	6:15— Phil Carrescia 8:30— Ramon Larry Dunlap+	Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends);
Fri, Jan 5	6:15— Matthew Perez 8:30— Therese Rew+ 12:15— Gerald Trainor+	and by appointment Clergy
Sat, Jan 6 Sun, Jan 7	8:30— Christina Badovinac 5:30— Teodorico Dino+ 7:30— Niklas Koehler	Reverend James C. Hudgins, Pastor Reverend Paul Dudzinski, Parochial Vicar Reverend Christopher T. Vaccaro, Parochial Vicar
	8:45— Le Kha & Minh Nguyen+ 10:30— Lance McKay-Berry+ 12:30— St. Theresa Parishioners 5:00— John Ciesemier+	Reverend John F. O'Farrell, Parochial Vicar Deacon Paul C. Konold Deacon Anthony J. Renzette Deacon Matthew K. Noah

Prayers For The Sick: Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Jack LaFave, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale.

Prayers For Our Military: Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes.

Parish Mass Schedule

8:30am, 5:30pm Vigil Mass

What is Epiphany Chalk?

"Epiphany Chalk" is a Christmas tradition that's both holy and fun. On the feast of the Epiphany, which we celebrate next Sunday, take a piece of blessed chalk and write the following over your front door:



"2024" refers to the year, of course. The letters have two different meanings, either (or both) of which are correct. The first meaning of the letters is:

C = Christus M = Mansionem B = Benedicat

Which means "may Christ bless this home." In the second meaning, the letters are the initials of the three Magi who presented gifts to the Christ child in Bethlehem. Of course, we do not know their true names or their origin, but according to tradition, they are:

> C = Caspar (from Europe) M = Melchior (from Asia) B = Balthasar (from Africa)

The custom of "chalking" your home for Epiphany comes from Eastern Europe, but has become popular all over the world. We believe that Jesus showed himself to all the nations, and is present to his people all throughout the year. Next Sunday, why not take a piece of blessed chalk and bless your home for the year? Next week, I will explain how to do it, by giving you a small "chalking" ceremony here in the bulletin that you can use at home.

God bless you...and St. Theresa, pray for us!

Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News



ymoffice@sainttheresaparish.com

January

<u>Sunday, the 7th</u>-Upper Room Squad, 6-8pm

<u>Sunday, the 14th</u>-Upper Room Squad, 6-8pm

Sunday, the 21st-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 22nd-Food Sort by Expirations Dates, 7-8:30pm

<u>Tuesday, the 23rd</u>-Load food for transport, 6:15-7pm

Sunday, the 28th-Upper Room Squad, 6-8pm

February

<u>Friday, the 2nd to 4th</u> – Mount 2000 Retreat, Emmitsburg, MD - Hosted by the Seminarians of Mt. St. Mary's

Mount2000 - A Retreat for High School Students led by Seminarians MOUNT2000 is a yearly retreat hosted by Mount Saint Mary's Seminary for 1000+ high school teens. Offers youth an environment to encounter Jesus who is ALIVE and ACTIVE in our day with the Father and the Holy Spirit. Mass, Eucharistic Adoration, Confession, engaging speakers, spirit filled musicians, and breakout sessions led by the seminarians are offered. Held at Mount St. Mary's University Friday, February 2nd to Sunday, February 4, 2024. We depart early Friday afternoon and return Sunday afternoon. Please go to this link for more details and to grab a spot:

Saint Theresa Catholic School

faculty. **Your support makes such a** *difference to our school, and we are grateful to YOU!* Scan the QR code or visit our website, www.stsashburn.com to make a gift online, or mail a check to St. Theresa Catholic School ("Thunder Appeal" in the memo). For more information, please contact Regina Freschi, freschir@stsashburn.com or 703,729.3577.

Thank you for your support!



STCS families, please mark your calendars for the following events, and watch for details in the *Thursday Thunder* email newsletter: Wednesday, January 3— Students return Monday, January 8— Detracing with Decents Spectro

Partnering with Parents Speaker Series, "Raising Healthy Eaters"

https://tinyurl.com/STCCMount2000

Email Paul Dwyer at ymoffice@sainttheresaparish.com with any questions.



Office Hours: Mon–Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Monday, January 15— No School Sunday, January 28— Catholic Schools Week begins; Donut Sunday

Calling all St. Theresa Catholic School Alumni & Alumni Families! We would love to hear from you, and add you to our *Alumni & Friends Newsletter* email list. Please send your news and contact information to alumni@stsashburn.com



Apply to St. Theresa Catholic School! Saint Theresa Catholic School will begin accepting applications for new families beginning January 3, 2024. Please visit our website for more information and to apply. https:// www.stsashburn.com



Wishing our Priests, Deacons, and all parishioners a very happy and blessed New Year! We are truly grateful for your prayers and support throughout the year!

