



St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

August 31, 2025
Twenty-Second Sunday in Ordinary Time

Masses for the Week

Mon, Sept 1	6:15— Irene Zaptin+ 8:30— Carol Krichbaum
Tues, Sept 2	6:15— Jerome+ and Lou Miles 8:30— Linda McKay+
Wed, Sept 3	6:15— Joan & Robert Burton+ 8:30— The Suchecki Family 12:15— James Milton+
Thurs, Sept 4	6:15— Nick D. Carrescia 8:30— James Hyep Nguyen+
Fri, Sept 5	6:15— Dennis Dudzinski+ 8:30— Mia Venkat 12:15— Jen & Scott Bilstad & Family
Sat, sept 6	8:30— Joseph Begley+ 5:30— Beth Moschetto
Sun, Sept 7	7:30— St. Theresa Parishioners 8:45— Bernadette Philbin+ 10:30— Jaime Eduardo Pinilla Munoz 12:30— Gabriel Nanga Mvogo 5:00— Pina Pilaro+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
 Reverend Paul Dudzinski, Parochial Vicar
 Reverend Christopher T. Vaccaro, Parochial Vicar
 Reverend John F. O'Farrell, Parochial Vicar
 Reverend Matthew J. DeForest, In Residence
 Deacon Paul C. Konold
 Deacon Anthony J. Renzette

Prayers For The Sick: Michael Tabash, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez.

Prayers For Our Military: Brady Carmical, Ify Nwabuku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kester-son, Matthew Kester-son, Alexa Katharine Koenig.

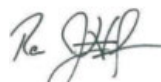
How the Church Canonizes a New Saint, Part II

Last week in the bulletin, we mentioned that when the Church canonizes new saints, it looks for evidence of “heroic virtue.” What is heroic virtue? It’s a term that refers to Faith, Hope, and Charity lived to such a high degree, that it is simply inexplicable from the standpoint of human capacity alone. “Heroic virtue” are qualities of goodness in a soul which are so powerful that their source could only be the strength of God himself. It’s not just a “cheerful” or a “good natured” person. It’s a state of holiness possible only by a complete cooperation with God’s grace. Pope Benedict XIV (1740-1758) defined heroic virtue in his document, *The Beatification and Canonization of the Servants of God*. It consists of six qualities:

- Good actions are done not only in ordinary and easy circumstances, but difficult and unusual ones. A soul with heroic virtue is patient not only in routine matters, but even in highly trying circumstances. (St. Elizabeth of Portugal, for example, spent her entire life married to a very difficult spouse, but never gave into bitterness. Her example converted her husband’s heart to Christ before he died.)
- Virtue is practiced not only in isolated cases but also whenever a situation calls for it—not only when they are so inclined, but at all times. (St. Philip Neri, for example, lived on the top floor of a high building, long before the invention of elevators. He was continually interrupted by souls who wanted to go to confession. Down the stairs, and up the stairs he climbed—day after day, and week after week—yet he never complained. When asked how he remained so cheerful, the saint responded, “I’m simply going from Jesus—to Jesus!”)
- Tasks are accomplished promptly and easily. Such souls seem to experience no difficulty whatsoever doing extremely well, and without delay, whatever needs to be done—even when such tasks are monumentally difficult. (St. Thomas More, for example, seemed to experience no dread whatsoever in approaching his gruesome martyrdom. He was asked how he felt sitting in the Tower of London awaiting decapitation. He replied, “I feel like a schoolboy going on holiday.”)
- All actions are done in love and joy. There is never anything dour, bleak, hateful, or stoic about the saints. Rather, they appear to me emotionally healthy, and joyous at all times. (The Apostles were flogged by the Sanhedrin, but walked away “singing and rejoicing that they had been found worthy of suffering for the name of Christ.”)
- There are no notable “ups and downs” in their practice of goodness. They display remarkable uniformity. A soul with heroic virtue constantly chooses the “high road,” or the best of all possible options. Seldom, if ever, is there an omission of the more perfect course of action could have been chosen. Deliberate sin is not present, not even venial sin.
- Virtues are interconnected and all present. No virtue is absent, and there are no vices. They are humble. (They avoid the desire to dominate a conversation or the desire to impress. They easily accept correction from others, and remain at peace even when blamed, accused, or neglected). They are generous. (They live by their necessities only, and give everything not needed to those who are in need. Some even deny themselves necessities to help others—St. Robert Bellarmine did not heat his residence in the winter, so as to give more to the poor. St. John Vianney gave away his shoes to a barefoot man). They live a prompt, joyful embrace of all the church teaches, whether popular or not. (St. Thomas More, for example, dared to oppose the marriage of King Henry VIII). They are patient. (They are habitually calm in aggravating situations. They treat both friends and enemies with equal kindness).

