



St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

March 3, 2024
Third Sunday of Lent

Masses for the Week

Mon, March 4	6:15— Miles Family 8:30— Le Kha & All Souls+ 12:15— Frances Tabash+
Tues, March 5	6:15— Stanley Caussey+ 8:30— Dylan Ricciardella+
Wed, March 6	6:15— Bert Capurro 8:30— Owen Bradshaw, Jr.+ 12:15— Dean Laudo
Thurs, March 7	6:15— Rebecca Landrum 8:30— Joseph, Carlo & Laura Maresca+
Fri, March 8	6:15— Amira George Khater 8:30— Steven M. Hockenbury+
Sat, March 9	8:30— Jennifer Tellis 5:30— Debra Glass+
Sun, March 10	7:30— Lilia M. Lirag+ 8:45— Anita Vitale 10:30— Jianna & Janinna George 12:30— George Acosta+ 5:00— St. Theresa Parishioners

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons, Martha Mason, John Forbes, Ruth Carradini, Mark Naftzger, Thomas Poerstel.

Prayers For Our Military: Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Colin Freyne, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes.

Do Sundays “Count” as Days of Lent?

The short answer is, “yes, they do!” There’s a rumor abuzz that Sundays do not count as days of Lent. Let’s set the record straight.

Everyone knows there are 40 days of Lent, but if you count the number of days from Ash Wednesday to Easter Sunday, you will discover there are 46 days, not 40. Now, there are six Sundays between Ash Wednesday and Easter. Therefore, according to popular rumor, we should subtract the six Sundays from Lent, treat each one as a “little Easter,” and take a break from our Lenten penance. In this way, we’re left with a perfect 40 days of Lent...correct?

Incorrect. There are three facts we must remember.

Fact #1: Holy Thursday, Good Friday, and Holy Saturday are not days of Lent. According to the *General Norms for the Liturgical Year and the Calendar*, “Lent runs from Ash Wednesday until the Mass of the Lord’s Supper on Holy Thursday.” Holy Thursday, Good Friday, and Holy Saturday (known as the Sacred Triduum) have never been part of the season of Lent. The Sacred Triduum is in a class all by itself.

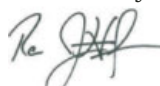
Fact #2: Before the Second Vatican Council (1963-1965), the season of Lent did not begin on Ash Wednesday as it does now, but on the First Sunday of Lent. Back then, Ash Wednesday was not part of Lent. Rather, it was part of a three-week “pre-Lenten” season, which Vatican II abolished. However, when the Church abolished the “pre-Lenten” season, it retained Ash Wednesday. Ash Wednesday was just too popular to eliminate. As a result, Vatican II actually added four days to Lent. Yes, since Vatican II, Lent actually has 44 days, not 40. There are exactly 40 days from the First Sunday of Lent until Holy Thursday, but since Lent now begins on Ash Wednesday, it’s now 44 days long. The perfect 40-day count no longer exists.

Fact #3: The Code of Canon Law (C.I.C.) tells us:

- 1) That every Christian should do penance during Lent, each in his or her own way (C.I.C. 1249)
- 2) That the entire season of Lent is a penitential time in the Church (C.I.C. 1250)
- 3) Solemnities in Lent, even when they fall on a Friday, are not days of abstinence from meat. (C.I.C. 1251)

Every Sunday is a high feast day known as a Solemnity, but even in Lent, they are still days of penance. They’re just not days of abstinence from meat, which you probably weren’t doing on Sunday anyways. People sometimes ask, “can you take a break from your penance on a Sunday in Lent?” You may if you wish, because the penance you undertake is personal and binding on your own authority. But as you take a break from penance, please do not forget that the six Sundays of Lent are part of the Lenten season. It’s not Easter yet. Personally, I like to press through the whole of Lent without relaxing my penance at all, but it’s up to you. Let’s treasure these days of Lent as a chance to renew our hearts.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Parish Lenten Activities

