

# Masses for the Week

Mon, March 3	6:15— Miles Family 8:30— M. Chacko+ 12:15— Joseph M. Begley+
Tues, March 4	6:15— Shafica Soraya Graoui+ 8:30— Frances Tabash+
Wed, March 5	6:15— Jerome+ and Lou Miles 8:30— Kha Le & All Souls+ 12:15— Barbara Sullivan+ 4:30— Joseph Tretter+ 7:30— Tim Brown
Thurs, March 6	6:15— Dennis Walter 8:30— Pauline Chang+
Fri, March 7	6:15— Timothy Walter 8:30— Joseph Marcel Poulin+ 12:15— John O'Connor+
Sat, March 8	8:30— Jianna, Janinna, Joseph and Gigi George 5:30— Steven Hockenbury+
Sun, March 9	7:30— Gary & Gloria Glenn+ 8:45— Jennifer Tellis 10:30— Bernardo R. Go+ 12:30— St. Theresa Parishioners 5:00— Brandon Blackwood

#### 8:30am, 5:30pm Vigil Mass Saturday: Sunday: 7:30, 8:45am & 10:30am 12:30 & 5:00pm Weekdays: 6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays Holy Days: As announced Holy Hour: Wednesdays, 7pm **Confessions:** Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment \*\*Federal Holidays—6:15 and 8:30am Masses only

**Parish Mass Schedule** 

# Clergy

Reverend James C. Hudgins, Pastor Reverend Paul Dudzinski, Parochial Vicar Reverend Christopher T. Vaccaro, Parochial Vicar Reverend John F. O'Farrell, Parochial Vicar Deacon Paul C. Konold Deacon Anthony J. Renzette

**Prayers For The Sick**: Maddie N., Linda McKay, Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino. **Prayers For Our Military:** Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante.

## Lent is Coming—Six Reasons to Give Up Meat on Fridays

**First**: The Catholic Church is a family, and fish Fridays are an old family tradition. Giving up meat on Friday is something we do together. Think about it further. This is a worldwide Church. Giving up meat is a way to hold hands with over a billion fellow Catholics worldwide, standing for spiritual reform. It's a kind of peaceful, global protest.

**Second**: Giving up meat may not be a great hardship for you, but that's not the only reason to follow a Church discipline. Following this "no meat" discipline helps you to pay attention to the greater reality of your faith. Every time you make an effort—even a little effort—to strengthen your faith, it grows.

**Third**: Once you've stopped to think about not eating meat, it should make you think further about the real sacrifices you are making in your life. Maybe being more patient with that difficult family member, or going the extra mile with that cranky colleague is your real sacrifice. Not eating meat prompts you to focus on what matters.

**Fourth**: Not eating meat should become a prayer prompt. It's not just about giving up meat. It's also about praying more and drawing close to God. Instead of the meat meal, get into the solid food of the Sacred Scriptures and prayer.

**Fifth**: The little sacrifice of giving up meat should also remind us about another aspect of spiritual growth: almsgiving. What might you spend on a steak sandwich, or a cheeseburger? Why not put that money aside and give it away? Someone out there really needs the help!

**Sixth**: Meat is a symbol of our materialism. St. Paul deliberately uses the word "flesh" (or "meat") to remind us of our lower appetites. When we give up meat, we should be reminded to give up permanently all the sins of the flesh. It helps us set our minds on things above and not on this world. We should use this discipline to question our attachment to all material possessions and help us to remember that our trust is never in our riches. This little discipline should help us live more simply, remembering that the sooner we decide we have enough, the sooner we will have enough.

The specific Catholic rules on meatless Fridays are not an end in themselves, but a prompt to get us to examine even deeper spiritual realities. So, give up meat on Lenten Fridays, but don't do it blindly. Do it with an open heart, with an open soul, and with a searching intellect to understand the full benefits of this discipline.

God bless you...and St. Theresa, pray for us!

Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

# Upcoming Early Bulletin Deadlines

Take note of the following upcoming early bulletin deadlines:

March 23 bulletin--due by Monday, March 10 12noon March 30 bulletin--due by Wednesday, March 12 12noon April 20 bulletin--due by Tuesday, April 8 12noon

# **Parish Lenten Activities**

#### Lenten Soup Suppers 6 – 7:10pm in School Cafeteria

March 7 – provided by Parish/RE/ School Offices March 14 – provided by Walking With Purpose March 21 – No Lenten Dinner due to Consignment Sale March 28 - Legion of Mary April 4 – provided by Knights of Columbus April 11 - Ladies of the Parish \*Donations will be given to charity

**Daily Mass Times** 6:15 & 8:30am 12:15pm Mondays & Wednesdays

**Confession Times** Wednesdays 9:00am & 6:30pm Saturdays 4:00pm (All until the line ends) Vespers & Stations of the Cross Every Friday during Lent: Vespers at 7:15pm & Stations of the Cross at 7:30pm

First Friday Mass Times – March 7 & April 4 6:15 & 8:30am and 12:15pm

**Pancake Breakfast – March 9** After 7:30, 8:45 & 10:30am Masses We have an urgent need for committed **Sunday**: 1:00am, 3:00am adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Monday: 2:30am Tuesday: 3:00am

Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

#### Friday: 6:30pm

Saturday: 5:30, 7:30, & 9:30pm

To sign up for one of our open Adoration time slots above, please go to http://sainttheresa.letusadore.com or come by the parish office.

# Youth Education and News



ymoffice@sainttheresaparish.com

#### March

Sun, 2nd-Upper Room Squad, 6-8pm

Sun, 9th-Upper Room Squad, 6-8pm

Thurs, 13th- WorkCamp Prep Meeting, 7-8:30 pm, St Louis Martin Room

Sun, 16th-Upper Room Squad, 6-8pm

Sun. 23rd-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 24th-Food Sort by Expirations Dates, 7-8:30pm

Tues, 25th-Load food for transport, 6:15-7pm

Sun, 30th-Upper Room Squad, 6-8pm

#### April

Sun, 6th-Upper Room Squad, 6-8pm

Thurs, 10th-WorkCamp Prep Meeting, 7-8:30 pm, Saint Louis Martin Room

Sun, 13th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 14th-Food Sort by Expirations Dates, 7-8:30pm

Tues, 15th-Load food for transport, 6:15-7pm

Sun, 27th-Upper Room Squad, 6-8pm

**NVJCYO Volleyball Registration is** now open: The St. Theresa CYO Vollevball program follows the guidelines established by the NVJCYO. It is open to all female students currently enrolled in St. Theresa School in grades 3-8 or the St. Theresa Church Religious Education program in grades 3-8. The program is always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. Registration for the 2024 season opens on February 7th, 2025. You can register at https://reg.sportspilot.com/106557

Registration will close on March 2nd, 2025. Cost is \$70 to join a team. Practices will begin in early March by then teams should be formed (enough players registered and a coach identified). Your child's coach will contact you with specifics. Practice times are determined by gym space availability and the coach's availability. Practices are generally 60 to 90 minutes, twice a week. Games should begin in early April and run through mid / late May. Matches are played at gyms throughout the Diocese of Arlington - venues are determined based on availability. Shirts will be provided and are covered as part of the fee. If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at cyo@sainttheresaparish.com.

#### St. Theresa CYO Thunder Runners

Registration: St. Theresa Thunder Runners, CYO Track & Field program is open to parishioners in grades 4th -8th. The season will begin April 4, and ends mid to late May. We will participate in a track meet as a team in late May 2025, exact date is TBD. Practices will be held Tuesdays and

Fridays on the St. Theresa school track. Practices will generally be held between 3:00pm-4:45pm, however there are some days practices will be held at 1:30 or 11:30 if St. Theresa school has an early dismissal. Cost of the program is \$65 per child. Registration will open on March 27, 2025, at 7pm. The first 50 registrations will be accepted; once registration is full the program will be closed. There is no late registration period. All levels of runners welcome! Please contact Coach Amanda Todd at mander118@yahoo.com if you have any questions.

You can register at https:// reg.sportspilot.com/106557 once the link is opened on March 27 at 7pm.



Office Hours: Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Office Hrs: 9:30am-3:30pm (closed for lunch 12-1)



STCS Parents, please see the **Thurs**day **Thunder Newsletter** for information on important dates and events, including:



- Sunday, March 2— Thunder Readers Week begins Wednesday, March 5— Ash Wednesday, all-school Mass Friday, March 7— Stations of the Cross for students Sunday, March 9— Spring Book Fair Preview during Knights' Pancake Breakfast Monday, March 10— Teacher Workday, no school for
- students Tues, March 11-Fri, March 14—
- Spring Book Fair **Friday, March 14** Annual Student Art Show
- St. Theresa Catholic School's **Annual**

**PTO Auction, "Bloom" is on Friday, May 9, 2025!** Our auction relies on donations from parents, alumni families, and parishioners -- we can't do it without you! We are looking for gift cards for experiences, restaurants, salons; vacation condos, homes, timeshares; tickets to games, concerts, events...can you help? Information is on the school website, www.stsashburn.com (click Support/Auction) or email stsauction@stsashburn.com. *Thank you for supporting STCS!* 

Apply to STCS! The application window for new families is NOW OPEN – don't miss it! Would you like to learn more about our parish school and how Catholic education can make a difference in your child's life? Please visit our website for more information (click "Admissions") or email Admissions Director Denise Rotell, rotelld@stsashburn.com.



