

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**January 7, 2024**  
**The Epiphany of the Lord**

## *Masses for the Week*

<b>Mon, Jan 8</b>	6:15— Louise Allway+ 8:30— Esther Piconi+ 12:15— Bill Carpenter
<b>Tues, Jan 9</b>	6:15— Robert Thomas+ 8:30— Maria Theresa Baric
<b>Wed, Jan 10</b>	6:15— Stucke Family L&+ 8:30— Cindy James Bruce+ 12:15— Bernado Go+
<b>Thurs, Jan 11</b>	6:15— Jack Hart+ 8:30— Jerome Krebes+
<b>Fri, Jan 12</b>	6:15— Glenn, Marty & Brian Thorne+ 8:30— Michael Hathaway+
<b>Sat, Jan 13</b>	8:30— Rosalie Gainer+ 5:30— Anna (Irene) Chlanda+
<b>Sun, Jan 14</b>	7:30— Joe Price+ 8:45— St. Theresa Parishioners 10:30— Maria Maccini+ 12:30— David Miles+ 5:00— Kim-Mai Ryan

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

## **Clergy**

Reverend James C. Hudgins, Pastor  
 Reverend Paul Dudzinski, Parochial Vicar  
 Reverend Christopher T. Vaccaro, Parochial Vicar  
 Reverend John F. O'Farrell, Parochial Vicar  
 Deacon Paul C. Konold  
 Deacon Anthony J. Renzette  
 Deacon Matthew K. Noah

**Prayers For The Sick:** Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Jack LaFave, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjar-ean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel, Daniel John Begley, Scott Spitnale.

**Prayers For Our Military:** Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes.

## Epiphany Blessing of a Home

(all make the sign of the cross)

**Leader:** Peace be to this house.

**All:** And to all who dwell herein.

**Leader:** From the east came the Magi to Bethlehem to adore the Lord; and opening their treasures they offered precious gifts: gold for the great King, incense for the true God, and myrrh in symbol of His burial.

**All:** (Magnificat: Luke 1: 46-55)

**Leader:** From the east came the Magi to Bethlehem to adore the Lord; and opening their treasures they offered precious gifts: gold for the great King, incense for the true God, and myrrh in symbol of His burial.

**Leader:** Our Father. . .

**Leader:** All they from Saba shall come

**All:** Bringing gold and frankincense.

**Leader:** O Lord, hear my prayer.

**All:** And let my cry come to You.

**Leader:** Let us pray. O God, who by the guidance of a star didst on this day manifest Thine only-begotten Son to the Gentiles, mercifully grant that we who know Thee by faith may also attain the vision of Thy glorious majesty. Through Christ our Lord.

**All:** Amen.

**Leader:** Be enlightened, be enlightened, O Jerusalem, for thy light is come, and the glory of the Lord is risen upon thee—Jesus Christ born of the Virgin Mary.

**All:** And the Gentiles shall walk in thy light and kings in the splendor of thy rising, and the glory of the Lord has risen upon thee.

**Leader:** Let us pray.

Bless, O Lord God almighty, this home, that in it there may be health, purity, the strength of victory, humility, goodness and mercy, the fulfillment of Thy law, the thanksgiving to God the Father and to the Son and to the Holy Spirit. And may this blessing remain upon this home and upon all who dwell herein. Through Christ our Lord.

**All:** Amen.

### The Blessing:

The following prayer is said while the lintel is marked with chalk

The three Wise Men,

C Caspar

M Melchior

B and Balthasar, followed the star of God's Son who became man

20 two thousand

24 twenty-four years ago

++ May Christ Bless this home

++ and remain with us throughout the new year.

Amen.

