

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

July 13, 2025

Fifteenth Sunday in Ordinary Time



## *Masses for the Week*

|                       |   |
|-----------------------|---|
| <b>Mon, July 14</b>   | 6:15— Robert Burton+<br>8:30— Norbert Miles<br>12:15— James McLaughlin+   |
| <b>Tues, July 15</b>  | 6:15— Miles Family<br>8:30— Jacob Crawford+   |
| <b>Wed, July 16</b>   | 6:15— Mary Margaret Meyers+<br>8:30— Harold & Jean Turner+<br>12:15— Brandon Blackwood  |
| <b>Thurs, July 17</b> | 6:15— Laurette Nassetta<br>8:30— Claire Carrescia   |
| <b>Fri, July 18</b>   | 6:15— Joan Garster<br>8:30— Susan Stephen   |
| <b>Sat, July 19</b>   | 8:30— Joseph Begley+<br>5:30— Camille Golinvaux   |
| <b>Sun, July 20</b>   | 7:30— St. Theresa Parishioners<br>8:45— Joseph, Carlo &<br>Laura Maresca+<br>10:30— Deceased Members of the<br>Keane & Bianchet Families+<br>12:30— Shebel Go Robinson+<br>5:00— Louise Pittelli+ |

## Parish Mass Schedule

|   |  |
|---|--|
| <b>Saturday:</b>                                      | 8:30am, 5:30pm Vigil Mass  |
| <b>Sunday:</b>  | 7:30, 8:45am & 10:30am<br>12:30 & 5:00pm   |
| <b>Weekdays:</b>                                      | 6:15 and 8:30am, Monday through Friday<br>12:15pm, Mondays (except Federal Holidays)<br>and Wednesdays                             |
| <b>Holy Days:</b>                                     | As announced   |
| <b>Holy Hour:</b>                                     | Wednesdays, 7pm  |
| <b>Confessions:</b>                                   | Wednesdays, 9am (until line ends);<br>Holy Hour, 7pm (until line ends);<br>Saturdays, 4pm (until line ends);<br>and by appointment |
| <b>**Federal Holidays—6:15 and 8:30am Masses only</b> |  |

## Clergy

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette

**Prayers For The Sick:** Michael Tabash, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez.

**Prayers For Our Military:** Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig, Russell Escalante.

## The St. Benedict Medal

Do you know about the St. Benedict Medal? A picture is worth a thousand words.



St. Benedict was a sixth-century monk known for his spiritual wisdom and contributions to monastic life. The St. Benedict Medal is one of the most powerful sacramentals in the Church, and is used in exorcisms. Its meaning is as follows:

**Front:** St. Benedict holds his “Rule for Monks” in one hand, and a cross in the other. On one side of St Benedict is a raven. On the other, is a cup with a serpent emerging from it. This represents an incident in his life when he was miraculously saved from poisoning. Above the cup: “Crux Sancti Patris Benedicti,” which means, “The Cross of Holy Father Benedict.” Surrounding his image, “Eius in obitu nostro praesentia muniamur.” which means, “May we be strengthened by him at the hour of death.”

**Back:** The back of the medal is what makes it so powerful, and so popular. On the vertical of the cross: “C S S M L,” which stands for “Crux Sacra Sit Mihi Lux” (May the holy cross be my light). On the horizontal of the cross: “N D S M D” which stands for “Non Draco Sit Mihi Dux” (May the serpent never be my guide). Surrounding the center cross: “C S P B,” which stands for “Crux Sancti Patris Benedicti” (The Cross of Holy Father Benedict). The letters surrounding the back are the prayer of exorcism: V R S N S M V - S M Q L I V, which stands for “Vade Retro Satanas. Nunquam Suade Mihi Vanas. Sunt Mala Quae Libas. Ipse Venena Bibas.” (Get behind me, Satan! Never tempt me with your vanities. The cup you offer is evil. Drink the poison yourself!)