# **Adult Education and Spiritual Enrichment**

**Padre Pio Group**—Saint Padre Pio of Pietrelcina is known for his gift of healing. When you become a child of Padre Pio, he also takes into his prayers your entire family. Won't you join us on the first Friday of every month as we pray the rosary and ask Padre Pio to be our helper in heaven. Pray, hope and don't worry.....First Friday at 6:30pm. Our next meeting will be March 7, Saint Louis Martin Room. Questions, contact Mirella McAleer 703.463.0847

**Women's Discipleship Group**—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus for the Lectio Divina prayer is the Mass reading for the upcoming Sunday. Starting September 25th, we will be studying women in the Old Testament. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

#### The Catholic Education for Adults Program will be offering three classes this Spring:

Unlocking the Mystery of the Bible: Take a journey through the Bible and understand your salvation history. 8 weeks. Wednesday nights from 7-8pm on Zoom and In-Person. **Starts** 2/19/25.

<u>No Greater Love</u>: A biblical walkthrough Christ's Passion. 5 weeks. Thursday nights from 7-8pm. In-Person. **Starts: 3/6/25** 

<u>Luke - The Story of Salvation</u>: This new class takes you on a journey that begins with the foretelling of John the Baptist's birth and culminates in the Ascension of Jesus. 8 weeks. Tuesday nights from 8-9pm on Zoom. **Starts: 3/18/25**.

Please contact Andy Johnson at johnson.andrew7003@gmail.com for additional details or to sign-up.

**That Man is You (TMIY)**—Are you looking to strengthen your faith & family and meet other Catholic men at St Theresa's? A great group of over 30 men meet weekly, building new friends in the parish while becoming better husbands and fathers! Use the QR Code below or contact

Jack Hayes at 703.537.6418 or jack.hayes422aol.com for more information.



## Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

# **News from our Parish**

**Lenten Soup Suppers**—Come and enjoy our Parish 2025 first Lenten Soup Supper this coming Friday, March 7. It will be hosted by the Staff of St Theresa Admin Office, Religious Education and School from 6-7:15pm in the School Cafeteria. Everyone is invited. Come meet members of our Staff, your fellow Parishioners, enjoy the free meal, make new friends and give alms to the Poor. Proceed to the Friday Stations of the Cross after the Supper in the Church.

**YAH (Young At Heart) Club**—We will meet on Wednesday, March 19 (feast of St. Joseph) after the 12:15 Mass for a delicious lunch of lasagna, salad, and dessert (\$7 or \$10 for guests.) New members and guests are welcome! If you plan to join us RSVP to Freddie at wallflower64@gmail.com or 703.625.5715.

**Sponsorships and Donations Needed**—St. Theresa Catholic School's annual auction is May 9, 2025 and we are actively procuring donations and sponsorships. Do you own a business? Can you provide a service? Do you own a vacation property? Do you have goods that may be live or silent auction eligible? Reach out to the auction team at stsauction@stsashburn.com to discuss. They would love to hear from you!

April Baptism Class--Please Note— The April Baptism class is being moved to the April 10th.

#### **Easter Art Contest**



Art Contest Theme: Christ is Risen Drawing must be completed by April 11th and dropped of @ Saint Theresa Parish Office 21370 St Theresa Lane, Ashburn, VA 20147. Parish Office Hours: M-F: 9:30am-3:30pm (closed for lunch 12-1)

Rules: 8 <sup>1</sup>/<sub>2</sub> x 11 Sheet Requirements: Include Name & Age and Parent Con-

tact Name and email on back; Must be a hand drawn picture; Only 1 submission per person. Age Groups: up to 5 years old; 6 - 10 years old; 11 - 15years old; 16 - 24 years old; 25 - 44years old; 45 and over.