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

# Youth Education and News



ymoffice@sainttheresaparish.com

## January

Sunday, the 7th-Upper Room Squad, 6-8pm

Sunday, the 14th-Upper Room Squad, 6-8pm

Sunday, the 21st-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 22nd-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 23rd-Load food for transport, 6:15-7pm

Sunday, the 28th-Upper Room Squad, 6-8pm

## February

Friday, the 2nd to 4th – Mount 2000 Retreat, Emmitsburg, MD - Hosted by the Seminarians of Mt. St. Mary's

Mount2000 - A Retreat for High School Students led by Seminarians MOUNT2000 is a yearly retreat hosted by Mount Saint Mary's Seminary for 1000+ high school teens. Offers youth an environment to encounter Jesus who is ALIVE and ACTIVE in our day with the Father and the Holy Spirit. Mass, Eucharistic Adoration, Confession, engaging speakers, spirit filled musicians, and breakout sessions led by the seminarians are offered. Held at Mount St. Mary's University Friday, February 2nd to Sunday, February 4, 2024. We depart early Friday afternoon and return Sunday afternoon. Please go to this link for more details and to grab a spot:

<https://tinyurl.com/STCCMount2000>

Email Paul Dwyer at ymoffice@sainttheresaparish.com with any questions.



## Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer  
Want to volunteer at the many St. Theresa's children based programs/events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.

## Christmas Pageant 2023



St. Theresa Catholic School

**Can you help? St. Theresa Catholic School's Thunder Appeal – Anchored in Faith is now underway!**

Your tax-deductible gift will help provide classroom resources, faith formation opportunities, campus im-



Saint Theresa Catholic School

provements, and recruit and retain outstanding faculty. **Your support makes such a difference to our school, and we are grateful to YOU!** Scan the QR code or visit our website, [www.stsashburn.com](http://www.stsashburn.com) to make a gift online, or mail a check to St. Theresa Catholic School ("Thunder Appeal" in the memo). For more information, please contact Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com) or 703.729.3577.

*Thank you for your support!*



**STCS families**, please mark your calendars for the following events, and watch for details in the **Thursday Thunder** email newsletter:

**Monday, January 8—**

Partnering with Parents Speaker Series, "Raising Healthy Eaters"

**Monday, January 15—**

No School

**Sunday, January 28—**

Catholic Schools Week begins; Donut Sunday

**Apply to St. Theresa Catholic School!** Saint Theresa Catholic School will begin accepting applications for new families beginning January 3, 2024. Please visit our website for more information and to apply. <https://www.stsashburn.com>

**Calling all St. Theresa Catholic School Alumni & Alumni Families!**

We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to [alumni@stsashburn.com](mailto:alumni@stsashburn.com)

STCS Alumni & Alumni Families, Send Us Your News!



Email your updates to [alumni@stsashburn.com](mailto:alumni@stsashburn.com)



## News from our Parish

**Young at Heart Club—Men and Women 55 and over**—We will meet Wednesday **January 17, 2024**, after the 12:15 Mass for lunch and some game time. Please bring your own brown bag lunch and the Club will provide dessert and beverages. Afterwards, we will enjoy Bingo with prizes and lots of fun. We will be collecting 2024 dues: \$20. Please contact Freddie, wallflower64@gmail.com or 703.625.5715 for information. New people are always welcome!

**Financial Peace University**— 9-week class begins January 24, 2024, at 7-8pm. Class dates: Jan: 24, 31; Feb: 7, 21, 24, 28; March: 6, 13, 20. If you've ever felt like you just can't get in control of your money, you're not alone. You'd be surprised how many people you know are struggling just like you. But it's time for your struggle to end—starting today. Join the 9-week Financial Peace University class at St. Theresa Catholic Church (or virtual) starting on Wednesday, January 24, 2024, from 7:00 pm - 8:00 pm and learn how you can pay off debt, save more money, and build wealth. Visit <https://www.fpu.com/C4D994> to sign up! The cost includes access to online resources, workbooks, and templates for one year. Contact Debo-

rah at [deborahaleben@gmail.com](mailto:deborahaleben@gmail.com) or 703.217.4583 for questions regarding this class.

**Greeter Ministry**—Calling all friendly parishioners who have a heart for hospitality and are interested in bringing smiles to fellow parishioners and visitors of St. Theresa's Church. Join us on Sunday, **January 28th**, 11:45am across the street in the Zelie meeting room when Father Vaccaro will give a brief talk on The Power of Welcoming People. We are hoping to form a new greeter ministry team and we'd love to include you!! If you are not able to make the meeting, but would like additional information, contact Lisa at [sttheresawwp@gmail.com](mailto:sttheresawwp@gmail.com).

