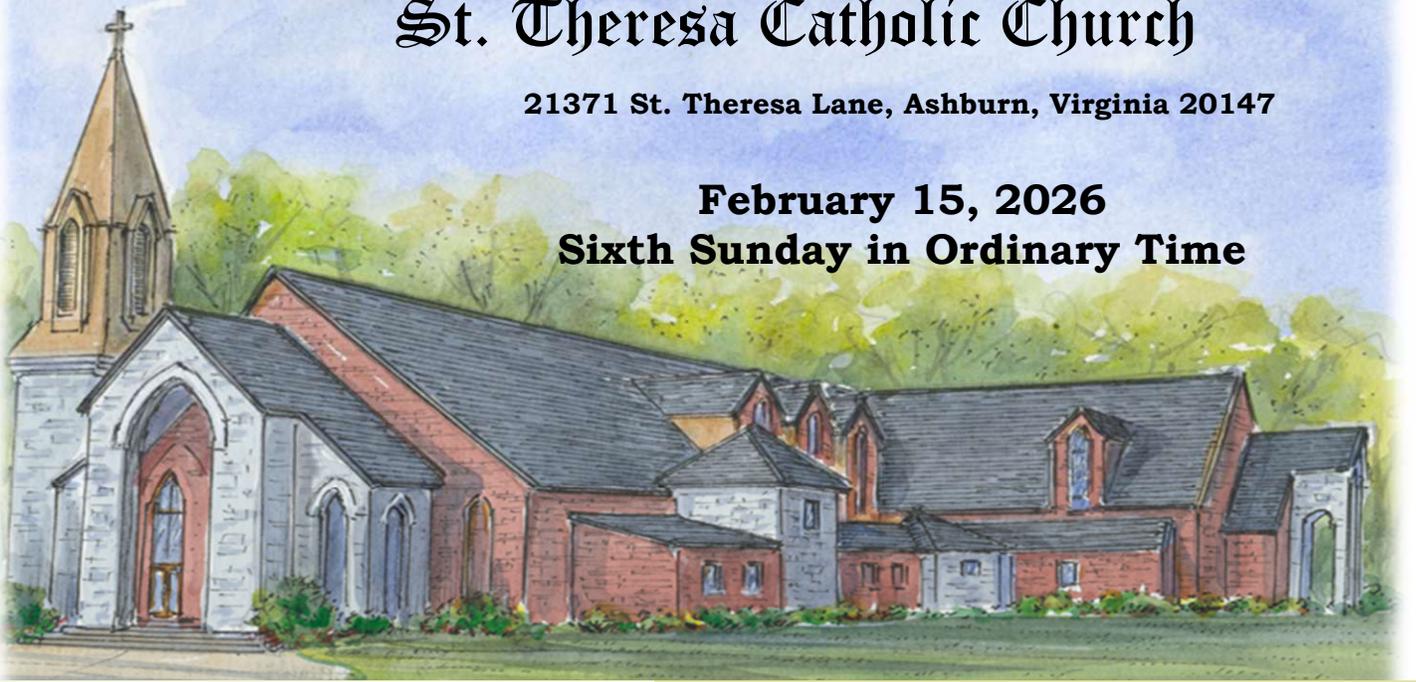


# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**February 15, 2026**  
**Sixth Sunday in Ordinary Time**



## *Masses for the Week*

<b>Mon, Feb 16</b>	6:15— Leonard & Mary Catherine Stevens+ 8:30— Steven M, Hockenbury
<b>Tues, Feb 17</b>	6:15— Nader Tashakkori+ 8:30— Thanksgiving to God
<b>Wed, Feb 18</b>	6:15— Elizabeth Alexander 8:30— Parents & Grandparents+ of Nguyen Family 12:15— Patricia Kollapallil 4:30— Henry Charbaoui+ 7:00— Celinda Sebastiana Almonte Ponce+
<b>Thurs, Feb 19</b>	6:15— Ann Marie Hempler+ 8:30— Shiny Alexander
<b>Fri, Feb 20</b>	6:15— Leonard & Mary Catherine Stevens+ 8:30— Dave Rush
<b>Sat, Feb 21</b>	8:30— Kim-Mai Ryan 5:30— Joseph & Agnes McLaine and Family+
<b>Sun, Feb 22</b>	7:30— Donna Muller 8:45— St. Theresa Parishioners 10:30— Go Chu+ 12:30— Catholic Charities Volunteers 5:00— Gary Krichbaum

