

Masses for the Week

Mon, Dec 15	6:15— Thomas J. Miles, III
Mon, Dec 15	0.15— Homas J. Miles, III

8:30— Lanh Nguyen+ & All Souls

12:15— Ancy Manalel

Tues, Dec 16 6:15— Maria Francis+

8:30— Heidi Geydy+

Wed, Dec 17 6:15— Dana Stalcup+

8:30— GJ Vitale

12:15— Vincenza P. Cannizzo+

Thurs, Dec 18 6:15— Maria Francis+

8:30— Rev. Daniel Spychala

Fri, Dec 19 6:15— Maria Joseph+

8:30— Joe Manalel

Sat, Dec 20 8:30— Amy Delaney

5:30— Isabella Binder

Sun, Dec 21 7:30— St. Theresa Parishioners

8:45— Joseph, Carlo & Laura Maresca+

10:30— Debora Capurro 12:30— Pauline Paille+

5:00— Luis Reinoso

Parish Mass Schedule

Saturday: 8:30am, 5:30pm Vigil Mass

Sunday: 7:30, 8:45am & 10:30am

12:30 & 5:00pm

Weekdays: 6:15 and 8:30am, Monday through Friday

12:15pm, Mondays (except Federal Holidays)

and Wednesdays

Holy Days: As announced **Holy Hour:** Wednesdays, 7pm

Confessions: Wednesdays, 9am (until line ends);

Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends);

and by appointment

**Federal Holidays-6:15 and 8:30am Masses only

Clergy

Reverend James C. Hudgins, Pastor Reverend Paul Dudzinski, Parochial Vicar Reverend Christopher T. Vaccaro, Parochial Vicar Reverend John F. O'Farrell, Parochial Vicar Reverend Matthew J. DeForest, In Residence Deacon Paul C. Konold

Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For The Sick: Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael De-Cardona, Stephen Stahl, Steve Smith, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin.

Prayers For Our Military: Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson.

Gaudete Sunday

Today is a special Sunday in Advent known as *Gaudete* Sunday. *Gaudete* is Latin for "rejoice." The name comes from today's entrance antiphon (also known as the *introit*) from Philippians 4:4, "*Gaudete in Domino semper: iterum dico, gaudete.*" (Rejoice in the Lord always. I say it again, rejoice!)

Why "rejoice" on the Third Sunday of Advent? A little Advent history might be helpful here. In the ancient Church, from as early as the fifth century, Advent was a forty-day penitential season in preparation for Christmas, just as Lent is for Easter. Advent began November 11, the feast of St. Martin of Tours, and was known for centuries as "St. Martin's Lent." For several hundred years, Advent remained a forty-day penitential season, until the Church established its current four -week length by the end of the twelfth century. Today's theme of joy comes from the fact that the long season of penance was nearly over. The color of the vestment (rose, not pink!) is borrowed from *Laetare* Sunday in Lent, which also has a venerable, ancient tradition.

Could I ask you to take a moment to meditate on today's entrance antiphon?

Rejoice in the Lord always. I say it again, rejoice! Indeed the Lord is near. (Phil 4:4-5)

Is it really possible to rejoice always? Even in sadness, disappointment, frustration, and pain? It is possible if we remember one key fact: there's a big difference between suffering and sadness. Sadness and joy are opposites, but suffering and joy are not.

Have you ever suffered alongside someone you love? Perhaps through a long illness, loss of employment, injury, or other painful setback? You already know that sharing someone's loss, in deepest love, has a unique joy that cannot be described. This is the joy St. Paul is talking about—the joy that is possible for us *always* if we remember that "the Lord is near." Jesus never promised that his followers would not suffer. In fact, he promised that they would. But he also promised to be with us "always, even to the end of the ages." (Mt. 28:20)

The deeper we realize that Jesus is always near, the closer we come to living these words of St. Paul. Let's strive to deepen our prayer and the conversion of our hearts during the last days of this beautiful Advent season.

God bless you, and St. Theresa, pray for us!

Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Parish Advent and Christmas Schedule

Immaculate Conception –
December 8 Holy Day of Obligation
No Vigil Mass

Monday, Dec. 8: 6:15, 8:30am & 12:15, 4:30 & 7:30pm

Additional Confession TimesWed. & Fri. Dec. 17 & 19 and
Mon, Dec 22: 6:30pm till line ends

*Make note, no 9am Confessions on Wednesday, Dec 24th.

Christmas Mass Schedule Wednesday, Dec. 24: Vigil Mass:

4, 6, 8 & 10pm

Thursday, Dec. 25: 8 & 10am & 12pm



Solemnity of Mary, Holy Mother of God Wednesday, Dec. 31

Vigil Mass: 5:30pm

Thursday, Jan. 1: 8:30 & 10:30am, 12pm



Upcoming Early Bulletin Deadlines

Due to the upcoming Holiday season, please make note of these early deadlines

December 28 bulletin--due by Tuesday, December 16, 12noon **January 4 bulletin**--due by Monday, December 22, 12noon

Youth Education and News



ymoffice@sainttheresaparish.com

December

Sun, 21st-Upper Room Squad, 6-8pm

January

Sun, 4th -Upper Room Squad, 6-8pm

Sun, 11th-Upper Room Squad, 6-8pm

<u>Tues, 13th</u> – WorkCamp Prep Meeting, 7-8:30 pm: St Zelie Martin Rooms 2&3

Sun, 18th - Upper Room Squad, 6-8pm

<u>Thurs, 22nd</u> - Life is VERY GOOD / Life Fest Evening of Prayer, Eagle Bank Arena, Fairfax, 5:30-10:15pm

<u>Sun, 25th</u> - Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 26th - Food Sort by Expiration Dates, 7-8:30pm

<u>Tues, 27th</u> - Load food for transport, 6:15p-7pm

RELIGIOUS EDUCATION

Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.







5th-8th Grade STCS Day of Service

Considering End-of-Year Giving? St. Theresa Catholic School's annual Considering End-of-Year Giving? St. Theresa Catholic School's annual Thunder Appeal, "Be the Face of Christ," is now underway -- please consider supporting our parish school! Your tax-deductible gift will impact our students and faculty every day, and help us grow in our mission of Educating Tomorrow's Catholic Leaders. To make a gift online, please scan the QR



code or visit our website, www.stsashburn.com, or mail a check to St. Theresa Catholic School ("Thunder Appeal" in the memo). For more information, please contact Regina Freschi, freschir@stsashburn.com or 703/729-3577. We are truly grateful for your support!

STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:

- Grades 3-8 Confessions
- Holv Hour
- Class Advent Parties
- Christmas Break
- Epiphany Celebration

Discover the Spirit of Learning at Saint Theresa Catholic School!

Join us for a personal tour and experience our vibrant community where faith meets education. Visit our classrooms, meet our dedicated staff, and see how we nurture young minds in a joyful, faith-filled environment. Request your tour today and see firsthand what makes Saint Theresa Catholic School a special place for your child's education. To request a tour or to complete an application, visit our website,

www.stsashburn.com (click "Admissions"). We can't wait to welcome you!

Applications for new families open on January 5th! Siblings of current students may apply now!



News from our Parish

Ashburn Catholic Young Adults—

Talks:

Dec 15--The Heart of Evangelization
Dec 29--The Heart of Evangelization
Part II

Talks are 6:15-7:30pm in St. Theresa School Cafeteria. Pizza after! Bible Studies:

Dec 19--The Annunciation

Jan 6--The Nativity

Bible studies are held 6:30-8pm in St. Theresa School Zelie-1 room.

Contact st.theresas.ya@gmail.com for more info.

Two new 8th grade CCD teachers are needed, beginning on January 6th and 7th—These classes meet weekly on Tuesdays and Wednesdays from 4:30-5:45pm, and continue until mid-May. Please contact the Office of Religious Education for more information, if you would be able to fill one of these roles.

Divine Mercy Devotional Materials—including books, pamphlets, rosaries, crucifixes, plaques, Bibles, and children's books and more will be available in the narthex until 12/21. Cash or checks accepted, and donations may be left in the locked wooden box in narthex next to the table. Stop by the table and consider these items as wonderful Christmas gifts. All donations benefit Divine Mercy Outreach.