I don’t often recommend specific pious practices, such as which prayers to say, which saints to honor, or which feast days to celebrate. However, I do recommend the St. Benedict Medal for everyone, for the simple fact that we are living in a time of spiritual warfare, and this medal is a very helpful weapon in the fight. Lay people cannot conduct exorcisms, but they can wear this medal, and while doing so, have the intention of offering the prayers written upon it.

Personally, I wear a St. Benedict medal around my neck, but you may choose to do otherwise. Keep one in a pocket, wallet, or purse. Attach one to a rosary, or even to a keychain. It's also permissible to fix one in your home or car, or even place a medal at the foundation of a building, as a form of asking for the prayers of St. Benedict.

The saints are our friends in heaven, who are helping us all to come to heaven ourselves. May I recommend the St Benedict Medal to you? They are not difficult to find, and if you get one, I would be happy to bless it for you. (I have been authorized by the Benedictine order to do so.) It's a powerful sacramental for those who wear it with faith, and it's a constant reminder of the presence of God, the victory of the Cross, and the intercession of St Benedict against the spirit of evil.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)



# Youth Education and News



Office Hours:  
Mon-Thurs. 9am-4pm; Fri. 9am-noon

**RE Registration is OPEN!** Please visit the parish website to complete the online form and submit payment for your children's RE classes for the 2025-26 school year. Remember to register early to take advantage of our early bird discount, as Registration fees go back to their normal rates after **July 31st**

**Certification for RE Teachers** - If you would like to develop a deeper understanding of our Catholic Faith, especially if you are or will be teaching Religious Education, please consider participating in one of the following series of Certification courses:

**Summer 2025** - Our Lady of Good Counsel in Vienna, on Friday Evenings and Saturdays

**Fall 2025/Winter 2026** - St. Theresa's, on Saturdays

Please contact the Office of Religious Education if you would like more information.

Adults Plan Ahead to Volunteer  
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.



[ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com)

## July

Sun, 13th-Upper Room Squad, 6-8pm

Sun, 20th-Upper Room Squad, 6-8pm

Sun, 27th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 28th-Food Sort by Expirations Dates, 7-8:30pm

Tues, 29th-Load food for transport, 6:15-7pm

Sun, 27th-Upper Room Squad, 6-8pm

## August

Sun, 3rd-Upper Room Squad, 6-8pm

Sun, 10th-Upper Room Squad, 6-8pm

Sun, 17th-Upper Room Squad, 6-8pm

Sun, 24th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 25th - Food Sort by Expirations Dates, 7-8:30pm

Tues, 26th-Load food for transport, 6:15-7pm

Tues, 26th-Teen Leader Training for the Confirmation Retreat, 7-8:30pm

Sat, 30th-Confirmation Retreat, 1:30-8pm

**Susan Fash Bateman  
Memorial Scholarship &  
Christian Service Awards  
STCS 2025**

**Memorial Scholarship Recipient:**  
**Gabriella U.**

### Christian Service Awards:

4th - Nolan P., Caroline N.  
5th - Gabriella U., Julianna B.  
6th - Claire L., Keenan S.  
7th - Madeleine S., Chase B.

**Congratulations to all!**

Mrs. Susan F. Bateman  
was a beloved,  
long-time STCS  
Kindergarten teacher.  
The Memorial  
Scholarship & Awards  
honor Susan and her  
devotion to Catholic  
education & STCS.



**Saint Theresa Catholic School**  
Educating Tomorrow's Catholic Leaders  
[www.stsashburn.com](http://www.stsashburn.com)

**STCS Families, we hope you're having a fantastic summer!** Summer has a way of flying by -- don't forget to check the school website ([stsashburn.com](http://stsashburn.com), click on "Parent Links") for **Summer Reading and Math for each grade level!** Assignments are due when school begins on August 21.