### Are you looking for ways to serve the Church and join community?—



Have you ever thought about being an Usher? St. Theresa's is inviting all parishioners to consider serving in this amazing Ministry! Come join fellow parishioners in all the fun and hospitality of being an Usher! It can be as flexible as you choose. Reach out to Usher Ministry at [sttheresaushers@gmail.com](mailto:sttheresaushers@gmail.com) for more information! We are SO excited to have you join us!

**The VA March for Life** will take place on Wednesday, Feb. 21 and St. Theresa has a bus! To reserve your seat go to our website:

<https://sainttheresaparish.com/news/va-march-for-life/> Be the Voice for the Voiceless! Let us pray for an end to abortion and the healing of our nation.



**Save the date-** Chili cook off **Feb 10, 2024** - all proceeds benefit Workcamp. Stay tuned!

**Red Cross Blood Drive** – Please consider supporting the American Red Cross at our next St. Theresa blood drive on Thursday, **February 29th**, from 10:00-3:30 pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at [colleen-home87@gmail.com](mailto:colleen-home87@gmail.com) or call/text 703-969-3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives. Thank you!!

**SAVE THE DATES**  
2023-2024

**FAITH LIFE**  
Sat., Nov. 18

**PERSON & RELATIONSHIPS**  
Sat., Jan. 20

**HOUSEHOLD ECONOMY**  
Sat., Feb. 24

**FAMILY CULTURE**  
Sat., Mar. 16

**HOSPITALITY & SERVICE**  
Sat., Apr. 20

**TRINITY HOUSE COMMUNITY GATHERINGS**



**YOU'RE INVITED – KIDS TOO!** Meet up with other families for food, fellowship & support in building a faith-filled home!

**St. Theresa Parish**  
21370 St. Theresa Lane, Ashburn, VA  
in the School Cafeteria

  
**TRINITY HOUSE**  
community



< RSVP For The Next THC Gathering at St. Theresa

Learn More at [TrinityHouseCommunity.org](http://TrinityHouseCommunity.org) >



**6:30 pm: Dinner & Fellowship**

**7-7:45pm: Parent Presentation & Small Groups Discussion** while Virtus-trained volunteers supervise kids

**7:45-8:30pm: Fellowship & Dessert**

Free event for the whole family!  
Please bring a drink (juice, soda, beer, wine) or dessert – or both! – to share.

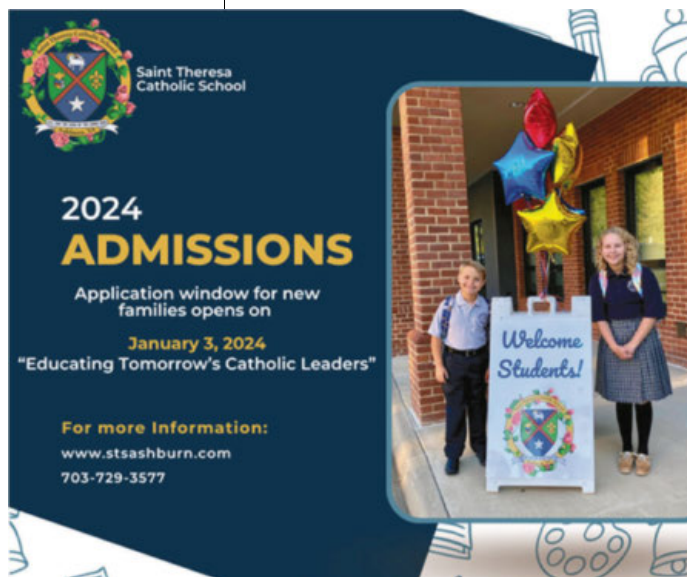
## More News from our Parish



**The St. Theresa Catholic School (STCS) Thunder Appeal, “Anchored in Faith,” is underway – can you help?** This year’s Thunder Appeal will raise funds for classroom resources, faith formation opportunities, campus improvements, recruiting and retaining outstanding faculty, and bridging the gap between the actual cost to educate each student and what we charge in tuition. Your gift of any size will impact our students and faculty

every day, and is much appreciated! For details scan the QR code, visit our website,

[www.stsashburn.com](http://www.stsashburn.com) (click “Support/Thunder Appeal”) or contact Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com). **Thank you for your support of STCS and Catholic education!**



### Knights of Columbus

**Sweats for Vets:** We have collected a good number of Sweats for Vets with the generosity of St. Theresa Parishioners. There is still time to donate a few more. We also would appreciate volunteers to assist with delivery to Veterans Administration Medical Center (VAMC) in Martinsburg on January 20th at 10:30. See the Knights upcoming events web page (<https://www.st-louis martin-kofc.org/upcomingevents>) for details.

