

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

November 23, 2025

Our Lord Jesus Christ, King of the Universe



Masses for the Week

Mon, Nov 24	6:15— Erik Pollock+ 8:30— Sherry Manalel 12:15— Moira Adamowicz+
Tues, Nov 25	6:15— Miranda Family 8:30— Maria Minh & All Souls+
Wed, Nov 26	6:15— Erik Pollock+ 8:30— Rolando C. Santos+ 12:15— Thomas Jordan+
Thurs, Nov 27	6:15— Nicholas Kolocuris+ 8:30— Alistair Robertson+
Fri, Nov 28	6:15— Stephen Miles 8:30— Leonard & Mary Catherine Stevens+
Sat, Nov 29	8:30— Katharine Tellis 5:30— Dorothy Mullen+
Sun, Nov 30	7:30— Leon Katcharian+ 8:45— Jen Lausten 10:30— Alice & William Nair 12:30— Deceased Members of the Iasiello/Salomone Families+ 5:00— St. Theresa Parishioners

Prayers For The Sick: Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin, Pranee Heinjarean.

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Reverend Matthew J. DeForest, In Residence
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For Our Military: Brady Carmical, Ify Nwabuku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson, Alexa Katharine Koenig.

Your Past Belongs Only to You

It can feel like a betrayal when someone you love or trust, or even someone you barely know, reaches into your past and pulls out a moment of pain, a vulnerability, a mistake, or even a blatant sin and tries to use it as a weapon against you. At such a moment, it's natural to feel a surge of anger, of defensiveness, or of shame. In such tense, emotional moments, it can be difficult to know exactly what to say or how to respond. Your natural instinct is to fight back, to justify, to explain, or to prove them wrong. But I'd like to encourage you to stand firm in a different truth—*understand that your past belongs only to you*. It does not belong to anyone else. Remembering this, you will learn that your past can never be used as a weapon to be wielded against you unless you choose to hand someone the ammunition. Since you can never change what has happened, your power lies not in erasing your past, but in redefining your relationship to it. Therefore, if someone tries to use your past like a weapon against you, here's how to respond. Begin by saying:

"Yes, I accept that that happened..."

Do not respond with anger, but with unshakable calm. With quiet confidence, simply state, "Yes, I accept that that happened." Do not deny your past. Do not try to run from what happened. You cannot, and any attempt to do so will only deepen your sense of belittlement. By calmly acknowledging the truth of the past, you instantly drain their attack of its power. You are saying, "Yes, you may bring up the subject of my past, but it does not matter anymore. The past has no power over me. I have made peace with it." This simple admission robs the accuser of the drama of the defensive reaction they were trying to instigate. Your accuser wants you to play the role of an ashamed, flustered, helpless victim. By responding in this fashion, you telegraph your refusal to play along.

"...And I have learned from it..."

With gentleness but firm detachment, simply add, "...and I have learned from it." This reframes the entire conversation. You are taking their intended weapon—your past failure or pain—and transforming it into a testament to your own growth. You are showing that you are not the same person you were then. Your past was a teacher, not a life prison sentence. This shifts the focus from who you were then to who you are now, a person of wisdom and resilience. Moral progress is an uplifted arc for those humble enough to learn from their mistakes. No one can wield the past like a weapon against those who do.


"...And why are you bringing this up now?"

Be careful not to ask this question with a tone of accusation! Ask rather with light, playful, genuine curiosity. If you do so, you hold up a moral mirror to the character of your accuser. It forces them into a very uncomfortable confrontation of their own motives. Why in fact did they bring this up now? Were they trying to hurt you? To control you? To embarrass you? To diminish you? And what kind of person are they for trying to do that? The best part about this response is that you are not even defending yourself anymore. You are inviting your accuser to examine not your past, but their present. The tables have flipped, and the integrity of the self-appointed judge is now on trial. The burden of discomfort has shifted squarely back onto their own shoulders.

Your self-worth is not determined by your past.

