



St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

September 1, 2024
Twenty-Second Sunday in Ordinary Time

Masses for the Week

Mon, Sept 2	6:15— The Miles Family 8:30— Mary McAuley Cruz+
Tues, Sept 3	6:15— Richard Sena+ 8:30— Marianne Wall+
Wed, Sept 4	6:15— Jerome+ & Lou Miles 8:30— Nick D. Carrescia+ 12:15— George & Maria Murray
Thurs, Sept 5	6:15— Peggy Hennessey+ 8:30— Robert Edward Humbleton+
Fri, Sept 6	6:15— Robert Turpin 8:30— Thomas Freschi, Sr. 12:15— Joseph Michael Begley+
Sat, Sept 7	8:30— Paul Tran+ 5:30— Deceased Members of McAndrew & McLaine Families+
Sun, Sept 8	7:30— Andrew & Devon Glenn 8:45— St. Theresa Parishioners 10:30— Jianna & Janinna George 12:30— Hayden Baron 5:00— Beth Moschetto

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
 Reverend Paul Dudzinski, Parochial Vicar
 Reverend Christopher T. Vaccaro, Parochial Vicar
 Reverend John F. O'Farrell, Parochial Vicar
 Deacon Paul C. Konold
 Deacon Anthony J. Renzette
 Deacon Matthew K. Noah

Prayers For The Sick: Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Pamela Hoeft, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Philip Carrescia, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Rus-sow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino, Keelan Griffen, Helen Atallah, Daniel Ramirez, Cynthia Ramirez.

Prayers For Our Military: Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Michael Cinnamon, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante, Eric Reilly, John Conrad, Fr. James Hinkle, Andrew Gillespie.

On Anger, Part II

Last week, we looked at the nature of anger and began to explore the issue of justifiable or “righteous” anger. This week, let’s look at a question more practical and immeasurably more common—those times when anger is sinful. In the Sermon on the Mount, Jesus seemed to condemn all anger without any exception whatsoever:

You have heard that it was said to your ancestors, ‘You shall not kill; and whoever kills will be liable to judgment.’ But I say to you, whoever is angry with his brother will be liable to judgment, and whoever says to his brother, ‘Raqa,’ will be answerable to the Sanhedrin, and whoever says, ‘You fool,’ will be liable to fiery Gehenna (Mt 5:21-22).

We know that Jesus himself exhibited plenty of anger in the Gospels, most notably, when he drove the money changers from the Jerusalem Temple at the crack of a whip. Therefore, it’s not all anger that Jesus condemns, but unrighteous and wrathful anger, and specifically, that anger by which we forget the inherent dignity of another person. Jesus helps us identify such anger with two examples.

The first example Jesus uses is the term “Raqa.” It was a Hebrew slang term that meant something akin to “empty.” Empty of what? One could fill in the blank with any number of examples—empty of character, of intelligence, of moral worth, etc. The other example Jesus uses is the term “fool.” Reflect for a moment on how much of our anger is expressed in these two words. In our anger, don’t we imagine others as being beneath contempt, “fools” who are “empty” of basic goodness? Holding others in such contempt makes it easy for us to dehumanize them, even to the point of doing them harm. It’s no wonder Jesus speaks of such anger in the context of killing.

When does such anger rise to the level of a mortal sin? Recall from last week’s column that anger arises whenever we sense some obstacle standing in the way of something good. Anger then consists of two things—love for the good, and hatred for the obstacle that blocks us from it. The moral nature of anger varies for two reasons. First, it varies because the good which is loved can be very different. For example, a long, brooding anger over an insult from a co-worker is quite different from a long, brooding anger over a drunk-driver who killed your daughter. Secondly, it varies because the obstacle blocking us from the good can be very different. Being angry at highway repairs that slow your commute is quite different from being angry at the behavior of another driver. Different personality types, moreover, will experience anger differently. Some people have “quick fuses,” struggle more than others, and will fall into this sin more easily.

Given Jesus’ harsh words in the Gospels, it’s a good rule of thumb to admit your struggles with anger in the sacrament of confession, just to be safe. Everyone lives with anger, even if they might deny it. Those who say they’re “never angry” are often sad, depressed, cynical, or overly sarcastic. All of these are simply coping mechanisms which help mitigate an extreme discomfort with confrontations, or other aspects of life we would simply rather escape. Of all the Capital Sins, anger is the most complex and difficult to grasp. It’s good to have a basic understanding of it, but no understanding will ever clarify anger completely. As with all sin, the very best we can do is to fight it. Next week, we will take a look at some ways we can do just that.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Upcoming Early Bulletin Deadline

Take note of this upcoming early bulletin deadline:

September 22 bulletin--due by Tuesday, **September 10**, 12noon

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Youth Education and News



ymoffice@sainttheresaparish.com

September

St. Theresa CYO Thunder Runners

Registration: St. Theresa Thunder Runners, track and cross-country program is open to parishioners in grades 4th - 8th. Our season will begin Friday, **September 6** and end early November. Practices will be held Tuesdays and Fridays on the school track from 3:00-4:45. Cost of the program is \$75 per child. Registration opened on **August 29, 2024**. All athletes MUST be registered in both the Track & Field database and the Cross Country database in order to participate in the program. Registration is first

come, first served, spots fill up fast, don't wait to register. All levels of runners welcome!

