

## Masses for the Week

Mon, July 8	6:15— Julia Paz McGuire 8:30— Leonard & Mary Catherine Stevens+ 12:15— Michael A. Miranda+	Sunday Weekda
Tues, July 9	6:15— Miles Family L&+ 8:30— Linda Price & Family	Holy D
Wed, July 10	6:15— Beverly Hiltabidle 8:30— Toy Manalel 12:15— Harold Gomes+	Holy H Confes
Thurs, July 11	6:15— Tommy Sayers+ 8:30— James S. Crumpler, Sr.+	
Fri, July 12	6:15— Andres & Rita 8:30— Robert Mica+	**Fede
Sat, July 13	8:30— Robert Burton+ 5:30— Frances Tabash+	Reverer Reverer
Sun, July 14	7:30— The Cummings Family 8:45— Thomas M. Freschi+ 10:30— Shebel Go Robinson+ 12:30— Jennifer Tellis 5:00— St. Theresa Parishioners	Reverer Reverer Deacon Deacon Deacon

# **Prayers For Our Military:** Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr.

**Prayers For The Sick**: Ronald Lewis Cricks, Tom Poerstel, Pamela, Hoeft, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris.

## **Parish Mass Schedule**

	Saturday:	8:30am, 5:30pm Vigil Mass		
	Sunday:	7:30, 8:45am & 10:30am		
		12:30 & 5:00pm		
	Weekdays:	6:15 and 8:30am, Monday through Friday		
		12:15pm, Mondays (except Federal Holidays)		
		and Wednesdays		
	Holy Days:	As announced		
	Holy Hour:	Wednesdays, 7pm		
	<b>Confessions:</b>	Wednesdays, 9am (until line ends);		
		Holy Hour, 7pm (until line ends);		
		Saturdays, 4pm (until line ends);		
		and by appointment		
**Federal Holidays—6:15 and 8:30am Masses only				

## Clergy

Reverend James C. Hudgins, Pastor Reverend Paul Dudzinski, Parochial Vicar Reverend Christopher T. Vaccaro, Parochial Vicar Reverend John F. O'Farrell, Parochial Vicar Deacon Paul C. Konold Deacon Anthony J. Renzette Deacon Matthew K. Noah

## Four Truths About Marriage, from the Catechism

At a time when so many people understand marriage as merely a legal contract between two people with romantic feelings for one another, let's take a look at the truth about matrimony, with an eye towards living it more deeply:

# 1. The matrimonial covenant, by which a man and a woman establish between themselves a partnership of the whole of life, is by its nature ordered toward the good of the spouses and the procreation and education of off-spring. (CCC 1601)

- A "covenant" is not a contract. A contract is the exchange of items, but a covenant is the exchange of persons. God entered into a covenant with Israel, and Jesus made it new with his blood on the cross. A covenant is the most sacred union possible.
- Marriage has "a nature," which means its design comes from God. It is not ours to determine, or change.
- Parents have a duty to "educate" their children in the faith. It is a sacred obligation, and they will answer to God for their faithfulness, or negligence.

# 2. Since God created them man and woman, their mutual love becomes an image of the absolute and unfailing love with which God loves man . . . And this love which God blesses is intended to be fruitful and to be realized in the common work of watching over creation. (CCC 1604)

- God's first command in the entire Bible seems is, "be fruitful and multiply." Marriage is meant to reflect the love of God, which is why openness to new life is an undeniable part of matrimony.
- "God looked at all he had made, and he found it very good." Why new life? Because it's very good!

# 3. Holy Scripture affirms that man and woman were created for one another. The woman, 'flesh of his flesh,' his equal, his nearest in all things, is given to him by God as a 'helpmate'; she thus represents God from whom comes our help. (CCC 1605)

- Women and men are different, thanks be to God! What many seem to miss is that "different" does not mean "lesser." We do our society a grave injustice by trying to make men and women interchangeable and identical. Men and women are perfectly complementary in body, mind, and spirit. Without this male-female complementary, marriage simply does not exist.
- Marriage is honored as a sacrament because it reflects God's relationship with creation. God's relationship with creation is spousal in nature, and matrimony is designed to reflect that.