**Father Daughter Dance:** The Knights of Columbus St. Louis Martin Council is hosting a Father Daughter Dance on **February 9th**, from 7-9pm open to all St. Theresa Parish and School families. The event will be held in the St. Theresa Catholic School Gymnasium with a live DJ, Photo Booth, Raffle Prizes, Snacks, and Drinks. The price is \$25 per father and daughter duo, \$10 for each additional daughter. Raffle tickets for prizes will be one ticket for \$10 or three tickets for \$25. Proceeds go to Divine Mercy Outreach. Go to the Knights upcoming events web page (<https://www.st-louis martin-kofc.org/upcomingevents>) for details and to purchase tickets.

### Basketball Free-Throw Challenge:

Boys and girls, ages 9-14, are invited to participate in our basketball free-throw challenge (15 free throws from the foul line). The contest will be held on Monday, January 15, 2024 (MLK Day) at Saint Theresa’s school gym. Registration from 9-9:30am. Competition from 9:35am until noon.

**Pancake Breakfast:** The Knights of Columbus will be hosting a pancake breakfast in the Saint Theresa School cafeteria on Sunday, January 7. Stop by after the morning Masses and enjoy a hearty breakfast of pancakes (plain, chocolate chip and blueberry), scrambled eggs, sausage, tater tots and home fries, along with coffee, juice, and Dunkin’ Munchkins! Net proceeds will benefit the Knights of Virginia Wheelchair Mission.

### KofC Degree Ceremony:

(exemplification), on Thursday, February 1, 2024: Saint Louis Martin Council is hosting a combined degree ceremony at St. Theresa’s parish office building, at 7:00 PM, on 1 Feb. 2024. Ceremony participants, Council Knights, family members and guests are invited to observe this 40 minute ceremony. Ceremony participants,

new Council members and existing members (wanting to advance to third degree) should confirm their attendance ahead of time by contacting the Council Chancellor at [kofc15256@googlegroups.com](mailto:kofc15256@googlegroups.com)

### Are you a parishioner in need of a home repair?

If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louis martin-kofc.org/handy-man-services>.

**Catholic men:** Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louis martin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.





# Adult Education and Spiritual Enrichment

**Looking to learn more about your faith?** This Spring we will be offering two new classes:

**Exodus** - When God called Israel out of slavery in Egypt to a life of freedom as his people, it was the defining moment in Israel's history. Learn the keys to authentic freedom and how a proper understanding of the Exodus can illuminate one's understanding of the Christian Faith.

Thursdays 7-8pm. In-Person. Ten sessions. Starts Feb. 15th. Cost: \$30 plus S&H.

Contact: Maria at [maria\\_basu@yahoo.com](mailto:maria_basu@yahoo.com)

## **No Greater Love - Biblical Walk Through Christ's Passion**

No Greater Love is a biblical pilgrimage that reveals Christ's amazing love for us. You will walk step-by-step with Jesus from the garden of Gethsemane to Mount Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ's suffering

and death.

Thursdays 7-8pm. In-Person. Five sessions. Starts Feb. 15th. Cost: \$27 plus S&H.

Contact: Viki at [Viki.hughes@gmail.com](mailto:Viki.hughes@gmail.com)

## **That Man is You (TMIY)**

That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. We are looking forward to starting the spring session on Saturday 13 January; please join us at 630am for fellowship, video and discussion (6:30-8am) in the Parish building across from the Church. We will also be available at the Knights of Columbus pancake breakfast on Sunday January 7th; stop by and speak with us! Please contact Jack Hayes at 703.537.6418 or [jack.hayes422@aol.com](mailto:jack.hayes422@aol.com) for additional information.

## **Women's Discipleship Group**

Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting October 11th, we will be reading the book, "Four Witnesses: The Early Church In Her Own Words. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

## **Interested in learning about the Legion of Mary?**

Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wednesday, 7:15pm; or Saturday 9:15am.