Daily Mass Times

6:15 & 8:30am
12:15pm Mondays & Wednesdays

Confession Times

Wednesdays 9:00am & 6:30pm
Saturdays 4:00pm
(All until the line ends)

Vespers & Stations of the Cross

Every Friday during Lent:
Vespers at 7:15pm &
Stations of the Cross at 7:30pm

Pancake Breakfast – March 10
After 7:30, 8:45 & 10:30am Masses

Lenten Soup Suppers

6 – 7:10pm in School Cafeteria

March 8 – No Lenten Dinner due to
Consignment Sale
March 15 – provided by Parish/RE/
School Offices
March 22 – provided by Knights of
Columbus
*Donations will be given to charity

Wanting to hear Fr. Hudgins’ homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News



ymoffice@sainttheresaparish.com

March

Sunday, the 3rd-Upper Room Squad, 6-8pm

Sunday, the 10th-Upper Room Squad, 6-8pm

Sunday, the 17th-Upper Room Squad, 6-8pm

Sunday, the 24th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 25th-Food Sort by Expirations Dates, 7pm to 8:30pm

Tuesday, the 26th - Load food for transport, 6:15pm to 7pm

St. Theresa CYO Thunder Runners

Registration: St. Theresa Thunder Runners, CYO Track & Field program is open to parishioners in grades 4th - 8th. The season will begin Tuesday, March 12 and end on May 21. We will participate in one track meet as a team on May 18, 2024. Practices will be held Tuesdays and Fridays on the St. Theresa school track from 3:00pm-4:45pm. Cost of the program is \$75 per child. Registration will open on March 7, 2024, at 7pm. The first 60 registrations will be accepted; once registration is full the program will be closed. There is no late registration period. All levels of runners welcome! Please contact Coach Amanda Todd at mander118@yahoo.com if you have any questions. You can register at <https://reg.sportspilot.com/106557>

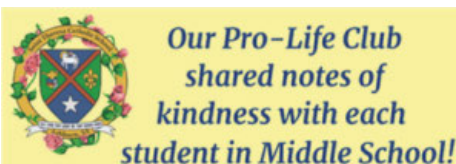


Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



STCS families, please mark your calendars for the following events, and



watch for details in the **Thursday Thunder** email newsletter:

Thursday, March 7—

End of Second Trimester

Friday, March 8—

Early Dismissal;
Stations of the Cross

Friday, March 15—

Stations of the Cross

Monday, March 18—

Career Week; Spirit Wear
Dress-out Day for Thunder Appeal

Friday, March 22—

Stations of the Cross;
Early Dismissal

Easter Break Basketball Camp – Sign up NOW! Evolution Basketball Training is hosting a camp April 1-3 for boys & girls in 1st-8th grades in the Msgr. McMurtrie Memorial Gym at STCS -- your kids will love the fun, and the chance to work on their basketball skills! Evolution is donating

100% net proceeds to the Friends of St. Theresa School (FOSTS) tuition assistance program – scan the QR code for details and register today!



Apply to St. Theresa Catholic

School! Saint Theresa Catholic School will begin accepting applications for new families beginning January 3, 2024. Please visit our website for more information and to apply. <https://www.stsashburn.com>

Calling all St. Theresa Catholic School Alumni & Alumni Families!

We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to alumni@stsashburn.com

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

News from our Parish

Lenten Soup Suppers—No Soup Supper this Friday March 8. The Cafeteria is being used to set up for the Consignment Sale. Come on Saturday March 8 to enjoy a great sale. Our thanks to members of Walking With Purpose for preparing last Friday's Supper foods and for graciously hosting our supper.