Can you help with an End-of-Year gift?

St. Theresa Catholic School's **Thunder Appeal**, **Be the Face of Christ**











Campus Security & Improvements | Curriculum Enhancements & Classroom Resources | Faith Formation Opportunities | Faculty Professional Development | Bridging the Gap Between Tuition Revenue and the Cost to Educate Each Student.

Thank you for supporting our Parish school!

Please scan the QR code or make a gift by check to St. Theresa Catholic School, "Thunder Appeal" in the memo line.





Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship

with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7:30pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request forms online at https://sainttheresaparish.com/activity/legion-of-mary/

Prayer Request -Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionof-marysttheresa@gmail.com or scan the QR code to send us your prayer request.



Adult Education and Spiritual Enrichment

Looking for a great New Year's Resolution? This year we've got two fantastic self-paced options! Beginning on January 1st, you'll have the opportunity to join fellow Catholics in listening to The Bible in a Year podcast or The Catechism in a Year podcast. The classes are self-paced and they're both free! For additional information contact Andy Johnson at johnson.andrew7003@gmail.com.

Women's Discipleship Group— Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45–11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we will be starting the book "Imitation of Christ" written by Thomas a 'Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—TMIY is in Advent preparing for the birth of our Lord. If you are looking to strengthen your faith, become a better husband and father, and/or just get to know other men in the parish, we invite you to join us by using the following QR Code, or by contacting Jack Hayes at jack.hayes422@aol.com.





Knights of Columbus

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or

would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team https://www.st-louismartin-kofc.org/handy-man-services.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting

our parish, our families, and our community. Want to learn more? Check out our FAQs at https://www.st-louismartin-kofc.org/faqs - or scan the QR code to be contacted and learn more about the Knights and what we do.



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

"What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer."—St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: http://sainttheresa.letusadore.com

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.

Adoration of the

Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 3:00am

Monday: 1:30am, 2:30am

Wednesday: 1:00am, 10:00pm

Thursday: 12:00am

Friday: 3:00am, 5:30pm, 6:30pm **Saturday**: 12:00pm, 5:30pm

Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

To sign up for one of our open Adoration time slots above, please go to http://sainttheresa.letusadore.com or come by the parish office.

News Around the Diocese

English & Citizenship Class in Sterling—Catholic Charities is offering English & Citizenship courses for adults at Christ the Redeemer Catholic Church in Sterling, VA. Classes start November 13, 2025. Days: Tuesday & Thursday Time: 7:30-9:30 p.m. Cost: English: \$80; Citizenship: \$125 Register using the OR code & the office will call you for testing. Spanish: Caridades Católicas ofrece cursos de inglés y ciudadanía para adultos en la iglesia Cristo Redentor en Sterling, VA. Las clases comienzan el 13 de noviembre de 2025. Días: martes y jueves. Horario: 7:30-9:30 p. m. Costo: inglés: 80 \$; ciudadanía: 125 \$. Inscríbase utilizando el código

OR v la oficina le llamará para hacer una cita. Late Registration closes December 18, 2025.

St. Paul VI Catholic High School is now accepting applications for the Class of 2030. The application deadline for incoming freshmen is **Monday. December 15**, 2025. In addition to the application, students must schedule a Visit Day, and parents must attend an Admissions Panel. More information, including application steps and scheduling links, can be found on our application website. If parents have any questions, they can reach out to our Enrollment Management team at admissions@paulvi.net.

John Paul Application Deadline -Monday, December 15th—Calling all 8th graders - John Paul's Priority Application Deadline is December 15th! If you are interested in applying to Saint John Paul the Great Catholic High School, we encourage you to submit your application by our priority deadline - Monday, December 15th. Click here to start your application today! If you are interested in our tuition assistance opportunities (all tuition assistance applications due January 12th). please click on the following links: 1) Click here for Scholarship opportunities and 2) Click here for our Financial Aid application. Let us know if you have questions at 703-445-0246 or admissions@jpthegreat.org.

