



St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

November 16, 2025
Thirty-third Sunday in Ordinary Time

Masses for the Week

Mon, Nov 17	6:15— James & Rita Anderson 8:30— Kathleen Blayne+ 12:15— Charlie Bollerman+
Tues, Nov 18	6:15— Miranda Family 8:30— Michael Demski+
Wed, Nov 19	6:15— Norma French+ 8:30— Mary Elizabeth Weadock+ 12:15— Peggy Palizzi+
Thurs, Nov 20	6:15— Carla+ and Thomas Ashton 8:30— Anh Wong
Fri, Nov 21	6:15— Vincent Thuan 8:30— Nathan Lowry+
Sat, Nov 22	8:30— All Souls+ 5:30— Jane Runfol+
Sun, Nov 23	7:30— St. Theresa Parishioners 8:45— John Fitzpatrick+ 10:30— Joseph, Carlo & Laura Maresca+ 12:30— Francis McPoland+ 5:00— Joseph & Francis Pilaro+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
 Reverend Paul Dudzinski, Parochial Vicar
 Reverend Christopher T. Vaccaro, Parochial Vicar
 Reverend John F. O'Farrell, Parochial Vicar
 Reverend Matthew J. DeForest, In Residence
 Deacon Paul C. Konold
 Deacon Anthony J. Renzette

Prayers For The Sick: Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean.

Prayers For Our Military: Brady Carmical, Ify Nwabuku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig.

Why Is the Altar Made of Stone?

Although it's certainly not true in every case, in most Catholic Churches, the altar is usually made of stone. Go to the Basilica of the Immaculate Conception in D.C., or to the Cathedral in Arlington, or to St. Peter's in the Vatican, or to any of hundreds of other prominent Catholic churches around the world, and you'll notice that the altar is (almost) always made of stone. But, why is that the case? Why is cold, heavy stone used to link Earth to Heaven? Let's take a closer look.

Stone has always been sacred: Do you remember the meaning of the word "sacred?" It means that which is "set apart" for the worship of God. From the beginning of salvation history, stone was always used to mark the "sacredness" of God's presence on Earth. After the great flood, Noah built an altar made of stone. When God asked Abraham to sacrifice his son Isaac, before he set in place the wood of the sacrifice, he first built an altar of stone. After wrestling with God at Peniel, Jacob built an altar and said, "This stone... shall be God's house," (Gen 28:22). Throughout the Old Testament, Israelite sacrifices were always placed on stone altars rather than wooden tables, because an altar is a place of sacrifice. And because sacrifice is costly, it is placed on that which is firm and permanent, rather than delicate and flimsy. It's why God himself has always directed his servants to use stone as the foundation for proper worship.

Stone Represents Christ: An altar, moreover, is not just where sacrifice is offered to God, it is also a sign of Who is offered. Scripture often refers to Christ in metaphors of stone. Jesus is, "The stone the builders rejected, which has become the cornerstone," (Ps 118:22). "The rock of our salvation," (Ps 95:1). "The spiritual Rock... and the Rock was Christ" (1 Cor 10:4). To St. Peter, who would be his representative on Earth after his ascension into heaven, Jesus said, "upon this rock I will build my Church," (Mt: 16:18). As you may already know the early Christians celebrated the first ever Masses on the tombs of the martyrs—essentially, on a stone table—echoing the burial place of Christ at Golgotha. In Christian worship, stone has always been the fixed point on Earth in which the Body of Christ was held.

And What of Wooden Altars? In the Catholic Church, there are two types of altars: fixed altars, and portable altars. A fixed altar must be made of stone, solidly built, and permanently attached to a sanctuary floor. Portable altars, by contrast, are often made of wood, and are intended for use in chapels, and other sacred spaces understood to be temporary. And yet, even a wooden altar must contain a stone slab large enough to hold the Sacred Host and the base of the chalice. This stone slab may be inserted into a wooden altar, but is not consecrated as a stone altar is. Wooden altars are fully valid, and indeed become sacred places, but are intended for those locations where the establishment of a permanent church is not possible. The distinction between fixed altar and a portable altar applies not to their physical "portability," but to their intended permanence.

Wood rots. Cloth fades. But stone endures. That's why the Church builds her altars from stone, as if to say, "the sacrifice of Christ is eternal, and so too is God's presence among his people." In the Catholic faith, even the stone preaches!