#### 4. The experience [of evil all around and within us] makes itself felt in the relationships between man and woman. Their union has always been threatened by discord, a spirit of domination, infidelity, jealousy, and conflicts that can escalate into hatred and separation. To heal the wounds of sin, man and woman need the help of the grace that God in his infinite mercy never refuses them. (CCC 1606,8)

- It is broken and sinful souls who enter into matrimony. To be strong in virtue, we must fight against the allure of evil. A holy marriage doesn't happen by accident.
- Husbands and wives must be deeply aware of their own sinfulness (particularly their inclination to sin against each other,) and be willing to persevere. They must keep asking for forgiveness from God and from one another, and must never stop praying!

Our society needs strong marriages, and we who believe in Christ must strive to lead the way, as best we are able!

God bless you...and St. Theresa, pray for us!

Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

## **Wanting to hear Fr. Hudgins' homilies?** You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

www.sainttheresaparish.com 703.729.2287 Parish Office Hrs: M-F--9:30am-3:30pm (closed for lunch 12-1)

## Youth Education and News

## RELIGIOUS 📖 EDUCATION

Office Hours: Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

5th Grade

Bridging to Middle School

Ceremony 2024

ymoffice@sainttheresaparish.com

### Julv

Sunday, the 7th-Upper Room Squad, 6-8pm

Thursday, the 11th-Associates of Saint John Bosco College Night for Graduating Seniors & Transfer Students (7pm in the gym). Must register at https://www.asjb.org/collegenights

Sunday, the 14th-Upper Room Squad, 6-8pm

Sunday, the 21st-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 22nd-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 23rd-Load food for transport, 6:15-7pm

Sunday, the 28th-Upper Room Squad, 6-8pm





STCS Families, we hope you're having a fantastic summer! Summer has a way of flying by -- don't forget to

check the school website (stsashburn.com, click on "Parent Links") for Summer Reading and

Educating Tomorrow's Catholic Leaders

www.stsashburn.com

Math for each grade level! Assignments are due when school begins on August 22.

Summer Office Hours: The STCS Office is open Tuesdays, Wednesdays, & Thursdays, 9:00am-1:00pm during summer break.

Parishioners & STCS Parents. SAVE



THE DATE for the 14th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance! The tournament is on

Monday, October 7, 2024 at Belmont

Country Club in Ashburn. Registration opens August 1st – get your foursomes lined up, we're looking forward to another fantastic event!

STCS Parents, order your school supplies TODAY - the deadline is **July 9!** STCS is partnering again with Sprout School Supplies to make your back-to-school easy! Please see the Thursday Thunder newsletter, or visit our school website (stsashburn.com. click "Parent Links") for ordering information.

We're hiring! St. Theresa Catholic School is accepting applications for a 4th Grade Teacher, part-time Extended Day Care Program staff, and part-time Cafeteria Staff for the 2024-25 school year. Please send your resume, cover letter, and references to HR@sainttheresaparish.com

2024-25 Admissions Update: We have a few openings remaining for the 2024-25 school year; please visit our website at www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotelld@stsashburn.com for more information..

## **Knights of Columbus**

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here

to help! Projects should take no more

than 1-2 hours and involve no more than 1-2 men.

Please submit your request on our website at: https://www.stlouismartin-kofc.org/handy-manservices.

**Catholic men**: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at:

https://www.st-louismartin-kofc.org/ fags or to submit a request for more information or to be con-

tacted by our Membership Committee scan the following QR code.



## **News from our Parish**

**July Baptism Class**—Just a reminder that the July Baptism Class will move to **Thursday July 11** due to the July 4th holiday. The start time will still be 7pm.

