

Parish Tailgate Picnic



- HOT DOGS • BURGERS • DRINKS •
- GAMES • LIVE MUSIC •

**Sunday
October 5th
2:00 – 6:00 pm**



BRING

A SIDE DISH TO SHARE AND ANY FAVORITE
TAILGATING EQUIPMENT OR ACTIVITIES



**MEET YOUR
FELLOW
PARISHIONERS**



FYI
KofC Council Website
<https://www.st-louismartin-kofc.org>

RAIN OR SHINE!

POC:
Bill Lehner
bill99co22@hotmail.com

Masses for the Week

Mon, Sept 29	6:15— Dottie Woisard & Patty Mahan 8:30— Tammy 12:15— Mark DuMars
Tues, Sept 30	6:15— Zachary Friedman 8:30— James Manalel
Wed, Oct 1	6:15— Miles Family 8:30— LeKha and All Souls+ 12:15— Sherry Robinson
Thurs, Oct 2	6:15— Penny & Clifford Bell 8:30— Jean Connors+
Fri, Oct 3	6:15— Jerome+ and Lou Miles 8:30— Kelly Eignor+ 12:15— Patricia A. Bendsen+
Sat, Oct 4	8:30— Joseph Begley+ 5:30— Gabriella Tellis
Sun, Oct 5	7:30— St. Theresa Parishioners 8:45— Chris & Mary Ann & Family 10:30— Barbara & Phil Carrescia 12:30— Joan M. Cronin+ 5:00— George Hilinski+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment
**Federal Holidays—6:15 and 8:30am Masses only	

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Reverend Matthew J. DeForest, In Residence
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For The Sick: Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean, Nellie Gonzalez, Bernadette Valdez.

Prayers For Our Military: Brady Carmical, Ify Nwabuku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig.



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship

with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7:30pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionof-marysttheresa@gmail.com or scan the QR code to send us your prayer request.



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703-991-2964 to tithe

Feelings vs. Faith

There's a spiritual war being waged within the private thoughts of many, many people. All day long, they repeat to themselves an endless litany of toxic, depressing, self-detrimental thoughts. Such thoughts are not from God, and can cause us much harm. It's easy to turn such thoughts into doubts about God's goodness towards you. Since our chosen thoughts become the seedbed of our words and actions, it's very important that we choose not to allow our minds to sulk into poisoned thinking.

Many people assume such thoughts are a struggle with faith. In reality, they are only struggling with their feelings. Don't let your feelings tell your mind what to think. Control your thoughts. Lead with deliberate faith.

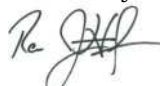
- When feelings say "all is hopeless," faith must say, "hope cannot be killed, because Jesus rose from the dead."
- When feelings say, "I'm worthless," faith must say, "Jesus suffered and died for me, as though I were the only person in the world."
- When feelings say, "my life can't be repaired," faith must say, "God is so powerful that he can bring good out of absolutely anything."
- When feelings say, "I can't keep going," faith must say, "I can do all things through Christ who strengthens me."
- When feelings say, "I am in darkness," faith must say, "no one who follows Christ ever walks in darkness, because he is the light of life."

Rarely does a pessimist ever describe himself as a pessimist. A pessimist rather, usually calls himself a "realist," who doesn't want to give into "wishful thinking." But nothing is more "real" than God, and the Good News of our faith is based not on wishful thinking, but on God's demonstrated goodness throughout the history of salvation. That's why deliberate thoughts of faith have power that no other thoughts have. They have the power to stop toxic thoughts from taking root in our lives.

When you're feeling down, be proactive. Take charge. Put faith at the wheel, and tell your emotions to take the back seat. Feelings will oppress you. Faith gives you relief. Feelings pull you down. Faith lifts you up. Feelings lead to despair. Faith gives confidence and purpose. All our lives long, we've trained ourselves to allow unchecked feelings to rule our thoughts. Decide now to counter those feelings with thoughts of faith.

