



St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

August 4, 2024
Eighteenth Sunday in Ordinary Time

Masses for the Week

Mon, Aug 5	6:15— Tom & Sue Miles 8:30— Deceased members of the Leitten, Stevens & Stratton Families+ 12:15— Paz I. Cruz
Tues, Aug 6	6:15— Jianna & Janina George 8:30— Joseph Michael Begley+
Wed, Aug 7	6:15— James Klizas 8:30— Eric Wong 12:15— Degbola Odutola
Thurs, Aug 8	6:15— The Miles Family L&+ 8:30— Cristina Dino+
Fri, Aug 9	6:15— Dillon, Tawny & Logan Haberland 8:30— Una Giachinta
Sat, Aug 10	8:30— Anthony Granata+ 5:30— Chase Baron
Sun, Aug 11	7:30— Joan Brady+ 8:45— The Ryan Family 10:30— St. Theresa Parishioners 12:30— Helen Kabala Komornicki+ 5:00— Smitha Joy

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
 Reverend Paul Dudzinski, Parochial Vicar
 Reverend Christopher T. Vaccaro, Parochial Vicar
 Reverend John F. O'Farrell, Parochial Vicar
 Deacon Paul C. Konold
 Deacon Anthony J. Renzette
 Deacon Matthew K. Noah

Prayers For The Sick: Ronald Lewis Cricks, Tom Poerstel, Pamela, Hoeft, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez, Haley Morris.

Prayers For Our Military: Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie, Stephen Gilliland, David Seliquini, Joseph Auler, Adam Parkinson, Jake Shelton, Patrick G. Fitzgerald, Sean Spurr.

Forgiveness

We can never focus enough on the importance of forgiveness, since Christ himself has told us that we will be forgiven only as much as we forgive others. We ourselves are offered forgiveness on no other terms. But how do we forgive? What do we do? Our first step is to define the word “forgiveness.” Before we speak of what forgiveness *is*, we must first understand what forgiveness is *not*.

- Forgiveness is not saying, “no problem.”
- Forgiveness is not saying, “there’s nothing to forgive.”
- Forgiveness is not the same as forgetting.
- Forgiveness does not mean the relationship is healed.
- Forgiveness is not a single event, but a lengthy process.

Many people mistake forgiveness for an emotion, believing that if they sense some lingering sadness, anger, or distrust, their forgiveness must be deficient. Forgiveness is not an emotion, but an act of the will, which means that any number of emotions may be present or absent. Forgiveness does not mean that old wounds disappear or that scars are healed. One might forgive with the fortitude of a canonized saint, and still suffer bitterly the wounds of the past.

Since forgiveness is a process, not a single event, let’s look at the steps of the forgiving process.

Step 1: Admit your hurt.

So many people try to dismiss this step. There is nothing wrong with admitting how much you have been hurt. In fact, acknowledging the truth to yourself about your pain is necessary, because mercy is rooted in justice. Until you acknowledge your pain, you cannot move beyond it. The charity of forgiveness is rooted in truth. Admit your hurt.

Step 2: Recognize the cost of the injustice you have suffered.

There’s a parable in the Gospel of Matthew in which a king forgives a poor servant of an enormous debt that he cannot pay. The king knows precisely how much the servant owes, down to the last shekel, then tells the poor servant, “I forgive you of this debt.” We must do the same when we forgive. As Jesus said, “The truth will set you free.” (Jn 8: 32) To forgive willingly, we must face the truth of what we are forgiving.

Step 3: Pray and Persevere.

The only way to forgive is to receive the grace to do so. It is God's work, and we must ask for it in prayer. Pray before a crucifix, and remember what Jesus has forgiven you. Pray with the New Testament and remember Jesus’ words, “Blessed are those who show mercy. Mercy shall be theirs.” (Mt 5:7). Pray for the ability to choose forgiveness, regardless of what you feel inside. You must persevere in this prayer, and it may take a lifetime, but this is where forgiveness happens.