Pilgrimage—Father Guest will lead a 14 Days Pilgrimage to Portugal and Spain this Fall from October 6 to 19, 2024. We will visit Lisbon, the birthplace of St Anthony; walk the path Lucia, Francisco and Jacinta walked to Cova da Iria in Fatima and visit the site of the Miracle of the Sun in 1917: visit the Santa Maria Church in Obidos; visit the Sanctuary of Our Lady of Sameiro and Bom Jesus do Monte in Braga; walk the 2 last miles of The Way to Santiago de Compostela, visit the crypt of St James; explore the City of Covadonga and visit the Basilica of Santa Maria la Real de Covadonga where St Paul II visited in 1089; visit

the Sanctuary of Arantzazu, the site of Mary's apparition among the thorns to shepherd Rodrigo de Balzategui in 1468; visit St Mary's Cathedral and Europe's best-preserved walled city of Burgos; visit the cell and the relics of St Therese of Avila; visit the Cathedral of Segovia, the stunning Gothic Primate Cathedral of St Mary in Toledo, Madrid's Almudena Cathedral: the Basilica or Our Lady of the Pillar in Zaragoza where Mary appeared to St James before her Assumption; the Basilica of the Sagrada Familia and the Cathedral of the Holy Cross in Barcelona and much, much more. Father will celebrate daily Masses in those beautiful Cathedrals and Churches. We have only 4 seats that just opened. Contact Anh Wong at wong.anh@gmail.com or 703.723.1308.

**NEW Rosary Revival Class**—Praving the Rosary is a fundamental part of our Catholic faith. The Rosary Revival class sponsored by the Legion of Mary is an opportunity to discover what the Rosary is, why Catholics pray it, and how praying the Rosary in a Biblical way can be a useful tool for meditating on the meaning and significance of the life of Our Lord, Jesus Christ. Parishioners will dive deeper into the Rosary, be able to connect emotionally with the lives of Jesus and Mary and see the Rosary as a way of asking for Mary's intercession for our families, our nation, and the world.

Sundays: **Now - August 11th**. Time is 6:15-7:45pm

Zelie 1 and 2 in the Parish Hall For more information and to register go to the parish website under parish news or contact Krista Davidson at kmdavid@verizon.net.



STCS is accepting applications for: 4th Grade Teacher Extended Day Care Staff (part-time) Cafeteria Staff (part-time)

We are hiring for the 2024-25 school year! Please send your resume, cover letter, and references to HR@sainttheresaparish.com



## **Committed Adorers Needed**

We have a need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

**Sunday**: 12:30, 1:30, 2:30, & 4:00am, 1:00, 2:00, 3:00, and 11:00pm

**Monday**: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:30 and 4:30pm

**Tuesday**: 12:30, 1:30, 2:30, 3:30, 5:00, 10:30 & 11:30am, 3:00pm

**Wednesday**: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:00, 10.30, and 11.30pm

**Thursday**: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:00, 10.30 and 11.30pm

**Friday**: 12:00, 1:30, 2:30, 3:30 & 11:30am, 3:00, 8:30, 10:00, and 11:00pm

**Saturday**: 1:00, 2:30, 4:30, 5:30 & 11:30am, 4:00, 5:00, 6:00, 8:00, 9:00 and 11:30pm



To sign up for one of our open Adoration time slots above, please go to http://sainttheresa.letusadore.com or come by the parish office.

**Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

## St. Theresa Catholic Church 2024-2025 Online RE Registration Is Now Open!



Our program is designed to support you, the parents, in your God-given role as the primary educators of your children.

#### **Religious Education for Children Grades K-12**

- Middle school classes available Sun/Mon/Tues/Wed
- Elementary grade classes available Mon/Tues/Wed
- First Holy Communion prep grades: 1st-2nd
- Confirmation prep grades: 7th-8th
- Special catch-up classes for students that have fallen behind in their sacraments



For more information:

https://sainttheresaparish.com/activity/religious-education/

**Registration & payment is done online!** 

## **Adult Education and Spiritual Enrichment**

That Man is You (TMIY)—We have a great group of men and invite you to join us for Christian fellowship and spiritual growth. In our next session on the morning of July 13th, we will consider spiritual warfare as men, and what this means for us as husbands and fathers. We welcome new and past participants. For more information, contact Jack Hayes at 703.537.418 or jack.hayes422aol.com -- or just come participate on Saturday morning.