Every soul is a battlefield, and we will fight to our dying breath. In every spiritual struggle, we are not passive spectators but active participants. Choose to form your mind with deliberate statements of faith. The blessings will be clear not only to you, but to everyone who knows you.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

**Father Vaccaro
Speaker Series**

**ASHBURN
YOUNG ADULTS
CATHOLIC**

**ACVA
Join US**

**Bi-Weekly Sessions 6:15-7:30pm
St. Theresa School
(Cafeteria Back Door pls!)
18-35 yr olds**

**Join us after each talk for
Pizza and Fellowship at
Broadlands Brick Oven Pizza**



Oct 6 | Oct 20 | Nov 3 | Nov 17 | further dates tbd!

Youth Education and News



ymoffice@sainttheresaparish.com

September

Sun, 28th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 29th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 30th-Load food for transport, 6:15-7pm

October

Sat, 4th-Middle School ROCK Squad, School Cafeteria & Gym, 6:30-8:30pm

Sun, 5th-Parish Picnic, 2-6pm

Sun, 12th-Upper Room Squad, 6-8pm

Sun, 19th-Upper Room Squad, 6-8pm

Sat, 25th-Confirmation Masses, 10am & 1:30pm

Sun, 26th-High School RALLY @ Bishop O'Connell H.S., 11:15am-8:30pm

Sun, 26th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 27th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 28th-Load food for transport, 6:15-7pm

Teen Volunteers for the Parish Picnic-if you are a High Schooler and want to volunteer at the Parish Picnic on Sun, Oct 5th, email Paul Dwyer at ymoffice@sainttheresaparish.com. Come out and have fun with many games - help our younger kids in the Parish to have a great time. Or go directly to the Signup Genius using this link: <https://tinyurl.com/STPicnic2025> Great for volunteer hours.

High School RALLY-Bishop Burbidge invites all teens of the Diocese to join him on Sunday, **October 26th**, at RALLY 2025! This annual event is an opportunity for the young Church in the Diocese of Arlington to gather each year to celebrate, pray, and learn the Catholic faith. RALLY includes Mass with Bishop Burbidge, Eucharistic

Adoration, inspirational speakers and entertainers, breakout sessions, inflatable games, music, and much more!

Open to any high school aged youth, at any stage in their faith journey. We will depart from St. Theresa at 11:15am and return at 8:30pm - we will provide the transportation. For details and to sign up: <https://tinyurl.com/HSRally2025>.



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Adults Plan Ahead to Volunteer
Want to volunteer at the many St. Theresa's children based programs/ events? We encourage and welcome your involvement however it requires that all volunteers be compliant. For details contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



The Pilgrim Virgin Mary statue visits each of our classrooms throughout the school year!



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com

STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:

Monday, September 29—

No School, faculty Retreat

Wednesday, October 1—

Feast of St. Therese of Lisieux

Monday, October 6—

Friends of St. Theresa School

(FOSTS) Golf Tournament for

Tuition Assistance

Tuesday, October 7—

Living Rosary & Backpack

Buddies collection; Feast of St.

Francis petting zoo; 7th Grade

parents Confirmation meeting

Monday, October 13—

No school

Basketball Day Camp at St. Theresa gym! **Open to STCS students and St. Theresa Parishioners Grades 1-8**, please join us on **Monday, October 13 (holiday)**, for an exciting day of basketball development and fun! Evolution Basketball is hosting half-day camps designed for students in Grades 1-8. These action-packed camps, offer a fantastic opportunity for skill development and live play! Evolution is donating proceeds from the camp to the new STCS playground canopy. **Don't miss the fun - click the QR code to register today!**

Evolution Basketball Camps @ STCS!



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

www.sainttheresaparish.com

703.729.2287

Office Hrs: 9:30am-3:30pm (closed for lunch 12-1)

News from our Parish

Young at Heart Social Club (YAH)—Men and Women (55 and over). We meet after the 12:15 pm Mass in the Zelle Room located across from the Church. On **Wed., Oct 15th** (3rd Wed.), we are having our Oktoberfest! It's our German-themed lunch with beer & wine included. Cost is \$10 for members & \$13 for guests. St. Theresa Middle School students will work with us on an art project. All are welcome! If you plan to join us please RSVP to Freddie at wallflower64@gmail.com or 703.625.5715. Guten Appetit!