St. Thomas Aquinas says anyone of good will who cooperates with grace can live a life of virtue to a reasonable degree, but heroic virtue is only possible when we completely surrender to God’s grace. He once described a saint as a “moral miracle.” One may ask how can anyone be like this? The only answer—the transforming power of divine grace combined with total love for God.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Wanting to hear Fr. Hudgins’ homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News



ymoffice@sainttheresaparish.com

September

Sun, 7th-Upper Room Squad, 6-8pm

Tues, 9th-Teen Leader Training for the Confirmation Retreat, 7-8:30pm

Sat, 13th-Confirmation Retreat, 1:30-8pm

Sun, 21st-Upper Room Squad, 6-8pm

Sun, 28th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 29th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 30th-Load food for transport, 6:15-7pm

St. Theresa CYO Thunder Runners Registration—St. Theresa Thunder Runners, the Fall Track and Cross-Country program, is open to parishioners in grades 4th -8th. Our season will begin on Tuesday, September 2,

2025 and end early November. Practices will be held Tuesdays and Fridays after school on the school track from 3:00-4:45. All athletes MUST be registered in both the Track & Field database and the Cross Country database in order to participate in the program. Cost of the program is \$85 per child. Registration opened on **August 21, 2025 at 7pm**. Registration is first come, first served and spots fill up fast, don't wait to register! All levels of runner's welcome!

Registration link: <https://reg.sportspilot.com/106557>



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

RE Registration is OPEN! Please visit the parish website to complete the online form and submit payment for your children's RE classes for the 2025-26 school year. Classes begin the week of September 14th.

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Certification for RE Teachers - If you would like to develop a deeper understanding of our Catholic Faith, especially if you are or will be teaching Religious Education, please consider participating in one of the following series of Certification courses:

Fall 2025/Winter 2026 - St. Theresa's, on Saturdays

Please contact the Office of Religious Education if you would like more information.



STCS Parents, mark your calendars for these important upcoming events:

Monday, September 1—

No school, Labor Day

Thursday, September 11—

Band parent meeting

Monday, September 15—

PTO Spirit Event at Bruster's

Wednesday, September 17—

Battle of the Books begins

Friday, September 19—

Student Council-sponsored Middle School Dance

Registration is Open & Sponsors are needed for the 15th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance on Monday, October 6, 2025 at Belmont Country Club. This is a wonderful parish event – we hope you'll join us for a fantastic day of golf, food, and

fundraising for tuition assistance! ***This is the primary fundraiser for FOSTS, which provides assistance to families and students who might not otherwise have access to a Catholic education.*** Not a golfer? ***Join us for dinner!*** To sponsor, golf, join us for dinner, or make a donation please scan the QR code or visit our parish website (www.SaintTheresaParish.com). ***Sponsors are needed for the tournament*** (individuals, businesses, families), please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577.



News from our Parish

Altar Server TRAINING

Interested in becoming a St Theresa Altar Boy?

Training for new altar boys will be held on two consecutive Sunday evenings, **September 7 and September 14, from 7pm to 8:30pm**. Attendance is required at both events, and is open to any boy 4th grade and older, who would like to be an Altar Server at St Theresa.

Pre-registration is required. To register, go to the parish website: <https://sainttheresaparish.com/news/altar-server-training/>

Please note: attendance at both nights is required, and there will be no exceptions made. Parents are encouraged to attend with their child.

Attention Current and Prospective Lectors, Extraordinary Ministers, and Ushers—You are invited attend a **mandatory** refresher session to discuss your roles as a ministry to the parish. This is for all current ministers and those interested in joining these ministries. The session will take place on **September 13th** from 10am to 12pm in the Church. Father Vacaro and Father Dudzinski will lead the gathering, helping us reflect on the beauty and privilege of serving God through these roles. See you then!

Are you interested in becoming Catholic or learning more about the Catholic faith? Are you missing Sacraments? RCIA registration for this year is now online. Please go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start this fall in late October/early November.

