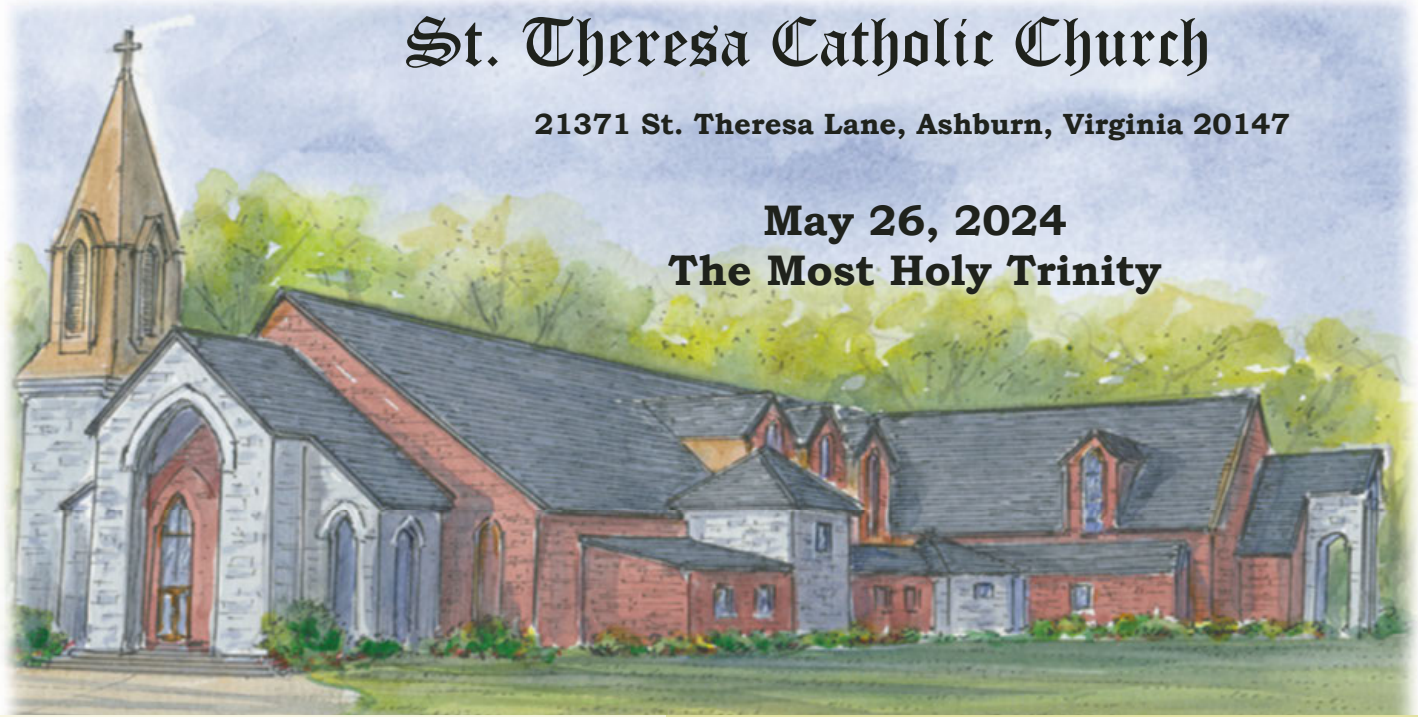


St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

May 26, 2024
The Most Holy Trinity



Masses for the Week

Mon, May 27	6:15— The Garcia Family+ 8:30— Joseph Morrissey+
Tues, May 28	6:15— James & Dagmar Cook+ 8:30— Robert Mica+
Wed, May 29	6:15— Suellen Kilfeather 8:30— Jacob Peters 12:15— Kelsey Farmer Hockenbury+
Thurs, May 30	6:15— Marilyn Stavely+ 8:30— Mark & Bruce Voss+
Fri, May 31	6:15— Michael Perez 8:30— Christine Carrescia+
Sat, June 1	8:30— Minh Nguyen & Lanh Nguyen+ 5:30— Teji Manalel
Sun, June 2	7:30— John Carter+ 8:45— Lois Kathleen Miller+ 10:30— Rev. Paul Eversole 12:30— St. Theresa Parishioners 5:00— Aldoris Engelhardt+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Twill (Mary) Cotter, Pamela, Hoeft, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjar-ean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris, Anabelle Huster, Russell Ramons.