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

**\*\*Federal Holidays—6:15 and 8:30am Masses only**

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Reverend Matthew J. DeForest, In Residence  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette

**Prayers For The Sick:** Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow, Patricia Fuechslin.

**Prayers For Our Military:** Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson.

## Does God Have a Sense of Humor?

Humor is an essential part of what it means to be a human being. Aristotle noted that humor is one of the features that distinguishes man from animals. Now, it's difficult to imagine how a sense of humor could have developed through purely natural means. Humor has no obvious survival value. How did it originate? The fact that certain things cause us to break out in spontaneous laughter indicates, not blind evolution, but some meaningful design. It seems like humor must have come from God himself, which raises the age-old question—does God have a sense of humor?

St. Thomas Aquinas once wrote that, in his divinity, God does not have a sense of humor in the same way that human beings do. However, this need not be a source of disappointment for us, because God has something even better. God created humor, laughter, and playfulness because these traits are faint images or distant echoes of the goodness and joy which exist within the Trinity itself. In other words, God could put a sense of humor into man, only because God first had something like humor within his very being.

Whatever we might say about God in His transcendent divinity, we can be almost certain that Jesus had a sense of humor like our own. The Catechism tells us that Jesus was “like us in all things but sin” (CCC, 467). And since humor is not sinful, Jesus must have had a sense of humor too. There's evidence that Jesus spoke in puns, on more than one occasion. He once called the Pharisees “blind guides, who strain out the gnat [Aramaic, galma] and swallow the camel [Aramaic, gamla]!” (Mt 23:34). It's easy to imagine bystanders at that moment fighting hard to restrain their laughter!

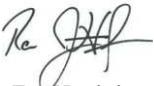
The Bible shows us some other snippets of divine humor. We're told “there is a time to weep, and a time to laugh” (Eccl 3:4). That those who weep, “will laugh” (Lk 6:21). In Genesis, God told 100-year-old Abraham and 90-year-old Sarah that they would have a child. Both laughed, in response. (Gn 17:17; 18: 11-15). God then instructed them to name their son “Isaac,” which is Hebrew for “he laughs”—presumably so that God himself could have the last laugh!

Pope Benedict XVI once said, “I believe God has a great sense of humor. Sometimes he gives you something like a nudge and says, ‘Don't take yourself so seriously!’ Humor is in fact an essential element of the ‘mirth of creation.’ We can see how, in many matters in our lives, God wants to prod us into taking things a bit more lightly.”

Those most in touch with “the mirth of creation” are children. Children, on average, laugh over 300 times a day, while adults on average laugh only about 15 times a day. Perhaps this is one reason Jesus told us that “unless you become like children, you will never enter the kingdom of heaven” (Mt 18:3). Doesn't it ring true that the habitual joy of children is more like God than the habitual anxiety of adults?

Does God have a sense of humor? It's a topic of speculative theology, but we can be sure of this—God calls us to share in His joy. Let's pray that he may one day say to us, “Well done, good and faithful servant. Enter into the joy of your Father's kingdom” (Mt 25:21).

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### *Note regarding Ash Wednesday*

***Please make note we have changed the Vigil Mass for Ash Wednesday to 7pm.***

### **Wanting to hear Fr. Hudgins' homilies?**

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

**Status of Adult Children of Parishioners** -- Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.



### Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship

with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

### Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God’s blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

### Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at [legionof-marysttheresa@gmail.com](mailto:legionof-marysttheresa@gmail.com) or scan the QR code to send us your prayer request.