Registration link: <https://reg.sportspilot.com/106557>

Sunday, the 8th-Upper Room Squad, 6-8pm

Saturday, the 14th-Second Confirmation Retreat, 1:30pm to 8pm

Sunday, the 22nd-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Monday, the 23rd-Food Sort by Expirations Dates, 7-8:30pm

Tuesday, the 24th-Load food for transport, 6:15-7pm

Sunday, the 29th-Upper Room Squad, 6-8pm



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer

Want to volunteer at the many St. Theresa's children based programs/events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



What a wonderful start to the new school year!

STCS Parents, we can't wait to welcome you back to school! Please see the **Thursday Thunder Newsletter**



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com

for information on important dates and events, including:

Monday, Sept. 2—

No School, Labor Day

Friday, Sept. 6—

Middle School Dance

Friday, Sept. 13—

Early dismissal; PTO Spirit Event at Altitude Trampoline

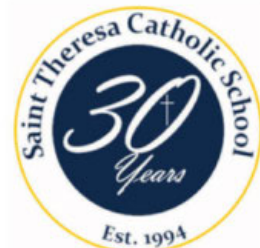
Friday, Sept. 27—

Early dismissal

Sponsors & golfers are needed for the 14th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance! The tournament is on **Monday, October 7, 2024** at Belmont Country Club in Ashburn. **This is a wonderful parish event** -- we're looking forward to another fantastic day of golf, food, and fundraising! **Not a golfer? Join us for dinner & the Silent Auction!** For details scan the QR code or visit our parish website (www.SaintTheresaParish.com). **Sponsors are needed for the tournament**



We're celebrating "30 Years of St. Theresa Catholic School" this year, and would love to hear from our Alumni & Alumni Families! Please send your news and contact information to alumni@stsashburn.com.



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

News from our Parish

Special Mass and celebration for foundation of Legion of Mary--All are welcome!—September 7th 11am,

a special mass will be held to celebrate the day the Legion of Mary was founded. The Legion of Mary was founded by Frank Duff on September 7th, 1921, at Myra House, Francis Street, in Dublin Ireland. Duff's idea was to help Catholic lay people fulfill their baptismal duties with dedication to the Church in an organized structure. This structure comprises of fraternity, prayer, spiritual readings, and special works to help support the church.

September 7th 11:45am Zellie room, right after the mass the Legion of Mary is hosting a special celebration for the Virgin Mary's Birthday. Come celebrate the Virgin Mary's birthday with us. Deacon Renzette will be keynote speaker, and there will be games, food, and fellowship. RSVP jacobigio@aol.com if attending.

2025 Mass Intention Book—will be opened on **Tuesday, September 10**. Due to the high demand this year, and our book filling up so quickly, we are going to only open the book for January -1 through June 30, 2025 right now. The second half will be opened later in the year. For those requesting multiple Masses for the year, **you can request 2 per week and only on Tuesdays and Thursdays**.

Art Contest--Drawing of Mother Mary—Drawing must be completed by **September 7** and dropped off @ St. Theresa Parish Office.

Rules: 8 ½ x 11 Sheet, Name & Age and Parent Contact on back, Must be a hand drawn picture of Mother Mary, Only 1 submission per person

Age Groups: up to 5 years old; 6 - 10 years old; 10 - 16 years old; 16 and over

Winners will be announced on September 15th @ 12:30pm Saint Theresa Cafeteria (Donut Sunday). (4) 1st Place Awards | Winners will get a \$25 Gift Card & Trophy

Questions? Contact: Angela Haberland @ angela.haberland@gmail.com, 703.407.1204



Cub Scout Pack 997 (sponsored by St Theresa Parish) welcomes new Cub Scouts for the 2024-2025 school year!



We have an exciting and engaging program planned for the upcoming year. We are open to boys in grades K through 5; Scouts need not be students at St Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held on Wednesday, **September 11** at 6:30 in the cafeteria of St Theresa School. Interested families should send an email to pack997leaders@googlegroups.com for more information.