St. Theresa Parish VBS 2024—



Birthday Blast, A Celebration of Life! Save the Date: June 17th - 21st, Ages: 4 yr. olds through rising 5th graders. Hours: 9am to

12 noon. *Online Registration begins Monday, **March 4th!** We expect to fill up quickly - registration will close once we reach capacity. See the parish website for more details and the registration link. For volunteer information/questions, please email Kelly Rush at Kelly4VT@gmail.com

Young at Heart Club—Men and Women 55 and over—Wednesday, **March 13, 2024**. Meeting in the Zelle room after 12:15 Mass. Wear Green to celebrate St. Patrick. Lunch includes corned beef sandwiches with sides of coleslaw, potato salad, and pie for dessert. \$5 for members, \$10 for non-members. After lunch, we'll play Bingo. Contact Freddie, wallflower64@gmail.com or 703.625.5715 for more information. NEW people are ALWAYS welcome to join us!

April Baptism Class—Date change for April: April 11th vice April 4th.

VIRTUS Course—St. Theresa Parish will be hosting a VIRTUS course on Saturday, **March 16th** at 9:30am. Please contact Connie Gilligan, Parish Child Protection Liaison at 703.729.3714 to further assist you.

Are you looking for ways to serve the Church and join community?—

Have you ever thought about being an Usher? St. Theresa's is inviting all parishioners to consider serving in this amazing Ministry! Come join fellow parishioners in all the fun and hospitality of being an Usher! It can be as flexible as you choose. Reach out to Usher Ministry at sttheresaushers@gmail.com for more information! We are SO excited to have you join us!

Saint Theresa Donut Program—

Exciting News! Save the Date! Saint Patrick's Day Donut Sunday - **March 17th** Attendees Hours are from 7:30am-12:30pm. This isn't just Donuts..we serve Coffee, Apple Juice, Orange Juice, Bagels, Croissants, Muffins, Fruit, Yogurt Parfaits, Avocado Toast and much more! Avocado Toast was a Huge Success in February! We have New Items on the Menu for March: Gluten Free Cinnamon Rolls & Gluten Free Cookies! The Donut Sunday Program Mission is to bring people together, create a community and serve others. We had over 950 Attendees in February! Please come and join us!



We are in need of donations and volunteers for March 17th. This is a great way to help the community and serve others. Please sign up, if you can. <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint> This program can't run without volunteers and donations. Any questions, please contact Angela Haberland, angela.haberland@gmail.com or 703.407.1204

You(th) vs Hunger needs your donations—

We are in desperate need of your donations to help us get to our goal of packing 100,000 meals on March 23, 2024. Over the past 8 years, our Parish has packed over 760,000 meals for the poorest of the poor. Help us have another successful event again this year. If your business would be interested in sponsoring a full-day table for \$2,500 or a half-day table for \$1,300 please email Rachel Revelle at rmrevelle@gmail.com Scan this QR code to make a personal donation to You(th) vs Hunger through the St. Theresa website.



You(th) vs Hunger sign ups will open Sunday, March 3 at 9pm. Sign ups fill up quickly! Come be a part of the over 500 parishioners who will help us pack 100,000 meals on March 23. See <https://youthvshunger.wordpress.com/> for sign up links and more information.

Adult Education and Spiritual Enrichment

That Man is You (TMIY)—That Man is You (TMIY) is a Catholic men's program that's made a real difference in our lives as husbands and fathers in St. Theresa's parish, helping us to better understand our Faith and to build friendships with fellow Catholic men. We met on Saturday 17 February, discussing the financial aspects of our Lenten journey as Catholic men; please join us at 630am on 9 March for fellowship, video and discussion (6:30-8am) in the Parish building across from the Church. Please contact Jack Hayes at 703.537.6418 or jack.hayes422@aol.com for additional information.

