



St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

September 7, 2025
Twenty-Third Sunday in Ordinary Time

Masses for the Week

Mon, Sept 8	6:15— Hayden Baron 8:30— The Lourido Family 12:15— Father Martin Smay
Tues, Sept 9	6:15— Sunil Tellis 8:30— Sandy Wallenhortst
Wed, Sept 10	6:15— Deacon John Weber+ 8:30— Joanna Vitale 12:15— Maureen O'Connor+
Thurs, Sept 11	6:15— Dennis Dudzinski+ 8:30— Jaime Pinella+
Fri, Sept 12	6:15— Beverly Hitabidle+ 8:30— Robert Mica+
Sat, sept 13	8:30— Maureen O'Connor+ 5:30— Gina Linderfeldar
Sun, Sept 14	7:30— St. Theresa Parishioners 8:45— Justin Alexander 10:30— Stanley Stankiewicz 12:30— Frank J. DeMeo+ 5:00— Gerry Walsh+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment
**Federal Holidays—6:15 and 8:30am Masses only	

Clergy

Reverend James C. Hudgins, Pastor
 Reverend Paul Dudzinski, Parochial Vicar
 Reverend Christopher T. Vaccaro, Parochial Vicar
 Reverend John F. O'Farrell, Parochial Vicar
 Reverend Matthew J. DeForest, In Residence
 Deacon Paul C. Konold
 Deacon Anthony J. Renzette

Prayers For The Sick: Michael Tabash, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez.

Prayers For Our Military: Brady Carmical, Ify Nwabuku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kester-son, Matthew Kesterson, Alexa Katharine Koenig.

Why Would St. Theresa Install an Altar Rail?

Since I arrived at St. Theresa five years ago, I have noticed a steady and unmistakable behavioral trend among the faithful. Every year, more and more people are choosing to kneel to receive the Eucharist. Moreover, while the number of people kneeling for communion has become larger and larger, the age of those kneeling has become younger and younger. So, it didn't surprise me last year when several parishioners approached me with the request that St. Theresa install an altar rail for the benefit of those who kneel for communion. After consulting with Bishop Burbidge and the Office of Divine Worship, after the architecture firm of O'Brien and Keane concluded that the St. Theresa sanctuary was perfectly suited for an altar rail, and after several anonymous parishioners agreed to pay the full cost for the construction and installation of a rail with designated gifts, I decided that installing an altar rail would be a good idea. (How could anyone object when expenses were paid by private donors?)

There are a few important things to note about the St. Theresa altar rail:

- Bishop Burbidge insists that the faithful know that standing is the normative posture for receiving Holy Communion in the United States. Specifically, "the norm established for the Dioceses of the United States of America is that Holy Communion is to be received standing, unless an individual member of the faithful wishes to receive Communion while kneeling (Congregation for Divine Worship and the Discipline of the Sacraments, Instruction, Redemptionis Sacramentum, March 25, 2004, no. 91)." It is for the sake of those who wish to kneel that we install this rail. It does not change the norms established by the Bishops of the United States.
- All of our regular communion stations will remain. There will be no changes or alterations to our regular communion practices. (Elderly and disabled who receive communion in the back of church...those who receive in the choir loft...those who receive at any of our three main communion lines...will continue to do so, as always.) This new rail will simply add a new option to receive communion. It will make communion far less cumbersome. Those who kneel to receive will not interrupt the communion line if they ever struggle to kneel and get themselves back up again. Everyone will benefit from that.
- Yes, you may approach the rail standing, if you wish. There is no obligation to kneel. You may also approach the rail to receive on the hand. There is no obligation to receive on the tongue. But regardless of how you receive communion, please remember to do so reverently and with great care. The Eucharist, as your priests have reminded you many times, is Jesus himself. The sacredness of the moment of receiving communion therefore cannot be overestimated.
- How long will the installation take? I am told that it will all happen within the span of one working week, so it should not disrupt our Sunday schedule at all.