Cub Scout Pack 997—(sponsored by St Theresa Parish) welcomes new Cub Scouts for the 2025-2026 school year! We have an exciting and engaging program planned for the upcoming year (including spending a night aboard the USS Constellation in Baltimore, and two or three other camping trips). We are open to boys in grades K through 5; Scouts need not be students at St Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held on Wednesday, **September 10**, at 6:30pm in the STCS cafeteria. Interested families should send an email to pack997leaders@googlegroups.com for more information.



Sponsors Needed!
several levels available for individuals, families, & businesses

Friends of St. Theresa School (FOSTS)

15th Annual Golf Tournament for Tuition Assistance

Monday, October 6, 2025 | Belmont Country Club

To sponsor, golf & buy dinner-only tickets:

Scan the QR code, visit
www.SaintTheresaParish.com,
or call 703/729-3577

A St. Theresa parish tradition!



Young at Heart Social Club (YAH)—

Men and Women (55 and over)
We meet after the 12:15pm Mass in the Zelig Room located across from the Church. On Wed., **Sept 17th** (3rd Wed.), we are having our first get-together since June and it will be Pot Luck. Bring food to share and we'll provide coffee, tea, lemonade & dessert. We are very fortunate to have a special speaker from the Loudoun County Sheriff's Office to update us on the latest scams and how we can avoid them, plus we'll have our usual 50/50 drawing. Guests and new members are always welcome. If you plan to join us please RSVP to Freddie at wallflower64@gmail.com or 703.625.5715.

Walking With Purpose—St. Theresa's is offering Walking With Purpose Bible studies for women, young women, and middle school girls.

It's a Catholic women's ministry that combines Scripture study with small group conversation, helping women of all ages deepen their faith and build lasting community.

Kick-Off Open House

Wednesday, September 10, 7-9pm

Zelig 2 & 3 in the Admin Bldg
Come learn more about our studies, meet new friends, and reconnect with familiar faces. Whether you're new or returning, this is a great opportunity to explore what Walking With Purpose has to offer—no registration required to attend the Open House.

Fall Offerings Include:

- Adult Women Bible Studies (Begin the week of September 22)
- Beloved – A new study for young women seeking a stronger foundation in their identity in Christ
- BLAZE – A 20-week program for mid-

dle school girls, starts in Oct., exploring Scripture in a fun, engaging way.

Registration is now open!

Visit the parish website and look under "Activities" to sign up for studies.

□ Questions? Email:
sttheresawwp@gmail.com

Childcare Help Needed—Walking With Purpose.

St. Theresa Parish is seeking kind and reliable childcare helpers for our Walking With Purpose women's Bible study program.

•Thursdays, 9:15-11am

•September 25 – May 7

•Paid position

•VIRTUS compliance required

If you enjoy caring for children and would like to support this ministry, we'd love to hear from you!

Contact us at:
sttheresawwp@gmail.com

Festival of Trees—This year our beloved Divine Mercy Outreach Festival of Trees will be on **December 6 & 7**. This year's festival promises to be better than ever with the venue moving back to the gym, cookies, punch and even singing. It's time to get the creative juices flowing and think about donating a themed tree, wreath or basket to FOT. Cookie donations are also needed. Last year's Festival of Trees raised \$23,600. For more information check out the DMO Festival of trees on our parish website: sainttheresaparish.com/divine-mercy/divine-mercy-outreach/festival-of-trees/

Contact Cathy Branly for tree/wreath/basket donations, or to volunteer: cathysews@yahoo.com
Contact Danielle Zuccaro for cookie donations: danielle.a.zuccaro@gmail.com

Adult Education and Spiritual Enrichment

Looking to learn more about your faith? This Fall the Catholic Education for Adults team will be offering five different classes:

Unlocking the Mystery of the Bible (8 weeks): Get the “big picture” of salvation history by seeing how fourteen narrative books of the Bible tell the complete story from Adam and Eve to Christ and the Church. Zoom Tuesdays 8-9pm. Starts Oct. 7th. Contact Andy at johnson.andrew7003@gmail.com or In-Person at Ashby Ponds (All are welcome). Tuesdays Starts Oct. 7th. Contact Peggy at peggy.burkholder@gmail.com

The Gospel of Matthew (24 weeks-In Person): Set in the rich context of Jesus’ life, Matthew shows us who Jesus is and what His life and teachings mean for us today. Wednesdays 7-8pm. Starts Oct. 15th. Contact: Linda at lmmetz3@msn.com.