Join us for a new year of Walking With Purpose - women's and middle school girls' Bible studies!—Walking With Purpose is a Catholic women's ministry that develops Bible studies to reach women and middle school girls. Our small groups from St. Theresa's (which meet weekly September - May in the homes of leaders) combine personal study with small group discussion, linking our everyday challenges to the solutions given to us through the teachings of Christ and the Catholic Church. Free childcare available on Thursday mornings. BLAZE is the Walking With Purpose ministry for middle school girls. The mission of BLAZE is to use Scripture to speak God's truth into the hearts of young girls (you can learn more about the BLAZE ministry at walkingwithpurpose.com/blaze). The adult groups will meet weekly beginning the week of

Sept. 23th. BLAZE will meet weekly for twenty weeks starting in October. Registration is now open (go to St. Theresa's website and under "Activities", click on "Women's Bible Study-Walking With Purpose"). If you desire to grow in your faith—in a supportive community of Catholic women (or girls)—Walking With Purpose is for you! All women are invited to join us in the Atrium (foyer of admin. building) for our Open House/Kick Off Wine Social on Thursday, **September 12th**. Feel free to stop by anytime between 7 and 8:30pm and please bring a friend. This is a wonderful opportunity to see what our program is all about, meet with old friends, make new friends, and check out our small groups! We look forward to seeing you soon! Questions? Email us at stthere-sawwp@gmail.com

YAH (Young At Heart)-Sept. 18— Welcome back from summer break! We will meet after the 12:15 Mass on Wednesday, Sept. 18 for lunch and fellowship. Bring your own "brown bag" lunch; the Club will provide dessert and beverages. RSVP encouraged: Freddie at wallflower64@gmail.com or 703.625.5715. All parishioners ages 55-99+ are welcome!

Are you interested in becoming Catholic or learning more about the Catholic faith? Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start this fall in late October / early November.



Sponsors Needed!
several levels available for individuals or businesses

Friends of St. Theresa School (FOSTS)

14th Annual Golf Tournament
for tuition assistance

Monday, October 7, 2024 | Belmont Country Club

To golf, sponsor, & buy dinner-only tickets:
Scan the QR code, visit the parish website (SaintTheresaParish.com), or call 703/729-3577

A St. Theresa parish tradition!



Adult Education and Spiritual Enrichment

Looking to learn more about your faith? This Fall, the Catholic Education for Adults team will be offering five different classes:

(New Class) Prayer Primer (7 weeks-In-Person): Using Fr. Thomas Dubay's "Prayer Primer – Igniting a Fire Within", learn about the different types of prayer: vocal, liturgical, meditative, and contemplative, as well as how to get more out of your prayer life. Thursdays 7-8pm. **Starts Oct. 3rd.** Contact: Maria Basu at maria_basu@yahoo.com

(New Class) "Unlocking the Mystery of the Bible" (8 weeks-Zoom): Get the "big picture" of salvation history by seeing how fourteen narrative books of the Bible tell the complete story from Adam and Eve to Christ and the Church. Wednesdays 7-8pm. **Starts Oct. 9th.** Contact Nancy Hammitt at hammsf1@comcast.net

The Gospel of Matthew (24 weeks-Zoom): Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today. Wednesdays 7-8pm. **Starts Oct. 2nd.** Contact: Brett at brettastengako@gmail.com

Acts: The Spread of the Kingdom (20 weeks-Zoom): The Compelling Story of the First Christians, Acts:

The Spread of the Kingdom, traces how the gospel witness spread outward in waves from Jerusalem, and reveals how the seeds of Church structure and authority took root. Tuesdays 8-9pm. **Starts Oct 1st.** Contact: Andy at johnson.andrew7003@gmail.com

Prophets (10 weeks): The Prophets: Messengers of God's Mercy examines who the prophets were, their role during their time, and the meaning of their messages for our own time. Wednesdays 7-8pm. Zoom. **Starts Oct. 2nd.** Contact: Mark at markscal-lion20@gmail.com or Wednesdays 7-8pm. In-Person. **Starts Oct. 2nd.** Contact: Linda at lmmetz3@msn.com

That Man is You (TMIY)—Are you looking to strengthen your faith & family and meet other Catholic men at St Theresa's? We're about to start a new TMIY year on Sept 7 -- there's still time join our TMIY program. Use the QR Code below or contact Jack Hayes at 703.537.6418 or jack.hayes422aol.com for more information.



Padre Pio Group—Saint Padre Pio of Pietrelcina is known for his gift of healing. When you become a child of

Padre Pio, he also takes into his prayers your entire family. Wont you join us on the first Friday of every month as we pray the rosary and ask Padre Pio to be our helper in heaven. Pray, hope and don't worry.....Our next meeting will be on **Friday September 6**, at 6:30pm in the Saint Louis Martin Room. Any questions please contact Mirella McAleer 703.463.0847

Women's Discipleship Group—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus is the Mass reading for the upcoming Sunday and a spiritual book selected by our spiritual director Deacon Matthew Noah. Starting in May, we will be watching the series, "Jesus And The Dead Sea Scrolls" with Dr. John Bergsma and Fr. Dave Pivonka. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

Legion of Mary?—Want to deepen your faith, build community, increase in your relationship with our Lord and serve others? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:30pm. Stop by the Saint Louis Martin room and learn more about it.



