

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

July 21, 2024

Sixteenth Sunday in Ordinary Time



Masses for the Week

Mon, July 22	6:15— Jack McCarthy+ 8:30— Scott Somer & Family 12:15— Priests of St. Theresa
Tues, July 23	6:15— Hector Acosta+ 8:30— Edmund Conway+
Wed, July 24	6:15— Carlito Cordon+ 8:30— Hollie Spear+ 12:15— Francis Hoffman+
Thurs, July 25	6:15— Michael Halko+ 8:30— Sharon Costa+
Fri, July 26	6:15— Jerome+ & Lou Miles 8:30— Mr. & Mrs. RV Cuellar+
Sat, July 27	8:30— Camilo Mascarina+ 5:30— Shirley Ratchford+
Sun, July 28	7:30— Manny Pablo+ 8:45— Kelly Eignor+ 10:30— Maria Reilly 12:30— Antoine Tu Nguyen+ 5:00— St. Theresa Parishioners

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette
Deacon Matthew K. Noah

Prayers For The Sick: Ronald Lewis Cricks, Tom Poerstel, Pamela, Hoeft, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Ron Crick, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris.

Prayers For Our Military: Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr.

Pope Francis and The Eucharistic Miracle of Buenos Aires

One of the most important teachings of the Catholic faith is also one of the most difficult to believe—that Jesus Christ is actually present in the Eucharist. God recognizes that many of us need help to believe, and from time to time, provides clear evidence in extraordinary miracles to assist our faith. One such miracle took place in 1996 in a church in Buenos Aires, Argentina, where Jorge Mario Bergoglio, our current Pope Francis, was auxiliary bishop. Here's the story of what happened:

On the evening of August 18, 1996, Fr. Alejandro Pezet found a consecrated host, discarded, and left on the floor of St. Mary's Catholic Church in Buenos Aires. As is the custom, he placed the host in a container of water to allow it to dissolve, and placed the container in the tabernacle. The next morning, to his amazement, Fr. Pezet discovered not a dissolved host, but a bloody substance several times larger than the original host. He informed Bishop Bergoglio, who ordered that the host be photographed and scientifically analyzed. However, three years elapsed before the study began. A professor at a local university, Dr. Ricardo Castañon, a neurophysiologist, was given permission to test the substance, which he brought to New York for analysis. Since he did not wish to prejudice the study, he purposefully did not inform the scientists of where the sample came from.

Dr. Frederick Zugibe, a well-known cardiologist and forensic pathologist, was the scientist who analyzed the host. He determined that the substance was human flesh and blood. Looking at the host through his microscope he said,

I can tell you exactly what this is. This is flesh from the heart muscle, taken from the wall of the left ventricle. It's the muscle that gives the heart its beat and the body its life. I can see white blood cells infiltrated throughout this tissue. This tells me two things: that this heart was living at the moment this sample was taken (because white blood cells die outside of a living organism) and also, since these white blood cells address injury, that this heart has suffered. This is the sort of thing I see in patients who have been beaten about the chest.

Dr. Castañon asked, "How long would these white blood cells have been kept alive if they had come from a piece of human tissue which had been kept in water?" "They would have ceased to exist in a matter of minutes," Dr. Zugibe replied. Dr. Castañon then revealed that the sample had first been kept in a container of distilled water for more than three years. Dr. Zugibe was at a loss to account for this fact. "There is no way to explain it scientifically," he stated.

Dr. Castañon then had the lab reports from New York compared to the lab reports from a much more famous Eucharistic miracle from Lanciano, Italy, taken nearly thirty years earlier. The lab comparison concluded that the two samples must have originated from the same person—an adult male from the Middle East, who has an AB+ blood type. Dr. Castañon, himself a staunch atheist, converted to Catholicism as a consequence of these events.

I pray that learning about this Eucharistic miracle will deepen your faith in the Real Presence of Jesus in the Eucharist, and that he will nourish you more deeply than ever.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Committed Adorers Needed

We have a need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 12:30, 1:30, 2:30, & 4:00am, 1:00, 2:00, 3:00, and 11:00pm

Monday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:30 and 4:30pm

Tuesday: 12:30, 1:30, 2:30, 3:30, 5:00, 10:30 & 11:30am, 3:00pm

Wednesday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:00, 10:30, and 11:30pm

Thursday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:00, 10:30 and 11:30pm

Friday: 12:00, 1:30, 2:30, 3:30 & 11:30am, 3:00, 8:30, 10:00, and 11:00pm

Saturday: 1:00, 2:30, 4:30, 5:30 & 11:30am, 4:00, 5:00, 6:00, 8:00, 9:00 and 11:30pm

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.



Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

Youth Education and News



ymoffice@sainttheresaparish.com

July

Sunday, the 21st-Parish Food Drive
(after 8:45am Mass & 5pm Mass)

Monday, the 22nd-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 23rd-Load food for transport, 6:15-7pm

Sunday, the 28th-Upper Room Squad, 6-8pm



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



St. Theresa Catholic School

Join our team!

STCS is accepting applications for:

4th Grade Teacher

Extended Day Care Staff (part-time)

Cafeteria Staff (part-time)

We are hiring for the 2024-25 school year! Please send your resume, cover letter, and references to HR@sainttheresaparish.com



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com

the school website (stsashburn.com, click on "Parent Links") for **Summer Reading and Math** for each grade level! Assignments are due when school begins on August 22.

We will be celebrating "30 Years of St. Theresa Catholic School" during the upcoming school year, and would love to hear from our Alumni Parents and Alumni! Please send your news and contact information to alumni@stsashburn.com so we can keep you up-to-date with our *Alumni & Friends Newsletter!*



Summer Office Hours:

The STCS Office is open Tuesdays, Wednesdays, & Thursdays, 9am-1pm during summer break.

Parishioners & STCS Parents, **SAVE THE DATE for the 14th Annual Friends of St. Theresa School (FOSTS) Golf Tournament** for tuition assistance! The tournament is on **Monday, October 7, 2024** at Belmont Country Club in Ashburn. Registration opens August 1st – get your foursomes lined up, *we're looking forward to another fantastic event!*

2024-25 Admissions Update: We have a few openings remaining for the 2024-25 school year; please visit our website at www.stsashburn.com (click "Admissions") or email Admissions Director Denise Rotell, rotell@stsashburn.com for more information.

STCS Families, we hope you're having a fantastic summer! Summer has a way of flying by -- don't forget to check



Knights of Columbus

Happy Hour with the Knights!

Mark your calendars to join the Knights for our first Happy Hour of the Fraternal Year on Thursday, August 01, 2024 from 5pm-8pm at Parallel Wine Bistro! Parallel Wine Bistro is located at 43135 Broadlands Center Plaza in Ashburn, VA. Light appetizers will be served. Scan the QR code so that we can have an accurate head-count. We look forward to seeing you on August 1st!



Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and

delivering 4,486 pounds of food to the Catholic Charities Loudoun Food Pantry in Sterling last month. Your contributions and effort make this program a successful one.

Please keep up the generosity this year by returning your bag this weekend (July 20-21) with items in the attached flyer. If you were unable to pick up a blue bag, you can always return food in a reusable, paper, or plastic bag. Please, no expired items. The pantry is unable to distribute expired items.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that

you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



News from our Parish

Announcing Two Parish-Wide Events

Fr. Hudgins would like to offer all parishioners the opportunity to prepare and partake of two important spiritual events after all Masses on August 18, Total Consecration to Jesus through Mary and formal investiture in the Brown Scapular.

Total Consecration to Jesus through Mary - Preparation began July 12th using Fr. Gaitley's 33 Days to Morning Glory magazine. For those who have done the Consecration before, it is an opportunity to renew.

Brown Scapular Enrollment - Enrollment in the Brown Scapular is after each Mass on **August 18th**. If you have previously been formally enrolled, re-enrollment is not required. Read more about these events on the parish website.

Red Cross Blood Drive—Please consider supporting the American Red Cross at our next St. Theresa blood drive on Thursday, **August 8th**, from 10:30-3:15 pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to www.redcrossblood.org and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at colleenhome87@gmail.com or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives.

NEW Rosary Revival Class—Praying the Rosary is a fundamental part of our Catholic faith. The Rosary Revival class sponsored by the Legion of Mary is an opportunity to discover what the Rosary is, why Catholics pray it, and how praying the Rosary in a Biblical way can be a useful tool for meditating on the meaning and significance of the life of Our Lord, Jesus Christ. Parishioners will dive deeper into the Rosary, be able to connect emotionally with the lives of Jesus and Mary and see

the Rosary as a way of asking for Mary's intercession for our families, our nation, and the world.

