

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

March 1, 2026
Second Sunday of Lent



Masses for the Week

Mon, March 2	6:15— Laurie Baron 8:30— Joseph A. Wynne+ 12:15— Fred & Marianne Wall+
Tues, March 3	6:15— John Bird+ 8:30— M. Chacko+
Wed, March 4	6:15— Fr. John O'Farrell 8:30— Edward Pozniak+ 12:15— Francis Tabash+
Thurs, March 5	6:15— John B. Clarke+ 8:30— Mr. Daniel J. Price+
Fri, March 6	6:15— Cheryl Marie Robertson+ 8:30— Justin Family Tree 12:15— Hannah Lalljie
Sat, March 7	8:30— Patty Mahan & Family 5:30— John Ryan McLaine and Family
Sun, March 8	7:30— Fred Parker+ 8:45— Thantt Mai 10:30— Nathan Lowry+ 12:30— Steven M. Hockenbury+ 5:00— St. Theresa Parishioners

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Reverend Matthew J. DeForest, In Residence
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For The Sick: Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow.

Prayers For Our Military: Joaquin Gabriel, Brady Carmical, Ify Nwabuoqu, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson.

Meet the Divine Physician

What exactly is Original Sin? Before we can answer that, let's first make a simple observation—everybody is unhappy. That's not to say that we do not have happy hours, days, and even weeks. That's not to say that everyone is clinically depressed. Rather, it's an observation clear to anyone who will admit it honestly—we are all, at some fundamental level, dissatisfied with the world and the current state of our lives. Fascinatingly enough, this has been the case in every age of human history. Someone once asked the priest St. John Vianney (1786-1859), "What have you learned from hearing so many confessions?" His answer: "That most people are much sadder than they seem."

Our minds are hungry for truth and want it in great waves. But if we find truth at all, it seems to come only in small doses and tiny drops. Our hearts hunger for genuine love and goodness. But if we find it at all—we find it in mere drips and drabs. We seem to know exactly what we "ought" to do, and just the sort or person we "ought" to be, and yet we seem fundamentally incapable of accomplishing it. Something in us just seems to be "broken." We fall short, despite repeated efforts. This is especially true in those who appear to have it "all together." Scratch the surface of their lives, and they will admit to harboring oceans of discontent in their hearts.

To make matters worse, in our most honest moments, we will admit that there's nothing we can do to "fix" ourselves. Our minds are prejudiced, inclined to quick anger, selfishness and harsh judgment—and we are incapable of thinking them back into health. Our wills are weak. We do the evil we do not wish to do. We fail to do the good we wish to do—and we can't "wish" ourselves strong again. All of us—without a single exception—are a mess.


This is not a popular idea. It's a difficult idea for most people to accept. Within the mythology of America is a spirit of relentless optimism and an indomitable "can-do" attitude. Our nation was born in Enlightenment rationalism, and confidence in the future. Curiously though—whenever we try to lift ourselves up out of our fundamental weakness, we fail. Often, we just make matters worse. History has shown countless examples of unhappy masses of humanity who seek their betterment by turning to a demagogue, dictator, or strong-man who promises the people that "all will be well" if only the government makes an economic or political change. Yet no matter who tries to bend society straight, society always has a way of bending itself out of shape once again.

What's Original Sin? It's this very condition. Original Sin is an alienation from God, inherited from our first ancestors, by which we lack the grace and the confidence in God's goodness which we need to live as we ought. Original Sin means that our relationship with God is broken. It means that our souls are disordered. And because we will not surrender ourselves to the will of the Heavenly Father, we seek fulfillment where it cannot be found. That's why we're so unhappy.

However, we're not without hope. Even though we're all broken, we're still fundamentally good, because we're made in the image and likeness of God. He can still fix us. And the more we fail to find fulfillment in the things of the world, the more we consider the possibility that God alone offers what we lack. When we search for him sincerely, we find him, and we discover that he provides what we're missing.

One of the most important spiritual tasks in the season of Lent is to rekindle our awareness that we are sinners, and to acknowledge that we need a Savior—someone apart from ourselves who comes to our rescue. "Those who are healthy do not need a physician," Jesus once said, "but the sick do." Do you feel unhappy? Let that become a springboard to turn more sincerely to God than ever before. We cannot heal deep brokenness and dissatisfaction—until we meet the Divine Physician.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Parish Lenten Activities

Lenten Soup Suppers

6 – 7:10pm in School Cafeteria

March 6– No Lenten Dinner due to Consignment Sale

March 13 – Walking With Purpose

March 20 - Ladies of the Parish

March 27 - Knights of Columbus

*Donations will be given to charity

Daily Mass Times

6:15 & 8:30am

12:15pm Mondays & Wednesdays

Confession Times

Wednesdays 9:00am & 6:30pm

Saturdays 4:00pm

(All until the line ends)

Vespers & Stations of the Cross

Every Friday during Lent:

Vespers at 7:15pm &

Stations of the Cross at 7:30pm

First Friday Mass Times –

March 6

6:15 & 8:30am and 12:15pm

Pancake Breakfast – March 15

After 7:30, 8:45 & 10:30am Masses



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship

with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God’s blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionof-marysttheresa@gmail.com or scan the QR code to send us your prayer request.