## News Around the Diocese

**Married Couples!** Is winter starting to get you down and you find yourself getting a little edgy with your spouse? Perhaps you deserve to get away to renew your relationship. Sign up today for a Worldwide Marriage Encounter Weekend and get rid of the blahs. For more information or to register, go to [WWME.org](http://WWME.org), click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions. Here are a few upcoming experiences: January 26-28, 2024 - Myrtle Beach, SC; March 1-3, 2024 - College Park, MD; April 12-14, 2024 - Herndon, VA

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**Do you love someone with a drug or alcohol problem?**—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com). Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

**Together in Holiness Marriage Conference** – Married and engaged couples are invited to the third annual Together in Holiness marriage conference on February 10, 2024 from 10:45 am - 6:00 pm at St. James the Greater Catholic Church in Charles Town, WV. This one-day conference will help you strengthen your relationship with your spouse and discover God's plan for

your family. Registration: \$32/couple and \$5/child for on-site childcare. An Early Bird discount is available through January 8, 2024 as well as scholarships upon request. This conference is presented by the St. John Paul II Foundation and the Diocese of Wheeling-Charleston. For more info, visit [togetherinholiness.org/wheelingcharleston](http://togetherinholiness.org/wheelingcharleston) or email [cameron@forlifeandfamily.org](mailto:cameron@forlifeandfamily.org).



There is an urgent need for car donations to help needy families in the Northern Virginia area. Cars are re-conditioned and given directly to low-income families, including single parents, domestic violence victims, and Afghan refugees.

The Car Ministry, 929 W Broad Street, STE 205, Falls Church, Virginia 22046, 703.237.8479, Website: [www.carministry.org](http://www.carministry.org), Email: [donate@carministry.org](mailto:donate@carministry.org)

## News Around the Diocese Continued

### **Catholic Distance University's Lifelong Learning Continuing Education**

program will offer its popular three-week online Apologetics seminars throughout 2024 and 2025. Upcoming seminars include:

Proclaiming the Reality of God: Compelling Evidence of God's Existence

(January 15-February 5, 2024)

Making the Case for Christ (April 5-May 6, 2024)

Why Would a Loving God Allow Evil, Pain, and Suffering? (June 16-July 8, 2024)

To register for these seminars and any of CDUs many online independent study courses, visit <https://www.pathlms.com/cdu>.

Individuals who complete all six Apologetics seminars will qualify for the Diocese of Arlington specialized catechetical certification in Apologetics (CDU's Basic Certificate in Apologetics). To qualify for the diocesan subsidized pricing (\$45 for independent study courses and \$65 for online seminary), catechists and others involved in ministry should use the Diocese of Arlington access code: CDU15ARLINGTON. Contact [continuingeducation@cdu.edu](mailto:continuingeducation@cdu.edu).

### **Quo Vadis Seminary Visit for High School Boys**

Ever wondered what college seminary is like? Join Fr. Isenberg and Quo Vadis on **January 27, 2024**, to experience it firsthand on a visit to St. John Paul II Seminary in Washington, D.C. Meet the seminarians and their formators, see where they live, pray, eat and study, celebrate Mass together and tour parts of Catholic University where they have classes. Dads are welcome but not required. **Deadline to submit registration form is January 18.** Visit [www.ArlingtonDiocese.org/QuoVadis](http://www.ArlingtonDiocese.org/QuoVadis) or contact the Office of Vocations, [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org) or 703.841.2514. Quo Vadis events are for high school boys interested in growing in their spiritual life and exploring their vocations.

### **Explore Career Opportunities at Paul VI**

Exploring your next career move? Curious about teaching or working in a Catholic high school? Come find out more about working at

St. Paul VI Catholic High School. Whether you're contemplating a change soon or in the near future, we welcome you and anyone you know to join our information session on Tuesday, **January 9** at 7pm at St. Paul VI Catholic High School, 42341 Braddock Road, Chantilly, VA 20152 to delve deeper into teaching or working in a Catholic high school. RSVP by emailing Dr. Tom Opfer at [topfer@paulvi.net](mailto:topfer@paulvi.net).