Lastly, for the sake of those who have never seen an altar rail before: how exactly does one receive communion from an altar rail? The answer is simple—just approach the rail from behind, find an open spot at the rail, kneel down there (or stand if you wish), and wait for a priest to bring communion to you. Your manner of receiving communion will be exactly the same. The priest will say "The Body of Christ," and your reply will be, "Amen." After you have received communion, simply go back to your pew to allow another person to approach the rail, just like you did. The priest will visit everyone who comes to the rail, until there are no more people left waiting for communion.

My personal prediction is that this rail will be very popular. I've seen this happen at other parishes—those who have never received the Eucharist at an altar rail before usually discover that they greatly prefer it. They find it to be much more calm, reverent, and prayerful than standing in line. The rail allows you to have a few extra moments of reverent reflection and intimacy with Christ, as you await in silence for His personal arrival to you.

Next week, I will share our architectural drawings, here in the bulletin. I think you'll agree that the rail will be not only useful and prayerful, but also undeniably beautiful.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News



ymoffice@sainttheresaparish.com

September

Tues, 9th-Teen Leader Training for the Confirmation Retreat, 7-8:30pm

Sat, 13th-Confirmation Retreat, 1:30-8pm

Sun, 21st-Upper Room Squad, 6-8pm

Sun, 28th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 29th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 30th-Load food for transport, 6:15-7pm



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

RE Registration is OPEN! Please visit the parish website to complete the online form and submit payment for your children's RE classes for the 2025-26 school year. Classes begin the week of September 14th.

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For

details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Certification for RE Teachers - If you would like to develop a deeper understanding of our Catholic Faith, especially if you are or will be teaching Religious Education, please consider participating in one of the following series of Certification courses:

Fall 2025/Winter 2026 - St. Theresa's, on Saturdays

Please contact the Office of Religious Education if you would like more information.



Celebrating our
STCS family at the
Back-to-School Picnic!



Saint Theresa Catholic School
Educating Tomorrow's Catholic Leaders
www.stsashburn.com

STCS Parents, mark your calendars for these important upcoming events:

Thursday, September 11—

Band parent meeting

Monday, September 15—

PTO Spirit Event at Bruster's

Wednesday, September 17—

Battle of the Books begins

Friday, September 19—

Student Council-sponsored
Middle School Dance

Wednesday, September 24—

All-school Adoration

Friday, September 26—

Early dismissal

Sponsors are needed for the 15th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance on Monday, October 6, 2025 at

Belmont Country Club. This wonderful parish event is **the primary fundraiser for FOSTS, which provides assistance to families and students who might not otherwise have access to a Catholic education.** Not a golfer? **Join us for dinner & the silent auction!** To sponsor, golf, join us for dinner, or make a donation please scan the QR code or visit our parish website (www.SaintTheresaParish.com). For details email freschir@stsashburn.com or call the STCS office, 703.729.3577.



Legion of Mary

Want to deepen your faith, build community, increase your relationship with our

Lord, and serve others? Want to be part of something bigger than yourself? We have two praesidium options. Saturdays at 9:15am and Wednesdays at 7:00pm. Stop by the Saint Martin room and learn more about it.

Home Enthronement of the Sacred Heart

Our Lord revealed that wherever the image of His Sacred Heart is exposed and given special honor, great blessings, and graces would abound. One way to accomplish this goal is to do a formal enthronement of the Sacred Heart in your home. The enthronement is a ceremony where Jesus is invited into your home and is given authority over your family/household. Please email sttheresalegionof-mary@gmail.com to schedule one.

Prayer Request - Are you in need of prayer?

Do you need the power of prayer to support you? Join your fellow parishioners in our prayer emails. This is a prayer network maintained by the Legion of Mary. You can enroll in the prayer email here: legionofmarysttheresa@gmail.com We are all on this journey together. Let us be together by praying together for one another!