Youth Education and News



ymoffice@sainttheresaparish.com

March

Sun, 1st-Upper Room Squad, 6-8pm – Showing the Movie ‘TRICKED’ as part of the Protecting Our Children efforts of the Diocese of Arlington – see below for more detailed information

Sun, 8th-Upper Room Squad, 6-8pm

Tues, 10th-WorkCamp Prep Meeting, 7-8:30 pm – St Zelig Martin Room 2&3

Sat, 14th-High School Line Dancing, 7-9:15pm – St. Theresa Cafeteria

Sun, 15th-Upper Room Squad, 6-8pm

Sun, 22nd - Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 23rd - Food Sort by Expiration Dates, 7-8:30pm

Tues, 24th - Load food for transport, 6:15p-7pm

Tricked – A video-based safe-training program that explores the dangerous realities of sexual trafficking. Upper Room Squad will be showing the movie ‘Tricked: Inside the World of Teen Sex Trafficking’ on Sunday, March 1st at 6pm in the school cafeteria. This is a part of the Youth Training Program established by the Diocese. While parents are the primary educators and caregivers of youth, the Diocese of Arlington enjoys the privilege of sharing in that ministry, in the world we live in today, youth too often are alone and unprepared for the dangers presented. This movie will help students under-

stand and spot the scouting and manipulating techniques that are commonly used by traffickers. Using testimony from survivors of sex trafficking, as well as insider information from a former trafficker, they talk about how to avoid susceptible behaviors. They also provide insights on how to get help if students or their friends get trapped in this terrible situation. To get more information on the program just visit the Arlington Diocese webpage under ‘Protecting our Children’, follow the ‘Youth Training Programs’ tab, <https://www.arlingtondiocese.org/child-protection/youth-training-programs/>. (the make-up date will be Tuesday, March 3rd at 6pm in the school cafeteria)

St. Theresa CYO Thunder Runners

Registration: St. Theresa Thunder Runners, CYO Track & Field program is open to parishioners in grades 4th - 8th. The season will begin in mid March, and ends in mid to late May. We will participate in a track meet as a team on Saturday, May 16th at Bishop O’Connell. Cross Country is not offered in the Spring – just the Fall season. Practices will be on Tuesdays and Fridays from 3pm until 4:30pm, starting on March 17th. There are some days practices will be held at 1:30 or 11:30 if St. Theresa school has an early dismissal. Cost of the program is \$70 per child. Registration will open on March 5, 2026, at 7pm. The first 35 registrations will be accepted; once registration is full the program will be closed. Once registra-

tion is closed and you are not able to register, please email Katie Lipresti at katielipresti@gmail.com to be put on a waitlist. All levels of runners welcome - this season will have a focus on running drills and mechanics and strength training. Please contact Coach Katie Lipresti at katielipresti@gmail.com if you have any questions.

Participation in the program is a privilege and conduct by an athlete or parent that is in violation of the CYO Code of Conduct or School Dress Code will result in removal from the team. This will be at the discretion of the Thunder Runners Coaches and CYO Administration. The same dress code that exists for the school will be in place for the program since we are on school grounds – appropriate shoes for track and appropriate shorts.

You can register at <https://reg.sportspilot.com/106557> once the **link is opened on March 5 at 7pm.**



Office Hours:
Mon–Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa’s children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

More Youth Education and News



Creating Valentines for the Sisters, Servants of the Immaculate Heart of Mary

The **STCS Annual PTO Auction, "All In - A Casino Experience" is on Friday, May 1, 2026.** The Auction Committee is seeking support from parents, alumni families, and parishion-



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com



ers to make this event a success. **Kindly consider donating gift cards or tickets for experiences, including dining, games, concerts,**

and more! Further information and donation forms can be found on our school website, www.stsashburn.com. **THANK YOU!**

STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:

- Thunder Book Blast
- PTO Family Movie Meet-up
- PTO Book Discussion, "The Anxious Generation"
- Virtus Training at St. Theresa
- Career Day
- Stations of the Cross
- Weekly Rosary Group
- Math Clubs (Grades 3-5 & Middle School)
- After School Clubs sign-ups

Save the Date for the Diocesan Job Fair! Please join us on **Saturday, March 21, 9:00-11:00am** at St. Bernadette Catholic School in Springfield to learn more about teaching in the Arlington Diocese. Visit www.arlingtondiocese.org to register and find more details.

We are hiring - join our team! St. Theresa Catholic School is accepting applications for the following positions: Cafeteria/Recess Monitor and Extended Day Care Monitor. Please email hr@saintthereeparish.com for additional information.