Men's Evening of Reflection-

Looking to grow in your relationship with Christ? This evening provides

reflection, prayer, and fellowship. Mass and opportunities for confession are also offered. Wednesday, December 17, 6:30-9pm; Divine Mercy University, 45154 Underwood Drive, Sterling. To register: rcmenssectionva@gmail.com

Private Retreats at Our Lady of Bethesda!-Jan 22-25, 2026 (Women only); Feb 20-22, 2026 (Men & Women). Our Lady of Bethesda now offers Private Retreats! A unique opportunity, the Private Retreat allows your soul to explore your spiritual journey at a pace that suits your needs. It coincides with a preached retreat, offering the same access to the sacraments, meals and our facilities, while giving you the flexibility of a private, self-directed experience. Cost is \$276 per person. Advance Registration is required. Don't wait, sign up now and embrace this sacred time to nurture your unique soul and strengthen your faith. Visit our website to register and to find more dates at ourladyofbethesda.org. Or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

Three to Get Married Marriage Prep in 2026: Jan 15-18 (In-Person); Jan 29-Feb 1 (In-Person); Feb 26-Mar 1 (Virtual)—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Find more information on the website ourladvofbethesda.org.

Finding Jesus with St. Therese of Lisieux-Women's Silent Retreat-St. Therese is a magnificent manifestation of "the Feminine Genius" and a "Wise Woman" in the fullest sense of the words. Pope St. Pius X called her "the Greatest Saint of Modern Times" before Pope St. John Paul the Great declared her a Universal Doctor of the Church. Join Fr. John Riley at the Arlington Diocese's San Damiano Retreat Center in White Post, Virginia to

Catholic formation with spiritual talks, read, pray, and rest with Jesus as we consider her great autobiography. Story of a Soul. This retreat begins at 6 pm Friday January 23rd and concludes Sunday January 25th at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Father John Riley at: retreat@sacredheartwinchester.org or visit our website at www.arlingtondiocese.org/retreat

> Praving with the Saints: Married Couples' Retreat—Retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. Join Father Stephen Vaccaro and Father Ed Guilloux as they team up to lead a retreat for Married Couples. With conferences on the lives and teachings of great saints, they'll help couples to incorporate a deeper spiritual life into their vocations. This retreat begins at 6 pm Friday February 13th and concludes Sunday February 15th at **noon**. Retreat cost is \$499, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org. Visit our website at www.arlingtondiocese.org/retreat for more information about San Damiano and retreats being offered in the months ahead.

> Marriage Workshop: Strengthening Your Love Marriage Renewal Work**shop—Feb 14-15, 2026**: Our Lady of Bethesda, Bethesda, MD; Apr 18-19, 2026: St. John the Evangelist, 689 Ritchie Highway, Severna Park, MD The "Strengthening Your Love Marriage Workshop" is a Christ-centered weekend offering practical tools to foster effective communication and deeper emotional closeness in your marriage. An expert team of Catholic psychologists, therapists, and priests will present throughout the weekend and be available for individual consultation upon request. Please note: This is not an overnight program. Cost: \$650 per couple. Registration is required and seating is limited. Visit www.ourladyofbethesda.org for details and to register.

Worship & Meditation

Readings for the week of December 14, 2025

Sunday:

Is 35:1-6a, 10/Ps 146:6-7, 8-9, 9-10 (see Is 35:4)/Jas 5:7-10/Mt 11:2-11

Monday:

Nm 24:2-7, 15-17a/Ps 25:4-5ab, 6 and 7bc, 8-9/Mt 21:23-27

Tuesday:

Zep 3:1-2, 9-13/Ps 34:2-3, 6-7, 17-18, 19 and 23/Mt 21:28-32

Wednesday:

Gn 49:2, 8-10/Ps 72:1-2, 3-4ab, 7-8, 17/ Mt 1:1-17

Thursday:

Jer 23:5-8/Ps 72:1-2, 12-13, 18-19/ Mt 1:18-25

Friday:

Jgs 13:2-7, 24-25a/Ps 71:3-4a, 5-6ab, 16-17/Lk 1:5-25

Saturday:

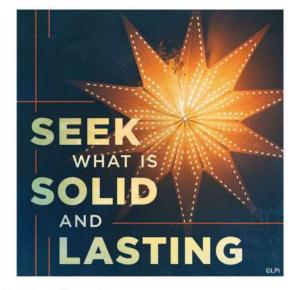
Is 7:10-14/Ps 24:1-2, 3-4ab, 5-6/ Lk 1:26-38

Next Sunday:

Is 7:10-14/Ps 24:1-2, 3-4, 5-6 (7c, 10b)/ Rom 1:1-7/Mt 1:18-24



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Gospel Meditation

Encourage Deeper Understanding of Scripture

When I was 11, I was riding my bike on a Friday night in Scottsdale, Arizona. I saw giant spotlights swirling in the sky. Something amazing had to be happening. I pedaled after them with excitement. Sweaty and tired, I arrived, only to find a used car lot. Bright lights, flapping banners, inflatable balloon men swaying wildly in the wind. I stood there, heart sinking. All that spectacle, and all my effort ... for this?

As life proceeds, we learn what it is like to pursue promising but fruitless searches. This week we hear Jesus ask the crowds regarding John the Baptist: "What did you go out to the desert to see? A reed swayed by the wind?" (Matthew 11:7). He's not just describing the crowd's mis-aimed pursuit. He's naming our tendency to chase after what's flashy but flimsy.

What are our swaying reeds? For me, it is endless video reels on my phone, worldly pleasures, entertainment in sports, and the good opinion of others. Inflated distractions that bend whichever way the wind blows. But they can't satisfy my soul. What are your flimsy reeds?

John the Baptist wasn't a swaying reed. He was rooted, grounded, unafraid to speak the solid truth. The people went to see him because, deep down, they were starving for something real.

This Advent, the Church asks us to reassess: What are we really looking for? Are we chasing the dazzling but hollow? Or are we seeking what is solid and lasting — that which points to Christ?

- Father John Muir

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287 Office Manager: Christine Young, 703.729.2287 Business Manager: Angelita Lupetaliaami, 703.729.2287 Facilities Coordinator: Tom Balint, 703.729.2287 Outreach Coordinator: Myriam Perez, 703.729.2334 Website: www.sainttheresaparish.com Email: office@sainttheresaparish.com

Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714 Youth Activities: Paul Dwyer, 703.729.0426 Secretary: Connie Gilligan, 703.729.3714 Robin Kasban, 703.729.3714 Secretary: Email: reoffice@sainttheresaparish.com Fax:

703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577 Audrey Allman, 703.729.3577 Assistant Principal: Lisa Ralston, 703.729.3577 Admin Asst: Receptionist: Christa Turpin, 703,729,3577 Website: www.stsashburn.com Email: schooloffice@stsashburn.com Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at 7pm (note the time change) in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The priest must be contacted at least six (6) months prior to the wedding date.

Visit the Parish Website under Faith, Sacraments, Marriage and fill out the Marriage Preparation Ouestionnaire prior to contacting the Parish Office. A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit www.saintttheresaparish.com

Thank you to all who donated trees, wreaths and baskets, volunteered or participated in the Festival of Trees! Special thanks to Cathy Branly for coordinating this wonderful event. Update on proceeds will be in a future bulletin. God bless you all!

Did you know? 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website http://www.sainttheresaparish.com and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist these families. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Friends in Need-Provides meals on a short- term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer or if you or a loved one need of help with meals.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703-431-8670 or email her at clewis825@gmail.com.

Bed Ministry—volunteers with trucks or Large SUVS needed especially! Great to do this with your teenager

too! We have had an increase in bed requests.

It's rewarding to assist families in need. Consider taking a short time out of your day to bring some light into another's life. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571-439-0364 or beds@sainttheresaparish.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2334 or dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.

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www.greensunlandscapes.com I'm here to help you bundle your home & auto

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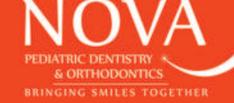


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