## Youth Education and News



[ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com)

### February

Sun, 15th-Upper Room Squad, 6-8pm

Sat, 21st - High School Line Dancing, 7-9:15pm - St. Theresa Cafeteria

Sun, 22nd - Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 23rd - Food Sort by Expiration Dates, 7-8:30pm

Tues, 24th - Load food for transport, 6:15p-7pm

### March

Sun, 1st-Upper Room Squad, 6-8pm - Showing the Movie 'TRICKED' as part of the Protecting Our Children efforts of the Diocese of Arlington - see below for more detailed information

Sun, 8th-Upper Room Squad, 6-8pm

Tues, 10th-WorkCamp Prep Meeting, 7-8:30 pm - St Zelig Martin Room 2&3

Sat, 14th-High School Line Dancing, 7-9:15pm - St. Theresa Cafeteria

Sun, 15th-Upper Room Squad, 6-8pm

Sun, 22nd - Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 23rd - Food Sort by Expiration Dates, 7-8:30pm

Tues, 24th - Load food for transport, 6:15p-7pm

**Tricked** - A video-based safe-training program that explores the dangerous realities of sexual trafficking. Upper Room Squad will be showing the movie 'Tricked: Inside the World of Teen Sex Trafficking' on Sunday, March 1st at 6pm in the school cafeteria. This is a part of the Youth Training Program established by the Diocese. While parents are the primary educators and caregivers of youth, the Diocese of Arlington enjoys the privilege of sharing in that ministry, in the world we live in today, youth too often are alone and unprepared for the dangers presented. This movie will help students understand and spot the scouting and manipulating techniques that are commonly used by traffickers. Using testimony from survivors of sex trafficking, as well as insider information from a former trafficker, they talk about how to avoid susceptible behaviors. They also provide insights on how to get help if students or their friends get trapped in this terrible situation. To get more information on the program just visit the Arlington Diocese webpage under 'Protecting our Children', follow the 'Youth Training Programs' tab, <https://www.arlingtondiocese.org/child-protection/youth-training-programs/>. (the make-up date will be Tuesday, March 3rd at 6pm in the school cafeteria)

**NVJCYO Volleyball Registration is now open:** The St. Theresa CYO Volleyball program follows the guidelines

established by the NVJCYO. It is open to all female students currently enrolled in St. Theresa School in grades 3-8 or the St. Theresa Church Religious Education program in grades 3-8. The program is always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. Registration for the 2026 season opened on **February 1st, 2026**. You can register at <https://reg.sportspilot.com/106557>

Registration will close on February 28th, 2026. Cost is \$75 to join a team. Practices will begin in early March - by then teams should be formed (enough players registered and a coach identified). If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at [cyo@sainttheresaparish.com](mailto:cyo@sainttheresaparish.com).



Office Hours:  
Mon-Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.

# More Youth Education and News



**STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:**



- Presidents Day Holiday
- Ash Wednesday, Stations of the Cross
- Weekly Rosary Group
- Math Clubs (Grades 3-5 & Middle School)
- Battle of the Books
- Career Day

**Calling all St. Theresa Catholic School Alumni & Alumni Families!** We would love to hear from you, and add you to our Alumni & **Friends Newsletter** email list. Please send your news and contact information to [alumni@stsashburn.com](mailto:alumni@stsashburn.com)



**We are hiring - join our team!** St. Theresa Catholic School is accepting applications for the following positions: Cafeteria/ Recess Monitor and Extended Day Care Monitor. Please email [hr@saintthereparish.com](mailto:hr@saintthereparish.com) for additional information.

**Discover the Spirit of Learning at Saint Theresa Catholic School!** Join us for a personal tour and experience our vibrant community where faith meets education. Visit our classrooms, meet our dedicated staff, and see how we nurture young minds in a joyful, faith-filled environment. Request your tour today and see firsthand what makes Saint Theresa Catholic School a special place for your child's education. To request a tour or to complete an application, visit our website, [www.stsashburn.com](http://www.stsashburn.com) (click "Admissions"). *We can't wait to welcome you!*

**Applications for new families opened on January 5th - apply now! Siblings of current students may apply now!**

# Adult Education and Spiritual Enrichment

**Young Adults**—Fr. Vaccaro is giving a mini-series of talks on Morality. **ACYA Speaker Series:** 2/23 - Moral Theology: Understanding Truth and Goodness Talks are 6:15-7:30pm in St. Theresa School Cafeteria. Pizza after!