Women's Discipleship Group-Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting in May, we will be watching the series, "Jesus And The Dead Sea Scrolls" with Dr. John Bergsma and Fr. Dave Pivonka. Parish women of all ages are cordially invited. For more information

contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?—Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wed, 7:15pm; or Sat, 9:15am.

## How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will In order to register, come to the parish office Monday need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

Friday 9:30am - 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

## **News Around the Diocese**

#### Three to Get Married Marriage Prep Aug 22-25/Oct 24-27

A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited, so reserve your spot today! Visit ourladyofbethesda.org. Our Lady of Bethesda Retreat Center.

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

#### **Experience the Week-Long Spiritual** Exercises this Summer!—Women: July 8-15: Lav Men: July 23-28: For Priests: July 23-31. The Week-Long Spiritual Exercises are for those well familiar with mental prayer, silence, and the Ignatian Spiritual Exercises. This format allows more time for personal prayer. With longer periods of silence, you are challenged to stretch your soul, thus engaging in deeper intimacy with God. A trained spiritual director will be available for the daily colloguy to help you detect and understand the movements of the Holv Spirit in your soul. Cost: \$675 per person

for the lay retreats; \$975 for the priest retreat. Details on our website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Registration is required so that we can properly prepare.

Seeking Friendship with Christ -Men's and Women's Retreat-Join Fr. Daniel Hanley, coordinator of the blessed Stanley Rother House of formation at Mount St. Mary's Seminary, at the Arlington Diocese's San Damiano Retreat Center in White Post, VA and set aside time to understand the life of God within us and open ourselves to the movement of prayer. Prayer is the most proper activity of a baptized soul. As breathing is a necessary part of bodily life, so prayer is "respiration" in the life of grace. Prayer may be understood simply as opening the will to God--but as simple as this

may seem, it is not always easy to live. True prayer always comes from and returns to the Eucharist and bears the fruit of love of God and of neighbor. Our goal in this retreat is to form practical resolutions to help us to live in more constant union with Jesus. This silent retreat begins at 5pm on **Friday, July 12**, and ends at 1pm on **Sunday, July 14**. Retreat cost is \$285 per person. For further information or to register, please contact Deacon Mark Maines at

mark.maines @arlingtondiocese.org

## Summer Courses with the John Paul II Institute—

Called to Love: Theology of the Body July 15-19, 2024. Students will examine John Paul II's "Catechesis on Human Love" through a close reading of the text and an exploration of the philosophical and biblical sources of his vision. The aim is to see the intimate connection of human love with its Divine Source, the Trinitarian God who is Love, and how the human being, in his entirety, images Him.

Twentieth-Century Catholic Literature July 22-26, 2024. The course will center on three renowned Catholic writers: Charles Péguy, Georges Bernanos, and Evelyn Waugh. The goal will be to gain a deeper understanding of their major texts and the authors themselves, who offer profound visions of life lived in and under Christ in the modern world.

For more information, email information@johnpaulii.edu or call 202.526.3799. Each course fee is \$150.

**Finding Jesus with Saints Francis** and Clare - Men's and Women's Retreat-Saints Francis and Clare of Assisi have fascinated the world for centuries. How can active men and women in the world draw nearer to Our Lord by learning from their Wisdom, imitating their charity, and finding little ways to embrace their poverty? Join Father John Riley and a small band of brothers and sisters at the Arlington Diocese's San Damiano Retreat Center in White Post, VA as we gather in a silent retreat at the feet of Jesus to consider how to follow Francis and Clare to Christ; in His Crib ... and on His Cross. This silent retreat begins at 5pm on Friday, July 19, and ends at 1pm on Sunday, July 21. Retreat cost is \$285 per person. For further information or to register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org