**Day of Prayer and Healing**—After Abortion Retreats: A Day of Prayer and Healing for women who have experienced abortion will be held on Saturday, **February 10, 2024**. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

**After Abortion Care Volunteer Opportunities**—Please help support the diocesan after abortion care outreach through prayer and awareness. To learn more, please RSVP for a Project Rachel Zoom Call on Thursday, January 11 at 12:30-1 p.m. by emailing Sarah LaPierre, Project Rachel director, at [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

**Three to Get Married Marriage Prep in 2023**—Jan 18-20 / Feb 22-25 (virtual)  
A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Find more info on the website [ourladyofbethesda.org](http://ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Bethesda, MD.

**What Made Me, Me? Workshop Series**—Next Session: Jan 11, 7-8:30pm  
Why do people do what they do? Deep-

en your own self-awareness and discover the psychological and spiritual narrative of your life. Learn how your childhood has helped shape who you are today. This new workshop series will lead you through the psychological and spiritual development of a person during each stage of life. Over the course of these workshops, you will see how each stage of development – from Early Childhood through Adolescence -- shaped the person you are today. Presented by Dr. Kathleen Musslewhite, Executive Director of the Alpha Omega Clinic, remaining sessions in the series: Thursday Evenings: Jan 11, Feb 8; each session duration: 7-8:30pm. The cost for each session is \$60 per person. Come to all or some. This program is a collaboration of Our Lady of Bethesda Retreat Center with the Alpha Omega Clinic, both located at 7007 Bradley Blvd., Bethesda, MD 20817. Find more information and links to register on our website: [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org)

**Vocational Discernment Retreat for Men**—Could Christ be calling you to the priesthood? Take a step to find out. Attend the weekend discernment retreat for men (ages 18-50), Friday-Sunday, February 16-18, 2024. This is a great opportunity for prayer and discernment, confession, and talking with priests and seminarians. Cost is \$150 and includes overnights and all meals. Retreat starts Friday at 6:30 p.m. and concludes Sunday after lunch. For more information or to register, contact Fr. Michael Isenberg at 703.841.2514 or [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org). Deadline to register is Monday February 5. There is a similar retreat for women June 14-16.

**Mornings of Mercy**—Join other members of the Diocese who have gone through divorce in a series of morning retreats. The morning will include Holy Mass, talk, and Benediction. Mornings of Mercy retreats are led by Rev. Thomas P. Ferguson, Pastor, Good Shepherd Catholic Church. The retreats are free. The next retreat is Saturday, February 3 at 9 a.m. at St. Luke Catholic Church in McLean. Please register at [arlingtondiocese.org/morningsofmercy](http://arlingtondiocese.org/morningsofmercy)

## Parish Offices

Secretary: Kelly Cosenke, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

## RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

## Cold Weather Shelter- Volunteer to make meals

—Hypothermia Prevention Shelter Meals Needed - The Loudoun County Hypothermia Prevention Shelter provides a warm indoor sleeping environment and meals to those in the community who are experiencing a housing crisis resulting in homelessness during the cold weather months of mid-November through March. Saint Theresa parishioners provide breakfast food items and meals to the shelter residents on Thursday afternoons (to be served at breakfast Friday mornings). We are in need of additional volunteers who can sign-up to provide breakfast meals/items to the shelter residents. If you are able and interested in volunteering for this ministry please contact Lisa Bignotti at 703.932.1696 or [lisabignotti@gmail.com](mailto:lisabignotti@gmail.com)

## Furniture Ministry Coordinator still needed

—We need your help. Our furniture ministry needs a coordinator or two or otherwise we may have to stop this ministry that is so important to families in need. This includes picking

up donated tables and chairs and small dressers and delivering them to families in need. If you are interested in this ministry, please contact Marianne Guidos at 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, by mail or drop off to the parish office. Indicate DMO in the memo of the check or on the envelope. To donate online—<http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Bed Ministry**—volunteers with trucks or Large SUVs needed especially! Consider taking a short time out of your day to bring some light into another's life. Extra helpers needed to bring new beds and bedding from our storage to families moving out of the shelters and other families in need. Interested, contact Bea Craig at

571.439.0364 or  
[beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

## The Visitation Ministry

Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities.* If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).



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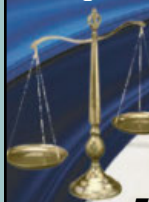
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