Your self-worth is not determined by your past actions nor by the opinions of others. It is determined by your character in this present moment, and by who you are in God's sight. A person who tries to use your past against you is revealing their own inner turmoil, insecurity, and smallness of character. See their attack for what it is—an external event, like bad weather. You cannot control the storm, but you can control how you adjust the sails. Do not let their attempt to define you by your past become your internal reality. Speak the truth with quiet dignity. And remember, your goal is not to win an argument, but to demonstrate that their words simply cannot reach the core of who you are. Your past is a chapter you have already read and learned from. Do not let anyone force you to reread it aloud for their amusement. Close the book.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Upcoming Early Bulletin Deadlines

Due to the upcoming Holiday season, please make note of these early deadlines

December 7 bulletin--due by Wednesday, November 26, 12noon

December 14 bulletin--due by Tuesday, December 2, 12noon

December 21 bulletin--due by Monday, December 8, 12noon

December 28 bulletin--due by Tuesday, December 16, 12noon

January 4 bulletin--due by Monday, December 22, 12noon

Youth Education and News



Office Hours:
Mon-Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator,

at connie@sainttheresaparish.com or call 703.729.3714.



ymoffice@sainttheresaparish.com

November

Sun, 23rd-Upper Room Squad, 6-8pm

December

Sun, 7th-WorkCamp Interest Meeting, 1:45pm – Admin Building (across from the Church)

Sun, 7th-Upper Room Squad, 6-8pm

Thurs, 11th-WorkCamp Interest Meeting, 7pm – Admin Building (across from the Church)

Sun, 14th-Upper Room Squad, 6-8pm

Sun, 21st-Upper Room Squad, 6-8pm



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com

Discover the Spirit of Learning at Saint Theresa Catholic School! Join us for a personal tour and experience our vibrant community where faith meets education. Visit our classrooms, meet our dedicated staff, and see how we nurture young minds in a joyful, faith-filled environment. Request your tour today and see firsthand what makes Saint Theresa Catholic School a special place for your child's education. To request a tour, visit our website, www.stsashburn.com (click "Admissions"). *We can't wait to welcome you!*

STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:

- Thanksgiving Break
- Art Show
- Book Fair
- Catholic Charities Dress-out Day

Shop for Christmas at the Book Fair! Save the dates for the STCS Winter Book Fair – we'll **be open for parishioners to visit and shop on Sunday, December 7**, during the parish Festival of Trees!



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

News from our Parish

Advent Calendar and Candle Sale to support WorkCamp

—Advent calendars and candles will be sold in the Narthex after each Mass during the weekend of **November 29th/30th**. All proceeds go to help offset costs for the teens participating in the WorkCamp Program next June.



The Festival of Trees—

December 6 & 7. The festival of Trees is less than a month away! Mark your calendar for December 6 and 7. This year will be exciting with the Festival back in the gym. Donations are needed for trees, wreaths, baskets, and cookies! It's time to be thinking of themes and planning your tree. This is fun parish gathering and an important fundraiser for Divine Mercy Outreach. To donate trees, baskets, and wreaths, contact Cathy Branly: cathysews@yahoo.com. For cookie and treat donations contact Danielle Zuccaro: danielle.a.zuccaro@gmail.com. Check out the DMO Festival of Trees on our parish website: sainttheresaparish.com/divine-mercy/divine-mercy-outreach/festival-of-trees/

Annual Greens Sale Next Week—The Respect Life Committee will be selling Christmas wreaths and greens in support of A Woman's Choice next weekend only, **November 30**, after all masses. Decorate your home and doors with beautiful and fragrant large wreaths and sprays. Advent candles

and candle holders will also be available. A Woman's Choice is a non-profit pro-life organization that provides many services to women concerning their pregnancy, e.g. information on abortion, adoption and pregnancy; providing infant through toddler clothing/supplies; counseling for women of past abortions. They have two locations in Falls Church and Herndon. So, beautify your home and at the same time support one of the Church's most important ministries. Checks and cash only please.

Discover the Spirit of Learning at Saint Theresa Catholic School!

