



# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**March 9, 2025**  
**First Sunday of Lent**

## *Masses for the Week*

<b>Mon, March 10</b>	6:15— Harrison Pollock+ 8:30— Minh Nguyen & All Souls+ 12:15— Joseph Trotter+ & Seth Trotter+
<b>Tues, March 11</b>	6:15— Joan & Robert Burton+ 8:30— Justin Family Tree
<b>Wed, March 12</b>	6:15— Monica Pedagno 8:30— Frank J. Naworal, Jr.+ 12:15— Joseph, Carlo & Laura Maresca+
<b>Thurs, March 13</b>	6:15— Mary Jean Aufdeheide 8:30— Peggy Palizzi+
<b>Fri, March 14</b>	6:15— Romeo & Iris Rigor 8:30— Bernadette & Graham Bonner
<b>Sat, March 15</b>	8:30— Charan Ahluwalia 5:30— Mary Guckes+
<b>Sun, March 16</b>	7:30— Sheila Brydges 8:45— Carl Granata+ 10:30— Theresa Carrescia+ and Joseph Wynne+ 12:30— Marianne Mazzatenta 5:00— St. Theresa Parishioners

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment
<b>**Federal Holidays—6:15 and 8:30am Masses only</b>	

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette

**Prayers For The Sick:** Michael Tabash, Maddie N., Linda McKay, Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjar-ean, Nellie Gonzalez, Bernadette Valdez, Emma Ciaravino.

**Prayers For Our Military:** Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante.

## Do Sundays “Count” as Days of Lent?

The short answer is, “yes, they do!” I mention this each year, because I think it is important. There’s a rumor abuzz that Sundays do not count as days of Lent. Let’s set the record straight.

Everyone knows there are 40 days of Lent, but if you count the number of days from Ash Wednesday to Easter Sunday, you will discover there are 46 days, not 40. Now, there are six Sundays between Ash Wednesday and Easter. Therefore, according to popular rumor, we should subtract the six Sundays from Lent, treat each one as a “little Easter,” and take a break from our Lenten penance. In this way, we’re left with a perfect 40 days of Lent...correct?

Incorrect. There are three facts we must remember.

**Fact #1:** Holy Thursday, Good Friday, and Holy Saturday are not days of Lent. According to the *General Norms for the Liturgical Year and the Calendar*, “Lent runs from Ash Wednesday until the Mass of the Lord’s Supper on Holy Thursday.” Holy Thursday, Good Friday, and Holy Saturday (known as the Sacred Triduum) have never been part of the season of Lent. The Sacred Triduum is in a class all by itself.

**Fact #2:** Before the Second Vatican Council (1963-1965), the season of Lent did not begin on Ash Wednesday as it does now, but on the First Sunday of Lent. Back then, Ash Wednesday was not part of Lent. Rather, it was part of a three-week “pre-Lenten” season, which Vatican II abolished. However, when the Church abolished the “pre-Lenten” season, it retained Ash Wednesday. Ash Wednesday was just too popular to eliminate. As a result, Vatican II actually added four days to Lent. Yes, since Vatican II, Lent actually has 44 days, not 40. There are exactly 40 days from the First Sunday of Lent until Holy Thursday, but since Lent now begins on Ash Wednesday, it’s now 44 days long. The perfect 40-day count no longer exists.

**Fact #3:** The Code of Canon Law (C.I.C.) tells us:

- 1) That every Christian should do penance during Lent, each in his or her own way (C.I.C. 1249)
- 2) That the entire season of Lent is a penitential time in the Church (C.I.C. 1250)
- 3) Solemnities in Lent, even when they fall on a Friday, are not days of abstinence from meat. (C.I.C. 1251)

Every Sunday is a high feast day known as a Solemnity, but even in Lent, they are still days of penance. They’re just not days of abstinence from meat, which you probably weren’t doing on Sunday anyways. People sometimes ask, “can you take a break from your penance on a Sunday in Lent?” You may if you wish, because the penance you undertake is personal and binding on your own authority. But as you take a break from penance, please do not forget that the six Sundays of Lent are part of the Lenten season. It’s not Easter yet. Personally, I like to press through the whole of Lent without relaxing my penance at all, but it’s up to you. Let’s treasure these days of Lent as a chance to renew our hearts.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### Upcoming Early Bulletin Deadlines

