

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**February 4, 2024**  
**Fifth Sunday in Ordinary Time**



## *Masses for the Week*

<b>Mon, Feb 5</b>	6:15— Dana Stalcup+ 8:30— Maverick LaBarge 12:15— Mercedes Rosa Bealle+
<b>Tues, Feb 6</b>	6:15— Gigi & Joseph George 8:30— Clorinda Granata
<b>Wed, Feb 7</b>	6:15— Robert & Joan Burton+ 8:30— Carole Lau+ 12:15— Robert Frank Miller, Jr+
<b>Thurs, Feb 8</b>	6:15— Jianna & Janinna George 8:30— Anita M. Alvano+
<b>Fri, Feb 9</b>	6:15— Richard Szperka+ 8:30— Peace for the Nguyen Family
<b>Sat, Feb 10</b>	8:30— Clifford Bell+ 5:30— Frank J. DeMeo+
<b>Sun, Feb 11</b>	7:30— Mary Kershes+ 8:45— Marion Morrill+ 10:30— Marc Perez 12:30— Tony & Angelita Lupetaliaami 5:00— St. Theresa Parishioners

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel.

**Prayers For Our Military:** Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes.

## The Monthly Devotions of the Year—February

Each month of the year is traditionally devoted to one single aspect of our Catholic faith. In the month of February, we remember the Holy Family. Everyone wants to live in a loving home, and since God's grace is the storehouse of every blessing, I offer you here a few prayers which families can either say together, or individually, for the well-being of everyone in the home.

### Prayer for a Husband or Wife

O God, who hast ordained and sanctified the holy estate of matrimony, for replenishing the earth, for mutual consolation, and as a type of the union of Christ and His Church; give me grace both thankfully to accept its blessings, and carefully to fulfill its duties. I beseech thee continually to bless our union, and to enable us to live together in peace and love, in the faithful discharge of all our duties to thee, and to each other. Deliver us from every evil temper, from every heedless action, which may in any way weaken or embitter the sacredness of that tie by which thou hast bound us together, and which can never be severed. Make me faithful and affectionate, studious to please, and ready to deny my own will and inclination in all things. Let not the trials and crosses of this life induce me to murmur, nor any earthly blessings cause me to forget thee, the Author and Giver of all; but by patience and meekness, by prayer and thankfulness, may all things be sanctified unto me, and fit me for eternal union with thee, through Jesus Christ. Amen.

### A Parent's Prayer for their Children

O Father of mankind, who hast given unto me these my children, and committed them to my charge to bring them up for Thee, and to prepare them for everlasting life; assist me with Thy heavenly grace, that I may be able to fulfil this most sacred duty and stewardship. Teach me both what to give, and what to withhold; when to reprove, and when to forbear: make me to be gentle, yet firm; considerate and watchful: and deliver me equally from the weakness of indulgence, and excess of severity; and grant that, both by word and example, I may be careful to lead them in the ways of wisdom and true piety; so that at last I may, with them be admitted to the unspeakable joys of our true home in heaven, in the unity of the blessed angels and saints, where thou, O Father, with Jesus, thy only-begotten Son, in the unity of the Holy Spirit, lives and reigns, God forever and ever.

O Heavenly Father, I commend my children unto Thee. Be Thou their God and Father; and mercifully supply whatever is wanting in me, through frailty or negligence. Strengthen them to overcome the corruptions of the world, to resist the solicitations of evil, whether from within or without; and deliver them from the secret snares of the enemy. Pour thy grace into their hearts, and confirm and multiply in them the gifts of thy Holy Spirit, that they may daily grow in grace, and in the knowledge of our Lord Jesus Christ: and so faithfully serving Thee here, may come to rejoice before Thee hereafter; through the merits of the same our Lord Jesus Christ, who with Thee and the Holy Spirit lives and reigns. Amen.