Prayers For Our Military: Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquni, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr, Jack Hayes.

The Daily Devotions of the Week—Wednesday

Just as each month of the year is traditionally devoted to one single aspect of our Catholic faith, so too is each day of the week. On Wednesdays, we remember St. Joseph. Most everyone knows about the holiness of the Blessed Virgin Mary. She outshines all the other saints in heaven just as the full moon outshines the stars. But have you ever considered that St. Joseph—chosen by God to be the spouse of the Blessed Mother—must have had a degree of sanctity comparable with hers? Remember that marriage takes place between equals. How close to God St. Joseph must be! Furthermore, St. Joseph has a special role in guarding and protecting the Church, and all of us who are in it. Just as St. Joseph was the guardian and protector of Jesus in his earthly life, so too does St. Joseph continue to protect Christ's Mystical Body, his Church.

St. Joseph is the patron saint of fathers, of families, of workers, of expectant mothers, of travelers, and perhaps most importantly, he is the patron saint of a happy death—because he died in the presence of both Jesus and Mary. We ought to allow St. Joseph to become a part of our regular spiritual life, and one of the best ways to do it is to add a St. Joseph devotional prayer each week on Wednesday. Here are a few prayers you may wish to offer:

Prayer to St. Joseph for the Grace of a Happy Death:

O Glorious St. Joseph, I choose thee today for my special patron in life and at the hour of my death. Preserve and increase in me the spirit of prayer and fervor in the service of God. Remove far from me every kind of sin; obtain for me that my death may not come upon me unawares, but that I may have time to confess my sins sacramentally and to repent of them with a most perfect understanding and a most sincere and perfect contrition, in order that I may breathe forth my soul in the hands of Jesus and Mary. Amen.

Prayer to St. Joseph for the Conversion of a Loved One:

O glorious St. Joseph, who merited to be called 'just' by the Holy Ghost, I urgently recommend to thee the soul of (N.), which Jesus redeemed at the price of His Precious Blood. Thou knowest how deplorable is the state and how unhappy the life of those who have banished this loving Savior from their hearts, and how greatly they are exposed to the danger of losing Him eternally. Permit not, I beseech thee, that a soul so dear to me should continue any longer in its evil ways; preserve it from the danger that threatens it; touch the heart of this prodigal child and conduct him back to the heart of the fondest of Fathers. Abandon him not, I implore thee, till thou hast opened to him the gates of the heavenly city, where he will praise and bless thee throughout eternity for the happiness which he will owe to thy powerful intercession. Amen.

Pope Leo XIII's Prayer to St. Joseph:

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness. As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Youth Education and News



Office Hours:
Mon–Thurs. 9am–4pm; Fri. 9am–noon

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at

connie@sainttheresaparish.com or call 703.729.3714.



ymoffice@sainttheresaparish.com

June

Sunday, the 2nd–Upper Room Squad, 6–8pm

Sunday, the 9th–Upper Room Squad, 6–8pm

Thursday, the 13th–Work Camp Preparation Meeting – 7–8:30pm

Sunday, the 16th–Upper Room Squad, 6–8pm

Saturday, June 22nd–Friday, June 28th – Work Camp – Frederick County, Virginia

Sunday, the 23rd–Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 24th–Food Sort by Expirations Dates, 7–8:30pm

