

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**February 18, 2024**  
**First Sunday of Lent**



## *Masses for the Week*

<b>Mon, Feb 19</b>	6:15— Iris & Romeo Rigor 8:30— Ralph Leon, Sr.+
<b>Tues, Feb 20</b>	6:15— David Rush 8:30— Leonard & Mary Catherine Stevens+
<b>Wed, Feb 21</b>	6:15— Fred Barata+ 8:30— Carlo Maresca+ 12:15— M.G. Bill McGrath+
<b>Thurs, Feb 22</b>	6:15— Hercules Del Mundo+ 8:30— Michael Cummings
<b>Fri, Feb 23</b>	6:15— Marilyn Stavelly+ 8:30— Gary Krichbaum
<b>Sat, Feb 24</b>	8:30— Joseph Thomas Blondet 5:30— Aley Manalel
<b>Sun, Feb 25</b>	7:30— Sean Parker+ 8:45— St. Theresa Parishioners 10:30— Dhiraj Kumar Gupta+ 12:30— Ralph Leon Sr.+ 5:00— Mary Grace Ryan

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel.

**Prayers For Our Military:** Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes.

## What's the Point of Doing Penance?

If ever there were a misunderstood Lenten subject, it would be penance, fasting, or “giving things up” in general. Often, people ask, *“Why fast? Why do penance? Shouldn't we ‘fast’ from doing bad things instead? Wouldn't it be best to spend our energy doing something positive?”* Let me illustrate this question with a similar case. Imagine you are a basketball coach running drills with the players at practice, when suddenly a player asks, *“Why are we doing all this? Shouldn't we just focus on scoring points? Isn't that what this game is all about?”* Of course it is! But how do we put points on the board? By practicing the basics until they become second nature, that's how. A good coach runs drills with the team until the basic moves of the game become second nature, so when the team takes to the court, they are prepared.

Now the goal of every Christian life is to be “prepared” to live each moment in charity, as each situation demands. But ask yourself—what holds you back? What keeps you from doing the good you intend? What prevents you from living as you ought? In a word...selfishness! It's to kill selfishness that we do penance, especially in Lent. In his 2011 letter on the beginning of Lent, Pope Benedict XVI said that the purpose of penance is the mastery of the ego. Your ego is like a wild horse. It runs wherever it wills, and is very difficult to tame. Self-denial, or penance, is one of the most effective tools we have to bring it under control, which allows you to do the good you want. Penance is like a “workout” for your soul—it strengthens the virtues that free you from your lower passions. Just like basketball drills prepare a team for the game, penance prepares us to be at our best, when we need to be.

This is why it is so important to do penance in Lent. Look at your life and ask, “What do I need to change? Where are my greatest faults?” Then choose a penance that works on them. One reason why people give up unhealthy foods for Lent is because control of your eating is a very effective way to gain control over every bodily desire, including anger, sloth, envy, and greed.

This little bulletin column is too small to cite references, so I ask you to trust me—this is the combined wisdom of centuries of saints and spiritual authors. Why do penance? Because it's the admission ticket to the life of charity, that's why. Lent has just begun. Let's make the most of it, beginning today.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### Parish Lenten Activities

#### Daily Mass Times

6:15 & 8:30am

12:15pm Mondays & Wednesdays

#### Confession Times

Wednesdays 9:00am & 6:30pm

Saturdays 4:00pm

(All until the line ends)

#### Vespers & Stations of the Cross

Every Friday during Lent:

Vespers at 7:15pm &

Stations of the Cross at 7:30pm

#### Donut Sunday - February 18

After 7:30, 8:45 & 10:30am Masses

#### First Friday Mass Times - March 1

6:15 & 8:30am and 12:15pm

#### Pancake Breakfast - March 10

After 7:30, 8:45 & 10:30am Masses

#### Parish Lenten Retreat- March 2

8:30am Mass

9:30 - 11:30am,

Fr. Brian John Zuelke, O.P.