Take note of the following upcoming early bulletin deadlines:

**March 23 bulletin**--due by Monday, **March 10** 12noon

**March 30 bulletin**--due by Wednesday, **March 12** 12noon

**April 20 bulletin**--due by Tuesday, **April 8** 12noon

## Parish Lenten Activities

### Lenten Soup Suppers

#### 6 – 7:10pm in School Cafeteria

March 14 – provided by  
Walking With Purpose

March 21 – No Lenten Dinner due to  
Consignment Sale

March 28 - provided by Legion of Mary

April 4 – provided by  
Knights of Columbus

April 11 - provided by  
Ladies of the Parish

\*Donations will be given to charity

### Daily Mass Times

6:15 & 8:30am

12:15pm Mondays & Wednesdays

### Confession Times

Wednesdays 9:00am & 6:30pm

Saturdays 4:00pm

(All until the line ends)

### Vespers & Stations of the Cross

Every Friday during Lent:

Vespers at 7:15pm &

Stations of the Cross at 7:30pm

### First Friday Mass Times –

**April 4**

6:15 & 8:30am and 12:15pm

### Pancake Breakfast – March 9

After 7:30, 8:45 & 10:30am Masses



# Youth Education and News



ymoffice@sainttheresaparish.com

## March

Sun, 9th-Upper Room Squad, 6-8pm

Thurs, 13th- WorkCamp Prep Meeting, 7-8:30 pm, St Louis Martin Room

Sun, 16th-Upper Room Squad, 6-8pm

Sun, 23rd-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 24th-Food Sort by Expirations Dates, 7-8:30pm

Tues, 25th-Load food for transport, 6:15-7pm

Sun, 30th-Upper Room Squad, 6-8pm

## April

Sun, 6th-Upper Room Squad, 6-8pm

Thurs, 10th-WorkCamp Prep Meeting, 7-8:30 pm, Saint Louis Martin Room

Sun, 13th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 14th-Food Sort by Expirations Dates, 7-8:30pm

Tues, 15th-Load food for transport, 6:15-7pm

Sun, 27th-Upper Room Squad, 6-8pm

## St. Theresa CYO Thunder Runners

Registration: St. Theresa Thunder Runners, CYO Track & Field program is open to parishioners in grades 4th - 8th. The season will begin April 4, and ends mid to late May. We will participate in a track meet as a team in late May 2025, exact date is TBD. Practices will be held Tuesdays and Fridays on the St. Theresa school track. Practices will generally be held between 3:00pm-4:45pm, however there are some days practices will be held at 1:30 or 11:30 if St. Theresa school has an early dismissal. Cost of the program is \$65 per child. **Registration will open on March 27, 2025, at 7pm.** The first 50 registrations will be accepted; once registration is full the program will be closed. There is no late registration period. All levels

of runners welcome! Please contact Coach Amanda Todd at [man-der118@yahoo.com](mailto:man-der118@yahoo.com) if you have any questions.

You can register at <https://reg.sportspilot.com/106557> once the link is opened on **March 27 at 7pm.**



## Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer  
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.

**SAVE THE DATE**  
STCS 30TH ANNIVERSARY AUCTION  
**BLOOM**  
MAY 9, 2025  
AT  
ST. THERESA CATHOLIC SCHOOL

St. Theresa Catholic School's Annual PTO Auction, "Bloom" is coming up! Our auction relies on donations from parents, alumni families, and parishioners -- we can't do it without you! We are looking for gift cards for experiences, restaurants, salons; vacation condos; and tickets to games, concerts, events...can you help? There are also several levels of Sponsorships available! For details see our school website, [www.stsashburn.com](http://www.stsashburn.com) (Support/Auction), scan the QR code, or email [stsauktion@stsashburn.com](mailto:stsauktion@stsashburn.com).  
**Thank you for supporting STCS!**