### Consecration of the Family to the Blessed Mother

O Blessed Virgin, Immaculate Queen of Heaven, Mother of Sorrows, refuge and comfort of all the afflicted! Kneeling before your throne with all my family, I choose you as our Mother, and Advocate with God. I consecrate myself and all belonging to me forever to your service, and I implore you, O Mother of God, to number us among your servants. Take us under your protection, assist us during life and especially at the hour of death. Mother of Mercy, I choose you as the Lady and Mistress of my entire household: my parents, my spouse, my children, my cares, and my duties. Take care of them, and direct everything as seems good to you. Bless us all, and permit not that anyone of us should ever offend your Son. Protect us in temptation, preserve us in danger, help us in trouble, counsel us in doubt, assist us in sickness, and especially at the hour of death. Permit not the evil one to boast that anyone of us now consecrated to you has ever fallen into his net. Obtain for us the crown of eternal happiness, that we may thank you while praising and loving Jesus Christ, our Redeemer, for all eternity. Amen.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

# Youth Education and News



ymoffice@sainttheresaparish.com

## February

Sunday, the 4th-Upper Room Squad, 6-8pm

Sunday, the 18th-Upper Room Squad, 6-8pm

Sunday, the 25th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 26th-Food Sort by Expirations Dates, 7pm to 8:30pm

Tuesday, the 27th - Load food for transport, 6:15pm to 7pm

**NVJCYO Volleyball Registration is now open:** The St. Theresa CYO Volleyball program follows the guidelines established by the NVJCYO. It is open to all female students currently enrolled in St. Theresa School in grades

3-8 or the St. Theresa Church Religious Education program in grades 3-8. The program is always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. Registration for the 2024 season opens on February 5th, 2024. You can register at <https://reg.sportspilot.com/106557> Registration will close on March 1st, 2024. Cost is \$60 to join a team.

Practices should begin in early March – by then teams should be formed (enough players registered and a coach identified). Your child's coach will contact you with specifics. Practice times are determined by gym space availability and the coach's availability. Practices are generally 60 minutes, twice a week. Games should begin April 6th and run through mid / late May. Matches are played at gyms throughout the Diocese of Arlington - venues are determined based on availability. Shirts will be provided and are

covered as part of the fee. If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at [cyo@sainttheresaparish.com](mailto:cyo@sainttheresaparish.com).



## Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

**Adults Plan Ahead to Volunteer**  
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.

**2023 Thunder Appeal**  
*Anchored in Faith*

**THANK YOU**  
to our wonderful parents, grandparents, alumni families, parishioners, & friends -- we are truly blessed!

**STCS Thunder Appeal \$50,000 GOAL!**

**We surpassed our fundraising goal!**



**STCS families**, please mark your calendars for the following events, and watch for details in the **Thursday Thunder** email newsletter:

**Monday, February 5—**

School Counselors Week

**Friday, February 9—**

Parish Father-Daughter Dance

**Monday, February 12—**

Kindness Week

**Wednesday, February 14—**

Ash Wednesday, All-school Mass

**Thursday, February 15—**

Art Show

**Monday, February 19—**

No School, Presidents Day

**Apply to St. Theresa Catholic School!** Saint Theresa Catholic School will begin accepting applications for

new families beginning January 3, 2024. Please visit our website for more information and to apply. <https://www.stsashburn.com>

## Calling all St. Theresa Catholic School Alumni & Alumni Families!

We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to [alumni@stsashburn.com](mailto:alumni@stsashburn.com)





## News from our Parish

**Lenten Soup Suppers**—Our 2024 Parish Friday Lenten Soup Suppers will start **Friday, Feb. 16 through Friday March 22**. They will be in the School Cafeteria from 6-7:15pm. All Parishioners are invited to a meatless meal of Soups, Sandwiches and delicious dishes sponsored by different Parish groups. Meals are free. All donations will benefit the Poor and Needy. Looking forward to seeing you.

**An Invitation from The Legion of Mary**—Would you sacrifice for those addicted to something this Lent? From **February 14th to March 31st, 2024** - why not make a sacrifice for them? Take the Pioneer Pledge to abstain from all alcohol beverages and pray a short prayer twice a day during Lent for the end of alcoholism and all addictive substances. An informational table will be in the Narthex after all Masses on February 11, 2024. If you have any questions, please see the Legion of Mary in your parish.

The prayer

The Heroic Offering (for Lent)  
For thy greater glory and consolation,  
O most Sacred Heart of Jesus, for Thy sake, to give good example, to practice self-denial, to make reparation to Thee for the sins of intemperance and for the conversion of excessive drinkers, I will abstain for Lent from all intoxicating drinks.