News from our Parish



Interested in becoming a St Theresa Altar Boy?—

Training for new altar boys will be held on two consecutive Sunday evenings, **September 7 and September 14, from 7pm to 8:30pm**. Attendance is required at both events, and is open to any boy 4th grade and older, who would like to be an Altar Server at St Theresa.

Pre-registration is required. To register, go to the parish website: <https://sainttheresaparish.com/news/altar-server-training/>

Please note: attendance at both nights is required, and there will be no exceptions made. Parents are encouraged to attend with their child.

Attention Current and Prospective Lectors, Extraordinary Ministers, and Ushers—You are invited attend a **mandatory** refresher session to discuss your roles as a ministry to the parish. This is for all current ministers and those interested in joining these ministries. The session will take place on **September 13th** from 10am to 12pm in the Church. Father Vacarro and Father Dudzinski will lead the gathering, helping us reflect on the beauty and privilege of serving God through these roles. See you then!

Are you interested in becoming Catholic or learning more about the Catholic faith? Are you missing Sacraments? RCIA registration for this

year is now online. Go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start this fall in late October/early November.

Young at Heart Social Club (YAH)—Men and Women (55 and over)
We meet after the 12:15pm Mass in the Zelig Room located across from the Church. On Wed., **Sept 17th** (3rd Wed.), we are having our first get-together since June and it will be Pot Luck. Bring food to share and we'll provide coffee, tea, lemonade & dessert. We are very fortunate to have a special speaker from the Loudoun County Sheriff's Office to update us on the latest scams and how we can avoid them, plus we'll have our usual 50/50 drawing. Guests and new members are always welcome. If you plan to join us please RSVP to Freddie at wallflower64@gmail.com or 703.625.5715.

Walking With Purpose—St. Theresa's is offering Walking With Purpose Bible studies for women, young women, and middle school girls.

It's a Catholic women's ministry that combines Scripture study with small group conversation, helping women of all ages deepen their faith and build lasting community.

Kick-Off Open House

Wednesday, September 10, 7–9pm
Zelig 2 & 3 in the Admin Bldg
Come learn more about our studies, meet new friends, and reconnect with familiar faces. Whether you're new or returning, this is a great opportunity

to explore what Walking With Purpose has to offer—no registration required to attend the Open House.

Fall Offerings Include:

- Adult Women Bible Studies (Begin the week of September 22)
- Beloved – A new study for young women seeking a stronger foundation in their identity in Christ
- BLAZE – A 20-week program for middle school girls, starts in Oct., exploring Scripture in a fun, engaging way.

Registration is now open!

Visit the parish website and look under "Activities" to sign up for studies.

□ Questions? Email:

sttheresawwp@gmail.com

Cub Scout Pack 997—(sponsored by St Theresa Parish) welcomes new Cub Scouts for the 2025-2026 school year! We have an exciting and engaging program planned for the upcoming year (including spending a night aboard the USS Constellation in Baltimore, and two or three other camping trips). We are open to boys in grades K through 5; Scouts need not be students at St Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held on Wednesday, **September 10**, at 6:30pm in the STCS cafeteria. Interested families should send an email to pack997lead-ers@googlegroups.com for more information.

Support Tuition Assistance – Be a Tournament Sponsor!
Several Sponsor levels available!

Friends of St. Theresa School (FOSTS)

15th Annual Golf Tournament
for tuition assistance

Monday, October 6, 2025 | Belmont CC

To sponsor, golf, join us for dinner, or make a donation scan the QR code or visit our Parish website, SaintTheresaParish.com

A St. Theresa Parish tradition!