The Administration, Faculty, Staff, & Students St. Theresa Catholic School

Can you help? St. Theresa Catholic School's Thunder Appeal – Anchored in Faith is underway! Your tax-deductible gift will help provide classroom resources, faith formation opportunities, campus improvements, and recruit and retain outstanding

News from our Parish

Baptism Class Time Change—

Make note, the baptism class is mov-

Are you looking for ways to serve

Ishors

the Church and join community?— Have you ever thought about being an Usher? St. Theresa's is inviting all

parishioners to consider serving in

this amazing Ministry! Come join fellow parishioners in all the fun and ing to **7pm starting January 4, 2024**. hospitality of being an Usher! It can be as flexible as you choose. Reach out to Usher Ministry at sttheresaushers@gmail.com for more information! We are SO excited to have you join us!

> The VA March for Life will take place on Wednesday, Feb. 21 and St. Theresa has a bus! To reserve your seat go to our website:

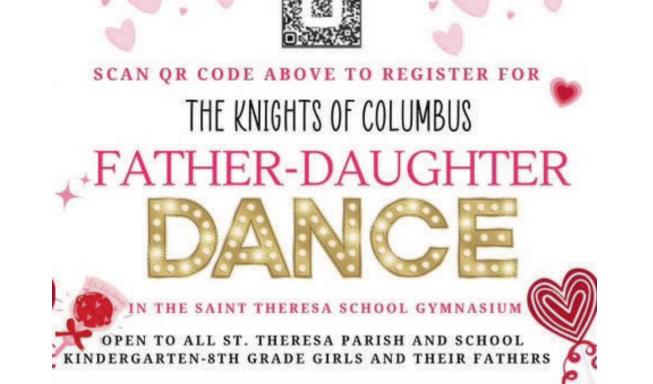
https://sainttheresaparish.com/

news/va-march-for-life/ Be the Voice for the Voiceless! Let us pray for an

end to abortion and the healing of our nation.



Save the date- Chili cook off Feb 10, 2024 - all proceeds benefit Workcamp. Stay tuned!



FRIDAY. FEBRUARY 9TH 7-9PM

\$25 PER COUPLE \$10 EACH ADDITIONAL DAUGHTER DJ. PHOTO BOOTH. RAFFLE PRIZES. LIGHT REFRESHMENTS

SPACE LIMITED- DEADLINE FEBRUARY 1ST PROCEEDS WILL HELP FAMILITES IN NEED THROUGH DIVINE MERCY OUTREACH

More News from our Parish



Curriculum & Classroom Resources | Faith Formation Opportunities | Recruit & Retain Outstanding Faculty | Campus Improvements | Bridge the Gap Between Tuition Revenue and the Cost to Educate Each Student



our students

Can you help with an End-of-Year gift?

It's not too late to make a year-end gift to St. Theresa Catholic School's *Thunder Appeal – Anchored in Faith*! Since our opening in 1994, STCS has been blessed to be part of such a vibrant parish community. Your tax-deductible gift will impact

and faculty every day, and help us grow in our mission of *Educating Tomorrow's Catholic Leaders*. Scan the QR code or visit our website, www.stsashburn.com to make a gift online, or mail a check to St. Theresa

nt Theres

ADMISSIONS

Application window for new families opens on January 3, 2024 'Educating Tomorrow's Catholic Leaders"

For more Information:

www.stsashburn.com

703-729-3577

2024

Knights of Columbus

Sweats for Vets: We have collected a good number of Sweats for Vets with the generosity of St. Theresa Parishioners. There is still time to donate a few more. We also would appreciate volunteers to assist with delivery to Veterans Administration Medical Center (VAMC) in Martinsburg on January 20th at 10:30. See the Knights upcoming events web page (https://www.st-louismartin-kofc.org/ upcomingevents) for details.

Father Daughter Dance: The Knights of Columbus St. Louis Martin Council is hosting a Father Daughter Dance on February 9th, 2024 from 7-9pm open to all St. Theresa Parish and School families. The event will be held in the St. Theresa Catholic School Gymnasium with a live DJ, Photo Booth, Raffle Prizes, Snacks, and Drinks. The price is \$25 per father and daughter duo, \$10 for each additional daughter. Raffle tickets for prizes will be one ticket for \$10 or three

tickets for \$25. Proceeds go to Divine Mercy Outreach. Go to the Knights upcoming events web page (https:// www.st-louismartin-kofc.org/ upcomingevents) for details and to purchase tickets.