**Coming Soon.....!** St. Theresa Catholic Church Presents: Parenting with Love and Leadership John Rosemond, parenting expert & best-selling author. Sunday, **February 18**, 2-5:30pm @St. Theresa Catholic Church (seminar will take place in school gym) \*Early Bird Registration: \$10/person or \$15/couple **FREE CHILDCARE!** Register Here: <https://sainttheresaparish.com/news/register-for-parenting-with-love-leadership-with-john-rosemond-feb-18/> or Scan QR Code to register



**Saint Theresa Donut Program** - Exciting News!—Save the Date for Donut Sunday - **February 18th and March 17th**. We are in need of donations and volunteers for February 18th and March 17th. This is a great way to

help the community and serve others. This isn't just Donuts, we serve Bagels, Croissants, Muffins, Fruit, Yogurt Parfaits and much more! Please sign up, if you can. <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint> This program can't run without volunteers and donations. Thank you and God Bless. Any questions, please contact Angela Haberland: [ange-la.haberland@gmail.com](mailto:ange-la.haberland@gmail.com) or 703.407.1204

**The VA March for Life** will take place on Wednesday, **Feb. 21** and St. Theresa has a bus! To reserve your seat go to our website: <https://sainttheresaparish.com/news/va-march-for-life/> Be the Voice for the Voiceless! Let us pray for an end to abortion and the healing of our nation.

**Healing Workshop for Women**—Lent is the perfect time to draw closer to Christ! All women are invited to Made for More: A Healing Workshop for Women on the Journey of the Beloved on Saturday, **February 24th** from 9am - 12:30pm in the St. Theresa Parish Center in Ashburn, VA. Do you long for greater peace and joy? Do you ever feel stuck and that the promises of God aren't meant for you? Join workshop leader Elizabeth Leon for a morning of prayer, hope, and restoration. Drawing from scripture and Catholic teaching, we will discover how our brokenness can lead to healing, claim God's promises, and identify barriers to letting ourselves receive Christ's love. \$25 cost includes workshop materials and a light breakfast. Scan code to register or visit [www.journeyofthebeloved.com](http://www.journeyofthebeloved.com). Questions? Contact Elizabeth Leon [onegratefulgirl@verizon.net](mailto:onegratefulgirl@verizon.net)



**Red Cross Blood Drive**—Please consider supporting the American Red Cross at our next St. Theresa blood drive on Thursday, **February 29th**, from 10:00-3:30 pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at [colleen-home87@gmail.com](mailto:colleen-home87@gmail.com) or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives. Thank you!!

**You(th) vs Hunger needs your donations**—We are in desperate need of your donations to help us get to our goal of packing 100,000 meals on March 23, 2024. Over the past 8 years, our Parish has packed over 760,000 meals for the poorest of the poor. Help us have another successful event again this year. If your business would be interested in sponsoring a full-day table for \$2,500 or a half-day table for \$1,300 please email Rachel Revelle at [rmrevelle@gmail.com](mailto:rmrevelle@gmail.com) Scan the QR code below to make a personal donation to You(th) vs Hunger through the St. Theresa website.



To purchase advance discounted chili cook-off tickets, use the following QR code

or visit the parish website.



**Are you looking for ways to serve the Church and join community?**—Have you ever thought

about being an Usher? St. Theresa's is inviting all parishioners to consider serving in this amazing Ministry! Come join fellow parishioners in all the fun and hospitality of being an Usher! It can be as flexible as you choose. Reach out to Usher Ministry at [sttheresaushers@gmail.com](mailto:sttheresaushers@gmail.com) for more information! We are SO excited to have you join us!

## More News from our Parish



PLEASE GO TO [WWW.ST-LOUISMARTIN-KOFC.ORG](http://WWW.ST-LOUISMARTIN-KOFC.ORG)  
TO BUY TICKETS TO

THE KNIGHTS OF COLUMBUS  
**FATHER-DAUGHTER  
DANCE**



IN THE SAINT THERESA SCHOOL GYMNASIUM  
OPEN TO ALL ST. THERESA PARISH AND SCHOOL  
KINDERGARTEN - 8TH GRADE GIRLS AND THEIR FATHERS