Discover the Spirit of Learning at Saint Theresa Catholic School! Join us for a personal tour and experience our vibrant community where faith meets education. Visit our classrooms, meet our dedicated staff, and see how we nurture young minds in a joyful, faith-filled environment. Request your tour today and see firsthand what makes Saint Theresa Catholic School a special place for your child's education. To request a tour or to complete an application, visit our website, www.stsashburn.com (click "Admissions"). *We can't wait to welcome you!*

Adult Education and Spiritual Enrichment

Young Adults—

ACYA Bible Studies:

The ACYA Bible Study--Salvation history, through the lens of covenant. 3/4-Adamic Covenant:The Fall (Part 2) 3/18 - Noachic Covenant Sessions held from 6:30 - 8pm at Barnes & Noble in One Loudoun on alternating Wednesdays. The study is designed so that anyone joining in partway through the year or missing sessions will be caught up. Contact st.theresas.ya@gmail.com for more info.

Women's Discipleship Group—

Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30-10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we will be starting the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For

more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—TMIY is enjoying a reflective Lent with strong camaraderie and fellowship. If you are looking to strengthen your faith, become a better husband and father, and/or just get to know other men in the parish, we invite you to join us by using the following QR Code, or by contacting Jack Hayes at jack.hayes422@aol.com.



Upcoming Early Bulletin Deadlines

Due to the upcoming Holy Week and Easter schedules, please make note of these early deadlines

March 29 bulletin--due by Tuesday, March 17, 12noon

April 5 bulletin--due by Tuesday, March 24, 12noon

News from our Parish

St. Theresa Parish VBS 2026—The Great Journey with Jesus Through the Church Year. Save the Date: **June 22th - 26th**; Ages: 4 yr. olds through rising 5th graders; Hours: 9:15am to 12:15pm. Online Registration begins **Monday, March 2nd!** We expect to fill up quickly - registration will close once we reach capacity. See the parish website for more details and the registration link. For volunteer information/questions, email Christine Brooks at christinenkids@gmail.com

Job Opportunity—We are hiring - join our team! St. Theresa Catholic School is accepting applications for the following 2 part-time positions starting at \$16/hr: Cafeteria/Recess Monitor: M & Wed 11:30-1:30; Extended Day Care Monitor: M-F 2:30-5pm. Please contact the Principal, Danny Costa at hr@stsashburn.com for more info.

Lenten Soup Suppers—NO SOUP SUPPER this **Friday March 6**. The Cafeteria is being used to set up for the CONSIGNMENT SALE. Come on Saturday March 7 to enjoy a great sale. Our thanks to Staff members of our Parish Office, RE Office, School Office and EEMs for preparing last Friday's Supper and for graciously hosting it.

The 2026 Mass Intention Book—Second Half will be opened on **Tues-**

day, March 10th, at 9:30am. For those requesting multiple Masses for the year, **you can request 2 per week and only on Tuesdays and Thursdays.** If you are requesting just one Mass you may come any day of the week.

You(th) vs Hunger Sign Ups—This year's You(th) vs Hunger food packing event will be in the St. Theresa School gym on **Saturday, March 28.** We will be packing 50,000 meals this year and will send them overseas to the poorest of the poor. **Sign ups will open on Sunday, March 1 at 9pm.** Sign up here: <https://youthvshunger.wordpress.com/sign-ups/> or email Rachel Revelle at rmrevelle@gmail.com

VIRTUS training at St. Theresa—St. Theresa Parish will be hosting the mandatory VIRTUS training for those who still haven't attended a session on **Saturday, March 14th** at 9am, located in the Admin Bldg in Zelig rooms 2 and 3. Please arrive early as doors will be locked by 9am. Please go to www.virtus.org to register and sign up. Seating is limited.

Save the Date for the Diocesan Job Fair! Please join us on Saturday, **March 21**, 9-11am at St. Bernadette Catholic School in Springfield to learn more about teaching in the Arlington

Diocese. Visit www.arlingtondiocese.org to register and find more details.

Donut Sunday—Please join us for Donut Sunday on **April 12th** from 8-12pm in the School Cafeteria following 7:30am, 8:45am and 10:30am mass. We will be serving: Donuts, Coffee, Juice, Bagels, Fruit, Muffins, Yogurt Parfaits, Croissants and much more! I am in need of volunteers and donations, please sign up if you can. <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint#/>

April Baptism Class—Please take note, the April Baptism class will be the 3rd Thursday, **April 16th.**

Attend a free Estate and Funeral Mass Planning Seminar – April 16, 2026—Creating a will is more than a legal task—it's a gift of peace and clarity to those you leave behind. This fall and winter, the Catholic Foundation of the Diocese of Arlington is offering free estate planning seminar at St. Theresa on Thursday, April 16, 2026 from 7-9 pm. Topics include how to prepare your will, funeral Mass planning, and how to leave a legacy of faith. Join us at location and time that works best for you. Register at catholicarlington.org/parishseminars or contact Samantha Donohue at 703.778.8600.

Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 12:30 & 7am; 4:30pm

Monday: 1:30am; 2, 3, 4, & 9:30pm

Tuesday: 1:30, 3, & 5pm

Wednesday: 7am; 12:30, 2, 3, & 4:30pm

Thursday: 12:30am; 3 & 10pm

Friday: 12, 8:30 & 11:30am; 3:30pm

Saturday: 11:30am; 2, 7, 8:30, 9:30, 10:30, & 11:30pm

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.



Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com



Knights of Columbus

Quarterly Coffee & Service Hour:

The Knights of Columbus are excited to announce the first Quarterly Coffee & Service Coffee Hour! We invite all military Veterans, active duty or reserve service members, and family members to join us at Blend Coffee Bar on Saturday, March 14th at 1:00pm for coffee, connection and community. Our goal is to provide a space for fellowship and to show our appreciation for those who have served. Whether you are currently serving, have served in the past, or simply want to offer your support to our military and their families, please join us!

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic

home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Foster Care Information Sessions:

Loudoun County's Department of Family Services (DFS) is holding foster care information sessions in early 2026:

- Monday, March 16, 6-7:30pm

In these virtual information sessions, they will discuss: General information on foster care needs; Who is eligible to become a foster parent; The process of becoming a foster parent, including

training requirements; and Support provided to foster parents by DFS. Attendance is free, but registration is required. Scan the QR code or visit loudoun.gov/FosterCare to register.



Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



Status of Adult Children of Parishioners -- Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

News Around the Diocese

Lent 2026—Walk with Christ this Lent with resources to guide your prayer, reflection, and acts of charity. From scripture challenges to practical tips for fasting and almsgiving, our tools are designed to help you grow closer to God and embrace the season of renewal with heart and soul. Visit arlingtondiocese.org/lent/ for resources like the Light is On, Examination of Conscience resources, courses on Porta Fidei, and more!

Catholic Diocese of Arlington Men's Conference 2026—All men of the Diocese of Arlington are invited to join us on **March 7th** at the 2026 Men's Conference. The day will feature talk by keynote speaker, Matthew Bunson, Mass with Bishop Burbidge, vendors, and a Q&A with the Bishop and Dr. Bunson. The Conference will be held at St. Joseph Catholic Church in Herndon, from 8:30am to 2:30pm. We

hope to see you there! <https://www.arlingtondiocese.org/event/men/>

Holy Hour for Vocations—Join the Serra Club of Arlington to pray for vocations. **Sunday, March 8, 2026, 1:45pm** (Following 12:30pm Mass) at St. Andrew the Apostle Catholic Church, 6720 Union Mill Road, Clifton, VA 20124-1115. Offered for the priesthood, consecrated life, and the perseverance of all vocations. The Serra Club of Arlington are lay Catholics of all ages and from all walks of life who promote vocations to the priesthood and consecrated life, support priests in their sacred ministry, and assist fellow members to recognize and respond in their own lives, to God's call to holiness in Jesus Christ and through the Holy Spirit. We invite you to join us! For more information, please visit serraclubarlington.org.

Faith, Hope and Courage—The Catholic Diocese of Arlington's Office of Marriage, Family and Respect Life and Council of Catholic Women invite all women of the Diocese to St. Joseph Catholic Church in Herndon on **March 14th** to celebrate the 2026 Women's Conference, titled Faith, Hope & Courage. This year's Conference, featuring keynotes by Helen Alvaré and Mary Stanford, will highlight the accomplishments and gifts of Catholic women past and present who have formed our great nation since its founding 250 years ago. The day will include these keynotes, Mass celebrated by our bishop the Most Rev. Michael F. Burbidge, lunch, and a Q&A with the Bishop and our two speakers. Vendors will also be present selling all kinds of gifts for yourself and your family. Register today at arlingtondiocese.org/women.

More News Around the Diocese

In Christ, We Are One—Thank you to everyone who has participated in the BLA! If you haven't yet had a chance to make your gift, we still need your help. Every family matters in helping our parish reach goal. No gift is too small. Your participation supports vital ministries our parish depends on: seminarian formation, religious education, youth ministry, Catholic Charities, and more. Consider a monthly recurring gift to spread your generosity throughout the year. You can also give a one-time gift or pledge. Give today at arlingtondiocese.org/bls or scan the QR code:



Scan Me

Save-the-Date - John Paul the Great Open House on March 5th—Planning for high school? Join us at John Paul the Great for a special Preview Open House for younger students on Thursday, March 5th from 4:00-5:30 PM! Learn more about our rigorous college-preparatory curriculum, competitive athletics, inspiring visual and performing arts, and abundant extracurricular opportunities! Click here to register!