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Upcoming Early Bulletin Deadlines

Due to the upcoming Holiday season, please make note of these early deadlines

November 30 bulletin--due by Monday, November 17, 12noon

December 7 bulletin--due by Wednesday, November 26, 12noon

December 14 bulletin--due by Tuesday, December 2, 12noon

December 21 bulletin--due by Monday, December 8, 12noon

December 28 bulletin--due by Tuesday, December 16, 12noon

January 4 bulletin--due by Monday, December 22, 12noon

Youth Education and News



ymoffice@sainttheresaparish.com

November

Sun, 16th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 17th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 18th-Load food for transport, 6:15-7pm

Sun, 23rd-Upper Room Squad, 6-8pm

December

Sun, 7th-WorkCamp Interest Meeting, 1:45pm – Admin Building (across from the Church)

Sun, 7th-Upper Room Squad, 6-8pm

Thurs, 11th-WorkCamp Interest Meeting, 7pm – Admin Building (across from the Church)

Sun, 14th-Upper Room Squad, 6-8pm

Sun, 21st-Upper Room Squad, 6-8pm



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

HOLY SAINTS

Learning about the Saints & celebrating All Saints Day

Saint Theresa Catholic School
Educating Tomorrow's Catholic Leaders
www.stsashburn.com

Discover the Spirit of Learning at Saint Theresa Catholic School! Join us for a personal tour and experience our vibrant community where faith meets education. Visit our classrooms, meet our dedicated staff, and see how we nurture young minds in a joyful, faith-filled environment. Request your tour today and see firsthand what makes Saint Theresa Catholic School a special place for your child's education. To request a tour, visit our website, www.stsashburn.com (click "Admissions"). We can't wait to welcome you!

STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:

- Thanksgiving Break
- Art Show
- Book Fair
- Catholic Charities Dress-out Day

Calling all STCS Alumni! We love to hear from our Alumni & Alumni families! Send your news to alumni@stsashburn.com.

Mrs. Griffin's 8B, 2003-04

Calling all St. Theresa Catholic School **ALUMNI!**

Send us your news!
Email updates to alumni@stsashburn.com

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

News from our Parish

Festival of Trees Pre-sale Tickets—

Divine Mercy Outreach will be preselling tickets for the Festival of Trees after all Masses, **this weekend November 15 & 16**. Take advantage of the pre-sale prices and get more raffle tickets for extra chances to win. There are some wonderful trees already pledged. The Festival will be on December 6 and 7 this year. If you have any questions or wish to donate, email Cathy Branly: cathysews@yahoo.com.

Advent Calendar and Candle Sale to support WorkCamp—

Advent calendars and candles will be sold in the Narthex after each Mass during the weekends of **November 15th/16th** and **November 29th/30th**. All proceeds go to help offset costs for the teens participating in the WorkCamp Program next June.

The Festival of Trees—

December 6 & 7. The festival of Trees is only 2 months away! Mark your calendar for December 6 and 7. This year will be exciting with the Festival back in the gym. Donations are needed for trees, wreaths, baskets, and cookies! It's time to be thinking of themes and planning your tree. This is fun parish gathering and an important fundraiser for Divine Mercy Outreach. To donate trees, baskets, and wreaths, contact Cathy Branly: cathysews@yahoo.com. For cookie and treat donations contact Danielle Zuccaro: danielle.a.zuccaro@gmail.com. Check out the DMO Festival of Trees on our parish website: sainttheresaparish.com/divine-mercy/divine-mercy-outreach/festival-of-trees/




Young at Heart Social Club (YAH)—



Men and Women (55 and over). We meet after the 12:15 pm Mass in the Zelle Room located across from the Church. On Wed., **Nov 19th** (3rd Wed.). We will be celebrating Thanksgiving! Turkey & ham will be provided. Please bring a side dish/trimmings or dessert. We will have our usual 50/50 drawings. All are welcome. If you plan to join us please RSVP to Freddie at wallflower64@gmail.com or 703.625.5715.

DISCOVER CATHOLIC SCHOOLS WEEK

SAINT THERESA CATHOLIC SCHOOL



CONSIDER THE GIFT OF A CATHOLIC EDUCATION FOR YOUR CHILDREN



21370 St Theresa Ln,
Ashburn, VA 20147

SCAN TO REGISTER
FOR A TOUR

Adult Education and Spiritual Enrichment

Women's Discipleship Group—

Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45–11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we will be starting the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—TMIY is going strong through the fall, with the highest number of brothers! If you are looking to strengthen your faith, become a better husband and father, and/or just get to know other men in the parish, we invite you to join us by using the following QR Code, or by contacting Jack Hayes at jack.hayes422@aol.com.



Ashburn Catholic Young Adults—

11/17 – Topic - The Secret of the Heart and Young Adults
Meet School Cafeteria 6:15-7:30pm
Contact st.theresas.ya@gmail.com for more information.

Young Adult Lectio Divina—

11/25 – Bible Study: Reading and Praying with the Scriptures - Part 6
Meet Zelie-1 room in the Parish Center from 6:30-8pm
Contact ajamesb13@gmail.com for more information.