Padre Pio Group—Saint Padre Pio of Pietrelcina is known for his gift of healing. When you become a child of Padre Pio, he also takes into his prayers your entire family. Won't you join us on the first Friday of every month as we pray the rosary and ask Padre Pio to be our helper in heaven. Pray, hope, and don't worry.....First Friday at 6:30pm. Our Next meeting will be March 1, Saint Louis Martin Room. Questions, contact Mirella McAleer 703.463.0847

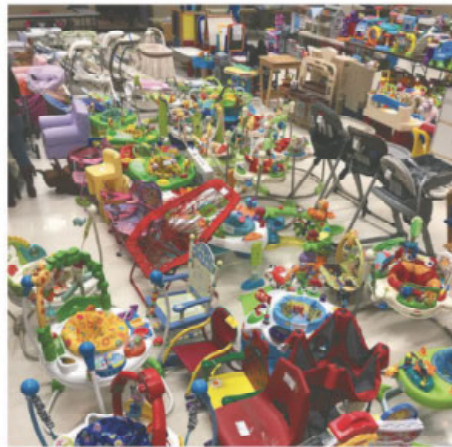
Women's Discipleship Group—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading.

Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting October 11th, we will be reading the book, "Four Witnesses: The Early Church In Her Own Words. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the

Legion of Mary?—Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wed, 7:15pm; or Sat, 9:15am.

Pop Up Children's Consignment Sale in Ashburn VA



Sat. March 9, 2024

9-12pm Public Sale
12:30-2pm Half Price Sale
4-5pm Clear the Racks

St. Theresa's School
21370 St Theresa Ln
Ashburn, VA 20147

FREE ADMISSION

All sale proceeds are donated back to the community thru our charity, Divine Mercy Outreach.



www.LittleFlowerConsignments.org



Knights of Columbus

Pancake Breakfast on Sunday

March 10, 2024: The Knights of Columbus will be hosting a pancake breakfast on Sunday, March 10 in the school cafeteria. Stop by after the morning Masses and enjoy a delicious breakfast of pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, tater tots, and breakfast potatoes, along with coffee, orange juice and assorted Dunkin' Munchkins! Profits from this breakfast will benefit the St. Theresa school Thunder Appeal fundraising drive.

Keep Christ in Christmas Poster Contest:

The Knight of Columbus would like to congratulate parishioner Vaughn D., whose entry in our annual "Keep Christ in Christmas" was selected to advance to the Virginia State level competition and won First Place for the 1st and 2nd grade level. The contest engages the creative talent and imagination of our young people in hopes they will come to a deeper understanding of the true, spiritual meaning of Christmas. A picture of Vaughn's poster is featured on our Council's webpage. Congratulations!

Free Throw Challenge: The Knights of Columbus would like to congratulate several youth who were winners in our District 18 Free Throw Challenge. Graham C. (Age 9), Kai B. (Age 10), Eleanor S. (Age 12), Mason C. (Age 13), and Luke L. (Age 14) were all winners from St. Theresa parish. These individuals competed amongst the best from other councils within District 18, were crowned "District Free Throw Champions", and are eligible to compete at the Virginia State level competition in March. Congratulations to our winners and a special thanks to all volunteers who helped to make this event a success.

Are you a parishioner in need of a home repair?

If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men.

Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Call for Handyman Crew Volunteers:

Are you available to volunteer as a handyman for those in need? The volunteers of the St. Louis Martin Council of the Knights of Columbus are available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. As a volunteer, you will have the opportunity to work alongside brother knights in support of a worthy cause. What do you get in return? A smile and a thank you from the people you helped. Learn more here: <https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

<https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



News Around the Diocese

Lenten Evening of Reflection for Couples—Wednesday, March 13.

Are you looking for a meaningful and enriching experience to deepen your faith and strengthen your marriage this Lent? Look no further! Our upcoming Evening of Reflection for Couples will explore the fascinating topic of the Jewish Roots of our Catholic faith, with a special focus on the Eucharist. Join us as we delve into the Jewish hopes for the Messiah, the significance of Jesus instituting the Eucharist during Passover, and the profound meaning behind Jesus' words, "This is my body. This is my blood." This reflection promises to be an unforgettable journey of discovery and connection for you and your spouse. Don't miss out on this opportunity to grow in faith and love together! Register now. Married and Engaged couples are invited to attend! The evening will begin with mass and includes dinner, talk, time for quiet reflection and the opportunity for confession. \$85 per couple. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Registration is required so that we can properly prepare.

