

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

June 15, 2025
The Most Holy Trinity



Masses for the Week

Mon, June 16	6:15— Father's Day Novena 8:30— Kelly Cosenke 12:15— Barbara Wynne+
Tues, June 17	6:15— Mariakutty & Thomas Myladoor+ 8:30— Father's Day Novena
Wed, June 18	6:15— Father's Day Novena 8:30— Sharon Costa+ 12:15— Go Chu+
Thurs, June 19	6:15— Father's Day Novena 8:30— Molly Mica & Andrew Pedraza
Fri, June 20	6:15— Father's Day Novena 8:30— Molly Mica & Andrew Pedraza
Sat, June 21	8:30— Father's Day Novena 5:30— Mr. & Mrs. Andrew Pedraza
Sun, June 22	7:30— Father's Day Novena 8:45— St. Theresa Parishioners 10:30— Phil & Barbara Carrescia 12:30— Maria Madelena Nghien Tran+ 5:00— The Tellis Family

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment
**Federal Holidays—6:15 and 8:30am Masses only	

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For The Sick: Michael Tabash, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez.

Prayers For Our Military: Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante.

“What’s with all the up and down, stand, sit and kneel stuff?”

For this week’s bulletin column, let me quote one of our youngest parishioners: “At Mass, what’s with all the up and down, stand, sit, and kneel stuff?” Have you ever wondered why we change postures so often during Mass? Why don’t we just sit there quietly through the whole Mass?

Human beings are unique creations. We alone are both body and spirit, one and inseparable. What we do with the body affects the soul, and vice versa. When we come to Mass, we pray with our hearts and souls, but we also pray with our bodies as well. There are three basic postures during Mass: standing, sitting, and kneeling. These postures are not ceremonial or arbitrary. They have a deep meaning, and we pray better if we are aware of them. So, let’s take a look at each:

Standing: Standing is a sign of respect, and is also the posture of one who is confidently expressing his deep beliefs. What do you do when you want to really express yourself? You “take a stand!” What do you do to show respect when another person walks in the room? You stand up! That’s why we stand at certain times in the Mass, namely:

1. At the beginning of Mass until the readings begin
2. At the Gospel
3. At the Creed and petitions
4. Praying with the priest just before the Eucharistic Prayer
5. At the Our Father and sign of peace
6. At the end of Mass, after communion

Each one of these times is either an expression of respect, or an expression of our belief. That’s why standing is the natural posture we have used through the ages.

Sitting: Sitting is the easiest posture of all, and has the simplest explanation. We sit when we are taught, just like we always did in school. That’s why we sit during the readings and homily. Any other sitting at Mass, such as during the collection, happens when no special posture is needed.

Kneeling: Kneeling is the posture for our most intense prayers. When people really need to talk to God, what do they do? They bow their heads, fold their hands, close their eyes, and kneel down! That’s why we kneel at the deepest times of prayer at the Mass:

1. During the Eucharistic prayer, when the Eucharist is consecrated
2. Just before receiving communion, just after the Our Father.
3. After receiving communion, at our places once again in the pews.

When receiving communion people will often kneel as well, but this remains a personal choice for each person receiving.

Can you see how common postures help us express our faith better, not only as individuals, but also as a praying community? Each posture has deep meaning, and is expressed so beautifully by our actions taken together, in union with Christ our Lord.

God bless you, and St. Theresa pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Upcoming Early Bulletin Deadline

Take note of the following upcoming early bulletin deadline:

July 6 bulletin--due by Tuesday, **June 24th** 12noon

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Youth Education and News



ymoffice@sainttheresaparish.com

June

Sun, 15th-Upper Room Squad, 6- 8pm

Sat, 21st to Fri, 27th-WorkCamp in Shenandoah County, VA.

Sun, 22nd-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 23rd-Food Sort by Expirations Dates, 7-8:30pm

Tues, 24th-Load food for transport, 6:15-7pm

Sun, 29th-Upper Room Squad, 6- 8pm

Attention Class of 2025! The Associates of St. John Bosco (ASJB), will be hosting five free College Nights this summer for graduated seniors heading to college in the fall. **St. Theresa will**

host one in the cafeteria on July 10, 2025. See details in the News Around the Diocese section.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

RE Registration is OPEN! Please visit the parish website to complete the online form and submit payment for your children's RE classes for the 2025-26 school year. Remember to register early to take advantage of our early bird discount, as Registration fees go back to their normal rates after **July 31st**

Certification for RE Teachers - If you would like to develop a deeper understanding of our Catholic Faith, especially if you are or will be teaching Religious Education, please consider

participating in one of the following series of Certification courses:

Summer 2025 - Our Lady of Good Counsel in Vienna, on Friday Evenings and Saturdays

Fall 2025/Winter 2026 - St. Theresa's, on Saturdays

Please contact the Office of Religious Education if you would like more information.