Adult Education and Spiritual Enrichment

Looking to learn more about your faith? This Fall the Catholic Education for Adults team will be offering five different classes:

Unlocking the Mystery of the Bible (8 weeks): Get the “big picture” of salvation history by seeing how fourteen narrative books of the Bible tell the complete story from Adam and Eve to Christ and the Church. Zoom Tuesdays 8-9pm. Starts Oct. 7th. Contact Andy at johnson.andrew7003@gmail.com or In-Person at Ashby Ponds (All are welcome). Tuesdays Starts Oct. 7th. Contact Peggy at peggy.burkholder@gmail.com

The Gospel of Matthew (24 weeks-In Person): Set in the rich context of Jesus’ life, Matthew shows us who Jesus is and what His life and teachings mean for us today. Wednesdays 7-8pm. Starts Oct. 15th. Contact: Linda at lmmetz3@msn.com.

Acts (20 weeks-Zoom): The Compelling Story of the First Christians. This class traces how the gospel witness

spread outward in waves from Jerusalem and reveals how the seeds of Church structure and authority took root. Wednesdays 7-8pm. Starts Oct 8th. Contact: Brett at brettastengako@gmail.com.

Revelation: The Kingdom Yet to Come (11 weeks-Zoom): Perhaps no book of the Bible fascinates people more than Revelation. This is an intriguing study that shows how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven. Wednesdays 7-8pm. Starts Oct. 8th. Contact: Mark at markscallion20@gmail.com.

Mary: A Biblical Walk with the Blessed Mother (8 weeks-In Person): This class is an extraordinary pilgrimage that reveals Mary’s unique role in God’s kingdom and in our lives. Filmed on location in the Holy Land, you will learn how she works in our lives today, drawing us ever closer to her divine Son. Thursdays 7-8pm. Starts Oct. 9th. Contact: Viki at viki.hughes@gmail.com.

Women’s Discipleship Group—

Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45–11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we will be starting the book “Imitation of Christ” written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—The new TMIY year begins next Saturday, September 6, at 6:30am in the admin building. If you missed our Registration event on August 9/10, you can still join our TMIY group using the following QR Code, or by contacting Jack Hayes at jack.hayes422@aol.com.



Knights of Columbus

K of C Pancake Breakfast on Sunday, 14 September 2025:



Mark your calendars for next week! The Knights of Columbus will be hosting their first pancake breakfast of the fraternal year on Sunday, 14 September in the St.

Theresa school cafeteria. Stop by after the morning Masses or at any time between 8 am and 12 noon, and enjoy a delicious breakfast of pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, and tater tots, along with coffee, orange juice, and assorted Dunkin’ Munchkins! Profits from this breakfast will benefit the Archdiocese for the Military Services, USA.



The Knights of Columbus will be collecting for KOVAR at all Masses **September 20 and 21**. KOVAR is a Virginia

charity and works to provide assistance through grants and home loans to special needs organizations. These

organizations give training and assistance to persons with intellectual disabilities. We need your help through donations to fund this vital charity. Thank you for your generosity in giving to KOVAR.

Interested in Becoming a Foster Parent in Loudoun County?

Loudoun County’s Department of Family Services (DFS) is looking for 15 more approved foster parents. Interested in learning more? The County is hosting virtual foster care information sessions this Fall:

Mon, Sept. 15, 2025, 6:30-7:30pm
Tues, Oct. 20, 2025, 6:30-7:30pm
Wed., Nov. 12, 2025, 12-1pm

During each session, DFS staff will discuss general information on foster care needs, eligibility requirements for foster parents, the process of becoming a foster parent, and the support provided by DFS to foster families. Participants will have the opportunity to ask questions and sign up for next steps. Attendance is free, but registration is required. For more information

on foster care and how to sign up for these sessions, visit <https://www.loudoun.gov/1004/Foster-Care-Adoption>

Are you a parishioner in need of a home repair?

If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Interested in Joining? Guided by principles of charity, unity and fellowship, the Knights of Columbus work to strengthen our parish, our families and our community. FAQ: <https://www.st-louismartin-kofc.org/faqs>. To be contacted, please scan the following QR code.





**Knights of
Columbus®**

**K of C COUNCIL #15256
ST. THERESA PARISH
Come Join Us Next Sunday for
Pancake Breakfast**

Sunday, Sept 14 after 7:30, 8:45, 10:30 Masses

Enjoy a delicious breakfast of pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, and tater tots, along with coffee, orange juice, and assorted Dunkin' Munchkins!