Acts (20 weeks-Zoom): The Compelling Story of the First Christians. This class traces how the gospel witness

spread outward in waves from Jerusalem and reveals how the seeds of Church structure and authority took root. Wednesdays 7-8pm. Starts Oct 8th. Contact: Brett at brettastengako@gmail.com.

Revelation: The Kingdom Yet to Come (11 weeks-Zoom): Perhaps no book of the Bible fascinates people more than Revelation. This is an intriguing study that shows how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven. Wednesdays 7-8pm. Starts Oct. 8th. Contact: Mark at markscallion20@gmail.com.

Mary: A Biblical Walk with the Blessed Mother (8 weeks-In Person): This class is an extraordinary pilgrimage that reveals Mary’s unique role in God’s kingdom and in our lives. Filmed on location in the Holy Land, you will learn how she works in our lives today, drawing us ever closer to her divine Son. Thursdays 7-8pm. Starts Oct. 9th. Contact: Viki at viki.hughes@gmail.com.

Women’s Discipleship Group—

Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30-10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we will be starting the book “Imitation of Christ” written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—The new TMIY year begins next Saturday, September 6, at 6:30am in the admin building. If you missed our Registration event on August 9/10, you can still join our TMIY group using the following QR Code, or by contacting Jack Hayes at jack.hayes422@aol.com.



Knights of Columbus

Happy Hour: Please mark your calendars to join your fellow Knights for our first Happy Hour of the Fraternal Year on Thursday, September 04, 2025 from 5pm-8pm at Parallel Wine Bistro! Parallel Wine Bistro is located at 43135 Broadlands Center Plaza in Ashburn, VA. We have the Party Bar area reserved for this event. Light appetizers will be served - drinks will be the responsibility of each person.



Please RSVP at the link below so that we have an accurate head count for the event.

[https://](https://www.signupgenius.com/go/8050D4CA8A928A4FF2-57793538-happy)

www.signupgenius.com/go/8050D4CA8A928A4FF2-57793538-happy

K of C Pancake Breakfast on Sunday, 14 September 2025: Mark your calendars, just two weeks away! The Knights of Columbus will be hosting their first pancake breakfast of the fraternal year on Sunday, 14 September in the St. Theresa school cafeteria. Stop by after the morning Masses or at any time between 8 am and 12 noon, and enjoy a delicious breakfast of pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, and tater tots, along with coffee, orange juice, and assorted Dunkin’ Munchkins! Profits from this breakfast will benefit the Archdiocese for the Military Services, USA.

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic

home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Interested in Joining? Guided by principles of charity, unity and fellowship, the Knights of Columbus work to strengthen our parish, our families and our community. FAQ: <https://www.st-louismartin-kofc.org/faqs>. To be contacted, please scan the following QR code.



How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.



Legion of Mary

Want to deepen your faith, build community, increase your relationship with our

Lord, and serve others? Want to be part of something bigger than yourself? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:00pm. Stop by the Saint Martin room and learn more about it.

Home Enthronement of the Sacred Heart

Our Lord revealed that wherever the image of His Sacred Heart is exposed and given special honor, great blessings, and graces would abound. One way to accomplish this goal is to do a formal enthronement of the Sacred Heart in your home. The enthronement is a ceremony where Jesus is invited into your home and is given authority over your family/household. Please email sttheresalegionof-mary@gmail.com to schedule one.

Prayer Request - Are you in need of prayer?

Do you need the power of prayer to support you? Join your fellow parishioners in our prayer emails. This is a prayer network maintained by the Legion of Mary. You can enroll in the prayer email here: legionofmarysttheresa@gmail.com We are all on this journey together. Let us be together by praying together for one another!

News Around the Diocese

Calling all Young Adults!—Join us for a fundraising BBQ supporting the Associates of St. John Bosco (ASJB) on Saturday, **September 6th** at 12:30 pm in Alexandria. ASJB is a Catholic nonprofit organization that helps rising college freshmen grow closer to God as they transition to college. Come meet other young adults and learn about how you can be a part of our mission! Please register at asjb.org/bosco-bbq by **September 2**. Location will be provided upon registration. If you have questions, please email Cora Scheib at cora@asjb.org.