## Come to the Encounter School of Ministry Summer Intensive, July 29

- Aug 1, 6pm— The Encounter School of Ministry DC Campus invites you to its powerful Summer Intensive Program. The Encounter School of Ministry is a program approved by the Archdiocese of Washington and is designed to train, activate, and equip you in the gifts of the Holy Spirit. This 4-day summer session will include evening praise and worship, inspirational talks on our Identity in Christ, how to Hear God's Voice, how to Pray with Someone for Healing, and how to Receive Inner Healing and Freedom. Come embark on a journey of increasingly expectant faith in Jesus, greater interior freedom, and empowerment to boldly live as Jesus lived. Summer Intensive will be held at the Mother of God Community, 20501 Goshen Rd. Gaithersburg, MD 20879 from 6-9pm. For more information, speaker list, and schedule visit http://

summerintensive.org/ Scan the QR Code to Register Now!



CALLED 2024-Bishop Burbidge invites all young adults (ages 19 to 35, single and married) to join him at the second annual CALLED: A Conference for Young Adults! Join hundreds of young adults at the Sheraton Hotel in Reston, VA on Saturday, September 21, 2024, for Mass with Bishop Burbidge and an incredible keynote from Arthur C. Brooks, Harvard professor and best-selling author. Arthur teaches courses on leadership, happiness, and social entrepreneurship. The day will also include breakout sessions, dinner, prayer, live music, and plenty of social time! Complimentary childcare is available throughout the entire event. Encounter Jesus, connect with other young adults and to your local Young Adult Ministries and be encouraged in how the Lord has CALLED YOU to holiness. Registration opened July 1 -- Here! Last vear CALLED sold out ahead of time and you are not going to want to miss being a part of this incredible event.

www.sainttheresaparish.com 703.729.2287 Parish Office Hrs: M-F--9:30am-3:30pm (closed for lunch 12-1)

## **News Around the Diocese Continued**

Attention Class of 2024! The Associates of St. John Bosco (ASJB), a Catholic non-profit in Northern Virginia founded by Fr. Christopher Vaccaro, will be hosting 5 free College Nights for graduated high school seniors heading to college this summer.

2024 College Night Dates & Locations

July 11th - St. Theresa (Ashburn) July 16th - Holy Trinity (Gainesville) July 23rd - Basilica of St. Mary (Alexandria)

July 30th - St. Mary of the Immaculate Conception (Fredericksburg)

These events help rising college freshmen network with other Catholics heading to college, and give students the tools to navigate the often difficult transition of faith life in college. Students hear from upperclassmen who give their personal tips and testimonies about how they transitioned to college and maintained a strong faith life. There are small groups divided by students' universities and students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a free pizza dinner, too. Registration is FREE! To register, please visit: https://www.asjb.org/studentregistration.

#### NEW 24 Hours with Christ Retreat For Women: Jul 20-21

For Men: Aug 17-18, 2024 Experience the essentials of the Spiritual Exercises in this abbreviated one -night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Additionally, you will have plenty of free time to explore the beautiful natural surroundings of the retreat center and spend time in personal reflection. Registration is required. Cost: \$159 per person (Early-Bird Rate.) Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Miracles Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

#### Your Personal Retreat Day Awaits— Fri, Aug 23, 9am-4pm

This summer, immerse yourself in a day of spiritual nourishment at Our Lady of Bethesda Retreat Center. Our experienced team is here to guide you on a journey of deep connection with God. The retreat schedule is thoughtfully crafted to include one-on-one spiritual direction optional, Mass, Confession, Eucharistic Adoration, and lots of time for quiet reflection; plus, a nourishing lunch will fuel your midday. Allow yourself to be cared for and rejuvenated as you open your heart to the profound love Our Lord has for you. Cost is \$108 per person, if registered by the early-bird deadline. Advance Registration is required. So don't wait, sign up now and embrace this sacred time to nurture your soul and strengthen your faith. Visit our website to register and to find more dates at ourladyofbethesda.org. Or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

**Summer 2024 Spiritual Retreats for** Women at Our Lady of Bethesda Re**treat Center**—Hello lovely ladies! Are you ready to embark on a journey of self-discovery and spiritual growth this summer? Join us for a women's retreat inspired by the Spiritual Exercises of St. Ignatius. Whether you can spare just one night or are looking for a week-long escape, we have the perfect duration to suit your needs. Come, ignite your spirit and immerse yourself in a transformative experience at one of our upcoming retreats. Let's embark on a soulful adventure this Summer! Find more details on our website www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187.