Forgiveness does not mean, “I feel good about you.” Forgiveness does not mean, “I fully trust you again.” Forgiveness does not mean, “You and I have healed our relationship.” Forgiveness simply means, “I will not make you pay me back. I release you from your debt. I do not hold this offense against you any longer.” We have all suffered and we all have caused suffering to others, willingly or not, and heaven knows we all stand in need of God’s forgiveness. May we persevere in choosing to forgive our offenses, willingly, even if not easily. Those who do so will know peace in this life, and eternal happiness in the next.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Youth Education and News



ymoffice@sainttheresaparish.com

August

Sunday, the 11th-Upper Room Squad, 6-8pm

Sunday, the 18th-Upper Room Squad, 6-8pm

Sunday, the 25th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 26th-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 27th-Load food for transport, 6:15-7pm

Saturday, the 31st-First Confirmation Retreat, 1:30pm to 8pm

September

Sunday, the 8th-Upper Room Squad, 6-8pm

Saturday, the 14th-Second Confirmation Retreat, 1:30pm to 8pm

Sunday, the 22nd-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 23rd-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 24th-Load food for transport, 6:15-7pm

Sunday, the 29th-Upper Room Squad, 6-8pm



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Registration Now OPEN!



Join us to celebrate our parish community & support our students...it's **FORE** the kids!

To golf & sponsor scan the QR code or visit www.SaintTheresaParish.com



We are excited to welcome our new families to STCS! Please be sure to check your Thursday *Thunder Newsletter* for details and to RSVP for one of the two scheduled New Family Ori-



tation Sessions (August 15 & August 20). *Welcome to our school family!*

STCS Parents, please see the **Thursday Thunder Newsletter** for information on important dates and events, including:

Wednesday, Aug. 21—

Meet Your Teacher;
Kindergarten Popsicle Playdate;
8th Grade Parent Meeting;
6th & 7th Grade Parent Meeting

Thursday, Aug. 22—

First Day of School, full day (St. Theresa's 30th First Day!)

Wednesday, Aug. 28—

Middle School Back to School Night

Thursday, Aug. 29—

Elementary Back to School Night

Friday, Aug. 30—

Early Dismissal (11:30am)

Monday, Sept. 2—

No School, Labor Day

STCS Families, we hope you're having a fantastic summer! Summer is flying by -- don't forget to check the school

website (stsashburn.com, click on "Parent Links") for **Summer Reading and Math** for each grade level! Assignments are due when school begins on August 22.

We will be celebrating "30 Years of St. Theresa Catholic School" during the upcoming school year, and would love to hear from our Alumni Parents and Alumni! Please send your news and contact information to alumni@stsashburn.com so we can keep you up-to-date with our *Alumni & Friends Newsletter!*

STCS Alumni & Alumni Families, Send Us Your News!



Email your updates to alumni@stsashburn.com

Summer Office Hours: The STCS Office is open Tuesdays, Wednesdays, & Thursdays, 9am-1pm during summer break.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

News from our Parish

Ashburn Catholic Young Adults—

Please join us for our summer talks on Dating! We will meet at 6:15pm and you can come to the front entrance of St. Theresa School.

Dating Series

August 12 - Building Mature Love

Announcing Two Parish-Wide

Events—Fr. Hudgins would like to offer all parishioners the opportunity to prepare and partake of two important spiritual events after all Masses on August 18, Total Consecration to Jesus through Mary and formal investiture in the Brown Scapular. Total Consecration to Jesus through Mary - Preparation began July 12th using Fr. Gaitley's 33 Days to Morning Glory magazine. For those who have done the Consecration before, it is an opportunity to renew.

Brown Scapular Enrollment - Enrollment in the Brown Scapular is after each Mass on **August 18th**. If you have previously been formally enrolled, re-enrollment is not required. Read more about these events on the parish website.