**STCS Summer Office Hours:** the school office will be open Tuesday, Wednesday, and Thursday from 9:00am-1:00pm throughout the summer. *Have a wonderful and safe break!*

**STCS Parents, School Supplies Orders Close July 8!** STCS is partnering again with Sprout School Supplies to make your back-to-school easy! Please

see the *Thursday Thunder* newsletter for ordering information. Orders due by July 8, 2025.

**Parishioners & STCS Parents, SAVE THE DATE** for the *15th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance!* The tournament is on Monday, October 6, 2025 at Belmont Country Club in Ashburn. **Registration opens in mid-July** – *get your foursomes lined up, we're looking forward to another fantastic event!*

**St. Theresa Catholic School is hiring for the 2025-26 school year!**

STCS is accepting applications for the following positions: Fourth Grade teacher, full-time Kindergarten aide, and part-time aides. To apply, please send your resume, cover letter, and references to [HR@SaintTheresaParish.com](mailto:HR@SaintTheresaParish.com).

**Apply to STCS!** Would you like to learn more about our parish school and how Catholic education can make a difference in your child's life? Please visit our website for more information (click "Admissions") or email Admissions Director Denise Rotell, [rotell@stsashburn.com](mailto:rotell@stsashburn.com).

**STCS Parents, July 16 is a BIG night** - please join us for our annual **PTO Summer Family Bingo Night ("Christmas in July theme")**, **Used Uniform Sale**, and **New Family Ice-breaker** on **Wednesday evening, July 16**. See the details in last week's summer edition of *Thursday Thunder*.



## News from our Parish

**Ashburn Catholic Young Adults**—We will meet bi-weekly on Mondays from 6:15–7:30pm this summer for faith and fellowship. Our meetings will be a Theology of the Body Formation Series on July 14 | July 28 | August 11. We will meet in the Zelie Conference rooms in the Parish Admin Building.

**Are you interested in becoming Catholic or learning more about the Catholic faith?** Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start this fall in late October / early November.

**Announcing Two Parish-Wide Events:** Fr. Hudgins would like to offer all parishioners the opportunity to prepare and partake of two important spiritual events after all Masses on **August 17:**

**1—Total Consecration to Jesus through Mary and formal investiture in the Brown Scapular.**—Total Consecration to Jesus through Mary - Preparation will **begin July 15** using Fr. Gaitley's 33 Days to Morning Glory magazine. Sign up in the Narthex on July 13. For those who have done the Consecration before, it is an opportunity to renew. A weekly meeting will on Sundays, 7 pm, in Zelie 2&3 to share the weekly readings and discuss Fr. Gaitley's video.

**2—Brown Scapular Enrollment**—Enrollment in the Brown Scapular is after each Mass on **August 17**. If you have previously been formally enrolled, re-enrollment is not required. Read more about these events on the parish website. For any questions, email [maria\\_basu@yahoo.com](mailto:maria_basu@yahoo.com)



**St. Theresa Catholic School**  
*Join our team!*

We are looking for faith-filled, energetic, and dynamic educators and staff to join our school family for the 2025-26 school year!

We are accepting applications for the following positions:

**Fourth Grade Teacher | Full-time Aide  
Part-time Aides**

Please send your resume, cover letter, and references to [HR@SaintTheresaParish.com](mailto:HR@SaintTheresaParish.com)

### Donut Sunday Program Art Contest @ Saint Theresa



**Art Contest | Drawing of Mother Mary**

Drawing must be completed by August 29th and dropped off @ Saint Theresa Parish Office 21370 St Theresa Lane, Ashburn, VA 20147  
Parish Office Hours: M-F: 9:30am-3:30pm (closed for lunch 12-1)

**Rules:**

8 ½ x 11 Sheet | Name & Age and Parent Contact on back  
Must be a hand drawn picture of Mother Mary | Only 1 submission per person

**Age Groups:**

up to 5 years old  
6 – 10 years old  
10 – 16 years old  
16 – 24 years old

**New Age Groups Added:**

25 – 44 years old  
45 and over

Winners will be announced on September 7<sup>th</sup> by email.