Winners will be announced on April 20th by email. All drawings will be available for pickup on April 21st. Angela Haberland will contact you by email. (6) 1st Place Awards | Winners will get a Trophy and a \$25 Gift Card. Questions? Contact: Angela Haberland @ angela.haberland@gmail.com

#### Come and join our Catholic Fellowship while crocheting and knitting—

You can bring your own projects and supplies to share creations in a team effort or individually for charity, or even simply for yourself. Whatever pleases you and brings you closer to virtues we all aspire to emulate in His name. We meet Wednesdays 9am-12pm and Fridays 3:30-5pm. Call Jennie Brusstar at 571.598.6854 for location and any other questions!



www.sainttheresaparish.com

703.729.2287

Office Hrs: 9:30am-3:30pm (closed for lunch 12-1)



#### Legion of Mary

Want to deepen your faith, build community, increase your relationship with our

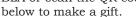
Lord, and serve others? Want to be part of something bigger than yourself? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:30pm. Stop by the Saint Martin room and learn more about it.

#### Home Enthronement of the Sacred Heart

Our Lord revealed that wherever the image of His Sacred Heart is exposed and given special honor, great blessings, and graces would abound. One way to accomplish this goal is to do a formal enthronement of the Sacred Heart in your home. The enthronement is a ceremony where Jesus is invited into your home and is given authority over your family/household.

# **News Around the Diocese**

**Bishops Lenten Appeal (BLA)** Abounding in Hope—This weekend each household is asked to make a pledge or gift to the BLA. This appeal provides an opportunity to unite as a Catholic family and to support the various programs and ministries that help tens of thousands of people in our diocese. After reflecting upon God's blessings to you, please consider a pledge that will allow you to share your gifts with your neighbors. Each donation is vital to the success of the appeal and the important work that it funds. You may complete a pledge card at Mass, mail in your pledge, go online to www.arlingtondiocese.org/ BLA or scan the QR code





#### Thinking of a priestly vocation? (for men 18-35 years old)

The Office of Vocations is holding events for young men who want to deepen in their prayer life and explore a priestly vocation: March 21-23 -visit to St. Charles Borromeo Seminary-Spending a weekend at a seminary is a critical part of exploring your vocation. You live, pray, eat and recreate with seminarians and experience first-hand what seminary life is like. Join Vocations Director Fr. Isenberg for a weekend at St. Charles Borromeo Seminary near Philadelphia, PA. The group departs northern Virginia Friday March 21 at 5:30 p.m. and returns Sunday March 23 in the afternoon. Cost is \$40. Contact the Office of Vocations for more info and to register: vocations@arlingtondiocese.org or 703.841.2514.

# Catholic Charities is looking for a full-time Case Coordinator Assistant

I.—Position is full-time, in person at our Sterling office. Responsibilities including responding to a large volume of emails from those looking for financial assistance. Must be proficient in Microsoft Outlook, Excel and Word. To apply, visit: https:// us242.dayforcehcm.com/ CandidatePortal/en-US/cda/Site/ CCDACarrerSite/Posting/View/2249

Three to Get Married Marriage Prep in 2024—Mar 13-16 (virtual); Mar 27-30; May 15-18. The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$398 per couple. ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD.

**Catholic Homeschoolers & Potential** Homeschoolers—YOU'RE INVITED! Are you a Catholic homeschooler or thinking of becoming one in the fall? Mayflower Homeschoolers' Fall 2025 membership applications are now open! Go to mayflowerhomeschoolers.org to inquire! Join soon & enjoy being 'grandfathered-in' to the remaining activities of this current school year too! We offer weekly activities that enrich your Catholic homeschool for all ages all year! Plus, parent events, 4 themed teen dances and a traditional graduation! MH is a Roman Catholic multi-chapter homeschool support group under the patronage of Our Lady of Fatima.

Please email sttheresalegionofmary@gmail.com to schedule one.

#### Prayer Request -Are you in need of prayer?

Send The Legion of Mary a prayer request to sttheresalegionof-

mary@gmail.com Your prayer will be added to our list and kept confidential. Matthew 18: 20 For where two or three come together in my name, I am there among them.