Red Cross Blood Drive—Please consider supporting the American Red Cross at our next St. Theresa blood drive on **Friday, October 10th** from 10am-3:15pm. As always, your help will save lives! Please call 1-800-RED-CROSS or go to www.redcrossblood.org and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at colleen-home87@gmail.com or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parish-

ioners for their continued support in these blood drives.

Our choirs are resuming for the year and welcome new members! We have children, youth and adult choirs.

Children's Choir (Ages 9-12) will rehearse on Sunday mornings from 9-9:50am in the Parish Center beginning on Sunday, September 7. The Children's Choir will primarily sing on Sundays for the 10:30am Mass once every four to six weeks as well as on Christmas Eve.

Youth Choir (Ages 13+) will rehearse on Saturdays from 4:30-5:30pm beginning September 13. They will sing regularly at the Saturday evening Mass following rehearsal. This choir will take on more responsibility than the Children's Choir including the role of cantor.

Our Parish Choir is open to new members (high school graduates and beyond). Rehearsals take place on Tuesday evenings at 7pm in the Choir Loft of the church. Tenors are especially requested!

To sign up, please send an email to: music@sainttheresaparish.com

2026 Mass Intention Book is now open—Due to the high demand this year, and our book filling up so quickly, we are going to only open the book for January -1 through June 30, 2026 right now. The second half will be opened later in the year. For those requesting multiple Masses for the year, **you can request 2 per week and only on Tuesdays and Thursdays.**

Are you interested in becoming Catholic or learning more about the Catholic faith? Are you missing Sacraments? RCIA registration for this year is now online. Go to <https://sainttheresaparish.com/activity/rcia/> to register today. Classes start this fall in late October/early November.



Knights of Columbus



Parish Picnic:

Join fellow families and parishioners for the St Theresa Parish and School

Picnic on Sunday October 5th 2-6pm! There will be hot dogs, burgers, drinks, games, and live music. Good times and good fellowship!

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling. Your contributions and effort make this program a successful one.



Please keep up the generosity by returning your bag this weekend (September 27-28) with items in the attached flyer. If you were unable to pick up a blue bag, you can always return food in a reusable, paper, or plastic bag. Please, no expired items.

Interested in Becoming a Foster Parent in Loudoun County?

Loudoun County's Department of Family Services (DFS) is looking for 15 more approved foster parents. Interested in learning more? The County is hosting virtual foster care information sessions this Fall:

Tues, Oct. 20, 2025, 6:30-7:30pm
Wed., Nov. 12, 2025, 12-1pm

During each session, DFS staff will discuss general information on foster care needs, eligibility requirements for foster parents, the process of becoming a foster parent, and the support provided by DFS to foster families. Participants will have the opportunity to ask questions and sign up for next steps. Attendance is free, but registration is required. For more information

on foster care and how to sign up for these sessions, visit <https://www.loudoun.gov/1004/Foster-Care-Adoption>

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team <https://www.st-louis martin-kofc.org/handy-man-services>.

Interested in Joining? Guided by principles of charity, unity and fellowship, the Knights of Columbus work to strengthen our parish, our families and our community. FAQ: <https://www.st-louis martin-kofc.org/faqs>. To be contacted, please scan the following QR code.



Adult Education and Spiritual Enrichment

Men's Bible Study—The next study session with the St. Theresa Men's Bible Study will begin on **Tuesday, October 7**. This session we will be studying the Gospel of Matthew. If you are an adult male who's interested in studying Scripture with like minded men, please join us! For further details contact Deacon Renzette - deacon@renzette.org.