Tuesday, the 25th–Load food for transport, 6:15–7pm



STCS May Crowning



Thank You! The St. Theresa Catholic School PTO Annual Auction, **“A Night in Black & White”** was a great success, and we could not have done it without the help of our wonderful sponsors! Special thanks to: **Dr. Valerie Woo/NOVA Pediatric Dentistry & Orthodontics, Benny Perez/The Abate Agency, Drs. Mook & Switaj/OrthoVA, PJI Law, The Salvetti Law Group, Legacy Law Centers, Noth-ing Bundt Cake/Dulles, Pointerra,**



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com

Bobbio Family Dental at Birchwood, Kyle Knight/State Farm, IPS Center for Psychological Services, Mrs. Erin O'Malley, Mr. John Faett, & Ms. Karen Matthews. We are so grateful for your support of our students and school community!

STCS families, please mark your calendars for the following events, and watch for details in the **Thursday Thunder** email newsletter:

Monday, May 27—

No school, Memorial Day

Thursday, May 30, 8th Grade last day of school—

Sunrise Breakfast; Mass with Kindergarten Buddies; Awards Ceremony, Traditional Send-off & Car Parade

Friday, May 31—

11:30 dismissal for students

Tuesday, June 4—

5th Grade Bridging Ceremony

Wednesday, June 5—

Kindergarten Celebration;
11:30am early dismissal;
8th Grade Graduation

Thursday, June 6—

Last Day of School (regular dismissal time) – Happy Summer!

Join our joyful team – we're hiring!
St. Theresa Catholic School is accepting applications for a 4th Grade

Teacher, part-time Instructional Aides, and part-time Extended Day Care Program staff for the

2024–25 school year. Please send your resume, cover letter, and references to HR@sainttheresaparish.com.

Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life? We have a few openings remaining for the 2024–25 school year; please visit our website at www.stsashburn.com (click “Admissions”) or email Admissions Director Denise Rotell, rotell@stsashburn.com for more information.

Calling all St. Theresa Catholic School Alumni & Alumni Families!

We would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to alumni@stsashburn.com



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

News from our Parish

All women are invited to a Healing Workshop for Women—Do you long for greater peace and joy? Do you ever feel stuck and that the promises of God aren't meant for you? Join us for Made for More: A Healing Workshop for Women on the Journey of the Beloved on Thursday, **May 30th** from 6:15 pm - 9:15 pm in the St. Theresa Parish Center in Ashburn, VA. Workshop leader Elizabeth Leon will guide you through an evening of prayer, hope, and restoration. Drawing from scripture and Catholic teaching, we will discover how our brokenness can lead to healing, claim God's promises, and identify barriers to letting ourselves receive Christ's love. \$30 cost includes workshop materials and a light supper. Scan code to register or visit www.journeyofthebeloved.com. Questions? Contact Elizabeth Leon at onegratefulgirl@verizon.net



Are you looking for ways to serve the Church and join community?—Have you ever thought

about being an Usher? St. Theresa's is inviting all parishioners to consider serving in this amazing Ministry! Come join fellow parishioners in all the fun and hospitality of being an Usher! It can be as flexible as you choose. Reach out to Usher Ministry at sttheresaushers@gmail.com for more information! We are SO excited to have you join us!



St. Theresa Catholic School
Join our team!
STCS is accepting applications for:
4th Grade Teacher
Instructional Aides (part-time)
Extended Day Care Staff (part-time)
We are hiring for the 2024-25 school year! Please send your resume, cover letter, and references to HR@sainttheresaparish.com



ST. THERESA CATHOLIC CHURCH
Ashburn Catholic Young Adults
SUMMER SCHEDULE
COME AT 6:15PM THROUGH THE FRONT ENTRANCE

Prayer Series	Dating Series
MAY 20 Introduction to a Better Prayer Life	JUL 1 Attraction
JUN 3 Structuring Our Prayer Lives	JUL 15 The Proper Role of Emotions
JUN 17 How to Meditate in Prayer	JUL 29 Basics of Successful Dating for a Christian
Other Events	AUG 12 Building Mature Love
MAY 25 Summer Kickoff at Hanson Regional Park	