**ACYA Bible Studies:** The ACYA Bible Study--Salvation history, through the lens of covenant. 2/18-Cancelled--Ash Wednesday 3/4-Adamic Covenant:The Fall (Part 2) Sessions held from 6:30 - 8pm at Barnes & Noble in One Loudoun on alternating Wednesdays. The study is designed so that anyone joining in partway through the year or missing sessions will be caught up. Contact [st.theresas.ya@gmail.com](mailto:st.theresas.ya@gmail.com) for more info.

**World Youth Day August 2027 -** Seoul, South Korea: Our next World Youth Day will be in Seoul, South Korea, in August 2027—a pilgrimage you don't want to miss! If you're interested in this life-changing experience, join us for an Interest Meeting on Monday, **February 16th**, at 7pm in the St. Louis Martin Room.

**Women's Discipleship Group**—Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30-10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for

the upcoming Sunday. On September 3, 2025 we will be starting the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

**That Man is You (TMIY)**—TMIY is preparing for an inspirational Lent, with reflective videos and great fellowship. If you are looking to strengthen your faith, become a better husband and father, and/or just get to know other men in the parish, we invite you to join us by using the following QR Code, or by contacting Jack Hayes at [jack.hayes422@aol.com](mailto:jack.hayes422@aol.com).



## News from our Parish

**Job Opportunity**—We are hiring - join our team! St. Theresa Catholic School is accepting applications for the following 2 part-time positions starting at \$16/hr: Cafeteria/Recess Monitor: M & Wed 11:30-1:30; Extended Day Care Monitor: M-F 2:30-5pm. Please contact the Principal, Danny Costa at hr@stsashburn.com for more info.

**Young At Heart (Over-50) Club**—We will meet on **Wednesday, Feb. 25** after the 12:15 Mass. Please join us in the Admin building for PIZZA, dessert and hot beverages, RSVP required, \$5 (\$8 for nonmembers.) We will have a fun trivia game. Annual dues (\$20) will be collected. New members are welcome! RSVP Freddie 703.625.5715 wallflower64@gmail.com

**Patricians**—We often hear, "God is everywhere, God knows my heart, why should I go to Church?" Let's discuss Why Worship at Church in the Patricians meeting that will take place on **Thursday, February 19**, at 7pm, in Louis Room in Parish Hall. A brief talk and then an opportunity for discussion will follow. Please email Maria Basu maria\_basu@yahoo.com or Jacqueline Biggio at jacbiggio@aol.com if you have any questions.

Originally formed in 1955, the Society of the Patricians was established to build up the religious knowledge of the people, to teach them how to explain themselves and to encourage them to apostleship.

**Lenten Soup Suppers**—Come and enjoy our Parish 2026 first Lenten Soup Supper this coming Friday, **February 20**. It will be hosted by members of the Legion of Mary from 6 to 7:15pm in the School Cafeteria. Everyone is invited. Come meet members of our Staff, your fellow Parishioners, enjoy the free meal, make new friends and give alms to the Poor. Proceed to the Friday Stations of the Cross after the Supper in the Church.

**GriefShare**—Starting, Wednesday, **February 25** thru May 27, from 7-9pm, St Theresa's will begin its first GriefShare program, a grief support group for people grieving the death of a loved one. No matter what the circumstances, grief is a painful process. GriefShare is a safe, welcoming place where people understand the difficult emotions of grief.

Over 13 weeks, you'll find relief and comfort as you learn what to expect in the days ahead and how to navigate your personal grief process. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way.

Topics include how to manage grief-related emotions such as loneliness, anxiety, sadness, anger, and regret; how to cope with the changes in your life and relationships; how to recognize what's normal in grief; and what to do if you feel stuck or hopeless..

At GriefShare you'll watch a weekly video with counsel and insights from respected grief experts and relatable personal stories—followed by a time of sharing and support. Session topics include what's normal in grief; how to handle difficult emotions; and what to do with regrets, questions, and worries.