Join us for a personal tour and experience our vibrant community where faith meets education. Visit our classrooms, meet our dedicated staff, and see how we nurture young minds in a joyful, faith-filled environment. Request your tour today and see firsthand what makes Saint Theresa Catholic School a special place for your child's education. To request a tour visit our website, www.stsashburn.com (click "Admissions"). *We can't wait to welcome you!*

WorkCamp 2026 –Interest Meetings for Parents & Teens:

Sunday, December 7th, 1:45pm or Thursday, December 11th, 7pm—

Parents along with your teen will meet with seasoned veterans of WorkCamp to find out all the details about this amazing week of service that is set for June 20-26 in Shenandoah County, VA. Find out why over 800 high schoolers gather together every year for a week long opportunity to serve the less fortunate within the boundaries of the Diocese of Arlington. The meeting is for parents of high school aged teens who are interested in attending or just want to find out about

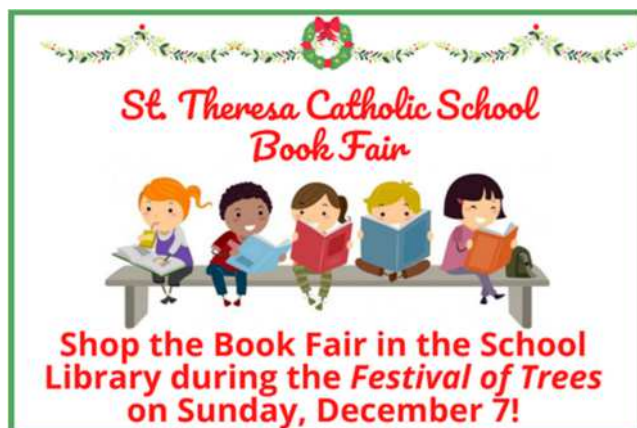
this great program the Diocese offers – which many consider the 'best thing the Diocese has to offer to our teens'. The first meeting will be Sunday, December 7th at 1:45pm in the Admin building (Louie Martin Room – just enter the doors directly across from the Church and look for the signs directing you to the room) OR attend the second meeting on Thursday, December 11th at 7pm in the Admin building (same location). If you plan on attending or have any additional questions, please RSVP to: workcamp@sainttheresaparish.com.

Red Cross Blood Drive—Please consider supporting the American Red Cross at our next St. Theresa blood drive on Thursday, **December 11th** from 10:00-3:15 pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to www.redcrossblood.org and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at colleenhome87@gmail.com or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives.

Young at Heart Social Club (YAH)—

Men and Women (55 and over)
We meet after the 12:15 pm Mass in the Zelle Room located across from the Church. On Wed. **Dec 17th** (3rd Wed.). We will be celebrating Christmas with a luncheon, \$12 per person for subs from Wegmans. Drinks & dessert will be provided. We will have our usual 50/50 drawings and a gift swap. All are welcome. If you plan to join us please RSVP to Grace Breighner at gracejb18@aol.com or 410.967.8888





ST. THERESA CATHOLIC CHURCH
PRESENTS:

Festival of Trees



Sat, December 6

3:30 PM - 7:30 PM

Sun, December 7

8 AM - 2 PM

WINNING TICKETS AT 2 PM

Location: St. Theresa School Gym

All proceeds benefit Divine Mercy Outreach



**Visit with St. Nicholas on
Sunday Morning at the
Pancake Breakfast with
the Knights!**



Adult Education and Spiritual Enrichment

That Man is You (TMIY)—TMIY is moving through the year and getting ready for Advent. If you are looking to strengthen your faith, become a better husband and father, and/or just get to know other men in the parish, we invite you to join us by using the following QR Code, or by contacting Jack Hayes at jack.hayes422@aol.com.



Young Adult Lectio Divina—
11/25 – Bible Study: Reading and Praying with the Scriptures - Part 6
Meet Zelie-1 room in the Parish Center from 6:30-8pm
Contact ajamesb13@gmail.com for more information.