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



We welcomed back the
**STCS Class of 2021 for our
3rd Annual "Senior Walk"!**

We are so proud of our Class of 2025! Congratulations to our 8th grade students, who graduated last week! They will be attending St. Paul VI Catholic High School, Bishop Ireton High School, and several Loudoun County High Schools. *May God bless you always – we will miss you!* Congratulations also to all of our parishioners celebrating graduations this spring!



STCS Parents, Save the Date for PTO Family Bingo Night & Used Uniform Sale! STCS parents, mark your calendars to join us for our annual PTO Summer Family **Bingo Night & Used Uniform Sale on Wednesday evening, July 16.** Details to come, watch for your Summer edition of *Thursday Thunder* in July.

STCS Parents, order your school supplies TODAY – you'll thank yourself in August! STCS is partnering again with Sprout School Supplies to make your back-to-school easy! Please see the *Thursday Thunder* newsletter for ordering information. Orders due by July 8, 2025.

New STCS Families, join us for our New Family Icebreaker on Wednesday, July 16 – we'll have Italian Ice and a fun meet & greet at school! This is the same evening as our PTO Summer Bingo & Used Uniform Sale – *we hope you'll stay for both events!*

Parishioners & STCS Parents, SAVE THE DATE for the *15th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance!* The tournament is on Monday, October 6, 2025 at Belmont Country Club

in Ashburn. **Registration opens in mid-July** – *get your foursomes lined up, we're looking forward to another fantastic event!*

St. Theresa Catholic School is hiring for the 2025-26 school year!

STCS is accepting applications for the following positions: Fourth Grade teacher, full-time Kindergarten aide, and part-time aides. To apply, please send your resume, cover letter, and references to HR@SaintTheresaParish.com.

Apply to STCS! Would you like to learn more about our parish school and how Catholic education can make a difference in your child's life? Please visit our website for more information (click "Admissions") or email Admissions Director Denise Rotell, rotell@stsashburn.com.

HAPPY FATHER'S DAY!



*"Nothing is so strong as gentleness,
nothing so gentle as real strength."
-Saint Francis de Sales*

News from our Parish

Principal Position Available—Saint Theresa Catholic School in Ashburn, Virginia is currently seeking a Principal (start 2025-2025 Academic Year). The school is fully accredited and enrolls 450 students, K-8.

St. Theresa Catholic School provides an excellent education for our students in a faith-based environment. The parish and school form one community working together to advance the spiritual, academic, social, emotional and physical formation of our students. Each child is called to establish a close relationship with God, to continually grow in community and personal holiness, living Christian values in their lifetime.

Preferred Qualification

- Must be a practicing member of the Catholic Church
- At least five years of teaching experience in a Catholic school
- Master's Degree in School Administration, or a Master's Degree in another academic area with appropriate education courses.
- All appropriate Virginia State and Diocese of Arlington certifications must be obtained within three years of hire.
- Excellent communication skills are a must.

Our Principal must be able to collaborate closely with our Pastor and possess the dynamic leadership and management skills to help faculty and staff achieve their full potential in teaching through administrative support and sharing up-to-date best practices.

The complete qualifications and application can be found at:

<https://arlingtondiocese.tedk12.com/hire/index.aspx>

Send the complete application packet, cover letter and salary history by **June 15, 2025** to:

Diocese of Arlington
Office of Catholic Schools
200 North Glebe Road, Suite 503
Arlington, VA 22203

Ashburn Catholic Young Adults—We will meet bi-weekly on Mondays from 6:15-7:30pm this summer for faith and fellowship. Our meetings will be a Theology of the Body Formation Series on June 16 | June 30 | July 14 | July 28 | August 11. We will meet in the

Zelie Conference rooms in the Parish Admin Building.

Join Our Joyful Team - St. Theresa Catholic School is hiring for the 2025-26 school year! STCS is accepting applications for the following positions: Fourth Grade teacher, full-time Kindergarten aide, and part-time aides. To apply, please send your resume, cover letter, and references to HR@SaintTheresaParish.com.

Divine Mercy Devotional Materials—including books, pamphlets, rosaries, crucifixes, plaques, Bibles, and children's books will be available in the parish vestibule from **6/16 until 6/26**. Stop by the table and consider picking up some books for summer reading. Copies of the Sacred Heart novena (June 18-26) will be available, in advance of The Feast of the Most Sacred Heart on June 27. All donations benefit Divine Mercy Outreach.