STCS Parents, please see the **Thursday Thunder Newsletter** for information on important dates and events, including:

### Sunday, March 9—

Spring Book Fair Preview during Knights' Pancake Breakfast

### Monday, March 10—

Teacher Workday, no school for students

### Tues, March 11-Fri, March 14—

Spring Book Fair

### Wednesday, March 12—

8th Grade Vocations Mass

### Thursday, March 13—

School-wide spirit wear dress out day

### Friday, March 14—

Annual Student Art Show

### Tuesday, March 18—

Annual Career Day

### Thursday, March 20—

8th Grade Mock Job Interviews



STCS proudly presents the musical **"Annie Jr."**  
**April 9 & 10,**

**6:30pm** in the school. Tickets go on sale soon, watch the bulletin for details. *We hope our parishioners will join us for this wonderful event!*

**Apply to STCS! The application window for new families is NOW OPEN** – don't miss it! Would you like to learn more about our parish school and how Catholic education can make a difference in your child's life? Please visit our website for more information (click "Admissions") or email Admissions Director Denise Rotell, [rotelld@stsashburn.com](mailto:rotelld@stsashburn.com).



# Adult Education and Spiritual Enrichment

## **The Catholic Education for Adults Program will be offering three classes this Spring:**

### Unlocking the Mystery of the Bible:

Take a journey through the Bible and understand your salvation history. 8 weeks. Wednesday nights from 7-8pm on Zoom and In-Person. **Started 2/19/25.**

No Greater Love: A biblical walk-through Christ's Passion. 5 weeks. Thursday nights from 7-8pm. In-Person. **Started: 3/6/25**

Luke - The Story of Salvation: This new class takes you on a journey that begins with the foretelling of John the

Baptist's birth and culminates in the Ascension of Jesus. 8 weeks. Tuesday nights from 8-9pm on Zoom. **Starts: 3/18/25.**

Please contact Andy Johnson at johnson.andrew7003@gmail.com for additional details or to sign-up.

**Women's Discipleship Group**—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus for the Lectio Divina prayer is the Mass reading for the upcoming Sunday. Starting September 25th, we will be studying women in the Old

Testament. Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

**That Man is You (TMIY)**—Are you looking to strengthen your faith & family and meet other Catholic men at St Theresa's? A great group of over 30 men meet weekly, a great way to grow your faith as we start Lent! Use the QR Code below or contact Jack Hayes at 703.537.6418 or jack.hayes422aol.com for more information.



## **Knights of Columbus**

### **Pancake Breakfast on Sunday,**

**March 9:** The Knights of Columbus are hosting a pancake breakfast on Sunday, March 9 in the school cafeteria. Stop by after the morning Masses for a delicious breakfast of plain, chocolate, or blueberry pancakes, scrambled eggs, sausage, and potatoes, along with coffee, juice, and Dunkin' Munchkins. Profits from this breakfast will benefit the St. Theresa School Thunder Appeal.

**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! We do not do outdoor yard or gardening work. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

**Basketball Free Throw:** Thank you to all of the athletes, parents and volunteers who made our Council and District Free Throw Championship a success! Congratulations to our Dis-

trict winners pictured in the photograph below. We look forward to holding the Council Free Throw event again next year on MLK Day.



**Interested in Becoming a Foster Parent in Loudoun County?**— Want to make a difference right here in your community? Loudoun County is always in need of additional families to join their network of foster care families. Foster parenting is caring for a child placed in your home through the local department of social services. The child placed in your care is unable to remain safely in their home with their parents or relatives. Foster parents are asked to provide a safe, sta-

ble, temporary and caring atmosphere for a child placed in their home. Interested applicants are not required to have prior parenting experience but must be able to work as part of a team and support the goal of reunification. For more information, contact parishioners Eric & Kathleen Ciliberti at [kathleenciliberti@gmail.com](mailto:kathleenciliberti@gmail.com) and / or [cilibert73@gmail.com](mailto:cilibert73@gmail.com) for more information.