Married Couples—Why not give yourselves a weekend away from it all. Time away from the pressures of work and everyday responsibilities. A chance to talk and listen to that special someone who loves you. If that sounds good to you, sign up now for a Worldwide Marriage Encounter Weekend. For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are a few upcoming experiences: April 12-14, 2024 - Herndon, VA; May 3-5, 2024 - Hickory, NC; September 27-29, 2024 - Herndon, VA

Do you love someone with a drug or alcohol problem?

—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more

information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held on: Mondays, 7-8pm, Cascades Library, or via Zoom on Federal Holidays and Thursdays, 7-8pm, Leesburg Presbyterian Church.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

10th National Eucharistic Congress—You are invited to join the Diocese of Arlington for the historic 10th National Eucharistic Congress to be held at the Lucas Oil Stadium in Indianapolis, Indiana, July 17-21, 2024. Tour packages including accommodations and a ticket to the Congress are available through Corporate Travel Services. For pricing and more information, check out our website at <https://www.arlingtondiocese.org/national-eucharistic-revival/>.

News Around the Diocese Continued

2024 Bishop's Lenten Appeal (BLA)

—The theme for the 2024 BLA is shared with the theme of our Diocesan Jubilee: “Behold, I make all things new.” After reflecting upon the blessings God has given you, please prayerfully consider a pledge. As we look forward to the celebration of the 50-year Golden Anniversary of our diocese, let us renew our commitment to the Lord and be inspired to share what we have received from Him.

You make a gift at:

www.arlingtondiocese.org/BLA or scan this QR code.



SCAN ME

Registration Now Open! Behold, I Make All Things New

—Join women from around the Diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer. Our 2024 gathering will feature the awe-inspiring reversion story of Patricia Sandoval and a powerful presentation by Sr. Mary Madeline Todd, O.P. about the true dignity and vocation of every woman. Saturday, **March 9, 2024**, from 8:30am- 2:30pm. Sign-in begins at 7:30am with confession, coffee, and pastries. Mass will be celebrated by Bishop Michael F. Burbidge at 11:15am at St. Joseph Catholic Church, 750 Peachtree Street, Herndon. Cost is \$65 until February 1, 2024, \$80 after. Feb 1, 2024 Register at arlingtondiocese.org/women.

Diocese of Arlington Teacher Job Fair

—Please join the Catholic Schools in the Diocese of Arlington for our 2024 Teacher Job Fair on Saturday, **March 9** from 9-11am at St. Bernadette Catholic School, 7602 Old Keene Mill Road, Springfield. Meet school representatives and representatives from the Office of Catholic Schools to explore teaching in one of our schools.

Three to Get Married Marriage Prep in 2023—Mar 7-10; Apr 11-14

A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Visit ourladyofbethesda.org. Our Lady of Bethesda Retreat Center.

St. Patrick's Day Concert—Christ the Redeemer is hosting a FREE St. Patrick's Day Concert featuring CTR's own Tam and his “mostly Irish” band Fri., **March 15th** at 12pm. Bring your own lunch. We will serve cookies and drinks. Questions: Contact Joan Ashdown at Jashdown710@hotmail.com

The Passion Narratives Retreat for Men and Women

—The Four Gospels give us clear accounts of the last hours of Jesus and His suffering, death, and resurrection. Come to the Arlington Diocese's San Damiano Retreat Center in White Post, VA and join Fr. Riley in silence and solitude to read, think, and pray our way through the Gospel accounts -- comparing and contrasting the reports and vision of the evangelists as we follow Christ through darkness and suffering and death...and beyond. The retreat is open to men and women. It begins at 5pm on **Friday, March 15**, and ends at 1pm on Sunday, March 17. Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.