Please SAVE THE DATE for the parish's **15th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance!** The tournament is on **Monday, October 6, 2025** at Belmont Country Club in Ashburn. **Registration opens in mid-July** – *get your foursomes lined up, we're looking forward to another fantastic event FORE the kids!!*

Attention Class of 2025!—The Associates of St. John Bosco (ASJB), a Catholic non-profit in Northern Virginia, founded by Fr. Christopher Vaccaro, will be hosting five free College Nights this summer for graduated seniors heading to college in the fall. **One of these College Nights will take place in the St. Theresa school cafeteria on July 10, 2025.** College Nights help rising college freshmen network with other Catholics heading to college, and give students the tools to navigate the transition from high school to college, keeping their Catholic faith strong. Students hear from upperclassmen who give their personal testimonies about how they transitioned to college and maintained a strong faith life. There are small groups divided by students' universities and students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a pizza dinner, too. Registration is FREE! For dates, locations, and to register, please visit: www.asjb.org/student-registration. Each night is capped at 50 students, so early registration is encouraged.





St. Theresa Catholic School

Join our team!

We are looking for faith-filled, energetic, and dynamic educators and staff to join our school family for the 2025-26 school year!

We are accepting applications for the following positions:

Fourth Grade Teacher | Full-time Aide
Part-time Aides

Please send your resume, cover letter, and references to HR@SaintTheresaParish.com

Pro-Life Corner

Free Personal Ethics Consultation



For decades, the ethicists of The National Catholic Bioethics Center (NCBC) have been on call 24 hours a day, 7 days a week, fielding upwards of 1200 personal questions each year on topics at the intersection of Catholic moral teaching with health care and biomedical research. NCBC has the training, expertise, and magisterial fidelity to help you form your conscience with trustworthy resources and confidential, person-to-person

interaction. Whether you are a patient or family member seeking assistance with a medical crisis, a healthcare professional looking for ethical insights, or anyone with questions about how their personal or professional activities intersect with bioethical issues, NCBC is available to help you at no charge.

Modern health care can be cold, bureaucratic, distant, technologized, automated—and a truly caring, human voice can be hard to find, much less one that is faithfully Catholic.

The National Catholic Bioethics Center

has the training, expertise, and magisterial fidelity to help you form your conscience with trustworthy resources and confidential, person-to-person interaction.

Do you need a personal consultation on real-life decisions (not hypothetical situations, medical or legal advice)? Please visit to www.ncbcenter.org/consultation-form An ethicist will generally respond within 5 business days. Need an answer sooner? Please call us at 215.877.2660.



Knights of Columbus

Are you a parishioner in need of a home repair? If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! We do not do outdoor yard or gardening work. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. We collected, sorted, and delivered 4,661 pounds of food. Your contributions and effort make this important program very successful.

Please keep up the generosity by taking a bag (or a flyer if bags are unavailable) on your way out and return it next weekend (June 21-22) with items on the attached flyer. Please, no expired items. The pantry is unable to distribute expired items. Thank you for your help and generosity.

NOTE: Since bags go quickly, the food list can be found at <https://www.st-louismartin-kofc.org/loudoun-food-pantry-2> or scan here:



Interested in Becoming a Foster Parent in Loudoun County? Loudoun County's Department of Family Services is hosting three (3) monthly virtual foster care information sessions this summer:

- Tues, June 17, 2025, 6:30-7:30pm
- Mon, July 14, 2025, 6:30-7:30pm
- Tues, August 12, 2025, 12-1pm

Attendance is free, but registration is required. Visit <https://www.loudoun.gov/1004/Foster-Care-Adoption> for more information on foster care and ways that you can get involved to make a difference in our community.

Interested in Joining? Guided by principles of charity, unity and fellowship, the Knights of Columbus work to strengthen our parish, our families and our community. FAQ: <https://www.st-louismartin-kofc.org/faqs>. To be contacted, please scan the following QR code.



Legion of Mary

Want to deepen your faith, build community, increase your relationship with our

Lord, and serve others? Want to be part of something bigger than yourself? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:30pm. Stop by the Saint Martin room and learn more about it.

Home Enthronement of the Sacred Heart

Our Lord revealed that wherever the image of His Sacred Heart is exposed and given special honor, great blessings, and graces would abound. One way to accomplish this goal is to do a formal enthronement of the Sacred Heart in your home. The enthronement is a ceremony where Jesus is invited into your home and is given authority over your family/household. Please email sttheresalegionofmary@gmail.com to schedule one.

Prayer Request - Are you in need of prayer?

Do you need the power of prayer to support you? Join your fellow parishioners in our prayer emails. This is a prayer network maintained by the Legion of Mary. You can enroll in the prayer email here: legionofmarysttheresa@gmail.com We are all on this journey together. Let us be together by praying together for one another!

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Adult Education and Spiritual Enrichment

Women's Discipleship Group—Meets every Wednesday morning, 9:30-10:30am for Lectio Divina and 10:45-11:45am for spiritual book reading. Our focus for the Lectio Divina prayer is the Mass reading for the upcoming Sunday. We are currently reading the book, "Jesus and the Jewish Roots of Mary" by Brant Pitre.

Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—Are you looking to strengthen your faith & family and meet other Catholic men at St Theresa's? The TMIY year is over,

but we still meet Saturday mornings for inspirational videos and fellowship. Use the QR Code below or contact Jack Hayes at 703.537.6418 or jack.hayes422aol.com for more information.



