

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**February 25, 2024**  
**Second Sunday of Lent**



## *Masses for the Week*

<b>Mon, Feb 26</b>	6:15— Victoria & Grant Hatter 8:30— Ralph Leon, Sr.+ 12:15— Marion Morrill+
<b>Tues, Feb 27</b>	6:15— Joseph, Carlo & Laura Maresca+ 8:30— Ralph Leon, Sr.+
<b>Wed, Feb 28</b>	6:15— Michael Stevens+ 8:30— Ralph Leon, Sr.+ 12:15— Angelica Cabanero
<b>Thurs, Feb 29</b>	6:15— Anna Diederich+ 8:30— Jack Laudo
<b>Fri, March 1</b>	6:15— AJ Lowe+ 8:30— Michael Mynh & All Souls+ 12:15— Joseph Michael Begley_
<b>Sat, March 2</b>	8:30— Joseph Wynne+ 5:30— Jackson, Leonar, & Lynn Sweeney
<b>Sun, March 3</b>	7:30— Mario C. Lirag+ 8:45— Mai-Ly Ryan 10:30— Lisa & Jonathan Patterson 12:30— Carmela & Joseph Dinatle+ and Piera & Guiseppe Carnuvale+ 5:00— St. Theresa Parishioners

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette  
Deacon Matthew K. Noah

**Prayers For The Sick:** Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel.

**Prayers For Our Military:** Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes.

## Did the Catholic Church Invent Leap Year?

This Thursday is February 29, that rarest of all calendar dates. You may find it interesting to learn how our Church played a role in developing the calendar we use today.

The ancient Egyptians recognized that the observable solar year was slightly longer than 365 days, and became the first people to add a leap day to their calendar every four years. In the year 45 BC, Roman emperor Julius Caesar adopted the wisdom of the Egyptians, creating a calendar of 365.25 days, divisible into 12 months, with February 29 designated as the official leap day. Unknown to Caesar however, was the fact that the solar year is about 11 minutes less than 365.25 days. Although losing 11 minutes a year does not seem like a lot, it really began to add up over time. Every 128 years, the calendar gained an extra day.

By the middle ages, it was clear that something had to be done to correct the calendar, which had slouched out of alignment with the observable year by more than a week. Since the Pope was the only internationally recognized authority in the world, the Church took upon itself the task of reforming the calendar. In 1582, Pope Gregory XIII studied and reformed the Julian calendar. With his decree *Inter Gravissimas*, he enacted three reforms: reducing the number of leap years (century years such as 1800 and 1900 were not to be counted as leap years, unless they were divisible by 400, such as the year 2000); calculating Easter on the cycle of the moon and the date of the Spring Equinox, March 21; and most controversially, entirely omitting ten days from the calendar in October, 1582. (If you're curious enough, try looking at the year 1582 on any calendar app. October only has 21 days!)

In Catholic countries all across the world, the day following October 4, 1582 was officially designated as October 15. Protestant and Eastern Orthodox countries resented the idea of changing their calendar in response to a papal decree, and so for more than a hundred years, the world conducted business by two different calendars. In Italy, Portugal, Spain, Holland, as well as German and Swiss Catholic states, the calendar date differed from the rest of the world by eleven days. September 2 in London, for example, was September 13 in Paris. As time passed, few could deny that Pope Gregory's calendar was remarkably effective, and so, gradually and reluctantly, the Gregorian calendar was accepted across the world. Here is the timeline of its adaptation:

- 1700: German, Swiss, and Dutch Protestant states, Denmark, and Norway
- 1752: Great Britain and the American Colonies
- 1873: Japan
- 1875: Egypt
- 1918: Russia
- 1924: Greece
- 1926: Turkey
- 1949: China

Interestingly enough, the entire world has not yet adopted the Gregorian calendar. Mount Athos, a peninsula in northern Greece populated almost entirely by Greek Orthodox monasteries, still abides by the Julian calendar. Today's date on Mount Athos is not Sunday, February 25, but rather, Monday, February 12!

Here's wishing you all a Happy Leap Day!