Looking to learn more about your faith? This Fall the Catholic Education for Adults team will be offering five different classes:

Unlocking the Mystery of the Bible (8 weeks): Get the "big picture" of salvation history by seeing how fourteen narrative books of the Bible tell the complete story from Adam and Eve to Christ and the Church. Zoom Tuesdays 8-9pm. Starts Oct. 7th. Contact Andy at johnson.andrew7003@gmail.com or In-Person at Ashby Ponds (All are welcome). Tuesdays Starts Oct. 7th. Contact Peggy at peggy.burkholder@gmail.com

The Gospel of Matthew (24 weeks-In Person): Set in the rich context of Jesus' life, Matthew shows us who Jesus is and what His life and teachings mean for us today. Wednesdays 7-

8pm. Starts Oct. 15th. Contact: Linda at Immetz3@msn.com.

Acts (20 weeks-Zoom): The Compelling Story of the First Christians. This class traces how the gospel witness spread outward in waves from Jerusalem and reveals how the seeds of Church structure and authority took root. Wednesdays 7-8pm. Starts Oct 8th. Contact: Brett at brettastengako@gmail.com.

Revelation: The Kingdom Yet to Come (11 weeks-Zoom): Perhaps no book of the Bible fascinates people more than Revelation. This is an intriguing study that shows how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven. Wednesdays 7-8pm. Starts Oct. 8th. Contact: Mark at markscallion20@gmail.com.

Mary: A Biblical Walk with the Blessed Mother (8 weeks-In Person): This class is an extraordinary pilgrimage that reveals Mary's unique role in God's kingdom and in our lives. Filmed on location in the Holy Land, you will learn how she works in our lives today, drawing us ever closer to her divine Son. Thursdays 7-8pm. Starts Oct. 9th. Contact: Viki at viki.hughes@gmail.com.

Women's Discipleship Group—

Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45–11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we will be starting the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—The new TMIY year began September 6, and we had our second session on the 13th with many new brothers joining for this year. If you are looking to strengthen your faith, become a better husband and father, and/or just get to know other men in the parish, we invite you to join us by using the following QR Code, or by contacting Jack Hayes at jack.hayes422@aol.com.



News Around the Diocese

Marriage Jubilee Mass 2025—

Celebrating A Golden or Silver Wedding Anniversary This Year? If you were married in 1975 or 2000, please join Bishop Michael Burbidge for the 2025 Mass for Jubilarians to be celebrated on Sunday, October 19th at 2:30pm at the Cathedral of St. Thomas More in Arlington, VA. Contact your parish office to register no later than October 3rd. For more info, visit <https://www.arlingtondiocese.org/marriagejubilee>.

Life Chain—The annual Leesburg Life Chain will be Sun., **Oct. 5**, 1:30pm We congregate adjacent to St John the Apostle on King St. We try to stretch from Ida Lee Park all the way to the Courthouse so we need St Theresa's parishioners! Join fellow pro-lifers for this joyful event. We, along with 1800 other Life Chains nationally, stand with positively pro-Life signs encour-

aging a culture of Life Park in the St John parking lot. Questions? Matt Zolbe at 646.271.5094

Marriage Workshop: Strengthening Your Love Marriage Renewal Workshop—

A Christ-centered weekend designed to offer practical tools that can help foster effective communication and emotional closeness in your marriage. The expert speaker team includes Catholic psychologists, therapists, and priests who will offer their expertise and experience, plus they will be on hand the entire weekend to offer individual consultation, upon request. This enriching experience will be held on **Oct 11-12**. Please note: This is NOT an overnight program. Cost: \$650 per couple (early-bird pricing may be available.) Our Lady of Bethesda Retreat Center is located at 7007 Bradley Blvd., Bethesda, MD 20817. Registration is required and

Seating is limited. See our website for more details about the program and links to register: www.ourladyofbethesda.org

Finding Jesus with Pier Giorgio Frassati

Come Climb with us! Come to the Arlington Diocese's San Damiano Retreat Center for a weekend of spiritual adventure! Together we will scale the peaks and navigate the chasms of the spiritual life as we ascend "the Heights" to Christ with St. Pier Giorgio Frassati. Father John Paul Heisler will guide us to the summit, and for more adventurous souls — come along on a hike to the summit of a Blue Ridge Peak! This retreat is October 10-12. Retreat cost is \$299. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org or visit our website at www.arlingtondiocese.org/retreat.