News Around the Diocese

Three to Get Married Marriage Prep in 2025—June 26-29; July 17-20; Aug 21-24. The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$398 per couple. ourladyofbethesda.org. Bethesda, MD.

Spiritual Date Night—Join with married and engaged couples for an evening focused on unpacking the true meaning of Living Ephesians 5 in Marriage: The Power of the Sacrament. The Saturday, **June 28th**, 7-9pm event will be held at Divine Mercy University located at 45154 Underwood Lane; Sterling, VA 20166. Kindly go to <https://regnumchris-tidc.churchcenter.com/registrations/events/2926960> to register.



Prime Time Single Catholics (PTSC)—We are a social group, mostly aged 60 and over. (35 to 59? Ask about our free associate-membership group.) Come on out with us to: Thursday lunches (June 26); square dancing (Tuesdays); walk at Claude Moore Park (June 18); Annual Picnic (June 22); serving meal at Christ House (June 28). For details, visit our website: bit.ly/ptsc. With questions or to RSVP, email Tom at ptscnva@gmail.com.

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop—Jun 21-22, 2025: Our Lady of Bethesda, Bethesda, MD. A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. The expert

speaker team includes Catholic psychologists, therapists, and priests who will offer their expertise and experience, plus they will be on hand the entire weekend to offer individual consultation, upon request. Please note: This is NOT an overnight program. Cost: \$650 per couple (early-bird pricing may be available.) Our Lady of Bethesda Retreat Center is located at 7007 Bradley Blvd., Bethesda, MD 20817. Registration is required and Seating is limited. See our website to register: www.ourladyofbethesda.org.

Blessed Carlo Acutis: A Techie Saint for Teens—Saturday, **June 28**, 8am-5pm. The Teenage Enrichment for the Apostles of Mary (T.E.A.M. Retreat) is sponsored by the Legion of Mary to be held at Holy Trinity Jubilee Park Inc. located at 4407 Aldie Road, Catharpin, VA 20143. Open to all Catholics from ages 12 - 17. Come and join us for an exciting day with holy Mass, Benediction, Confession, Eucharistic Procession, uplifting talks, skits, and three hours of exciting activities. The speakers are: Rev. Francis Peffley and Rev. John Heisler.

The fee is \$35 p/p: \$45 after June 20, which includes refreshments. Bring a bag lunch, water and a rosary. Participants will have opportunities to meet new friends, have fun, learn strong Catholic values, and more particularly, be drawn closer to God. For registration, or questions, call Dr. Seggy Acosta at 703.392.6420 or Irving Vargas 571.799.6968. Scholarships are available based on financial needs.

Attention Class of 2025! The Associates of St. John Bosco (ASJB), a Catholic non-profit in Northern Virginia, founded by Fr. Christopher Vaccaro, will be hosting five free College Nights this summer for graduated seniors heading to college this fall.

2025 College Night Dates & Locations **July 1** - St. Mark (Vienna); **July 10** - St. Theresa (Ashburn); **July 15** - Holy Trinity (Gainesville); **July 22** - Basilica of St. Mary (Alexandria); **July 29** - St. Mary of the Immaculate Conception (Fredericksburg)

These events help rising college freshmen network with other Catholics heading to college, and give students the tools to navigate the transition from high school to college, keeping their Catholic faith strong. Students hear from upperclassmen who give their personal testimonies about how they transitioned to college and maintained a strong faith life. Students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a pizza dinner, too. Registration is FREE! For dates, locations, and more information, please visit: www.asjb.org/student-registration. Each night is capped at 50 students, so early registration is encouraged.

Join Us for Summer Camps at St. Paul VI Catholic High School!—St. Paul VI Catholic High School is excited to offer a variety of engaging summer camps for students entering grades 2 through 9! This summer, we are hosting camps in band, baseball, basketball, cheer, football, field hockey, lacrosse, soccer, theatre, and more — all conveniently located on our beautiful Chantilly campus at 42341 Braddock Road, Chantilly, VA. Led by our dedicated faculty, staff, and head coaches, these camps provide a fantastic opportunity for students to grow, learn, and have fun in a supportive and faith-filled environment. For more information and to register, visit: www.paulvi.net/summercamps.