Knights of Columbus

K of C Pancake Breakfast on Sunday, September 8, 2024:

The Knights of Columbus will be hosting the first pancake breakfast of the school year on Sunday, September 8 in the St. Theresa school cafeteria. Stop by after the morning Masses or at any time between 8 am and 12 noon, and enjoy a delicious breakfast of pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, tater tots and roasted potatoes, along with coffee, orange juice and assorted Dunkin' Munchkins! Profits from this breakfast will benefit the Military Archdiocese.

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that

you cannot complete yourself or that may cause you financial hardship, we are here to help! Projects should take no more than 1-2 hours and involve no more than 1-2 men. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Call for Handyman Crew Volunteers:

Are you available to volunteer as a handyman for those in need? The volunteers of the St. Louis Martin Council of the Knights of Columbus are available to complete small home repairs for the benefit of those in need who are physically incapable of performing the work, or for whom the hiring of a professional is cost prohibitive. Typical projects include Plumbing, Electrical, Carpentry, and Painting. As a volunteer, you will have the

opportunity to work alongside brother knights in support of a worthy cause. What do you get in return? A smile and a thank you from the people you helped. Learn more here: <https://www.st-louismartin-kofc.org/handy-man-services>.

Catholic men: Guided by principles of charity, unity and fellowship, the Knights of Columbus work to strengthen our parish, our families and our community. Interested in learning more about the Knights of Columbus? See our most Frequently Asked Questions at: <https://www.st-louismartin-kofc.org/faqs> or to submit a request for more information or to be contacted by our Membership Committee scan the following QR code.



St. Theresa Catholic Church 2024-2025 Online RE Registration is Open

- Religious Education for Children Grades K-12
- Middle School Classes: Sun/Mon/Tues/Wed
- Elementary Grades: Mon/Tues/Wed
- First Holy Communion prep grades: 1st-2nd
- Confirmation prep grades: 7th-8th
- Special Catch-up classes for students that have fallen behind in their sacraments

<https://sainttheresaparish.com/activity/religious-education/>

REGISTER FOR
RELIGIOUS
EDUCATION

Committed Adorers Needed

We have a need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 12:30, 1:30, 2:30, & 4:00am, 1:00, 2:00, 3:00, and 11:00pm

Monday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:30 and 4:30pm

Tuesday: 12:30, 1:30, 2:30, 3:30, 5:00, 10:30 & 11:30am, 3:00pm

Wednesday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:00, 10:30, and 11:30pm

Thursday: 12:00, 1:00, 2:00, 3:00 & 4:00am, 2:00, 10:30 and 11:30pm

Friday: 12:00, 1:30, 2:30, 3:30 & 11:30am, 3:00, 8:30, 10:00, and 11:00pm

Saturday: 1:00, 2:30, 4:30, 5:30 & 11:30am, 4:00, 5:00, 6:00, 8:00, 9:00 and 11:30pm

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.



Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”— St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



News Around the Diocese

Celebrating A Golden or Silver Wedding Anniversary This Year?—If you were you married in 1974 or 1999, please join Bishop Michael Burbidge for the 2024 Mass for Jubilarians to be celebrated on Sunday, **October 20th** at 3:00 p.m. at the Cathedral of St. Thomas More in Arlington, VA. Contact your parish office to register no later than **October 2, 2024**. For more info, visit <https://www.arlingtondiocese.org/family-life/mass-for-marriage-jubilarians/>.

Married Couples—Getting ready for school means lots of time spent on your children. After school begins, why not give yourselves some time together? Make a Worldwide Marriage Encounter Experience!

For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703.378.4150 or mstang1987@aol.com with any questions. Here are a few upcoming experiences: September 27-29, 2024 - Herndon, VA (only 8 slots left!); October 11-13, 2024 - College Park, MD; November 15-17, 2024 - Virginia Beach, VA

Three to Get Married Marriage Prep in 2024—Oct 24-27 / Nov 7-10 (virtual) / Dec 19-22. The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples.

This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$398 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Find more information on the website ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD.

Single Catholic Young Professional Women—Franciscan Sisters invite you to in-person and on-line Discernment Events designed for you. Discover your calling and purpose. Visit <https://fscs-calledtobe.org> or contact Sr. Julie Ann 920.323.9632.