(6) 1<sup>st</sup> Place Awards | Winners will get a \$25 Gift Card & Trophy

**Questions?**

Contact: Angela Haberland @ [angela.haberland@gmail.com](mailto:angela.haberland@gmail.com) | 703.407.1204

## Adult Education and Spiritual Enrichment

**Women's Discipleship Group**—Meets every Wednesday morning, 9:30–10:30am for Lectio Divina and 10:45–11:45am for spiritual book reading. Our focus for the Lectio Divina prayer is the Mass reading for the upcoming Sunday. We are currently reading the book, “Jesus and the Jewish Roots of Mary” by Brant Pitre.

Parish women of all ages are cordially invited. For more information contact Dawn Garabito, 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

**That Man is You (TMIY)**—Are you looking to strengthen your faith & family and meet other Catholic men at St Theresa's? The TMIY group still

meets Saturday mornings during the summer for inspirational videos and fellowship. Use the QR Code below or contact Jack Hayes at 703.537.6418 or [jack.hayes422aol.com](mailto:jack.hayes422aol.com) for more information.







### Legion of Mary

Want to deepen your faith, build community, increase your relationship with our

Lord, and serve others? Want to be part of something bigger than yourself? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:00pm. Stop by the Saint Martin room and learn more about it.

### Home Enthronement of the Sacred Heart

Our Lord revealed that wherever the image of His Sacred Heart is exposed and given special honor, great blessings, and graces would abound. One way to accomplish this goal is to do a formal enthronement of the Sacred Heart in your home. The enthronement is a ceremony where Jesus is invited into your home and is given authority over your family/household. Please email [sttheresalegionof-mary@gmail.com](mailto:sttheresalegionof-mary@gmail.com) to schedule one.

### Prayer Request - Are you in need of prayer?

Do you need the power of prayer to support you? Join your fellow parishioners in our prayer emails. This is a prayer network maintained by the Legion of Mary. You can enroll in the prayer email here: [legionofmarysttheresa@gmail.com](mailto:legionofmarysttheresa@gmail.com) We are all on this journey together. Let us be together by praying together for one another!



### Knights of Columbus

**Food Drive:** Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. We collected, sorted, and delivered 4,559 pounds of food. Your contributions and effort make this important program very successful.



**Are you a parishioner in need of a home repair?** If you need help in completing a small home repair that you cannot complete yourself or that may cause you financial hardship, we are here to help! We do not do outdoor yard or gardening work. Please submit your request on our website at: <https://www.st-louismartin-kofc.org/handy-man-services>.

### Interested in Becoming a Foster Parent in Loudoun County?

Loudoun County's Department of Family Services is hosting three (3) monthly virtual foster care information sessions this summer:

- Mon, July 14, 2025, 6:30-7:30pm
- Tues, August 12, 2025, 12-1pm

Attendance is free, but registration is required. Visit <https://www.loudoun.gov/1004/Foster-Care-Adoption> for



more information on foster care and ways that you can get involved to make a difference in our community.

**Interested in Joining?** Guided by principles of charity, unity and fellowship, the Knights of Columbus work to strengthen our parish, our families and our community. FAQ: <https://www.st-louismartin-kofc.org/faqs>. To be contacted, please scan the following QR code.

**“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”**– St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



## How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

## News from the Diocese

### Special Religious Development (SPRED) Program

at St. Francis de Sales This Religious Education class serves children ages 6-16 with developmental disabilities such as Down Syndrome, autism, and learning disabilities. Participants do not use a textbook and the ability to read is not necessary. During each session, the participants, or 'friends,' share in catechesis and joyful activities designed to lead children closer to their best friend, Jesus. Sacramental instruction is provided and is based on the readiness of the individual. The class meets 12 times per year on Saturday mornings in the parish education center at St. Francis de Sales, Purcellville. If you have a child with special needs and would like to register with the SPRED program, please use the QR Code to access the registration. Non-parishioners are welcome to register. If you have any questions, please reach out to Diane Taylor, d.taylor@saintfrancisparish.org.