Supporting the Cloistered Dominican Nuns of St. Dominic's Monastery, Linden, VA on Sunday, March 30-The Most Rev. Michael F. Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St. Dominic's Monastery. The Laetare Benefit is our annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA in the Diocese of Arlington. As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and they are building a Chapel at the Monastery. Please show your support and join us for a reception, dinner, raffle, and auction which will be held on Sunday, March 30, 2025 from 5:00 pm to 8:00 pm at the Westwood Country Club, 800 Maple Avenue East, Vienna, Virginia. Seating is limited. RSVP by March 20, 2025. Tickets are \$250 each and table sponsorships are available, starting at \$2,500 for 10. Cocktail attire. Please send a check payable to Friends of St. Dominic's Monastery, 508 N. Payne Street, Alexandria, VA 22314, or to purchase tickets online through Faith Direct, follow link to be taken to the registration page https:// forms.ministryforms.net/embed.aspx? formId=b2af3583-f195-4ee0-a7a9b3167a9acce5 OR visit www.lindenopnuns.org /laetarebenefit For more info, please contact: friendsofstdominicsmonastery@gmail.com

# **More News Around the Diocese**

Men Seeking Jesus in Lent Men's Silent Retreat—For 40 days Our Lord retreated into the desert to fast, to pray -- and to endure temptation. Join a Band of your Brothers and Fr. John Riley at the Arlington Diocese's San Damiano Retreat Center in White Post, VA to fully embrace the solemn season of Lent... to pray and ponder how to become men after Christ's Own Heart and to prepare for a fruitful Lenten season. The retreat begins at 6pm on Friday, February 28th, and ends at noon on Sunday, March 2nd. Retreat cost is \$285 per person. For further information or to register, please contact Father John Riley at john.riley@arlingtondiocese.org

2025 Teacher Job Fair—The Office of Catholic Schools is holding the 2025 TEACHER JOB FAIR at St. Bernadette School in Springfield, VA on Saturday, March 8, 2025 from 9-11am. Principals from over 30 Catholic schools in the Diocese of Arlington will be available to meet with teaching candidates for the 2025-2026 school year. To register in Advance, please go to this link and complete the online form https://forms.office.com/ r/5VEiXMSmAG. Blvd., Bethesda, MD 20817.

Men's Conference 2025 - "Anchored in Hope"—All men of the Diocese of Arlington are invited to join us on March 8th at the 2025 Men's Conference, with the theme "Anchored in Hope". The Conference will feature speakers Michael Warsaw, President & CEO of EWTN, and John Cuddeback, professor at Christendom College and founder of LifeCraft, as well as Mass celebrated by our shepherd, the Most Rev. Michael F. Burbidge. The day will end with a Q&A featuring the Bishop and the two speakers. For more information and to register, head over to arlingtondiocese.org/men! See you there! Price for the Conference is \$85

Women's Conference 2025 -"Journey of Hope"-All women of the Diocese of Arlington are invited to join us on March 15th at the 2025 Women's Conference, with the theme "Journey of Hope". The Conference will feature speakers Laura Phelps, speaker and author from "Walking with Purpose", and Sr. Mary Elizabeth Albers, SOLT, vocations servant for the SOLT

sisters, as well as Mass celebrated by our shepherd, the Most Rev. Michael F. Burbidge. The day will end with a Q&A featuring the Bishop and the two speakers. Register today at arlingtondiocese.org/event/women. Price for the conference is \$85!

#### George Weigel at Trinity House

Cafe—Mike & Liz Ortner & Trinity House Community would like to invite vou to a conversation with Distinguished Senior Fellow & Wm E. Simon Chair in Catholic Studies at EPPC, George Weigel on The Call to Be Evangelical Catholics - A Lenten Reflection & Conversation on Thursday, March 20, 2025 from 7-8:30pm at St. John the Apostle Parish Center, 101 Oakcrest Manor Drive NE, Leesburg. Hors d'ouevres & Desserts. Copies of Evangelical Catholicism will be available for purchase. RSVP by March 13 to gsayers@trinityhousecommunity.org Space is Limited, please RSVP soon,

New: Private Retreats at Our Lady of Bethesda! Mar 21-23, 2025 (Men & Women); Apr 3-6, 2025 (Men only); Apr 11-12, 2025 (Women only)—Our Lady of Bethesda now offers Private Retreats! A unique opportunity, the Private Retreat allows your soul to explore your spiritual journey at a pace that suits your needs. It coincides with a preached retreat, offering the same access to the sacraments, meals and our facilities, while giving you the flexibility of a private, self-directed experience. Cost is \$226 per person, if registered by the early-bird deadline. Advance Registration is required. Don't wait, sign up now and embrace this sacred time to nurture your unique soul and strengthen your faith. Visit our website to register and to find more dates at ourladyofbethesda.org. Or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

**Praying with the Saints Married** Couples' Retreat—With considerations of the lives and teachings of great saints, like St. Ignatius of Loyola, St. Alphonsus Liguori, St. John Paul the Great, and St. Teresa of Avila, this retreat will focus on aiding married couples to incorporate a deeper spiritual life into their vocation. Join Fr. Stephen Vaccaro and Fr. Ed Guilloux at the feet of Jesus at the