Finding Meaning After Loss—Sacred Heart Counseling, a local faith-based therapy practice, is offering an 8-week therapy group for women who have experienced child loss. This group will be exploring grief and continuing to live a meaningful life after loss. The group will meet at our office in Leesburg Saturdays mornings from **March 7th- May 2nd**. Cost is \$60/session. If you are interested, please reach out via our website: www.sacredheartva.com/contact

2026 Peace & Justice Conference: Immigration and the Church's Prophetic Voice—You are invited to the 2026 Peace & Justice Conference, Immigration and the Church's Prophetic Voice, sponsored by the Diocese of Arlington Peace & Justice Commission. Join us for an evening of reflection and dialogue rooted in the Church's teaching on human dignity and the common good, inspired by the U.S. Bishops' message: "Human dignity and national security are not in conflict. Both are possible if people of good will work together." The confer-

ence will take place Saturday, **March 7, 2026**, at Nativity Catholic Church, and will feature Bishop Evelio Menjivar-Ayala, Auxiliary Bishop of the Archdiocese of Washington. Come learn, pray, and engage in faithful conversation on this timely issue.

Catholic Charities is holding Classes for Adults in Sterling— ENGLISH: Catholic Charities is offering English & Citizenship classes for adults at Christ the Redeemer parish in Sterling. English is \$80 & Citizenship is \$125. To register, visit the parish Tuesday, **March 10th** at 7:30 p.m. or call 571.208.1572.

SPANISH: Caridades Católicas ofrece clases de inglés y ciudadanía para adultos en la parroquia Cristo Redentor en Sterling. El precio de las clases de inglés es \$80 y de ciudadanía es \$125. Para registrarse, visite la parroquia el martes **10 de marzo** a las 7:30 p.m. o llame al 571.208.1572.

Three to Get Married Marriage Prep in 2026: Mar 12-15 (In-Person); Apr 23-26 (In-Person)—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Website: ourladyofbethesda.org.

The Mystery of Christ's Death & Resurrection—Women's Retreat—Gather at the midpoint of Lent and retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. Join Msgr Mangan from Mt. St. Mary Seminary as we renew our sorrow for our sins, and we express our gratitude to God for the new life that comes to us through the Mystery of Christ's Death and Resurrection. We will listen to His Holy Word, and we will participate in His grace-filled Sacraments. This retreat begins at 6 pm Friday **March 13th** and concludes **Sunday March 15th** at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org. Visit our website at www.arlingtondiocese.org/retreat.

Personal Retreat Days in Lent: Mar 13 ~ 9am-4pm—Lent is a sacred season for prayer, repentance, and renewal of heart. This Lent, we invite you to spend a day in quiet reflection at Our Lady of Bethesda Retreat Center during a Personal Retreat Day. Step away from the distractions of daily life and enter more deeply into the grace of Lent as you prepare your heart for Easter. During your personal retreat, from 9am-4pm, an experienced retreat director will guide you to a place of rest with Christ. Mass, Confession, Eucharistic Adoration, and the option for spiritual direction are all part of the day, plus lunch and light snacks. You will be nourished and cared for while Our Lord speaks to your soul about the depths of His love for you. Cost is \$135 per person. Advance Registration is required. Visit our website to register and to find more dates at ourladyofbethesda.org. Or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817.

Ladies, do you desire to live in greater freedom? Are you longing for an authentic encounter with your true feminine identity? **Join us for the Undone Women's Conference**—Undone: Freedom for the Feminine Heart will be held at St. Mary's Church, 7301 Annapolis Rd., Landonover, MD on **March 26-28, 2026**. (Thursday, March 26 and Friday, March 27, 6-10pm and Saturday, March 29, 9am to 4pm). This event is being offered in person OR virtually via livestream! Register online at www.jpilhealingcenter.org. Scholarships, student and missionary discounts available. Contact JPiIRetreatDMV@gmail.com for more information.

Lenten Retreats for Men—Mar 26-29 (Thu-Sun). Enter into Lent with a weekend of silence, prayer, and guided meditation rooted in the Ignatian Spiritual Exercises. Retreats will be offered on Feb 20-22, 2026 and Mar 26-29, 2026. Cost to attend this preached retreat: \$368 per person for the Fri-Sun retreat, \$424 for the Thu-Sun retreat. For those seeking solitude and self-directed prayer, the private retreat option is available: \$276 per person. Find more details on our website www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD 20817.

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Robin Kasban, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Christa Turpin, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months** prior to filling out the Marriage Preparation Questionnaire. A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Many thanks to the Knights of Columbus for their generous donation to Divine Mercy Outreach from the Father/Daughter dance to help families in need! May God bless you!

The Little Flower consignment sale is March 7th—Cosign, volunteer, shop or donate! Children's clothing, toys, books, baby items and more! Proceeds go to families in need through Divine Mercy Outreach. Go to www.littleflowerconsignments.org for more information.

Do you have children's items to donate if you don't want to consign? Contact Jean Nowakowski at john.jean90@verizon.net

Raffle Announcement—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2026 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Maverick Truck (Hybrid) and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$42,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next week or so. Please

consider selling/purchasing the tickets mailed to you. \$29,000 was raised last year to help us assist families in need.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Bed Ministry—volunteers with trucks or Large SUVs needed especially! We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping? Brian Dwinnell at beds@sainttheresaparish.com

Friends in Need—Provides meals on a short-term basis for families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family... Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you know someone in need of help with meals.