#### Lenten Dinners 6 - 7:10pm in School Cafeteria

Feb. 16 - provided by Legion of Mary

Feb. 23 - provided by Ladies of the Parish

March 1 - provided by Walking With Purpose

March 8 - No Lenten Dinner due to Consignment Sale

March 15 - provided by Parish/RE/School Offices

March 22 - provided by Knights of Columbus

\*Donations will be given to charity

**“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”**— St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.





# Youth Education and News



ymoffice@sainttheresaparish.com

## February

Sunday, the 18th-Upper Room Squad, 6-8pm

Sunday, the 25th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 26th-Food Sort by Expirations Dates, 7pm to 8:30pm

Tuesday, the 27th - Load food for transport, 6:15pm to 7pm

**NVJCYO Volleyball Registration is now open:** The St. Theresa CYO Volleyball program follows the guidelines established by the NVJCYO. It is open to all female students currently enrolled in St. Theresa School in grades 3-8 or the St. Theresa Church Religious Education program in grades 3-8. The program is always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. Registration for the 2024 season opens on February 5th, 2024. You can register

at <https://reg.sportspilot.com/106557> Registration will close on March 1st, 2024. Cost is \$60 to join a team.

Practices should begin in early March – by then teams should be formed (enough players registered and a coach identified). Your child's coach will contact you with specifics. Practice times are determined by gym space availability and the coach's availability. Practices are generally 60 minutes, twice a week. Games should begin April 6th and run through mid / late May. Matches are played at gyms throughout the Diocese of Arlington – venues are determined based on availability. Shirts will be provided and are covered as part of the fee. If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at [cyo@sainttheresaparish.com](mailto:cyo@sainttheresaparish.com).

**St. Theresa CYO Thunder Runners Registration:** St. Theresa Thunder Runners, CYO Track & Field program is open to parishioners in grades 4th - 8th. The season will begin Tuesday, March 12 and end on May 21. We will participate in one track meet as a team on May 18, 2024. Practices will

be held Tuesdays and Fridays on the St. Theresa school track from 3:00pm-4:45pm. Cost of the program is \$75 per child. Registration will open on March 7, 2024, at 7pm. The first 60 registrations will be accepted; once registration is full the program will be closed. There is no late registration period. All levels of runners welcome! Please contact Coach Amanda Todd at [mander118@yahoo.com](mailto:mander118@yahoo.com) if you have any questions. You can register at <https://reg.sportspilot.com/106557>



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

**Adults Plan Ahead to Volunteer**  
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.

**Thank You**  
to the Knights of Columbus  
for hosting our parish  
Father-Daughter Dance!



**STCS families**, please mark your calendars for the following events, and watch for details in the **Thursday Thunder** email newsletter:

- Monday, February 19—**  
No School, Presidents Day
- Friday, February 23—**  
Stations of the Cross
- Monday, February 26—**  
Thunder Readers Week
- Friday, March 1—**  
Stations of the Cross
- Thursday, March 7—**  
End of Second Trimester
- Friday, March 8—**  
Early Dismissal;  
Stations of the Cross

**Easter Break Basketball Camp** – Sign up NOW! Evolution Basketball Training is hosting a camp for boys & girls in 3rd-8th grades during Easter Break, April 1-3 at STCS -- your kids will love the fun, and the chance to

work on their basketball skills! Evolution is donating 100% net proceeds to the Friends of St. Theresa School (FOSTS) tuition assistance program – scan the QR code for details and register today!



**Apply to St. Theresa Catholic School!** Saint Theresa Catholic School will begin accepting applications for new families beginning January 3, 2024. Please visit our website for more information and to apply. <https://www.stsashburn.com>

**Calling all St. Theresa Catholic School Alumni & Alumni Families!** We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to [alumni@stsashburn.com](mailto:alumni@stsashburn.com)

## News from our Parish

**Coming Soon.....!** St. Theresa Catholic Church Presents: Parenting with Love and Leadership John Rosemond, parenting expert & best-selling author. Sunday, **February 18**, 2-5:30pm @St. Theresa Catholic Church (seminar will take place in school gym) \*Early Bird Registration: \$10/person or \$15/couple **FREE CHILDCARE!** Register Here: <https://sainttheresaparish.com/news/register-for-parenting-with-love-leadership-with-john-rosemond-feb-18/> or Scan QR Code to register



**Saint Theresa Donut Program** - Exciting News! Save the Date for Donut

Sunday - **February 18th and March 17th.**

Attendees Hours: 7:30am-12:30pm. This isn't just Donuts. We serve Coffee, Apple Juice, Orange



Juice, Bagels, Croissants, Muffins, Fruit, Yogurt Parfaits and much more! We have a New Item on the Menu for February and March - Avocado Toast! We had over 900 Attendees in December! Please come and join us!