Arlington Diocese's San Damiano Retreat Center in White Post, VA to learn more about these great saints. The retreat begins at 6pm on Friday, March 21st, and ends at noon on Sunday, March 23rd. Retreat cost is \$470 per married couple. For further information or to register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org

Women Seeking Jesus in Lent Women's Silent Retreat-In the Gospels it is apparent that most of the time the brothers misunderstood Jesus... and that most of the women Christ encountered understood Him profoundly and responded swiftly... in a manner which delighted Him! In this retreat, we will consider how to be faithful to the promptings of your "Feminine Genius" as you seek to be the friends and intimates that Our Lord longs for you to be... Join Fr. John Riley at the Arlington Diocese's San Damiano Retreat Center in White Post, VA for a time of reflection and prayer during the Lenten season. The retreat begins at 6pm on Friday, March 28th, and ends at noon on Sunday, March 30th. Retreat cost is \$285 per person. For further information or to register, please contact Father John Riley at john.riley@arlingtondiocese.org

Separated or Divorced?-St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Scholarship Opportunity—The Associates of St. John Bosco (ASJB), a Catholic non-profit in the diocese founded by Fr. Christopher Vaccaro, has opened its scholarship application for all current and rising college students. This year, ASJB has more than doubled their scholarship offerings! ASJB will be awarding up to \$40,000 to up to five worthy recipients who seek to serve the Church in some way after they graduate from college. Applicants must be residents of the Diocese of Arlington. Students may apply by May 19, 2025, by visiting: www.asjb.org/scholarship-program.

www.sainttheresaparish.com

703.729.2287 Parish Office Hrs: M-F--9:30am-3:30pm (closed for lunch 12-1)

#### **Parish Offices**

Secretary: Office Manager: Business Manager: Facilities Coordinator: Outreach Coordinator: Website: Email: Fax:

#### **Religious Education Offices**

Director: Youth Activities: Secretary: Secretary: Email: Fax:

#### **School Offices**

#### Principal:

Assistant Principal: Admin Asst: Receptionist: Website: Email: Fax: Kathy Fitzpatrick, 703.729.2287 Christine Young, 703.729.2287 Angelita Lupetaliaami, 703.729.2287 Tom Balint, 703.729.2287 Marianne Guidos, 703.729.2334 www.sainttheresaparish.com office@sainttheresaparish.com 703.729.9036

Larry Bayne, 703.729.3714 Paul Dwyer, 703.729.0426 Connie Gilligan, 703.729.3714 Myriam Perez, 703.729.3714 reoffice@sainttheresaparish.com 703.729.9036

Erin O'Malley, 703.729.3577 Danny Costa, 703.729.3577 Lisa Ralston, 703.729.3577 Denise Oriti, 703.729.3577 www.stsashburn.com schooloffice@stsashburn.com 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## St. Therese Catholic Chards DIVINE MERCY OUTREACH

Learn more, visit www.saintttheresaparish.com

#### Little Flower Consignment Sale-

**March 22nd**.—Consign, volunteer, shop or donate items. Proceeds go to families in need through Divine Mercy Outreach. Go to

www.littleflowerconsignments.org for more information.

Do you have children's items (baby items, children's toys, books, games and clothing) to donate if you don't want to consign? Contact Jean Nowakowski at

john.jean90@verizon.net

Raffle Announcement— All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Raffle tickets have been mailed to each family. Prizes include four 2025 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Maverick Truck (Hybrid) and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. Each purchaser has a chance to win four cars plus cash prizes! This makes "selling" at work or to family and friends more like an opportunity - just show them the ticket - it will sell itself! Please consid-

er selling/purchasing the tickets mailed to you. \$30,000. was raised last year to help us assist families in need

**Did you know?**—We assisted families in need with \$21,772 and 10 beds and 13 pantry bags in January. (Including 3 pregnant moms and 7 veterans.) Your donation make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website http://www.sainttheresaparish.com and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others in their time of need.

**The Visitation Ministry** —Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to

#### Sacraments

#### **Sponsor Certificates**

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

#### **Baptisms**

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the** time change) in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

#### Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

#### RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

#### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.

volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

**Bed Ministry**—Volunteer for the Bed Ministry –volunteers with trucks or Large SUVS needed especially! Great to do this with your teenager too! We have had an increase in bed requests. It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or

beds@sainttheresaparish.com

**Looking for more ways help?** Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or

dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.









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