Basketball Free-Throw Challenge:

Boys and girls, ages 9-14, are invited to participate in our basketball freethrow challenge (15 free throws from the foul line). The contest will be held on Monday, January 15, 2024 (MLK Day) at Saint Theresa's school gym. Registration from 9-9:30am. Competition from 9:35am until noon.

Pancake Breakfast: The Knights of Columbus will be hosting a pancake breakfast in the Saint Theresa School cafeteria on Sunday, January 7. Stop by after the morning Masses and enjoy a hearty breakfast of pancakes (plain, chocolate chip and blueberry), scrambled eggs, sausage, tater tots and home fries, along with coffee, juice, and Dunkin' Munchkins! Net proceeds will benefit the Knights of VirCatholic School ("Thunder Appeal" in the memo). For more information, please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577. We are grateful for your support!

Students

ginia Wheelchair Mission.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: https://www.stlouismartin-kofc.org/handy-manservices.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

https://www.st-louismartin-kofc.org/ faqs or to submit a request for more information or to be con-

tacted by our Membership Committee scan the following QR code.



Please note: Parish Offices will be closed Monday, January 1st for New Year's

Adult Education and Spiritual Enrichment

Padre Pio Group-St Pio of Pietrelcina No Greater Love - Biblical Walk (Padre Pio) is known for his healing. When you become a child of Padre Pio, he also takes into his prayers your entire family. Won't you join us on the first Friday of every month as we pray the rosary and ask Padre Pio to be our helper in heaven. Pray, hope, and don't worry.....Our next meeting will be Friday January 5, at 6:30pm. St Theresa School in the Saint Louis Martin Room. Questions, contact Mirella McAleer 703.463.0847

Looking to learn more about your

faith? This Spring we will be offering two new classes:

Exodus - When God called Israel out of slavery in Egypt to a life of freedom as his people, it was the defining moment in Israel's history. Learn the keys to authentic freedom and how a proper understanding of the Exodus can illuminate one's understanding of the Christian Faith. Thursdays 7-8pm. Zoom. Ten sessions. Starts Feb. 15th. Cost: \$30 plus S&H.

Contact: Maria at maria basu@yahoo.com

Through Christ's Passion

No Greater Love is a biblical pilgrimage that reveals Christ's amazing love for us. You will walk step-by-step with Jesus from the garden of Gethsemane to Mount Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ's suffering and death.

Thursdays 7-8pm. In-Person. Five sessions. Starts Feb. 15th. Cost: \$27 plus S&H. Contact: Viki at

Viki.hughes@gmail.com

That Man is You (TMIY)

That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. We closed out the fall session and start the spring session on Saturday 13 January; please join us at 630am for fellowship, video and discussion (6:30-8am) in the Parish

building across from the Church. Please contact Jack Haves at 703.537.6418 or jack.hayes422@aol.com for additional information.

Women's Discipleship Group

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting October 11th, we will be reading the book, "Four Witnesses: The Early Church In Her Own Words. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

News Around the Diocese

Marriage Retreat!-By offering Married Couples the beautiful experience of a Worldwide Marriage Encounter Weekend, the Catholic Church is affirming and supporting you in your chosen vocation - Marriage. Take advantage of this great gift to enhance your relationship and enjoy a lovefilled weekend away together. For more info or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are a few upcoming experiences: January 26-28, 2024 - Myrtle Beach, SC; March 1-3, 2024 - College Park, MD; April 12-14, 2024 - Herndon, VA

Separated or Divorced?-St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

Together in Holiness Marriage Con-

ference - Married and engaged couples are invited to the third annual Together in Holiness marriage conference on February 10, 2024 from 10:45 am - 6:00 pm at St. James the Greater Catholic Church in Charles Town, WV. This one-day conference will help you strengthen your relationship with your spouse and discover God's plan for your family. Registration: \$32/couple

and \$5/child for on-site childcare. An Early Bird discount is available through January 8, 2024 as well as scholarships upon request. This conference is presented by the St. John Paul II Foundation and the Diocese of Wheeling-Charleston. For more info, visit togetherinholiness.org/ wheelingcharleston or email cameron@forlifeandfamily.org.