Red Cross Blood Drive—Please consider supporting the American Red Cross at our next St. Theresa blood drive on Thursday, **August 8th**, from 10:30-3:15 pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to www.redcrossblood.org and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you

have ANY difficulty, please e-mail Colleen Dwyer at colleenhome87@gmail.com or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives.

Legion of Mary's Rosary Revival

The Rosary Revival is helping parishioners in their preparation for Marian Consecration on August 18th. Consecration is a way of starting afresh on the journey of holiness. Therefore, we need our Blessed Mother who knows the way to the Heart of her Son Jesus Christ. St. Louis de Montfort said the following: "Mary's guidance is the surest, easiest, and fastest way to heaven". Join us on Sundays at 6:15pm where we start with praying the Rosary and dive into the preparation for the Marian Consecrations. Booklets are included.

Are you in need of prayer? Send us a prayer request to stthereasalegionofmary@gmail.com

Are you interested in becoming Catholic or learning more about the Catholic faith? Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start this fall in late October / early November.

Crocheting, Knitting and Crafting Group to start—Eager to Keep your

fingers nimble, improve math skills and sharpen your memory through arts and crafts? Come to the new crafting group focusing on Catholics coming together to share the joys of Faith while leaving the "table" with a finished product. Location and time TBD by new group members. Contact Jennie Brusstar at jlbrusstar@gmail.com/571.598.6854

REGISTRATION IS NOW OPEN for the 14th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance! The tournament is on **Monday, October 7, 2024** at Belmont Country Club in Ashburn. **This is a wonderful parish event** -- get your foursomes lined up, we're looking forward to another fantastic day of golf, food, and fundraising! **Not a golfer? Join us for dinner & the Silent Auction!** For details scan the QR code or visit our parish website (www.SaintTheresaParish.com). **Sponsors are needed for the tournament** (individuals, businesses, families), please contact Regina Freschi for details, freschir@stsashburn.com or 703.729.3577.



Knights of Columbus

Are you a parishioner in need of a home repair?

If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Call for Handyman Crew Volunteers:

Are you available to volunteer as a handyman for those in need? The volunteers of the St. Louis Martin Council of the Knights of Columbus are available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. As a volunteer, you will have the opportunity to work alongside brother knights in support of a worthy cause.

What do you get in return? A smile and a thank you from the people you helped. Learn more here: <https://www.st-louismartin-kofc.org/handyman-services>.

Catholic men: Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



Adult Education and Spiritual Enrichment

Looking to learn more about your faith? This Fall, the Catholic Education for Adults team will be offering five different classes:

(New Class) Prayer Primer (7 weeks-In-Person): Using Fr. Thomas Dubay's "Prayer Primer – Igniting a Fire Within", learn about the different types of prayer: vocal, liturgical, meditative, and contemplative, as well as how to get more out of your prayer life. Thursdays 7-8pm. **Starts Oct. 3rd.** Contact: Maria Basu at maria_basu@yahoo.com

(New Class) "Unlocking the Mystery of the Bible" (8 weeks-Zoom): Get the "big picture" of salvation history by seeing how fourteen narrative books of the Bible tell the complete story from Adam and Eve to Christ and the Church. Wednesdays 7-8pm. **Starts Oct. 9th.** Contact Nancy Hammitt at hammsf1@comcast.net

The Gospel of Matthew (24 weeks-Zoom): Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today. Wednesdays 7-8pm. **Starts Oct. 2nd.** Contact: Brett

at brettastengako@gmail.com

Acts: The Spread of the Kingdom (20 weeks-Zoom): The Compelling Story of the First Christians, Acts: The Spread of the Kingdom, traces how the gospel witness spread outward in waves from Jerusalem, and reveals how the seeds of Church structure and authority took root. Tuesdays 8-9pm. **Starts Oct 1st.** Contact: Andy at johnson.andrew7003@gmail.com