**Three to Get Married Marriage Prep in 2025—July 17-20; Aug 21-24; Sept 18-21.** The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$398 per couple. ourladyofbethesda.org. Bethesda, MD.

**Attention Class of 2025!** The Associates of St. John Bosco (ASJB), a Catholic non-profit in Northern Virginia, founded by Fr. Christopher Vaccaro, will be hosting five free College Nights this summer for graduated seniors heading to college this fall.

2025 College Night Dates & Locations  
**July 15** - Holy Trinity (Gainesville);  
**July 22** - Basilica of St. Mary (Alexandria); **July 29** - St. Mary of the Immaculate Conception (Fredericksburg)

These events help rising college freshmen network with other Catholics heading to college, and give students the tools to navigate the transition from high school to college, keeping their Catholic faith strong. Students hear from upperclassmen who give their personal testimonies about how they transitioned to college and maintained a strong faith life. Students walk away with a free bundle of Catholic books called the "Bosco Bundle" to bring to college that will help them deepen their faith while away at school. The events come with a pizza dinner, too. Registration is FREE! For dates, locations, and more information, please visit: [www.asjb.org/student-registration](http://www.asjb.org/student-registration). Each night is capped at 50 students, so early registration is encouraged.

### For Rising 8th Graders- Pre-HSPT Testing at JP (Potomac Shores, VA)!

—Do you have a rising 8th grader who is interested in John Paul? You are invited to a Practice High School Placement Test on Tuesday, August 5th! The official HSPT is a required piece of the John Paul Application. Taking a Pre-HSPT is a great way for students to feel confident and prepared for taking the official HSPT this fall! Use this link to Register: <https://saintjohnpaul.mypaysimple.com/s/8th-grade-test-prep>

### JP Summer Camps - Sign Up Today!

—Saint John Paul the Great Catholic High School's summer camp registration is open! Check out our robust camp offerings and sign up today! For rising 2nd to 9th graders, JP summer camps are a great way to spend your summer! John Paul offers both Athletic and Enrichment Camps and its premier day camp, Camp Quintessential. Go to <https://www.jpthegreat.org/apps/pages/summeractivities> to learn more about what JP is offering!

**Join Us for Summer Camps at St. Paul VI Catholic High School!**—St. Paul VI Catholic High School is excited to offer a variety of engaging summer camps for students entering grades 2

through 9! This summer, we are hosting camps in band, baseball, basketball, cheer, football, field hockey, lacrosse, soccer, theatre, and more — all conveniently located on our beautiful Chantilly campus at 42341 Braddock Road, Chantilly, VA. Led by our dedicated faculty, staff, and head coaches, these camps provide a fantastic opportunity for students to grow, learn, and have fun in a supportive and faith-filled environment. For more information and to register, visit: [www.paulvi.net/summercamps](http://www.paulvi.net/summercamps).

**Attention Rising 8th graders**—Take the Practice Version of the High School Placement Test (Pre-HSPT) at St. Paul VI Catholic High School. Monday, **July 28, 2025** from 9am-noon; Monday, **August 11, 2025** from 9am-noon. St. Paul VI Catholic High School, 42341 Braddock Road, Chantilly, VA 20152. Optional Parent Info Session: 11:30 a.m. in the PVI Theatre. Includes details about Paul VI and the admissions process. Please Note: The Pre-HSPT is not used for admissions but is a helpful preparation tool. Accommodations are not available for the Pre-HSPT. If you have any questions or to register, please email the PVI Office of Enrollment Management at [admissions@paulvi.net](mailto:admissions@paulvi.net).

**18th Annual Pops Camp**  
For rising 5th-9th graders

**Monday - Friday, August 4-8, 2025**  
**Friday - 11 a.m. concert/polluck**

For rising 5th - 9th strings and band students with at least one year of instruction.