Sundays: **Now - August 11th.**

Time is 6:15-7:45pm

Zelie 1 and 2 in the Parish Hall

For more information and to register go to the parish website under parish news or contact Krista Davidson at [kmdavid@verizon.net](mailto:km david@verizon.net).

Crocheting, Knitting and Crafting

Group to start—Eager to Keep your fingers nimble, improve math skills and sharpen your memory through arts and crafts? Come to the new crafting group focusing on Catholics coming together to share the joys of Faith while leaving the "table" with a finished product. Location and time TBD by new group members. Contact Jennie Brusstar at jlbrusstar@gmail.com/571.598.6854



ST. THERESA CATHOLIC CHURCH
Ashburn Catholic Young Adults
SUMMER SCHEDULE
COME AT 6:15PM THROUGH THE FRONT ENTRANCE

<i>Prayer Series</i>	<i>Dating Series</i>
MAY 20 Introduction to a Better Prayer Life	JUL 1 Attraction
JUN 3 Structuring Our Prayer Lives	JUL 15 The Proper Role of Emotions
JUN 17 How to Meditate in Prayer	JUL 29 Basics of Successful Dating for a Christian

Other Events
MAY 25 Summer Kickoff at Hanson Regional Park

ST.THERESAS.YA@GMAIL.COM
FOLLOW US ON INSTAGRAM @ASHBURNCATHOLICYA

Registration Opens Aug. 1!
St. Theresa Parish 14th Annual
Friends of St. Theresa School
Golf Tournament
for tuition assistance
Monday, October 7, 2024 | Belmont CC
A St. Theresa Parish tradition!



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

St. Theresa Catholic Church

2024-2025 Online RE Registration Is Now Open!



Our program is designed to support you, the parents, in your God-given role as the primary educators of your children.

Religious Education for Children Grades K-12

- Middle school classes available Sun/Mon/Tues/Wed
- Elementary grade classes available Mon/Tues/Wed
- First Holy Communion prep grades: 1st-2nd
- Confirmation prep grades: 7th-8th
- Special catch-up classes for students that have fallen behind in their sacraments



For more information:

<https://sainttheresaparish.com/activity/religious-education/>

Registration & payment is done online!



Adult Education and Spiritual Enrichment

That Man is You (TMIY)—Are you looking to strengthen your faith & family and get to know other Catholic men? We invite you to join our TMIY program -- we will be providing more information and an opportunity to join after Masses the weekend of August 3-4. Contact Jack Hayes at 703.537.418 or jack.hayes422aol.com for more information.

Women's Discipleship Group—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting in May, we will be watching the series, "Jesus And The Dead Sea Scrolls" with Dr. John Bergsma and Fr. Dave Pivon-

ka. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Interested in learning about the Legion of Mary?—Two Legion of Mary groups meet at different times. Check the website for information, or be our guest at any Legion meeting held on Wed, 7:15pm; or Sat, 9:15am.

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

News Around the Diocese

Three to Get Married Marriage Prep Aug 22-25/Oct 24-27

A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited, so reserve your spot today! Visit ourladyofbethesda.org. Our Lady of Bethesda Retreat Center.

Experience the Week-Long Spiritual Exercises this Summer!—Lay Men: July 23-28; For Priests: July 23-31.

The Week-Long Spiritual Exercises are for those well familiar with mental prayer, silence, and the Ignatian Spiritual Exercises. This format allows more time for personal prayer. With longer periods of silence, you are challenged to stretch your soul, thus engaging in deeper intimacy with God. A trained spiritual director will be available for the daily colloquy to help you detect and understand the movements of the Holy Spirit in your soul. Cost: \$675 per person for the lay retreats; \$975 for the priest retreat. Details on our website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Registration is required so that we can properly prepare.

Summer Course with the John Paul II Institute—

Twentieth-Century Catholic Literature July 22-26, 2024. The course will center on three renowned Catholic writers: Charles Péguy, Georges Bernanos, and Evelyn Waugh. The goal will be to gain a deeper understanding of their major texts and the authors themselves, who offer profound visions of life lived in and under Christ in the modern world. For more information, email information@johnpaulii.edu or call 202.526.3799. Course fee: \$150.