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### Parish Lenten Activities

#### Daily Mass Times

6:15 & 8:30am  
12:15pm Mondays & Wednesdays

#### Confession Times

Wednesdays 9:00am & 6:30pm  
Saturdays 4:00pm  
(All until the line ends)

#### Vespers & Stations of the Cross

Every Friday during Lent:  
Vespers at 7:15pm &  
Stations of the Cross at 7:30pm

#### First Friday Mass Times – March 1

6:15 & 8:30am and 12:15pm

#### Pancake Breakfast – March 10

After 7:30, 8:45 & 10:30am Masses

#### Parish Lenten Retreat– March 2

8:30am Mass  
9:30 – 11:30am,  
Fr. Brian John Zuelke, O.P.

#### Lenten Soup Suppers

6 – 7:10pm in School Cafeteria

March 1 – provided by Walking With Purpose  
March 8 – No Lenten Dinner due to Consignment Sale  
March 15 – provided by Parish/RE/School Offices  
March 22 – provided by Knights of Columbus

\*Donations will be given to charity



# Youth Education and News



ymoffice@sainttheresaparish.com

## February

Sunday, the 25th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 26th-Food Sort by Expirations Dates, 7pm to 8:30pm

Tuesday, the 27th - Load food for transport, 6:15pm to 7pm

**NVJCYO Volleyball Registration is now open:** The St. Theresa CYO Volleyball program follows the guidelines established by the NVJCYO. It is open to all female students currently enrolled in St. Theresa School in grades 3-8 or the St. Theresa Church Religious Education program in grades 3-8. The program is always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. Registration for the 2024 season opened on February 5th, 2024. You can register at <https://reg.sportspilot.com/106557>

Registration will close on March 1st, 2024. Cost is \$60 to join a team.

Practices should begin in early March – by then teams should be formed (enough players registered and a coach identified). Your child's coach will contact you with specifics. Practice times are determined by gym space availability and the coach's availability. Practices are generally 60 minutes, twice a week. Games should begin April 6th and run through mid / late May. Matches are played at gyms throughout the Diocese of Arlington - venues are determined based on availability. Shirts will be provided and are covered as part of the fee. If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at [cyo@sainttheresaparish.com](mailto:cyo@sainttheresaparish.com).

**St. Theresa CYO Thunder Runners Registration:** St. Theresa Thunder Runners, CYO Track & Field program is open to parishioners in grades 4th - 8th. The season will begin Tuesday, March 12 and end on May 21. We will participate in one track meet as a team on May 18, 2024. Practices will be held Tuesdays and Fridays on the

St. Theresa school track from 3:00pm-4:45pm. Cost of the program is \$75 per child. Registration will open on March 7, 2024, at 7pm. The first 60 registrations will be accepted; once registration is full the program will be closed. There is no late registration period. All levels of runners welcome! Please contact Coach Amanda Todd at [mander118@yahoo.com](mailto:mander118@yahoo.com) if you have any questions. You can register at <https://reg.sportspilot.com/106557>



Office Hours:  
Mon-Thurs. 9am-4pm; Fri. 9am-noon

**Adults Plan Ahead to Volunteer**  
Want to volunteer at the many St. Theresa's children based programs/events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.



**STCS families**, please mark your calendars for the following events, and



watch for details in the **Thursday Thunder** email newsletter:

- Monday, February 26—**  
Thunder Readers Week
- Friday, March 1—**  
Stations of the Cross
- Thursday, March 7—**  
End of Second Trimester
- Friday, March 8—**  
Early Dismissal;  
Stations of the Cross
- Friday, March 15—**  
Stations of the Cross
- Monday, March 18—**  
Career Week

**Easter Break Basketball Camp** – Sign up NOW! Evolution Basketball Training is hosting a camp April 1-3 for boys & girls in 1st-8th grades in the Msgr. McMurtrie Memorial Gym at STCS -- your kids will love the fun, and the chance to work on their basketball skills! Evolution is donating

100% net proceeds to the Friends of St. Theresa School (FOSTS) tuition assistance program – scan the QR code for details and register today!



**Apply to St. Theresa Catholic School!** Saint Theresa Catholic School will begin accepting applications for new families beginning January 3, 2024. Please visit our website for more information and to apply. <https://www.stsashburn.com>

**Calling all St. Theresa Catholic School Alumni & Alumni Families!**  
We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to [alumni@stsashburn.com](mailto:alumni@stsashburn.com)

## News from our Parish

**Red Cross Blood Drive**—Please consider supporting the American Red Cross at our next St. Theresa blood drive on Thursday, **February 29th**, from 10:00-3:30 pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at [colleen-home87@gmail.com](mailto:colleen-home87@gmail.com) or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives. Thank you!!