- Pops 8:50: 9:45 a.m. - 12:15 p.m. Daily itinerary includes full group and sectional rehearsals plus snack.
- Jazz Studies 8:50: 8:30-9:30 a.m. Quite popular secondary offering that introduces improvisational techniques while preparing music for concert.

Register using the QR code.  
Questions? Contact Mrs. Jan Siegfried at [jsiegfried@paulvi.net](mailto:jsiegfried@paulvi.net)

St. Paul VI Catholic High School  
42341 Braddock Rd. Chantilly, VA 20152

## Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

## News Around the Diocese Continued

**Living the Sacrament of Marriage – Married Couples’ Retreat**—A retreat for married couples to contemplate the gift of their Sacrament. We will pray individually and together, pondering the graces of Marriage and reflecting on God's promises and Presence in the life of a family. We shall also consider how God elevates the capacity of spouses to love each other and their children, and how He makes the home of a family a privileged place of healing and sanctification. Join Fr. Daniel Hanley, coordinator of the blessed Stanley Rother House of formation at Mount St. Mary's Seminary, at the San Damiano Retreat Center in White Post, VA for this unique retreat opportunity. This retreat will begin at 6 pm Friday **July 18th** and conclude Sunday **July 20th** with lunch at noon. Retreat cost is \$285. For further information, please contact Deacon Mark Maines at: [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org) For more information about San Damiano and retreats being offered in the months ahead, please visit [www.arlingtondiocese.org/retreat](http://www.arlingtondiocese.org/retreat)

**Balance Work & Prayer! Super Spirits & Service Retreat Weekend—Aug 8-10** (Free to attend\*). Are you a man looking for more effective ways to balance work and prayer in your life? Look no further! Our Super Spirits & Service Retreat Weekend is just what you need! We are thrilled to invite you to a transformative retreat experience that combines prayer, physical activity, and inspirational preaching. Led by one of our premier retreat masters, Fr. Robert Presutti, LC, this retreat offers a unique opportunity to deepen your spiritual practice while also participating in critical improvement projects at the Our Lady of Bethesda Retreat Center. But it's not all work and no play - you will also get to enjoy lively fellowship with some great guys! Best of all, it's \*free to attend! All we ask is for your sweat equity on projects around the retreat center. Don't miss out on this chance to renew your spirit and make a positive impact - sign up for our retreat today. Find more information and links to register on the website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, A Place to Encounter Christ! 7007 Bradley Blvd., Bethesda, MD 20817.

**Summer Retreat Weekend—Aug 15-17, 2025.** This Summer, you are in-

vited to step away from the busyness of daily life and enter into a deeper encounter with Christ. Our Lady of Bethesda Retreat Center is offering the Summer Spiritual Exercises Retreat led by Fr. Robert Presutti, LC. This silent retreat, based on the time-tested methods of St. Ignatius of Loyola, will provide the perfect setting for prayer, reflection, and renewal. The weekend is designed for both men and women seeking to deepen their faith and reconnect with their spiritual journey. Plus! You can take advantage of the early-bird pricing, now available until Friday, July 25! Cost to attend: \$368 per person, EARLY-BIRD RATE: \$318 per person. For a more flexible, self-directed experience, the Private Retreat Option will be available during this weekend. Find more details on our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Don't miss this opportunity to invest in your spiritual renewal and reconnect with God.

**Separated or Divorced?**—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email [separated.divorced@stjohnleesburg.com](mailto:separated.divorced@stjohnleesburg.com) for more information.

**How Can We Grow Closer to Jesus While living in the Secular World?**—If you are seeking to grow deeper in love with Jesus, you are invited to attend an informative session about Lay Communities: Dominican, Franciscan, Carmelite, Benedictine and Youth Apostles. There will be two sessions: 10am and again at 7pm. You may attend either one to hear short presentations from members of each Community. There will be time to ask questions and to speak with their members. This informational opportunity is intended to help you discern whether you may be called to this way of life. There is no obligation or pressure to join! **Save the Date! Monday, September 8, 2025** at St. John the Apostle, 101 Oakcrest Manor Drive, Leesburg.