### **Happy Hour with the Knights:**

Thank you to everyone who came out to Happy Hour with the Knights at Parallel Wine Bistro on 02/20/2025! It was a great event and well attended. Our next social event will be in the Spring at either a local Loudoun brewery and/or winery. Details coming soon!

**Interested in Joining?** Guided by principles of charity, unity and fellowship, the Knights of Columbus work to strengthen our parish, our families and our community. FAQ: <https://www.st-louismartin-kofc.org/faqs>. To be contacted, please scan the following QR code.



## *How to Register to be a Parishioner of St. Theresa Catholic Church*

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.



## News from our Parish

**Lenten Soup Suppers**—You are all invited to our Parish Lenten Soup Supper this coming Friday, March 14 from 6-7:15pm in the Parish School Cafeteria. Come and enjoy free meatless Soups, Sandwiches, Pasta and various delicious dishes prepared by members of Walking with Purpose. Come meet members of Walking with Purpose, your fellow Parishioners and their families. Supper will be followed by Stations of the Cross in the Church. Our heartfelt thanks to all Parishioners for supporting our first Soup Supper last Friday and to Staff members of our Parish office, RE office and School for generously preparing the foods and hosting our Soup Supper.

**YAH (Young At Heart) Club**—We will meet on Wednesday, **March 19** (feast of St. Joseph) after the 12:15 Mass for a delicious lunch of lasagna, salad, and dessert (\$7 or \$10 for guests.) New members and guests are welcome! If you plan to join us RSVP to Freddie at wallflower64@gmail.com or 703.625.5715.

**Sponsorships and Donations Needed**—St. Theresa Catholic School's annual auction is May 9, 2025 and we are actively procuring donations and sponsorships. Do you own a business? Can you provide a service? Do you own a vacation property? Do you have goods that may be live or silent auction eligible? Reach out to the auction team at [stsauction@stsashburn.com](mailto:stsauction@stsashburn.com) to discuss. They would love to hear from you!

**April Baptism Class--Please Note**—The April Baptism class is being moved to the **April 10th**.

### Easter Art Contest



Art Contest Theme: Christ is Risen  
Drawing must be completed by April 11th and dropped off @ Saint Theresa Parish Office. Parish Office Hours: M-F: 9:30am-3:30pm (closed for lunch 12-1)

Rules: 8 ½ x 11 Sheet Requirements: Include Name & Age and Parent Contact Name and email on back; Must be a hand drawn picture; Only 1 submission per person. Age Groups: up to 5 years old; 6 – 10 years old; 11 – 15 years old; 16 – 24 years old; 25 – 44 years old; 45 and over.

Winners will be announced on April 20th by email. All drawings will be available for pickup on April 21st. Angela Haberland will contact you by email. (6) 1st Place Awards | Winners will get a Trophy and a \$25 Gift Card. Questions? Contact: Angela Haberland @ [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com)

### Come and join our Catholic Fellowship while crocheting and knitting—

You can bring your own projects and supplies to share creations in a team effort or individually for charity, or even simply for yourself. Whatever pleases you and brings you closer to virtues we all aspire to emulate in His name. We meet Wednesdays 9am-12pm and Fridays 3:30-5pm. Call Jennie Brusstar at 571.598.6854 for location and any other questions!



## Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

**Sunday:** 1:00am, 3:00am

**Monday:** 2:30am

**Tuesday:** 3:00am

**Friday:** 6:30pm

**Saturday:** 5:30, 7:30, & 9:30pm



**Please Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.



### Legion of Mary

Want to deepen your faith, build community, increase your relationship with our

Lord, and serve others? Want to be part of something bigger than yourself? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:30pm. Stop by the Saint Martin room and learn more about it.

### Home Enthronement of the Sacred Heart

Our Lord revealed that wherever the image of His Sacred Heart is exposed and given special honor, great blessings, and graces would abound. One way to accomplish this goal is to do a formal enthronement of the Sacred Heart in your home. The enthronement is a ceremony where Jesus is invited into your home and is given authority over your family/household.