ST.THERESAS.YA@GMAIL.COM
FOLLOW US ON INSTAGRAM @ASHBURNCATHOLICYA

Committed Adorers Needed

We have a need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 9:30am, 1:00, 2:00, 3:00, 5:30 and 11:00pm

Monday: 10am, 4:30pm

Tuesday: 4:30, 6:30, 10:00 and, 11:00pm

Wednesday: 5:30, 7:00, 9:30, 10:30 and 11:30pm

Thursday: 8:00 and 10:30am and 6:00pm

Friday: 8:00 and, 11:30am and 3, 6:30, 8.30, 10:00 and, 11:00pm

Saturday: 11:30am, 4:00, 6:00, 7:00, 8:00, 9:00, 10:30 and 11:30pm



To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.

Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, substitute adorers will provide one-time coverage.



Knights of Columbus



KOVAR: The Knights of Columbus will be collecting for KOVAR at all Masses June 1st and 2nd. KOVAR is a Virginia charity and works to provide assistance through grants and home loans to special-needs facing organizations. These organizations give training and assistance to persons with intellectual disabilities. We need your help through donations to fund this vital charity. Thank you for your generosity in giving to KOVAR.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



Adult Education and Spiritual Enrichment

Padre Pio Group—St. Pio of Pietrelcina (Padre Pio) is known for his gift of healing. When you become a child of Padre Pio, he also takes into prayers your entire family. Won't you join us on the first Friday of every month as we pray the rosary and ask Padre Pio to be your helper in heaven. Pray, Hope and don't worry.... First Fridays at 6:30 pm Our next meeting will be June 7, St Theresa Administration building in the Saint Louis Martin Room. Questions, please contact Mirella McAleer 703.463.0847

That Man is You (TMIY)—Are you looking to strengthen your faith? Make new friends in the parish? Be-

come a better husband and father? We started a 12-week program on May 4 designed to meet all three questions -- we covered Masculinity and Brotherhood in our first sessions and will start again after Memorial Day on Saturday June 1st. We welcome new and past participants. We meet in the school on Saturday mornings 6:30-8am. For more information, contact Jack Hayes at 703.537.6418 or jack.hayes422aol.com.

Women's Discipleship Group—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the

upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting in May, we will be watching the series, "Jesus And The Dead Sea Scrolls" with Dr. John Bergsma and Fr. Dave Pivonka. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?—Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wed, 7:15pm; or Sat, 9:15am.

News Around the Diocese

SPRED Special Religious Development (SPRED) is a program designed to support and serve children with developmental disabilities and will be offered this fall at St. Francis de Sales Parish for the 2024-2025 Religious Education year. The program meets for 12 sessions on Saturday mornings (10am-12pm) throughout the year, September – April.

We are currently seeking volunteers from surrounding parishes to be Catechists (lead catechist, music catechist, arts and crafts catechist, meal/snack catechist), for SPRED. If you are over 18 years of age and interested in working with people with disabilities, please consider volunteering with the SPRED Program. You will receive far more than you can ever give! VIRTUS training is available this summer for anyone not yet trained. Enrollment begins July 1st for elementary (ages 6-

10) and middle school children (ages 11-16). For more information, please contact Diane Taylor, DRE, at 540.338.6381 or email at d.taylor@saintfrancisparish.org.

Spanish Interpreters Needed—Please consider volunteering as an Interpreter for the Catholic Charities Mother of Mercy Free Medical Clinics. You can volunteer remotely or in-person at the Manassas or Woodbridge locations. The clinics provide free, quality healthcare to low-income individuals who are uninsured or under-insured. Pope Francis said, "In the poor and outcast we see Christ's face; by loving and helping the poor, we love and serve Christ." If interested, follow this link <http://bit.ly/MomNewVolunteer>

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catho-

lics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held on: Mondays, 7-8pm, Cascades Library, or via Zoom on Federal Holidays and Thursdays, 7-8pm, Leesburg Presbyterian Church.