**Lenten Soup Suppers**—You are all invited to our Parish Lenten Soup Supper this coming **Friday March 1** from 6-7:15pm in the Parish School Cafeteria. Come to enjoy free meatless Soups, Sandwiches, Pasta and various delicious dishes prepared by members of Walking With Purpose, meet other Parish members and give alms to the Poor. We would like to thank all Parishioners who came to our supper last Friday and our Ladies of the Parish for preparing the foods and hosting our supper.

**This Lent: Encounter Jesus More Profoundly!**—Join us for a morning of adoration, reflection, and talks on Saturday **March 2nd**, 9:30 - 11:30am, in St. Theresa's church, on how to use the Lenten Season as a time to reset your priorities in life.

This morning retreat, titled, "Seek First the Kingdom -- Resetting our Priorities during Lent" will be led by Fr. Brian John Zuelke, O.P., a Dominican Priest and Friar currently studying at the Catholic University of America. As we pray before the Blessed Sacrament, you'll have a chance to reflect on the nature of good and evil, truth and freedom, and how to put

what you learn into practice each day, not only during Lent but during your whole journey with the Lord Jesus.

The retreat is open to all adults of the parish and neighboring parishes as well.

### St. Theresa Parish VBS 2024—



Birthday Blast, A Celebration of Life! Save the Date: June 17th - 21st, Ages: 4 yr. olds through rising 5th graders.

Hours: 9am to 12 noon. \*Online Registration begins Monday, March 4th! We expect to fill up quickly - registration will close once we reach capacity. See the parish website for more details and the registration link. For volunteer information/questions, please email Kelly Rush at [Kelly4VT@gmail.com](mailto:Kelly4VT@gmail.com)

**St. Theresa's Dinner Club**—Join the St Theresa's Dinner Club every 2nd Tuesday of each month at 6pm. Try out a different restaurant every month while connecting with other members of our parish community. Call or text Nancy Vega for more information 786.337.0304



**Are you looking for ways to serve the Church and join community?**

— Have you ever thought about being an Usher? St. Theresa's is inviting all parishioners to consider serving in this amazing Ministry! Come join fellow parishioners in all the fun and hospitality of being an Usher! It can be as flexible as you choose. Reach out to Usher Ministry at [sttheresaushers@gmail.com](mailto:sttheresaushers@gmail.com) for more information! We are SO excited to have you join us!

**Faith Direct**—This is a time of year when keeping our new year's resolutions may become challenging, if we even made any. Well, here's an easy new year's resolution to feel good about: streamline your offertory giving and simplify your support for St. Theresa! Now is a great time to stop using checks/envelopes and switch to eGiving - it's simple to sign up from your computer, smartphone or tablet to set up a recurring donation or make a one-time gift.

Recurring gifts help give our parish a steady, consistent offertory that strengthens the programs, services, and ministries we lead for our church families and for those in need throughout the community.

Sign up today by visiting [faith.direct/VA14](http://faith.direct/VA14) or call Faith Direct customer service at 866-507-8757. Thank you for your continued support of our parish family. Father Hudgins

### Saint Theresa Donut Program - Ex-



citing News! Save the Date for Donut Sunday - **March 17th**. Attendees Hours: 7:30am-12:30pm. This isn't just Donuts. We serve

Coffee, Apple Juice, Orange Juice, Bagels, Croissants, Muffins, Fruit, Yogurt Parfaits and much more! We have a New Item on the Menu for March - Avocado Toast! We had over 900 Attendees in December! Please come and join us!

We are in need of donations and volunteers for March 17th. This is a great way to help the community and serve others. Please sign up, if you can. <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint> This program can't run without volunteers and donations. Thank you and God Bless. Any questions, please contact Angela Haberland, [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com) or 703.407.1204

**"What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer."**— St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorers, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



# Adult Education and Spiritual Enrichment

**That Man is You (TMIY)**—That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. We met on Saturday 10 February, discussing the first week of Lent and dedicating more time to God; please join us at 630am on 2 March for fellowship, video and discussion (6:30-8am) in the Parish building

across from the Church. Please contact Jack Hayes at 703.537.6418 or [jack.hayes422@aol.com](mailto:jack.hayes422@aol.com) for additional information.