Women's Discipleship Group—
Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30-10:30 for Lectio Divina and 10:45-

11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we will be starting the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com



Knights of Columbus

Sweats for Vets: Please join the Knights of Columbus in giving back to Veterans this Christmas season! The Knights will be collecting sweat outfits (tops and bottoms) and sweat socks to give back to Veterans in need this year. Please bring new or unused outfits or socks to the church office to donate. Mens sizes (XL to 4XL) and womens sizes (L and XL) are both needed. Collections for Sweats for Vets will begin on November 15th and conclude on December 12th. Thank you for supporting our Veterans!



Parish Advent Morning of Reflection, Saturday, Dec 6, 8:30-noon:
Fr. Michael O'Connor, O.P., Mount St Mary's Seminary, will challenge the parish with reflections to use the weeks of Advent to prepare, keeping our focus on the true meaning of Christmas. Bring friends and family. Watch for details in the bulletin in the weeks ahead.

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handy-

man Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Want to learn more? Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code to be contacted and learn more about the Knights and what we do.



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship

with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7:30pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionof-marysttheresa@gmail.com or scan the QR code to send us your prayer request.



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News Around the Diocese

St. Thérèse of Lisieux—Her relics visit the United States: October 1 - December 8, 2025 for the 100th anniversary of her Canonization and the Jubilee Year. Her relics will be in the Washington DC area **November 19-30**. For detailed schedule visit: <https://stthereseusa2025.com/schedule-of-events>. For questions, please email: StThereseUSA2025@gmail.com

English & Citizenship Class in Sterling—Catholic Charities is offering English & Citizenship courses for adults at Christ the Redeemer Catholic Church in Sterling, VA. Classes start November 13, 2025. Days: Tuesday & Thursday Time: 7:30-9:30 p.m. Cost: English: \$80; Citizenship: \$125 Register using the QR code & the office will call you for testing. **Spanish:** Caridades Católicas ofrece cursos de inglés y ciudadanía para adultos en la iglesia Cristo Redentor en Sterling, VA. Las clases comienzan el 13 de noviembre de 2025. Días: martes y jueves. Horario: 7:30-9:30 p. m. Costo: inglés: 80 \$; ciudadanía: 125 \$. Inscríbase utilizando el código QR y la oficina le llamará para hacer una cita. **Late Registration closes December 18, 2025.**



Monthly Men's Evenings of Reflections: Dec 3. 7-9:30pm—Join us for a new series of monthly Reflections for Men, The Twelve Apostles: Ordinary Men, Extraordinary Mission, at Our Lady of Bethesda Retreat Center. These evenings begin with Mass, followed by a meditation and practical talk, plus the opportunity for Confession. Enjoy fellowship as we break bread together—dinner is included. Hosted by the Men of Regnum Christi. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Cost: \$25 per person. Visit www.ourladyofbethesda.org.

Finding Peace & Joy with Jesus & Mary—Women's Advent Retreat—Retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia and savor the silence with your sisters. We will "treasure and ponder" the mysteries of Advent while we read, think, pray... and rest with Jesus Christ. Fr. John Riley will lead us in a consideration of the true

meaning of the peaceful and solemn season of Advent and how we might better prepare to welcome the Christ Child with joy into our families and our homes on Christmas morning. This retreat begins at 6 pm Friday **December 5th and concludes Sunday December 7th** at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Father John Riley at: retreat@sacredheartwinchester.org. Visit our website at www.arlingtondiocese.org/retreat for more information

Advent Retreat Weekend: Dec 5-7—Advent is the perfect time for a silent retreat! Prepare for the coming of Christ with this special Advent edition of the Spiritual Exercises. Led by Fr. Robert Presutti, LC, this retreat will provide you with an opportunity to delve deep into your spiritual journey and connect with God in a more meaningful way during this holy season. The weekend is designed for both men and women seeking to deepen their faith and reconnect with their spiritual journey. Cost to attend this preached retreat: \$368 per person, private retreat option is available: \$276 per person. Find more details on our website

www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Don't miss this opportunity to invest in your spiritual renewal and prepare your soul for the Birth of Christ.