**Married Couples**—Give your marriage a well deserved vacation. Plan to go on a Worldwide Marriage Encounter Experience and come back with a marriage that is refreshed and full of energy! We love to have priests on our experiences as well, so invite your favorite priest and give their vocation some new vitality!

For more information or to register, go to WWME.org, click "Apply" and

search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are a few upcoming experiences: **September 27-29**,-Herndon, VA; **October 11-13** - College Park, MD; **November 15-17**- Virginia Beach, VA

#### 2024 Days of Prayer and Healing After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, September 28. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org

Thursday Night Gatherings at GMU's Bellarmine Chapel—The Catholic Campus Ministry at George Mason University is hosting Thursday Night Gatherings (TNG) for all local college students and graduating high school seniors on Thursdays in June and July, 7-9 p.m., at the St. Robert Bellarmine Chapel (4515 Roberts Road, Fairfax, VA). It's a great way to meet college students from different schools and stay connected to the Faith! Follow us @catholic.patriot on Instagram! Find out more at www.gmuccm.org or email jhernandez@ccmgmu.org. Please note: No TNG on July 4th!)

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held on: Mondays, 7-8pm, Cascades Library, or via Zoom on Federal Holidays and Thursdays, 7-8pm, Leesburg Presbyterian Church.

www.sainttheresaparish.com

703.729.2287 Office Hrs: 9:30am-3:30pm (closed for lunch 12-1)

#### **Parish Offices**

Secretary: Office Manager: Business Manager: Facilities Coordinator: Outreach Coordinator: Website: Email: Fax:

#### **Religious Education Offices**

Director: Youth Activities: Secretary: Secretary: Email: Fax:

### **School Offices**

#### Principal:

Assistant Principal: Admin Asst: Receptionist: Website: Email: Fax: 703.729.9036 Erin O'Malley, 703.729.3577 Danny Costa, 703.729.3577 Lisa Ralston, 703.729.3577 Denise Oriti, 703.729.3577 www.stsashburn.com schooloffice@stsashburn.com 703.729.8068

Kelly Cosenke, 703.729.2287

Tom Balint, 703.729.2287

703.729.9036

Christine Young, 703.729.2287

Angelita Lupetaliaami, 703.729.2287

Marianne Guidos, 703.729.2334

www.sainttheresaparish.com

Larry Bayne, 703.729.3714

Paul Dwyer, 703.729.0426

Connie Gilligan, 703.729.3714

reoffice@sainttheresaparish.com

Myriam Perez, 703.729.3714

office@sainttheresaparish.com

All offices located at 21370 St. Theresa Lane, Ashburn, VA



Learn more, visit www.saintttheresaparish.com

**Fall Consignment Sale Date-** Mark your calendar Sept 28th!

**Bedding needed**—The Bed Ministry in need of **new** full and queen bed in a bag comforter/sheet sets. Neutral colors best. New full and queen mattress pads and pillows needed also. Drop off to the parish office or in our outreach boxes at church. These items help families who are moving out of the shelter! God bless you!

**Do you have furniture items to donate?**—Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

**Bed Ministry**—Volunteer for the Bed Ministry –volunteers with trucks or Large SUVS needed especially! Great to do this with your teenager too! **We** have had an increase in bed requests. It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need.

Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

**Friends in Need**—Provides meals on a short- term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

**The Visitation Ministry**—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

## Sacraments

## **Sponsor Certificates**

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

#### **Baptisms**

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the** time change) in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

#### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

#### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.

#### Donate

Your donations make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website http://www.sainttheresaparish.com and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or

dmout reach @ saint the resaparish.com.

Please do not leave clothing at church. We are not accepting clothing donations.



## WHICH SIDE OF THE RETIREMENT MOUNTAIN ARE YOU ON?

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