**Women's Discipleship Group**—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting Octo-

ber 11th, we will be reading the book, "Four Witnesses: The Early Church In Her Own Words. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

**Interested in learning about the Legion of Mary?**—Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wed, 7:15pm; or Sat, 9:15am.



## Knights of Columbus

**Seeking nominations for KofC young man, and young woman of the year:** These awards recognize the excellence of the young men and women of our community and promotes the recognition of their academic, Civic, religious, extracurricular, and special achievement, contributions. Any young man or woman who is currently in High School, grades 9 through 12, can be considered for the award.

Contact Paul Dwyer - Youth Activities Coordinator, for application forms and information about applying. Completed, nomination forms are to be submitted to Paul Dwyer at: [ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com). DUE DATE: (for submission of forms) Feb 29, 2024.

**Food Drive:** Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. Your contributions and effort make this program a successful one.

Please keep up the generosity by returning your bag this weekend (February 24-25) with items in the attached flyer. If you were unable to pick up a blue bag, you can always return food in a reusable, paper, or plastic bag. Please, no expired items. The pantry is unable to distribute expired items.

**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete your-

self or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

**Catholic men:** Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



## Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

## How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Then a cloud came, casting a shadow over them;  
from the cloud came a voice,  
"This is my beloved Son. Listen to him."

(Mk 9:7)



## News Around the Diocese

### 2024 Bishop's Lenten Appeal (BLA)

—Behold, I make all things new  
This appeal provides an opportunity to unite as a Catholic family to support programs, ministries and services helping tens of thousands of people. After reflecting upon God's blessings to you, please consider a pledge to the BLA. Each donation is vital to the success of the appeal and the important work that it funds. You may mail in your pledge, go online to [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA) or scan the QR code below to make a gift.



SCAN ME

### Diocesan Day of Unplugging: Friday, March 1, 2024

—In this penitential season of prayer, fasting, and almsgiving, Bishop Burbidge invites you to participate in a diocesan-wide challenge to fast from excess screen time on Friday, March 1. Join fellow Catholics from around the diocese in the effort to “unplug” from digital devices to renew our relationship with God and neighbor. Find instructions for how to participate, ideas for how to spend your time offline, and FAQs on the day at [arlingtondiocese.org/unplug](http://arlingtondiocese.org/unplug).

### Registration Now Open! Renewed in Christ: Reflecting His Light to the World

—Join Catholic men from around the Diocese for a day of prayer, fellowship and reflection. Keynotes include: Fr. Daniel Mode, Chaplain of the United States Coast Guard, and Jonathan Reyes, Senior Vice President of Evangelization and Faith Formation for the Knights of Columbus. Saturday, **March 2, 2024** at St. Joseph Catholic Church 750 Peachtree Street, Herndon, from 8:30am-2:30pm. Sign-in begins at 7:30am with confession, coffee, and pastries. Mass will be celebrated by Bishop Michael F. Burbidge at 11:15am. Cost is \$65 until February 1, 2024, \$80 after February 1,

2024. You may register at [arlingtondiocese.org/men](http://arlingtondiocese.org/men).

### Registration Now Open! Behold, I Make All Things New

—Join women from around the Diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer. Our 2024 gathering will be feature the awe-inspiring reversion story of Patricia Sandoval and a powerful presentation by Sr. Mary Madeline Todd, O.P. about the true dignity and vocation of every woman. Saturday, **March 9, 2024**, from 8:30am- 2:30pm. Sign-in begins at 7:30am with confession, coffee, and pastries. Mass will be celebrated by Bishop Michael F. Burbidge at 11:15am at St. Joseph Catholic Church, 750 Peachtree Street, Herndon. Cost is \$65 until February 1, 2024, \$80 after. Feb 1, 2024 Register at [arlingtondiocese.org/women](http://arlingtondiocese.org/women).

### Diocese of Arlington Teacher Job Fair

—Please join the Catholic Schools in the Diocese of Arlington for our 2024 Teacher Job Fair on Saturday, **March 9** from 9-11am at St. Bernadette Catholic School, 7602 Old Keene Mill Road, Springfield. Meet school representatives and representatives from the Office of Catholic Schools to explore teaching in one of our schools.