News Around the Diocese Continued

Following St. Joseph to Jesus – Men's Silent Retreat—He played an essential role in the greatest event in human history; husband to Mary, adopted Father of Jesus Christ, a quiet carpenter... and a righteous man. Aside from these things we don't know much about St. Joseph — but what we do know can help us to be better Men...husbands, and fathers. Join Fr. John Riley at our Arlington Diocese Retreat Center at the edge of the Shenandoah Mountains in White Post, VA to "rest and pray" with Christ. This retreat begins at 6 pm Friday **July 11th and concludes Sunday July 13th** with lunch at noon. Retreat cost is \$299. For further information, please contact Father John Riley at: john.riley@arlingtondiocese.org For more information about San Damiano and retreats being offered in the months ahead, please visit www.arlingtondiocese.org/retreat

Mass & Rosary in Thanksgiving for the Gift of Human Life—Everyone is invited to celebrate a Mass & Rosary in Thanksgiving for the Gift of Human Life with Bishop Burbidge on **July 12th!** Mass is at 8:30 am and the Rosary is immediately following on the public sidewalk at a local abortion facility. For questions and more info please contact the Office of Marriage, Family and Respect Life at familylife@arlingtondiocese.org or call 703.841.2550.

Living the Sacrament of Marriage – Married Couples' Retreat—A retreat for married couples to contemplate the gift of their Sacrament. We will pray individually and together, pondering the graces of Marriage and reflecting on God's promises and Presence in the life of a family. We shall also consider how God elevates the capacity of spouses to love each other and their children, and how He makes the home of a family a privileged place of healing and sanctification. Join Fr. Daniel Hanley, coordinator of the blessed Stanley Rother House of formation at Mount St. Mary's Seminary, at the San Damiano Retreat Center in White Post, VA for this unique retreat opportunity. This retreat will begin at 6 pm Friday **July 18th** and conclude Sunday **July 20th** with lunch at noon. Retreat cost is \$285. For further information, please contact Deacon Mark Maines

at: mark.maines@arlingtondiocese.org For more information about San Damiano and retreats being offered in the months ahead, please visit www.arlingtondiocese.org/retreat

Attention Rising 8th graders—Take the Practice Version of the High School Placement Test (Pre-HSPT) at St. Paul VI Catholic High School. Monday, **July 28, 2025** from 9am-noon; Monday, **August 11, 2025** from 9am-noon. St. Paul VI Catholic High School, 42341 Braddock Road, Chantilly, VA 20152. Optional Parent Info Session: 11:30 a.m. in the PVI Theatre. Includes details about Paul VI and the admissions process. Please Note: The Pre-HSPT is not used for admissions but is a helpful preparation tool. Accommodations are not available for the Pre-HSPT. If you have any questions or to register, please email the PVI Office of Enrollment Management at admissions@paulvi.net.

Summer Retreat Weekend—Aug 15-17, 2025. This Summer, you are invited to step away from the busyness of daily life and enter into a deeper encounter with Christ. Our Lady of Bethesda Retreat Center is offering the Summer Spiritual Exercises Retreat led by Fr. Robert Presutti, LC. This silent retreat, based on the time-tested methods of St. Ignatius of Loyola, will provide the perfect setting for prayer, reflection, and renewal. The weekend is designed for both men and women seeking to deepen their faith and reconnect with their spiritual journey. Plus! You can take advantage of the early-bird pricing, now available until Friday, July 25! Cost to attend: \$368 per person, EARLY-BIRD RATE: \$318 per person. For a more flexible, self-directed experience, the Private Retreat Option will be available during this weekend. Find more details on our website www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Don't miss this opportunity to invest in your spiritual renewal and reconnect with God.

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St.

John's in Leesburg. Email separated.divorced@stjohnleesburg.com for more information.

Married Couples—Does gardening give you a sense of wonder and fulfillment? On your wedding day, you lovingly planted the seeds of a lifelong relationship. A Worldwide Marriage Encounter Experience will give you the "gardening tools" you need to help your marriage grow and blossom to live your best life in love. Upcoming experience are: June 20-22 - Raleigh NC; September 12-14 - Richmond VA; October 24-26 - Jessup MD; November 7-9 - Rehoboth Beach DE For more information please call 757.690.1369 or to register, go to WWME.org, click "Apply" and search for your desired location.

Beach Day for Catholic Homeschoolers!—Splish Splash! Catholic homeschoolers (and those contemplating homeschooling this fall), you are cordially invited to some fun in the sun with Mayflower Homeschoolers at Lake Anna! Come meet other Catholic homeschoolers! Details/RSVP @ <http://lifesit.es?HUM9V> Mayflower Homeschoolers is a Roman Catholic multi-chapter homeschool support group under the patronage of Our Lady of Fatima www.mayflowerhomeschoolers.org

Men's Bootcamp Weekend Retreat Sep 26-28, 2025—Join us for a dynamic weekend retreat designed specifically for men! The Men's Bootcamp Weekend Retreat combines the structure of the Spiritual Exercises with engaging breakout groups and powerful talks tailored to strengthen your faith, leadership, and brotherhood. While not a silent retreat, the schedule will include time for personal reflection, prayer, and discussion. Step away from the noise of daily life and invest in your spiritual growth. You can take advantage of the early-bird pricing by registering soon! Cost to attend: \$368 per person, EARLY-BIRD RATE: \$318 per person. Find more details on our website www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Don't miss this opportunity to invest in your spiritual renewal and reconnect with God.