How Can We Grow Closer to Jesus While living in the Secular World?—If you are seeking to grow deeper in love with Jesus, you are invited to attend an informative session about Lay Communities: Dominican, Franciscan, Carmelite, Benedictine and Youth Apostles. There will be two sessions: 10am and again at 7pm. You may attend either one to hear short presentations from members of each Community. There will be time to ask questions and to speak with their members. This informational opportunity is intended to help you discern whether you may be called to this way of life. There is no obligation or pressure to join! **Save the Date! Monday, September 8, 2025** at St. John the Apostle, 101 Oakcrest Manor Drive, Leesburg.

Married Couples—"I Place Much of My Hope for the Future in Marriage Encounter". (Pope Saint John Paul II) Your honeymoon was a special time. Wherever you went, the things you saw and did were secondary. Just be-

ing together was most important. The Worldwide Marriage Encounter Weekend has the same focus. The weekend centers entirely on your relationship. It is a positive, simple common sense, private experience between you and your spouse, that revitalizes marriage by helping you to see again those loving qualities in each other that you may be taking for granted. Upcoming experience are: September 12-14, 2025 - Richmond VA; October 24-26, 2025- Jessup MD; November 7-9, 2025- Rehoboth Beach DE; February 13-15, 2026 - Waynesboro VA; March 6-8, 2026 - Hampton VA. For more information please call 757.690.1369 or to register, go to WWME.org, click "Apply" and search for your desired location

You are Invited: "Come and See"—The Lay Dominicans of Mary Magdalene are offering a program that invites you to prayerfully reflect on life's most important questions. If you would like to go deeper in your relationship with God, we invite you to join us. Corpus Christi Parish Office (Rector's base-ment). 41677 Corpus Christi Drive, Aldie VA 20105. Two-hour sessions will be held after the Saturday 8:30am Mass every week for 14 sessions. First session is Saturday, **September 13**. All adults are welcome. The instructor, Mr. Peter-Martin Baysdell, OP, has taught widely in the Arlington, Washington, and Baltimore Dioceses. No prerequisites. No books or videos required. No registration fee. For questions, call Peter-Martin Baysdell at 443.878.3055.

Men's Evening of Reflection—Looking to grow in your relationship with Christ? This evening provides Catholic formation with spiritual talks, reflection, prayer, and fellowship. Mass and opportunities for confession are also offered. Wednesday, **September 17**, 6:30-9pm, Divine Mercy University, 45154 Underwood Drive, Sterling. For more info or to register contact rcmenssectionva@gmail.com

Three to Get Married Marriage Prep in 2025—Sept 18-21; Dec 11-14
The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$398 per couple. ourladyofbethesda.org. Bethesda, MD.

Seminarian Education Endowment—The Seminarian Education Endowment at the Catholic Foundation of Arlington has been supporting the education and formation of those who have been preparing for the priesthood in the Catholic Diocese of Arlington for many years. Find out how you can support the future leaders of our Diocese at catholicarlington.org/seminarian

Our Lady of Hope is hiring—Youth Minister position. Interested candidates are asked to provide a resume along with three references to: youthminister@ourladyofhope.net Visit Catholicjobs.com for details.

News from the Diocese Continued

Men's Bootcamp Weekend Retreat Sep 26-28, 2025—Join us for a dynamic weekend retreat designed specifically for men! The Men's Bootcamp Weekend Retreat combines the structure of the Spiritual Exercises with engaging breakout groups and powerful talks tailored to strengthen your faith, leadership, and brotherhood. While not a silent retreat, the schedule will include time for personal reflection, prayer, and discussion. Step away from the noise of daily life and invest in your spiritual growth. You can take advantage of the early-bird pricing by registering soon! Cost to attend: \$368 per person, EARLY-BIRD RATE: \$318 per person. Find more details on our website www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Don't miss this opportunity to invest in your spiritual renewal and reconnect with God.

Obedience and Spiritual Union – "Let it be Done Unto Me"—In this women's silent retreat, we will consider the secret to true Obedience; a disposition of Receptivity. Meditating on the nature of a woman's receptive power, we will explore how the feminine gifts of Empathy, Intuition, and Adaptability enable us to listen more deeply in prayer, and to achieve spiritual union, not only with our spouses, but with Jesus Himself.