FRIDAY, FEBRUARY 9TH 7-9 PM

**\$25 PER COUPLE**  
♥ **\$10 EACH ADDITIONAL DAUGHTER**  
**DJ, PHOTO BOOTH, RAFFLE PRIZES,  
LIGHT REFRESHMENTS**  
♥  
PROCEEDS WILL HELP FAMILIES IN NEED  
THROUGH DIVINE MERCY OUTREACH  
**HOPE TO SEE YOU THERE!!!!**



**BRIAN'S BRIGADE  
PRESENTS**

**CHILI  
COOK-OFF**

Feb 10, 2024 (snow date: Mar 2) 6:30-9:30 PM  
St. Theresa Cafeteria

Hot Prizes for the best chili!



ADVANCE\*  
TICKET SALES ON  
PARISH WEBSITE:  
\$10 EACH /  
\$40 PER FAMILY

ALL  
PROCEEDS TO  
BENEFIT  
WORKCAMP

**\$40 Chili Entrant fee (includes family entry and 1 voting chip)**

\*Price at door: \$15 each/\$50 per family

## Adult Education and Spiritual Enrichment

**Looking to learn more about your faith?** This Spring we will be offering two new classes:

**Exodus** - When God called Israel out of slavery in Egypt to a life of freedom as his people, it was the defining moment in Israel's history. Learn the keys to authentic freedom and how a proper understanding of the Exodus can illuminate one's understanding of the Christian Faith.

Thursdays 7-8pm. In-Person. Ten sessions. Starts Feb. 15th. Cost: \$30 plus S&H. Contact: Maria at [maria\\_basu@yahoo.com](mailto:maria_basu@yahoo.com)

**No Greater Love - Biblical Walk Through Christ's Passion**—No Greater Love is a biblical pilgrimage that reveals Christ's amazing love for us. You will walk step-by-step with Jesus from the garden of Gethsemane to Mount Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and

historical context shed light on the mystery of Christ's suffering and death.

Thursdays 7-8pm. In-Person. Five sessions. Starts Feb. 15th. Cost: \$27 plus S&H. Contact: Viki at [Viki.hughes@gmail.com](mailto:Viki.hughes@gmail.com)

**That Man is You (TMIY)**—That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. We met on Saturday 20 January, discussing the temptations of the modern world and how to respond to them as Catholic men; please join us at 6:30am on 10 February for fellowship, video and discussion (6:30-8am) in the Parish building across from the Church. Please contact Jack Hayes at 703.537.6418 or

[jack.hayes422@aol.com](mailto:jack.hayes422@aol.com) for additional information.

**Women's Discipleship Group**—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting October 11th, we will be reading the book, "Four Witnesses: The Early Church In Her Own Words. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

**Interested in learning about the Legion of Mary?**—Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wed, 7:15pm; or Sat, 9:15am.





## Knights of Columbus

### Father Daughter Dance: The Knights of Columbus St. Louis

Martin Council is hosting a Father Daughter Dance on **February 9th**, from 7-9pm open to all St. Theresa Parish and School families. The event will be held in the St. Theresa Catholic School Gymnasium with a live DJ, Photo Booth, Raffle Prizes, Snacks, and Drinks. The price is \$25 per father and daughter duo, \$10 for each additional daughter. Raffle tickets for prizes will be one ticket for \$10 or three tickets for \$25. Proceeds go to Divine Mercy Outreach. Go to the Knights upcoming events web page (<https://www.st-louismartin-kofc.org/upcomingevents>) for details and to purchase tickets.

**Pancake Breakfast on Sunday February 11, 2024:** The Knights of Columbus will be hosting a pancake breakfast on Sunday, February 11 in the school cafeteria. Stop by after the morning Masses and enjoy a delicious breakfast of pancakes (regular, choco-

late chip, and blueberry), scrambled eggs, sausage and potatoes, along with coffee, orange juice and assorted Dunkin' Munchkins! Profits from this breakfast will benefit our Diocesan Work Camp program, in which St. Theresa students will participate.

**Seeking nominations for KofC young man, and young woman of the year:** These awards recognize the excellence of the young men and women of our community and promotes the recognition of their academic, Civic, religious, extracurricular, and special achievement, contributions. Any young man or woman who is currently in High School, grades 9 through 12, can be considered for the award.