Proceeds from the September breakfast will be donated to the Archdiocese for the Military Services (AMS).

- Provides the Catholic Church's spiritual services to those in the US Armed Forces.
- Provides Masses, Sacrament & Liturgies for 1.8 million military men & women (active duty, reserve and retired) in the US and overseas – including VA hospitals and medical facilities.
- Many of St Theresia parishioners who are serving or have served in or with the Armed Forces have been beneficiaries of their spiritual guidance and support.
- AMS gets no funding from US Government.



Impact of your donation:

- AMS sent team to accompany young adult servicemen and women, ages 18-29, on their journey of Christian discipleship and faith at the installations where they serve.
- In mid-June, for the second time in six months, 1st Lt Father Duplantis, Ch, *brought the sacraments to Wake Island* - Catholic airmen and women stationed on the remote atoll, over 2,000 miles west of Honolulu, *had gone seven years without seeing a priest!*
- Co-Sponsored Seminarian Endowed Scholarships that are supported by the Knights, to help underwrite their education and formation.
- AMS Coordinator for Missionary Discipleship Formation, personally accompanies U.S. Military servicemen and women on their journeys of faith.



The Knights are proud to sponsor this monthly pancake breakfast to our parish in support of multiple charitable organizations who benefit from your generosity. **Since we offer this breakfast on a donation basis only, your prayerful consideration of a generous donation to this worthy cause will be appreciated.**

You can donate in advance using the QR Code on the right or make your donation at the serving line on the morning of the breakfast. Thank you!



News from the Diocese Continued

Men's Evening of Reflection—

Looking to grow in your relationship with Christ? This evening provides Catholic formation with spiritual talks, reflection, prayer, and fellowship. Mass and opportunities for confession are also offered. Wednesday, **September 17**, 6:30–9pm, Divine Mercy University, 45154 Underwood Drive, Sterling. For more info or to register contact rcmenssectionva@gmail.com

Three to Get Married Marriage Prep in 2025—Sept 18-21; Dec 11-14

The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$398 per couple. ourladyofbethesda.org. Bethesda, MD.

Men's Bootcamp Weekend Retreat Sep 26-28, 2025—

Join us for a dynamic weekend retreat designed specifically for men! The Men's Bootcamp Weekend Retreat combines the structure of the Spiritual Exercises with engaging breakout groups and powerful talks tailored to strengthen your faith, leadership, and brotherhood. While not a silent retreat, the schedule will include time for personal reflection, prayer, and discussion. Step away from the noise of daily life and invest in your spiritual growth. Find more details on our website www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817. Don't miss this opportunity to invest in your spiritual renewal and reconnect with God.

Obedience and Spiritual Union – “Let it be Done Unto Me”—

In this women's silent retreat, we will consider the secret to true Obedience; a disposition of Receptivity. Meditating on the nature of a woman's receptive power, we will explore how the feminine gifts of Empathy, Intuition, and Adaptability enable us to listen more deeply in prayer, and to achieve spiritual union, not only with our spouses, but with Jesus Himself.

Mary Stanford, a Professor at Christendom College and author of *The Obedience Paradox: Finding True Freedom in Marriage*, will lead this

retreat at the Arlington Diocese's San Damiano Retreat Center in White Post, VA. Father John Riley, Spiritual Director at the center will serve those gathering with daily Mass and opportunities for confession. This retreat begins at 6 pm Friday **September 19th and concludes Sunday 21st** at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Father John Riley at: john.riley@arlingtondiocese.org or visit www.arlingtondiocese.org/retreat

After Abortion Retreats—A Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, September 27, 2025.