Mary Stanford, a Professor at Christendom College and author of *The Obedience Paradox: Finding True Freedom in Marriage*, will lead this retreat at the Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. Father John Riley, Spiritual Director at the center will serve those gathering with daily Mass and opportunities for confession. This retreat begins at 6 pm Friday **September 19th and concludes Sunday 21st** at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Father John Riley at: john.riley@arlingtondiocese.org For more information about San Damiano and retreats being offered in the months ahead, please visit www.arlingtondiocese.org/retreat

After Abortion Retreats—A Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, **September 27, 2025**. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org

"Her Call Is Sacred" | Mighty Is Her Call Retreat—Mothers in our Diocese are invited to a day retreat with *Mighty Is Her Call*, "Her Call Is Sacred", at St. Mary of Sorrows in Fairfax on **September 27th**. A *Mighty Is Her Call* retreat is designed to provide a day of rest, encouragement and fortification in your life as a mother. Be reminded of the Christ-like nature of your called. The day includes: - Three inspiring talks, including one by Kimberly Cook, author of "Motherhood Redeemed" - Mass, Adoration, and Confession - Food and fellowship Register today at mightyishercall.com!

Marriage Jubilee Mass 2025—Celebrating A Golden or Silver Wedding Anniversary This Year? If you were married in 1975 or 2000, please join Bishop Michael Burbidge for the 2025 Mass for Jubilarians to be celebrated on Sunday, **October 19th** at 2:30pm at the Cathedral of St. Thomas More in Arlington, VA. Contact your parish office to register no later than **October 3rd**. For more info, visit <https://www.arlingtondiocese.org/marriagejubilee>.

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop: Oct 11-12, 2025—A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! The expert speaker team includes Catholic psychologists, therapists, and priests who will offer their expertise and experience, plus they will be on hand the entire weekend to offer indi-

vidual consultation, upon request. Please note: This is NOT an overnight program. Cost: Early-Bird rate: \$520 per couple, if registered by Sep 21st, afterward the price increases to \$650. Seating is limited. Scan the code above to register or visit www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

Finding Jesus with St. Thomas More – Men's Silent Retreat—Gather with a band of brothers at the Arlington Diocese's San Damiano Retreat Center to consider the life and spirituality of St. Thomas More. Fr. Nicholas Blank will lead this retreat, considering the "riches hidden in Christ" and in His saints, meditating on Our Lord's familiar words deeply engraved upon the heart of More: "What does it profit a man, to gain the whole world and forfeit his soul?" This retreat begins at 6 pm **Friday, October 24th, and concludes Sunday, October 26th**, after lunch. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org or visit our website at www.arlingtondiocese.org/retreat For more information about San Damiano and retreats being offered in the months ahead, please visit www.arlingtondiocese.org/retreat

Separated or Divorced?—St. John's Separated and Divorced Ministry invites all separated or divorced Catholics to their meetings every third Thursday of the month, 7:30pm at St. John's in Leesburg. Email separated@stjohnleesburg.com for more information.

Twenty-second Sunday in Ordinary Time - August 31, 2025

"For everyone who exalts himself will be humbled, but the one who humbles himself will be exalted." (Luke 14:11) Humility is at the heart of every vocation. Could God be calling you to humble service as a religious brother or sister? Talk to your priest or reach out to the Vocation Office at 703.841.2514 or via email: vocations@arlingtondiocese.org.

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
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Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

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Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Fall Children's Consignment sale

Sept 27th—Consign, volunteer, donate and mark your calendar to shop the sale. For more information go to www.littleflowerconsignments.org

For those not wanted to consign consider donating children's items (baby-teen). Contact Jean Nowakowski at john.jean90@verizon.net
Proceeds help families in need through Divine Mercy Outreach.

Did you know? With your help we were able to assist families in need with \$17,647.00 and 10 beds in July. 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office. Please indicate DMO in the memo of

the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at clewis825@gmail.com.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703-585-5435 to volunteer or if you or a loved one need of help with meals.

Bed Ministry—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! We

have had an increase in bed requests.

It's rewarding to assist families in need. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Do you have furniture items to donate?—Consider donating to help those in need that are moving out of shelters. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.

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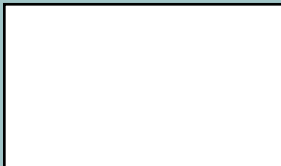
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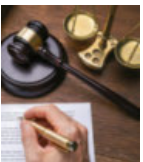
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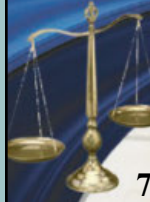
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