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Erin O'Malley, 703.729.3577
Assistant Principal: Danny Costa, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Happy Father's Day! May God bless you!

Car raffle- Thank you!

We received our grant check from the car raffle; \$29,000. to help families in need. Thanks to all who participated. Such a blessing to those in need. God bless you!

Save the Date: Fall Consignment sale Sept 27th.

Did you know?— 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a

monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Bed Ministry—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too! We have had an increase in bed requests. It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light

into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.

SERVING THE COMMUNITY FOR 40 YEARS

FAMILY OWNED & OPERATED SINCE 1975

JOHN NUGENT & SONS

HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS



Your comfort is our concern

Call **703-356-7499** to request service **ANYTIME** am or pm!



Compassionate Home Care

Homewatch
CareGivers

571-556-3035
hwcg.com/loudoun

Bill Johnson, PCA
Director of Client Services
Saint Theresa Parishioner
Caregiver

© 2024 Homewatch CareGivers Franchising SPE LLC. All rights reserved. Each location independently owned & operated.



HEARTFELT
COMPANION CAREGIVERS

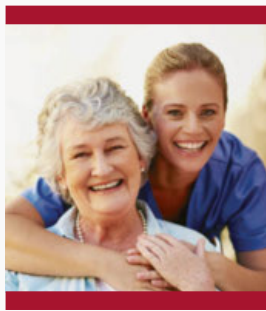
We Are Best At Senior Care

For your senior's daily needs, we offer care options at reasonable prices. Heartfelt serves customers of all ages who have physical limitations or other difficulties.

Consistency of Care with the Same Caregiver.

Locally Owned & Operated.

Call us for Free Quote! **703-946-6847**



**ROOFING
SIDING
GUTTERS
WINDOWS
& DOORS**

Fully Licensed,
Bonded & Insured

**FREE Estimates on
Repair & Replacement**

703-230-ROOF
7663

www.dryhome.com



GREEN SUN, INC.

Parishioner



Let us do the work! 703.327.7018

*Modern Landscape Design Service
and Landscape Maintenance*

Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living

Visit our Photo Gallery at
www.greensunlandscapes.com

IF YOU LIVE ALONE

MDMedAlert!™

STARTING AT
\$19⁹⁵
/mo.

✓ Ambulance ✓ Police/Fire
✓ Family/Friends ✓ GPS & Fall Alert

CALL NOW! 800.809.3570 md-medalert.com



SUPPORT
OUR PARISH

POTOMAC SERVICE MAID SERVICE

FREE ESTIMATES
FAMILY OWNED & OPERATED

**\$20.00 OFF
2ND CLEANING
WITH THIS AD**

~ Licensed • Bonded • Insured ~
(703) 435-0409 • (703) 725-7371
SINCE 1989

**WE APPRECIATE OUR
ADVERTISERS!**
They allow us to print
this bulletin. Thank you!



Paragon
home care

HELPING NEIGHBORS

Personal/Companion Care • Hourly or Live-in
Meal Preparation • Light Housework • Medication Reminders
Grocery Shopping • Laundry • Errands



Helping Neighbors Program: A local Advocate will be assigned to assist with a broad range of needs. **CALL FOR A FREE ASSESSMENT TODAY: 703-942-8950**
An established, premier home care provider awarded the "Best of Home Care" Award for the highest customer satisfaction ratings based on blind survey of clients. WWW.PARAGONHOMECARE.COM

ALWAYS HIRING GREAT CAREGIVERS AND CLIENT ADVOCATES!

Happy Father's Day!
Holly Beauty & Spa
Special Coupon
20% OFF
Exp: June 30, 2025

Mani & Pedi
Whether you're looking for a classic, gel, or spa treatment, we offer expert nail care that leaves your hands and feet feeling refreshed and flawless.

Laser Hair Removal
Convenient and fast with cold laser technology, painless, instant effectiveness, suitable for all skin types.

Head Spa
Relaxing hair wash with massage and acupressure to boost circulation, rejuvenate skin, relieve stress, fatigue, tension, headaches, and neck and shoulder pain, promoting better sleep.

ALL SERVICES 1061 W Broad St, Falls Church, VA 22046
Phone: 703-532-3860 Text: 703-909-2124
FB: www.facebook.com/hollybeautyandspa

**Nail - Head Spa - Facial
Haircut & Style -
Laser Hair Removal**

DISCOVER YOUR BEST SMILE WITH THE #1 INVISALIGN® PROVIDER IN THE NATION

MOST INVISALIGN PATIENTS TREATED SUCCESSFULLY NATIONWIDE
OUR OFFER FOR ST. THERESA'S FAMILIES

\$800 OFF

FULL TREATMENT



Scan to schedule your
complimentary consultation

DR. ZACH CASAGRANDE | DR. ELVI BARCOMA | DR. DANIELLE ROBB
DR. JESSICA ITANI | DR. SONNY SONG | DR. KIANOUSH TARI

**northen virginia
orthodontics**



ASHBURN | RESTON | ONE LOUDOUN
TYSONS | PURCELLVILLE | ARLINGTON

Offer valid for new patients and full treatment only. Cannot be combined with any other discounts or promotions. Offer good until our 2025 Summer promotion. Offer expires 6/30/25. See Dr. Zach Casagrande, DMD, for details.