Knights of Columbus

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling. Your contributions and effort make this program a successful one.

Please keep up the generosity by returning your bag this weekend (November 15-16) with items in the attached flyer. If you were unable to pick up a blue bag, you can always return food in a reusable, paper, or plastic bag. Please, no expired items. The pantry is unable to distribute expired items.

Sweats for Vets: Please join the Knights of Columbus in giving back to

Veterans this Christmas season! The Knights will be collecting sweat outfits (tops and bottoms) and sweat socks to give back to Veterans in need this year. Please bring new or unused outfits or socks to the church office to donate. Mens sizes (XL to 4XL) and womens sizes (L and XL) are both needed. Collections for Sweats for Vets will begin on November 15th and conclude on December 12th. Thank you for supporting our Veterans!



Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing,

Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team <https://www.st-louis martin-kofc.org/handy-man-services>.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Want to learn more? Check out our FAQs at <https://www.st-louis martin-kofc.org/faqs> - or scan the QR code to be contacted and learn more about the Knights and what we do.



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship

with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7:30pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionof-marysttheresa@gmail.com or scan the QR code to send us your prayer request.



News Around the Diocese

The 33rd International Week of Prayer and Fasting: November 15 – 23, 2025—The Opening Day of Prayer for the 33rd International Week of Prayer and Fasting will be held on Saturday, November 15th, from 8:30am to 5pm at the Basilica of the National Shrine of the Immaculate Conception, 400 Michigan Ave NE, Washington, DC, with Mass at noon, Eucharistic Adoration, the Rosary, Confessions, and speakers. Please register at www.iwopf.org or call 703.707.0799. This is a FREE event; however, online donations are welcomed to help support our ministry. Talks are free during the actual day of the presentation, or are available for purchase online for future viewing. For more information and to register, please go to www.iwopf.org or call 888.478.PRAY, or call 703.707.0799.

Men's Evening of Reflection—Looking to grow in your relationship with Christ? This evening provides Catholic formation with spiritual talks, reflection, prayer, and fellowship. Mass and opportunities for confession are also offered: Wednesday, **November 19**, 6:30–9pm; Where: Divine Mercy University, 45154 Underwood Dr, Sterling. To register click on the QRC: or email rcmenssection-va@gmail.com

St. Thérèse of Lisieux—Her relics visit the United States: October 1 – December 8, 2025 for the 100th anniversary of her Canonization and the Jubilee Year. Her relics will be in the Washington DC area **November 19–30**. For detailed schedule visit: <https://stthereseusa2025.com/schedule-of-events>. For questions, please email: StThereseUSA2025@gmail.com

Thinking of a priestly vocation? (for men 18-35 years old)—Spending a weekend at a seminary is a critical part of exploring your vocation. You live, pray, eat and recreate with seminarians and experience first-hand what seminary life is like. Join Vocations Director Father Noah Morey for a weekend at Mount St. Mary's Seminary in Emmitsburg, Maryland: **November 21, 5:30pm to Sunday November 23 afternoon**. Cost is \$40. To register: vocations@arlingtondiocese.org or 703.841.2514.

Monthly Men's Evenings of Reflections: Dec 3. 7-9:30pm—Join us for a new series of monthly Reflections for Men, The Twelve Apostles: Ordinary Men, Extraordinary Mission, at Our Lady of Bethesda Retreat Center. These evenings begin with Mass, followed by a meditation and practical talk, plus the opportunity for Confession. Enjoy fellowship as we break bread together—dinner is included. Hosted by the Men of Regnum Christi. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Cost: \$25 per person. Visit www.ourladyofbethesda.org to register.

Finding Peace & Joy with Jesus & Mary—Women's Advent Retreat—Retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia and savor the silence with your sisters. We will "treasure and ponder" the mysteries of Advent while we read, think, pray... and rest with Jesus Christ. Fr. John Riley will lead us in a consideration of the true meaning of the peaceful and solemn season of Advent and how we might better prepare to welcome the Christ Child with joy into our families and our homes on Christmas morning. This retreat begins at 6 pm Friday **December 5th and concludes Sunday December 7th** at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Father John Riley at: retreat@sacredheartwinchester.org. Visit our website at www.arlingtondiocese.org/retreat for more information about San Damiano and retreats being offered in the months ahead.

Advent Retreat Weekend: Dec 5-7—Advent is the perfect time for a silent retreat! Prepare for the coming of Christ with this special Advent edition of the Spiritual Exercises. Led by Fr. Robert Presutti, LC, this retreat will provide you with an opportunity to delve deep into your spiritual journey and connect with God in a more meaningful way during this holy season. The weekend is designed for both men and women seeking to deepen their faith and reconnect with their spiritual journey. Cost to attend this preached retreat: \$368 per person, private retreat option is available: \$276 per person. Find more details on our website

www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Don't miss this opportunity to invest in your spiritual renewal and prepare your soul for the Birth of Christ.