We are in need of donations and volunteers for February 18th and March 17th. This is a great way to help the community and serve others. Please sign up, if you can. <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint> This program can't run without volunteers and donations. Thank you and God Bless. Any questions, please contact Angela Haberland, [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com) or 703.407.1204

**The VA March for Life** will take place on Wednesday, **Feb. 21** and St. Theresa has a bus! To reserve your seat go to our website:

<https://sainttheresaparish.com/news/va-march-for-life/> or use the following QR code.



Be the Voice for the Voiceless! Let us pray for an end to abortion and the healing of our nation.

**Young at Heart Club—Men and Women 55 and over**—We will meet Wednesday, **February 21, 2024**, after the 12:15 Mass for some game time. To enjoy lunch, please bring your own brown bag lunch and we will provide cake and the usual beverages. Afterwards, we will play Trivia with lots of fun. We will be collecting dues for 2024: \$20 still. Please contact Freddie, [wallflower64@gmail.com](mailto:wallflower64@gmail.com) or 703.625.5715 for information and RSVPs. New people are always welcome!

**Lenten Soup Suppers**—Come and enjoy our Lenten Soup Supper this coming Friday, **February 23**. It will be hosted by our Ladies of the Parish in the School Cafeteria from 6-7:15pm. Everyone is invited. Meals are free. Come meet your fellow Parishioners, make new friends and give alms to the Poor. A big thanks to all our Parishioners who came to our first Soup Supper last Friday and to members of our Legion of Mary for their delicious soups and dishes and for graciously hosting our supper.

**Healing Workshop for Women**—Lent is the perfect time to draw closer to Christ! All women are invited to Made for More: A Healing Workshop for Women on the Journey of the Beloved on Saturday, **February 24th** from 9am - 12:30pm in the St. Theresa Parish Center in Ashburn, VA. Do you long for greater peace and joy? Do you ever feel stuck and that the promises of God aren't meant for you? Join workshop leader Elizabeth Leon for a morning of prayer, hope, and restoration. Drawing from scripture and Catholic teaching, we will discover how our brokenness can lead to healing, claim God's promises, and identify barriers to letting ourselves receive Christ's love. \$25 cost includes workshop materials and a light breakfast. Scan code to register or visit



[www.journeyofthebeloved.com](http://www.journeyofthebeloved.com). Questions? Contact Elizabeth Leon [onegratefulgirl@verizon.net](mailto:onegratefulgirl@verizon.net)

**Red Cross Blood Drive**—Please consider supporting the American Red Cross at our next St. Theresa blood drive on Thursday, **February 29th**, from 10:00-3:30 pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at [colleen-home87@gmail.com](mailto:colleen-home87@gmail.com) or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives. Thank you!!

**This Lent: Encounter Jesus More Profoundly!**—Join us for a morning of adoration, reflection, and talks on Saturday **March 2nd**, 9:30 -11:30am on how to use the Lenten Season as a time to reset your priorities in life.

This morning retreat, titled, "Seek First the Kingdom -- Resetting our Priorities during Lent" will be led by Fr. Brian John Zuelke, O.P., a Dominican Priest and Friar currently studying at the Catholic University of America. As we pray before the Blessed Sacrament, you'll have a chance to reflect on the nature of good and evil, truth and freedom, and how to put what you learn into practice each day, not only during Lent but during your whole journey with the Lord Jesus.

The retreat is open to all adults of the parish and neighboring parishes as well.