Contact Paul Dwyer - Youth Activities Coordinator, for application forms and information about applying. Completed, nomination forms are to be submitted to Paul Dwyer at: [ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com). DUE DATE: (for submission of forms) Feb 29, 2024.

**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

**Catholic men:** Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



## News Around the Diocese

**2024 Bishop's Lenten Appeal (BLA)**—Behold, I make all things new The 2024 BLA Commitment Sunday is next weekend! Once a year we are asked to make a pledge to support the work of our diocesan programs and ministries which provide services that no parish could provide on its own We are asking every family to participate to help our parish make our goal. By participating in the BLA, we renew our commitment to the Lord with a response to His call to serve our brothers and sisters. You may go online to make a donation at: [www.arlingtondiocese.org/bla](http://www.arlingtondiocese.org/bla) or scan the QR code below:



SCAN ME

**Day of Prayer and Healing**—After Abortion Retreats: A Day of Prayer and Healing for women who have experienced abortion will be held on Saturday, **February 10, 2024**. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

### Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop—Feb 17-18, 2024

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! The expert speaker team includes Catholic psychologists, therapists, and priests who will offer their expertise and experience, plus they will be on hand the entire weekend to offer individual consultation, upon

request. Please note: This is NOT an overnight program. Cost: Early-Bird rate: \$480 per couple, if registered by Feb. 2nd. Seating is limited. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Find more info on the website [ourladyofbethesda.org](http://ourladyofbethesda.org).

### Vocational Discernment Retreat for Men

—Could Christ be calling you to the priesthood? Take a step to find out. Attend the weekend discernment retreat for men (ages 18-50), Friday-Sunday, **February 16-18**, 2024. This is a great opportunity for prayer and discernment, confession, and talking with priests and seminarians. Cost is \$150 and includes overnights and all meals. Retreat starts Friday at 6:30 p.m. and concludes Sunday after lunch. For more information or to register, contact Fr. Michael Isenberg at 703.841.2514 or [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org). Deadline to register is Monday February 5. There is a similar retreat for women June 14-16.

## News Around the Diocese Continued

### **Three to Get Married Marriage Prep in 2023**—Feb 22-25 (virtual);

Mar 7-10; Apr 11-14

A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Find more info on the website [ourladyofbethesda.org](http://ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Bethesda, MD.

### **Don't miss out on a great date night or evening with friends!**—Comedian

Jeff Allen is coming to St. Paul VI Catholic High School, Chantilly, VA on Saturday, **February 24, 2024** at 7:30pm. Tickets are on sale now at [www.paulvi.net/comedy](http://www.paulvi.net/comedy). Jeff combines clean, hilarious humor like no other comedian working today. He is a popular and hilarious comedian who performs for various audiences and events, sharing his stories, humor, and message of faith.

### **Lights-Camera-Action -- FIAT Day**

with the **#MediaNuns**—Calling high school girls to join the Daughters of St. Paul for an afternoon of media reflection, fun, and prayer. Sunday, **February 25**, 1-5pm at Pauline Books & Media in Alexandria. Space is limited, visit [www.ArlingtonDiocese.org/FIAT](http://www.ArlingtonDiocese.org/FIAT) or contact the Office of Vocations, [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org) or 703.841.2514. Deadline to register (but don't wait!): February 19. FIAT events are for high school girls interested in growing spiritually and exploring their vocation.

### **Registration Now Open! Renewed in Christ: Reflecting His Light to the World**—Join Catholic men from

around the Diocese for a day of prayer, fellowship and reflection. Keynotes include: Fr. Daniel Mode, Chaplain of the United States Coast Guard, and Jonathan Reyes, Senior Vice President of Evangelization and Faith Formation for the Knights of Columbus. Saturday, **March 2, 2024** at St. Joseph Catholic Church 750 Peachtree Street, Herndon, from 8:30am-2:30pm. Sign-in begins at 7:30am with confession, coffee, and pastries. Mass will be celebrated by Bishop Michael F. Burbidge at 11:15am. Cost is \$65 until Febru-

ary 1, 2024, \$80 after February 1, 2024. You may register at [arlingtondiocese.org/men](http://arlingtondiocese.org/men).