For more information or to register for the GriefShare program visit. <https://find.griefshare.org/groups/287951/registrations/new> upon registering, participants will be required to purchase the GriefShare workbook, which is available for \$20.00.

**Red Cross Blood Drive**—Please consider supporting the American Red Cross at our next St. Theresa blood drive on **Thursday, February 26th** from 10am-3:15pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at [colleenhome87@gmail.com](mailto:colleenhome87@gmail.com) or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives. Thank you!!

**April Baptism Class**—Please take note, the April Baptism class will be the 3rd Thursday, **April 16th**.

## Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

**Sunday:** 12:30 & 7am; 4:30pm

**Monday:** 1:30am; 2, 3, 4, & 9:30pm

**Tuesday:** 1:30, 3, & 5pm

**Wednesday:** 7am; 12:30, 2, 3, & 4:30pm

**Thursday:** 12:30am; 3 & 10pm

**Friday:** 12, 8:30 & 11:30am; 3:30pm

**Saturday:** 11:30am; 2, 7, 8:30, 9:30, 10:30, & 11:30pm

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.



**Please Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.



## Knights of Columbus

### K of C Pancake Breakfast on Sunday, 15 February 2026:



The Knights of Columbus will be hosting a pancake breakfast on Sunday, 15 February in the St. Theresa school cafeteria. Stop by after the morning Masses or at any time between 8 am and 12 noon, and enjoy a delicious breakfast and the fellowship of our parish community with pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, breakfast potatoes, and tater tots, along with coffee, orange juice, and assorted Dunkin' Munchkins! Profits from this breakfast will benefit the Diocesan Work Camp.

You can purchase your Breakfast Tickets and make a donation in advance by using this QR code.

Adults: \$10,  
Children (ages 3–11): \$5,  
Children under 3: Free.  
Even if you're not able to attend, you can make a donation—every contribution helps!



**Fat Tuesday Happy Hour:** Please join the Knights of Columbus (KoC) Council and the members of That Man is You (TMIY) for a Fat Tuesday Happy Hour on Tuesday, 17 February 2026, from 5pm-7:30pm at Honor Brewing Company! Honor Brewing is located at 42604 Trade West Drive in Sterling, VA. This is our first joint Happy Hour between TMIY members and the KoC Council. Light appetizers will be served; drinks will be the responsibility of each person. Wives, significant others, and friends are welcome to attend as well! Please RSVP using the website/QR code below so that we have an accurate head count for the event.  
<https://www.signupgenius.com/go/8050D4CA8A928A4FF2-61934233-tmiy>



**Quarterly Coffee & Service Hour:** The Knights of Columbus are excited to announce the first Quarterly Coffee & Service Coffee Hour! We invite all military Veterans, active duty or reserve service members, and family members to join us at Blend Coffee

Bar on Saturday, March 14th at 1:00pm for coffee, connection and community. Our goal is to provide a space for fellowship and to show our appreciation for those who have served. Whether you are currently serving, have served in the past, or simply want to offer your support to our military and their families, please join us!

**Food Drive:** Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. We collected, sorted, and delivered 4,778 pounds of food last month. Your contributions and effort make this important program very successful.



Please keep up the generosity by taking a bag (or a flyer if bags are unavailable) on your way out and return it next weekend (February 21-22) with items on the attached flyer. Please, no expired items. The pantry is unable to distribute expired items. Thank you for your help and generosity.

NOTE: Since bags go quickly, the food list can be found at <https://www.st-louismartin-kofc.org/loudoun-food-pantry-2> or scan here:



**Dinner & Discussion:** Catholic Investing and Tax-Advantaged Charitable Giving: On Thursday, February 26th, there will be a free barbecue dinner and seminar catered by Rescue Barbeque, on the subject of Catholic Investing for Retirement and Tax-Advantaged Charitable Giving at St John the Apostle Parish in Leesburg, VA. Speakers include Peter de Keratry from the Diocese of Arlington, executives flying in from Knights of Colum-

bus headquarters in New Haven, Connecticut, and Soren Johnson from Trinity House. Registration is required. Scan the QR code to register or call 804.547.2373.