More News Around the Diocese

New Name-Same Mission—Birthright of Loudoun County is now **Agapé Pregnancy Center of Loudoun**. We feel called to step out on our own so that we can grow and expand our mission to better serve mothers and their precious children. With your continued support, Agapé Pregnancy Center of Loudoun will expand our services in many ways, including but not limited to- referring for ultrasounds to trusted pro-life clinics and mobile ultrasound vans; and affiliate with other pro-life agencies and non-profit programs throughout the community; all to ensure the health and well-being of our mothers and babies from pregnancy on. Agapé Pregnancy Center of Loudoun remains unapologetically pro-life, staunchly pro-woman and forever pro-faith. You can reach us at 16 Royal Street, Leesburg, VA 20175; zoe.byer@agapeofloudoun.org or 703.777.5026.

2024 Days of Prayer and Healing—After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be Saturday, **June 1**. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org

NEW 24 Hours with Christ Retreat
For Women: **Jun 1-2, 2024**
For Men: **Aug 17-18, 2024**
Experience the essentials of the Spiritual Exercises in this abbreviated one-night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Additionally, you will have plenty of free time to explore the beautiful natural surroundings of the retreat center and spend time in personal reflection. Registration is required. Cost: \$159 per person (Early-Bird Rate.) Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Miracles

Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

Three to Get Married Marriage Prep —Jun 6-9, Jun 20-24 / Aug 22-25

A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited, so reserve your spot today! Visit ourladyofbethesda.org. Our Lady of Bethesda Retreat Center.

Your Personal Retreat Day Awaits— Fri, **June 7**, Fri, **Aug 23**, 9am-4pm

This summer, immerse yourself in a day of spiritual nourishment at Our Lady of Bethesda Retreat Center. Our experienced team is here to guide you on a journey of deep connection with God. The retreat schedule is thoughtfully crafted to include one-on-one spiritual direction optional, Mass, Confession, Eucharistic Adoration, and lots of time for quiet reflection; plus, a nourishing lunch will fuel your midday. Allow yourself to be cared for and rejuvenated as you open your heart to the profound love Our Lord has for you. Cost is \$108 per person, if registered by the early-bird deadline. Advance Registration is required. So don't wait, sign up now and embrace this sacred time to nurture your soul and strengthen your faith. Visit our website to register and to find more dates at ourladyofbethesda.org. Or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

Diocesan Jubilee Festival: Saturday, June 8, 2024—Bishop Burbidge invites you to the Diocesan Jubilee Fest at Warren County Fairgrounds in Front Royal, Virginia on Saturday, June 8, 2024! Celebrate the 50th anniversary of the Diocese of Arlington with your parish family and thousands of faithful from across northern Virginia. Kick off the festival giving thanks to God with the celebration of the Holy Sacrifice of the Mass, celebrated by Bishop Burbidge. Following Mass, enjoy live music by headliner Celtic rock band, Scythian. This is a free event for all ages! Registration is required to receive a complimentary meal. Visit arlingtondiocese.org/jubilee-fest to learn more and register!

Holy Spirit: The Guiding Light to Overcome Teenage Problems—June 8, 2024, 8am-5pm. The Teenage Enrichment for the Apostles of Mary (T.E.A.M. Retreat) is sponsored by the Legion of Mary at Holy Trinity Jubilee Park Inc., 4407 Aldie Road, Catharpin, VA. Open to all Catholics ages 12-18. Come and join us for an exciting day with holy Mass, Benediction, Confession, Eucharistic Procession, uplifting talks, skits, and three hours of exciting activities. The speakers are: Rev. John Melmer and Rev. Jeb Donelan. Fee is \$35 p/p and \$45 after May 31, which includes refreshments. Bring a bag lunch, water and rosary. Mark your calendar and register early. To obtain registration forms or to inquire about the retreat, call Dr. Seggy Acosta at 703.392.6420, Cholina Donovan 703.727.2845, Irving Vargas 571.799.6968. Scholarships are available based on financial needs.