Finding Jesus with Saints Francis and Clare - Men's and Women's Retreat—

Saints Francis and Clare of Assisi have fascinated the world for centuries. How can active men and women in the world draw nearer to Our Lord by learning from their Wisdom, imitating their charity, and finding little ways to embrace their poverty? Join Father John Riley and a small band of brothers and sisters at

the Arlington Diocese's San Damiano Retreat Center in White Post, VA as we gather in a silent retreat at the feet of Jesus to consider how to follow Francis and Clare to Christ; in His Crib... and on His Cross. This silent retreat begins at 5pm on **Friday, July 19**, and ends at 1pm on **Sunday, July 21**. Retreat cost is \$285 per person. For further information or to register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org

Come to the Encounter School of Ministry Summer Intensive, July 29 - Aug 1, 6pm—

The Encounter School of Ministry DC Campus invites you to its powerful Summer Intensive Program. The Encounter School of Ministry is a program approved by the Archdiocese of Washington and is designed to train, activate, and equip you in the gifts of the Holy Spirit. This 4-day summer session will include evening praise and worship, inspirational talks on our Identity in Christ, how to Hear God's Voice, how to Pray with Someone for Healing, and how to Receive Inner Healing and Freedom. Come embark on a journey of increasingly expectant faith in Jesus, greater interior freedom, and empowerment to boldly live as Jesus lived. Summer Intensive will be held at the Mother of God Community, 20501 Goshen Rd. Gaithersburg, MD 20879 from 6–9pm. For more information, speaker list, and schedule visit <http://summerintensive.org/> Scan the QR Code to Register Now!



CALLED 2024—Bishop Burbidge invites all young adults (ages 19 to 35, single and married) to join him at the second annual CALLED: A Conference for Young Adults! Join hundreds of young adults at the Sheraton Hotel in Reston, VA on Saturday, **September 21, 2024**, for Mass with Bishop Burbidge and an incredible keynote from Arthur C. Brooks, Harvard professor and best-selling author. Arthur teaches courses on leadership, happiness, and social entrepreneurship. The day will also include breakout sessions, dinner, prayer, live music, and plenty of social time! Complimentary childcare is available throughout the entire event. Encounter Jesus, connect with other young adults and to your local Young Adult Ministries and be encouraged in how the Lord has CALLED

YOU to holiness. **Registration opened July 1** -- Here! Last year CALLED sold out ahead of time and you are not going to want to miss being a part of this incredible event.

Looking to meet 400+ faithful single Catholics from all over the USA and beyond?—Join us August 16th-18th,

2024 at the 23rd National Conference for Single Catholics in Las Vegas, Nevada (or participate virtually and engage with others via online socials and small group discussions.) This is your chance to connect with like-minded singles of all ages! The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, fellowship and more. (If attending in-person, use the promo code PARISH24 for a discount.) Visit NationalCatholicSingles.com for more information and to register. (Can't find your question answered on the website? Call 704.665.0455.)

NEW 24 Hours with Christ Retreat

For Men: **Aug 17-18, 2024**

Experience the essentials of the Spiritual Exercises in this abbreviated one-night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Registration is required. Cost: \$159 per person (Early-Bird Rate.) Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Miracles Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

Book Launch Event—"The Eighth Station". This new photo-journal features beautiful color images of the 8th Station of the Cross from different Catholic churches, accompanied by reflections for women, written by women—including two members of St. Theresa parish. Join Elizabeth Leon, Anne Miller, and other contributors for this exclusive DC-area book signing, discussion, and Q&A. Saturday, **September 7th**, 3–5pm, Trinity House Café, 101 East Market St., Leesburg. Proceeds benefit The Sister of Life. For more information, contact Chris Mooney, 301.908.3956, or <https://viacrcucispress.org>.

News Around the Diocese Continued

Attention Class of 2024! The Associates of St. John Bosco (ASJB), a Catholic non-profit in Northern Virginia founded by Fr. Christopher Vaccaro, will be hosting 5 free College Nights for graduated high school seniors heading to college this summer.

2024 College Night Dates & Locations
July 23rd - Basilica of St. Mary (Alexandria)

July 30th - St. Mary of the Immaculate Conception (Fredericksburg)

These events help rising college freshmen network with other Catholics heading to college, and give students the tools to navigate the often difficult transition of faith life in college. There are small groups divided by students' universities and students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a free pizza dinner, too. Registration is FREE! To register, please visit: <https://www.asjb.org/student-registration>.