**Are you a parishioner in need of a home repair?** If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

**Foster Care Information Sessions:** Loudoun County's Department of Family Services (DFS) is holding foster care information sessions in early 2026:

- Wednesday, February 18, 6- 7:30pm
- Monday, March 16, 6-7:30pm

In these virtual information sessions, they will discuss: General information on foster care needs; Who is eligible to become a foster parent; The process of becoming a foster parent, including training requirements; and Support provided to foster parents by DFS. Attendance is free, but registration is required. Scan the QR code or visit [loudoun.gov/FosterCare](https://loudoun.gov/FosterCare) to register.



**Answer the Call to Serve.** Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



## News Around the Diocese

**In Christ, We Are One**—Thank you to everyone who participated in the BLA last weekend! If you haven't yet had a chance to make your gift, we still need your help. Every family matters in helping our parish reach goal. No gift is too small. Your participation supports vital ministries our parish depends on: seminarian formation, religious education, youth ministry, Catholic Charities, and more. Consider a monthly recurring gift to spread your generosity throughout the year. You can also give a one-time gift or pledge. Give today at [arlingtondiocese.org/bla](http://arlingtondiocese.org/bla) or scan the QR code:



Scan Me

**Three to Get Married Marriage Prep in 2026: Feb 26-Mar 1 (Virtual) Mar 12-15 (In-Person); Apr 23-26 (In-Person)**—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Website: [ourladyofbethesda.org](http://ourladyofbethesda.org).

**Lenten Vocational Discernment Retreat for Men February 19-21**—Start your Lent off spending some quite time with the Lord. Fr. Joseph Rampino will preach this silent retreat which is sponsored by the Office of Vocations for men ages 18-35. Cost is \$150 and includes overnights and all meals. Retreat starts Friday at 6:30 p.m. and concludes Sunday after lunch. For more information or to register, contact Fr. Noah Morey at 703.841.2514 or [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org). Deadline to register is Monday February 9. There is a similar retreat for women June 19-21.

**Lenten Retreats for Men—Feb 20-22 (Fri-Sun) or Mar 26-29 (Thu-Sun)** Enter into Lent with a weekend of silence, prayer, and guided meditation rooted in the Ignatian Spiritual Exercises. Retreats will be offered on Feb 20-22, 2026 and Mar 26-29, 2026. Cost to attend this preached retreat: \$368 per person for the Fri-Sun re-

trepreneur, \$424 for the Thu-Sun retreat. For those seeking solitude and self-directed prayer, the private retreat option is available: \$276 per person. Find more details on our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Bethesda, MD 20187.

**God Chose You for Me: A Day Long Enrichment for Married Couples**—Come join us on Saturday **February 28th** from 8am-4pm for an immersive journey that reveals the spirituality within the Sacrament of Matrimony. Couples will create a personal couple prayer that can become a part of their daily prayer life. The day will include a blend of theological reflection, storytelling, and guided prayer to help couples discover the sacredness of desire, love, and commitment in marriage. A light breakfast and lunch will be provided. Cost: \$125 per couple. Location: St John the Evangelist Catholic Church in Warrenton VA. To register: contact Ron and Pam Bishop at 571.344.1313 or [Ron.Pam.Bishop@wwme.org](mailto:Ron.Pam.Bishop@wwme.org) or visit: <https://renewmarriage-vanorth.org/enrichment.php>

**Save-the-Date - John Paul the Great Open House on March 5th**—Planning for high school? Join us at John Paul the Great for a special Preview Open House for younger students on Thursday, March 5th from 4:00-5:30 PM! Learn more about our rigorous college-preparatory curriculum, competitive athletics, inspiring visual and performing arts, and abundant extracurricular opportunities! Click here to register!