News Around the Diocese Continued

Book Launch Event—"The Eighth Station". This new photo-journal features beautiful color images of the 8th Station of the Cross from different Catholic churches, accompanied by reflections for women, written by women—including two members of St. Theresa parish. Join Elizabeth Leon, Anne Miller, and other contributors for this exclusive DC-area book signing, discussion, and Q&A. Saturday, **September 7th**, 3–5pm, Trinity House Café, 101 East Market St., Leesburg. Proceeds benefit The Sister of Life. For more information, contact Chris Mooney, 301.908.3956, or <https://viarcucispress.org>.

Mass of Thanksgiving—Most Rev. Michael F. Burbidge invites you to join him in celebrating a special Mass of Thanksgiving for the completion of the Cathedral of Saint Thomas More renovations. Pray with us on Sunday, **September 8**, at the 11am Mass at the Cathedral of Saint Thomas More, 3901 Cathedral Lane, Arlington, VA 22203. A reception will follow in Burke Hall.

Catholic Homeschoolers & Potential Catholic Homeschoolers--You're Invited!—Mayflower Homeschoolers' Warrenton Chapter will be kicking off the homeschool year by celebrating Our Lady's Nativity on **September 9** with Spiritual & Corporal Works of Mercy, plus picnic fun! Join us & bring your Catholic homeschool friends! Details & RSVP at: https://www.mayflowerhomeschoolers.org/2323/events/events_view?public=0&eventid=3281736 Mayflower Homeschoolers is a Roman Catholic multi-chapter homeschool support group under the patronage of Our Lady of Fatima.

AFSP Out of the Darkness Walk in One Loudoun—The American Foundation for Suicide Prevention (AFSP) is an organization with the mission to save lives and bring hope to those affected by suicide. On **September 14**, AFSP is hosting an Out of the Darkness walk in One Loudoun. The goal of this walk is to unite a community of support, raise awareness and much-needed funds for research, education, advocacy, and programs that contribute to the prevention of suicide. Parish member, Anna Haufler, is a volunteer for on the walk's planning committee. She suffered the loss of her older brother Christopher to suicide in

2022, which was also her catalyst for discovering a deeper relationship with God through our church. If you are interested in joining the walk, you can register as a team at the website link here: [<https://supporting.afsp.org/index.cfm?fuseaction=donorDrive.event&eventID=9960>] Anna is also available by email directly at annashauf@gmail.com if there are further questions about the event.

Casino Night Fundraiser—Join Marian Homes, Inc. for a thrilling casino night fundraiser on **September 27**, 2024, at 7pm, at the Country Club of Fairfax. Enjoy a night of high stakes and excitement to benefit the Marian Homes, Inc. capital campaign. Tickets are \$100 until August 1, including playing chips and great food, with additional beverages available at a cash bar. Dress to impress in cocktail attire and dance to a live DJ. Try your luck at blackjack, roulette, craps, Texas Hold'em, and more. Participate in a raffle for extra winnings. All proceeds support intellectually disabled adults. Purchase tickets here: <https://shorturl.at/vm2XD> Don't miss out! Contact marketing@marianhomes.org for more info.

2024 Days of Prayer and Healing After Abortion Retreats: A Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, **September 28**. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org

Do you love someone with a drug or alcohol problem?—The Nar-Anon is a worldwide fellowship for those affected by a friend's or family member's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope. Please join us for an evening of support and recovery; you're only a stranger until you walk through the door. For more information, contact Deacon Noah at dcnnoah@sainttheresaparish.com. Weekly meetings are held on: Mon-

days, 7-8pm, Cascades Library, or via Zoom on Federal Holidays and Thursdays, 7-8pm, Leesburg Presbyterian Church.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Applications for the 2025-2026 academic year at St. Paul VI Catholic High School in Chantilly are now live! Paul VI looks forward to welcoming your family to their caring Catholic community, where they inspire the extraordinary in one another. Please explore the admission webpages (www.paulvi.net/admissions) to learn more about the application process and how applicants can spend a day at PVI to learn more about the school.

Please reach out to the Enrollment Management team at admissions@paulvi.net with any questions you may have. Paul VI looks forward to welcoming you to their community!

Seeking a New Executive Director—Agapé Pregnancy Center of Loudoun, located in historic Leesburg, VA, is a non-profit, life-affirming, Christian organization that provides counseling, resources, and material support to pregnant women and their families, especially women facing an unplanned pregnancy. The Director heads daily operations; recruits, trains and manages staff/volunteers; cares for the needs of our clients; is responsible for fundraising and marketing initiatives; reports to the Board of Directors; and attends local, regional and international meetings. Position available immediately.

- 20-hour minimum part-time paid position
- Salary commensurate with experience
- Conversational Spanish a plus but not required

Go to AgapeofLoudoun.org/ employment for a full job description and to submit a letter and resume.