Please email [sttheresalegionof-mary@gmail.com](mailto:sttheresalegionof-mary@gmail.com) to schedule one.

### Prayer Request - Are you in need of prayer?

Send The Legion of Mary a prayer request to [sttheresalegionof-mary@gmail.com](mailto:sttheresalegionof-mary@gmail.com). Your prayer will be added to our list and kept confidential. Matthew 18: 20 For where two or three come together in my name, I am there among them.

## News Around the Diocese

**Honor Band West**—The St. Paul VI Catholic High School (PVI) Music program is hosting Honor Band West for 5th-8th grade instrumentalists at their campus in Chantilly. The goal is to bring together the most passionate, self-disciplined grade school musicians for evenings of community building, fellowship, and fun music-making. All instruments are eligible, to include strings, brass, woodwinds, percussion, and pianists.

There will be 4 rehearsals, Tuesdays from 6:30-8pm at PVI: March 18, March 25, April 1, April 8. The concert, open to the public, will be on Tuesday, April 15, at 7pm. Cost is \$100 per student. Payment link will be provided at a later time. Students are expected to attend all rehearsals and the concert. Questions: Mrs. Jan Siegfried [jsiegfried@paulvi.net](mailto:jsiegfried@paulvi.net). Deadline to sign up is Friday, **March 14, 2025**. Note: A special feature new to this year! The Honor Band West not only will begin the concert by performing their own selections, but will also join the PVI band and string ensembles to finish the concert with dramatic combined finales.

**Lenten Reflections for Married and Engaged Couples**—**Mar 12**--How Suffering & Trials Can Strengthen Your Marriage; **Apr 9**--Wilderness & Wandering: Facing Our Challenges as Christ Did. Celebrate your marriage during the holy season of Lent by attending these Reflections for Couples. Gain valuable insights and meaningful reflection on how to create a lasting, strong marriage built on love, trust, and mutual respect. Married and Engaged couples are invited to attend! The evening will begin with mass and

includes dinner, talk, time for quiet reflection and the opportunity for confession. \$80 per couple (if registered by the early-bird deadline.) Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Registration is required so that we can properly prepare. Visit us at [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301.365.0612.

### Women's Conference 2025 -

**"Journey of Hope"**—All women of the Diocese of Arlington are invited to join us on **March 15th** at the 2025 Women's Conference, with the theme "Journey of Hope". The Conference will feature speakers Laura Phelps, speaker and author from "Walking with Purpose", and Sr. Mary Elizabeth Albers, SOLT, vocations servant for the SOLT sisters, as well as Mass celebrated by our shepherd, the Most Rev. Michael F. Burbidge. The day will end with a Q&A featuring the Bishop and the two speakers. Register today at [arlingtondiocese.org/event/women](http://arlingtondiocese.org/event/women). Price for the conference is \$85!

### Thinking of a priestly vocation? (for men 18-35 years old)

The Office of Vocations is holding events for young men who want to deepen in their prayer life and explore a priestly vocation: **March 21-23 -- visit to St. Charles Borromeo Seminary**—Spending a weekend at a seminary is a critical part of exploring your vocation. You live, pray, eat and recreate with seminarians and experience first-hand what seminary life is like. Join Vocations Director Fr. Isenberg for a weekend at St. Charles Borromeo Seminary near Philadelphia, PA. The group departs northern Virginia Friday March 21 at 5:30 p.m. and returns

Sunday March 23 in the afternoon. Cost is \$40. Contact the Office of Vocations for more info and to register: [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org) or 703.841.2514.