Prophets (10 weeks): The Prophets: Messengers of God's Mercy examines who the prophets were, their role during their time, and the meaning of their messages for our own time. Wednesdays 7-8pm. Zoom. **Starts Oct. 2nd.** Contact: Mark at markscalion20@gmail.com or Wednesdays 7-8pm. In-Person. **Starts Oct. 2nd.** Contact: Linda at lmmetz3@msn.com

That Man is You (TMIY)—Are you looking to strengthen your faith & family and meet other Catholic men at St Theresa's? We invite you to join our TMIY program. There are TMIY participants at Church exits after Mass today to answer any questions you may

have and to assist you in joining us. You can also contact Jack Hayes at 703.537.6418 or jack.hayes422aol.com for more information.

Women's Discipleship Group—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting in May, we will be watching the series, "Jesus And The Dead Sea Scrolls" with Dr. John Bergsma and Fr. Dave Pivonka. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Legion of Mary?—Want to deepen your faith, build community, increase in your relationship with our Lord and serve others? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:30pm. Stop by the Saint Louis Martin room and learn more about it.

St. Theresa Catholic Church 2024-2025 Online RE Registration Is Open!

Our program is designed to support you, the parents, in your God-given role as the primary educators of your children.



Religious Education for Children Grades K-12

- Middle school classes available Sun/Mon/Tues/Wed
- Elementary grade classes available Mon/Tues/Wed
- First Holy Communion prep grades: 1st-2nd
- Confirmation prep grades: 7th-8th
- Special catch-up classes for students that have fallen behind in their sacraments



For more information:

<https://sainttheresaparish.com/activity/religious-education/>

Registration & payment is done online!

Committed Adorers Needed



We have a need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 12:30, 1:30, 2:30, & 4:00am, 1:00, 2:00, 3:00, and 11:00pm

Monday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:30 and 4:30pm

Tuesday: 12:30, 1:30, 2:30, 3:30, 5:00, 10:30 & 11:30am, 3:00pm

Wednesday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:00, 10.30, and 11.30pm

Thursday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:00, 10.30 and 11.30pm

Friday: 12:00, 1:30, 2:30, 3:30 & 11:30am, 3:00, 8:30, 10:00, and 11:00pm

Saturday: 1:00, 2:30, 4:30, 5:30 & 11:30am, 4:00, 5:00, 6:00, 8:00, 9:00 and 11:30pm

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.

Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

News Around the Diocese

Evening Float for Catholic Home-school Parents!—Hey Catholic home-school parents (and those contemplating homeschooling this fall)! You are cordially invited to a relaxing evening with your spouse while enjoying cocktails & floating on the lake! Come meet other Catholic homeschool parents on **Saturday, August 10**. Bring friends! Details & RSVP at: https://www.mayflowerhomeschoolers.org/2323/events/events_view?public=0&eventid=3281520 Sponsored by Mayflower Homeschoolers, a Roman Catholic multi-chapter home-school support group under the patronage of Our Lady of Fatima.

Beach Day for Catholic Homeschool Families!—Splish! Splash! Catholic homeschoolers (and those contemplating homeschooling this fall), you are cordially invited to some family fun in the sun! Come meet other Catholic homeschoolers on Tuesday, **August 13**. Bring friends! Details & RSVP at: https://www.mayflowerhomeschoolers.org/2323/events/events_view?public=0&eventid=3319998 Sponsored by Mayflower Homeschoolers, a Roman Catholic multi-chapter home-school support group under the patronage of Our Lady of Fatima.

Looking to meet 400+ faithful single Catholics from all over the USA and beyond?—Join us **August 16th-18th, 2024** at the 23rd National Conference for Single Catholics in Las Vegas, Nevada (or participate virtually and engage with others via online socials and small group discussions.) This is your

chance to connect with like-minded singles of all ages! The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, fellowship and more. (If attending in-person, use the promo code PARISH24 for a discount.) Visit NationalCatholicSingles.com for more information and to register. (Can't find your question answered on the website? Call 704.665.0455.)