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

P & D PLUMBING

No job too small or too big, we do it all!

703-939-4473

LICENSED & INSURED
www.PandPlumbing.com

HONEST-1 AUTO CARE

- Same Day Service
- Three Year / 36,000 Mile Nationwide Warranty
- Complimentary Local Shuttle Service
- Eco Friendly Auto Care

43185 Broadlands Center Plaza
Ashburn

571.291.2945

www.honest1broadlands.com

catholicmatch® Virginia



CatholicMatch.com/VA

NOVA

PEDIATRIC DENTISTRY
& ORTHODONTICS
BRINGING SMILES TOGETHER



DR. COURTNEY
ULLRICH

DR. VALERIE
WOO

DR. MATT
DUDEK

DR. MARIA
JIVIDEN

DR. LYDIA
CHIU

DR. VAL PARISHIONER & STCS PARENT

703.729.7005

21785 Filigree Ct., #208
Ashburn, VA 20147

novapdo.com

SUMMIT ROOFING CONTRACTORS INC.

WE OFFER
FINANCING

NEW ROOFS • RE-ROOFS • TEAR OFFS • SIDING • SHINGLES
REPLACEMENT WINDOWS • ROOF REPAIRS • ALUMINUM GUTTERS

703-368-7483 • summitroofing.com
13042 HANSEN FARM ROAD • MANASSAS, VA 20109



Family Owned &
Operated Since 1885



Bill Keatley, Manager • Kathryn Adams, Owner

Burial and Cremation Available

(703) 437-1764

www.adamsgreen.com

721 Elden Street • Herndon, VA 20170

Faithfully serving and respecting the needs
of Catholic families for over 100 years

Bluewing Creative

WEB DESIGN AND MAINTENANCE



Gain credibility,
amplify your impact,
and reach your goals.
bluewingcreative.com
(571) 420-8457



VIRGINIA ADVANCED SURGICAL ARTS

Wisdom Teeth | Dental Implants
Cosmetic Facial Surgery
WASHINGTONIAN TOP ORAL
& FACIAL SURGEON

Craig Vigliante, MD, DMD
Board Certified Oral & Facial Surgeon

703-723-5366

PARISHIONER / SCHOOL PARENT

vasurgicalarts.com



The life you lead is reflected in the life you leave.



Comprehensive Estate Planning
571-777-1000
www.legacylawcenters.com
Sam Mansoor, ESQ
STCS Parent and Parishioner

meineke
TIRES AND WHEELS
AC/EXHAUST AND
MUFFLERS/BRAKES
OIL CHANGES

MENTION
ST. THERESA'S
FOR PARISHIONER
DISCOUNTS

703-774-9240

SCAN ME



Dr. Jean-Claude
Kharmouche



Board Certified Specialist
Over 25 Years Experience

STERLING
21165 Whitfield Pl. • Suite #107

ALDIE
24585 Stone Carver Dr. • Suite #100

LEESBURG
2 Cardinal Park Dr. • SE #102B

703.444.4377

www.perioperio.com

Sterling | Aldie | Leesburg

SHANNON & WRIGHT LLP

338 E. Market Street • Leesburg, VA



- Wills, Estates & Trusts
- Tax Planning
- Business Transactions
- Employment Law
- Real Estate & Land Use
- Litigation

571.620.1930 • www.shannonwright.law



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000



158 Catoctin Circle, SE
Leesburg, VA 20175

HOW WILL YOU BE REMEMBERED?

Full Service Facility
Pre-Planning
Traditional Burial Services
On-site Cremation Services
Receptions
Monument Sales & Installation

www.loudounfuneralchapel.com
703-777-6000



TRUSTED
SENIOR CARE
SERVICES
PROVIDING
A HELPING
HAND AT HOME

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

Arlington Diocese
Member Owned
& Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950



Jonathan Laramie, Attorney

Wills, Trusts, Probate

Tel: (703) 865-2525

www.DominionLawGroup.net

Your Premier Real Estate Agent

LYSINA SHEHADEH, REALTOR®

571.236.5764 cell • lshehadeh@kw.com

[Shehadeh_homes](#) [Shehadeh_homes](#)



Each office is independently
owned and operated



PURPOSEFUL LIVING

Whether you're looking for Independent Living, Assisted Living
or Inspiritas - Memory Care, Ashleigh at Lansdowne is committed
to taking senior living to the next level.

Call (703) 345-6912 for more information, and to schedule a personal tour.