St. Leo the Great Winter Craft Fair—St. Leo the Great parish invites you to our Winter Craft Fair on Sunday, **Dec 7th** (10am-3pm) in the School Gym! Step into the enchanting world of our Winter Craft Fair, where creativity meets the spirit of the season! Join us for a festive day of exploring unique handcrafted treasures, indulging in food and treats, and experiencing family fun with St. Nicholas! See you there!

Finding Christ in Advent – Men's Retreat—Retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia and join Father Steven Oetjen and a Band of Brothers for San Damiano's first Men's Advent Retreat. Fr. Oetjen will consider the life and the example of St. Joseph—the husband of Mary, the Guardian of the Redeemer, and a Righteous "Quiet Man." With the wisdom of St. Thomas Aquinas and St. John Paul the Great, Fr. Oetjen will offer practical counsel and insights for those seeking to cultivate Virtue and to be men after Christ's Own Heart. This retreat begins at **December 12th-14th**. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org. Visit our website at www.arlingtondiocese.org/retreat for more information about San Damiano and retreats being offered in the months ahead.

Three to Get Married Marriage Prep in 2026: Jan 15-18 (In-Person); Jan 29-Feb 1 (In-Person); Feb 26-Mar 1 (Virtual)—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Find more information on the website ourladyofbethesda.org.

ST. JEROME
INSTITUTE



NOVA Info Night

SUNDAY, NOVEMBER 16
6:30 PM



Christ the Redeemer Catholic Church
46833 Leesburg Pike,
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The St. Jerome Institute is a Christ-centered, liberal arts high school that aspires to cultivate and develop what is most human in our students by incorporating them into the rich tradition of the Catholic faith.

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Explore SJI at stjeromeinstitute.org



Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Christa Turpin, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Light Up Someone's Christmas

(LUSC)—A great way to help those in need! Take a bulb(s) to help a family in need or an organization helping families in need. Return item (s) on the weekends of Nov 16th & 23rd. Follow the instructions on the tag. Questions? Contact Myriam Perez at 703.729.2334.

Donations still needed—Festival of Trees- December 6th & 7th—

The Festival of Trees is a fundraiser raffle of 3-to-4-foot themed Christmas Trees, wreaths, and gift baskets. This event is fun for all. The proceeds from the event helps families in need through Divine Mercy Outreach. Those who would like to donate a tree or wreath or basket, contact Cathy Branly at cathysews@yahoo.com. Not sure of theme- no worries, let us know later. Thank you to those who have already reached out! See photos from last year on the parish website under Outreach- Festival of Trees.

Did you know? We assisted many families in need with monetary assistance, beds and food this fall. Your donations make a difference in the lives of struggling families by preventing evictions and keeping utilities on!

We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. Donations accepted online, by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. Online go to the parish website <http://www.sainttheresaparish.com>, click "Donate" tab to make an online monetary donation! Thank you for helping us to bring Christ's love to others in their time of need

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at clewis825@gmail.com.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer or if you or a loved one need of help with meals.

Bed Ministry—Volunteers needed—volunteers with trucks or Large SUVs needed especially! We have had an increase in bed requests.

Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. To help contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2334 or dmoutreach@sainttheresaparish.com

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State Farm
Kyle Knight, Agent
STSC Parent

11736 Bowman Green Drive
Reston, VA 20190-3501
Bus: 703-435-2300
kyle.knight.gton@statefarm.com



I can save you time and money when you bundle your home and auto insurance. Call, e-mail or stop by for a quote today.

Availability and amount of discounts and savings vary by state.
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State Farm Fire and Casualty Company
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State Farm County Mutual Insurance Company of Texas State Farm Lloyds Richardson, TX
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**Nail - Head Spa - Facial
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Exp: Nov 30th, 2025

Mani & Pedi Whether you're looking for a classic, gel, or spa treatment, we offer expert nail care that leaves your hands and feet feeling refreshed and flawless.

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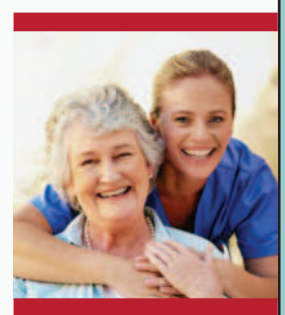
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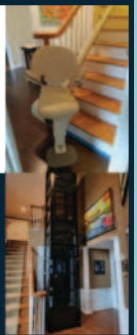
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