### Three to Get Married Marriage Prep in 2023—Mar 7-10; Apr 11-14

A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Find more info on the website [ourladyofbethesda.org](http://ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Bethesda, MD.

**St. Patrick's Day Concert**—Christ the Redeemer is hosting a FREE St. Patrick's Day Concert featuring CTR's own Tam and his “mostly Irish” band Fri., **March 15th** at 12pm. Bring your own lunch. We will serve cookies and drinks. Questions: Contact Joan Ashdown at [Jashdown710@hotmail.com](mailto:Jashdown710@hotmail.com)

### The Passion Narratives Retreat for Men and Women

—The Four Gospels give us clear accounts of the last hours of Jesus and His suffering, death, and resurrection. Come to the Arlington Diocese's San Damiano Retreat Center in White Post, VA and join Fr. Riley in silence and solitude to read, think, and pray our way through the Gospel accounts -- comparing and contrasting the reports and vision of the evangelists as we follow Christ through darkness and suffering and death...and beyond. The retreat is open to men and women. It begins at 5pm on **Friday, March 15**, and ends at 1pm on Sunday, March 17. Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

### New Lenten Retreat for Women—Mar 16-17, 2024

—Experience the essentials of the Spiritual Exercises in this abbreviated one-night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Additionally, you will have plenty of free time to explore the beautiful natural surroundings of the retreat center and spend time in personal reflection. Registration is required. Cost: \$150 per person. Find more information and links to register on the website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Miracles Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

### Men's Evening of Reflection Series

—Looking to grow in your relationship with Christ? This series provides Catholic formation with spiritual talks, reflection, prayer, and fellowship. Mass and opportunities for confession are also offered. The next session Wednesday, **March 20**, from 7-9pm at Divine Mercy University, 45154 Underwood Drive, Sterling. For more information or to register, contact Charlie McCullough at [mccullough.charlie@gmail.com](mailto:mccullough.charlie@gmail.com) or 703.969.2930.

## News Around the Diocese Continued

### **Silent Retreat Weekends in Lent—**

For Women: **Mar 1-3**; For Men: **Mar 22-25** (Palm Sunday Weekend)  
Join us for a weekend of peaceful reflection and spiritual renewal, away from the hustle and bustle of everyday life. Our expert retreat leaders will guide you through a series of meditations and exercises designed to deepen your connection with God and help you find inner peace. These retreats are based on the Spiritual Exercises of St. Ignatius of Loyola. Registration is required. Cost: \$300 per person. Find more information and links to register on the website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, A Place to Encounter Christ! 7007 Bradley Blvd., Bethesda, MD 20817. Don't wait - sign up now for this life-changing experience!

**Lenten Personal Retreat Day—Fri, Mar 8**; 9am-4pm. Are you ready to Accompany Christ this Lent? Do you want to deepen your relationship with Him and renew your spirit? Then join us for a Personal Retreat Day this Lent! This is the perfect opportunity to take a break from your busy life and focus on your spiritual journey. Our experienced team will guide you through this meaningful day and help you connect with God in a deeper way. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus lunch; so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$110 per person. Advance Registration is required. So don't wait, sign up now and join us for a positive step towards a more peaceful, and holy Lenten season. Visit our website to register and to find more dates at [ourladyofbethesda.org](http://ourladyofbethesda.org). Or call 301.365.0612. We also have Mini-Retreats for Women and Evenings of Reflection for Men, each month. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

**Lenten Evening of Reflection for Couples—Wednesday, March 13.** Are you looking for a meaningful and enriching experience to deepen your faith and strengthen your marriage this Lent? Look no further! Our upcoming

Evening of Reflection for Couples will explore the fascinating topic of the Jewish Roots of our Catholic faith, with a special focus on the Eucharist. Join us as we delve into the Jewish hopes for the Messiah, the significance of Jesus instituting the Eucharist during Passover, and the profound meaning behind Jesus' words, "This is my body. This is my blood." This reflection promises to be an unforgettable journey of discovery and connection for you and your spouse. Don't miss out on this opportunity to grow in faith and love together! Register now. Married and Engaged couples are invited to attend! The evening will begin with mass and includes dinner, talk, time for quiet reflection and the opportunity for confession. \$85 per couple. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Registration is required so that we can properly prepare. We also have monthly Mini-Retreats for women and Evenings of Reflection for men. Visit us at [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301.365.0612.