**Are you looking for ways to serve the Church and join community?**



— Have you ever thought about being an Usher? St.

Theresa's is inviting all parishioners to consider serving in this amazing Ministry! Come join fellow parishioners in all the fun and hospitality of being an Usher! It can be as flexible as you choose. Reach out to Usher Ministry at [sttheresaushers@gmail.com](mailto:sttheresaushers@gmail.com) for more information! We are SO excited to have you join us!



## More News from our Parish

### TRINITY HOUSE COMMUNITY GATHERING

**Saturday,  
February 24, 2023  
6:30 - 8:30**

**Topic: Household Economy**

**St. Theresa Parish  
21370 St. Theresa Lane,  
Ashburn, VA  
in the school Cafeteria**



Trinity House Community  
Gathering



Use the QR code to RSVP for  
the Next THCG at St. Theresa

**YOU'RE INVITED – KIDS TOO!** Meet  
up with other families for food,  
fellowship & support in building a  
faith-filled home!

Free event for the whole family!  
Please bring a drink (juice, soda, beer, wine) or  
dessert – or both! – to share.



Learn More at  
[TrinityHouseCommunity.org](http://TrinityHouseCommunity.org) >



## Adult Education and Spiritual Enrichment

**That Man is You (TMIY)**—That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. We met on Saturday 3 February, discussing how to prepare for Lent as Catholic men and re-center our lives on Christ; please join us at 630am on 24 February for fellowship, video and discussion (6:30-8am) in the Parish building across from the

Church. Please contact Jack Hayes at 703.537.6418 or [jack.hayes422@aol.com](mailto:jack.hayes422@aol.com) for additional information.

**Women's Discipleship Group**—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting October 11th, we will be reading the book,

"Four Witnesses: The Early Church In Her Own Words. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

**Interested in learning about the Legion of Mary?**—Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wed, 7:15pm; or Sat, 9:15am.

### Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

### *How to Register to be a Parishioner of St. Theresa Catholic Church*

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.



## Knights of Columbus

**New Knights:** Congratulations and a warm welcome to Allen Hockenbury, John Pozniak and Frank LeBlanc, new brother Knights who completed their Combined Degree Exemplification Ceremonies, at Saint Theresa's parish, on February 1, 2024. Congratulations and a warm welcome to Brian Murphy, who has transferred to our council. We look forward to the fraternity and involvement of our new and transferring brother Knights.

**Seeking nominations for KofC young man, and young woman of the year:** These awards recognize the excellence of the young men and women of our community and promotes the recognition of their academic, Civic, religious, extracurricular, and special achievement, contributions. Any young man or woman who is currently in High School, grades 9 through 12, can be considered for the award.

Contact Paul Dwyer - Youth Activities Coordinator, for application forms and

information about applying. Completed, nomination forms are to be submitted to Paul Dwyer at: [yoffice@sainttheresaparish.com](mailto:yoffice@sainttheresaparish.com). **DUE DATE:** (for submission of forms) Feb 29, 2024.

**Food Drive:** Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. Your contributions and effort make this program a successful one. Please keep up the generosity by taking a bag (or a flyer if bags are unavailable) on your way out and return it next weekend (February 24-25) with items on the attached flyer. Please, no expired items. The pantry is unable to distribute expired items. Once again, thanks for your help and generosity.

**NOTE:** Since bags go quickly, the food list can be found at <https://www.st-louismartin-kofc.org/loudoun-food-pantry-2> or scan here:



**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

**Catholic men:** Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



## News Around the Diocese

**2024 Bishop's Lenten Appeal (BLA)**—Behold, I make all things new. This weekend each household is asked to make a BLA pledge or gift. This appeal provides an opportunity to unite as a Catholic family to support programs, ministries and services helping tens of thousands of people. After reflecting upon God's blessings to you, please consider a pledge to the BLA. Each donation is vital to the success of the appeal and the important work that it funds. You may complete a pledge card at Mass, mail in your pledge, go online to [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA) or scan the QR code below to make a gift.