Blessed Carlos Acutis Eucharistic Miracles Exhibit—at Saint Raymond of Penafort Church **June 14-16**. This exhibit, along with a first-class relic of Blessed Carlo, will be on display in the Parish Hall (8750 Pohick Road, Springfield, VA) Friday 2-7 pm, Saturday 9 am-7 pm and Sunday 9 am-4 pm. You can browse through the exhibit at your own pace, take time to venerate the relic, as well as enjoy a 35-minute video on the life of Blessed Carlo Acutis. During these years of Eucharistic Revival, let us take advantage of this opportunity, to not only learn more about this Saint of our times, but to also draw closer to the Real Presence of our Eucharistic Lord.

Weekend Discernment Retreat for Women—Has God made your heart for religious life? Take a step to find out. The annual diocesan discernment retreat for single women who feel called to a religious vocation is Friday-Sunday, **June 14-16**. The Carmelite Sisters of the Most Sacred Heart of Los Angeles will lead the retreat this year. It will also include tools to aid your prayer and discernment, as well as opportunities for prayer, confession, spiritual direction, and Q&A with the sisters. Cost is \$150 (financial assistance is available). For more info or to register, contact Fr. Michael Isenberg at vocations@arlingtondiocese.org. Space is limited; deadline to register is Monday June 3.

News Around the Diocese Continued

WorkCamp Mission Trip—Join Commissioned By Christ in partnership with the Office of Young Adult Ministry for a mission trip within our own diocese! Help to complete unfinished light construction projects remaining from the Diocese of Arlington Catholic WorkCamp. Dates: Saturday, **June 29-Tuesday, July 2**. Cost: \$450, includes meals and stay at San Damiano retreat center in White Post, VA. This mission trip is open to all over the age of 18. To register or for more information visit www.cbc-missions.org. Don't miss this opportunity to be a part of something truly transformative!

Experience the Week-Long Spiritual Exercises this Summer!—Women: **July 8-15**; Lay Men: **July 23-28**; For Priests: **July 23-31**. The Week-Long Spiritual Exercises are for those well familiar with mental prayer, silence, and the Ignatian Spiritual Exercises. This format allows more time for personal prayer. With longer periods of silence, you are challenged to stretch your soul, thus engaging in deeper intimacy with God. A trained spiritual director will be available for the daily colloquy to help you detect and understand the movements of the Holy Spirit in your soul. Cost: \$675 per person for the lay retreats; \$975 for the priest retreat. Details on our website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Registration is required so that we can properly prepare.

10th National Eucharistic Congress—Join the Diocese of Arlington for the historic 10th National Eucharistic Congress at the Lucas Oil Stadium in Indianapolis, IN, **July 17-21**. Tour packages including accommodations and a ticket to the Congress. For more info, check out our website at <https://www.arlingtondiocese.org/national-eucharistic-revival/>.

Attention Class of 2024! The Associates of St. John Bosco (ASJB), a Catholic non-profit in Northern Virginia founded by Fr. Christopher Vaccaro, will be hosting 5 free College Nights for graduated high school seniors heading to college this summer.

2024 College Night Dates & Locations

July 2nd - St. Mark (Vienna)
July 11th - St. Theresa (Ashburn)
July 16th - Holy Trinity (Gainesville)
July 23rd - Basilica of St. Mary (Alexandria)
July 30th - St. Mary of the Immaculate Conception (Fredericksburg)

These events help rising college freshmen network with other Catholics heading to college, and give students the tools to navigate the often difficult transition of faith life in college. Students hear from upperclassmen who give their personal tips and testimonies about how they transitioned to college and maintained a strong faith life. There are small groups divided by students' universities and students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a free pizza dinner, too. Registration is FREE! To register, please visit: <https://www.asjb.org/student-registration>.