NEW 24 Hours with Christ Retreat For Men: **Aug 17-18, 2024**

Experience the essentials of the Spiritual Exercises in this abbreviated one-night retreat. Based on the Spiritual Exercises, the retreat is designed to provide a rejuvenating experience with a more convenient schedule. You will have the opportunity to participate in guided meditations, attend Mass, and benefit from individual spiritual direction. Registration is required. Cost: \$159 per person (Early-Bird Rate.) Find more information and links to register on the website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Miracles Happen Here! 7007 Bradley Blvd., Bethesda, MD 20817.

Three to Get Married Marriage Prep **Aug 22-25/Oct 24-27**

A Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$375 per couple. Space will be limited, so reserve your spot today!

Visit ourladyofbethesda.org. Our Lady of Bethesda Retreat Center.

Band of Brothers Men's Retreat—In these calamitous times... "we need a few good men"... and more than a few! With Faith and Family and Life and Love being "re-defined" by our Culture of Confusion, only Jesus Christ will help us to "stand fast... even at the risk of being heroes." Join Fr. John Riley at the Arlington Diocese's San Damiano Retreat Center in White Post, VA as he will lead a "Band of Brothers" to Christ's feet; Single Men, Husbands, Fathers to listen and seek Jesus in deep, quiet prayer. This silent retreat begins at 5 p.m. on Friday, August 23rd, and ends at 1 p.m. on **Sunday, August 25th**. Retreat cost is \$285 per person. For further information or to register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org

Book Launch Event—"The Eighth Station". This new photo-journal features beautiful color images of the 8th Station of the Cross from different Catholic churches, accompanied by reflections for women, written by women—including two members of St. Theresa parish. Join Elizabeth Leon, Anne Miller, and other contributors for this exclusive DC-area book signing, discussion, and Q&A. Saturday, **September 7th**, 3-5pm, Trinity House Café, 101 East Market St., Leesburg. Proceeds benefit The Sister of Life. For more information, contact Chris Mooney, 301.908.3956, or <https://viacrucispress.org>.

News Around the Diocese Continued

Your Personal Retreat Day Awaits—Fri, **Aug 23**, 9am-4pm. This summer, immerse yourself in a day of spiritual nourishment at Our Lady of Bethesda Retreat Center. Our experienced team is here to guide you on a journey of deep connection with God. The retreat schedule is thoughtfully crafted to include one-on-one spiritual direction optional, Mass, Confession, Eucharistic Adoration, and lots of time for quiet reflection; plus, a nourishing lunch will fuel your midday. Allow yourself to be cared for and rejuvenated as you open your heart to the profound love Our Lord has for you. Cost is \$108 per person, if registered by the early-bird deadline. Advance Registration is required. Visit our website to register and to find more dates at ourladyofbethesda.org. Or call 301.365.0612.

Mass of Thanksgiving—Most Rev. Michael F. Burbidge invites you to join him in celebrating a special Mass of Thanksgiving for the completion of the Cathedral of Saint Thomas More renovations. Pray with us on Sunday, **September 8**, at the 11am Mass at the Cathedral of Saint Thomas More, 3901 Cathedral Lane, Arlington, VA 22203. A reception will follow in Burke Hall. www.cathedralstm.org

CALLED 2024—Bishop Burbidge invites all young adults (ages 19 to 35, single and married) to join him at the second annual CALLED: A Conference for Young Adults! Join hundreds of young adults at the Sheraton Hotel in Reston, VA on Saturday, **September 21, 2024**, for Mass with Bishop Burbidge and an incredible keynote from Arthur C. Brooks, Harvard professor and best-selling author. Arthur teaches courses on leadership, happiness, and social entrepreneurship. The day will also include breakout sessions, dinner, prayer, live music, and plenty of social time! Complimentary childcare is available throughout the entire event. Encounter Jesus, connect with other young adults and to your local Young Adult Ministries and be encouraged in how the Lord has CALLED YOU to holiness. <https://www.arlingtondiocese.org/young-adult-ministry/called/> Last year CALLED sold out ahead of time and you are not going to want to miss being a part of this incredible event.