SCAN ME

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**Do you love someone with a drug or alcohol problem?**—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com). Weekly meetings are held on: Mondays, 7-8pm, Cascades Library, or via Zoom on Federal Holidays and Thursdays, 7-8pm, Leesburg Presbyterian Church.

**10th National Eucharistic Congress**—You are invited to join the Diocese of Arlington for the historic 10th National Eucharistic Congress to be

held at the Lucas Oil Stadium in Indianapolis, Indiana, July 17-21, 2024. Tour packages including accommodations and a ticket to the Congress are available through Corporate Travel Services. For pricing and more information, check out our website at <https://www.arlingtondiocese.org/national-eucharistic-revival/>.

**"Christ suffered for sins once for all."** Is He asking you to suffer with Him and bring others to God as a priest, deacon or in the consecrated life? Contact Fr. Michael Isenberg, [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org) or 703.841.2514.

**Fish Fry**—The Loaves and Fishes Ministry of St. Francis de Sales will be offering Friday night Fish Fry throughout Lent. Fish Fry will be held from 3:30-7:30pm in the Parish Education Center at 37730 St. Francis Court, Purcellville, VA. This year, we will be offering preorders and curbside pickup! Visit [www.saintfrancisparish.org](http://www.saintfrancisparish.org) for more information. Preorders and online payment go live on February 12th.

## News Around the Diocese Continued

### **Three to Get Married Marriage Prep in 2023**—Feb 22-25 (virtual);

Mar 7-10; Apr 11-14

A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Find more info on the website [ourladyofbethesda.org](http://ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Bethesda, MD.

### **Don't miss out on a great date night or evening with friends!**—Comedian

Jeff Allen is coming to St. Paul VI Catholic High School, Chantilly, VA on Saturday, **February 24, 2024** at 7:30pm. Tickets are on sale now at [www.paulvi.net/comedy](http://www.paulvi.net/comedy). Jeff combines clean, hilarious humor like no other comedian working today. He is a popular and hilarious comedian who performs for various audiences and events, sharing his stories, humor, and message of faith.

### **Lights-Camera-Action -- FIAT Day with the #MediaNuns**—Calling high

school girls to join the Daughters of St. Paul for an afternoon of media reflection, fun, and prayer. Sunday, **February 25**, 1-5pm at Pauline Books & Media in Alexandria. Space is limited, visit [www.ArlingtonDiocese.org/FIAT](http://www.ArlingtonDiocese.org/FIAT) or contact the Office of Vocations, [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org) or 703.841.2514. Deadline to register (but don't wait!): February 19. FIAT events are for high school girls interested in growing spiritually and exploring their vocation.

### **Registration Now Open! Renewed in Christ: Reflecting His Light to the World**—Join Catholic men from

around the Diocese for a day of prayer, fellowship and reflection. Keynotes include: Fr. Daniel Mode, Chaplain of the United States Coast Guard, and Jonathan Reyes, Senior Vice President of Evangelization and Faith Formation for the Knights of Columbus. Saturday, **March 2, 2024** at St. Joseph Catholic Church 750 Peachtree Street, Herndon, from 8:30am-2:30pm. Sign-in begins at 7:30am with confession, coffee, and pastries. Mass will be cele-

brated by Bishop Michael F. Burbidge at 11:15am. Cost is \$65 until February 1, 2024, \$80 after February 1, 2024. You may register at [arlingtondiocese.org/men](http://arlingtondiocese.org/men).

### **Registration Now Open! Behold, I**

**Make All Things New**—Join women from around the Diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer. Our 2024 gathering will be feature the awe-inspiring reversion story of Patricia Sandoval and a powerful presentation by Sr. Mary Madeline Todd, O.P. about the true dignity and vocation of every woman. Saturday, **March 9, 2024**, from 8:30am- 2:30pm. Sign-in begins at 7:30am with confession, coffee, and pastries. Mass will be celebrated by Bishop Michael F. Burbidge at 11:15am at St. Joseph Catholic Church, 750 Peachtree Street, Herndon. Cost is \$65 until February 1, 2024, \$80 after. Feb 1, 2024 Register at [arlingtondiocese.org/women](http://arlingtondiocese.org/women).