Summer 2024 Spiritual Retreats for Women at Our Lady of Bethesda Retreat Center—Hello lovely ladies! Are you ready to embark on a journey of self-discovery and spiritual growth this summer? Join us for a women's retreat inspired by the Spiritual Exercises of St. Ignatius. Whether you can spare just one night or are looking for a week-long escape, we have the perfect duration to suit your needs. Come, ignite your spirit and immerse yourself in a transformative experience at one of our upcoming retreats. Let's embark on a soulful adventure this Summer! Find more details on our website www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187.

Married Couples—A Worldwide Marriage Encounter Experience is like Spring-time. It's a weekend of fresh air, the rebirth of romance and new beginnings. If you'd like to make your marriage even more special than it already is – sign up now for an experience near you!

For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark

and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are a few upcoming experiences: **September 27-29**, Herndon, VA; **November 15-17**, Virginia Beach, VA

St. Paul VI Catholic High School is hosting various camps this summer, including band, baseball, basketball, cheer, dance, football, field hockey, lacrosse, soccer, and more. All will take place on our campus at 42341 Braddock Rd, Chantilly, VA. Visit www.paulvi.net/summercamps for details and to register.

News From John Paul the Great High School—John Paul is still accepting applications for the 2024-2025 school year! For more information and to apply please visit: https://www.jpthegreat.org/apps/pages/how_to_apply

John Paul the Great Summer Camps JP Summer Camps registration is now open! Sign your elementary and middle school-age children up for a variety of athletic and enrichment camps during the summer months. For registration and more details, please visit: <https://www.jpthegreat.org/apps/pages/summeractivities>

Thursday Night Gatherings at GMU's Bellarmine Chapel—The Catholic Campus Ministry at George Mason University is hosting Thursday Night Gatherings (TNG) for all local college students and graduating high school seniors on **Thursdays in June and July**, 7-9 p.m., at the St. Robert Bellarmine Chapel (4515 Roberts Road, Fairfax, VA). It's a great way to meet college students from different schools and stay connected to the Faith! Follow us @catholic.patriot on Instagram! Find out more at www.gmuccm.org or email jhernandez@ccmgmu.org. (Please note: No TNG on July 4th!)

"We suffer with Him so that we may also be glorified with Him." How are you being called to glorify the Lord in response to His love? Could God be inviting you to the priesthood or consecrated life? Contact Fr. Michael Isenberg, michael.isenberg@arlingtondiocese.org or 703.841.2514.

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Email: schooloffice@stsashburn.com
Fax: 703.729.8068

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Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Car Raffle

Thank you to all who participated! \$30,000 was raised to help families in need! God bless you!

Fall Consignment Sale Date- Mark your calendar Sept 28th!

Parish Pantry- Items needed

Your help is needed. At times we have families or individuals with urgent food/toiletry needs. Please help with the following items: Hearty soups, canned chicken and tuna, Vienna sausages... canned chili, sloppy joe and chili packets, nuts, peanut butter or cheese crackers, protein bars, rice/noodle dish packets, toilet paper and laundry soap. Drop off to the parish office preferred but can be dropped off in our Outreach boxes at church also. Thank you!

Do you have furniture items to donate?—Consider donating to help families in need. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Friends in Need—Provides meals on a short- term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Donate

Your donations make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com>

and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Bed Ministry—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too!

It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

Please do not leave clothing at church. We are not accepting clothing donations.

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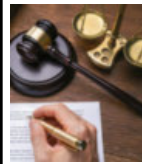
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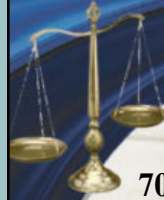
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