New Lenten Retreat for Women—

Mar 16-17, 2024—Experience the essentials of the Spiritual Exercises in this abbreviated one-night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Additionally, you will have plenty of free time to explore the beautiful natural surroundings of the retreat center and spend time in personal reflection. Registration is required. Cost: \$150 per person. Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Miracles Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

Men's Evening of Reflection Series

—Looking to grow in your relationship with Christ? This series provides Catholic formation with spiritual talks, reflection, prayer, and fellowship. Mass and opportunities for confession are also offered. The next session Wednesday, **March 20**, from 7-9pm at

Divine Mercy University, 45154 Underwood Drive, Sterling. For more information or to register, contact Charlie McCullough at mccullough.charlie@gmail.com or 703.969.2930.

Silent Retreat Weekends in Lent—

For Men: **Mar 22-25** (Palm Sunday Weekend) Join us for a weekend of peaceful reflection and spiritual renewal, away from the hustle and bustle of everyday life. Our expert retreat leaders will guide you through a series of meditations and exercises designed to deepen your connection with God and help you find inner peace. These retreats are based on the Spiritual Exercises of St. Ignatius of Loyola. Registration is required. Cost: \$300 per person. Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, A Place to Encounter Christ! 7007 Bradley Blvd., Bethesda, MD 20817. Don't wait - sign up now for this life-changing experience!

Lenten Personal Retreat Day—Fri,

Mar 8; 9am-4pm. Are you ready to Accompany Christ this Lent? Do you want to deepen your relationship with Him and renew your spirit? Then join us for a Personal Retreat Day this Lent! This is the perfect opportunity to take a break from your busy life and focus on your spiritual journey. Our experienced team will guide you through this meaningful day and help you connect with God in a deeper way. The retreat schedule allows for one-on-one spiritual direction (optional), quiet reflection, Mass, Confession and Eucharistic Adoration, plus lunch; so you will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$110 per person. Advance Registration is required. So don't wait, sign up now and join us for a positive step towards a more peaceful, and holy Lenten season. Visit our website to register and to find more dates at ourladyofbethesda.org. Or call 301.365.0612. We also have Mini-Retreats for Women and Evenings of Reflection for Men, each month. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

Parish Offices

Secretary: Kelly Cosenke, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Little Flower Consignment Sale-

Next Saturday- March 9th

Plan to shop one of the largest children's consignment sales in Loudoun County, offering baby and children's clothing, toys, baby gear, books, furniture and more. Proceeds go to families in need in Loudoun County through Divine Mercy Outreach!

Car Raffle Update

Car raffle tickets have been mailed to each family. Through ticket sales, charitable causes and parishes (including our own) throughout the area are able to provide for many needs such as families in need through Divine Mercy Outreach. In addition, each purchaser has a chance to win four cars plus cash prizes! This makes "selling" at work or to family and friends more like an opportunity - just show them the ticket - it will sell itself! Please note that raffle tickets must be processed at All Saints. Please mail directly to All Saints in the envelope provided. Checks should be made payable to ALL SAINTS. Want more tickets or have questions? Contact Loan Jella on Mondays at 703.729.2334 or dmoassis-tant@sainttheresaparish.com

Divine Mercy Devotional Materials

- Spirituality books and devotional materials will be available in the parish vestibule beginning Ash Wednesday and throughout Lent.

Stop by to pick up excellent Lenten reading or a rosary or cross for your home or as a gift. Suggested donation is indicated on all items. Any questions or suggestions contact Mary Sue Himpler at 571.332.7045.

Monetary Donations—Your donations make a difference in the lives of struggling families! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances that need help in moving forward.

Donations accepted online, by mail or drop off to the parish office. Indicate DMO in the memo of the check. To donate online— <http://www.sainttheresaparish.com> and click on "Donate"! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Bed Ministry—volunteers with trucks or Large SUVs needed especially! Consider taking a short time out of your day to bring some light into another's life. Extra helpers needed to bring new beds and bedding from our storage to families moving out of the shelters and other families in need.

Interested, contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry

Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

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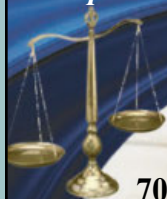
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