ASHLEIGH
at Lansdowne

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

4124 WOODRIDGE PARKWAY • LANSDOWNE, VA 20176 • (703) 345-6912

WWW.RUI.NET/ASHLEIGH • [@ASHLEIGHATLANSDOWNE](#)

A RETIREMENT UNLIMITED, INC. COMMUNITY • FAMILY-OWNED & OPERATED IN VIRGINIA FOR MORE THAN 30 YEARS

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



SafeStreets

833-287-3502



Sterling Parishioner
Pediatric Dentistry

Grand Opening
Accepting New Patients!!!

20 Pidgeon Hill Dr Unit 207 • Sterling, VA
(703) 444-5337
sterlingpediatricdentistry.com

BROADLANDS ANIMAL HOSPITAL

- FREE WELLNESS EXAM
- FREE RABIES VACCINATION
- DOG DENTAL CLEANING: \$389

Broadlands Center Plaza Ashburn

571-707-8844

broadlandsvethospital.com



JOHN H. LANGE PLUMBING & HEATING



EXPERT SEWER WATER INSTALLATION
& REPAIR • DRAIN CLEANING
ALL GENERAL PLUMBING

"Let Our Family
Serve Yours" 703.536.5060

SERVING NORTHERN VIRGINIA FOR 50 YEARS
24 HOUR EMERGENCY SERVICE



FREE
AD DESIGN

with purchase
of this space

CALL
800-477-4574



- Transportation to Doctor
and Church Services
- Medication Reminders
- Bed Side Care • Bathing/Dressing

Home Healthcare Agency

With Peace of Mind

(703) 466-0199

www.careforseniors.net



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000

"Loudoun's Oldest Family-Owned & Operated Funeral Home"



Greg & Suzanne Walley, Owners

201 Edward Ferry Road NE,
Leesburg, Virginia 20176

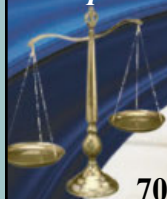
703-777-1414

www.colonialfuneralhome.com

- Burial • Cremation
- Veterans Funerals • Preplanning

Westlake Legal Group

"We plan to win, because we plan to win"



Family Law & Adoption

Criminal Law • Personal Injury

Bankruptcy • Civil Law

703.406.7616 ~ WestLakeLegal.com

46175 Westlake Drive, #320, Potomac Falls, VA 20165

Stream Valley Veterinary Hospital

As Professionals, we will provide you with or advise you
about the finest and most up-to-date
veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY

703-723-1017

streamvalleyvet.com • Parishioners

Complete Health Dentistry
Ann N. Hebda D.D.S.

Dental care for the
Entire Family



St. Theresa Parishioner

Dr. Ann N. Hebda

www.drannhebda.com

703-723-9788

20600 Gordon Park Square, Suite 190
Ashburn, VA 20147

Diocesan Member

ALL ABOUT FENCES LLC

"Large enough to serve, small enough to care"

- Free Estimates
- 100% Financing Plans Available
- Your Trusted Fence Provider For Loudoun County And Surrounding Areas
- Family-Owned Professionally Operated

703-887-0927

allaboutfencesllc.com



Knights of Columbus Asset Advisors
William Lupinacci
Knights of Columbus Asset Advisor
703-624-9687

Grow Your Portfolio Responsibly Through
Faith-Based Investment Strategies

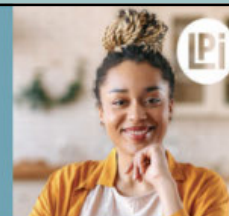
* Knights of Columbus and its partners, Knights of Columbus Asset Advisors and Knights of Columbus Charitable Fund, are entities that each provide separate and distinct products and services. Financial retirement planning, life and disability income insurance, and personal philanthropy entail certain risks. Learn more at kofc.org/lifeyourfaith
1 Columbus Plaza, New Haven, CT 06510

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers



Sam Mansoor, ESQ



Qualified Master Counselor
Trusts and Estates Practice

Parishioner
STSC & PVI Parent

COMPREHENSIVE ESTATE PLANNING

Wills • Trusts
Medical Directives

www.legacylawcenters.com

571-648-0200



LEGACY
LAW CENTERS



St. Joseph's Roofing, Inc.

ROOFING • WINDOWS • GUTTERS • SIDING

703-716-7663

www.SJRoof.com

JEWELRY - GIFTS - APPAREL

KETTERMAN'S
always...

IN-HOUSE JEWELRY REPAIR & DESIGN

Celebrating, Preserving and Making Memories
From our family to yours since 1951

212 Catoctin Circle, SE, Leesburg, VA

always@kettermans.com • 703.777.0033 • www.kettermans.com



Veteran Family

Owned Since 1984

FULL SERVICE

703-726-9444



For ad info. call 1-800-477-4574 • www.4lpi.com

14-4000