**The Mystery of Christ's Death & Resurrection—Women's Retreat**—Gather at the midpoint of Lent and retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. Join Msgr Mangan from Mt. St. Mary Seminary as we renew our sorrow for our sins, and we express our gratitude to God for the new life that comes to us through the Mystery of Christ's Death and Resurrection. We will listen to His Holy Word, and we will participate in His grace-filled Sacraments. This retreat begins at 6 pm Friday **March 13th and concludes Sunday March 15th** at noon. Retreat cost is \$299, and financial assistance may be available. For fur-

ther information, please contact Deacon Mark Maines at: [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org). Visit our website at [www.arlingtondiocese.org/retreat](http://www.arlingtondiocese.org/retreat) for more information about San Damiano and retreats being offered in the months ahead.

**Ladies, do you desire to live in greater freedom?** Are you longing for an authentic encounter with your true feminine identity? **Join us for the Undone Women's Conference**—Undone: Freedom for the Feminine Heart will be held at St. Mary's Church, 7301 Annapolis Rd., Landover, MD on **March 26-28, 2026**. (Thursday, March 26 and Friday, March 27, 6:00 pm to 10:00 pm and Saturday, March 29, 9:00 am to 4:00 pm). This event is being offered in person OR virtually via livestream! Register online for either experience at [www.jpilhealingcenter.org](http://www.jpilhealingcenter.org). Scholarships, student and missionary discounts available. Contact [JPiIRetreatDMV@gmail.com](mailto:JPiIRetreatDMV@gmail.com) for more information.

**Supporting the Cloistered Dominican Nuns of St. Dominic's Monastery, Linden, VA, March 15, 2026**—The Benefit is our annual fundraising dinner (reception, dinner and auction). As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and they are building a Chapel at the Monastery. The benefit will be Sunday, March 15, 2026 from 5:00 pm to 8:00 pm at the Westwood Country Club, 800 Maple Avenue East, Vienna, Virginia. Seating is limited. RSVP by March 6, 2026. Tickets are \$250 each by Feb 27 and \$300 each after Feb.28. Table sponsorships are available, starting at \$2,500 for 10. Cocktail attire. Please send a check payable to Friends of St. Dominic's Monastery, 508 N. Payne Street, Alexandria, VA 22314, or to purchase tickets online through Parish Soft, follow link to be taken to the registration page <https://forms.ministryforms.net/embed.aspx?formId=b2af3583-f195-4ee0-a7a9-b3167a9acce5> For more info, please contact: [friendsofstdominicsmonastery@gmail.com](mailto:friendsofstdominicsmonastery@gmail.com)

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Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Myriam Perez, 703.729.2334  
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Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
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Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Robin Kasban, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

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Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Christa Turpin, 703.729.3577  
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Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
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## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months** prior to filling out the Marriage Preparation Questionnaire. A priest will contact you.

## OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

**Little Flower Consignment Sale-March 7th**—Consign, volunteer, shop or donate items. Proceeds go to families in need through Divine Mercy Outreach. For more info go to [www.littleflowerconsignments.org](http://www.littleflowerconsignments.org).

Do you have children's items to donate if you don't want to consign? Contact Jean Nowakowski at [john.jean90@verizon.net](mailto:john.jean90@verizon.net)

**Raffle Announcement**—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2026 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Maverick Truck (Hybrid) and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$42,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next weeks. Please consider selling/purchasing the tickets mailed to you. \$29,000 was raised last year to help us assist families.

**Did you know?**—We continue to receive requests for assistance with rent, utilities, beds, car repairs. Your donation make a difference in the

lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances.

Donations accepted online, or by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping to bring Christ's love to others of need.

**Do you have furniture items to donate?**— Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or [mebroderick1@gmail.com](mailto:mebroderick1@gmail.com)

**Bed Ministry**—volunteers with trucks or Large SUVs needed especially! Great to do this with your teenager too! We have had an increase in bed requests. We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping contact Bea Craig at 571.439.0364 or

[beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com)

**Friends in Need**—Provides meals on a short-term basis for families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family... Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you know someone in need of help with meals.

**The Visitation Ministry**—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Looking for more ways help?** Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)

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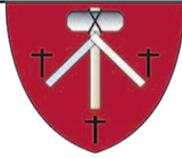
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