Do you have furniture items to donate?— Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Did you know?—99 percent of the funds you donate go directly to families in need! Your donation make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. Donations accepted online, by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. Online go to www.sainttheresaparish.com and click on "Donate" tab to make a donation! Thank you for helping us to bring Christ's love to others.

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. To sign up for the emails, contact Myriam Perez 703.729.2334 or dmoutreach@sainttheresaparish.com

SERVING THE COMMUNITY FOR 40 YEARS

FAMILY OWNED & OPERATED SINCE 1975

JOHN NUGENT & SONS

HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS



Your comfort is our concern

Call 703-356-7499 to request service ANYTIME am or pm!



Timeless Beauty, Lifelong Wellness

Services offered:

- Injectables
- CO2 Laser resurfacing treatments
- Microneedling
- Facials/Chemical Peels
- IV Wellness Drips
- Lifestyle Medicine & Hormone Therapy Consults with a board certified MD

(571) 375-6712

Parishioner Owned & Operated
Business blessed by Fr. Christopher Vaccaro



radiant.aesthetics.va • radiantALM.com



ROOFING SIDING GUTTERS WINDOWS & DOORS

Fully Licensed,
Bonded & Insured

**FREE Estimates on
Repair & Replacement**

**703-230-ROOF
7 6 6 3**

www.dryhome.com



P & D PLUMBING

No job too small or too big, we do it all!

703-939-4473

LICENSED & INSURED
www.PandPlumbing.com



Parishioner

Let us do the work! 703.327.7018

Modern Landscape Design Service and Landscape Maintenance

Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living

Visit our Photo Gallery at

www.greensunlandscapes.com



I'm here to help you bundle your home & auto



State Farm
Kyle Knight, Agent
STSC Parent



I can save you time and money when you bundle your home and auto insurance. Call, e-mail or stop by for a quote today.

Availability and amount of discounts and savings vary by state.
State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company
State Farm Fire and Casualty Company
State Farm General Insurance Company Bloomington, IL
State Farm County Mutual Insurance Company of Texas State Farm Lloyds Richardson, TX
State Farm Florida Insurance Company Winter Haven, FL

Like a good neighbor, State Farm is there.®



HEARTFELT COMPANION CAREGIVERS

We Are Best At Senior Care

For your senior's daily needs, we offer care options at reasonable prices. Heartfelt serves customers of all ages who have physical limitations or other difficulties.

Consistency of Care with the Same Caregiver.

Locally Owned & Operated.

Call us for Free Quote! 703-946-6847



Can't Sleep?

Snoring?

An oral device like this can help!



Call us to learn how oral appliances can help your obstructive sleep apnea!

(703) 858-7777

44121 Harry Byrd Hwy, #160, Ashburn, VA

Anna Abel, DDS

Chuong Phan, DDS, FAGD

AADSM Qualified Provider &
Top 1% US Invisalign Provider
Proud Supporters of St. Theresa's
Parish & Catholic Education



Little space.
Big impact.

Advertise here

Call 800-950-9952

Support Our
Advertisers!

Does your organization need a newsletter?

We'll cover the printing costs!

Learn more at
lpicommunities.com

PARALLEL WINE & WHISKEY BAR

703-858-0077

The Ultimate Grown-Ups Playground for Food & Drink!

**2 Great Locations
Same Menu**

Voted "Best Wine Bar"

5 Years in a row by

Northern VA Magazine

PARALLEL PARTY BAR

(right next door)

**A little more casual atmosphere
and great craft beers on tap!**

43135 Broadlands Center Plaza,

Broadlands VA

mypartybar.com

Let Go.
Let God.



Advertise Here!

Contact Tim Weir

Tweir@4LPI.com | (800) 950-9952 x6568



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000



CATOCIN PROPERTIES



Your Loudon County Real Estate Expert

Sarah Metzfield, Realtor - Catocin Properties

REAL Broker, Real Estate, Catocin Properties, Parishioner

(757) 685-1461 - Sarah@CatocinProperties.com

www.catocinproperties.com



STANLEY Accounting Solutions



Andrea Stanley, CPA
Proud STCS Parent

Small Business Accounting

www.stanley.cpa
(301) 569-2455

POTOMAC SERVICE MAID SERVICE

FREE ESTIMATES
FAMILY OWNED & OPERATED

\$20.00 OFF
2ND CLEANING
WITH THIS AD

~ Licensed • Bonded • Insured ~
(703) 435-0409 • (703) 725-7371
SINCE 1989

Support Our Advertisers!

SUMMIT ROOFING CONTRACTORS INC.