### **Registration Now Open! Behold, I Make All Things New**—Join women

from around the Diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer. Our 2024 gathering will be feature the awe-inspiring reversion story of Patricia Sandoval and a powerful presentation by Sr. Mary Madeline Todd, O.P. about the true dignity and vocation of every woman. Saturday, **March 9, 2024**, from 8:30am- 2:30pm. Sign-in begins at 7:30am with confession, coffee, and pastries. Mass will be celebrated by Bishop Michael F. Burbidge at 11:15am at St. Joseph Catholic Church, 750 Peachtree Street, Herndon. Cost is \$65 until February 1, 2024, \$80 after. Feb 1, 2024 Register at [arlingtondiocese.org/women](http://arlingtondiocese.org/women).

### **The Laetare Benefit Supporting the Cloistered Nuns of St. Dominic's Monastery**—The Most Rev. Michael F.

Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St. Dominic's Monastery. The Laetare Benefit is our annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA in the Diocese of Arlington. As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and are building a Chapel at the Monastery. Please show your support and join us for a reception, dinner, and auction Sunday, **March 10, 2024**, 5-8pm at the Westwood Country Club, 800 Maple Avenue East, Vienna, Virginia. Seating is limited. RSVP by February 23, 2024. Tickets are \$200 each and table sponsorships are available, starting at \$2,000 for 10. Cocktail attire. Please send a check payable to Friends of St. Dominic's Monastery, 508 N. Payne Street, Alexandria, VA 22314, or to purchase tickets online through Faith Direct, please point your camera at the QR code and click to be taken to the registration page or visit <https://forms.ministryforms.net/embed.aspx?formid=bb08b838-0e6b-4411-8f03-b9f86c405951>



For more info, please contact: [friendsofstdominicsmonastery@gmail.com](mailto:friendsofstdominicsmonastery@gmail.com)

### **The Passion Narratives Retreat for Men and Women**—The Four Gospels

give us clear accounts of the last hours of Jesus and His suffering, death, and resurrection. Come to the Arlington Diocese's San Damiano Retreat Center in White Post, VA and join Fr. Riley in silence and solitude to read, think, and pray our way through the Gospel accounts -- comparing and contrasting the reports and vision of the evangelists as we follow Christ through darkness and suffering and death...and beyond. The retreat is open to men and women. It begins at 5pm on **Friday, March 15**, and ends at 1pm on Sunday, March 17. Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

### **Separated or Divorced?**—St. John's

Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

### **Do you love someone with a drug or alcohol problem?**—The Nar-Anon is a

worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@saintthereseparish.com](mailto:dcnnoah@saintthereseparish.com). Weekly meetings are held: 2nd & 4th Mondays, 7-8pm, Cascades Library; 1st, 3rd & 5th Mondays, 7-8pm via Zoom; Thursdays, 7-8pm, Leesburg Presbyterian Church.

### **Holy Comforter St. Cyprian Pilgrimage to Ireland**—Join Msgr. Pope on a

pilgrimage to Ireland, the land of St. Patrick, on November 4th through November 14th 2024. Visit our website ([hscchurch.org](http://hscchurch.org)) or contact Debbie Vanzego for more information ([dvanzego@cohenmilstein.com](mailto:dvanzego@cohenmilstein.com), 202.277.1823).

## Parish Offices

Secretary: Kelly Cosenke, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

## RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

**Car Raffle Fundraiser**—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2024 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck and Bronco Sport). One \$5 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next week or so. Please consider selling/purchasing the tickets mailed to you. Our proceeds help families in need through Divine Mercy Outreach.

**Furniture Ministry Coordinator still needed**—We need your help. Our furniture ministry needs a coordinator or two or otherwise we may have to stop this ministry that is so important to families in need. This includes picking up donated tables and chairs and small dressers and delivering them to families in need. If you are interested in this ministry, please contact Marianne Guidos at 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, by mail or drop off to the parish office. Indicate DMO in the memo of the check or on the envelope. To donate online—<http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Bed Ministry**—volunteers with trucks or Large SUVs needed especially! Consider taking a short time out of your day to bring some light into another's life. Extra helpers needed to bring new beds and bedding from our storage to families moving out of the shelters and other families in need. Interested, contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a

medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

### The Visitation Ministry

Are you **HOMEBOUND**? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities.* If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).

Please do not leave clothing at church. We are not accepting clothing donations.



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