### Plan Your Lenten Retreat Today!—

We are excited to announce our Lent 2025 Retreat Schedule at Our Lady of Bethesda Retreat Center! Lent is the perfect time to reflect, renew, and open your heart to the transforming power of the presence of Christ. At Our Lady of Bethesda Retreat Center, we offer a calm and peaceful environment where you can step away from the busyness of life and engage in a transformative retreat experience. Weekend Retreats (Preached & Private\* Options). **Mar 21-23**, (Men & Women); **Apr 3-6**, (Men only); **Apr 11-13** (Women only) \*Private retreats are made without a leader or a director, allowing you to go at your own pace. They coincide with preached retreat and share the same registration form. LEARN MORE: [ourladyofbethesda.org](http://ourladyofbethesda.org) or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

**Three to Get Married Marriage Prep in 2024—Mar 27-30; May 15-18; May 29-Jun 1.** The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$398 per couple. [ourladyofbethesda.org](http://ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Bethesda, MD.

## More News Around the Diocese

**Supporting the Cloistered Dominican Nuns of St. Dominic's Monastery, Linden, VA on Sunday, March 30**—The Most Rev. Michael F. Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St. Dominic's Monastery. The Laetare Benefit is our annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA in the Diocese of Arlington. Please show your support and join us for a reception, dinner, raffle, and auction which will be held on Sunday, **March 30**, 5-8pm at the Westwood Country Club, 800 Maple Avenue East, Vienna, Virginia. Seating is limited. RSVP by **March 20**. Tickets are \$250 each and table sponsorships are available, starting at \$2,500 for 10. Cocktail attire. Please send a check payable to Friends of St. Dominic's Monastery, 508 N. Payne Street, Alexandria, VA 22314, or to purchase tickets online through Faith Direct, follow link to be taken to the registration page <https://forms.ministryforms.net/embed.aspx?formId=b2af3583-f195-4ee0-a7a9-b3167a9acce5> OR visit [www.lindenopnuns.org/laetare-benefit](http://www.lindenopnuns.org/laetare-benefit) For more info, please contact: [friendsofstdominicsmonastery@gmail.com](mailto:friendsofstdominicsmonastery@gmail.com)

**George Weigel at Trinity House Cafe**—Mike & Liz Ortner & Trinity House Community would like to invite you to a conversation with Distinguished Senior Fellow & Wm E. Simon Chair in Catholic Studies at EPPC, George Weigel on The Call to Be Evangelical Catholics – A Lenten Reflection & Conversation on **Thursday, March 20**, 7-8:30pm at St. John the Apostle Parish Center, 101 Oakcrest Manor Drive NE, Leesburg. Hors d'oeuvres & Desserts. Copies of Evangelical Catholicism will be available for purchase. **RSVP by March 13** to [gsayers@trinityhousecommunity.org](mailto:gsayers@trinityhousecommunity.org) Space is Limited, please RSVP soon,

**New: Private Retreats at Our Lady of Bethesda! Mar 21-23, 2025 (Men & Women); Apr 3-6, 2025 (Men only); Apr 11-12, 2025 (Women only)**—Our Lady of Bethesda now offers Private Retreats! A unique opportunity, the Private Retreat allows your soul to explore your spiritual journey at a pace

that suits your needs. It coincides with a preached retreat, offering the same access to the sacraments, meals and our facilities, while giving you the flexibility of a private, self-directed experience. Cost is \$226 per person, if registered by the early-bird deadline. Advance Registration is required. Don't wait, sign up now and embrace this sacred time to nurture your unique soul and strengthen your faith. Visit our website to register and to find more dates at [ourladyofbethesda.org](http://ourladyofbethesda.org). Or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

**Praying with the Saints Married Couples' Retreat**—With considerations of the lives and teachings of great saints, like St. Ignatius of Loyola, St. Alphonsus Liguori, St. John Paul the Great, and St. Teresa of Avila, this retreat will focus on aiding married couples to incorporate a deeper spiritual life into their vocation. Join Fr. Stephen Vaccaro and Fr. Ed Guilloux at the feet of Jesus at the Arlington Diocese's San Damiano Retreat Center in White Post, VA to learn more about these great saints. The retreat begins at 6pm on **Friday, March 21st, and ends at noon on Sunday, March 23rd**. Retreat cost is \$470 per married couple. For further information or to register, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org)