Parish Offices

Secretary: Kelly Cosenke, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Fall Consignment Sale Date—Mark your calendar Sept 28th!

For more information on volunteering, consigning or shopping go to www.littleflowerconsignments.org
Want to donate children's items for the next sale? Contact Elisa Mitchell at eagmitchell@gmail.com.

Gas Cards Needed—We are in need of gas gift cards to help struggling families get to work and doctor's appointments. Place in lock box at church or drop off to parish office. God bless you.

Festival of Trees-December 7th & 8th—The Festival of Trees is a raffle of 3-to-4-foot themed Christmas Trees, wreaths, and gift baskets. This event is fun for all. The proceeds from the event helps families in need through Divine Mercy Outreach. Those who would like to donate a tree or wreath or basket, contact Marianne Guidos at dmoutreach@sainttheresaparish.com. Not sure of theme- no worries, you can let us know later. Thank you to those who have already reached out!

Do you have furniture items to donate?—Consider donating to help families in need that are moving out

of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Donate—Your donations make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances.

Donations accepted online, or by mail

or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others.

Bed Ministry—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too! We have had an increase in bed requests. It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Looking for more ways help? Sign up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you sign up you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com.

SERVING THE COMMUNITY FOR 40 YEARS

FAMILY OWNED & OPERATED SINCE 1975

JOHN NUGENT & SONS

HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS



Your comfort is our concern

Call **703-356-7499** to request
service **ANYTIME** am or pm!



Compassionate Home Care

Homewatch
CareGivers

571-556-3035
hwcg.com/loudoun

Bill Johnson, PCA
Director of Client Services
Saint Theresa Parishioner
Caregiver

© 2024 Homewatch CareGivers Franchising SPE LLC. All rights reserved. Each location independently owned & operated.

Broadlands family Dentistry

43150 Broadlands Center, Plaza #158,
Ashburn, VA 20148
(Located in the shopping center next to the church)

*smile
freely*

Victor Han, DDS
703.726.1600

www.broadlandsfamilydentistry.com



IF YOU LIVE ALONE

MDMedAlert!™

✓ Ambulance ✓ Police/Fire
✓ Family/Friends ✓ GPS & Fall Alert

CALL NOW! 800.809.3570 md-medalert.com

STARTING AT
\$19⁹⁵
/mo.



**ROOFING
SIDING
GUTTERS
WINDOWS
& DOORS**

Fully Licensed,
Bonded & Insured

**FREE Estimates on
Repair & Replacement**

703-230-ROOF
7663

www.dryhome.com



**FREE
AD DESIGN**

with purchase
of this space

CALL
800-477-4574

GREEN SUN, INC.

Parishioner



Let us do the work! 703.327.7018

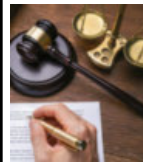
*Modern Landscape Design Service
and Landscape Maintenance*

Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living

Visit our Photo Gallery at
www.greensunlandscapes.com

**SHANNON &
WRIGHT LLP**

338 E. Market Street • Leesburg, VA



- Wills, Estates & Trusts
- Tax Planning & Tax Services
- Business Transactions
- Employment Law
- Real Estate & Land Use
- Litigation

571.620.1930 • www.shannonwright.law



- Transportation to Doctor
and Church Services
- Medication Reminders
- Bed Side Care • Bathing/Dressing

Home Healthcare Agency

With Peace of Mind

(703) 466-0199

www.careforseniors.net

SUPPORT OUR ADVERTISERS!