Your Personal Retreat Day Awaits—Fri, **Aug 23**, 9am-4pm. This summer, immerse yourself in a day of spiritual nourishment at Our Lady of Bethesda Retreat Center. Our experienced team is here to guide you on a journey of deep connection with God. The retreat schedule is thoughtfully crafted to include one-on-one spiritual direction optional, Mass, Confession, Eucharistic Adoration, and lots of time for quiet reflection; plus, a nourishing lunch will fuel your midday. Allow yourself to be cared for and rejuvenated as you open your heart to the profound love Our Lord has for you. Cost is \$108 per person, if registered by the early-bird deadline. Advance Registration is required. Visit our website to register and to find more dates at ourladyofbethesda.org. Or call 301.365.0612.

Married Couples—Give your marriage a well deserved vacation. Plan to go on a Worldwide Marriage Encounter Experience and come back with a marriage that is refreshed and full of energy! We love to have priests on our experiences as well, so invite your favorite priest and give their vocation some new vitality! For more information or to register, go to WWME.org, click

"Apply" and search for "Virginia" or your desired location. Contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are a few upcoming experiences: **September 27-29**, - Herndon, VA; **October 11-13** - College Park, MD; **November 15-17** - Virginia Beach, VA

2024 Days of Prayer and Healing After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, **September 28**. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org

Thursday Night Gatherings at GMU's Bellarmine Chapel—The Catholic Campus Ministry at George Mason University is hosting Thursday Night Gatherings (TNG) for all local college students and graduating high school seniors on **Thursdays in July**, 7-9 p.m., at the St. Robert Bellarmine Chapel (4515 Roberts Road, Fairfax, VA). It's a great way to meet college students from different schools and stay connected to the Faith! Follow us @catholic.patriot on Instagram! Find out more at www.gmuccm.org or email jhernandez@ccmgmu.org. Please note: No TNG on July 4th!

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held on: Mondays, 7-8pm, Cascades Library, or via Zoom on Federal Holidays and Thursdays, 7-8pm, Leesburg Presbyterian Church.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Gifts for Seminarian Education Endowment Fund (SEEF)—Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203. Contact John French at john.french@arlingtondiocese.org or 703.841.3819 with questions.

"He said to them, "Come away by yourselves to a deserted place and rest a while." Mark 6:31—Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.

Band of Brothers Men's Retreat—In these calamitous times... "we need a few good men"... and more than a few! With Faith and Family and Life and Love being "re-defined" by our Culture of Confusion, only Jesus Christ will help us to "stand fast... even at the risk of being heroes." Join Fr. John Riley at the Arlington Diocese's San Damiano Retreat Center in White Post, VA as he will lead a "Band of Brothers" to Christ's feet; Single Men, Husbands, Fathers to listen and seek Jesus in deep, quiet prayer. This silent retreat begins at 5 p.m. on Friday, August 23rd, and ends at 1 p.m. on Sunday, August 25th. Retreat cost is \$285 per person. For further information or to register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org

Parish Offices

Secretary: Kelly Cosenke, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Christmas in July—Time to start thinking about a theme for your Festival of Trees fundraiser- December 7th & 8th. Seems early but it will be here before we know it. Those who would like to donate a tree or wreath or basket, contact Marianne Guidos at

dmoutreach@sainttheresaparish.com. Not sure of theme- no worries, you can let us know later. Thank you to those who have already reached out!

Daily Bread needs—Our ministry that takes lunch bags to the shelter on the weekend is in need of breakfast bars/fruit bars. Please drop off to the parish office or in our outreach boxes and church and mark Daily Bread.

Fall Consignment Sale Date—Mark your calendar Sept 28th! Want to donate children's items for the next sale? Contact Elisa Mitchell at eagmitchell@gmail.com.

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming

out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Donate—Your donations make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances.

Donations accepted online, or by mail or drop off to the parish office. Please

indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Bed Ministry—Volunteer for the Bed Ministry -volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too! We have had an increase in bed requests.

It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

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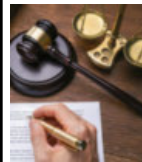
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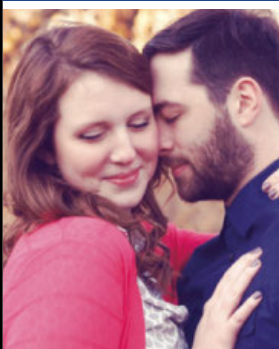
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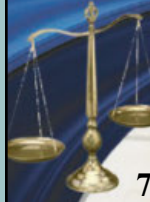
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