WE OFFER FINANCING

NEW ROOFS • RE-ROOFS • TEAR OFFS • SIDING • SHINGLES
REPLACEMENT WINDOWS • ROOF REPAIRS • ALUMINUM GUTTERS

703-368-7483 • summitroofing.com
13042 HANSEN FARM ROAD • MANASSAS, VA 20109



Your Premier Real Estate Agent

LYSINA SHEHADEH, REALTOR®

571.236.5764 cell • lshehadeh@kw.com

@Shehadeh_homes f Shehadeh_homes



Each office is independently owned and operated



Bill Keatley, Manager • Kathryn Adams, Owner

Burial and Cremation Available

(703) 437-1764

www.adamsgreen.com

Family Owned & Operated Since 1885



721 Elden Street • Herndon, VA 20170

Faithfully serving and respecting the needs of Catholic families for over 100 years

Abbie SHLESINGER

Supervisor in Clinical Social Work, MSW

Compassionate Therapy For All of Life's Twists and Turns

Virtual & in-person therapy for children, teens, adults, and couples.

703-540-4322
abbie@lindseyhoskins.com
abbieshlesinger.com



Homegoods • Kitchenware • Couches • Tables
Furniture • Christmas • Sports Goods
Kids Clothes and Toys • Exercise Equipment
Grills • Patio furniture

ASHBURN RESALE SHOP
- ONLINE ONLY -
We sell open box, returned items, and brand new items in unopened boxes at a discount.

20% OFF Discount code: STTHERESA
(571) 548-1082 • www.ashburnresaleshop.com



VIRGINIA ADVANCED SURGICAL ARTS

Wisdom Teeth | Dental Implants
Cosmetic Facial Surgery
WASHINGTONIAN TOP ORAL & FACIAL SURGEON

Craig Vigilante, MD, DMD
Board Certified Oral & Facial Surgeon

703-723-5366

PARISHIONER / SCHOOL PARENT

vasurgicalarts.com



The life you lead is reflected in the life you leave.



LEGACY LAW CENTERS

Comprehensive Estate Planning
571-777-1000
www.legacylawcenters.com

Sam Mansoor, ESQ
STCS Parent and Parishioner



Sterling Parishioner Pediatric Dentistry
Grand Opening
Accepting New Patients!!!

20 Pidgeon Hill Dr Unit 207 • Sterling, VA
(703) 444-5337
sterlingpediatricdentistry.com

NOVA

PEDIATRIC DENTISTRY & ORTHODONTICS
BRINGING SMILES TOGETHER



DR. COURTNEY ULLRICH

DR. VALERIE WOO

DR. MATT DUDEK

DR. MARIA JIVIDEN

DR. LYDIA CHIU

SHANNON & WRIGHT LLP

- REAL ESTATE & LAND USE
- ESTATE PLANNING
- TRUST & ESTATE ADMINISTRATION
- TAX PLANNING
- BUSINESS TRANSACTIONS
- LITIGATION



HONEST-1 AUTO CARE

- Same Day Service
- Three Year / 36,000 Mile Nationwide Warranty
- Complimentary Local Shuttle Service
- Eco Friendly Auto Care

43185 Broadlands Center Plaza
Ashburn

571.291.2945

www.honest1broadlands.com

DR. VAL

PARISHIONER & STCS PARENT

703.729.7005

21785 Filigree Ct., #208
Ashburn, VA 20147

novapdo.com



For ad info. call 1-800-950-9952 • www.4pi.com

St. Theresa Church, Ashburn, VA

14-4000



HOW WILL YOU BE REMEMBERED?

- Full Service Facility
- Pre-Planning
- Traditional Burial Services
- On-site Cremation Services
- Receptions
- Monument Sales & Installation

www.loudounfuneralchapel.com
703-777-6000

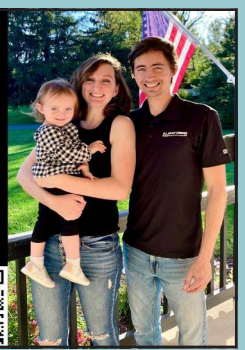
Diocesan Member

ALL ABOUT FENCES LLC

"Large enough to serve, small enough to care"

- Free Estimates
- 100% Financing Plans Available
- Your Trusted Fence Provider For Loudoun County And Surrounding Areas
- Family-Owned
- Professionally Operated

703-887-0927
allaboutfencesllc.com



EXPERIENCE PURPOSEFUL LIVING

Whether you're looking for Independent Living, Assisted Living, or Memory Care, our Age-In-Place model allows you to continue to call Ashleigh at Lansdowne home as your needs evolve.

Call 703.828.9600 or go to AshleighAtLansdowneByRUI.com to book your personalized tour today!