**Married Couples—“I Place Much of My Hope for the Future in Marriage Encounter”.** (Pope Saint John Paul II)

Your honeymoon was a special time. Wherever you went, the things you saw and did were secondary. Just being together was most important. The Worldwide Marriage Encounter Weekend has the same focus. The weekend centers entirely on your relationship. It is a positive, simple common sense, private experience between you and your spouse, that revitalizes marriage by helping you to see again those loving qualities in each other that you may be taking for granted. Upcoming experience are: September 12-14, 2025 - Richmond VA; October 24-26, 2025- Jessup MD; November 7-9, 2025- Rehoboth Beach DE; February 13-15, 2026 - Waynesboro VA; March 6-8, 2026 - Hampton VA. For more information please call 757.690.1369 or to register, go to [WWME.org](http://WWME.org), click "Apply" and search for your desired location

**Monthly 2025-2026 Catholic Home-school Clubs!**—Looking for fun social activities for all of your homeschooled kids in the same time & place? Look no further! Mayflower Homeschoolers offers a Clubs Day for all ages on 3rd Fridays of the school year! St. Bosco Coed Teen Games Club~Little Flowers Girls Club~Blue Knights Boys Club~St. Nicholas Coed PreK&K Club. For details about clubs & our other weekly events, go to [www.mayflowerhomeschoolers.org](http://www.mayflowerhomeschoolers.org).

**Men's Bootcamp Weekend Retreat Sep 26-28, 2025**—Join us for a dynamic weekend retreat designed specifically for men! The Men's Bootcamp Weekend Retreat combines the structure of the Spiritual Exercises with engaging breakout groups and powerful talks tailored to strengthen your faith, leadership, and brotherhood. While not a silent retreat, the schedule will include time for personal reflection, prayer, and discussion. Step away from the noise of daily life and invest in your spiritual growth. You can take advantage of the early-bird pricing by registering soon! Cost to attend: \$368 per person, EARLY-BIRD RATE: \$318 per person. Find more details on our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Don't miss this opportunity to invest in your spiritual renewal and reconnect with God.



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Outreach Coordinator: Marianne Guidos, 703.729.2334  
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Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Myriam Perez, 703.729.3714  
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Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Denise Oriti, 703.729.3577  
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Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
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## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

## RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

**Save the Date: Festival of Trees Dec 6th & 7th** *More information coming soon!*

### Fall Consignment sale Sept 27th.

For more information go to [www.littleflowerconsignments.org](http://www.littleflowerconsignments.org)  
Proceeds from this sale help families in need through Divine Mercy Outreach.

Don't want to consign but have items to donate? Contact Jean Nowakowski at [john.jean90@verizon.net](mailto:john.jean90@verizon.net)

**Did you know?** 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office. Please indicate DMO in the memo of

the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703-585-5435 to volunteer to make meals or if you or a loved one need of help with meals.

**The Visitation Ministry**—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Bed Ministry**—Volunteer for the Bed Ministry—volunteers with trucks or

Large SUVs needed especially! We have had an increase in bed requests.

It's rewarding to assist families in need. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need.

Interested in helping contact Bea Craig at 571.439.0364 or [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Do you have furniture items to donate?**—Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or [mebroderick1@gmail.com](mailto:mebroderick1@gmail.com)

**Looking for more ways help?** Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)



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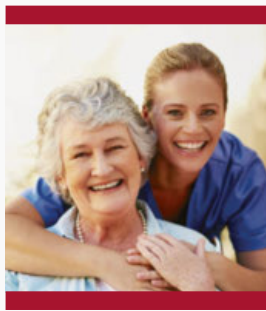


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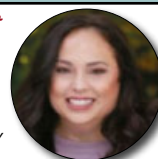
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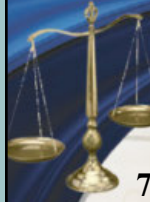
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