These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org

“Her Call Is Sacred” | Mighty Is Her Call Retreat—Mothers in our Diocese are invited to a day retreat with Mighty Is Her Call, "Her Call Is Sacred", at St. Mary of Sorrows in Fairfax on **September 27th**. A Mighty Is Her Call retreat is designed to provide a day of rest, encouragement and fortification in your life as a mother. Be reminded of the Christ-like nature of your called. The day includes: - Three inspiring talks, including one by Kimberly Cook, author of "Motherhood Redeemed" - Mass, Adoration, and Confession - Food and fellowship Register today at mightyishercall.com!

Spiritual Date Night—Spiritual Date Night for married and engaged couples returns! This evening is an opportunity to gather with other married and engaged couples. Enjoy dessert while Jerry and Janet Scanlan share their insights and experience on the topic of "Living Joy in Marriage: How to Love Through the Seasons of Marriage", **September 28th**, 7-9pm at Divine Mercy University, Sterling, VA. To register, Go to <https://regnumchristidc.churchcenter.com/registrations/events/3076291>.

Marriage Jubilee Mass 2025—

Celebrating A Golden or Silver Wedding Anniversary This Year? If you were married in 1975 or 2000, please join Bishop Michael Burbidge for the 2025 Mass for Jubilarians to be celebrated on Sunday, **October 19th** at 2:30pm at the Cathedral of St. Thomas More in Arlington, VA. Contact your parish office to register no later than **October 3rd**. For more info, visit <https://www.arlingtondiocese.org/marriagejubilee>.

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop: Oct 11-12, 2025—

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. Make your marriage thrive, not just survive! The expert speaker team includes Catholic psychologists, therapists, and priests who will offer their expertise and experience, plus they will be on hand the entire weekend to offer individual consultation, upon request. Please note: This is NOT an overnight program. Cost: Early-Bird rate: \$520 per couple, if registered by Sep 21st, afterward the price increases to \$650. Seating is limited. Scan the code above to register or visit www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

Finding Jesus with St. Thomas More – Men's Silent Retreat—

Gather with a band of brothers at the Arlington Diocese's San Damiano Retreat Center to consider the life and spirituality of St. Thomas More. Fr. Nicholas Blank will lead this retreat, considering the "riches hidden in Christ" and in His saints, meditating on Our Lord's familiar words deeply engraved upon the heart of More: "What does it profit a man, to gain the whole world and forfeit his soul?" This retreat begins at 6 pm **Friday, October 24th, and concludes Sunday, October 26th**, after lunch. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org or visit our website at www.arlingtondiocese.org/retreat For more information about San Damiano and retreats being offered in the months ahead, please visit www.arlingtondiocese.org/retreat

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Little Flower Consignment sale this month! Sept 27th.

—Consign, volunteer, donate and mark your calendar to shop the sale. For more information go to

www.littleflowerconsignments.org
Share information with your friends and family. Great way to get really nice children's items for a good price!

Donations for the sale—Children's items only.

—Have items that you want to donate instead of consigning? (**baby-teen only**). Contact Jean Nowakowski at

john.jean90@verizon.net

Proceeds from this sale help families in need through Divine Mercy Outreach.

Did you know? With your help we were able to assist families in need with \$17,647.00 and 10 beds in July. 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues

and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

The Visitation Ministry —Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at clewis825@gmail.com.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703-585-5435 to volunteer or if you or a loved one need of help with meals.

Bed Ministry—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! We have had an increase in bed requests.

It's rewarding to assist families in need. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Do you have furniture items to donate?—Consider donating to help those in need that are moving out of shelters. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com

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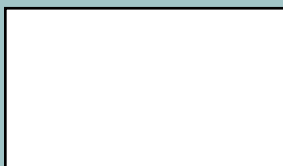
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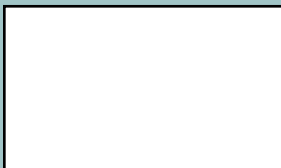
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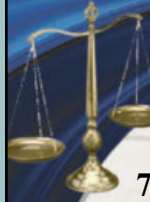
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