Four Principles of Catholic Social Teaching*

The central and enduring themes of Catholic social teaching are organized under four principles that provide a moral framework for decisions in public life.

www.vacatholic.org

The Dignity of the Human Person

Human life is sacred. The dignity of the human person is the foundation of a moral vision for society. Direct attacks



on innocent persons are never morally acceptable. In our society, the gravest example is abortion. Euthanasia, assisted suicide, human cloning, in vitro fertilization

and the destruction of embryos for research are others. Protecting the dignity of life also includes overcoming poverty, ending use of the death penalty, and opposing racism, torture, unjust war, human trafficking and all activities that contribute to the "throwaway culture" identified by Pope Francis.

The Common Good

The common good is achieved when social conditions allow people to reach their fulfillment more fully and easily. It



upholds the fundamental right to life, which makes all other rights possible. It asserts the right to food, shelter, education, employment, health care, housing, freedom

of religion and conscience, and family life. It requires an economy that serves people, not the other way around. It calls on employers to uphold the dignity and rights of workers by offering productive work, decent and just wages, adequate security in their old age, the choice of whether to organize and join unions and the opportunity for legal status for immigrant workers. Workers should contribute a fair day's work for a fair day's pay, treat employers and co-workers with respect and contribute to the common good. This principle requires we protect and care for all of God's creation, especially the most vulnerable among us, and the earth, our common home.

Subsidiarity

The human person is social. The family is the fundamental building block of society, based on marriage between a man



and a woman, a sanctuary for creation and nurturing of children. Policies and programs should defend, strengthen and respect this foundational unit and uphold parents'

rights and responsibilities to care for and educate their children. Further, every person and association has a right and duty to actively shape society and promote the well-being of all, especially the poor and vulnerable. Subsidiarity means that society's larger institutions should not overwhelm or interfere with smaller or local ones. These larger institutions are obliged, however, to protect human dignity and meet human needs when smaller institutions cannot adequately do so.

Solidarity

We are one human family, despite our national, racial, ethnic, economic and ideological differences, called to love our neighbor as ourselves. We must work to



eradicate poverty, disease and racism; and welcome immigrants, refugees and asylum seekers who are seeking employment, safety, education and

a better life for their families. Solidarity requires preferential concern for the poor. A basic moral test of any society is how it treats those who are most vulnerable. This preferential option for the poor and vulnerable includes all who are marginalized – unborn children, persons with disabilities, the elderly and terminally ill, victims of injustice and oppression and immigrants.

*Adapted from *Forming Consciences for Faithful Citizenship*, Nos. 44-56, U.S. Conference of Catholic Bishops, 2015.

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Marianne Guidos, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Myriam Perez, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Denise Oriti, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

RCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for RCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

This month is the 20 year anniversary of Divine Mercy Outreach! (Sept 27th)

It has been a privilege and an honor to be able to serve those in need and work with all of you to assist those in need.

It is bittersweet to announce that I am resigning as outreach director in October. Due to family reasons, we are relocating out of state. I will miss working all of you and am so grateful for all the time, talent and donations that you have given to help those in need. God has blessed us with such amazing parishioners. **God bless you all! Sincerely in Christ, Marianne**

Did you know? 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office.

Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

The Visitation Ministry—Are you **HOMEBOUND**? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at clewis825@gmail.com.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703-585-5435 to volunteer or if you or a loved one need of help with meals.

Bed Ministry—Volunteer for the Bed Ministry—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too! We

have had an increase in bed requests.

It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need.

Interested in helping contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Marianne Guidos 703.729.2334 or dmoutreach@sainttheresaparish.com

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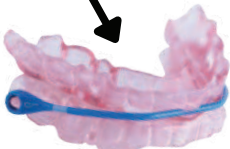
Call **703-356-7499** to request service **ANYTIME** am or pm!



Can't Sleep?

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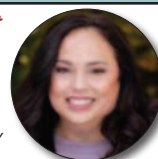
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