There is an urgent need for car donations to help needy families in the Northern Virginia area. Cars are reconditioned and given directly to lowincome families, including single parents, domestic violence victims, and Afghan refugees.

The Car Ministry, 929 W Broad Street, STE 205, Falls Church, Virginia 22046, 703.237.8479, Website: www.carministry.org, Email: donate@carministry.org

News Around the Diocese Continued

Catholic Preschool Open House—Are they live, pray, eat and study, celeyou looking for a half-day Catholic Preschool for your 2 1/2 to 4-year-old child with a nurturing environment where Catholic values are taught and integrated into the daily life of the students?

St. John Neumann Catholic Preschool in Reston will be hosting an Open House and tours during Catholic Schools Week for the 2024-2025 school year on Monday and Wednesday, January 29th or 31st at 10:30am. (Please meet in the church narthex-just outside our parish office.) We also have openings for the current school year! Please call 703-860-6158 or visit saintjn.org/ preschool for more information.

Catholic Distance University's Lifelong Learning Continuing Education

program will offer its popular threeweek online Apologetics seminars throughout 2024 and 2025. Upcoming seminars include: Proclaiming the Reality of God: Com-

pelling Evidence of God's Existence (January 15-February 5, 2024) Making the Case for Christ (April 5-May 6, 2024)

Why Would a Loving God Allow Evil, Pain, and Suffering? (June 16-July 8, 2024)

To register for these seminars and any of CDUs many online independent study courses, visit https:// www.pathlms.com/cdu. Individuals who complete all six Apologetics seminars will qualify for the Diocese of Arlington specialized catechetical certification in Apologetics (CDU's Basic Certificate in Apologetics). To qualify for the diocesan subsidized pricing (\$45 for independent study courses and \$65 for online seminary), catechists and others involved in ministry should use the Diocese of Arlington access code: CDU15ARLINGTON Contact continuingeducation@cdu.edu.

Quo Vadis Seminary Visit for High

School Boys—Ever wondered what college seminary is like? Join Fr. Isenberg and Quo Vadis on January 27, 2024, to experience it firsthand on a visit to St. John Paul II Seminary in Washington, D.C. Meet the seminarians and their formators, see where

brate Mass together and tour parts of Catholic University where they have classes. Dads are welcome but not required. Deadline to submit registration form is January 18. Visit www.ArlingtonDiocese.org/QuoVadis or contact the Office of Vocations, vocations@arlingtondiocese.org or 703.841.2514. Quo Vadis events are for high school boys interested in growing in their spiritual life and exploring their vocations.

Explore Career Opportunities at

Paul VI-Exploring your next career move? Curious about teaching or working in a Catholic high school? Come find out more about working at St. Paul VI Catholic High School. Whether you're contemplating a change soon or in the near future, we welcome you and anyone you know to join our information session on Tuesday, January 9 at 7pm at St. Paul VI Catholic High School, 42341 Braddock Road, Chantilly, VA 20152 to delve deeper into teaching or working in a Catholic high school. RSVP by emailing Dr. Tom Opfer at topfer@paulvi.net.

Day of Prayer and Healing-After Abortion Retreats: A Day of Prayer and Healing for women who have experienced abortion will be held on Saturday, February 10, 2024. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Three to Get Married Marriage Prep in 2023—Jan 18-20 /

Feb 22-25 (virtual) A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up

quickly, so reserve your spot today! Find more info on the website ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD.

New Years Retreat for Men-Jan 6-7. 2024

Experience the essentials of the Spiritual Exercises in this abbreviated one -night retreat!

Start the new year off right with a Retreat! Experience the essentials of the Spiritual Exercises in this abbreviated one-night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Additionally, you will have plenty of free time to explore the beautiful natural surroundings of the retreat center and spend time in personal reflection. Registration is required. Cost: \$150 per person. Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Miracles Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

What Made Me, Me? Workshop Series-Next Session: Jan 11, 7-8:30pm Why do people do what they do? Deepen your own self-awareness and discover the psychological and spiritual narrative of your life. Learn how your childhood has helped shape who you are today. This new workshop series will lead you through the psychological and spiritual development of a person during each stage of life. Over the course of these workshops, you will see how each stage of development from Early Childhood through Adolescence -- shaped the person you are today. Presented by Dr. Kathleen Musslewhite, Executive Director of the Alpha Omega Clinic, remaining sessions in the series: Thursday Evenings: Jan 11, Feb 8; each session duration: 7-8:30pm. The cost for each session is \$60 per person. Come to all or some. This program is a collaboration of Our Lady of Bethesda Retreat Center with the Alpha Omega Clinic, both located at 7007 Bradley Blvd., Bethesda, MD 20817. Find more information and links to register on our website: www.ourladyofbethesda.org

www.sainttheresaparish.com

703.729.2287

Parish Office Hrs: 9:30am-3:30pm (closed for lunch 12-1)