St. Leo the Great Winter Craft Fair—St. Leo the Great parish invites you to our Winter Craft Fair on Sunday, **Dec 7th** (10am-3pm) in the School Gym! Step into the enchanting world of our Winter Craft Fair, where creativity meets the spirit of the season! Join us for a festive day of exploring unique handcrafted treasures, indulging in food and treats, and experiencing family fun with St. Nicholas! See you there!

Finding Christ in Advent – Men's Retreat—Retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia and join Father Steven Oetjen and a Band of Brothers for San Damiano's first Men's Advent Retreat. Fr. Oetjen will consider the

life and the example of St. Joseph--the husband of Mary, the Guardian of the Redeemer, and a Righteous "Quiet Man." With the wisdom of St. Thomas Aquinas and St. John Paul the Great, Fr. Oetjen will offer practical counsel and insights for those seeking to cultivate Virtue and to be men after Christ's Own Heart. This retreat begins at **December 12th-14th**. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org. Visit our website at www.arlingtondiocese.org/retreat for more information about San Damiano and retreats being offered in the months ahead.

Three to Get Married Marriage Prep in 2026: Jan 15-18 (In-Person); Jan 29-Feb 1 (In-Person); Feb 26-Mar 1 (Virtual)—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Find more information on the website ourladyofbethesda.org.

Finding Jesus with St. Therese of Lisieux—Women's Silent Retreat—St. Therese is a magnificent manifestation of "the Feminine Genius" and a "Wise Woman" in the fullest sense of the words. Pope St. Pius X called her "the Greatest Saint of Modern Times" before Pope St. John Paul the Great declared her a Universal Doctor of the Church. Join Fr. John Riley at the Arlington Diocese's San Damiano Retreat Center in White Post, Virginia to read, pray, and rest with Jesus as we consider her great autobiography, *Story of a Soul*. This retreat begins at 6 pm **Friday January 23rd and concludes Sunday January 25th** at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Father John Riley at: retreat@sacredheartwinchester.org or visit our website at www.arlingtondiocese.org/retreat

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Christa Turpin, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm (note the time change)** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Questionnaire prior to contacting the Parish Office. A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Wishing you all a very Happy Thanksgiving! We are grateful to all those who volunteer and donate to help others in need! May God bless you all abundantly!

Light Up Someone's Christmas (LUSC) Items due back by November 23rd

Items are due back tomorrow. Drop items before mass to the volunteers today or bring them to the parish office tomorrow. Do not leave items during the week at church. Follow the instructions on the tag. Monetary donations can be made online and gift cards can be placed in the lock boxes or dropped off to the parish office as well. Thank you! Questions? Contact Myriam Perez at 703.729.2334.

Festival of Trees- December 6th & 7th

The Festival of Trees is a fundraiser raffle of 3-to-4-foot themed Christmas Trees, wreaths, and gift baskets. This event is fun for all. The proceeds from the event helps families in need through Divine Mercy Outreach. See photos from last year on the parish website under Outreach-festival of Trees. Presale tickets can be purchased online until Nov 23rd! Buy early to earn extra tickets!

Did you know? Your donations make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at clewis825@gmail.com.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a

medical situation...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer or if you or a loved one need of help with meals.

Bed Ministry—Volunteers needed—volunteers with trucks or Large SUVs needed especially! Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. To help contact Bea Craig at 571.439.0364 or beds@sainttheresaparish.com

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist these families. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2334 or dmoutreach@sainttheresaparish.com

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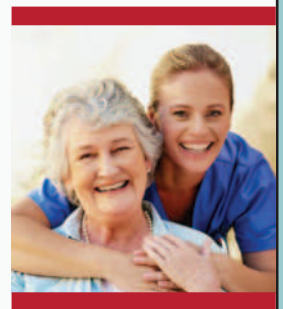
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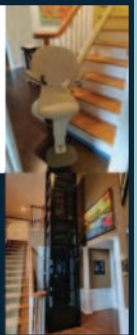
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