DISCOVER YOUR BEST SMILE WITH THE #1 INVISALIGN® PROVIDER IN THE NATION

MOST INVISALIGN PATIENTS TREATED SUCCESSFULLY NATIONWIDE
OUR OFFER FOR ST. THERESA'S FAMILIES

\$800 OFF

FULL TREATMENT



Scan to schedule your
complimentary consultation

DR. ZACH CASAGRANDE | DR. ELVI BARCOMA | DR. DANIELLE ROBB
DR. JESSICA ITANI | DR. SONNY SONG | DR. KIANOUSH TARI



Northern virginia
orthodontics

ASHBURN | RESTON | ONE LOUDOUN
TYSONS | PURCELLVILLE | ARLINGTON

Offer valid for new patients and full treatment only. Cannot be combined with any other discounts or promotions. Offer not valid on Invisalign Express treatment. Offer expires 6/30/24. Invisalign, Invisalign One, Invisalign Express, Invisalign i7, Invisalign i9, Invisalign i10, Invisalign i12, Invisalign i14, Invisalign i16, Invisalign i18, Invisalign i20, Invisalign i22, Invisalign i24, Invisalign i26, Invisalign i28, Invisalign i30, Invisalign i32, Invisalign i34, Invisalign i36, Invisalign i38, Invisalign i40, Invisalign i42, Invisalign i44, Invisalign i46, Invisalign i48, Invisalign i50, Invisalign i52, Invisalign i54, Invisalign i56, Invisalign i58, Invisalign i60, Invisalign i62, Invisalign i64, Invisalign i66, Invisalign i68, Invisalign i70, Invisalign i72, Invisalign i74, Invisalign i76, Invisalign i78, Invisalign i80, Invisalign i82, Invisalign i84, Invisalign i86, Invisalign i88, Invisalign i90, Invisalign i92, Invisalign i94, Invisalign i96, Invisalign i98, Invisalign i100. © 2024 Invisalign, Inc. All rights reserved.



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

NOVA

PEDIATRIC DENTISTRY
& ORTHODONTICS

BRINGING SMILES TOGETHER



Dr. Matt

Dr. Maria

Dr. Val

Dr. Courtney

Dr. Lydia

(703) 729-7005

www.novapdo.com

Dr. Val

Parishioner *and* STCS Parent

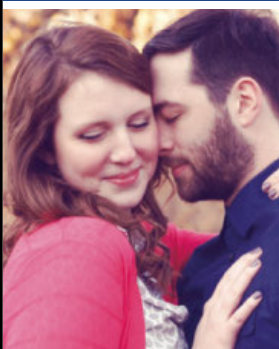
**P & D
PLUMBING**

No job too small or too big, we do it all!

703-939-4473

LICENSED & INSURED
www.PandPlumbing.com

**catholicmatch®
Virginia**



CatholicMatch.com/VA



**FREE
AD DESIGN**

with purchase
of this space

**CALL
800-477-4574**

**SUMMIT ROOFING
CONTRACTORS INC.**

WE OFFER
FINANCING

NEW ROOFS • RE-ROOFS • TEAR OFFS • SIDING • SHINGLES
REPLACEMENT WINDOWS • ROOF REPAIRS • ALUMINUM GUTTERS

703-368-7483 • summitroofing.com
13042 HANSEN FARM ROAD • MANASSAS, VA 20109



Holding Hands
Home Care

Companionship • Homemaking
Personal Care • Movement Disorder Care
Respite Care • Dementia Care

www.holding-handshomecare.com

leeanne.philbin@holdinghandshc.com

Contact Lee Anne Philbin at 571-545-3555

AG

ADAMS-GREEN
FUNERAL HOME & CREMATORY

Family Owned & Operated Since 1885 • Serving Northern Virginia



- Crematory on premises
- Military, out of town & international arrangements
- Pre-planning available
- Out of state burial
- Chapel for all faiths
- Convenient parking

The personal and professional service you deserve during a difficult time in a home like atmosphere.

721 Elden Street • Herndon, VA 20170
703-437-1764 • 703-471-4090
www.adamsgreen.com

BILL KEATLEY
Manager
KATHRYN ADAMS
Owner



SUPPORT
OUR PARISH



**VIRGINIA ADVANCED
SURGICAL ARTS**

Wisdom Teeth | Dental Implants
Cosmetic Facial Surgery
WASHINGTONIAN TOP ORAL
& FACIAL SURGEON

Craig Vigliante, MD, DMD
Board Certified Oral & Facial Surgeon

703-723-5366

PARISHIONER / SCHOOL PARENT

vasurgicalarts.com



The life you lead is reflected in the life you leave.



LEGACY
LAW CENTERS

Comprehensive Estate Planning
571-777-1000
www.legacylawcenters.com
Sam Mansoor, ESQ
STCS Parent and Parishioner

meineke
TIRES AND WHEELS
AC/EXHAUST AND
MUFFLERS/BRAKES
OIL CHANGES

**CHECK OUT THE
WEBSITE FOR
VALUABLE COUPONS!**

703-774-9240

SCAN ME



**Dr. Jean-Claude
Kharmouche**

NOVA PERIO SPECIALISTS
Periodontics & Dental Implants

**Board Certified Specialist
Over 25 Years Experience**

STERLING
21165 Whitfield Pl. • Suite #107

ALDIE
24585 Stone Carver Dr. • Suite #100

LEESBURG
2 Cardinal Park Dr. • SE #102B

703.444.4377

www.perioperio.com

Sterling | Aldie | Leesburg



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000



158 Catoctin Circle, SE • Leesburg, VA 20175
703-777-6000

HOW WILL YOU BE REMEMBERED?