Parish Offices

Secretary: Office Manager: Business Manager: Facilities Coordinator: Outreach Coordinator: Website: Email: Fax:

Religious Education Offices

Director: Youth Activities: Secretary: Secretary: Email: Fax: Kelly Cosenke, 703.729.2287 Christine Young, 703.729.2287 Angelita Lupetaliaami, 703.729.2287 Tom Balint, 703.729.2287 Marianne Guidos, 703.729.2334 www.sainttheresaparish.com office@sainttheresaparish.com 703.729.9036

Larry Bayne, 703.729.3714 Paul Dwyer, 703.729.0426 Connie Gilligan, 703.729.3714 Myriam Perez, 703.729.3714 reoffice@sainttheresaparish.com 703.729.9036

School Offices

Principal: Assistant Principal: Admin Asst: Receptionist: Website: Email: Fax: Erin O'Malley, 703.729.3577 Danny Costa, 703.729.3577 Lisa Ralston, 703.729.3577 Denise Oriti, 703.729.3577 www.stsashburn.com schooloffice@stsashburn.com 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Bap-

tism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the** time change) in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit www.saintttheresaparish.com

Cold Weather Shelter- Volunteer to make meals-Hypothermia Prevention Shelter Meals Needed - The Loudoun County Hypothermia Prevention Shelter provides a warm indoor sleeping environment and meals to those in the community who are experiencing a housing crisis resulting in homelessness during the cold weather months of mid-November through March. Saint Theresa parishioners provide breakfast food items and meals to the shelter residents on Thursday afternoons (to be served at breakfast Friday mornings). We are in need of additional volunteers who can sign-up to provide breakfast meals/items to the shelter residents. If you are able and interested in volunteering for this ministry please contact Lisa Bignotti at 703.932.1696 or lisabignotti@gmail.com

Furniture Ministry Coordinator still needed—We need your help. Our furniture ministry needs a coordinator or two or otherwise we may have to stop this ministry that is so important to families in need. This includes picking

up donated tables and chairs and small dressers and delivering them to families in need. If you are interested in this ministry, please contact Marianne Guidos at 703.729.2334 or dmoutreach @saintttheresaparish.com.

Monetary Donations—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and un-

foreseen circumstances that need

help in moving forward.

Donations accepted online, by mail or drop off to the parish office. Indicate DMO in the memo of the check or on the envelope. To donate online http://www.sainttheresaparish.com and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Bed Ministry—volunteers with trucks or Large SUVS needed especially! Consider taking a short time out of your day to bring some light into another's life. Extra helpers needed to bring new beds and bedding from our storage to families moving out of the shelters and other families in need. Interested, contact Bea Craig at

571.439.0364 or

beds@sainttheresaparish.com

Friends in Need—Provides meals on a short- term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry

Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or

dmoutreach@sainttheresaparish.com.



WHICH SIDE OF THE RETIREMENT MOUNTAIN ARE YOU ON?

Are you 55 years old or older and thinking about retirement? Get a second opinion on your retirement plan! Scan the QR code to schedule your complimentary appointment with Abich Financial Services!



OUR TEAM Parishioners Patrick Volk

and Ruben Devia, CFP* Abraham Abich, CFF* Eian Lomash, CRPC* Birds Horton, CRPC*





E: Info@AbichFinancial.com P: (571) 577-9968 W: www.AbichFinancial.com A: 20135 Lakeview Center Plaza

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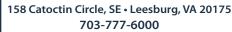
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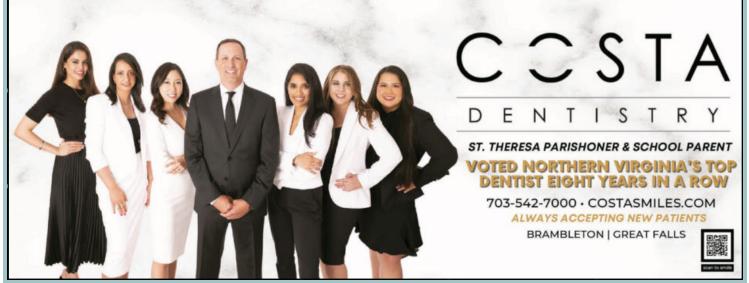
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