*"This is My beloved Son, listen to Him!"*  
Could the Lord be calling you to proclaim His name as a priest or in consecrated life? Listen to Him and contact Fr. Michael Isenberg, [michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org) or 703.841.2514.

**Fish Fry—**The Loaves and Fishes Ministry of St. Francis de Sales will be offering Friday night Fish Fry throughout Lent. Fish Fry will be held from 3:30–7:30pm in the Parish Education Center at 37730 St. Francis Court, Purcellville, VA. This year, we will be offering preorders and curbside pickup! Visit [www.saintfrancisparish.org](http://www.saintfrancisparish.org) for more information. Preorders and online payment went live on February 12th.

**Married Couples—**Why not give yourselves a weekend away from it all. Time away from the pressures of work and everyday responsibilities. A chance to talk and listen to that special someone who loves you. If that sounds good to you, sign up now for a Worldwide Marriage Encounter Weekend. For more information or to register, go to [WWME.org](http://WWME.org), click "Apply" and search for "Virginia" or your desired

location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions. Here are a few upcoming experiences: April 12-14, 2024 - Herndon, VA; May 3-5, 2024 - Hickory, NC; September 27-29, 2024 - Herndon, VA

**Holy Comforter St. Cyprian Pilgrimage to Ireland—**Join Msgr. Pope on a pilgrimage to Ireland, the land of St. Patrick, on November 4th through November 14th 2024. Visit our website ([hscchurch.org](http://hscchurch.org)) or contact Debbie Vanzego for more information ([dvanzego@cohenmilstein.com](mailto:dvanzego@cohenmilstein.com), 202.277.1823).

**Separated or Divorced?—**St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**Do you love someone with a drug or alcohol problem?—**The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at [dcnnoah@sainttheresaparish.com](mailto:dcnnoah@sainttheresaparish.com). Weekly meetings are held on: Mondays, 7-8pm, Cascades Library, or via Zoom on Federal Holidays and Thursdays, 7-8pm, Leesburg Presbyterian Church.

**10th National Eucharistic Congress—**You are invited to join the Diocese of Arlington for the historic 10th National Eucharistic Congress to be held at the Lucas Oil Stadium in Indianapolis, Indiana, July 17-21, 2024. Tour packages including accommodations and a ticket to the Congress are available through Corporate Travel Services. For pricing and more information, check out our website at <https://www.arlingtondiocese.org/national-eucharistic-revival/>.

## Parish Offices

Secretary: Kelly Cosenke, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Marianne Guidos, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Erin O'Malley, 703.729.3577  
Assistant Principal: Danny Costa, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

## RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

## Divine Mercy Devotional Materials

– Spirituality books and devotional materials will be available in the parish vestibule beginning Ash Wednesday and throughout Lent. Stop by to pick up excellent Lenten reading or a rosary or cross for your home or as a gift. Suggested donation is indicated on all items. Any questions or suggestions contact Mary Sue Himpler at 571.332.7045.

**Car Raffle Fundraiser**—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2024 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck and Bronco Sport). One \$5 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next week or so. Please consider selling/purchasing the tickets mailed to you. Our proceeds help families in need through Divine Mercy Outreach.

**Furniture Ministry Coordinator still needed**—We need your help. Our furniture ministry needs a coordinator or

two or otherwise we may have to stop this ministry that is so important to families in need. This includes picking up donated tables and chairs and small dressers and delivering them to families in need. If you are interested in this ministry, please contact Marianne Guidos at 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).

**Monetary Donations**—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, by mail or drop off to the parish office. Indicate DMO in the memo of the check or on the envelope. To donate online—<http://www.sainttheresaparish.com> and click on “Donate” tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Bed Ministry**—volunteers with trucks or Large SUVs needed especially! Consider taking a short time out of your day to bring some light into another's life. Extra helpers needed to bring new beds and bedding from our storage to families moving out of the

shelters and other families in need. Interested, contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

## The Visitation Ministry

Are you **HOMEBOUND**? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

*Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities.* If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com).



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