ASHLEIGH at Lansdowne

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

44124 WOODRIDGE PARKWAY, LANSDOWNE, VA 20176 • 703.828.9600
ASHLEIGHATLANSDOWNEBYRUI.COM @RUI.ASHLEIGHATLANSDOWNE

A RETIREMENT UNLIMITED, INC. COMMUNITY • FAMILY-OWNED & OPERATED IN VIRGINIA FOR OVER 40 YEARS



TRUSTED SENIOR CARE SERVICES PROVIDING A HELPING HAND AT HOME

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

Arlington Diocese Member Owned & Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950



BROADLANDS ANIMAL HOSPITAL
• FREE WELLNESS EXAM
• FREE RABIES VACCINATION
• DOG DENTAL CLEANING: \$389
Broadlands Center Plaza Ashburn
571-707-8844
broadlandsvethospital.com



Knights of Columbus Asset Advisors Grow Your Portfolio Responsibly Through Faith-Based Investment Strategies

William Lupinacci
Knights of Columbus Asset Advisor
703-624-9687

* Knights of Columbus and its partners, Knights of Columbus Asset Advisors and Knights of Columbus Charitable Fund, are entities that each provide separate and distinct products and services. Financial retirement planning, life and disability income insurance, and personal philanthropy entail certain risks. Learn more at kcof.org/liveyourfaith | Columbus Plaza, New Haven, CT 06510

JOHN H. LANGE PLUMBING & HEATING



EXPERT SEWER WATER INSTALLATION & REPAIR • DRAIN CLEANING ALL GENERAL PLUMBING

"Let Our Family Serve Yours" 703.536.5060

SERVING NORTHERN VIRGINIA FOR 50 YEARS
24 HOUR EMERGENCY SERVICE



42882 Truro Parish Dr • Ashburn
703-858-9199
broadlandbop@gmail.com
broadlandspizza.com

Demaine Life Celebration Center of Loudoun County

- Flexible event space • Facility available to host events
- Large-capacity chapel • Celebration of Life center
- Facility is designed for personalized funeral celebrations
- New building • Flexible chapel space
- Our chapel can be used for hosting your religious events

571-685-7984 • demaineloudounfuneralhome.com
45511 E. Severn Way, Sterling, VA 20166



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000

"Loudoun's Oldest Family-Owned & Operated Funeral Home"

COLONIAL
FUNERAL HOME
of Leesburg



Greg & Suzanne Walley, Owners

201 Edward Ferry Road NE,
Leesburg, Virginia 20176

703-777-1414

www.colonialfuneralhome.com

- Burial • Cremation
- Veterans Funerals • Preplanning

Westlake Legal Group

"We plan to win, because we plan to win"



Family Law & Adoption
Criminal Law • Personal Injury
Bankruptcy • Civil Law

703.406.7616 ~ WestLakeLegal.com

46175 Westlake Drive, #320, Potomac Falls, VA 20165

Complete Health Dentistry
Ann N. Hebda D.D.S.

Dental care for the
Entire Family



St. Theresa Parishioner

Dr. Ann N. Hebda

www.drannhebda.com

703-723-9788

20600 Gordon Park Square, Suite 190
Ashburn, VA 20147

Stream Valley Veterinary Hospital

As Professionals, we will provide you with or advise you
about the finest and most up-to-date
veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY
703-723-1017

streamvalleyvet.com • Parishioners



Sacred Heart
COUNSELING
Healing and Growth
Rooted in Faith
571-266-1808
sacredheartva.com

101 Mobility

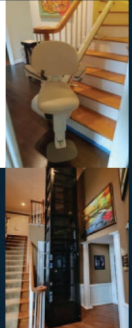
Experts in Mobility and Accessibility Solutions

STAY IN THE HOME YOU LOVE!

Call to Visit our Showroom

(703) 574 - 4721

Matthew & Michael Riordan, Parishioners



Meadow Glen ASSISTED LIVING

Schedule a Tour Today!

Meadow Glen of Leesburg

315 Dry Mill Rd. SW
Leesburg, VA 20175

703-737-6149

community@meadowglen.net



A SENIOR LIVING COMMUNITY



DOMINION
LAW GROUP, LLP

Jonathan Laramie, Attorney

Wills, Trusts, Probate

Tel: (703) 865-2525

www.DominionLawGroup.net



Sam Mansoor, ESQ



Qualified Master Counselor
Trusts and Estates Practice

Parishioner
STSC & PVI Parent

COMPREHENSIVE ESTATE PLANNING

Wills • Trusts
Medical Directives

www.legacylawcenters.com

571-648-0200



LEGACY
LAW CENTERS

Google Facebook Avvo
★★★★★ ★★★★★ ★★★★★

Home is where our CARE is.
Viola's
Home Health Care
571-650-CARE (2273)
www.violashomehealth.com



St. Joseph's Roofing, Inc.

ROOFING • WINDOWS • GUTTERS • SIDING

703-716-7663

www.SJRoof.com

JEWELRY - GIFTS - APPAREL

KETTERMAN'S
always...

IN-HOUSE JEWELRY REPAIR & DESIGN

Celebrating, Preserving and Making Memories
From our family to yours since 1951

212 Catoctin Circle, SE, Leesburg, VA

always@kettermans.com . 703.777.0033 . www.kettermans.com



Veteran Family

Owned Since 1984



FULL SERVICE

703-726-9444



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000