Married Couples—Give your marriage a well deserved vacation. Plan to go on

a Worldwide Marriage Encounter Experience and come back with a marriage that is refreshed and full of energy! We love to have priests on our experiences as well, so invite your favorite priest and give their vocation some new vitality! For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are a few upcoming experiences: **September 27-29**, Herndon, VA; **October 11-13** - College Park, MD; **November 15-17**- Virginia Beach, VA

Casino Night Fundraiser—Join Marian Homes, Inc. for a thrilling casino night fundraiser on **September 27, 2024**, at 7pm, at the Country Club of Fairfax. Enjoy a night of high stakes and excitement to benefit the Marian Homes, Inc. capital campaign. Tickets are \$100 until August 1, including playing chips and great food, with additional beverages available at a cash bar. Dress to impress in cocktail attire and dance to a live DJ. Try your luck at blackjack, roulette, craps, Texas Hold'em, and more. Participate in a raffle for extra winnings. All proceeds support intellectually disabled adults. Purchase tickets here: <https://shorturl.at/vm2XD> Don't miss out! Contact marketing@marianhomes.org for more info.

2024 Days of Prayer and Healing After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, **September 28**. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and re-

covery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@saintthereseparish.com. Weekly meetings are held on: Mondays, 7-8pm, Cascades Library, or via Zoom on Federal Holidays and Thursdays, 7-8pm, Leesburg Presbyterian Church.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Gifts for Seminarian Education Endowment Fund (SEEF)—Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203. Contact John French at john.french@arlingtondiocese.org or 703.841.3819 with questions.

"Do not work for food that perishes, but for food that endures for eternal life." Are you being chosen to help feed and give life to the people of God as a priest, deacon or in the consecrated life? Contact Fr. Michael Isenberg, michael.isenberg@arlingtondiocese.org or 703.841.2514.

"Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not." EXODUS 16:4

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs". Living a grateful and generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

Parish Offices

Secretary: Kelly Cosenke, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
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Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Parish Pantry items needed—We are in need of items to help with emergency assistance for families/individuals in need. Toiletry items are often a big need as well as food items especially with children home from school. toothpaste, shampoo and conditioner, laundry soap, dish soap, bathroom cleaner, mac & cheese, cooking oil, cereal, spaghetti sauce and tomato sauce. Please drop off items to the parish office or in the Outreach boxes at church and write parish pantry. We are also in need of gas gift cards to help struggling families get to work and doctor's appointments. Place in lock box at church or drop off to parish office. God bless you.

Festival of Trees-December 7th & 8th—Seems early but it will be here before we know it. Those who would like to donate a tree or wreath or basket, contact Marianne Guidos at dmoutreach@sainttheresaparish.com. Not sure of theme- no worries, you can let us know later. Thank you to those who have already reached out!

Fall Consignment Sale Date—Mark your calendar Sept 28th!

Want to donate children's items for the next sale? Contact Elisa Mitchell at eagmitchell@gmail.com.

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Donate—Your donations make a difference in the lives of struggling fami-

lies by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Bed Ministry—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too! We have had an increase in bed requests. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

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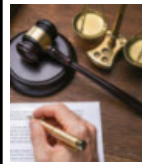
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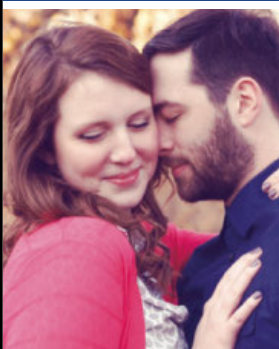
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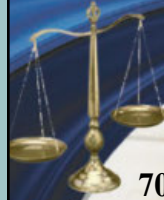
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