Full Service Facility • Pre-Planning
Traditional Burial Services • On-site Cremation Services
Receptions • Monument Sales & Installation

www.loudounfuneralchapel.com



TRUSTED
SENIOR CARE
SERVICES
PROVIDING
A HELPING
HAND AT HOME

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

Arlington Diocese
Member Owned
& Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950



Jonathan Laramie, Attorney

Wills, Trusts, Probate

Tel: (703) 865-2525

www.DominionLawGroup.net

WE APPRECIATE OUR
ADVERTISERS!

SUPPORT THE ADVERTISERS that Support our Community!

Seeking treatment for knee osteoarthritis pain?

The SKOAP knee osteoarthritis research study is recruiting at Walter Reed Army Medical Center.



SKOAP is a national study that compares non-opioid pain treatments with the goal of reducing knee osteoarthritis pain and improving function to find out what treatments work best for which patients.



To learn more and enroll, scan the QR code or visit skoapstudy.org



SHORT STAFFED?

Place an ad here to find new local talent for your business.



CALL 800-477-4574

SUPPORT OUR
ADVERTISERS!



LET'S GROW YOUR BUSINESS

Place Your Ad Here
and Support Our Parish!

CONTACT ME
Wendy Bond

wbond@4LPi.com • (800) 477-4574 x6420

"Loudoun's Oldest Family-Owned & Operated Funeral Home"



Greg & Suzanne Walley, Owners

201 Edward Ferry Road NE,
Leesburg, Virginia 20176

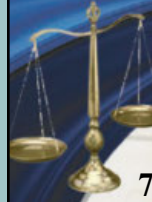
703-777-1414

www.colonialfuneralhome.com

- Burial • Cremation
- Veterans Funerals • Preplanning

Westlake Legal Group

"We plan to win, because we plan to win"



Family Law & Adoption
Criminal Law • Personal Injury
Bankruptcy • Civil Law

703.406.7616 ~ WestLakeLegal.com

46175 Westlake Drive, #320, Potomac Falls, VA 20165

Stream Valley Veterinary Hospital

As Professionals, we will provide you with or advise you
about the finest and most up-to-date
veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY
703-723-1017

streamvalleyvet.com • Parishioners

Complete Health Dentistry
Ann N. Hebda D.D.S.

Dental care for the
Entire Family



St. Theresa Parishioner

Dr. Ann N. Hebda

www.drannhebda.com

703-723-9788

20600 Gordon Park Square, Suite 190
Ashburn, VA 20147

Diocesan Member

ALL ABOUT FENCES LLC

"Large enough to serve, small enough to care"

- Free Estimates
- 100% Financing Plans Available
- Your Trusted Fence Provider For Loudoun County And Surrounding Areas
- Family-Owned Professionally Operated

703-887-0927

allaboutfencesllc.com



For Driveway Paving, Private Road
Paving, Sealcoating, Resurfacing and More

State of the art full-service paving company to manage
your paving products from concept to completion
Residential & Commercial • Best Quality Services & Experienced Employees
A QUALITY PRODUCT AT A REASONABLE PRICE!

CALL ADAM - PARISHIONER
571.722.6323 • ashburnasphalt.com



Sam Mansoor
Attorney

Qualified Master Counselor
Trusts and Estates Practice
AWARDED 2022-2024

Parishioner
STSC Parent

COMPREHENSIVE ESTATE PLANNING

Wills • Trusts
Medical Directives

www.legacylawcenters.com

571-777-1000



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized
Provider

SafeStreets

833-287-3502



We welcome residents into warm home settings, care for them with respect and
devotion, and ensure their days are filled with hope, purpose and joy.

Call Us to Schedule a Tour: 571-378-0295
www.paragonassistedliving.com

Trusted Senior Care Provider
at Your Home...or Ours!



ALWAYS HIRING GREAT CAREGIVERS

An established, premier home care provider awarded the "Best of Home Care"
Award for the highest customer satisfaction ratings based on blind survey of clients
Call Us For A Free Assessment Today (703) 942-8850 - www.paragonhomecare.com



St. Joseph's Roofing, Inc.

ROOFING • WINDOWS • GUTTERS • SIDING

703-716-7663

www.SJRoof.com

POTOMAC SERVICLEAN MAID SERVICE

FREE ESTIMATES
FAMILY OWNED & OPERATED

\$20.00 OFF
2ND CLEANING
WITH THIS AD

~ Licensed • Bonded • Insured ~
(703) 435-0409 • (703) 725-7371
SINCE 1989

JEWELRY - GIFTS - APPAREL

KETTERMAN'S
always...

IN-HOUSE JEWELRY REPAIR & DESIGN

Celebrating, Preserving and Making Memories
From our family to yours since 1951

212 Catoctin Circle, SE, Leesburg, VA

always@kettermans.com • 703.777.0033 • www.kettermans.com



Veteran Family
Owned Since 1984

FULL SERVICE
703-726-9444



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000