**Women Seeking Jesus in Lent Women's Silent Retreat**—In the Gospels it is apparent that most of the time the brothers misunderstood Jesus... and that most of the women Christ encountered understood Him profoundly and responded swiftly... in a manner which delighted Him! In this retreat, we will consider how to be faithful to the promptings of your "Feminine Genius" as you seek to be the friends and intimates that Our Lord longs for you to be... Join Fr. John Riley at the Arlington Diocese's San Damiano Retreat Center in White Post, VA during the Lenten season. The retreat is **Friday, March 28th, and ends at noon on Sunday, March 30th**. Retreat cost is \$285 per person. For further information or to register, contact Father John Riley at [john.riley@arlingtondiocese.org](mailto:john.riley@arlingtondiocese.org)

**Spiritual Date Night**—Join with married and engaged couples for an evening highlighting the practical aspects of Living Forgiveness in Marriage and emphasizing Healthy Conflict Resolution. The Saturday, **March 29th**, 7-9 pm event will be held at Divine Mercy University located at 45154 Underwood Lane; Sterling, VA 20166. Kindly go to <https://regnumchristidc.churchcenter.com/registrations/events/2768954> to register.

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**Scholarship Opportunity**—The Associates of St. John Bosco (ASJB), a Catholic non-profit in the diocese founded by Fr. Christopher Vaccaro, has opened its scholarship application for all current and rising college students. This year, ASJB has more than doubled their scholarship offerings! ASJB will be awarding up to \$40,000 to up to five worthy recipients who seek to serve the Church in some way after they graduate from college. Applicants must be residents of the Diocese of Arlington. Students may apply by **May 19, 2025**, by visiting: [www.asjb.org/scholarship-program](http://www.asjb.org/scholarship-program).

**Catholic Homeschoolers & Potential Homeschoolers—YOU'RE INVITED!** Are you a Catholic homeschooler or thinking of becoming one in the fall? Mayflower Homeschoolers' Fall 2025 membership applications are now open! Go to [mayflowerhomeschoolers.org](http://mayflowerhomeschoolers.org) to inquire! Join soon & enjoy being 'grandfathered-in' to the remaining activities of this current school year too! We offer weekly activities that enrich your Catholic homeschool for all ages all year! Plus, parent events, 4 themed teen dances and a traditional graduation! MH is a Roman Catholic multi-chapter homeschool support group under the patronage of Our Lady of Fatima.



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## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

## RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

**Many thanks to the Knights of Columbus for their generous donation to Divine Mercy Outreach from the Father/Daughter dance to help families in need! May God bless you!**

**The Little Flower consignment sale is March 22nd.**—Consign, volunteer, shop or donate! Children's clothing, toys, books, baby items and more! Proceeds go to families in need through Divine Mercy Outreach. Go to [www.littleflowerconsignments.org](http://www.littleflowerconsignments.org) for more information

Do you have children's items to donate if you don't want to consign? Contact Jean Nowakowski at [john.jean90@verizon.net](mailto:john.jean90@verizon.net)

**Raffle Announcement**—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2025 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Maverick Truck (Hybrid) and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. You will

be receiving tickets in the mail within the next week or so. Please consider selling/purchasing the tickets mailed to you. \$30,000. was raised last year to help us assist families in need.

**Did you know?**—We assisted families in need with \$21,772 and 10 beds and 13 pantry bags in January. (Including 3 pregnant moms and 7 veterans.) Your donation make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others in their time of need.

**The Visitation Ministry** —Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with

you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Bed Ministry**—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too! We have had an increase in bed requests. It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Looking for more ways help?** Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)

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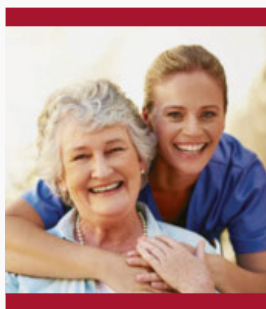
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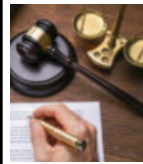
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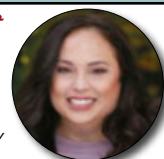
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