### **The Laetare Benefit Supporting the Cloistered Nuns of St. Dominic's**

**Monastery**—The Most Rev. Michael F. Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St. Dominic's Monastery. The Laetare Benefit is our annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA in the Diocese of Arlington. As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and are building a Chapel at the Monastery. Please show your support and join us for a reception, dinner, and auction Sunday, **March 10, 2024**, 5-8pm at the Westwood Country Club, 800 Maple Avenue East, Vienna, Virginia. Seating is limited. RSVP by February 23, 2024. Tickets are \$200 each and table sponsorships are available, starting at \$2,000 for 10. Cocktail attire. Please send a check payable to Friends of St. Dominic's Monastery, 508 N. Payne Street, Alexandria, VA 22314, or to purchase tickets online through Faith Direct, please point your camera at the QR code and click to be taken to the regis-



tration page or visit <https://forms.ministryforms.net/embed.aspx?formid=bb08b838-0e6b-4411-8f03-b9f86c405951>

For more info, please contact: [friendsofstdominicsmonastery@gmail.com](mailto:friendsofstdominicsmonastery@gmail.com)

### **The Passion Narratives Retreat for Men and Women**—The Four Gospels

give us clear accounts of the last hours of Jesus and His suffering, death, and resurrection. Come to the Arlington Diocese's San Damiano Retreat Center in White Post, VA and join Fr. Riley in silence and solitude to read, think, and pray our way through the Gospel accounts -- comparing and contrasting the reports and vision of the evangelists as we follow Christ through darkness and suffering and death...and beyond. The retreat is open to men and women. It begins at 5pm on **Friday, March 15**, and ends at 1pm on Sunday, March 17. Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

### **New Lenten Retreat for Women—Mar 16-17, 2024**—Experience the

essentials of the Spiritual Exercises in this abbreviated one-night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Additionally, you will have plenty of free time to explore the beautiful natural surroundings of the retreat center and spend time in personal reflection. Registration is required. Cost: \$150 per person. Find more information and links to register on the website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Miracles Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

### **Holy Comforter St. Cyprian Pilgrimage to Ireland**—Join Msgr. Pope on a

pilgrimage to Ireland, the land of St. Patrick, on November 4th through November 14th 2024. Visit our website ([hscchurch.org](http://hscchurch.org)) or contact Debbie Vanzego for more information ([dvanzego@cohenmilstein.com](mailto:dvanzego@cohenmilstein.com), 202.277.1823).



## Parish Offices

Secretary: Kelly Cosenke, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

## RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

## Divine Mercy Devotional Materials

– Spirituality books and devotional materials will be available in the parish vestibule beginning Ash Wednesday and throughout Lent.

Stop by to pick up excellent Lenten reading or a rosary or cross for your home or as a gift. Suggested donation is indicated on all items. Any questions or suggestions contact Mary Sue Himpler at 571.332.7045.

**Car Raffle Fundraiser**—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2024 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck and Bronco Sport). One \$5 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next week or so. Please consider selling/purchasing the tickets mailed to you. Our proceeds help families in need through Divine Mercy Outreach.

**Furniture Ministry Coordinator still needed**—We need your help. Our furniture ministry needs a coordinator or

two or otherwise we may have to stop this ministry that is so important to families in need. This includes picking up donated tables and chairs and small dressers and delivering them to families in need. If you are interested in this ministry, please contact Marianne Guidos at 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, by mail or drop off to the parish office. Indicate DMO in the memo of the check or on the envelope. To donate online—<http://www.sainttheresaparish.com> and click on “Donate” tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Bed Ministry**—volunteers with trucks or Large SUVs needed especially! Consider taking a short time out of your day to bring some light into another's life. Extra helpers needed to bring new beds and bedding from our storage to families moving out of the

shelters and other families in need. Interested, contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

## The Visitation Ministry

Are you **HOMEBOUND**? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities.* If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).



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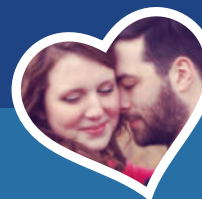
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